



## NEWSBRIEFS

### Mental health workshop

The Mental Health First Aid two day workshop will be held on Monday, Aug. 11 and Monday, Aug. 18 from 8:30 a.m. to 12:30 p.m. at the Women's Intercultural Center located at 303 Lincoln Street in Anthony, NM. Mental Health First Aid is designed to fight stigma associated with mental illness and to address the real desire to help someone who is struggling. Specifically, participants will learn:

- Potential risk factors and warning signs for a range of mental health problems, including: depression, anxiety/trauma, psychosis, eating disorders, substance use disorders, and self injury;
- An understanding of the prevalence of Various mental health disorders in the U.S. and the need for reduced stigma in their communities;
- A 5-step action plan encompassing the skills, resources and knowledge to assess the situation, to select and implement appropriate. Interventions, and to help the individual in crisis connect with appropriate professional care; and
- Evidence-based professional, peer, social, and self-help resources available to help someone with a mental health problem.

The free workshop is being brought to you in collaboration between the UnitedHealthCare® Community Plan and the Women's Intercultural Center. For more information or to register for the workshop please contact Magali Almaraz at 575-882-5556 or Mari Jimenez at 877-339-1616.

— Mary Carter

### Wanted

Two men cause a woman to fall during a theft at a Canutillo business, while another man waited in drove the getaway car. Two of the men were recorded on video committing a theft and Investigators from the El Paso Police County Sheriff's Office are asking for the public's assistance in identifying these thieves. On the morning of Sunday, May 4, 2014, two men walked into the Piggy Bank convenience store located at 280 Canutillo La Union Avenue in Canutillo Texas. The men walked directly towards the coolers where the beer is kept, selected several packs of beer and ran out of the store. As the men were running one of them fell. During this the clerk, was by the door and fell as well. The men ran to an awaiting car, described as grey four door car. The first suspect is described as a White or Hispanic male in his late teens or early 20s, 5'6", light complexion, and short dark hair. He was wearing a red jacket and blue jeans on the day of the theft. The other suspect is described as White or Hispanic male, late teens to early 20s, and was 6'0"

See BRIEFS, Page 3

Most things that broaden the mind also narrow the conscience.

— Quips & Quotes

## Communities get together for a parade

By Alfredo Vasquez  
Special to the Courier

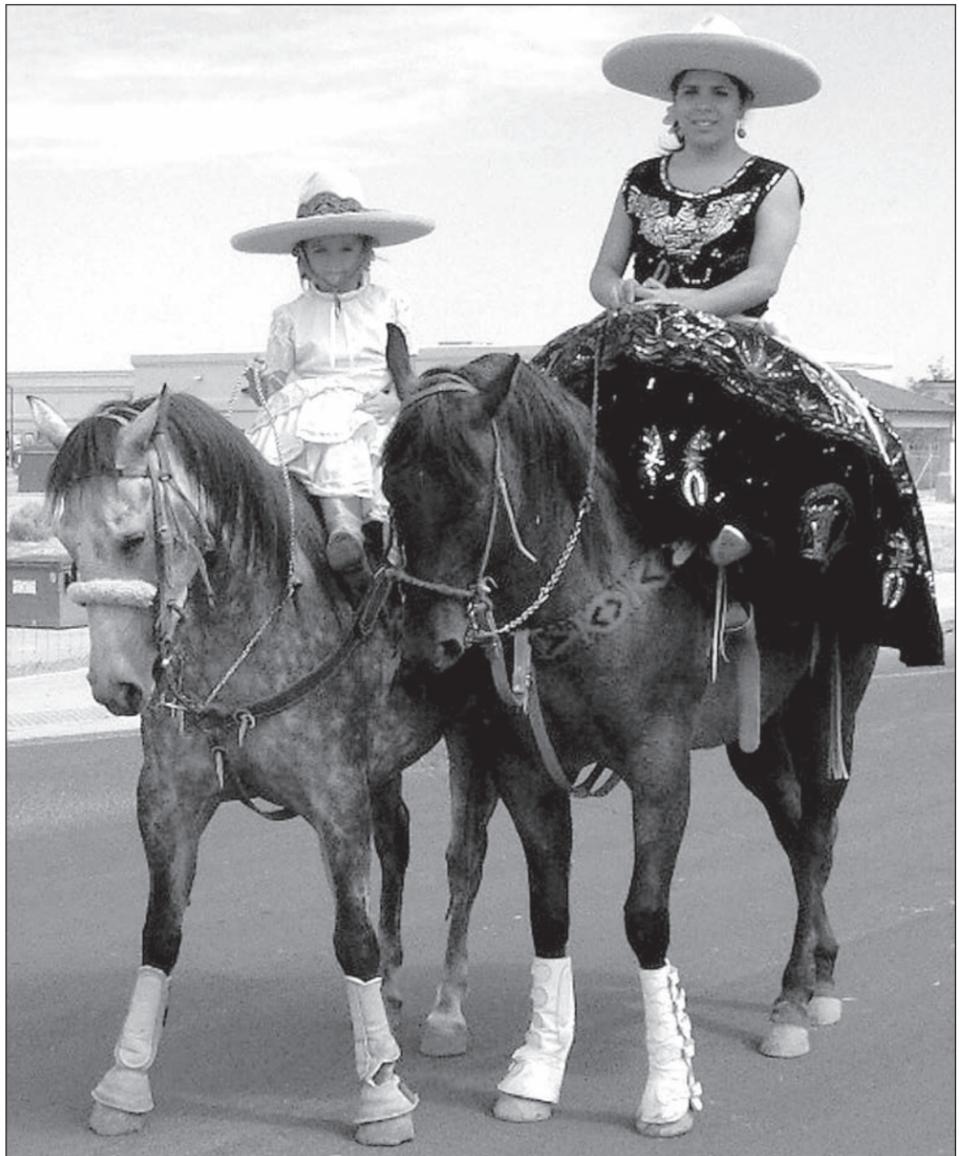
ANTHONY – The towns of Anthony, NM and Anthony, TX showed off their American Spirit with a good, old-fashion Fourth of July parade Friday morning. Hundreds of townsfolk took part in the festivities. At least fifty entries filed along Highway 20, starting in the New Mexico side, and marched up Franklin Avenue in the Anthony TX side to the municipal park area.

Helping coordinate this year's parade were Anthony TX Police Chief Carlos Enriquez and Anthony NM Mayor Arnulfo Castaneda. "In one form or another, the Anthony communities have been coming together for over 25 years to celebrate their American patriotism on the Fourth of July," said Chief Enriquez.

