



NEWSBRIEFS

Donate a turkey

People that donate a turkey or ham to the West Texas Food Bank can receive a coupon for a free dozen doughnuts from Krispy Kreme. Donations are being accepted now at 3727 Shell in El Paso, Mon. – Friday from 8:00 a.m. to noon and 1:00 p.m. to 5:00 p.m. This program will run through Dec. 31. Call 595-1060 for more information.

– Ruben Sanchez

Money run

Clint ISD is holding its first Super Scholar 5K Run and 1 Mile Walk to raise funds to provide scholarships to graduating seniors in Clint ISD Schools. The run will be held on Saturday, Dec. 4 at 8:00 a.m. at Desert Hills Elementary School in Horizon City. The first 200 people to register will receive a long sleeve technical t-shirt and teams are welcome. Registration forms are available at Up & Running, Race Adventures Unlimited. com or at www.clintweb.net. Sign up now to help a student go to college.

– Patricia Hogue

Wanted

Jesus Martinez, 18, of El Paso is wanted in connection with a Horizon City burglary ring. Operation “Dime Drop” identified a ring of 5 subjects active in an organized Theft and Burglary ring operation in the Horizon/Sparks area. Four others suspects have been arrested in connection with the string of burglaries.

Jesus Martinez

Martinez remains the lone suspect on the run. He also uses the name Jesus Reyes. He is 5’3” tall and weighs 110 pounds. He has black hair and brown eyes. Strike Team Deputies received word that Martinez is once again frequenting the Horizon/Sparks area and hiding in the Borderland with friends and relatives. He is known to have contacts in El Paso, Fabens, Horizon City and other areas of El Paso County. The Sheriff’s Office is asking the public for any information on the whereabouts of Martinez. People can contact the Sheriff’s Office at 546-2280 or Crime Stoppers of El Paso at 566-TIPS (8477). Callers will remain anonymous and may be eligible for a reward if the information provided leads to the apprehension of the individual featured.

– Deputy Jesse Tovar

Crime Stoppers

Crime Stoppers of El Paso is assisting the Doña Ana County Sheriff’s Office in

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If you are not a charming conversationalist, you may still be a big hit as a charmed listener.

– Quips & Quotes



– Photo by Alfredo Vasquez

PARTNERS – The Village of Vinton and ArcelorMittal have joined efforts for The Fifth Annual Christmas in the Village celebration, scheduled from 1 to 6 p.m., Saturday, Dec. 18, at the Municipal Park. Assisting with event, from left, are Klaus Mansion, Vinton Police Chief; Everett Weitman, Reserve Police Officer; Penny Sexton, ArcelorMittal Corporate Responsibility Manager; and Yolanda Lucero, Village of Vinton Council Member.

Steel company strengthens ties with Village of Vinton

By Alfredo Vasquez
Special to the Courier

ArcelorMittal may be the world’s leading steel company with operations in more than

60 countries, annual revenues of more than \$65 billion, and crude steel production of over 73 million tons, but for Village of Vinton officials, ArcelorMittal is simply a good neighbor.

According to Yolanda Lucero, Village

of Vinton council member, ArcelorMittal’s Vinton steel fabrication plant has played a vital role in promoting healthy lifestyles among Upper Valley residents. She said that because of the local steel company’s financial support through event sponsorships and its employees’ voluntary participation in community service activities, events including street and bulk waste clean ups, graffiti wipeouts, health fairs, park enhancements, and recycling collections have been made possible.

ArcelorMittal’s local Corporate Responsibility Manager Penny Sexton stated recently that the steel company is committed to operating in a responsible way with respect to the health, safety and well being of its employees, contractors and the communities in which it operates.

Sexton stated that ArcelorMittal has a program in place, called Corporate Volunteer Work that encourages employees to invest time and expertise for the benefit of local communities, because volunteer work promotes a sense of belonging both to the company and the community.

The next big event that will call on ArcelorMittal and its employees’ generosity will be The Fifth Annual Christmas in the Village celebration, which is coordinated by the Village of Vinton’s Tree Board. Chairperson for the Tree Board is Raquel Quintana; members are Corina Rodriguez, Maria Medina, Inez Lopez, Norma Sandrige, and Rosa Mendoza.

The Christmas in the Village program will be held from 1 to 6 p.m., Saturday, Dec. 18, at the Village of Vinton Municipal Park. The holiday festivities, which will be free to the public, will include a visit from Santa Claus with gift stockings for children 13-years-old and younger and a drawing for a variety of special prizes. Also, local youth groups will present entertaining performances.

“We are not using any taxpayer funds to pay for this event. All decorations, lights, and other supplies will be paid for entirely

Two patient-advocacy groups fight Medicare cuts

By Brent Annear
Special to the Courier

FORT WORTH – The nation’s largest state medical society and one of the largest patient-advocacy groups united to stop the Medicare Meltdown. This is the first time these two immense patient-advocacy groups have joined forces to ensure Texas’ 3 million Medicare patients receive the care promised by the U.S. government.

Texas Medical Association (TMA) physicians, AARP representatives, and more than 30 patients gathered at the Trinity Terrace Retirement Community in Fort Worth, Texas, and called on Congress to fix the crisis.

Texas patients picked up their phones and asked their U.S. senators and representatives to stop a 23-percent cut to their physicians’ Medicare payments scheduled to go into effect Dec. 1. The cut grows even larger after the New Year.

“I can’t believe we are here again, for the fifth time this year, asking Congress to stop another drastic cut to physician payments,” said TMA President Susan Rudd Bailey, MD.

The new health care law did not fix a 10-year problem plaguing Medicare, the government’s largest health care program. Medicare uses a flawed formula to pay physicians for taking care of seniors, people with disabilities, and military families who rely on TRICARE. TMA’s Medicare Meltdown video explains the situation.

