West Texas County

VOL. 38, No. 34

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, FABENS, SAN ELIZARIO AND TORNILLO

AUGUST 25, 2011

Canutillo HS seeks Outstanding Ex

Canutillo High School is currently accepting nominations for the Outstanding Ex for 2011 Homecoming activities. Candidates who have graduated from Canutillo High School and have achieved success in a chosen field or endeavor should be nominated. The Honored Ex should also be available to attend Homecoming activities during the week of September 26 through September 30 in Canutillo. Nominees should submit the completed application form located on the district's website or request the form through the CISD Public Information Office, P.O. Box 100, Canutillo, Texas 79835, or by email through kguzman@ canutillo-isd.org, prior to September 14, 2011. For more information, contact the CISD public information office at (915) 877-7482.

- Kim Guzman

Tigua grants

The U.S. Department of Health and Human Services (HHS) and the U.S. Department of Transportation (DOT) have awarded the Ysleta del Sur Pueblo (Tigua) Indian Tribe a combined total of \$142,451 in federal grant funding for tribal initiatives. "Ysleta del Sur Pueblo has been an important part of our community's cultural heritage for nearly 330 years," said Congressman Sylvestre Reyes. "These grants will help them continue to enhance our community's cultural vitality and growth." HHS awarded the Tigua \$99,970 in funding to support a sustainable language project in the El Paso region. The Language Preservation and Maintenance Grants project will conduct assessments of native languages, plan language programs and implement language projects that support long-term language preservation goals. In addition, the U.S. Department of Transportation awarded the Tigua \$42,481, through the Texas Department of Transportation, to construct a vehicular parking area for the Ysleta del Sur Pueblo (YDSP) Tigua Indian Museum and Cultural Center. YDSP will use these funds to construct a safe and durable parking area for visitors by incorporating artistic traffic control designs located around various intersections within the center, encouraging drivers to drive safely.

- Claudia Ordaz

Crime Stoppers

A man has been involved in several robberies at convenience stores in the central part of town, making this the Crime Stoppers "Crime of the Week." On Monday, June 6, 2011, about 12:45 a.m., a male subject walked into the

See BRIEFS, Page 9

The best safety device ever invented for automobiles is a careful driver.

— Quips & Quotes

NEWSBRIEFS San Eli ISD staff trained to spot dating violence

By Cynthia P. Marentes Special to the Courier

SAN ELIZARIO - El Paso County Attorney Jo Anne Bernal and staff were at San Elizario High School on August 16 to bring their anti-domestic violence campaign to district teachers and administrators. The program known as "¡No Te Dejes! Don't Let Yourself!" includes training, curriculum, and videos for educators to help them recognize signs of abuse and to learn how to address dating violence with students.

National statistics reveal that for teenagers who are in serious relationships one in five has reported abuse and one in three say they worry about being physically hurt. Bernal hopes that showing videos of different abuse scenarios, such as one depicting a teenager named Natalie who becomes a victim of dating violence, will open the door for communication about the topic with students. Assistant County Attorney, Gabriella Edwards-Holguin, added that even elementary students could benefit from the "¡No Te Dejes! Don't Let Yourself!" program because it sends a general message about what is appropriate behavior between people.

"The issue and problem with domestic violence is the absence of understanding and healthy relationships," Bernal told the audience of teachers and administrators.

Presentations have been provided to schools since March and were offered this month as part of required back to school professional development for all San Elizario ISD faculty.



- Photo courtesy San Elizario ISD

KNOW THE SIGNS - Assistant County Attorney, Gabriella Edwards-Holguin presents the iNo Te Dejes! Don't Let Yourself!" program to San Elizario ISD faculty inside the San" Elizario High School auditorium.

According to officials with the district and county attorney's offices, the campaign will assist school districts with drafting and implementing policies against dating violence that are more in line with one another.

The initiative is collaboration between the 34th Judicial Distrait Attorneys' Office and the El Paso County Attorney Office funded by a grant from Governor Rick Perry's Criminal Justice Department.

VetCAP offers El Paso Veterans opportunity to voice concerns

By Alfredo Vasquez *Special to the Courier*

"Addressing veterans' concerns starts with you," U.S. Congressman Silvestre Reyes told an audience of about 30 participants during a recent Veterans Citizen Advisory Panel (VetCAP) meeting.

VetCAP, that consist of representatives from numerous El Paso veterans' organization recommendations on legislation involving

shortly after his election to the U.S. House of Representatives in 1996.

The VetCAP meetings are held at 5:30 p.m., the second Wednesday of the month at the El Paso Armed Services YMCA center (corner of Dyer and Hayes streets) in Fort Bliss. The that the Congressman is committed to meetings are open to all interested veterans or helping veterans get the benefits that they veteran advocates in the area.

VetCAP is an important tool in making

chapters and posts, was established by Reyes veterans, according to Luis Lopez, Veteran Caseworker/ Outreach Services for the Office of Congressman Reyes and facilitator for the VetCAP meetings.

Lopez, who has been working with the Congressman for more than a year, said are entitled to receive and that the VetCAP

See VETCAP, Page 6



Q&A - Congressman Silvestre Reyes, back to camera on left, answers questions during a recent Veterans Citizens Advisory Panel (VetCAP) meeting. VetCAP, which consists of representatives from numerous El Paso veterans' organization chapters and posts, is an important tool in making recommendations on legislation involving El Paso veterans. The meetings are held the second Wednesday of the month at the El Paso Armed Services YMCA in Fort Bliss and are open to interested veterans or veteran advocates in the area.

Page 2 August 25, 2011

Por la Gente By State Rep. Chente Quintanilla

EMT qualifications considered

attend to our needs. We tend to take licensed, then there is a concern. them for granted which is something the luxury of doing.

of course, an EMT basic with EMT performance. Intermediate just above that. The top level for an EMT is Paramedic.

Paramedics can perform the highest levels of emergency care some of which must be done and diminished life or death.

spent a lot of time during the 82nd legislative session was on of the educational institutions were not quite in the position to smoothly transition. This would mean fewer schools.

No one in the right mind would 50% of their paramedics to 100% of Chente por la gente.

Life Ambulance very well smaller communities do not have serves El Paso County. My office has not received any concerns by Emergency medical technicians those served by Life. My attention can attain different levels of to the issue was for the purpose qualifications. The entry level is, of maintaining that level of

The accreditation change meant higher costs to the schools that qualify the candidates; which understandably would be passed to the students. The problem is not under the remote guidance of a so much in the City of El Paso, but physician. It is this level that can the more remote areas outside the make the difference between life city. It is difficult enough to employ qualified paramedics in rural areas; One of the issues that my office the higher costs would add to the difficulty.

Other areas of Texas will be the credentialing of paramedics. hard hit by the additional costs. Although the agency that oversees Many of the emergency services the licensing of paramedics had districts have paramedics who have effort results in the preservation for several years the intention of served for decades. This group will of the highest emergency care altering the means to qualify, many eventually retire and eliminate, in throughout the state. If not, then some cases, all of the paramedics in the county.

Nearby Brewster, Jeff Davis, municipalities. graduating paramedics from the Pecos, and Reeves counties face the possibility of losing from over your friend and public servant,

archives: www.wtxcc.com

Hola, mi gente. The city and be against higher performance their paramedics to retirement. The county of El Paso have top-notch standards, but if there is a danger pool of younger applicants is just emergency services personnel who that fewer paramedics would be not there. Making it more expensive and harder to qualify will worsen the prospects.

> I filed legislation that would have helped slow the change without hurting the services rendered by paramedics. The director in Austin who oversees the licensing of EMTs actively opposed our bill. His participation was borderline lobbying that is prohibited by law.

> The bill made it through to the very last day of eligibility missing a House floor vote by ten minutes. The bill was just two spots away when the clock struck midnight on the last day to vote.

> All of the work we did on the issue will, however, live on during the interim in the process of Public Health Committee hearings before the next session. I hope our the best emergency care will only be available to those who live in

Gracias, mi gente, and I remain

Constitutional propositions set for November election

AUSTIN - Gov. Rick Perry has set Tuesday, Nov. 8, 2011, as the general election date for Texans to vote on 10 constitutional propositions submitted by the 82nd Legislature. The propositions are as follows:

PROPOSITION 1

The constitutional amendment authorizing the legislature to provide for an exemption from ad valorem taxation of all or part of the market value of the residence homestead of the surviving spouse of a 100 percent or totally disabled veteran.