"Our annual parade would not be possible without the combined efforts of both communities," added Mayor Castaneda.

Among this year's parade participants were: Anthony TX Police Dept., El Paso Co. Sheriff's Vinton Office, Horizon City Police Dept., Vinton TX Police Dept., West Valley Fire Dept., Anthony NM VFW 4384 (Veterans

See PARADE, Page 5



— Photo by Alfredo Vasquez

OUT FOR A RIDE – Two Lienza Charro Castro riders participating in the Fourth of July Parade pause for a photo.

## Vinton residents urged to make emergency plan

By Marina Ramirez  
Special to the Courier

VINTON – Mayor Praino signed a proclamation designating July as Emergency Preparedness Month. By signing the proclamation, Praino "aims to increase public awareness concerning the importance of preparing for emergencies and to persuade individuals to take action". Praino urged residents "to take measures to make themselves and their families better prepared

for emergencies." Vinton mailed each household an *Emergency Preparedness Guide* which provides tips on preparing emergency kits, establishing evacuation plans and other measures to prepare for natural disasters.

Vinton residents can obtain sandbags from the Public Works Department to protect their property. Workshops will be held to train volunteers to assist during emergencies. Additional public awareness information will be provided throughout July at the Village of Vinton office.

The Village of Vinton historically has flash

flooding from July through September. There are five 100-year flood zones and half of the Village's square miles are located in a flood zone. The Village of Vinton is a small city in west El Paso County with an estimated population of 2,000. In 2006, nearly 80% of the homes were affected by flash flooding and many were forced to evacuate as roads and utilities were washed away. Since then, Vinton has maintained a high alert level during the summer months for flooding.

For more information residents can call the Village of Vinton at (915) 886-5104.

## July is 'Watch Your Car Month'

By Michelle Lanham  
Special to the Courier

TEXAS – What is important to you? Is it your family, home, pets, money, security or other possessions? Did you know that if your vehicle is stolen or burglarized, all those things can also be threatened? In other words, crimes against a vehicle may be only the first in a string of criminal acts that directly affect you.

In 2012, vehicle thefts in Texas totaled 64,982, which means a car was stolen every eight minutes. Any vehicle is a potential target, and those most stolen are at least five years old. In 2013, the most targeted makes/models in Texas included: 1) Ford Pickup, 2) Chevrolet Pickup, 3) Dodge Pickup, 4) Chevrolet Tahoe and 5) Honda Civic.

Vehicle thieves are looking for opportunities.

And unfortunately, many drivers aid thefts by leaving doors unlocked and keys inside. Once a vehicle is stolen, any number of additional offenses could take place. The vehicle may be used to commit another crime. It may be operated erratically and involved in an accident. It may be dismantled so the parts can be sold to fund other crimes ranging from drug use to terrorism.

In 2012, reported vehicle burglaries in Texas totaled 221,023, which means parts or contents were stolen every two minutes. Much like thefts involving the entire vehicle, drivers often unintentionally assist burglars with their crimes by leaving belongings visible. Items left behind can result in a number of additional offenses. Keys or garage door openers can provide thieves access to homes, where belongings, money, and personal information could be taken. If a pet or child

is left unattended in a vehicle, they could become additional victims of a thief. Items such as purses, briefcases, bags, electronics, clothing, or accessories can be stolen, leading to financial ruin, identity theft or resale of items to other unknowing victims.

Historically, more vehicle thefts and burglaries occur in Texas during summer months, which is why the Texas Auto Burglary and Theft Prevention Authority (ABTPA) has declared July "Watch Your Car Month." During "Watch Your Car Month", representatives within 29 vehicle crime task forces funded by ABTPA will be working in their communities reminding Texas drivers that they must protect their vehicles and all possessions inside to avoid falling victim to thieves. If drivers are leaving themselves

See CAR, Page 2

## Veterans Post By Freddy Groves

### Checking the fine print

The Department of Veterans Affairs has issued a Notice of Funds Availability (NOFA) to provide transitional housing and support services to veterans with special needs. A \$5 million grant will go to 25 organizations (if they reapply for funding) in 11 states to provide housing services to veterans who are women, frail elderly, terminally ill, chronically mentally ill or who care for minor dependents. Eligible programs must provide up to 24 months of housing or services, such as case management, crisis intervention, counseling and so on. The goal, quoting from the news release, is to help "homeless veterans achieve residential stability, increase their skill levels and income, and gain greater self-determination."

Sounds great, but the fine print is confusing. A notice in the Federal Register outlines the details. Here are some of the services provided:

- Frail elderly are to receive services for safety, opportunities to stay mentally and physically agile, walkers or other necessary devices, and monitoring of medications.
- The terminally ill program will help address end of life issues,

provide transition and closure actions, and provide legal counsel and pain management.

- For the chronically mentally ill, it will help participants engage with the community, facilitate reintegration and ensure opportunities to re-establish relationships with family.

- For those who care for minor dependents, the program will provide transportation, offer referrals for child care and ensure health needs are met, especially immunizations.

- For women, it will ensure transportation, especially for health and education, and will address safety and security issues.

Doing the math, the \$5 million could give \$200,000 to each organization, if divided evenly... except the fine print of the Federal Register notice says that \$3.5 million is expected to be made available.

Where's the other \$1.5 million?

*Freddy Groves regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send email to [columnreply2@gmail.com](mailto:columnreply2@gmail.com). (c) 2014 King Features Synd., Inc.*

## Finances By Jason Alderman

### Read contracts carefully before signing

If you always stop to read the fine print before signing anything, congratulations – your parents trained you well. If you don't, beware: Your signature could commit you to a long-term gym membership you don't really want, an apartment you can't afford or worst of all, paying off someone else's loan you cosigned.

Broadly defined, contracts are mutually binding agreements between two or more parties to do – or not do – something. It could be as simple as buying coffee (you pay \$3 and the restaurant agrees to serve you a drinkable beverage), or as complex as signing a 30-year mortgage.

Once a contract is in force it generally cannot be altered unless all parties agree. And, with very few exceptions (e.g., if deception or fraud took place), contracts cannot easily be broken.

Before you enter a contractual agreement, try to anticipate everything that might possibly go wrong. For example:

- After you've leased an apartment you decide you can't afford the rent or don't like the neighborhood.
- Your roommate moves out, leaving you responsible for the rest of the lease.
- You finance a car you can't afford, but when you try to sell, it's worth less than your outstanding loan balance.
- You buy a car and only later notice that the sales agreement includes an extended warranty or other features you didn't verbally authorize.
- You sign a payday loan without fully understanding the terms and end up owing many times the original loan amount.
- You buy something on sale and don't notice the store's "No returns on sale items" policy.
- You click "I agree" to a website's privacy policy and later realize you've given permission to share your personal information.