“We need to fix the flawed physician payment system,” said AARP Texas State President Ollie Besteiro, “so seniors can have the peace of mind that comes from knowing they have a doctor they can count on. It’s time for Congress to stop pointing fingers and work across the aisle to find a common-sense solution that won’t drive doctors out of Medicare.”

“Each time Congress plays this game of chicken, the cut to physicians grows deeper, and fear among our patients and physicians increases,” added Dr. Bailey. “Patients fear losing their physicians. Doctors worry about how they can keep their doors open and continue to see Medicare patients. It’s a heart-wrenching situation all around.”

As a result of the constant uncertainty and fear of a drastic pay cut, more physicians are not accepting NEW Medicare and TRICARE patients. Many physicians have had to lay off staff, and defer investment in new medical equipment, health information technology, and other innovations that improve patient care and save lives.

Medicare patients from Fort Worth and Dallas also shared their fears about the Medicare Meltdown at today’s telephone rally.

“Cutting Medicare is not the answer. It’d be wrong. I know the country is broke, I know that’s true; but cutting Medicare is not the answer,” said Medicare patient Dolph Compere of Fort Worth. “A cut in Medicare is going to be a disaster as far as

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See VINTON, Page 3

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U.S. General Services Administration

Por la Gente

By State Rep. Chente Quintanilla

Gaming, manifestos and tires need attention

Hola mi gente. I visited Austin this week for several important items. The top of the list was to file with the Chief Clerk’s office our first five bills. The following is a brief synopsis of three of the bills.

I once again filed a House Joint Resolution allowing the voters of Texas to decide if there will be gambling in Texas. As I have mentioned in the past, several bills over numerous sessions have been filed. They all had specific provisions that in one way or another conflicted within the industry resulting in a gridlock on gambling.

My resolution allows an up or down vote on gambling and then allows each county to approve the issue, just as was done with liquor by the drink. Another important aspect of the bill is its simplicity. Other bills include specifics as to what is legal

such as resort casinos or racinos. In my opinion, to have this language in the resolution would make it very hard to change, only with another resolution and statewide vote. For that reason, simple is best.

I filed a bill that would change the way Texas handles the sales taxes generated by foreign nationals. This state is the only one that allows the tax exemption at the source instead of at the destination. In other words, other states require that the item to be exported be confirmed by manifest to have arrived at its final destination. Here, customers must simply state they are foreign nationals and they are exempted.

Over a period of six years, the Comptroller recorded sales tax losses of \$508 million in the state of Texas. Locally, the city of El Paso lost an average of \$1.2 million per year and the county lost an average of \$622 thousand per year. That amounts to an unfair subsidy to business by the local taxpayers. The bill that I filed would establish a system identical to the way the other states in the nation refund sales taxes on exported items.

A third filing was a bill that addresses the problem of dumped or abandoned scrap tires. El Paso County is home to tens of thousands of tires that are dumped or abandoned. It costs taxpayers millions of dollars to clean up dumped or abandoned tires. The bill would create criminal penalties for dumpers and regulate the legal disposal of scrap tires to a greater degree.

Part of the legislative process is getting feedback from constituents.

If you would like legislation that helps reduce the number of scrap tires dumped, email to the following address: nomorescriptires@hotmail.com.

If you would like to change the way exports are exempted from sales taxes, email to the following address: nomoremanifestos@hotmail.com.

For both, enter your zip code in the subject box and then your contact information in the body. We will accumulate the emails into a database as part of the testimony during the legislative session. Your participation will be very helpful during the battle to pass the bills.

Thank you.

I remain your friend and public servant, Chente por la gente.

Veterans Post

By Freddy Groves

Cell phone apps help combat stress

If you are struggling with stress issues or are just back from deployment and aren’t sure how you’re doing, there are two new cell-phone applications (apps) that could be of help: The Telephone Mood Tracker and the Tactical Breathing Trainer.

These two apps placed first and second in the Apps4Army competition in the General Wellness category. Both apps are free.

The Telehealth Mood Tracker (also called the T2) is designed to track the emotional health of those who are post-deployment or are undergoing treatment for any type of stress. The app helps keep track of changes in moods, emotions and behavior in different environmental settings, and the results of therapy and medications. The big benefit from this app is that you no longer have to try to keep notes about how you’re feeling at a particular time so the information can be relayed to your doctor later. It will be much easier, too, to figure out patterns. Note your information on the spot, and you’ll have it for future reference.

This particular app only works with Android right now, but a version for iPhone is coming next year. You can get it at t2health.org (put T2 Mood Tracker in the search box). This site also has screen shots so you know what you’re getting.

Another new app of note is the Tactical Breathing Trainer (sometimes called the iBreathe). This one is used to get control of responses to stress: emotions, heartrate and more. It includes exercises, practice sessions, a place to insert your own notes and charts of your progress. This app is written for iPhone (you need itunes already) and is free. Look for it at itunes.apple.com. Android development will come soon.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com. (c) 2010 King Features Synd., Inc.

Notice of Public Meeting to Discuss Clint Independent School District’s State Financial Accountability Rating

Clint Independent School District will hold a public meeting at 5:00 PM, Wednesday, December 15, 2010, in the Central Office Board Room, 14521 Horizon Blvd., El Paso, Texas 79928.

The purpose of this meeting is to discuss Clint Independent School District’s rating on the state’s financial accountability system.

WTCC: 11/25/10 & 12/02/10

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37 Years
2010

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PUBLISHED:
Published each Thursday by Homesteader News, Inc. Appreciation to our many contributors. Office open Monday through Thursday.