PROPOSITION 2

The constitutional amendment providing for the issuance of additional general obligation bonds by the Texas Water Development Board in an amount not to exceed \$6 billion at any time outstanding.

PROPOSITION 3

The constitutional amendment providing for the issuance of general obligation bonds of the State of Texas to finance educational loans to students.

PROPOSITION 4

The constitutional amendment authorizing the legislature to permit a county to issue bonds or notes to finance the development or redevelopment of an unproductive, underdeveloped, or blighted area and to pledge for repayment of the bonds or notes increases in ad valorem taxes imposed by the county on property in the area. The amendment does not provide authority for increasing ad valorem tax rates

PROPOSITION 5

The constitutional amendment authorizing the legislature to allow cities or counties to enter into interlocal contracts with other cities or counties without the imposition of a tax or the provision of a sinking fund.

The constitutional amendment clarifying references to the permanent school fund, allowing the General Land Office to distribute revenue from permanent school fund land or other properties to the available school fund to provide additional funding for public education, and providing for an increase in the market value of the permanent school fund for the purpose of allowing increased distributions from the available school fund.

PROPOSITION 7

The constitutional amendment authorizing the legislature to permit conservation and reclamation districts in El Paso County to issue bonds supported by ad valorem taxes to fund the development and maintenance of parks and recreational facilities.

PROPOSITION 8

The constitutional amendment providing for the appraisal for ad valorem tax purposes of open-space land devoted to water stewardship purposes on the basis of its productive capacity.

PROPOSITION 9

The constitutional amendment authorizing the governor to grant a pardon to a person who successfully completes a term of deferred adjudication community supervision.

PROPOSITION 10

The constitutional amendment to change the length of the unexpired term that causes the automatic resignation of certain elected county or district officeholders if they become candidates for another office.



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> **Publisher** Rick Shrum

Contributors Alfredo Vasquez Don Woodyard Steve Escajeda

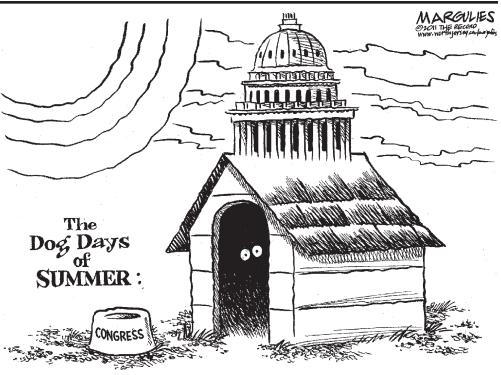


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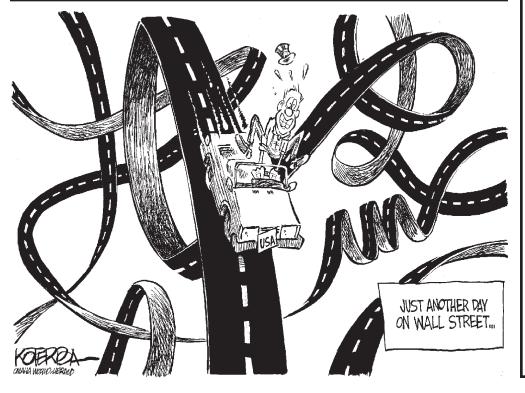
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Veterans Post By Freddy Groves

Comparing hospitals

Since last year we've been able to check down the left side for facilities you want to out the quality of care at VA Medical Centers on the Department of Veterans Affairs website. Now the VA has added its information to the Centers for Medicaid and Medicare Services Hospital Compare website. The VA site was limited to medical and surgical statistics, but now we're able to compare local non-VA hospitals with the VA hospitals in additional areas such as heart issues and pneumonia.

To get the information you need, however, you might have to check both sites, as the information isn't posted on the same schedule. Neither site is intuitive for navigation, so instructions are below:

The Centers for Medicaid and Medicare Services Hospital Compare [www. hospitalcompare.hhs.gov] has results for a number of categories of patient care issues, including death rates and patient experiences. Put in your ZIP code and select either General, Medical Conditions or Surgical Procedures. Click on Find Hospitals. You'll be given a list of medical facilities within 50 miles. Check the boxes

compare. If your closest VA Medical Center isn't within that 50 miles, it won't show up. Instead use the ZIP code of the Medical Center. You'll find that a lot of categories don't show any VA information at all.

The VA site (www.hospitalcompare. va.gov) compares information between VA hospitals only. It tracks heart problems and pneumonia, as well as infection, respiratory issues and more. Pick a link on the left (Medical or Surgical), select your state from the drop-down menu and scroll down to click on an issue. The next screen will be a full explanation of the quality measure and what it means. If there are multiple centers in your state, you'll see the results for all of them.

Your best bet is to gather the information from both sites and combine it.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475. Orlando, FL 32853-6475, or send e-mail to columnreply@gmail.com. (c) 2011 King Features Synd., Inc.

Notice of Tax Revenue Increase

The CITY OF SOCORRO conducted public hearings on August 18, 2011 and September 1, 2011 on a proposal to increase the total tax revenues of the CITY **OF SOCORRO** from properties on the tax roll in the preceding year by 1.23 percent.

The total tax revenue proposed to be raised last year at last year's tax rate of \$0.496757 for each \$100 of taxable value was \$3,940,433.

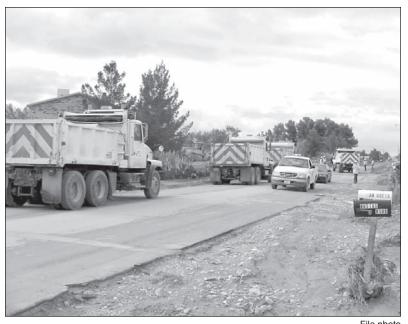
The total tax revenue proposed to be raised this year at the proposed tax rate of \$0.496757 for each \$100 of taxable value, excluding tax revenue to be raised from new property added to the tax roll this year, is \$3,985,409.

The total tax revenue proposed to be raised this year at the proposed tax rate of \$0.496757 for each \$100 of taxable value, including tax revenue to be raised from new property added to the tax roll this year, is \$4,046,082.

The City Council of CITY OF SOCORRO is scheduled to vote on the tax rate that will result in that tax increase at a public meeting to be held on September 20, 2011 at City Hall located at 860 N. Rio Vista at 5:30 PM.

WTCC: 08/25/11

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CLEAN UP - Tons of debris were hauled away from Vinton in 2006.

Vinton marks five years since flood, continues to move forward

By Don Woodyard Special to the Courier

VINTON - "The Guns of August" is a Pulitzer-Prize-winning book that told the story of the early days of World War I, a devastating war that began in August of 1914.

Vinton Mayor Madeleine Praino war, a war waged closer to home. It was a short August war waged against a different, but still relentless foe by an "army" of residents of the floods.

Upper Valley community.

It was the Rains of August.

Praino will never forget those runoff from heavy rains surged through arroyo channels causing widespread damage to residences and roadways throughout this Upper Valley community.

For the then fledgling mayor, this vividly remembers another kind of was a baptism, not of fire but of Department and from the Army water. Praino had only been elected to office three months earlier.

This is the fifth anniversary of the

"It was a very trying time," she recalls. "At times it was traumatic.