- You buy a two-year cellphone plan, but after the grace period ends, discover that you have spotty reception and it will cost hundreds of dollars to buy your way out.

Cosigning a loan can be particularly risky. If the other person stops making payments, you're responsible for the full amount, including late fees or collection costs. Not only will your credit rating suffer, but the creditor can use the same collection methods against you as against the primary borrower, including suing you or garnishing your wages.

Still, there may be times you want to cosign a loan to help out a relative or friend. The Federal Trade

Commission's handy guide, "Co-signing a Loan," shows precautions to take before entering such agreements ([www.consumer.ftc.gov](http://www.consumer.ftc.gov)).

A few additional reminders:

- Ensure that everything you were promised verbally appears in writing.
- Make sure all blank spaces are filled in or crossed out before signing any documents –including the tip line on restaurant and hotel bills.
- Don't be afraid to ask to take a contract home for more careful analysis or to get a second opinion. A lawyer or financial advisor can help.
- Don't be pressured into signing anything. If salespeople try that tactic, walk away. (Be particularly wary at timeshare rental meetings.)
- Keep copies of every document you sign. This will be especially important for contested rental deposits, damaged merchandise, insurance claims, extended warranties, etc.
- Take along a "wingman" if you're making an important decision like renting an apartment or buying a car to help ask questions and protect your interests.
- Be wary of "free trial" offers. Read all terms and conditions and pay particular attention to pre-checked boxes in online offers.

Bottom line: Contracts protect both parties. Just make sure you fully understand all details before signing on the dotted line.

*Jason Alderman directs Visa's financial education programs.*

## Car

From Page 1

vulnerable to theft, they are encouraged to change their behavior in order to avoid vehicle criminals. In addition, drivers should recognize that thieves want to strike in locations where we are most likely to leave belongings and be separated from our vehicles for longer periods of time. Those places may include homes, malls, gyms, movie theaters, hotels and even places of worship! Anywhere! In other words, thieves are looking for the biggest financial payoff that can be gained in the shortest amount of time and with the greatest ease. So always be aware!

For additional tips on preventing vehicle crime, information on "Watch Your Car Month", or to contact your local task force, call 800-CAR-WATCH.

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**PUBLISHED:**  
Published each Thursday by Homesteader News, Inc. Appreciation to our many contributors. Office open Monday through Thursday.

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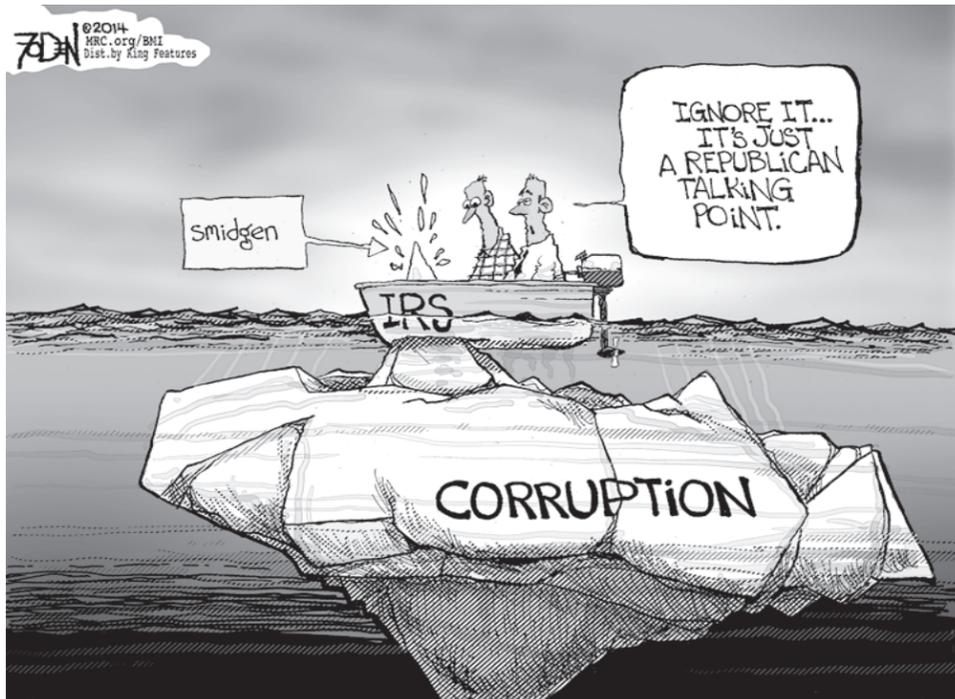


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# Museum presents history happy hour

By Alfredo Vasquez  
Special to the Courier

EL PASO COUNTY – El Paso Museum of History will present a new series of monthly events, called History Happy Hour. The inaugural presentation is scheduled from 6 to 8:30 p.m., Thursday, July 10, at the museum (510 N. Santa Fe Street).

The monthly affair will include informative talks, traditional music and dancing, finger foods, cocktails, and an opportunity to mingle with other museum enthusiasts, stated Marilú Valenzuela Alemán, a representative for the El Paso Museums and Cultural Affairs Department.

The happy hour event will feature a different theme every month, Aleman stated. July's

theme is Brazil. Scheduled for Thursday's event will be music from the Samba Batucada Alma De Fogo, dance performances by the El Paso Ballroom Dance Academy, and discussions on Brazil led by members of the Brazilian Culture Center at the University of Texas at El Paso (UTEP).

Admission to the downtown get-together is \$5. Advance tickets may be purchased in the museum's gift store. (The history museum is open until 9 p.m., Thursdays.) The event is free for El Paso Museum of History members (membership card required). Finger foods will be provided and Leo's Cantina will have a cash bar available.

Individuals interested in attending the museum's first happy hour event should RSVP with Alemán, at (915) 351-3588 or send email to alemanmg@elpasotexas.gov.

# Texas offers online Public Hunt Drawing System

By Steve Lightfoot  
Special to the Courier

TEXAS – Hunters applying for the Texas Parks and Wildlife Department's drawn public hunts can now take advantage of the new online-only Public Hunt Drawing System.

The new online-only system is currently accepting applications for 2014-15 Drawn Hunts, including Special Permit hunts, E-Postcard hunts, and US Forest Service Antlerless Deer Permits. For the first time, the entire process is being handled electronically – from applications, to fee payments and permit issuance. "Applications for Drawings on Public Hunting Lands" booklets, application

forms and permits will no longer be printed and mailed out. Hunt options can be browsed online by category or by area using an interactive map. A downloadable PDF of the 2014-15 Drawn Hunt Catalog is also available online.

