



NEWSBRIEFS

Canutillo ISD candidates

Voters in the Canutillo Independent School District will pick from among five people when they head to the polls on November 4 to select members to the CISD Board of Trustees. The five candidates that will vie for the three at-large positions on the Board of Trustees are Laure Sears, Mary Yglesias, James Tidwell, Stephanie Fietze and Frank Lerma. Two incumbents, Sergio Coronado and Patsy Mendoza, will not seek re-election. Canutillo school-board members serve four-year terms on staggered terms. In 2006, CISD changed its elections calendar to November from May in an effort to increase voter participation.

— Gustavo Reveles Acosta

Fabens ISD candidates

Voters in the Fabens Independent School District will choose from seven people to fill three positions on the Fabens ISD Board of Trustees on November 4. Candidates for Place 1 are Marco Martinez and Marcos Salcido III. Candidates for Place 2 are Adan Escobar, Benjamin Morales and Gustavo "Tavo" Perez. Candidates for Place 4 are Viola Hernandez and Greg Spence.

— Terri Rodriguez

Exert yourself

The older we get, the more likely we are to seek ways of avoiding activities that involve exertion. It's human nature, according to the Association of Mature American Citizens. But, AMAC suggests that we need to overcome inertia and find ways of improving our heart rates and blood sugar levels by developing good exercise habits. Of course, it is important to check with your doctor before beginning any regimen that involves strenuous activities. Perhaps he or she can offer specific "do's and don'ts" that will still let you indulge in an exercise program. In fact, the Centers for Disease Control reports that the number of doctors recommending older adults engage in physical exercise as a means of disease prevention has doubled.

— John Grimaldi

Wanted

A man robs an adult business in Central El Paso and then steals a purse at a restaurant. Security cameras captured the suspect's image and Detectives from the El Paso Police Department are asking for the public's help in identifying this robber through the Crime Stoppers "Crime of the Week." On the night of Tuesday, Sept. 2, 2014, at 8:30 p.m., the

See BRIEFS, Page 6



— Photo by Alfredo Vasquez

UNIQUE FINDS – Mission Valley's premier art and craft sale is in its sixth season at the historic San Elizario art district. Aniceto Luna, a skilled potter, regularly holds demonstrations during the monthly events.

Historic San Eli art district offers array of artworks

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – The Mission Trail Art Market, in its sixth season, is attracting professional artisans from across the region, and they are bringing with them an amazing selection of quality art and craft creations.

The art market, which is held the third Sunday of each month, will have its next gathering, from 11 a.m. to 6 p.m. Sunday,

September 21. The market is held in the heart of the historic town of San Elizario, TX.

The mission trail market, named for its proximity to the three iconic Spanish missions (Ysleta, Socorro, San Elizario) located in El Paso County's lower valley, offers a variety of artworks- from delicate pottery and vibrant jewelry to timeless home accents and seasonal decorations. Moreover, a wide range of original paintings, sculptures, and photographs are available for purchase.

In addition to this Sunday's event, San Eli's upcoming market dates include the Third Annual Native American Cultural Celebration (November 15-16), and the Annual Harvest Market will be held on the Sunday (November 17) before Thanksgiving. Also, the Fourth Annual Christ Kindle Market is scheduled for December 7-8.

The free art market provides an assortment of food concessions, local entertainment, plenty of parking, and is pet-friendly. For more information, call (915) 851-0093.

Museum invites visitors to experience Ancient Rome

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – El Paso Museum of History will present the exhibition, *Julius Caesar: Military Genius & Mighty Machines*, for the first time in the United States. Museum officials announced recently that El Paso will be the premier location in the country to display the unique exhibit.

The showing will open to the public beginning September 21 and be on display through January 10, at the history museum (510 N. Santa Fe St). The public is invited to expand their knowledge on the ancient Roman civilization.

The exhibition features war machines, transportation machines and civil machines, recreated scaled artifacts, digital files of images and computer animations.

"This exhibition brings to life one of the most technologically significant times in the history of mankind and covers an epic period of history, from the triumphant victory of Julius Caesar over the Gaul at the Siege of Alesia in 52 BC to the transformation of Rome from a Republic into the mighty Roman Empire," stated Barbara Angus, a museum official.

The interactive replica machines described by Marcus Vitruvius Pollio in the first century BC in his famous work *De Architectura* were built by the Teknoart specialists under

the auspices of La Sapienza, University of Rome, according to Angus. "The exhibition includes for each machine a metal stand and a glass showcase with rare facsimile replica of

volume and scrolls of the era," she added.

Ticket prices for the exhibit are: \$12 for individuals 6-years-old and up; \$8 for students and active military (with ID), and seniors (62+); \$6 for Groups of 10 people or more; and free for EP Museum of History members and children 5-years-old and under.

An opening reception for the exhibit will be held from 6 to 8 p.m., Saturday, September 20, for museum members. Entertainment, a live performance by Eden Enterprises, live music, and finger foods will be offered during the evening event.

Individuals interested in becoming a museum member, may visit the museum's website at <http://www.elpasotexas.gov/history/support.asp> or contact Angus, at (915) 351-3588. To read more about the upcoming exhibition visit: <http://juliuscaesar.niccolai.com>



— Photo courtesy of Niccolai Group

HISTORY – The bust of Julius Caesar, left, is part of the extraordinary exhibition, *Julius Caesar: Military Genius & Mighty Machines* that will be on display beginning September 21, at the El Paso Museum of History. The exhibition is based on factual evidence, real life accounts, genuine artifacts, and historical scientific discoveries. Through display panels, videos, 3D virtual reality reconstructions and iconic objects from important historical events, myths and legends, the exhibition sets the scenes of Ancient Rome.

Plant a little gossip and you will reap a harvest of regret.

— Quips & Quotes

Notice of Public Meeting To Discuss Fabens Independent School District's State Financial Accountability Rating (FIRST)

The Fabens Independent School District will hold a public hearing at 6:30 p.m., Wednesday, October 15, 2014 in the boardroom of the Fabens ISD Administration Building, 821 NE "G" Avenue, Fabens, Texas.

The purpose of this hearing is to discuss Fabens Independent School District's rating on the state's financial accountability system.

WTCC: 09/18/14 & 09/25/14

Notice of Public Meeting To Discuss San Elizario Independent School District's State Financial Accountability Rating (FIRST)

The San Elizario Independent School District will hold a public hearing at 5:30 p.m., Wednesday, October 8, 2014 in the boardroom of the San Elizario ISD Administration Building, 1050 Chicken Ranch Road, San Elizario, Texas.

The purpose of this hearing is to discuss San Elizario Independent School District's rating on the state's financial accountability system. This meeting will be held in conjunction with the scheduled board of Trustees' Meeting.