"There was a feeling of impotence. events of August 2006 when the How can we help these people," she

> Help in rebuilding came in many forms from different governmental levels. It came from TXDOT (Texas Department of Transportation), the El Paso County Roads and Bridges National Guard and the Salvation Army. She is also high in her praise

> > See VINTON, Page 5

Paseo del Este Municipal **Utility District No. 2 Notice of Public Hearing** on Tax Rate

The Paseo del Este Municipal Utility District No. 2 will hold a public hearing on a proposed tax rate for the tax year 2011 on Thursday, September 8, 2011, at 1:00 p.m., at the offices of Hunt Communities, LLC, 4401 N. Mesa, El Paso, TX 79902. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal: Doug Borret, Joann Wardy,

Hector Esparza, Alejandro Limon

and Ann Jorjorian-Raynal

NONE **AGAINST** the proposal: PRESENT and not voting: NONE NONE ABSENT:

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Total tax rate (per \$100 value)	Last Year 0.750000/\$100 Adopted	This Year 0.750000/\$100 Proposed
Difference in rates per \$100 of value	\$ 0/\$100)
Percentage increase / decrease in rates (+/–)	e 0%	
Average appraised value	\$ 227,973.00	\$ 271,169.00
General exemptions available (excluding senior citizen's or disabled person's exemptions	\$ O)	\$ 0
Average taxable value	\$ 227,973.00	\$ 271,169.00
Tax on average residence homestead	\$ 1,709.80	\$ 2,033.77
Annual increase / decrease in t proposed tax rate is adopted (97

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

+ 18.95%

and percentage of increase (+/–)

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

Paseo del Este Municipal **Utility District No. 3 Notice of Public Hearing** on Tax Rate

The Paseo del Este Municipal Utility District No. 3 will hold a public hearing on a proposed tax rate for the tax year 2011 on Thursday, September 8, 2011, at 9:00 a.m., at the offices of Hunt Communities, LLC, 4401 N. Mesa, El Paso, TX 79902. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal: Ken Weaver, L. Gus Haddad,

> Mark Dyer, Ivan Alcocer and Sandy Boswell

AGAINST the proposal: NONE **PRESENT** and not voting: **NONE** ABSENT: NONE

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Last Year This Year Total tax rate (per \$100 value) 0.750000/\$100 0.750000/\$100 **Adopted Proposed** Difference in rates \$ 0/\$100 per \$100 of value Percentage increase / decrease 0% in rates (+/–) \$ 130,088.00 Average appraised value \$ 114,430.00 General exemptions available \$ 0 \$ 0 (excluding senior citizen's or disabled person's exemptions) Average taxable value \$ 130,088.00 \$ 114,430.00 Tax on average residence homestead 975.66 \$ 858.23

Annual increase / decrease in taxes if proposed tax rate is adopted (+/–) -\$ 117.44

and percentage of increase (+/-) **- 12.04%**

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

Vinton

From Page 4

of assistance from then state Sen. Eliott Shapleigh.

made passable.

to rebuild lives and homes, the the arroyos.

community was on the mend. It had weathered the storm.

was completely rebuilt with new pavement and new culverts in a rebuilding of Keily and Hemley with \$633,000 in grant money from the Texas Department of Rural Affairs.

Using \$180,000 in property tax revenue, seven other streets were repaired.

problems, she looks ahead.

No longer the new mayor who had her career, she espouses a pro-active, rather than a reactive, stance in issues affecting the community.

"We pray and hope it won't happen again," the mayor says with another project. quiet conviction. "We will continue people."

mayor sits in temporary offices in a portable building located behind village offices which are undergoing remodeling. The \$100,000 project, which includes upgrades to bathrooms and the electrical system in 2015. and new bathrooms, is expected to be finished next month.

says. "We have a plan now; we can projects. be pro-active, not reactive."

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• She says that the community is constantly cleaning the arroyos that had carried the devastating waters. "They are impeccable."

One aspect of cleaning arroyos is allowing residents to drop off The community was on the mend big, bulk items at the village offices as major roadways were once again five times a year. These big items, such as refrigerators and mattresses, With neighbor helping neighbor would otherwise clutter and clog up

- Working with the county, there is a Storm Water Plan to build a In weathering the storm, Ledbetter retention dam in the area above Westway.
- She also speaks of an Urban \$220,000 project. It also included Area Security Initiative that calls for development and training of a Community Emergency Response Team to deal with emergencies and disasters. The mayor says this is her main goal. She adds that it is "imperative" for the community to Having dealt with the past be ready - to train citizens in such areas as first aid and fire control.
- She mentions working closely to deal with devastation early on in with the city's Office of Emergency Management to ensure a more timely response in the event of coping with preparedness and other another major problem such as the

Praino deals with the future in

Construction is scheduled to start to improve the quality of life for the in 2012 on a \$22 million wastewater treatment system for the entire On one August morning, the village. It will eliminate the need for septic tanks and cesspools.

> Funding for the project, which is currently in the design stage, comes from the Texas Water Development Board. Completion date is expected

"We've tried the best we can," says the mayor looking back and "I feel much better now," she ahead at both completed and planned

> "We are better off now. We are constantly working to improve."

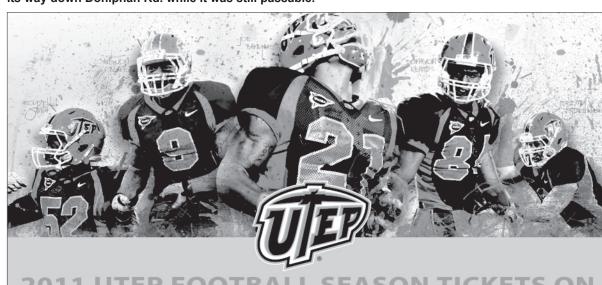
When you lose someone dear to you — or when a special person has a birthday, quits smoking, or has some other occasion to celebrate memorial gifts or tribute gifts made for them to your local American Lung Association help prevent lung disease and improve the care of those who suffer from it.

www.texaslung.org 1-800-LUNG-US*A*



File photo

A RIVER RAN THROUGH IT – Roads were flooded on El Paso County's westside in 2006. This car worked its way down Doniphan Rd. while it was still passable.



TEP FOOTBALL SEASON TICKETS ON SALE STARTING AS LOW AS \$75!

UTEP fans who renew or purchase football season tickets prior to June 1 will be entered into a special "30 Prizes in 30 Days" drawing. For each day in the month of June, a variety of prizes will be given away, including polos, t-shirts, back packs, jerseys, flags, footballs and more. The grand prize, to be awarded on June 30, is a trip for two to the Miners' game at UCF in Orlando. Award-winners will be contacted and posted on the UTEP Athletics Facebook page.

Call 747-6150 Today For Your Tickets!

2011 UTEP FOOTBALL HOME SCHEDULE















Click It or Ticket.

Even in the back seat.

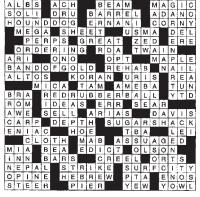
Buckle up every rider for every trip.

State law now requires both adults and children to be buckled up in the front or back seat. A child less than 8 years old, unless taller than 4 feet 9 inches, must ride in a child safety seat Most children between 4 and 8 years old will need a booster seat to be safe and comply with the law. Fines range from \$25 to \$250, plus court costs. TexasClickitorTicket.com



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CryptoQuip Answer

If your former husband likes taking extra-long baths, you could call him a clean ex.

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Page 6 August 25, 2011

VetCAP

From Page 1

meetings are an integral part of achieving that goal.

Through VetCAP efforts, Reyes' Veterans Town Hall meetings are hosted annually. Past Town Hall meetings have featured Secretaries of Veterans Affairs, James Nicholson and Anthony Principi, and Under Secretary for Benefits for the Department of Veteran Affairs Daniel Cooper.

An important development for El Paso veterans that was initiated through VetCAP was the establishment of a new \$12 million veterans' nursing home opened recently in El 160 veterans, said Lopez.

Constructed jointly through the Department of Veterans Affairs and the Texas Veterans are evaluated and rated in a more timely

Land Board, the veterans' nursing home fashion, facility was built on Fort Bliss land, the the time on decisions that transfer of which was authorized by legislation sponsored by Reyes.

"The Congressman worked closely with a committee of El Paso veterans, along with city, county and state leaders on this project, and an El Paso firm successfully bid to serve as the general contractor," stated a newsletter from the Congressman's office.

Another project that was introduced through VetCAP motivated Reyes to secure another \$12 million for the construction of a new parking garage to serve patients at William Beaumont Army Medical Center and the El Paso VA, stated Lopez.