In addition to now being able to apply for multiple hunt areas within the same hunt category (i.e. apply for a Gun Deer - Either Sex hunt on more than one hunt area), the online system will give applicants more time to apply. With no paper applications to mail in, applicants will have until midnight CDT/CST on the day of the deadline to apply. Applicants will also retain and continue to

See HUNT, Page 4

## Briefs

From Page 1



Do you know him?

tall, medium complexion, with short dark hair, and was wearing a black jacket with a white hood, blue jeans, and white and black shoes. Anyone with any information on the identity of the men involved in this theft is asked to call Crime Stoppers of El Paso immediately at 566-8477 (TIPS), on-line at www.crimestoppersofelpaso.org or you can send a text message by entering

the key word "CRIME1" (no space and include the quotation marks) plus your tip information, and text it to CRIMES (274637). You will remain anonymous, and if your tip leads to an arrest, you can qualify for a cash reward.

– Javier Sambrano

## Crime Stoppers

It has been one year since a 16-year old teen was killed by a hit and run driver on Loop 375 in the eastside of the city. The case remains unsolved and Investigators from the El Paso Police Department are asking for the public's help in finding the driver and vehicle involved through the Crime Stoppers "Crime of the Week." On the early morning of Father's Day, Sunday, June 16, 2013 just after 2 a.m., 16-year-old Alan Ordonez was driving a white 2003 Mercury Marquis on Loop 375 South bound and pulled over to the right shoulder near Rojas to change a flat tire. As Alan Ordonez was changing the tire, an SUV also traveling south struck Ordonez and fled the scene. Ordonez died at the scene as a result of the impact. Witnesses last saw the vehicle traveling south on 375. Investigators from the Special Traffic Investigations Unit believe that the vehicle involved is a Chevrolet SUV. Based on evidence at the scene the vehicle is believed to be a blue granite metallic color. The vehicle is believed to be between a 2005 to 2009, and will have damage to right front side tire well area. A reckless driver left a 16-year-old teen dead on the street on Father's Day. Investigators know that someone has the key that can bring this case to a close. Anyone with information on this fatal hit and run, is asked to call Crime Stoppers of El Paso immediately at 566-8477 (TIPS), on-line at www.crimestoppersofelpaso.org or you can send a text message by entering the key word "CRIME1" (no space and include the quotation marks) plus your tip information, and text it to CRIMES (274637).

– Javier Sambrano

# Hunt

From Page 3

accrue Preference Points, now called Loyalty Points, as in the past. Points will stay with the category and be applied to each application equally. And for the first time, applicants will be able to check the status of their applications and Loyalty Points online at any time.

The new system will only allow applicants to submit complete and accurate applications. This will eliminate disqualifications. Once the submission and billing process is completed, orders cannot be canceled and fees cannot be refunded.

All applicants (adults and youth) must have a Customer Account. Applicants that have previously applied for a drawn hunt or purchased

a hunting or fishing license should already have an account. Those who do not have an account will need to create one before applying for a drawn hunt. A unique ID number is required to create an account. Unique ID numbers can be any of the following: State Driver's License Number, Social Security Number or Passport Number.

The Drawn Hunts Program offers affordable hunting experiences at

more than 80 areas around the state in more than two dozen different hunt categories, including eight specifically for youth only. Adult application fees for Special Permit hunts are either \$3 or \$10 depending on the category. Adult hunters that are selected will also need to pay an additional permit fee of \$80 for regular hunts and \$130 for extended

See HUNT, Page 8

## STRANGE BUT TRUE

By Samantha Weaver

- It was English poet Martin Farquhar Tupper who made the following sage observation: "Well-timed silence hath more eloquence than speech."

- If you're in the neighborhood of Bessemer, Alabama, you might want to stop in its Hall of History. Though the connection to local history isn't clear, Hitler's typewriter is on display to curious onlookers.

- You may be among those people who think good deeds and selfless acts are on the decline. If so, consider this story: In 2010, an employee at a recycling company came across 23 U.S. savings bonds while sorting through a bin of discarded papers. Instead of trying to cash the \$22,000 worth of bonds himself, Mike Rodgers decided to track down the owner. It turned out that the woman who had bought the bonds, Martha Dobbins, had been dead for almost two decades. Rodgers didn't give up, though; he began a search for Robert Roberts, who was also named on the bonds. Though the name is common and Rodgers hit many dead ends, he eventually located the correct Robert Roberts, the son of Martha Dobbins. Roberts hadn't even been aware of the bonds' existence. Rodgers, his good deed finally being done, refused a reward.

- The next time you look out the window and see banks of freshly fallen snow, remember that only about 8 percent of that fluffy whiteness is actually water; the remaining 92 percent is air.

- During the course of filming all eight Harry Potter movies, actor Daniel Radcliffe went through 160 pairs of glasses and 70 magic wands.

Thought for the Day: "Among those whom I like or admire, I can find no common denominator, but among those whom I love, I can: All of them make me laugh."  
- W.H. Auden

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**CryptoQuip Answer**

If any hippies decided to become bakers, do you think their motto would be "flour power"?

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– Photos by Alfredo Vasquez

**CLASSICS** – Cars in the parade were led by a 1955 Chevy Bel Air with other vintage cars and trucks following.

### Parade

From Page 1

of Foreign Wars), Town of Anthony TX, City of Anthony NM, Village of Vinton, State liners' Car Club, and the Lady Blue Panthers Soccer Team.

Local youth baseball teams in the parade consisted of the Dodgers, Monsters, Angels, Warriors, Little Rangers, Blue jays, and Green Monsters. Also in the parade were the Hulk Cheer squad, the Hulk football team, Anthony High School Band, Legacy Car Club, and Lienzo Charro Castro.

Additionally, some parade entries were sponsored by local merchants including Jacquez Farms, Sonic, Life, Mi Tierra Driving School, Aarons Rentals, Water King, and Ruben Cadena.

"Every year, this parade is going to get bigger and better," asserted Anthony TX Alderman Benjamin Romero.

**FLAGS** – Serving in the parade's Color Guard were Anthony NM-VFW 4384 members, from left Ralph Ramos, Frank Herrera, Javier Silva, and Rudy Evaro Jr.