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UTEP ATHLETIC'S DECEMBER 2010 SCHEDULE

MEN'S BASKETBALL

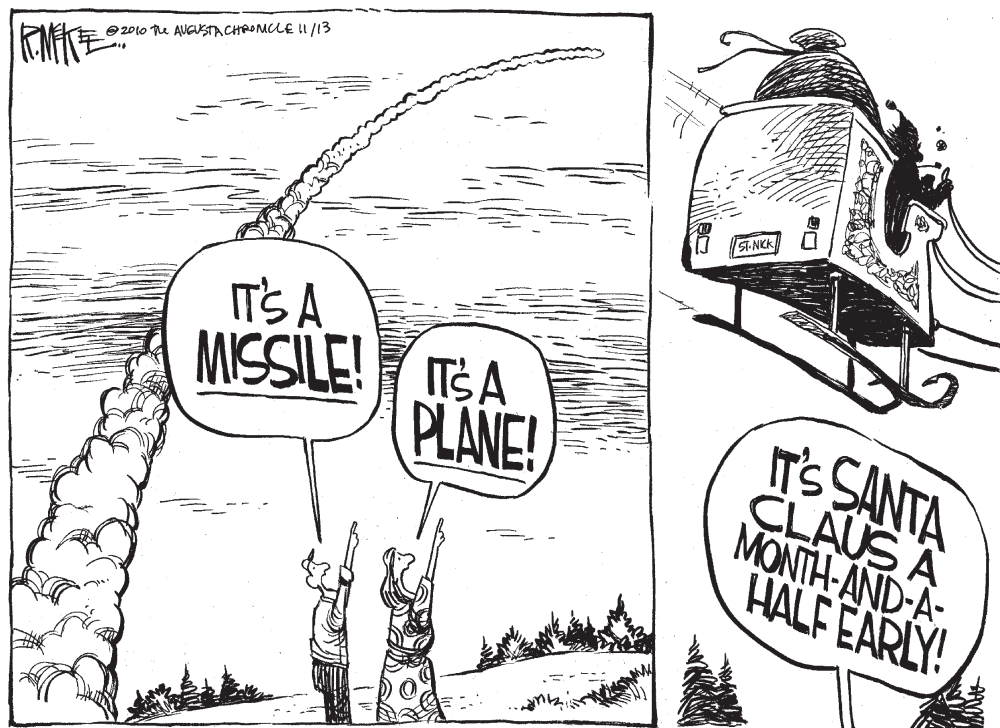
12/12/10	VS. ARKANSAS - PINE BLUFF	7:05 P.M.
12/15/10	VS. LOUISIANA-MONROE	7:05 P.M.
12/18/10	VS. TEXAS TECH	8:00 P.M.
12/20/10	VS. STEPHEN F. AUSTIN	8:30 P.M.

WOMEN'S BASKETBALL

12/03/10	VS. CAL STATE NORTHRIDGE	7:05 P.M.
12/17/10	VS. TEXAS STATE	7:05 P.M.
12/20/10	VS. NEW MEXICO	6:00 P.M.



TICKETS SELLOUTTHEDON.COM
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From Page 1

Another one of Vinton's business partners, the local Pepsi Company franchise, will also participate in the village's holiday festivities by sponsoring a Christmas Gift Tree at their place of work for 75 less fortunate children

From Page 1

– James Klaes

José R. Rodríguez, senator elect District

Food and arts and crafts vendors are currently being sought for the Christmas in the Village fair. Interested individuals should reserve their booths by December 10 by calling the town hall office at 886-5104.

– Patricia Guadalupe

The calendars are available online at www.texascalendars.com or from Roger Todd Moore his own self at P0 Box 155 Merkel Texas 79536 for only \$8.95 each.

P.O. Box 155 Merkel Texas 79536 for only \$8.95 each.

\$8⁹⁵

shipping/tax included

MARCH 2011

WHOA PARDNER!
THIS TEXAS CORRECT CALENDAR BEGINS MARCH 2ND!

Moore Texas by ROGER MOORE March 28, 1955-A rousing play about the Texas's stand at the Alamo does not go well in Charleston South Carolina...it only lasts 2 performances.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
There's a Texas law SPILL on the books that mandates no one carry pliers that COULD cut a fence.			2 Texas Independence Day - Celebrate Texas!	3	4 1968: Jesse Oribaim, famous trailblazer, dies of food poisoning in Oklahoma.	5
6	7	8	9	10	11 1878: State's first all-black college opens (Alma Vista)	12
13	14 1924: Charles Lindbergh starts pilot training at Brooks Field in San Antonio.	15	16	17	18	19
20 1687: La Salle lands in Texas instead of finding the mouth of the Mississippi.	21	22	23 1908: Movie actress Joan Crawford is born in San Antonio.	24	25	26
27	28	29 1955: Football player Earl Campbell is born in Tyler.	30	31		

MARCH 2011


Quantity discounts available!

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LICKITY-SPLIT – The Coyote Cross Country Team finished ninth at State in Division 2A. They are, standing from left, Alonso Perez, Head Coach Jesse Garcia, Alejandor Albillar, Irving Sigala, Jonathan Morgan, Adrian Argumedo, Omar Garcia, Luis Ramirez, and Assistant JH Coach Frank Bustamante. Kneeling in fornt, from left, are Manager Alberto Bravo and Sergio Payan.

Hola mi gente y...



...Happy Thanksgiving

Please give thanks this holiday for the men and women that serve our country and protect this nation.

Pray that our fellow Texans and all the other fine men and women of this great nation giving service will come home safely.