WTCC: 09/18/14 & 09/25/14

Archives: www.wtxcc.com

Finances By Jason Alderman

Don't be surprised by retiree healthcare costs

Retirement isn't cheap. Even though you're no longer drawing a paycheck, you still must pay for housing, food, utilities, transportation and healthcare, to name just a few expenses. As prices continue to escalate, it's not surprising that the ages at which people expect to retire – and when they actually do – have crept up in recent years.

Speaking of healthcare costs, here's a number that'll stop you in your tracks: According to an annual Fidelity Investments study of retirement costs, the average couple retiring in 2014 at age 65 is expected to need \$220,000 (in today's dollars) to cover their medical expenses in retirement. Those planning to retire at 62 can expect another \$17,000 in additional annual expenses.

Fidelity's estimate includes Medicare premiums, deductibles, co-payments and other out-of-pocket costs, but notably does not include most dental or vision services, over-the-counter medications or, most importantly, long-term care.

When Fidelity polled pre-retirees aged 55 to 64, 48 percent believed they'd only need \$50,000 to cover their healthcare costs in retirement. That's quite a reality gap.

If you're planning to retire in the next few years and are concerned you haven't saved enough money to cover your healthcare expenses, here's a sampling of what you can expect to pay:

- Medicare Part A helps cover inpatient hospital, skilled nursing facility and hospice services, as

well as home health care. Most people pay no monthly premium for Part A. However, in 2014 there's a \$1,216 deductible for each time you're admitted as an inpatient, plus a \$306 daily coinsurance after 60 days (\$608/day after 90 days).

- Medicare Part B pays toward medically necessary doctor's services, outpatient care, durable medical equipment and many preventive services. It's optional

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Veterans Post By Freddy Groves

Phoenix VA Hospital investigation ends

Earlier this year, a physician whistleblower at the Department of Veterans Affairs hospital in Phoenix said that 40 veterans died while waiting for care. He claimed that schedules were jerry-rigged and falsified. The topic exploded into 225 more allegations in Phoenix and 445 around the country.

The VA Office of the Inspector General began investigations at 93 other facilities. Its report concluded that scheduling problems are "a nationwide systemic problem." The scandal led to the resignation of VA chief Eric Shinseki.

The investigation revealed that in Phoenix alone, 3,500 veterans likely never received an appointment because of falsified wait lists. Patients who were new to the Phoenix area, had recently been in the ER or who'd been hospitalized had difficulty getting appointments.

In detailed case studies, patients waited months with uncontrolled diabetes, waited seven months for a cardiology appointment that would disclose the need for bypass surgery, waited six months for an appointment that would reveal a brain tumor... and more.

Conclusion: Patients encountered obstacles that affected their care and certainly didn't help their overall outcomes.

However, the bottom line in Phoenix is that investigators found no proof that those 40 veterans died because of delays in care.

The OIG came up with a number of recommendations. For example, the health-care facilities will review the detailed case studies for disclosure to patients and families, ensure continuity of mental-health care, make changes to ensure timely access to primary care and establish a process whereby facility directors notify the Under Secretary of Health when the standards aren't met.

To read the whole document, go online to va.gov and search for 14-02603-267, the file number for Review of Alleged Patient Deaths, Patient Wait Times, and Scheduling Practices at the Phoenix VA Health Care System.

Freddy Groves regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send email to columnreply2@gmail.com. (c) 2014 King Features Synd., Inc.

2014 UTEP FOOTBALL



UTEP
VS OLD DOMINION
OCT. 11 | 6 PM

HOMECOMING

TICKETS: 747.5234

MAKE
HISTORY

VOLLEYBALL
SOCCER

EPOSG
GECU
UTEP 80 YEARS

VOLLEYBALL

VS UTSA
SEPT. 22 | 6 PM

VS NORTH TEXAS
SEPT. 26 | 7 PM

SOCCER

VS UNLV
SEPT. 19 | 5 PM

VS NORTHERN ARIZONA
SEPT. 21 | 5:30 PM








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Letter must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The Courier reserves the right not to print letters to the editor or other submitted materials it considers inappropriate.


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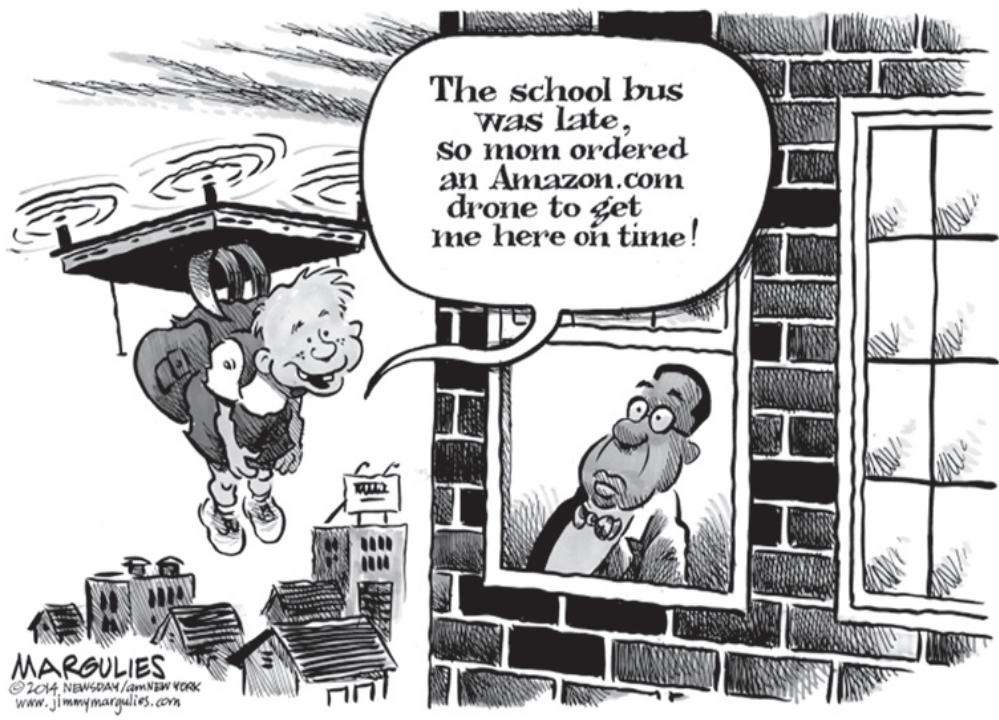
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MEASURED RESPONSE



"AND SOME DAY WE HOPE TO MAKE IT WORK AS A CELL PHONE."

'The Fourth Partition' screened

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – El Paso Museum of History announces the screening and discussion of the film, *The Fourth Partition*, produced and directed by Adrian Prawica. The screening will be from 12 to 1 p.m., Saturday, September 20, at the history museum (510 N. Santa Fe Street). The event is open and free to the public.