Additionally, Lopez said that Reyes helped Paso to serve short-term care needs of up to establish a VA Field Office to handle locally claims by El Paso veterans which previously were processed in Waco. "As a result, claims

greatly reducing previously took much longer," stated a newsletter from the Congressman's office.

At the most recent VetCAP meeting, the Congressman remarked on some of the legislation pending including veterans issues Restoring GI Bill Fairness Traumatic Act, Veterans' Brain Injury Rehabilitative Services' Improvements Act, Veterans Equal Treatment for Service Dogs Act, Veterans Sexual Assault Prevention

Veterans Health Care Facilities Capital Improvement Act.

Reyes said that these bills were all passed by the House Veteran Affairs Committee gov, or call his local office at 534-4400.



Rep. Silvestre Reyes

veterans' health care and Act, and benefits," said Reyes.

> The next VetCAP meeting is scheduled for September 14. For more information, visit the Congressman's website, www.Reyes.House.

Subcommittee on Health and

will now go to the full committee

for review of the deliberations

and recommendations of the

creation, VetCAP remains an

active and strong organization

that I turn to when considering

legislation important to El

Paso veterans in the House of

Representatives. The VetCAP

is also a valuable tool for

area veterans, as it provides

updates on issues such as

"Almost 15 years after its

subcommittee.

Paseo del Este Municipal **Utility District No. 5 Notice of Public Hearing** on Tax Rate

The Paseo del Este Municipal Utility District No. 5 will hold a public hearing on a proposed tax rate for the tax year 2011 on Thursday, September 8, 2011, at 10:30 a.m., at the offices of Hunt Communities, LLC, 4401 N. Mesa, El Paso, TX 79902. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal: Juan Sandoval, Humberto Juarez,

and Veronica Lascurain

AGAINST the proposal: NONE **PRESENT** and not voting: **NONE**

ABSENT: Mike McLean and Joseph Nester

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Total tax rate (per \$100 value)	Last Year 0.000000/\$100 Adopted	This Year 0.750000/\$100 Proposed
Difference in rates per \$100 of value	\$ 0.750000/	\$100
Percentage increase / decrease in rates (+/–)	e 0%	
Average appraised value*	NA	NA
General exemptions available (excluding senior citizen's or disabled person's exemptions	NA)	NA
Average taxable value*	NA	NA
Tax on average residence homestead	NA	NA
Annual increase / decrease in t proposed tax rate is adopted (and percentage of increase (+	+/-) NA	

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

*This District has no residence homesteads.

Paseo del Este Municipal **Utility District No. 6 Notice of Public Hearing** on Tax Rate

The Paseo del Este Municipal Utility District No. 6 will hold a public hearing on a proposed tax rate for the tax year 2011 on Thursday, September 8, 2011, at 8:30 a.m., at the offices of Hunt Communities, LLC, 4401 N. Mesa, El Paso, TX 79902. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal: Lorraine Huit, Sheldon Wheeler,

Bob Peterson and Jerry Romero

AGAINST the proposal: NONE PRESENT and not voting: NONE

ABSENT: John Fitzhugh

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Total tax rate (per \$100 value)	Last Year 0.000000/\$100 Adopted	This Year 0.750000/\$100 Proposed
Difference in rates per \$100 of value	\$ 0.750000/	\$100
Percentage increase / decrease in rates (+/–)	e 0%	
Average appraised value*	NA	NA
General exemptions available (excluding senior citizen's or disabled person's exemptions)	NA)	NA
Average taxable value*	NA	NA
Tax on average residence homestead	NA	NA
Annual increase / decrease in t proposed tax rate is adopted (and percentage of increase (+	+/-) NA	

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

*This District has no residence homesteads.

School bells ring again at San Elizario ISD

By Cynthia P. Marentes Special to the Courier

SAN ELIZARIO - In a blink of an eye summer break is over for the more than 4,300 students in the San Elizario Independent administrative changes to announce, SEISD

School District (SEISD) who returned to ushered in 2011-2012 with an interim as SEISD like many districts throughout school August 22. The weather was still hot superintendent at the forefront, Sylvia Hopp. and humid as parents escorted young children and teenagers walked in groups back to class for the start of the new school year.

While there were no major campus

"Everyone from transportation to grounds,

from teachers to administrators, was prepared and knew how to handle the opening of school. Everybody pulled together and did an excellent job for our students' first day back," Hopp said.

Hopp has been with the district for over 10 years and has served as Assistant Superintendent of Planning and Instruction, and principal of both Alarcon and Borrego Elementary Schools. In fact, many of the staff and faculty remained the same throughout signaling the beginning of the 2011-2012 the district's six campuses and various departments. There were also only seven teaching vacancies filled for this school year achieving student success.

the state streamlined it's staffing process in order to accommodate reductions to public education funding by the Texas legislature.

Although congestion was limited and traffic flowed smoothly for the first day of school, the district will still like to remind the community to be alert when traveling in and near school zones. Motorists should be aware of and obey posted speed limits, crossing guards and stopped buses to ensure the safety of students as they head back into the classroom.

With the first ring of the school bell school year, SEISD is off to a good start towards meeting its goal once again of



- Photo courtesy San Elizario ISD

BUT I DON'T WANT TO GO - Monitor Lori Pachecho assists and consoles Loya Primary School pre-K students as they arrive to school for the first time on the bus.

Classified Ads

TARIFF CHANGE

OR

LEGALS

AYUDA, Inc. **PUBLIC**

NOTICE

Adults and United Youth Development Association (AYUDA) Inc. is a recipient of Home Contract for Deed #1001280 and Contract #1001309.

AYUDA Inc. will accept seal bids for up to 10 residential new constructions and rehabilitation for each contract. Contractors can pick up a Bid Packet starting August 29, 2011 through September 9, 2011 from 8.00 a.m. to 3.00 p.m. Bid Packets can be picked up from and delivered to: AYUDA Inc. 1325 Beverly Ann, San Elizario, TX 79849.

Submitted Bid Packets must have Home Deed Conversion and HRA Bids written on the lower left hand side of the envelope. A public opening of the Bid Packets will take place on September 2011 at 10.00 a.m. at the office of AYUDA Inc. phone 851-0272 (915) The contractor must ensure that emplovees and applicants are not discriminated against because of their race, color, religion, national origin age

AYUDA Inc. has a conflict of interest procedure accordance 24CFR **AYUDA** has Bidders Rights Procedure. AYUDA reserves the right to reject any bids or to waive any informality in the

Affirmative Action/ Equal Opportunity Employer.

WTCC: 08-25-11

City of Socorro

PUBLIC

HEARING be held at 6:00 p.m. at a Regular Council on September 1, 2011, at City Hall, 860 Rio Texas. Socorro, The purpose of the Public Hearing is to allowanyinterested person to appear and testify at the hearing regarding

1) AN Ordinance OF THE CITY SOCORRO, X A S APPROVING Α

the following:

AS REQUESTED EL PASO IN sex, or ELECTRIC COMPANY'S sex or disability. COMPANY")

APPLICATION FOR APPROVAL **REVISE** with 92.356 **TARIFF** SCHEDULE FOR Protest A NET METERING PROVISION Inc. **FILED** THE CITY AND **FINDING** AND **DETERMINING** THAT THE **MEETING** WHICH THIS AYUDA Inc. is an **ORDINANCEWAS** CONSIDERED WAS OPEN TO

THE PUBLIC AND WITH LAW.

attend the public **HEARING** hearing may submit their views to the **PUBLIC** City of Socorro. will Accommodations for handicapped persons will Meeting be available; handicapped persons in need of Vista,

special assistance attending the hearings encouraged to contact the Assistant City Clerk (915)858-2915. forty-eight (48)hours prior to this meeting. Copies of ordinances are available for review at City Hall, 124 S. Horizon Blvd.,

upon request.

IN ACCORDANCE

Those unable to

TEXAS

Manuel Rubio City Clerk

WTCC: 08-25-11

City of Socorro

Adoption of **Ordinances**

On August 18, 2011 the City of Socorro, Texas adopted following ordinance:

ORDINANCE 290,

AN ORDINANCE THE CITY SOCORRO, T E X A S FORMALLY PROCESSES, PROCEDURES, **RULES** AND **REGULATIONS OPERATION AND ADMINISTRATION** THE MUNICIPAL COURT OF THE CITY OF

the Copies of ordinance are available for review at the City Administration Building, 124 S. Horizon Blvd.. Socorro, Texas 79927; Monday through Friday between 8:00 a.m. and 5:00 p.m.