— Chente Quintanilla
State Rep., District 75

Pol. Ad Paid For By Hector Delgado, Treasurer; 3120 High Point, El Paso, TX 79904

Tornillo Coyotes expect to return to State in 2011

By Loretta Aguilar
Special to the Courier

The Tornillo High School Cross Country team just capped off a great season under the guidance of Coach Jesse Garcia. The team members are Alonso Perez (Sr), Sergio Payan (Jr), Irving Sigala (Fr), Alejandro Albillar (Soph), Jonathon Morgan (Soph), Adrian Argumedo (Sr), and Luis Ramirez (Fr). This fairly young team won a total of four invitationals this year including the Lubbock Invitational where they competed against more than twenty-five schools.

During the season they were consistently ranked in the top ten by the Cross Country Coaches Association of Texas. They did not disappoint, as the only 2A program in El Paso County they went on to beat Crane, Kermit, and Alpine to win their district. They continued their winning performance and become Regional I champs and all of the team members qualified for the State Championship.

At the state meet they competed against thirty-seven schools at the 2A level. Tornillo finished in ninth place. This is the second year in a row that the cross country team competed at the state level. Sergio Payan made the 3rd team All-State list. “The team is only losing two runners,” Coach Garcia said, “and with the younger runners getting the experience at the state championship we hope to make a third run at state next year.”

L

TROOP

A A I

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7	4	3	5	1	2	8	6	9
8	9	5	3	4	6	1	2	7
4	6	2	1	7	5	3	9	8
3	7	1	9	2	8	4	5	6

STRANGE BUT TRUE

By Samantha Weaver

- It was comedian-turned-U.S. Senator Al Franken who made the following sage observation: “Mistakes are a part of being human. Appreciate your mistakes for what they are: precious life lessons that can only be learned the hard way. Unless it’s a fatal mistake, which, at least, others can learn from.”
- Those who study such things say that 1 percent of the world’s lizard species have no males. The females reproduce by parthenogenesis, which produces offspring that are clones of their mothers.
- Amazon’s Kindle, Barnes and Noble’s Nook, Sony’s eReader – it seems that everywhere you look these days people are reading onscreen. You may not realize, however, just how long digital books have been around. The first e-book was manually typed into a computer way back in 1971, when Michael S. Hart, the founder of Project Gutenberg, chose the Declaration of Independence to be the first literature so digitized.
- A woman in Tennessee was once arrested for biking while intoxicated – and she was on a stationary bike at the gym at the time.
- According to the U.S. Department of Agriculture, if you’re like the average American, you drink 22.7 gallons of coffee every year. The surprising thing about that statistic isn’t how much it is, though – it’s how little. It seems that in the 1940s, Americans were drinking twice that amount of java.
- If you look at the innards of a Boeing 747 airplane, you’ll find a whopping 171 miles of wiring.
- If you consider surface area covered rather than population, the world’s largest city is in Inner Mongolia, where Hulunbuir covers more than 160,000 square miles.

Thought for the Day: “Human beings are perhaps never more frightening than when they are convinced beyond doubt that they are right.”

— Laurens Van der Post

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DOLED RIGAOCTSTEAD
ASIMOVUNITDOOPALMA
FLOODEDBASEMENTALAIN
TONGRAYATSEAONT
SEIAMPARROTLINDY
SACKWISEDAMIN
TRAINTRACKSINBACKYARD
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ABEREBUTASHESSLATE
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ULMITSAHUTTOO
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GONGSARNELFAUREURN
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STRUCKBYRECENTTORNADO
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KENYA LEE REDAHAB
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x		+		+	
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CryptoQuip Answer

If you recently ate an after-dinner candy, I’ll assume you’re in mint condition.

Alarcon Elementary students explore career possibilities

By Cynthia P. Marentes
Special to the Courier

Alarcon Elementary students got a glimpse of their futures during Career Day held at the school on November 5. Over 500 students from first through fifth grade had the opportunity to learn about various professions and ask questions about career fields they may already be interested in pursuing. The annual career exploration event is held in an effort to help elementary level students discover possible career choices and motivate them to work hard at school in order to accomplish their goals.

Counselor Christina Reyes who invited professionals to the campus to share their insight and experience with students organized career Day at Alarcon Elementary. Reyes works with students throughout the year to help expand their knowledge about careers so that they can begin thinking about choosing a profession based on what they are good at and like to do rather than just fall into an unsatisfying job.

“I wanted them (students) to be familiarized with the world of work and to learn about the many options available to them since most students can only name 10 to 15 careers,” Reyes said.

Career Day helps to expose students to professionals with different levels of education, skills sets, and character traits. Another benefit of events such as Career Day, according to Reyes, is that students begin learning about themselves and recognizing their own talents and interests. More immediately, career exploration helps students to see the connection between the real



– Photo courtesy San Elizario ISD

IT GOES ON LIKE THIS – Firefighter Ray Nevel of the San Elizario Fire Department demonstrates how he wears his mask to Alarcon Elementary first-grade students

world and what they are learning in the classroom.

“I want them ultimately to find a career where they are happy and successful and to understand how what they want to do in the future lends validity to what they are learning right now,” Reyes concluded.

Although the process of planning

the event began back in late August, Reyes had already built up anticipation and excitement among the students through her career education class presentations. Alarcon Elementary students looked forward to the event where they had the chance to ask other working adults questions about their daily jobs.

Guest speakers included a city

representative, attorney, physical therapist, border patrol agents, firefighters, and a small business owner. Representatives from the UTEP College of Engineering, America’s Best Karate, Sonic Drive-In, Western Technical College, La Tapatia, Inc. and Texas Tech University were also on hand to talk about various jobs, workplace skills,

and educational post-secondary opportunities.

