

## NEWSBRIEFS

### State tax holiday

With parents making preparations for their children's return to school, a money-saving date to remember is Texas's annual Sales Tax Holiday. This year the sales tax exemption weekend is Friday through Sunday, August 11-13. As in previous years, the law exempts most clothing, footwear, school supplies and backpacks priced less than \$100 from sales and use taxes, which could save shoppers about \$8 on every \$100 they spend. Subject to certain criteria, all sales of qualifying items made during the holiday period qualify for the exemption, including items sold online, or by telephone or mail. Shoppers can use layaway plans to take advantage of the sales tax holiday. The sales tax holiday is determined by the state legislature each year. For more information on the tax exemption weekend, visit the state comptroller's website, at [comptroller.texas.gov/taxes](http://comptroller.texas.gov/taxes).

— Alfredo Vasquez

### San Eli registration

Ann Garcia-Enriquez Middle School students should register from 8:30 a.m. to 4 p.m. on the following schedule:

- August 15 – (8th Grade) Returning GEMS students;
- August 16 – (7th Grade) Coming from SEISD elementary schools; and
- August 17 – Late and new student registration.

San Elizario High School students should register from 8:30 a.m. to 3 p.m. on the following schedule:

- August 14 – (Seniors);
- August 15 – (Juniors);
- August 16 – (Sophomores);
- August 17 – (Freshman); and
- August 18 – Late and new student registration.

— Hector Gonzalez

### Meet and greet

U.S. Representative Will Hurd will be in El Paso on his annual DC2DQ trip throughout South and West Texas. Hurd will be at Dairy Queen, 800 N. Zaragosa Rd. from 1:00 p.m.-2:30 p.m. and then at Peter Piper Pizza, 10870 N. Loop Rd. from 3:00 p.m.-4:30 p.m. on Sunday, August 6.

— Rachel Holland

**Be bold in what you stand for, but careful in what you fall for.**

— Quips & Quotes

## Chinese history in El Paso to be highlighted

By Alfredo Vasquez  
Special to the Courier

EL PASO COUNTY – El Paso County was known as the Chinese Mecca of the Southwest back in the 1880s, for it was Chinese laborers that helped build the intercontinental railroad in America including the links in El Paso, according to historians. Today, thousands of individuals of Asian descent call this region home.

To shed light on this little-known local history, the El Paso Archaeological Society (EPAS) has invited Anna Fahy, a local historian, to share her research findings about the evolution of the Chinese community in the El Paso region.

Fahy's presentation, titled *Chinese on the Borderland: Their Arrival, Contributions, and Heritage in the El Paso Region*, is scheduled for 2 p.m., Saturday, August 19, at the El Paso Museum of Archaeology, 4301 Transmountain Road. The presentation is free and open to the public.

Fahy stated that her research is primarily focused on the Chinese in the Paso del Norte region. She said that her presentation will focus on what originally brought the Chinese to the region, a discussion about those who stayed in El Paso, and what we know about them today.

Fahy related that historic archaeology studies conducted in El Paso in the 1980s provides details about the Chinese community through their material culture. She stated that over the years she has used a variety of primary sources to support and expand on those historical archaeology findings from the 1980s. And, as she finds new sources of information, additional details on the lives of the Chinese in El Paso, she readily shares her findings with scholars and the public.

"Our expanding knowledge of the historic Chinese and the Chinese Americans of today add to the unique qualities of this region and the people who, over the centuries, have made this place their home," Fahy stated.

According to historians, more than 1,200 Chinese laborers helped build the Southern Pacific Railroad from Los Angeles to El Paso, which was completed in 1881. When the job was done, more than 300 Chinese immigrants decided to stay and formed the basis of the El Paso Chinese colony.

Fahy is an alumnus of Washburn University in Topeka, Kansas and the University of Texas at El Paso (UTEP). She earned a bachelor of arts degrees in Anthropology and English and master of arts degrees in History and Sociology.

Fahy's research studies have been published in state archeology reports and with the ProQuest Company, which provides services that enable strategic acquisition, management and discovery



— Photo courtesy of El Paso Archaeological Society

**ASIAN INFLUENCE** – El Paso's Chinese community was located in downtown El Paso – from St. Louis Street (now Mills Street) south of Fourth Street, Stanton to El Paso streets, and south of Overland Street. Gary Williams, of El Paso Community Foundation with Anna Fahy, historian, stand next to the State Historical Marker that recognizes the Chinese community's contributions to the El Paso region. The historical marker was installed in August of 2009. It is situated across the street from the San Jacinto Plaza.

of information collections for academic, corporate, government, school and public libraries, as well as professional researchers.

Fahy was instrumental in the writing of the justification paper for the State Historical Marker that was dedicated in 2009 and is located in downtown El Paso, and she co-authored the historical marker's inscription which commemorates El Paso's Chinese settlement.

Fahy has also shared her Asian studies research with various organizations and at different conferences including the University of Hawaii, UTEP, the Annual Conference of Texas History and Archaeology, the Corral of the Westerners, El Paso County Historical Commission, Concordia Heritage Association, the Genealogical Society of El Paso and El Paso Museum of History, among others.