SOCORRO.

Manuel Rubio City Clerk

WTCC: 08-25-11

COUNSELING **SERVICES**

DAMIAN MAUREIRA, LCSW

Professional Counseling Therapy: Youth Marital Adults. Family. Health insurance **SCALE** ACCEPTED Medicare, Medicaid and CHIP. 657 Winn Socorro, Call 858-3857 for

SERVICES

appointment.

RESIDENTIAL WINDOW TINTING • FREE

ESTIMATES (915) 562-1300 Proline

SELF-HELP

Persons who have a problem with alcohol are offered a free source help of locally. Alcoholics Anonymous - call 562-4081 for information.

Tiene problemas con el alcohol? Hay una solucíon. Informacion: 838-6264.

Paseo del Este Municipal **Utility District No. 7 Notice of Public Hearing** on Tax Rate

The Paseo del Este Municipal Utility District No. 7 will hold a public hearing on a proposed tax rate for the tax year 2011 on Thursday, September 8, 2011, at 2:00 p.m., at the offices of Hunt Communities, LLC, 4401 N. Mesa, El Paso, TX 79902. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal: Tom Hansen, Rene Goldfien, **Del Huit and Lana Ulrich**

AGAINST the proposal: NONE **PRESENT** and not voting: **NONE**

ABSENT: **Manuel Gamica**

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Last Year This Year 0.000000/\$100 0.750000/\$100 Total tax rate (per \$100 value) **Proposed Adopted** Difference in rates \$ 0.750000/\$100 per \$100 of value Percentage increase / decrease 0% in rates (+/-) NA Average appraised value* NA General exemptions available (excluding senior citizen's or disabled person's exemptions) Average taxable value* NA NA Tax on average NA NA residence homestead Annual increase / decrease in taxes if proposed tax rate is adopted (+/-) NA

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

NA

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

*This District has no residence homesteads.

and percentage of increase (+/-)

Page 8 August 25, 2011

Notice of Public Hearing on Tax Increase

The TOWN OF HORIZON CITY will hold two public hearings on a proposal to increase total tax revenues from properties on the tax roll in the preceding tax year by 3.32 percent (percentage by which proposed tax rate exceeds lower of rollback tax rate or effective tax rate calculated under Chapter 26, Tax Code). Your individual taxes may increase at a greater or lesser rate, or even decrease, depending on the change in the taxable value of your property in relation to the change in taxable value of all other property and the tax rate that is adopted.

The first public hearing will be held on September 6, 2011 at 6:00 PM at City Hall, 14999 Darrington Road, Horizon City, Texas 79928.

The second public hearing will be held on September 13, 2011 at 6:00 PM at City Hall, 14999 Darrington Road, Horizon City, Texas 79928.

The members of the governing body voted on the proposal to consider the tax increase as follows:

FOR: Mr. Ruben Mendoza, Mr. Juan "Jerry"

> Garcia, Mr. Luis Najera, Ms. Kathy Masters, Mr. Johnny "Doc" Duran, Ms. Carole Zimmerman and Mr. Bill Armas

AGAINST: NONE **PRESENT** and not voting: NONE ABSENT: NONE

The average taxable value of a residence homestead in TOWN OF HORIZON CITY last year was \$115,376. Based on last year's tax rate of \$0.304420 per \$100 of taxable value, the amount of taxes imposed last year on the average home was \$351.23.

The average taxable value of a residence homestead in TOWN OF HORIZON CITY this year is \$115,738. If the governing body adopts the effective tax rate for this year of \$0.301250 per \$100 of taxable value, the amount of taxes imposed this year on the average home would be \$348.66.

If the governing body adopts the proposed tax rate of \$0.311250 per \$100 of taxable value, the amount of taxes imposed this year on the average home would be \$360.23.

Members of the public are encouraged to attend the hearings and express their views.

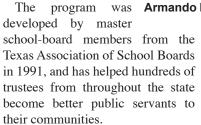
WTCC: 0825/11

Rodriguez selected for Leadership TASB

By Gustavo Reveles Special to the Courier

CANUTILLO

Armando Rodriguez was selected as a member of Leadership TASB's Class of 2012. Rodriguez, a secondtrustee, spend a year attending workshops and seminars aimed at helping him improve his policymaking and governance skills as a school board member.



TASB has a history of selecting in June 2012.

great school board members and making them better," Rodriguez said. "I'm confident that I will gain the knowledge necessary to become Canutillo a better trustee in order to make Independent School District Trustee Canutillo an even better school

district." Membership Leadership TASB goes beyond workshops and seminars. Alumni from the program become better equipped to be education leaders in communities. their They also gain the tools needed to have greater influence for their respective school districts in Austin and Washington, DC.

Rodriguez is the first trustee from Canutillo slated to attend the Leadership TASB program.

He will participate in five working sessions throughout the state starting next month, culminating in "I'm very humbled. Leadership commencement from the program



Armando Rodriguez

Family mealtime helps kids thrive

By Mike Klawitter Special to the Courier

MADISON, Wis. – Sitting down to supper with your children on a regular basis is a simple strategy for building a strong family.

Family mealtime helps children develop into productive students and adults according to a senior clinical psychologist at American Family Children's Hospital.

"It's well documented that children in families that eat dinner together develop social skills, strengthen family bonds, do better in school, and engage in less risky behaviors such as drug and alcohol abuse," says Dr. Stephanie Farrell. "Scheduling regular family dinners is one tactic to assure we take the time to slow down from the hustle and bustle of our lives and be present with our children."

"Family mealtimes children with stability and a safe environment in a world that is far too often fraught with confusion and pain."

But with kids trying to stay faithful to a schedule involving ballet lessons, soccer practice, and study time for tomorrow's big test, how can regular family dinners be possible?

"Start out realistically, even if it means just scheduling one shared meal," says Farrell. "Keep it simple. The focus is on being together, not a gourmet meal."

Farrell encourages parents to have children help prepare the meal to give them a sense of responsibility, pride and accomplishment, while at the same time, enhancing their self-

"Any help in the kitchen should

See MEALS, Page 10



Briefs

From Page 1

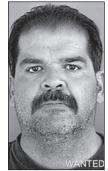
Good Time store at 716 N. Piedras and went to buy beer. When told by employees that beer was no longer being sold, the man got on his cell phone and began looking out the front door as he talked. He told the employees to get in the bathroom, and they complied. They later found that he had stolen merchandize. On Saturday, July 16, 2011, at 2:30 a.m., the same subject and another man entered the Valero store at 4421 Montana and began screaming at employees and a customer to "get on the ground or I will shoot you." The two subjects then took personal property from the victims and stole cash and merchandize from the store. The

subjects used three vehicles in the three robberies: a white 2008-2012 Toyota Scion XB with a dark stripe, a dark green or black 2000-2003 Nissan Maxima, and a red Ford Explorer Sport Trac with black rims. If you have any information about the identity and location of the suspects involved, or the location of their vehicles, please call Crime Stoppers immediately at 566-TIPS (566-8477) or on-line at www.crimestoppersofelpaso.org. You will remain anonymous and, if your tip leads to an arrest, you can qualify for a cash reward.

- James Klaes

Wanted

Agustin Tepenzano, 43, who also uses Agustin Bejarano, is this week's Manhunt Monday Most Wanted Fugitive. He is 5'11"



A. Tepenzano

tall and weighs 215 pounds. He has black hair and brown eyes. Tepenzano is sought for his role in a violent Home Invasion that took place in Horizon City last week. On Thursday morning -August 18 – at about 7:30 a.m., two male suspects forced their

way into a residence in Horizon City vielding handguns. Both were taken into custody after leading officers on a lengthy car chase that stretched for several miles and a foot pursuit thereafter. Tepezano was later identified to be involved in the initial crime. He is still sought for his role in the Home Invasion and may still be hiding in the area. He has a previous address in the 15000 block of Jacob Kuechler in El Paso. Tepezano is known to possess firearms and should be considered armed and dangerous. Information received indicates Tepezano may be driving a red Ford F250 pick up with a decal across the rear window and Texas license plates. He knows he is wanted and is believed to possibly be in the Borderland where he has several friends and relatives. If anyone has seen or has any information on the whereabouts of Tepezano they can contact Crime Stoppers of El Paso at 566-TIPS (8477). Callers will remain anonymous and may be eligible for a reward if the information provided leads to the apprehension of the individual featured.