Events such as Career Day are just one way professionals from the community can make an impact on the education of students but it is also beneficial for them to see how their career choices can inspire and guide students to professional and personal success.

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TEXAS AUTO BURGLARY AND THEFT PREVENTION AUTHORITY

Sports fans should count their blessings over Thanksgiving

By Steve Escajeda
Special to the Courier

We’re in the middle of the Thanksgiving holiday week and this time of the year makes most people stop and consider what they’re really thankful for – and I’m no different.

Of course, after I give thanks for my family and my health, I start to think about all the things in sports I’m thankful for.

One of the things I’m really thankful for is the return of Tim Floyd to the UTEP basketball team. There’s no doubt that Floyd will return the Miners to national prominence.

It may take about three full years for UTEP to return to the Top-25 rankings, but once they get there under Floyd, they’ll make it a habit for years to come.

But even more impressive than his ability to coach is Tim Floyd’s demeanor and ability to just be a nice person. He is a patient teacher and skilled tactician.

I think Bob Stull and Diana Natalicio are probably even more thankful than I am to have Floyd back in the fold.

I’m also thankful for another season of high

school football.

I know all the El Paso teams were eliminated from the playoffs last weekend but there’s really something special about going out to the games to watch these young men play their hearts out every Friday night.

I’m thankful I get to announce their games on the radio – there’s really nothing else like it.

Watching players like Montwood’s Tim Rocha run the football, El Dorado’s M.J. McFarland catch the football and Franklin’s Brandon Layne throw the football is a treat that seems to go so quickly every year.

Oh, and although I have no affiliation to them, I’m also thankful that the Bowie Bears weren’t eliminated from the playoffs via coin flip for the second year in a row. Long-suffering Bowie fans have gone through enough.

I’m thankful El Paso will be hosting the Conference USA basketball tournaments this March. It’s about time the league got off that “Memphis is king” attitude and gave other schools a chance to prove they can host a big tournament.

This will be El Paso’s time to shine and

deliver to the rest of the league. We do it for the Sun Bowl – we’ll do it for the men’s and women’s tournament.

I’m also thankful for boxers like David Rodriguez and Antonio Escalante, who continue to put El Paso on the national map.

Both guys have proven that local kids can grow up the right way, work hard and make something very special of their lives.

These guys are inspirations to kids who might otherwise feel the American dream is just that – a dream.

How about the Sunland Park Derby, everyone has to be thankful for the goings on there.

Last year was the first time the event was graded and the interest and status of the Kentucky Derby-qualifying race is going to skyrocket from here.

Another thing to be thankful for is Randy Culpepper.

We talked about Tim Floyd returning to El Paso. Some players left the team when Tony Barbee left for Auburn but Culpepper not only decided to stay – he’s flourishing in Floyd’s new style.

Culpepper has the athletic ability like no

other player in UTEP history. At 5-9, he can drain a 3-pointer from anywhere on the court and can jump as high as any player in the country.

But even more impressive is the young man’s disposition. During my interviews, I have never seen Culpepper without a huge smile on his face. He has great confidence but has never shown me a cocky moment.

I wish more players had the personality of a Randy Culpepper – I’d love my lob ever more.

I’m also thankful for Mike Price. I know a lot of El Pasoans are down on the UTEP football coach, but he will leave the program in much better shape than when he took it.

Everyone forgets that the three years before Price got here, the Miners were a combined 6-30. Since his arrival seven years ago, the Miners are 41-43 and Price helped get the Texas Longhorns and Kansas to come to the Sun Bowl.

I’m also thankful for 2011. You never know what the following year has in store sports wise – but it should be another doozie.

Happy Thanksgiving everyone.

A sporting view

By Mark Vasto

140 characters or less

The Cincinnati Bengals have lost five straight, and their record stands at 2-7 as of this writing, making them one of the larger disappointments in the NFL this season, the Dallas Cowboys notwithstanding. It wasn’t supposed to be this way – the Vegas futures line had them listed as 35-1 odds to win the Super Bowl this season. On paper, they’re stacked on the offensive side of the ball with Carson Palmer calling the signals, Cedric Benson in the backfield and the dual threat of

Chad Ochocinco and Terrell Owens at wideout. Marvin Lewis, their head coach, is the reigning coach of the year. One would have thought they would have been motivated to avenge their wild-card loss to the Jets last season after winning the AFC North with a 10-6 record.

Nope.

They have, however, managed to create a lot of noise off the field. The “ToCh” show has managed to create headlines on a fairly regular basis (his on-air engagement featured a 10-carat diamond ring... subtle) and Owens’ Twitter account can keep sportswriters writing for days. Controversy sells, and pundits, journalists and bloggers alike have

taken to trolling his tweets (nearly 10,000 in all) and blowing them way out of proportion.

It has been five years since the Eagles lost the Super Bowl, something Terrell Owens loves to bring up whenever asked. He was on the sideline, yelling at Donovan McNabb. He was the one who famously said, “I wasn’t the one who got tired in the Super Bowl” when he was run out of town. This season, he hasn’t been able to keep an eye off McNabb’s performance in Washington. When McNabb was taken out of a game for the final two minutes of an early season contest, Owens was right there to mock his conditioning. After signing a five-year deal with the Redskins, McNabb and the Beltway’s best got demolished by the Vick juggernaut in a Monday Night Football game. With his iPhone in hand, Owens couldn’t resist a tweaking tweet.

“How do u justify a 78 million

dollar contract w/this type of performance?”

McNabb has largely remained above it all (though on an ESPN radio show he mocked the Bengals’ record, wondering aloud how they could possibly be criticizing his performance) and more than likely will continue to do so. Lost in all of the controversy is that, at age 36, Owens is having one of the best seasons of his illustrious career, completely overshadowing Ochocinco’s on-field performance. But it doesn’t matter. With Owens, it never really does.