Additionally, Fahy has been a guest speaker on the television program, *Mature Living*. She also co-hosted with

Chief Justice David Wellington Chew a special cable channel program, labeled "We Celebrate Our Heritage, the Chinese of El Paso", which was sponsored by the Museums and Cultural Affairs Department of the City of El Paso.

Currently, Fahy teaches history and sociology with El Paso Community College (EPCC) and continues to conduct research and work on books for publication on Chinese history in the borderlands.

Fahy's upcoming presentation is part of EPAS's monthly lecture series. EPAS, founded in 1922, is a non-profit group. Membership is open to individuals and organizations interested in anthropology, archaeology and in the preservation of prehistoric and historic cultural resources.

For more information about EPAS, contact Fernando Arias, at (915) 449-9075, or send email to [nando79935@yahoo.com](mailto:nando79935@yahoo.com). Membership information can be found on the EPAS website, <http://epas.com>.

## Finances By Nathaniel Sillin

# A gap-year after high school could make financial sense

In some parts of the world, a gap year – a year-long break between high school and college – is the norm. It's starting to catch on in the U.S. as well.

It's a chance for recent high school graduates to earn money, challenge themselves, explore the world and build their resume while experimenting with different career paths.

Those who take full advantage of the opportunity often find the experience to be rewarding and beneficial. And colleges report that students who start school after a gap year tend to earn higher grades, are more involved with campus life and graduate within four years at a higher rate than their non-gap-year peers.

**Lessons you could learn along the way.** Many people spend at least part of the year traveling, working or volunteering away from home. During the year, they may discover that what they originally wanted to study isn't a good fit, or may come away with a newfound passion.

Entering college with this knowledge can help them focus on a major, plan their classes and graduate early. Or, at least avoid changing majors and extending their schooling. In either case, they can save tens of thousands of dollars.

During a gap year, young adults also often take a more direct role in their day-to-day finances. They can develop a greater appreciation for earning, and spending, money. In turn, this can give them a framework when taking out student loans and an extra push to apply for scholarships.

**Finding structure for your gap year.** To avoid squandering the year, you can look into formal programs that can help you achieve or define your personal, academic or career goals. According to the American Gap Association (AGA), a nonprofit based in Portland, Oregon, over 80 percent of gap year students say the skills they acquired helped them be successful in

their career after school.

Many choose service-oriented work. The federally backed AmeriCorps programs place

volunteers throughout the U.S. to help communities in need. Once you complete a full-time 10- to 11-month commitment, you

may be eligible for a scholarship worth up to \$5,815 (in fiscal year 2017). Some colleges and universities will also match a portion of the award.

Working for a local business could be another great option. You can earn money, see if you truly enjoy the work, network and may be able to line up work during school or for future summer jobs. The industry connections and mentorship you receive can also be valuable for your post-graduation job search.

Another resource for finding a program is the USA Gap Year Fairs, which profiles a broad range of gap year experiences. Privately run programs may not offer compensation, but sometimes you can work in exchange for room and board. The experience can also serve as a foundation for cover letters when you apply for jobs or college admissions essays.

**Funding your gap year.** There are gap year options for students from all socio-economic backgrounds.

The AGA maintains a list of financial aid opportunities that can help you fund a gap year. The mix of merit- and need-based scholarships could cover the cost of a program or offset the cost of traveling or volunteering. If you have a particular program, ask the organization for recommendations.

Also, inquire with your university to see if it recommends or runs any programs. Some schools offer scholarships to admitted students who take a gap year, and a few will give you college credit for completing certain programs.

Once you start your college education, you can try to capitalize on your year off. There are many scholarships available to continuing college students and your experience could be a good jumping-off point for an essay.

**Bottom line:** Taking a gap year between high school and college is increasingly popular, although still not as common as it is in some other parts of the world. While jumping right into college and getting a degree is the traditional path towards employment, some parents and students see the benefit of taking a year off to better define one's goals and gain real-world experience before going to college.

## Veterans Post By Freddy Groves

### Do you have what it takes to play Taps?

Do you have what it takes to play *Taps*?

Since Memorial Day, Gettysburg National Cemetery has held the *One Hundred Nights of Taps*, which will end Sept. 4.

Every night at precisely 7 p.m., a bugler plays *Taps* at Soldier Monument. Buglers have ranged from 11 to 82 years of age and have come from all over the country. The one thing they have in common is a desire to play *Taps* to honor those who have served our country.

While it's great that 100 people are coming together for this months-long effort, every day there are military funerals across the country where no bugler is available. In those cases, they must resort to recorded *Taps*. That's legal... but far from ideal.

There is an answer: Bugles Across America is a volunteer effort begun in 2000 for the sole purpose of providing live buglers to play *Taps* at military funerals, instead of a recording.

Do you play trumpet? Do

you have what it takes to be a bugler at a military funeral? Can you play the 24 notes of *Taps* in a dignified way, as it was written? Have others heard you play, and do they agree you can play it well? Are you willing to play for the state director in your area to verify your ability?