- Deputy Jesse Tovar

Horizon Regional Municipal Utility District Notice of Public Hearing on Tax Rate

The Horizon Regional Municipal Utility District will hold a public hearing on a proposed tax rate for the tax year 2011 on Wednesday, September 7, 2011, at 4:00 p.m., at the HRMUD Office, 14100 Horizon Blvd., Horizon City, Texas 79928. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

FOR the proposal: **Benny Davis, Florence Thomas**

Gordon Jarvis and Bonnie

Moorehouse

AGAINST the proposal: **NONE** PRESENT and not voting: NONE

ABSENT: **Maureen Singleton**

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	•	
Total tax rate (per \$100 value)	Last Year 0.4687/\$100	This Year 0.4687/\$100
(por \$ 100 (end)	Adopted	Proposed
Difference in rates per \$100 of value	\$0.00/\$10	00
Percentage increase / decrease in rates (+/–)	e 0.0%	
Average appraised value	\$ 106,326	\$ 106,545
General exemptions available (excluding senior citizen's or disabled person's exemptions	\$ O)	\$ 0
Average taxable value	\$ 106,326	\$ 106,545
Tax on average residence homestead	\$ 498.35	\$ 499.38
Annual increase / decrease in t proposed tax rate is adopted (

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

+ 0.21%

and percentage of increase (+/-)

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

Paseo del Este Municipal **Utility District No. 11** of El Paso County

Notice of Public Hearing on Tax Rate

The Paseo del Este Municipal Utility District No. 11 of El Paso County will hold a public hearing on a proposed tax rate for the tax year 2011 on Thursday, September 8, 2011, at 11:30 a.m., at the offices of Hunt Communities, 4401 N. Mesa, El Paso, TX 79902. Your individual taxes may increase or decrease, depending on the change in taxable value of your property in relation to the change in the taxable value of all other property and the tax rate that is adopted.

Curtis R. "Pete" Sellers, Darwin FOR the proposal:

> Voge, Mary Suzann Pell, Jose R. **Soto and Marisa Lascurain**

AGAINST the proposal: NONE PRESENT and not voting: NONE ABSENT: **NONE**

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

Last Year This Year Total tax rate (per \$100 value) 0.750000/\$100 0.750000/\$100 **Adopted Proposed** Difference in rates \$ 0/\$100 per \$100 of value Percentage increase / decrease 0% in rates (+/–) Average appraised value \$ 118,431 \$ 129,921 General exemptions available \$ 0 (excluding senior citizen's or disabled person's exemptions) Average taxable value \$ 118,431 \$ 129,921 Tax on average residence homestead \$ 888.23 974.41 \$ Annual increase / decrease in taxes if

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

+ \$ 86.18

+ 9.70%

proposed tax rate is adopted (+/–)

and percentage of increase (+/–)

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.

Bad behavior at the college level leads to big pro bucks

By Steve Escajeda Special to the Courier

If you follow professional football at all you've heard about the saga concerning former Ohio State quarterback Terrell Pryor.

whole coach Jim Tressel fiasco. It was Pryor and a few of his buddies who broke NCAA rules by selling their awards and school paraphernalia for big bucks.

Tressel proved to be a liar when he told the NCAA he knew nothing about the players' illegal actions. Of course Tressel knew all about it and tried to cover it up.

for the first five games of this season before the quarterback decided to quit the team, saying he would cause too much of a reapply next year.

he could make millions if he just left college anything about his not being able to work. for the greener pastures of the NFL.

supplemental draft, which is held for players who would have played this season but

because their circumstances changed, they Pryor did to Ohio State is appalling. would not be allowed to compete for their

And it turns out that Pryor was such a bad NCAA is going to levy against it. boy in college that he actually did qualify for the supplemental draft.

Basically it works out this way: The more He was the main player involved in the rules that Pryor broke at school the better his chances to enter the NFL right away and make

> Hold on a second... let me get this straight... the more bad things he did, the more he's being rewarded?

What are the people in charge thinking?

Because of all the selfish, inconsiderate and underhanded things Pryor did, there's no way The university decided to suspend Pryor he should be allowed to enter the draft this

He should be declared ineligible, and

And for those who think it's unfair to keep What that really translates to is Pryor figured him from making a living - I never said

He can flip a burger, or file a document, This means trying to be part of the league's or lay down a traffic cone like thousands of Americans do every day to make ends meet.

When you think about what Tressel and

They left the football program in a mess - waiting to see what kind of sanctions the preseason game?

free to go on with their lives as if nothing ever all on the line just to make the team?

Tressel has been seen on some NFL battling for their financial lives. sidelines during the preseason and Pryor will be in the league soon and probably make the to play at half speed so they could avoid being league minimum – a paltry \$340,000.

Gee, I hope he finds a way to get by on his poor salary, which by the way, I believe is and threw a long pass at the end of a regular actually more than he made in college.

It's practice, people

The NFL is halfway through its preseason schedule and at least one coach is already in midseason form.

Did you hear about the complaints coming from the Kansas City Chiefs? I thought football coaches were supposed to be tough

the Baltimore Ravens, Chiefs coach Todd Haley wasn't very happy about a last second touchdown the Ravens scored and accused

JUHH @ 2012 KANKADOTTA & / LINDA & RESTAY: COM

them of running up the score.

Excuse me - running up the score in a

Running up the score in a game where Meanwhile, the coach and the player are second and third string players have to put it

Let's face it; many of these players are

And the Chiefs would like their opponents

If the Ravens had the game well in hand season game – that's different.

But these are practice games and some of these players will never have a chance to be in that game situation again. So coaches have to see them play whether it's at the beginning of the game or at the very end.

Haley calmed down after Ravens coach John Harbaugh felt he had to apologize after

And by the way coach Haley, instead of In last week's exhibition game against complaining about being embarrassed in a practice game, spend more time complaining about your players falling so far behind in the

A sporting view By Mark Vasto

Just play ball!

No matter what side you fell on at stake: - owners or players - every fan of thing: Just get your act together and Brian Ayrault. "Players should be get back on the playing field.

media to the so-called little guy - you know, the pipe fitter who paying players millions of dollars to play a game? Or was he union all the way? After all, wasn't he in a union, too?

"Just play ball" was the answer.

But in conversations with friends, we all came to another conclusion, namely that we had no clue what the NFL lockout was about in the first benefits. place.

usual insightful answer offered from the peanut gallery.

According to NFL Commissioner Roger Goodell's op-ed piece in The Wall Street Journal, here's what was

1. No draft. "Why should there American football agreed on one even be a draft?" said player agent able to choose who they work for. A lot of attention was paid in the Markets should determine the value of all contracts."

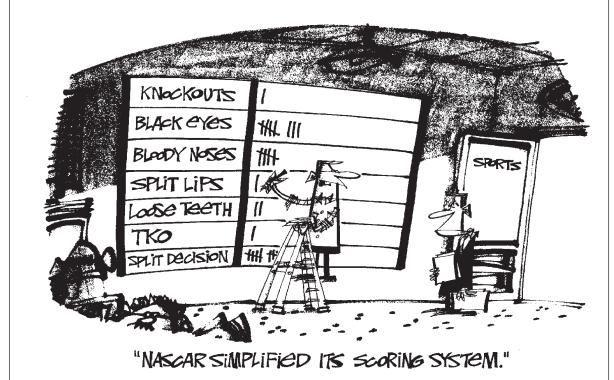
2. No minimum team payroll. scrimped and saved for his season Some teams could have \$200 tickets. Was he concerned about million payrolls while others spend \$50 million or less.