“This is what I write about now,” sighed Jason Garrison, a blogger on SB Nation.

Yeah, tell me about it, Mr. Garrison... in 140 characters or less, please.

PUBLIC NOTICE

Village of Vinton, Texas

A PUBLIC HEARING will be held at 6:00 p.m. on Wednesday, December 8, 2010 during the Planning and Zoning Commission Meeting at Vinton Village Hall, 436 E. Vinton Rd., Vinton, Texas. Purpose of the public hearing is to allow any interested persons to appear and testify regarding the following proposed item(s):

1) Consider and take action on subdivision plat of Tract 3B27, WF Hagan Survey, No. 146, Village of Vinton, El Paso County, Texas (also known as Holguin Road).

2) Consider and recommend action on request for Special Permit to allow for 1 Vinton Hills Commercial Park Unit 1, Lot 8, Block 1, Village of Vinton, El Paso County, Texas (also known as 281 E. Vinton Rd.) for the purpose of building a church.

Those who are unable to attend may submit their views in writing to the Village Clerk at 436 E. Vinton Road, Vinton, Texas 79821. Persons with disabilities that wish to attend this meeting should contact City Hall at (915)886-5104 to arrange for assistance. Individuals who require auxiliary aids or services for this meeting should contact City Hall at least two days before the meeting so that appropriate arrangements can be made.

Jessica Garza
Village Clerk

WTCC: 11/25/10

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COUNSELING SERVICES

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RECREATION

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SELF-HELP

Persons who have a problem with alcohol are offered free help locally. Alcoholics Anonymous - call 562-4081.

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Deadline: Mondays Please print.Send form and payment (no cash) to: West Texas County Courier 15344 Werling Ct. Horizon City, TX 79928

Contact Information: Name: Phone:

Comix

OUT ON A LIMB By Gary Kopervas



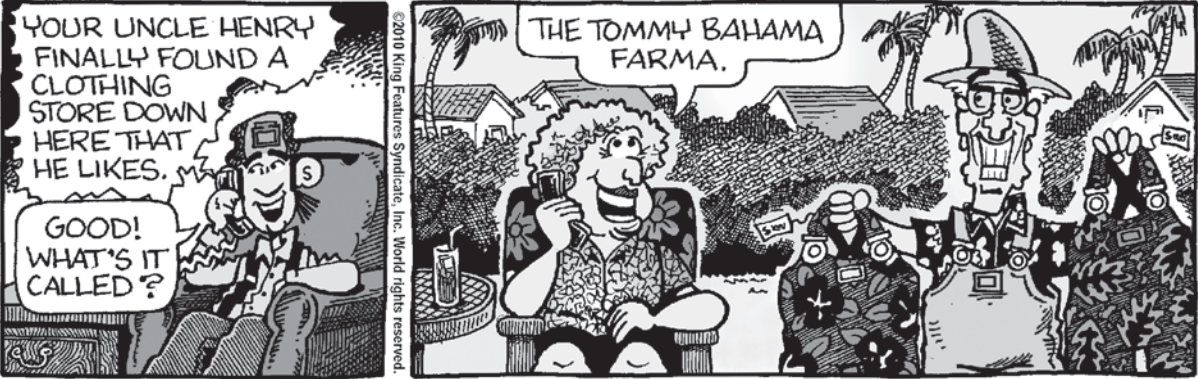
AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



Your good health By Paul G. Donahue, M.D.

DEAR DR. DONOHUE: I am in the eighth month of my first pregnancy. I've a friend who keeps telling me to have a C-section. She says it's quick and painless. I never considered this and wonder about its wisdom. What would you recommend? Does having a C-section mean all future deliveries have to be done the same way? – K.M.

Cesarean sections can be lifesaving for the infant and for the mother. The reasons for having one don't include speed of delivery simply for speed's sake or for avoiding labor pain. You realize that a C-section involves surgical incisions, which, after the anesthesia wears off, are painful. And you realize that you have to recuperate from this operation as you would from any operation.

Furthermore, all surgery involves potential dangers and complications. Serious bleeding is always possible. The uterus can become infected. Injuries to other pelvic organs can occur.

Natural childbirth is painful, but the pain can be minimized in a number of effective ways. I believe you'll be surprised at how tolerable childbirth is.

As for future pregnancies, the standard teaching used to be that once a woman had a C-section, all her future deliveries had to be C-sections. That's no longer true. Second deliveries after a C-section can be vaginal deliveries, depending on some important circumstances. One of those is where the incision for the section was made.

Have you discussed this with your doctor? Do so. I'll be surprised if the doctor agrees to a C-section solely to avoid pain and speed delivery.

TO READERS: Questions on cervical cancers and Pap smears are answered in detail in the booklet on those topics. Readers can order a copy by writing: Dr.

Donohue – No. 1102W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: Our 22-year-old granddaughter has developed an uncontrollable giggle. She giggles before, during and after everything she says. Each time we talk to her, the giggles and their frequency get worse. She is basically shy and appears to be nervous, and says she is not consciously aware of her giggling. She says her friends have remarked on this, too. Is this a tic disorder? Is there something a doctor can do to help her? Is there medication? – S.N.

Underlying anxiety, stress, shyness and social phobia set in motion reflex defenses for people who harbor these traits. It's their way of coping with situations that generate discomfort. It's not a tic, although it is somewhat similar. Both are involuntary.