The film screening is in conjunction with the current museum exhibit, *The U.S in Polish Historiography and Periodicals from 1764-1919*, which will be on display until Sunday, September 28.

The Fourth Partition weaves together Polish and American history focusing on the economic and political reasons of the influx of four million Poles to the United States between

1870 and 1920. Settling in industrialized Chicago neighborhoods, the film examines the Polish immigrant and their contributions to their community, as well as their aide in helping Poland fight for independence during WWI.

Prawica is a director, cinematographer, film editor, screenwriter and producer. Born in Lodz, Poland and immigrated to the USA at the age of 10. Prawica graduated with a B.A. from Loyola University of Chicago. He started his career in event videography and public access television and then moved into advertising and documentary work at the age of 25. *The Fourth Partition* is his debut as a director.

For more information and to reserve a seat, contact the El Paso Museum of History Educator Jaime Knoedler, at (915) 351-3588 or send email to knoedlerjm@elpasotexas.gov.

It's the law By Texas AG Greg Abbott

Preventing bullying and cyber-bullying

Parents, educators and law enforcement officials are increasingly recognizing that bullying is a serious problem that can pose a real threat to a child's well-being.

Young victims of bullying can suffer long-term consequences that haunt them long into adulthood. A research study published in 2013 showed that 19 to 26-year-olds who were affected by bullying as children are four times as likely to have been charged with a felony as adults. For the perpetrators, bullying can cross the line and become a criminal violation with lifelong consequences.

Bullies typically choose their victims based upon a particular vulnerability or a specific trait. Some simply choose victims randomly. For example, a bully may target a child because of the child's height or academic successes. To intimidate their victims, bullies rely upon a variety of harmful behaviors such as hitting, teasing, threatening, spreading rumors, damaging belongings, and excluding others from social groups.

In an increasingly electronic world, cyber bullies rely on technology to torment others. Cyber bullying occurs when teenagers use the Internet, cell phones, or other devices to send or post texts or images that are intended to hurt or embarrass their victims. Put differently, cyber bullies may attempt to destroy or smear a victim's reputation with emails, blogs, forum posts, text messages, and other electronic media.

Bullying situations often involve seemingly powerful aggressors and victims who feel helpless. Sadly, some students who suffer bullying at school may believe that violence is the only way to defend themselves – but it is not. Texas law allows bullied students' parents to request that their children be transferred to another classroom or school. The law also requires that all schools display a student code of conduct that imposes disciplinary consequences for young bullies.

Parents and students alike should be aware that some instances of cyber bullying can cross the line and become criminal conduct. Texas law defines criminal harassment as "sending repeated electronic communications in a manner reasonably likely to harass, annoy, alarm, abuse, torment, embarrass, or offend another." Texas teenagers who suffer from cyber bullying or harassment should save all communications from a bully and

report those threatening or hurtful messages to a parent, teacher, law enforcement officer, or other trusted adult.

By working to prevent young Texans' bullying, harassment and intimidation, adults can help protect young people and make our communities safer. Parents and teachers are often best poised to build a child's self-confidence and teach the student how to peacefully resolve their problems. Parents and school personnel should always take bullying seriously so that children are not embarrassed or afraid to tell adults that they have been bullied.

To help children deal with bullies, parents should work to bolster children's self-assertiveness and self-esteem. They should also teach their children to solve problems without resorting to violence. Victims of bullying should be taught that they should immediately report the bully or cyber bully to an adult.

Parents should also teach children that if they witness bullying, there are positive steps to end a potentially dangerous situation and help the victim. Witnesses must not watch or encourage the bully, since bullies typically desire an audience. Instead, witnesses and bystanders should go to the victim's aid if it is safe to do so and report the incident to an adult. Parents who observe any bullying should take action to stop it right away – even if their own child is responsible for the bullying.

To ensure children and teenagers know how to safely resolve a bullying incident, parents and teachers should teach students to:

- Report to an adult any type of bullying – including theft, physical attacks, online harassment, abusive text messages, etc.
 - Protect themselves and others. Young Texans should follow rules and stay out of trouble, avoid gangs, walk to school with friends, and be aware of their surroundings.
 - Be cooperative and respectful. Conflict resolution exercises, parental involvement in school or summer activities, and spending time with family can help offer children opportunities to experience appropriate social interaction with their peers.
- Together, parents, children, teachers and law enforcement authorities can help prevent bullying and cyber bullying, reduce crime and build a brighter future for all Texans.

To Advertise Call 852-3235

Finances

From Page 2

and has a \$104.90 monthly premium (although higher-income people pay more). There's a \$147 yearly deductible, after which you're responsible for 20 percent of Medicare-approved service amounts, provided the doctor/

provider accepts Medicare. Note: There's no annual limit for out-of-pocket expenses.

- Medicare Part C (Advantage) plans are offered by private insurers as alternatives to Parts A and B. They're usually structured like HMO or PPO plans. Most cover prescription drugs (so Part D is unnecessary) and some also provide dental and vision

coverage. You must use the plan's doctor, hospital and pharmacy provider networks, which are more restrictive than under Parts A and B.

- Advantage plan costs vary considerably, based on factors such as annual out-of-pocket maximums, monthly premiums, co-payments and covered medications. Some Advantage plans cost no more than

Part B, while others have a higher premium (to account for drug and other additional coverage).

- Medicare Part D helps cover the cost of prescription drugs. It's optional and carries a monthly premium. These privately run plans vary widely in terms of cost, co-payments and deductibles and medications covered. The 2014 national average monthly premium is about \$32, although plans can cost up to \$175 a month. Plus, higher-income people pay an additional surcharge. You may not find a plan that covers all your medications, but aim for one that at least covers the most expensive

drugs.

Use the Medicare Plan Finder at www.medicare.gov to compare Part D and Advantage plans in your area. To learn more about how Medicare works and what it does and doesn't cover, read "Medicare & You 2014" at the same website.

Bottom line: Even though Medicare does pay a significant portion of retiree medical care, make sure that when you're budgeting for retirement you take into account the many out-of-pocket expenses you're likely to encounter.

Jason Alderman directs Visa's financial education programs.

Public Notification of Nondiscrimination in Career and Technology Programs at Fabens ISD

1) Fabens Independent School District offers career and technology education programs in Home Economics, Business Education, Drafting, Graphic Arts, and Automotive Technology. Admission to these programs is based on courses offered, age appropriateness, class space available, and individual graduation plans.

2) It is the policy of Fabens Independent School District not to discriminate on the basis of race, color, national origin, sex or handicap in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973, as amended.