3. No minimum player salary.

- 4. No standard guarantee to compensate players who suffer season- or career-ending injuries. Players would instead negotiate whatever compensation they could.
- 5. No leaguewide agreements on

6. No limits on free agency. "Um... player contracts... and, Players and agents would team up um... the owners' money," was the to direct top players to a handful of elite teams. Other teams, perpetually out of the running for the playoffs, would serve essentially as farm teams for the elites.

7. No leaguewide rule limiting the



length of training camp or required off-season workout obligations. a rookie wage scale and denial of an Each club would have its own

8. No leaguewide testing program for drugs of abuse or performanceenhancing substances. Each club could have its own program-or not.

In the end, the owners pretty much

got their way, with the exception of 18-game regular season. But most importantly – and as anti-capitalist as it may be - the \$9 billion of annual revenue will continue to be put into one pot for the next 10 years. That deal will likely ensure the parity that NFL fans in smalland large-market teams like, the Mark Vasto is a veteran sportswriter parity that turned the NFL into America's favorite sport.

Players like Cincinnati Bengals Synd., Inc.

offensive tackle Andrew Whitworth agreed, too.

"We were trying to make the game better for those guys that played it in the past, in the present and in the future," Whitworth said. "We got this thing done. Now let's play some ball."

and publisher of The Kansas City Luminary. (c) 2011 King Features

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Famous Hot Salsa?

In Pueblo, the free government information is also hot. Spice up your life by dipping into the Consumer Information Center web site, www.pueblo.gsa.gov. You can download all the information right away. Sorry, salsa not available through our web site or Catalog.



Meals From Page 8

be praised, so everyone's efforts are acknowledged and will likely be repeated in the future," she says. "Additionally, when children are involved in the planning and preparation of healthy and nutritious food choices, they are more likely to eat the food, a bonus given the alarming rise in childhood obesity."

Farrell says when the meal is served, conversation among family members should be the focus and technology should be banned.

"No television, no answering the phone, and no texting," she says. "This will allow you to actively

listen to your children and connect with them. Also, resist the temptation to jump up from the table when you are done eating to begin doing the dishes. No outside boundaries should serve as a distraction."

Farrell adds that family mealtimes should be enjoyable, fun and relaxing and unpleasant topics or criticisms should be avoided.

"It is imperative to take time to laugh," she says. "Share a joke or an amusing story from the day. This might help children lower their guard that they may have had to keep up throughout the day."

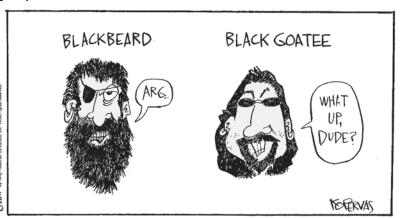
Overall, Farrell says parents who plan family mealtimes are showing just how much their children mean

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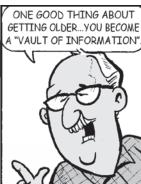
OUT ON A LIMB By Gary Kopervas

FAMOUS PIRATE AND HIS TWENTY- SOMETHING SON.



AMBER WAVES By Dave T. Phipps









THE SPATS By Jeff Pickering



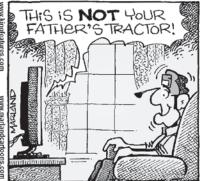




R.F.D. By Mike Marland







Your good health By Paul G. Donahue, M.D.

DEAR DR. DONOHUE: I have It consists of three small, plastic sleep apnea. Before being treated energy. My specialist prescribed a palate obstructs airflow. mask that pumps air into my nose. It helps somewhat. Later a friend told me about Provigil. It makes me feel much better, but I am not 100 percent. What else could help me? - J.K.

breathing." Sleep apnea is periods during sleep when a more seconds. There can be five to 30 or more such spells every period is preceded by snoring and louder. At the end of the nobreathing episode, the person grunts and half-wakens and then starts breathing again. This fragments sleep and leaves the person sleepy and without energy the next day.

passageway for air as it travels through the throat en route to the you take the medicine for its side lungs. Redundant throat tissue effect of drowsiness. blocks the natural airflow.

is overweight. Don't drink any alcohol from the evening meal on, because it relaxes throat tissue.

CPAP (continuous positive airway pressure). It delivers air under pressure so it can pass through the during the day, that might be all obstruction in the throat. Don't the sleep you actually need. abandon it.

You can ask your dentist about Dr. Donohue regrets that he is for you.

the Pillar Palatal Implant System. Reserved.

rods inserted into the back part by a sleep specialist, I was very of the upper palate to keep it sleepy during the day and had no propped up. For some, a droopy

Since you're doing pretty well with the way things are going now, you might not want to upset things with any more treatment.

DEAR DR. DONOHUE: I am a 68-vear-old male in excellent "Apnea" is Greek for "no health that exercises regularly. but I have trouble sleeping for more than five or six hours person stops breathing for 10 or a night. To get the desired seven to eight hours of sleep, I've been taking a sleep aid hour. Quite often, an apneic (diphenhydramine), and have not noticed any unpleasant side that gets progressively louder effects. Are there any long-term problems with taking this sleep aid on a frequent basis? -S.P.

Diphenhydramine is one of the first antihistamines to be marketed. One brand name is Benadryl. Sleepiness is a The problem lies in a narrowed side effect of most of the early antihistamines. In other words,

Millions of people have Weight loss is one way to get taken this drug since it was first rid of excess throat tissue, if one marketed. You can take it on a regular basis.

Why are you convinced that six hours of sleep is insufficient The mask you wear is called for you? Do you feel tired during the day with only six hours? If you feel fine or if you take a nap

fashioning a device that keeps the unable to answer individual jaw forward during sleep. That letters, but he will incorporate opens the throat too. Stick with them in his column whenever your Provigil, since it's working possible. Readers may write him or request an order form There are a number of surgical of available health newsletters procedures that can pare excess at P.O. Box 536475, Orlando, tissue from the back of the throat. FL 32853-6475. (c) 2011 North And there is a new remedy called America Synd., Inc. All Rights

Super Crossword

THEIR SONGS **ACROSS**

- 1 Clerical garments 5 Rhine whine? 8 Put on a happy
- 12 Like Mozart's flute
- 17 86 Across, e.g.
- 18 Actress Joanne 19 See 19 Down 21 Hersey setting
- 22 Elvis' canine? 24 Verdi opera 25 Like Kansas?
- 26 Big beginning 27 Quire part
- 29 Cadet sch 31 Tierra _ Fuego 32 Felons for
- instance 34 Like Peter or Catherine
- 37 Oxford omega 38 Archaic preposition 39 General's gerund 41 Vitamin bottle abbr.
- 42 Finn's creator 44 Meyers of "Kate & Allie"
- 45 Plastic _ Band 46 Choose, with "for" 48 Syrup source 51 Freda Payne's
- iewelrv? 56 Change for the better
- 59 Roofer's need 60 Los _, CA

- 61 Islamic holy book 63 "Mila 18" author 65 "The Crying Game" star 66 Isinglass
- 69 Flat hat 70 Tiny parasite 71 Cask
- 72 Lingerie purchase 75 The Cyrkle's plaything?
- 78 Accounting abbr. 79 Computer acronym 80 They may be bright 81 Blunder 82 Barbecue
- 84 Blow away 85 Push a product 86 "Manon" melodies 88 Confederate
- president 92 Goldfish, e.g. 94 Profundity 96 Jimmy Gilmer's
- house? 99 Early computer 101 Scuffle 102 TV-listing abbr.
- 103 Fragrant neckwear 104 Material 107 Fairy queen 109 Made milder
- 112 Farrow of "Alice" 114 Arthur or Benaderet 115 Proclamation
- 117 American poet Charles

- 118 Caravansary 119 Blocks the way 121 Angler's basket 123 Fido's dinner
- perhaps 125 Katmandu's country
- 127 Stop working 130 Jan & Dean's resort?
- 133 Speak one's mind 134 Semitic tongue 135 Child welfare org. 136 Baseball's Cabell
- 137 That's no bull! 138 "Bon voyage" site 139 Evergreen tree 140 Cry of distress

DOWN

- 1 _ Wednesday 2 Weaver's need 3 Plan
- 4 Burned a bit 5 Count up 6 Tennyson's "_
- the Bar' 7 Laurie of "Jeeves and Wooster
- 8 Trade 9 East ender? 10 Coach Parseghian 11 Computer
- selection list 12 Paving material 13 Hullabaloo 14 Rick Nelson's

social event?