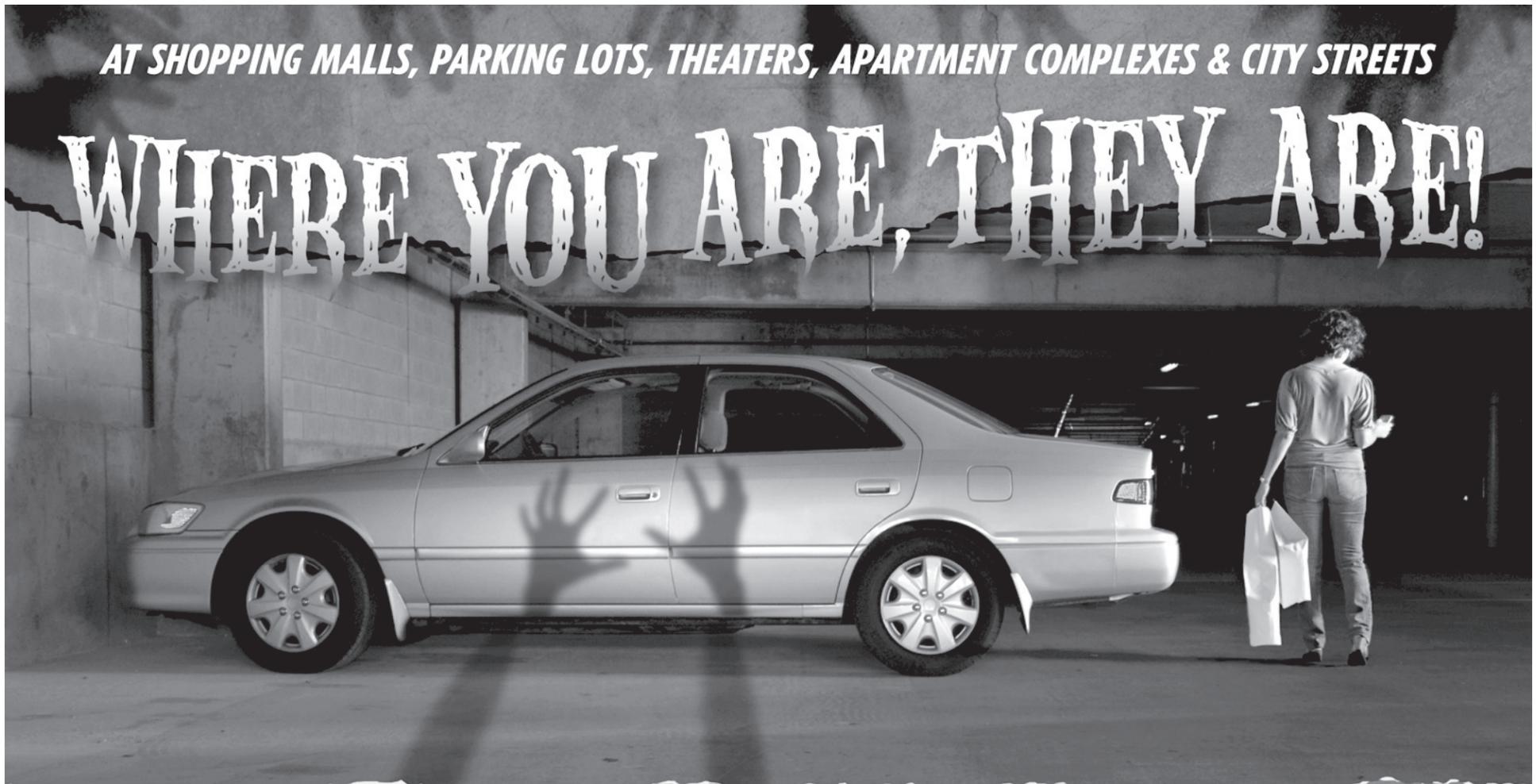


## Fabens native receives award



– Photo by Stephen Slape

David Slape, Jr., a Dallas, TX Fire Rescue (DFR) Officer, was named the John Clark Firefighter of the Year earlier this year. He received the honor during the DFR Annual Awards Banquet. Slape's professionalism, work ethic and service to his community were cited during the presentation. He also has a reputation as a good mentor to younger firefighters. This is the second time Slape has been given this honor. He also received the award in 1991. Slape maintains close ties to Fabens where his mother, Elena Slape, and his siblings still live. Slape and his wife, Kim, have three sons and reside in Ovilla, TX.



**YOU ARE BEING SHADOWED.** But you're not the only one. Every year in Texas, car thieves steal close to 100,000 cars and trucks, and burglarize thousands more. Surprised? Don't be any longer. When you leave your vehicle, **HIDE** your things, **LOCK** your car, and **TAKE** your keys. Remember... **YOU HOLD THE KEY.**



TEXAS AUTO BURGLARY AND THEFT PREVENTION AUTHORITY

# U.S. soccer gets a kick from 2014 World Cup

By Steve Escajeda  
Special to the Courier

Over the last couple of weeks the dominating topic on all the American sports talk shows has been about soccer.

People all around the country were doing the "I believe" chants and wearing anything as long as it was red, white and blue.

This new hybrid American sports enthusiast, "the soccer fan," was glued to the TV set wishing, hoping and praying the United States would pull off victory after victory.

It didn't happen. And when you get right down to it, we all kind of knew it wouldn't happen. But wasn't it cool when it looked like they had a smidgen of a chance.

Of course all this sudden soccer celebrating is surrounding the 2014 World Cup and its worldwide appeal.

The big question when it comes to soccer in this country, is will the fascination last?

In a country that has traditionally treated soccer like one of those, "that's not a real sport" kind of sports, the interest has always

only existed on the fringes.

But there's no doubt that the interest level in this year's World Cup has spiked in the U.S.

Watching parties were assembled all over the country when the American team would take the field. It used to be that the only groups that got together to watch soccer did so at their kid's youth match.

But will the honeymoon evolve into a full-blown marriage?

In my very humble estimation, I say not. I've heard this question being asked since the 1970s.

Every decade, the United States has been "ready" to embrace soccer, only to see the short-lived interest quickly fade as soon as the big tournament is over.

And the same thing will happen this time around.

NFL training camps open in a couple weeks for goodness sake. Do you think anybody will be talking soccer in this country when they see images of Peyton Manning and Adrian Peterson and Tom Brady and J.J. Watt and Tony Romo?

I mean how big is a sport when all you

have to hear is Big Ben or Megatron or Beast Mode or Matty Ice or Revis Island, and know exactly who's being talked about.

There are several reasons why Americans have a hard time with soccer.

The first is the lack of scoring. All American sports (way too much in my opinion) emphasize the scoring part of the game. We love the touchdown and the home run and the thunderous dunk.