3) It is the policy of Fabens Independent School District not to discriminate on the basis of race, color, national origin, sex, handicap or age in its employment practices as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended.

4) Fabens Independent School District will take steps to ensure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs.

5) For information about your rights or grievance procedures, contact the Title IX Coordinator / Section 504 Coordinator: Gilbert Alarcon, 208 N.E. 4th St., (915) 765-2600.

Notificacion Publica de no Discriminar en los Programas de Carrera y Tecnologia de Fabens ISD

1) El Distrito Escolar Independiente de Fabens ofrece programas vocacionales en Carrera y Tecnología en Economía Domestica, Educación de Negocios, y Mecánica. La admisión a estos programas se basa en registrado en la escuela de Fabens y completar los requisitos necesarios.

2) Es norma de El Distrito Escolar Independiente de Fabens no discriminar por motivos de raza, color, origen nacional, sexo, o impedimento, en sus programas, servicios, o actividades vocacionales, tal como lo requieren el Título VI del Acta de Derechos Civiles de 1964, que fue enmendada, Título IX de las Enmiendas Educativas de 1972, y la Sección 504 de la Acta de Rehabilitación de 1973, como enmendada.

3) Es norma de El Distrito Escolar Independiente de Fabens no discriminar por motivos raza, color, origen nacional, sexo, impedimento o edad en sus procedimientos de empleo, tal como requieren el Título VI del Acta de Derechos Civiles de 1964, según enmienda, Título IX de las Enmiendas Educativas de 1972, la Ley de Discriminación por Edad de 1975, según enmienda, y la Sección 504 de la Acta de Rehabilitación de 1973, según enmienda.

4) El Distrito Escolar Independiente de Fabens tomará las medidas necesarias para asegurar que la falta de habilidad en el uso de la lengua inglés no sea obstáculo para la admisión y participación en todos los programas vocacionales y educativos.

5) Para más información sobre sus derechos y procedimiento para quejas, comuníquese con el Coordinador del Título IX / Coordinador de la Sección 504: Gilbert Alarcon, 208 N.E. 4th St., (915) 765-2600.

WTCC: 09/18/14

To Advertise Call 852-3235

Fabens Independent School District Public Notice of Non-Discrimination

It is the policy of the Fabens Independent School District to prohibit discrimination on the basis of race, color, national origin, gender or any person who has a disability in the admission or access to programs, delivery of services or employment.

The Fabens Independent School District is fully committed to meeting its responsibilities as specified by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; prohibiting sex discrimination, Section 504 of the Rehabilitation Act of 1973, as amended; the Age Discrimination Act of 1975, as amended; and the Americans with Disabilities Act (ADA).

Inquiries concerning your rights may be referred to Gilbert Alarcon, P.O. Box 697, Fabens, TX 79838. Phone: (915) 765-2600. Fax: (915) 764-3115.

Notificacion Publica

Es la norma de conducta de el distrito escolar de Fabens prohibir la discriminación a base de raza, color, origen nacional, sexo o deshabilidad en la admisión o el acceso a programas, entrega de servicios o empleo.

El distrito escolar de Fabens esta comprometido a cumplir con las responsabilidades especificadas por el Título VI del Acta de Derechos Civiles de 1964, como enmendado, el Título IX de la Enmienda de Educación de 1972, como enmendado, que prohíbe la discriminación sexual, la Sección 504 del Acta de Rehabilitación de 1973, como enmendado, la Ley de Discriminación por Edad de 1975 como enmendado, y el Acta de Americanos con Deshabilidades.

Para información tocanta a sus derechos comuníquese con Gilbert Alarcon, P.O. Box 697, Fabens, TX 79838. Phone: (915) 765-2600. Fax: (915) 764-3115.

WTCC: 09/18/14

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CryptoQuip Answer

When somebody has no more eyebrow hairs left to pull, I reckon you'd say he's out of pluck.

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PUBLIC NOTICE TO ALL INTERESTED PERSONS AND PARTIES:

The *West Texas County Courier* will publish two editions early. The October 9 and October 16, 2014 issues will go to press on Monday, October 6, 2014. All material for these publications must be submitted to the *West Texas County Courier* no later than Thursday, October 2, 2014. The *West Texas County Courier* office will close beginning Thursday, October 2, 2014. The office will open again on Monday, October 20, 2014.

Fabens Independent School District SPECIAL EDUCATION SERVICES

Fabens Independent School District provides the following educational program/services to identified children with disabilities who reside within the district beginning on the third birthday through age twenty-one.

Instructional Program: including Early Childhood (beginning on the third birthday through age five), 1) Resource (grades K-12) and Self-Contained (grades K-12); 2) Diagnostic Services; 3) Transportation Services; 4) Speech Therapy; 5) Counseling Services; 6) Adaptive Equipment Services; 7) Physical Therapy; 8) Occupational Therapy; 9) School Health Services; and 10) Homebound Services.

Services are provided to identified auditory and visually impaired children who reside within the district from birth through age twenty-one.

In compliance with the Family Educational Rights and Privacy Act of 1974 and Public Law 105-17, parents and adult students have the right to inspect educational records. District policy FL provides for record access, confidentiality, and complaint procedures.

If you would like more information or know of a child with disabilities who is not receiving educational services, please contact: Richard Ortega, Special Education Director, P.O. Box 697, Fabens, Texas 79838, (915) 765-2690.

El Distrito Escolar de Fabens SERVICIOS DE EDUCACION ESPECIAL

El distrito escolar de Fabens provee los siguientes programas/servicios educacionales a niños que son identificados como deshabilitados que viven dentro del distrito comenzando con el tercer cumpleaños hasta los 21 años.

Programa de instrucción: infancia temprana (comenzando con el tercer cumpleaños hasta la edad de cinco años), 1) cuarto de recurso (K-12), y clases contenidas (K-12); 2) servicios diagnósticos; 3) servicios de transportación; 4) terapia de habla; 5) servicios de consejo; 6) servicios de equipaje adaptivo; 7) terapia física; 8) terapia ocupacional; 9) servicios de salud escolar; y 10) servicios de clases en el hogar.

Se provee servicios a niños identificados como deshabilitados audible y visualmente que viven dentro del distrito desde nacimiento hasta la edad de 21 años.

Conforme al Acto de Derechos y Confidencia Educacionales de Familia de 1974 y Ley publica 105-17, padres y alumnos adultos tienen el derecho de ver los archivos educativos. Poliza FL explica los derechos, la confidencialidad, y el proceso para quejarse.

Si usted desea más información o sabe de un niño/niña deshabilitado que vive en el distrito escolar de Fabens que no está recibiendo servicios educacionales, favor de comunicarse con: Richard Ortega, Director de Educación Especial, P.O. Box 697, Fabens, Texas 79838, (915) 765-2690.