I would first talk to the young lady in a compassionate way and tell her that this behavior is misinterpreted by people and that she should make a conscious effort to suppress the giggling. Only if the giggling cannot be controlled and only if it's causing her to suffer socially would I turn to medical people for help. Yes, there are treatments and medicines that can control anxiety and phobias, but a trial of self-treatment should come first.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475. (c) 2010 North America Synd., Inc. All Rights Reserved

Super Crossword

REAL-ESTATE COPY ACROSS

- 1 Rationed, with "out"
- 6 Baltic city
- 10 "Fall back" mo.
- 13 Place
- 18 Author Isaac
- 20 Component
- 21 "Da _ Ron Ron" ('63 hit)
- 22 Majorca's capital
- 23 "Water view!"
- 26 Actor Delon
- 27 Heavy weight
- 28 Black and white
- 29 Perplexed
- 31 Aware of
- 32 Line of clothing?
- 33 Polly-syllabic one?
- 36 Jitterbug dance
- 38 Bag
- 41 _ up (became informed)
- 42 Infamous Idi
- 44 "Close to transportation!"
- 53 Zombie base
- 54 Snaps
- 55 Otherwise
- 56 Siegmester or Wiesel
- 57 Presidential nickname
- 58 Disprove
- 59 Grate stuff
- 61 Blackboard
- 62 Take a hike

- 64 Meyerbeer's _ Huguenots"
- 65 Actor Novello
- 66 Latin rhythm
- 67 City on the Danube
- 69 "Cozy getaway!"
- 72 Excessively
- 73 Actress Braga
- 75 Hodgepodge
- 76 UK honor
- 78 Amusement park cry
- 82 Percussion instruments
- 83 Synthetic fiber
- 85 Composer Gabriel
- 87 Poetic pot
- 88 Classy doc?
- 89 Gin flavoring
- 90 "The Virginian" author
- 91 Wordless greeting
- 92 "Needs a little TLC!"
- 97 Santa _, CA
- 98 Amusing
- 99 From the top
- 100 Mombasa's land
- 103 Overogled?
- 105 Melville monomaniac
- 108 Poi base
- 109 _ Quarter
- 111 Soon
- 112 Featherweight
- Willie

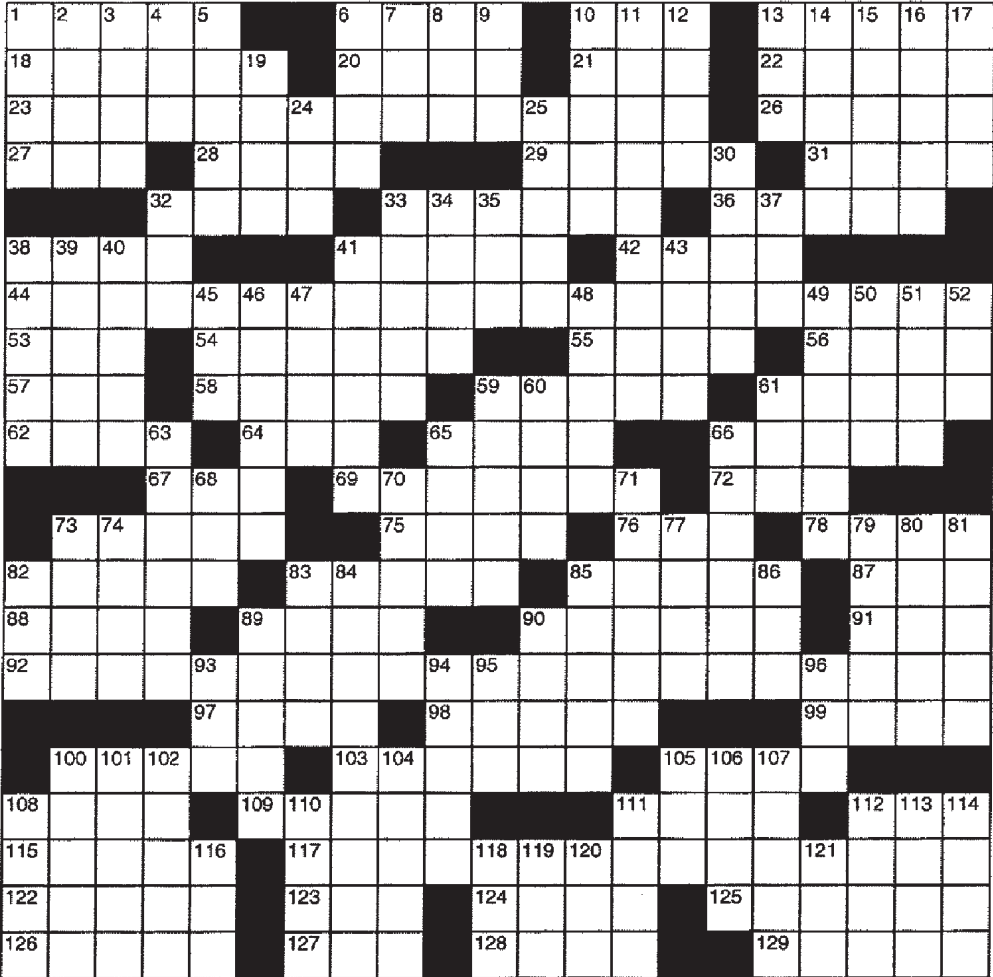
- 115 Blue hue
- 117 "Private setting!"
- 122 Slip
- 123 Shoe width
- 124 Declare
- 125 He's a sew-and-sew
- 126 Computer key
- 127 Ukr., formerly
- 128 Long lunch?
- 129 Shortstop Pee Wee