And chicks dig the long ball, not scoreless ties.

We get very bored if we have to wait around for the offense to get going. That's why baseball has steadily lost fans over the last few decades. And there is tons more scoring in baseball than in soccer.

Then there's the flopping. I know they flop in the NBA, but not every 37 seconds.

I kind of equivocate soccer to a combination war zone and a revival meeting because I see guys dropping left and right, suffering in agonizing pain and then suddenly, as if touched by the hand of God, are miraculously healed and sprinting back to their position.

Maybe it's just me but I'm not convinced

that miracles come by that often, or that easily.

Another difficult item for Americans to wrap our heads around is the clock.

What's up with the soccer clock counting up instead of down? Is it broken? If time is running out at the end of a soccer match, why does the clock show more time with each passing second?

Then there's the most ridiculous idea in all of sports – stoppage time. Instead of stopping the clock when a player is having one of those "I've been hit" moments down on the field, the clock keeps counting... up.

Then when the game is over, it isn't.

The head official decides that the game will go on for whatever he deems was the amount of time the game was halted without the clock being stopped.

And everyone believes him. They just go with what he says.

Then there are penalty kicks. Heck, why not just decide an NBA game with a free throw shooting contest after a tie.

The recent World Cup was great for America. And we'll continue our love for soccer – in about four years.

## A sporting view By Mark Vasto

### No kidding around

It's hard to adequately describe the impact Jason Kidd has had on the game of basketball since leaving his home in Oakland, Calif., during the fall of 1992.

Considered one of the best high-school players in the country (Kidd was a McDonald's All-American), the oldest child of six didn't fall far from his tree, choosing to play up the hill at UC-Berkeley instead of Kansas, Duke or North Carolina. And while there, Kidd made a

tremendous impact, turning around a moribund Golden Bear squad into NCAA tournament bracket-busters in his first season, ousting Duke.

After failing to advance past the first round the next year, Kidd set his sights on the NBA and went on to score nightly triple-doubles for roughly the next two decades.

He started with the Mavericks, went to the Suns, then the Nets, then back to the Mavericks, then the Knicks, and that's when the

real fun started. There is no doubt that Kidd is one of the finest point guards ever and a shoe-in to make the Hall of Fame. And though his legacy includes two gold medals, three NBA finals appearances, one title (over the vaunted Heat) and too many All-Star games to count (on both hands, at least), he's shown repetition of another sort, too.

Yes, his name is as closely associated with the words "turn around" as the guy in the Bonnie Tyler song "Total Eclipse of the Heart" (good luck getting that song out of your head now). For like Franklin's earworm, the other thing that seems to keep repeating itself with Kidd is a sense of entitlement

and the inability to make nice off the court, particularly with coaches and those who outrank him.

His personal issues and numerous run-ins with the law aside, Kidd is perhaps best known for undermining and killing coaches everywhere he goes. Lou Lampenelli, Cal's former coach, was fired during Kidd's freshman season. Byron Scott – who took the Nets to two consecutive finals – was reportedly screamed at by Kidd in the locker room and suffered a killer mutiny at Kidd's hands. Dick Motta, Jim Clemons, Scott Skiles, Danny Ainge, Avery Johnson, Lawrence Frank... all of them killed by one man: Jason Kidd.

And if he didn't actually do the killing himself, he was always the heavy-hanging smoke around the fiery pit.

But perhaps no move was more treacherous, more flagrant than Kidd's recent move to take over as

Milwaukee Bucks head coach. Kidd made a power grab, trying to oust the Brooklyn Nets general manager so he could run the entire basketball operation after just one season as coach. When he was told no, he demanded the trade from the team he had an ownership stake in and which had retired his jersey just the season before. He backdoored Larry Drew, now ex-coach of the Bucks, and the Nets got two draft picks in exchange.

When you tangle with Jason Kidd, two things immediately happen, particularly if you were a bad team before he got there: You win, and coaches die. That's something every franchise that deals with Kidd has to live with, because the Kidd from Oakland is not kidding around.

Mark Vasto is a veteran sportswriter who lives in Kansas City. (c) 2014 King Features Synd., Inc.

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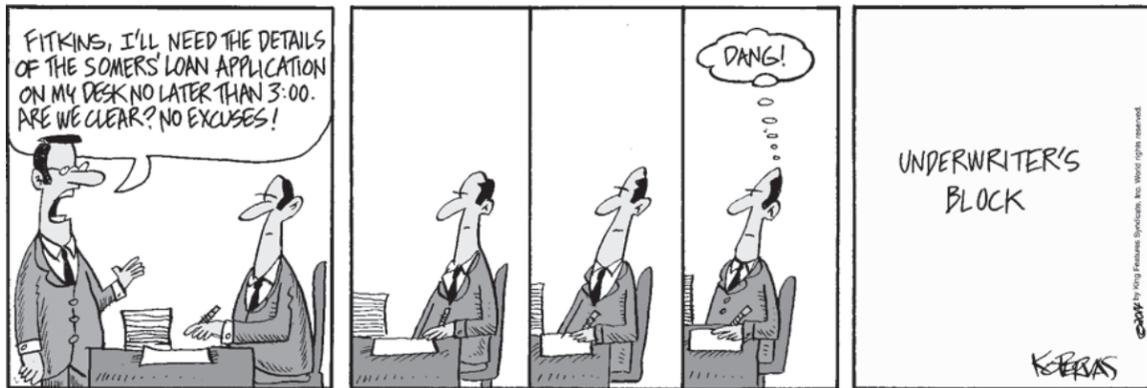
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# Comix

## OUT ON A LIMB By Gary Kopervas



## AMBER WAVES By Dave T. Phipps



## THE SPATS By Jeff Pickering



## R.F.D. By Mike Marland



## Your good health By Keith Roach, M.D.

**DEAR DR. ROACH:** I have information on this syndrome other than that it is rare, caused by a virus or bacteria and affects the autonomic nervous system. What is the autonomic nervous system? Can you provide any information on this condition, if it will progress and what to expect? What kind of doctor treats it? – N.W.

While I think the term "poison" is too strong, I agree that excess sugar is unhealthy and contributes to both Type 2 diabetes and to obesity. Natural sugars, such as from whole fruits, appear to be treated differently in the body from added sugars, such as those in soft drinks, sports drinks and energy drinks.

Your question is about sugar substitutes, and there are many. There's no way to comprehensively cover them all, but let me talk about the different types.