WTCC: 09/18/14

Public Notice Fabens Independent School District

SECTION 504 SERVICES

The Fabens Independent School District provides the following educational services/options to identified disabled students who reside within the district.

- ◆ Child find activities to notify students with disabilities and their parents of their rights and the district's obligation to provide a free, appropriate public education.
- ◆ Referrals to Sections 504 when it is believed the students have a physical or mental impairment that substantially limits one or more major life activities and the students are in need of educational accommodations.
- ◆ Procedural safeguards under Section 504.
- ◆ Evaluations of students to determine eligibility for the Section 504 program.
- ◆ Placement into the Section 504 program, which means the student may receive:
 - ✓ individually planned modifications in the regular classroom,
 - ✓ transportation services to and from school,
 - ✓ health services from the school nurse,
 - ✓ accommodations regarding access to any part of the campus, or
 - ✓ assistance in reading for students with dyslexia in a reading program which meets the state's standards for a dyslexia reading program.
- ◆ Special education services are available to Section 504 students, if the students qualify for one of the specific disabilities under special education.

If you would like more information or know of a disabled child who is not receiving educational services, please contact Gilbert Alarcon, Section 504 Coordinator, P.O. Box 697/821 NE "G" Avenue, Fabens, TX 79838, (915) 765-2600.

SERVICIOS DE LA SECCION 504

El distrito escolar independiente de Fabens provee los siguientes servicios/ opciones educacionales a los estudiantes con discapacidades identificados que residen dentro del distrito.

- ◆ Actividades para encontrar a niños para notificar a los estudiantes con discapacidades y a sus padres de sus derechos y de las obligaciones del distrito a proporcionar una educación pública que sea gratuita y apropiada.
- ◆ Referimientos a la Sección 504 cuando se cree que el estudiante tiene una discapacidad mental o física que limita substancialmente una o más actividades vitales importantes y los estudiantes necesitan modificaciones en su educación.
- ◆ Derechos legales garantizados bajo Sección 504.
- ◆ Evaluaciones de estudiantes para determinar si califican para el programa de la Sección 504.
- ◆ Colocación dentro del programa de la Sección 504, lo que significa que el estudiante puede recibir:
 - ✓ modificaciones en el salón de educación regular planeadas individualmente,
 - ✓ servicios de transporte para la escuela y para atrás,
 - ✓ servicios de salud por la enfermera de la escuela,
 - ✓ cambios que garanticen el acceso a cualquier parte de la escuela,
 - ✓ ayuda en lectura para estudiantes con dislexia en un programa de lectura que cumpla con los requisitos que pide el estado a un programa de lectura de dislexia.
- ◆ Se ofrecen servicios de educación especial a los estudiantes Sección 504, si los estudiantes califican para una de las discapacidades específicas bajo educación especial.

Si usted desea más información o conoce a niños con discapacidades que no están recibiendo servicios educativos, por favor comuníquese con Gilbert Alarcon, Coordinador de la Sección 504, P.O. Box 697/821 NE "G" Avenue, Fabens, TX 79838, (915) 765-2600.

WTXCC: 09/18/14

Violence off field of play sparks national discussion

By Steve Escajeda
Special to the Courier

What an opening couple of weeks in the NFL.

The hits, the punishment, the taunting, the trash talking, the finger pointing, the unnecessary roughness, the unsportsmanlike conduct... and we haven't even brought up any of the actual play on the field yet.

And I'll bet you thought concussions were the NFL's biggest problem.

I can't remember a time in my life where so much talk surrounding the league originated from all the action off the field.

When George Orwell wrote 1984 I guess some of us thought some segments of it could come true, but it's pretty clear that it's here in full force.

In the novel Orwell writes about a country where everyone is being watched and monitored at all times. And one wrong move or word or thought could lead to your demise.

People were encouraged to turn in anyone who didn't tow the line and the idea of any independent thought was not only discouraged,

it was outlawed.

And that brings us to the media's latest feeding frenzy.

The Ray Rice situation is about as bad as it gets. Getting mad at your significant other is nothing new. In fact, today, any relationship that lasts for a significant amount of time gets a round of applause.

But there is no more cowardly act for a man than to hit a woman, who usually is about half his size to begin with.

And for many guys, that's why they do it – because they can. You'll never see them, as the saying goes, pick on somebody their own size.

But the cast of characters who have now become synonymous with the Ray Rice elevator incident keeps growing.

First there is NFL Commissioner Roger Goodell, who many people blame for everything concerning the league.

Goodell came under fire, understandably, for giving Rice a light two-game suspension for what we all knew was a knockout punch of his then-girlfriend.

When TMZ (who uncovers more things than the CIA by the way) released the "inside the elevator" video, Goodell suspended Rice

indefinitely.

Now the big question is did Goodell watch the disturbing video months ago and still only hand out a two-gamer. He says he never saw it until recently.

An investigation will reveal what the truth is but in the court of popular opinion, somehow Goodell has emerged as a bigger villain than Rice.

But when a scandal of this magnitude hits the fan, it's amazing how many people are eager to prove their mental mediocrity.

I feel sorry for Indiana Pacers forward Paul George, who suffered a devastating leg injury and will miss next season. The really bad news is that his fingers are functioning well enough to send stupid tweets.

Like the one where he basically said that if a woman behaves, she won't get hit, and he said Rice should be able to play immediately.

Of course, George has issued the obligatory apology (because he had to) and says he doesn't condone hitting women.

The National Organization for Women president Terry O'Neill has asked for Goodell's resignation.

What puzzles me is that NOW hasn't asked anything of the actual perpetrator, Ray Rice,

or of the police, who never charged Rice with anything.

And how about the Ravens fans, especially the women, who showed up in droves at the Thursday night game wearing Ray Rice jerseys in support of the guy who hauled off and knocked his girlfriend unconscious with one punch.

I guess as long as you can score a touchdown, the rules of decency and respect and law can be thrown out the window.

But the most embarrassing conduct stemming from this incident has come from the sports media.

They aren't trying to report the incident, they're trying to steer it in certain directions.

ESPN just got all kinds of negative publicity for falling all over themselves over-hyping the whole Michael Sam story.

Now they're asking every guest they can whether Goodell should be fired? They spend almost no time talking about Rice, who actually committed the horrible act.

If Goodell lied about the video and is trying to cover it up, he should be fired.

But let's wait until we find out.

If the players all say they should have due process – then so should he.

A sporting view By Mark Vasto

Feet of clay

Let's imagine a world where guys like Ray Rice really mattered to the average person. If ever there was such a place, it was Piscataway, N.J. Rice, you see, used to be the town's favorite son and was the poster child whose smiling visage once adorned the pillars of Rutgers Stadium.