DOWN

- 1 Crazy
- 2 Christiania, today
- 3 Pride papa
- 4 Philips of "UHF"
- 5 Avoid
- 6 July birthstone
- 7 Pig - poke
- 8 "M*A*S*H" extras
- 9 Consumed a knish
- 10 Keats' "_ a Nightingale"
- 11 Bobby
- 12 Lug
- 13 Health club
- 14 Raptor feature
- 15 African antelope
- 16 Goodwill
- 17 TV actress Linda
- 19 Novelist Caspary
- 24 Hoover or Grand Coulee
- 25 _ Gras
- 30 '90 Woody Allen film

- 32 Go downhill fast
- 33 Ornamental loop
- 34 Questions
- 35 Legal matter
- 37 Squid's squirt
- 38 "_ Dogs" ('71 film)
- 39 Caribbean island
- 40 "Ship of the desert"
- 41 '60s dance
- 43 Lump
- 45 Educ. network
- 46 Singer Houston
- 47 Dressing gown
- 48 _ jacket
- 49 _ jacket
- 50 "Oh, woe!"
- 51 Riotous Rudner
- 52 Kiki or Joey
- 59 Be of use
- 60 Manhattan area
- 61 _ Paulo, Brazil
- 63 You'll get a kick out of it
- 65 Gilligan's home
- 66 Audiophile's equipment
- 68 Fleur-de-_
- 70 Photography fluid
- 71 Warm
- 73 Match socks, e.g.
- 74 _ about (approximately)
- 77 Use one's head?
- 79 Culinary province
- 80 Wear away
- 81 Bestow
- 82 AMA members

- 83 Priestly vestments
- 84 Author's income
- 85 Punished a leadfoot
- 86 Bungle
- 89 "To your health!"
- 90 Used to be
- 93 Bawl
- 94 Edit a text
- 95 NT book
- 96 Capture a crook
- 100 Director Elia
- 101 Let out the lava
- 102 Scandinavian
- 104 Duck down
- 105 _Margret
- 106 Night noise
- 107 Statesman Sadat
- 108 Hoffmann creation
- 110 Iowa city
- 111 Curly coif
- 112 Soccer superstar
- 113 Aphrodite's son
- 114 Parisian papa
- 116 Ending for "mountain"
- 118 _-di-dah
- 119 Leading lady?
- 120 Above, to Arnold
- 121 Hurry



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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals F

TE MGI JHLHYZRM UZH UY

UEZHJ-ATYYHJ LUYAM, T'RR

UFFIBH MGI'JH TY

BTYZ LGYATZTGY.

Answer Page 4

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

1 2 2 3 4 5 6 7 8

Answer Page 4

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FEAR KNOT

By: rj johnson

CONQUER THE WHIRLED

OPL
DRAKLE
OPTOR
TOKEN
TREESO
NSA
♥NASP
♥KASEL
♥ISP
LASTES
♥DANKE
ANOL

Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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Social Security Q&A

By Ray Vigil

Q: What information do I need to apply for Supplemental Security Income (SSI)?

A: Here are some of the things we will ask for when you apply for SSI. Even if you do not have all of the things listed below, apply anyway. The people in the Social Security office can help you get whatever you need. You will need:

• Your Social Security number;

• Your birth certificate or other proof of your age;

• Information about the home where you live, such as your mortgage or your lease and landlord's name;

• Payroll slips, bank books, insurance policies, burial fund records, and other information about your income and the things you own;

• The names, addresses and telephone numbers of doctors, hospitals, and clinics that you have been to, if you are applying for SSI because you are disabled or blind; and

• Proof of U.S. citizenship or eligible noncitizen status.

If you have a bank or financial institution account, you should have the account number available so we can have your benefits deposited directly into your account. Learn more about SSI by reading our online publication, Supplemental Security Income (SSI) at www.socialsecurity.gov/pubs/11000.html.

Q: What is the definition of disability for children filing for Supplemental Security Income (SSI)?

A: Social Security has a strict definition of disability for children under the SSI program. A child who is under age 18 is considered disabled if he or she:

• Is not working at a job that we consider to be substantial work; and

• Has a physical or mental condition (or a combination of conditions) that results in "marked and severe functional limitations." This means that the condition(s) very seriously limits his or her activities; and

• The condition(s) has lasted, or is expected to last, at least one year or is expected to result in death.

To decide whether a child is disabled for SSI purposes, we look at medical and other information (such as information from schools, parents, and caregivers) about the child's condition(s), and we consider how the condition(s) affects his or her daily activities. We consider questions such as:

• What activities is the child not able to do, or is limited in doing?

• What kind of and how much extra help does the child need to perform age-appropriate activities – for example, special classes at school, medical equipment?

• Do the effects of treatment interfere with the child's day-to-day activities?

Read Benefits For Children With Disabilities at www.socialsecurity.gov/pubs/10026.html for additional information on how we decide if a child under age 18 is disabled.

For more information on any of the questions listed above, visit our website at www.socialsecurity.gov or call us at 1-800-772-1213. If you have any questions that you would like to have answered, please mail them to the Social Security Office, 1111 Gateway West, Attn: Ray Vigil, El Paso, Texas 79935.

Moore Texas

by Roger Moore Nov 25, 1850:

Texas gave up parts of Colorado, Wyoming, New Mexico, and Oklahoma for just 10 million. It was called the Compromise of 1850.

Hey, Napoleon only got 15 mil outta the Louisiana deal.

This is a worse deal!

Weekly SUDOKU

by Linda Thistle

1 2 3 4 5 6 7 8 9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
Answer Page 4 ★★★ HOO BOY!

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Cuts

From Page 1

I'm concerned."

"That's why this ongoing problem with Medicare is so downright frustrating and fatiguing," said Dr. Bailey. "Our patients deserve better. They deserve a health care system they can rely on when they get sick."

TMA physicians and AARP Medicare patients are asking patients across Texas to call Congress at (202) 224-3121, urging them to act now to stop the cut.