Artificial sweeteners include aspartame (Equal, NutraSweet), saccharin (Sweet'N Low), sucralose (Splenda) and others. Most experts agree that these are safe in reasonable doses, but some people may have unpleasant reactions to any of them. Aspartame and saccharin have been linked to cancer in laboratory animals, but never in humans.

The natural sweetener Stevia also is generally well-tolerated and safe.

Sugar alcohols, such as sorbitol, xylitol and mannitol, raise blood sugars somewhat and often cause cramping, gas and diarrhea if taken in large quantities or by people sensitive to their effects.

So, while all are generally safe, any can cause side effects. I don't recommend any of them above the others, though I have seen reactions to sugar alcohols most frequently.

**DEAR DR. ROACH:** I have been diagnosed with Holmes-Adie syndrome. I cannot find much

The Adie pupil, also called Adie's tonic pupil, is found when the eye loses part of its nerve supply. This causes one pupil to be bigger than the other during light exposure but smaller than the other when looking at objects close up. An Adie's pupil usually occurs without other problems in the autonomic nervous system, but it can occur alongside other problems, such as Ross syndrome, where the Adie pupil is associated with abnormal reflexes and partial loss of sweating. Syphilis causes a similar pupil, but on both sides, in which case a test for syphilis should be done.

An eye doctor can help fit special glasses with one lens that's different from the other to help correct the vision issues that may occur. Fortunately, most cases do not progress.

The booklet on macular degeneration explains another common eye ailment. Readers can order a copy by writing: Dr. Roach – No. 701W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

*Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible.*

*Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). To view and order health pamphlets, visit [www.rbmamall.com](http://www.rbmamall.com), or write to P.O. Box 536475, Orlando, FL 32853-6475. (c) 2014 North America Synd., Inc. All Rights Reserved.*

# Super Crossword

### BLUE LANGUAGE

- ACROSS**
- 1 Slapstick bit
  - 4 Co. that owns MapQuest
  - 7 Shuttle launch org.
  - 11 Oenophile's organizer
  - 19 Arab-war
  - 21 Pallid
  - 22 Have a milky shimmer
  - 23 Certain cabochon-cut gem
  - 25 Wave functions of electrons in atoms
  - 26 Pal of the Lone Ranger
  - 27 Car with a four-ring logo
  - 28 "Alice" spinoff
  - 29 "Each Dawn..." (James Cagney film)
  - 30 Pentagon military group
  - 36 VCR tape successor
  - 38 Sauna locale
  - 39 PC bailout button
  - 40 \_ meal (dine)
  - 41 Cut a crop
  - 43 Muzzle
  - 47 Jimi Hendrix album
  - 52 "Closer to Fine" duo
  - 55 Suited to \_
  - 56 "It's all \_ day's work"
  - 57 Poke lightly
  - 58 Yahtzee

- accessory
- 61 In the future
- 63 Lock partner
- 64 Prefix that negates
- 67 Glum
- 70 Lawn uglifier
- 71 "An Awfully Big Adventure" novelist
- 76 "Gold Dust" singer
- Amos
- 79 General Jeb
- 80 Pay cash for
- 81 Volkswagen convertible
- 84 " \_ you glad you asked?"
- 86 Ritz maker
- 90 "Chicago" role \_ Hart
- 92 Meadowland
- 93 "Castaway" director Nicolas
- 96 Compact car of the 2000s
- 99 Widespread Eurasian duck
- 103 "Rubbish!"
- 104 " \_ it!" ("Aha!")
- 105 "That hurts!"
- 106 Britain's Lord Sebastian \_
- 108 Wagering parlor, briefly
- 110 Miracle- \_
- 111 Long-running Cartoon Network series
- 119 Georgia ex-senator Sam
- 120 Soul singer Des' \_
- 121 Bullring bull

- DOWN**
- 1 Central idea
  - 2 About
  - 3 Pa's pa
  - 4 \_ Fables
  - 5 Ending for pay
  - 6 Cheeky talk
  - 7 Biblical book after Micah
  - 8 Comment in parentheses
  - 9 Sacred spot
  - 10 "Yes" vote
  - 11 "Who's Afraid of Virginia \_?"
  - 12 Start of an objection
  - 13 Put cuffs on
  - 14 Yale alum
  - 15 Eyeball parts
  - 16 Carne \_ (steak dish)
  - 17 Cato's 254
  - 18 Novelist Ken
  - 20 Joker Johnson
  - 24 Bit of butter

- 28 Points where lines meet
- 31 Lhasa \_
- 32 Knelled
- 33 "Bad boy!"
- 34 Despise
- 35 Merman or Mertz
- 36 Imbibe
- 37 Event locale
- 42 Sty animal
- 44 Suffix with planet or fact
- 45 Mentalist Geller
- 46 Mom's skill
- 48 Sensation of taste
- 49 Web \_
- 50 Patella locale
- 51 Unit of 36"
- 53 Basic unit of heredity
- 54 Hebrew, e.g.
- 59 Pen prisoner
- 60 Inner city, informally
- 62 Wonderment
- 65 Surg. sites
- 66 Big Apple daily: Abbr.
- 68 Bro or sis
- 69 University email ender
- 71 Container for recyclables
- 72 Fencing attack
- 73 Sheep's cry
- 74 Certain Wall St. trader
- 75 Greek lamb sandwich
- 76 Soft mineral
- 77 Double-disc cookie

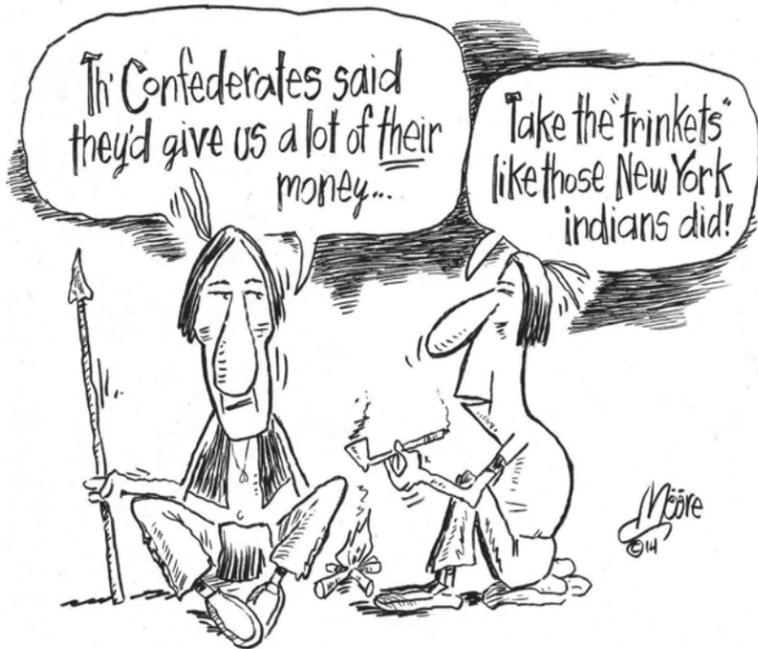
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134																136			137

# MOORE TEXAS

by Roger Todd Moore

July 12, 1861:

The Confederacy signs a treaty with the Choctaw and Chickasaw tribes...wonder if they plied them with worthless Confederate scrip... hmmm...



## GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		×		42
-		+		-	
	+		×		22
×		×		×	
	-		×		25
32		30		25	

DIFFICULTY: ★

★ Moderate ★★ Difficult  
★★★ GO FIGURE!

1 2 2 3 5 6 7 8 9

Answer Page 4

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# Weekly SUDOKU

by Linda Thistle

3			9					2
		8			4	7		
	4	5		2				3
		2		9				1
	5		8					6
7					1	4		
8					7			9
	6		1					4
		4		3		2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging

Answer Page 4

★★★ HOO BOY!

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## Social Security Q&A By Ray Vigil

# Retirement is a big decision

If you believe in going all the way or not going at all, there's a day to celebrate your extreme ways. July 26 is All or Nothing Day. Not a day for the undecided, All or Nothing Day is dedicated to the idea of making decisions and plunging in. Whether it's overcoming an agonizing fear, trying something you've always wanted to try, or making a big decision and seeing it through, All or Nothing Day is your chance to make it happen.

All or Nothing Day is a great day to think about your retirement—whether it's right in front of you or looming on the horizon. When is the right time for you to retire? Choosing when to retire is an important decision, but it's also a personal choice and one you should carefully consider. There is no one-size-fits-all answer. Social Security offers a list of factors to consider in the publication, *When to Start Receiving Retirement Benefits*, available at [www.socialsecurity.gov/pubs](http://www.socialsecurity.gov/pubs).

If you're a young or middle-aged worker, you still have time to ponder that decision. But don't wait to begin saving for your retirement. Start saving now and go in all the way. The more you save, the more comfortable your retirement can be. And remember, Social Security retirement benefits were not

intended to be your sole source of retirement income and planning early will make for a comfortable retirement.

Social Security provides two top-rated online tools to help you plan for your retirement. First is the *Retirement Estimator*, which gives you immediate and personalized retirement benefit estimates. The *Retirement Estimator* is convenient and secure, and lets you create "what if" scenarios. For instance, you can change your "stop work" dates or expected future earnings to create and compare different retirement options. If you have a few minutes, you have time to check it out at [www.socialsecurity.gov/estimator](http://www.socialsecurity.gov/estimator).

Another great tool is your own *my Social Security* account. Here you can get instant estimates of your future benefits and verify that your earnings history is correct with your own, free *my Social Security* account. Visit [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount) and join the millions of people who have already created their accounts to help plan for retirement.

You can get Social Security retirement benefits as early as age 62, but if you retire before your full retirement age (currently age 67), your benefits will be reduced,

based on your age. If you retire at age 62, your benefit would be about 25 percent lower than what it would be if you waited until you reach full retirement age. Find out your full retirement age by using our *Retirement Age Calculator* at [www.socialsecurity.gov/pubs/ageincrease.htm](http://www.socialsecurity.gov/pubs/ageincrease.htm). You may choose to keep working even beyond your full retirement age. If you do, you can increase your future Social Security benefits—up until age 70.

There is one more way that choosing to keep working can increase your benefits. If you receive benefits, and if your latest year of earnings turns out to be one of your highest years, we refigure your benefit and pay you any increase due. For example, in December 2014, you should get an increase for your 2013 earnings if those earnings raised your benefit. The increase would be retroactive to January 2014.

Applying for Social Security retirement doesn't have to be an "all or nothing" decision. Whether you want to retire at age 62, your full retirement age, or even later, you can apply when you feel like it. When you're ready to take that plunge, you can apply online for retirement benefits at [www.socialsecurity.gov](http://www.socialsecurity.gov).

## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: M equals Y

RK DYM FRNNRUI CUWRCUC LP  
VUWPZU VDGUTI, CP MPB  
LFRYG LFURT ZPLLP APBJC VU

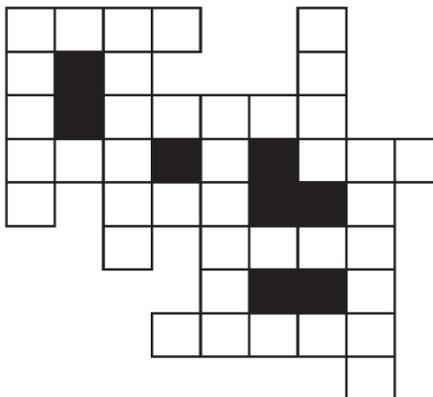
"KJPBT NPAUT"?

Answer Page 4

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- EHR
- HAGNAF
- ATREO
- HIFS
- PREETY
- RYF
- ♥ OTHS
- ♥ POSON
- ♥ UGM
- TRYMOS
- HIFTG
- EHFC



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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Q: My brother recently left me some money. Will this inheritance affect my SSI benefits?

A: We consider the money inherited from your brother as income for the month you receive it. That could make you ineligible for SSI that month, depending on the amount of the inheritance. If you keep the money into the next month, it becomes a part of your resources. You cannot have more than \$2,000 in resources and remain eligible for SSI. You should call Social Security at 1-800-772-1213 (TTY number, 1-800-325-0778) and report the inheritance. Representatives can tell you how the inheritance might affect your SSI eligibility. You can call between 7 a.m. and 7 p.m., Monday through Friday. Find out more about how income and resources affect SSI benefits at [www.socialsecurity.gov/ssi](http://www.socialsecurity.gov/ssi).

## Hunt

From Page 4

hunts. Some categories require no permit fee. There are no application fees or permit fees for youth age 8 to 16 and non-hunting supervising adults on youth only hunts. There are no application or permit fees for the E-Postcard hunts or the U.S. Forest Service Antlerless Deer permits.

To participate applicants will need internet access, and email address, and a credit or debit card. Application deadlines start in August and wrap up in January.

For more information about the new online system and to get started in the application process, visit <http://www.tpwd.state.tx.us/drawn hunts>. For questions contact hunt@tpwd.texas.gov or call (512) 389-4505 between 8 a.m. and 5 p.m. CDT/CST Monday through Friday.