Now he is the poster child for domestic abuse in America.

At first, the town didn't want to believe what they had heard, that

Rutgers' all-time greatest running back – a Super Bowl champion, Pro Bowler and All-American – had cold cocked his fiancée in an Atlantic City elevator. That he dragged her unconscious body out through the lobby as attendants watched and did nothing.

"He was the nicest guy," came the refrain from the sports bars of Manalapan, Spotsboro and Edison. "He'd do anything for you!"

While the Giants were getting beaten up on "Monday Night Football," restaurant workers paused to gather around the manager's smartphone so they could see the video of Rice beating a woman senseless. Even the idiots who first said, "What? Did she hit him first?" came away shaking their heads. "That's not right."

Neither was the way the NFL had handled the situation up to that point. The guy who was booked last March on charges of third-degree assault hardly had the book thrown at him by Roger Goodell or the Ravens ownership. They suspended the guy for two games. One game for every punch he landed in the

elevator.

Seeing, as they say, is believing, and that video took the very real problem of domestic violence out of the elevators, out of the kitchens, out of the bedrooms and basements, parking lots, and most notably, it took Rice out of the locker room.

Some will say that was important because it led to real change. The NFL would go on to suspend Rice "indefinitely" and institute new rules. Penalties against players – convicted or not – now will now be a six-game suspension for a first offense and a banishment of at least one year for a second offense. Also, they will undergo some sort of "training."

Of course, it doesn't go far enough. What are we teaching kids who go to games, wives at tailgate parties, fans rooting for their teams when they see guys like Rice take the field? What message does it

send when the camera pans to guys like Michael Vick, who oversaw the torture of animals in his basement for years? That it's OK to do those things if you can move the ball downfield?

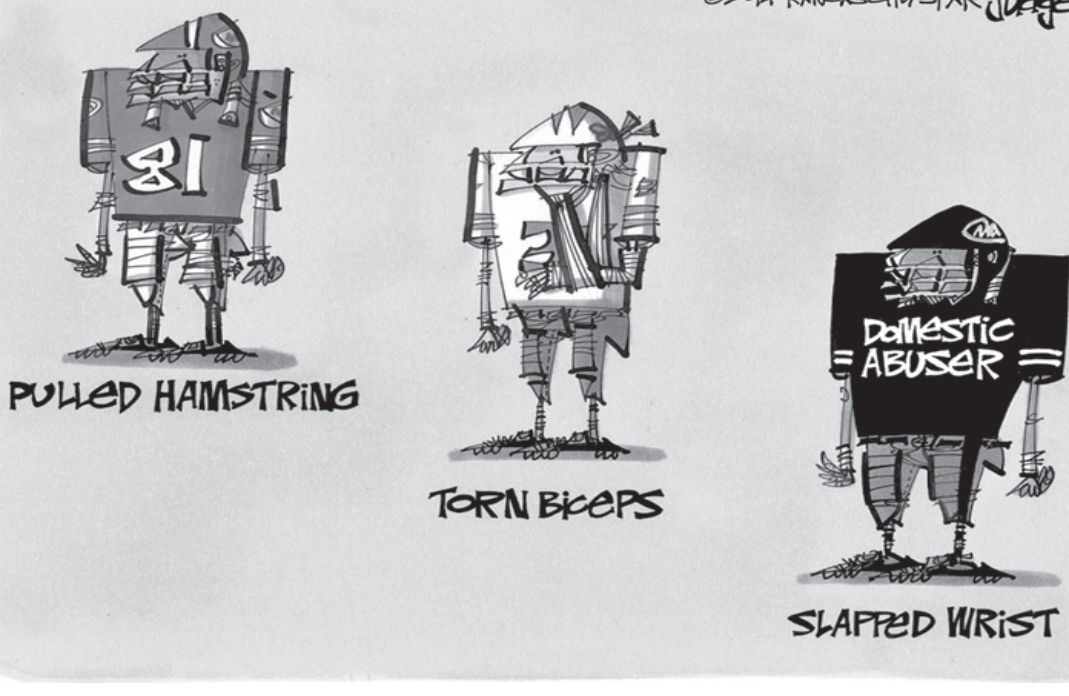
The real message, as always, has to come from the ultimate authority in cases like this, and I'm not talking about commissioners, judges, clergy or team owners. The last time I checked, the rules had already been made quite clear: Love thy neighbor. It's that simple, but it's not easy.

Demand more from your teams and those around you. Demand good character. In the end, common sense and humanity should prevail, and the only way it will is if you have the will to say something about that too.

Mark Vasto is a veteran sportswriter who lives in Kansas City. (c) 2014 King Features Synd., Inc.

NFL INJURIES

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WTCC: 09-18-14

COMPOST

Rampion Organic Compost offered to public Saturday morning, September 27 (9 to 11AM) \$30

per truck bed (approx. 1 cubic yard). Bring your own containers for smaller quantities. Cash only. I-10 West between Vado and Mesquite exits. (915) 203-8898.

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Briefs

From Page 1

suspect walked into the "Venus Adult Video" located at 4812 Montana. The suspect demanded money from the register, and after the employee was unable to open the register, the suspect



Do you know him?

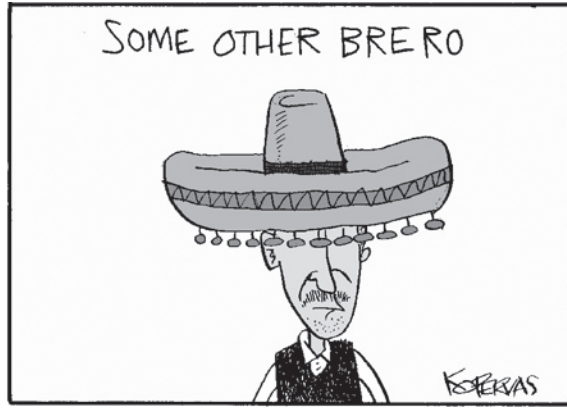
grabbed the victim's purse and began struggling with the clerk over the purse. The suspect punched the female clerk in the chest and managed to take the purse away. The suspect fled the scene in a blue 4-door Pontiac Grand Am. The suspect then went to the Subway Restaurant located at 1830 Montana. The suspect while inside, takes the purse of a customer and runs out the door. The suspect is described as a white male, 30 to 35 years of age, blonde hair, blue eyes and approximately six feet in height. Anyone with any information on the identity of this robber is asked this case is asked to call Crime Stoppers of El Paso immediately at 566-8477 (TIPS), on-line at www.crimestoppersofelpaso.org or you can send a text message by entering the key word "CRIME1" (no space and include the quotation marks) plus your tip information, and text it to CRIMES (274637).