16 "The Friends of Eddie _" ('73 film) 19 With 19 Across, popular polka 20 Wagner's father-

15 Private

- 23 Challenge 28 Tomorrow's turtle 30 Litter sound
- 33 Classy doc? 35 Decorate 36 Sticky stuff 39 Evangelist Roberts
- 40 Recess 43 Holm or Hunter 44 Attorneys' org. 47 Up or down item? 49 Mil. rank 50 Largest antelope
- 52 Comic DeLuise 53 Spouse of Isis 54 Yoga position 55 Uninteresting 57 Zones 58 Perennial bestseller 62 Waves of grain color 64 Dieter's dishes
- 68 Mr. Rochester's ward 70 Chilean pianist 72 Pair 73 Atkinson of "The Black Adder"

74 Don McLean's

67 Handed over

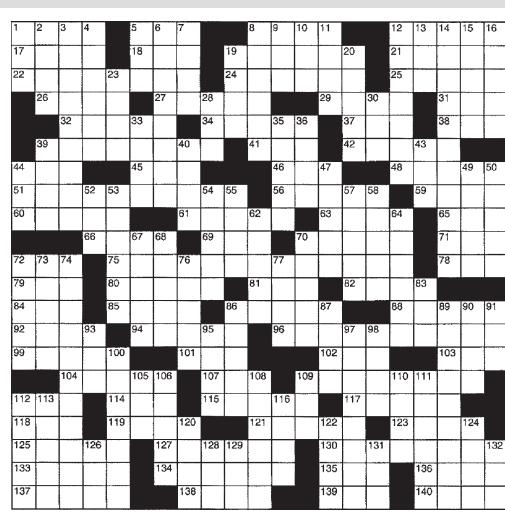
troublemaker 83 Super Bowl sound 86 Winning 87 Some NCOs 89 "The Sheik" sta 90 Laid on buttercream 91 Aspen item 93 Crony 95 Heavy reading? 97 Utter 98 Julia of "The Addams Family" 100 Bakery buy 105 It's in the bag 106 Stern 108 Squabble 109 Relished a roast 110 From 111 "Dead End Kid" Leo 112 Underworld judge 113 Like a lummox 116 Hands 120 _ aerobics 122 Catch sight of 124 Fill the hold 126 Chemical suffix 128 McGwire stat 129 Indignation 131 Unrefined 132 Fashion monogram **Answer Page 5**

dessert?

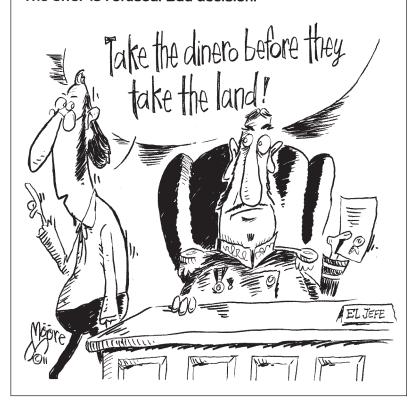
Show"

77 Olympic

76 Fiennes of "Quiz

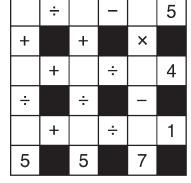


Moore Texas by Roger Moore Aug 25,1829: President Jackson offers to buy Texas from Mexico. The offer is refused. Bad decision.



GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.



DIFFICULTY: ★★

* Moderate * ★ Difficult *** GO FIGURE!

3 3 4 5 7

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Answer Page 5

Weekly **SUDOKU**

by Linda Thistle

		7			4		6	
9				5				2
	1		8			3		
	3		7			8		
7				1			9	
		1			3			7
	4		2				1	
8				6				5
		5			8	9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging *** HOO BOY!

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Social Security Q&A By Ray Vigil

Back-to-school checklist: Supplies, clothes, Social Security form...

If your son or daughter is a high fashions, working out the schedule their parent receives looking into colleges.

monthly Social Security benefits, 19 if they're still in high school. here's one more thing to add to your The only exception to this rule is "Back-to-School" checklist.

To make sure that Social Security 18, eligible students must obtain benefits is required. certification from school officials that they are still in high school includes: and provide it to Social Security. student turns 18.

For more information about Social Security student benefits, visit www. socialsecurity.gov/schoolofficials. The website outlines how the process student and school official must do students; and to ensure that benefits continue past the appropriate certification, Social office. Security generally does not stop benefits until the month before the supplies, trying out back-to-school month the student turns 19, or the fashions, and figuring out when the first month in which he or she is holiday break begins, don't forget not a full-time high school student, the important step of visiting www. whichever is earlier.

Some students receive Social school student turning 18, you've Security survivors benefits because probably spent some time shopping a parent is deceased. Others may for school supplies and the latest get dependent benefits because for the academic year, maybe even Security retirement or disability benefits. Benefits for minor children If your young senior is collecting generally continue until age 18 – or if a student is disabled and eligible for childhood disability benefits. In benefits continue beyond age that case, a separate application for

Social Security's website also

- A downloadable version of Otherwise, monthly Social Security the required Student's Statement benefits automatically stop when a Regarding School Attendance (Form SSA-1372) that must be completed by the student, certified by the school, and returned to Social Security;
- Answers to frequently asked works with instructions on what the questions for school officials and
- A field office locator to find the the student's 18th birthday. With address of your local Social Security
 - So as you're buying school socialsecurity.gov/schoolofficials.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals L

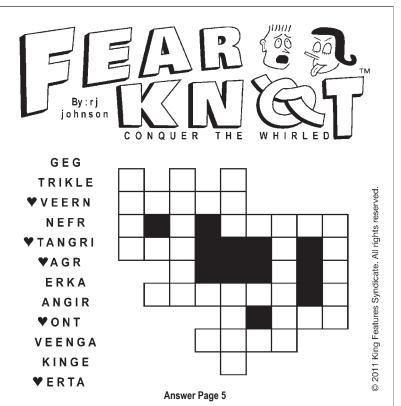
QR DNIT RNTAJT KIXULMP EQVJX

CLVQMS JWCTL-ENMS ULCKX, DNI

GNIEP GLEE KQA L GEJLM JW.

Answer Page 5

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Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

STRANGE BUT TRUE

By Samantha Weaver

- · It was way back in the 17th century when noted Scottish scholar Patrick Young made the following sage observation: "The trouble with weather forecasting is that it's right too often for us to ignore it and wrong too often for us to rely on it."
- · About once a week, a frog will shed its skin. Then eat
- · If you've watched many old Westerns, you've doubtless Native Americans scalping their enemies. You probably don't realize, though, that the brutal practice didn't originate with the Indians. When the Dutch and English settlers were trying to clear out the natives, they were paid a bounty for each scalp they brought back. The Native Americans adopted the practice only after the Europeans' arrival on the continent.
- country's • The first pizzeria opened in 1895 in, unsurprisingly, New York City.
- · Those who study such things say that 70 percent of Americans have visited either Disneyland, in California, or Disney World, in Florida.
- · If you want to have an especially memorable - and chilly - vacation, consider heading to Finnish Lapland. There, more than 150 miles north of the Arctic Circle, you can stay at the Kakslauttanen Hotel. The quarters aren't luxurious, but the sights are amazing. All the accommodations are geodesic glass igloos, offering amazing views of the aurora borealis.
- · Are you a snollygoster? If so, you're shrewd, which isn't a bad thing, but you're also rather lacking in principles.
- When Andrew Jackson was running for president in 1828, his opponents called him a stubborn jackass. Jackson was proud that he was known for obstinately sticking to his guns, so he started using the image of a donkey on his campaign materials. The Democrats have been using that symbol ever since.

Thought for the Day: "Everyone, in some small sacred sanctuary of the self, is nuts."

- Leo Rosten

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