– Javier Sambrano

Archives: www.wtxcc.com

Comix

OUT ON A LIMB By Gary Kopervas



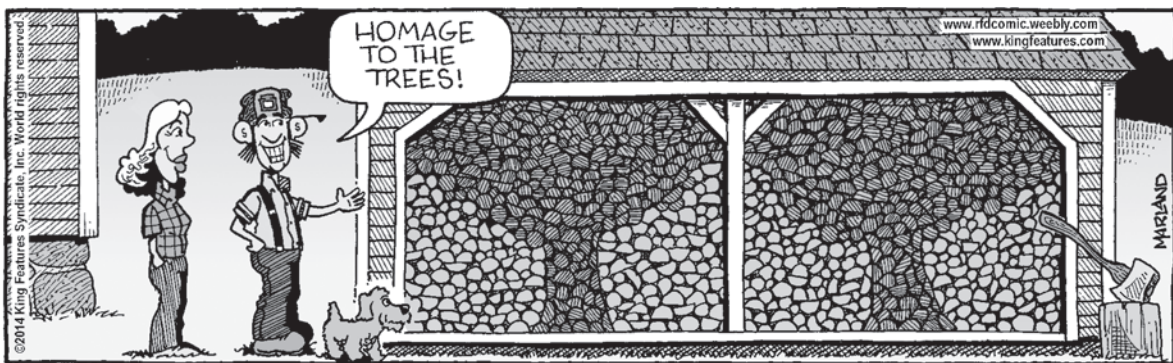
AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



Your good health By Keith Roach, M.D.

DEAR DR. ROACH: *Traveling for a length of time – say, six hours or more – on a train, bus or plane makes me rather tired. Others I discussed this with have had similar experiences. I find this strange, because for most of the travel time I am sitting doing nothing but reading or daydreaming. My question is: Do physiological changes taking place in the body brought on by the long period of sitting while in transit account for the fatigue, or is it simply mental boredom?* – R.S.

five minutes. Products that sit on the shelf for a long time lose their vitamins. As a student in organic chemistry, I did an experiment to find how much vitamin C was in certain products. Fresh fruits and vegetables (especially red bell peppers) had a great deal. A canned juice purportedly high in C had none at all. Even vitamin C tablets had lost 20 percent of their stated value even before their expiration date.

Orange juice containers will swell if bacteria in the juice release gas, at which point it should (obviously) be discarded. However, I wonder if the swelling in five minutes has to do with the air in the carton expanding due to the relative warmth of the air compared with the refrigerator.

I think it's both mental and physical. Prolonged sitting recently has been shown to put people at increased risk for heart disease, as well as the known risk of blood clots. Getting up and walking around is always a good idea physically, and might help mentally as well.

More than simple tiredness, chronic fatigue syndrome is all-encompassing. The booklet on it explains the illness and its treatment. To obtain a copy, write: Dr. Roach – No. 304W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. ROACH: *I keep getting little black splinters under my fingernails that disappear on their own. I also have little black splinters under both of my big toenails that have not disappeared and have been there for a while. What is this?* – D.F.

These sounds like splinter hemorrhages. The most common cause of these is trauma to the nail bed, but some dermatologic conditions can cause this as well, such as psoriasis and lichen planus. However, the most worrisome (but unusual) condition is infective endocarditis, an infection of the heart valves. Any fever or fatigue should be promptly evaluated by an internist.

DEAR DR. ROACH: *Orange juice was a staple for breakfast when we were growing up. Mom would say, "Hurry up and drink your orange juice before it loses its vitamins." I've noticed that when a carton of OJ is left out for even five minutes, it swells up, apparently due to some pretty volatile organic compounds. I've learned through the years that Mom was usually right. Was she right again?* – M.E.K.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to P.O. Box 536475, Orlando, FL 32853-6475. (c) 2014 North America Synd., Inc. All Rights Reserved.

Mom was partially right. Orange juice will lose its vitamins over time, especially if it gets warm. But that doesn't happen in

Super Crossword

PLUS FOURS ACROSS

- 1 Hank Williams' "___ at the Moon"
- 7 Office tablets
- 15 Bichon ___ (dog breed)
- 20 Capital ESE of Istanbul
- 21 Added for good measure
- 22 Gillette razors
- 23 Barbershop group trying very hard?
- 25 Oreo's filling
- 26 Cher and Madonna, e.g.
- 27 "Tell ___ was dreaming!"
- 28 Actress Davis
- 29 Universal donor blood type, briefly
- 30 Google a synonym for "trembling"?
- 35 Musical sign
- 38 Nepali, e.g.
- 40 Uncle's mate
- 41 Employer of spies: Abbr.
- 42 "Rain Man" star is dormant in the summer?
- 47 Pt. of NCAA
- 48 Bozo
- 49 Tiny power source
- 50 Saddler's tool
- 51 Try to rip open
- 53 Ukraine city
- 55 "Kaboom!"
- 58 The Donald's first wife, after being canonized in Spain?
- 61 Church offshoots
- 62 Levi's fabric
- 64 Itty-bitty
- 65 Noted Deco artist
- 66 Part of a sentence written in script?
- 69 Carpet cleaners, in brief
- 73 Seasoned rice dish
- 75 Bible song
- 76 Singer with the 2009 #1 hit "Tik Tok"
- 77 Eve's jubilant cry after a hurricane hit Eden?
- 82 Chorus bit
- 83 Dog variety
- 84 Apia native
- 85 Gas suffix
- 87 Bygone ruler
- 89 Govt. rule
- 90 Flower part
- 91 Response to the aroma of good food?
- 97 Poetic "always"
- 98 Roman 2,002
- 99 Pro at transcription
- 100 Corrosive alkalis
- 101 Attorney specializing in petty cases?
- 105 Sitar player
- Shankar
- 108 Squirrel's bit
- 109 Ripper Ripken

DOWN

- 1 Lockable fastener
- 2 Unfooled by
- 3 Old TV's "___ in Cincinnati"
- 4 Pink-slipped
- 5 "The Empire Strikes Back" director
- 6 Easily duped
- 7 Cosmo and GQ, e.g.
- 8 Atty.'s title
- 9 Egyptian ___ (cat breed)
- 10 Ardor for Bush's successor
- 11 Careful studier
- 12 Shenanigan
- 13 Payable now
- 14 Mach 2 jet
- 15 Come out of denial
- 16 Title for high eccl. officials
- 17 "Fame" star
- 18 Good ___ (helpful sort)
- 19 Suffix with Canton
- 24 1998 Olympics site
- 28 Rifle rack
- 30 Female sib
- 31 Enjoy dinner
- 32 Fez, for one
- 33 Doris Day's "___ Sera, Sera"
- 34 Ukraine city
- 35 Opt
- 36 Dump truck filler
- 37 Outcome
- 39 USMC motto
- 43 Bulk
- 44 ___ loss
- 45 Cars called Bugs, e.g.
- 46 Pie ___ mode
- 47 Ex-admiral, say
- 52 "___ for Evidence" (Grafton novel)
- 54 She's not a birth parent
- 56 Put ___ (hoaxes)
- 57 Rival of PlayStation 3
- 59 Science journal language
- 60 Tenure
- 62 Two-part
- 63 Series VIP
- 66 Tribal group member
- 67 N.C. hours
- 68 Serious fight
- 70 In error
- 71 Tilsit or feta
- 72 GIs' drill leaders
- 74 "When ___ door..."
- 76 "The King and I" co-star Deborah
- 77 Useful quality
- 78 Span between two calendar spots
- 79 Café ___ (where Ilsa says "Play it, Sam")
- 80 Rock guitar great Steve
- 81 Ltr. enclosure
- 83 Small pouch
- 86 Problem-free existence
- 88 Slept noisily
- 92 Feel lousy
- 93 Like Abner
- 94 GPS display
- 95 "___ out!"
- 96 Snobbery
- 98 2006 Oscar winner Helen
- 102 "Presto!"
- 103 Owing much land
- 104 Declined
- 106 Old Olds
- 107 Clamps
- 110 Felt pity (for)
- 111 Threesome
- 112 Minus
- 113 90 degrees from sur
- 114 Bucket wood
- 115 "___ for Cookie"
- 116 Toothpaste box abbr.
- 117 Coq au ___
- 118 Hatchet, e.g.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19			
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122																					124

MOORE TEXAS

by Roger Todd Moore

Taylor Texas has a rattlesnake sacking contest every year...and you get points deducted if you get bit.

Quit messin' around!
That's costin' us points!



GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		10
+		×		+	
	×		+		22
×		-		÷	
	-		×		9
21		4		5	

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

1 1 2 3 4 6 7 8 9

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Answer Page 4

Weekly SUDOKU

by Linda Thistle

7	9		2					4
1					5	2		
		5		3				9
		1		7		8		
	3				1			9
2			8					4
		4		5		6		
5			6					1
	8				7			3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging

Answer Page 4

★★★ HOO BOY!

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Social Security Q&A By Ray Vigil

Social Security benefit verification

Need verification of your Social Security benefits? There's no need to visit or call an office to get the verification you need. Simply visit www.socialsecurity.gov/myaccount.

There are a number of reasons you may need written verification of your Social Security benefits. You may need to provide it to an energy assistance program or for subsidized housing. Perhaps you're ready to make a major purchase, and you're trying to get a loan from a bank or financial institution. Or maybe you're applying for state benefits or moving into a new apartment or home. You can use this benefit verification letter for any reason that someone requires proof of your income.

In addition to offering proof of income, the letter is an official document that verifies your Medicare coverage, retirement or disability status, and age. If you

need verification that you have applied for benefits but have not yet received a decision, it also serves as proof that you applied.

Whatever your reason, if you need verification of your income from Social Security, obtaining it is easy and convenient.

Create a *my Social Security* account and you can instantly get your benefit verification letter online and obtain one anytime you need it. You also can use your account to manage your benefits, check your benefit amount, or change your address, phone number, and direct deposit information. Millions of people have already opened their accounts. In fact, someone opens a new *my Social Security* account about every six seconds!

You can also get a benefit verification letter mailed to you by calling 1-800-772-1213 (TTY

1-800-325-0778). However, for most people, getting the verification online is the most convenient way to get what they need. Get your benefit verification letter by registering today for a *my Social Security* account at www.socialsecurity.gov/myaccount.

STRANGE BUT TRUE

By Samantha Weaver

- It was French Emperor Napoleon Bonaparte who made the following sage observation: "Never interrupt your enemy when he is making a mistake."

- Given the notoriety Las Vegas enjoys as a place for quick weddings, you might be surprised to learn that, technically, it is illegal in that city for a mustachioed man to kiss a woman.

- In 1923, a man named Frank Hayes earned the distinction of becoming the first (and so far only) person to win a horse race posthumously. Hayes was actually a trainer rather than a jockey, and he was riding a 20-1 underdog named Sweet Kiss. It seems that Hayes suffered a heart attack in the midst of the race, but his body stayed in the saddle while Sweet Kiss beat the odds to cross the finish line first. For the rest of her life, the horse he rode was nicknamed "Sweet Kiss of Death."

- In his spare time, Jim Cummings, a successful voice actor, calls sick children in hospital wards and talks to them as some of his most famous characters, including Winnie the Pooh and Tigger.

- Some state names have come to the English language through roundabout routes. Take Alaska, for example. The state name comes from the Aleut word "alaxsxaq," which in turn comes from the Russian meaning "the object toward which the action of the sea is directed."

- Those who study such things say that even fish can have distinct personalities. Within a single species, scientists have observed that some fish are quite adventurous, willing to go to great lengths to obtain food or a mate, while others are much more timid, eschewing daring feats altogether.

Thought for the Day: "If a man does his best, what else is there?"

— General George S. Patton

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Q: I receive Supplemental Security Income (SSI) benefits. How do I notify Social Security that I have changed my address?

A: If you receive SSI payments, Social Security needs your correct mailing address to send you notices and other correspondence about your benefits even if you receive your benefits by direct deposit. As

an SSI recipient, you must report any change in living arrangements or address by calling our toll-free number, 1-800-772-1213, or by visiting a local office. If you do not notify us in a timely manner, you could end up receiving an incorrect payment. It's important that you report changes timely since some changes can affect your benefit amount.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: G equals H

ZGDQ UXYDOXJK GBU QX YXPD
DKDOPXZ GBMPU SDHR RX NVSS,
M PDLIXQ KXV'J UBK GD'U XVR

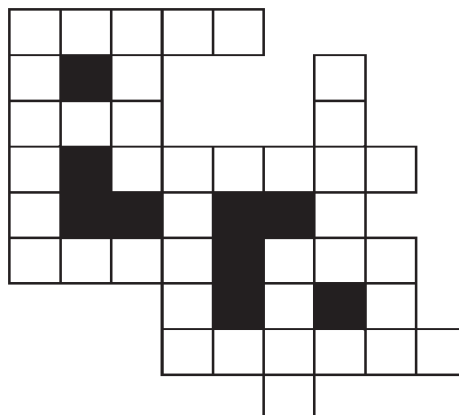
XH NSVLI.

Answer Page 4

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- ETP
- GRUTED
- BRYGU
- ♥ ELTA
- EDEPIS
- YPG
- ♥ GPUL
- ♥ TSILP
- ♥ OTG
- ATUGRO
- EBGER
- ♥ EGPA



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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