To review the requirements, go online to [BuglesAcrossAmerica.org](http://BuglesAcrossAmerica.org). Click on "Volunteer/Audition." No computer? Call founder Tom Day at 708-484-9029. After you sign up, the state director for your area will call you for an audition.

BAA buglers do more than serve at funerals. They're called on for patriotic events of all kinds.

It's estimated we'll lose a half million of our most-senior veterans every year over the next seven years. If you doubt you're needed, click on the Bugler's Post tab and read the latest newsletter on the BAA website.

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## WEST TEXAS COUNTY COURIER

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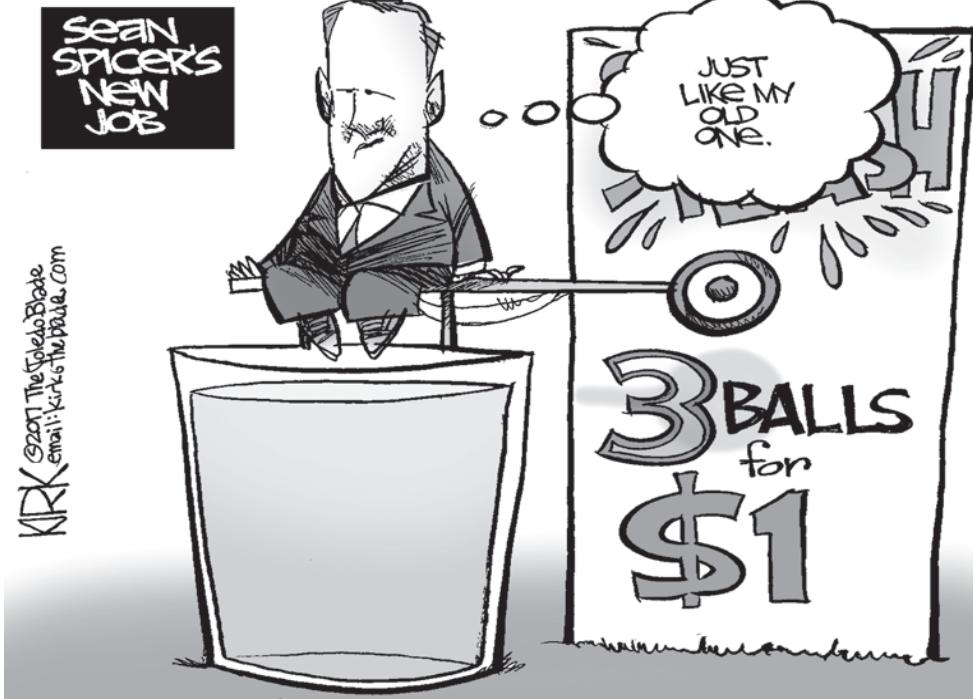
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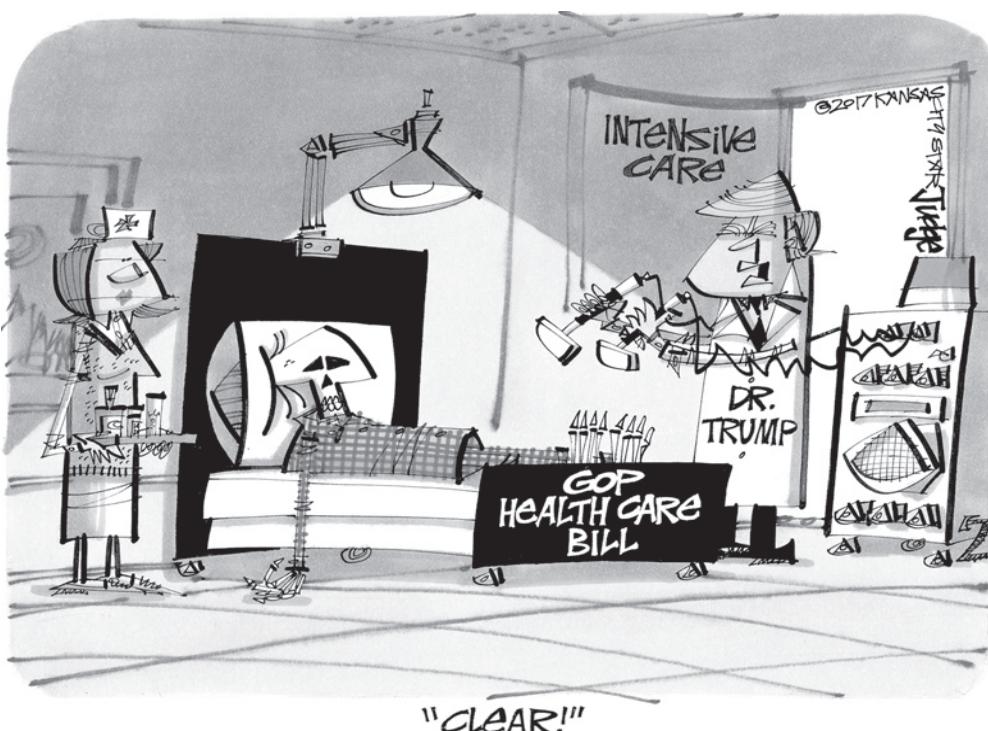
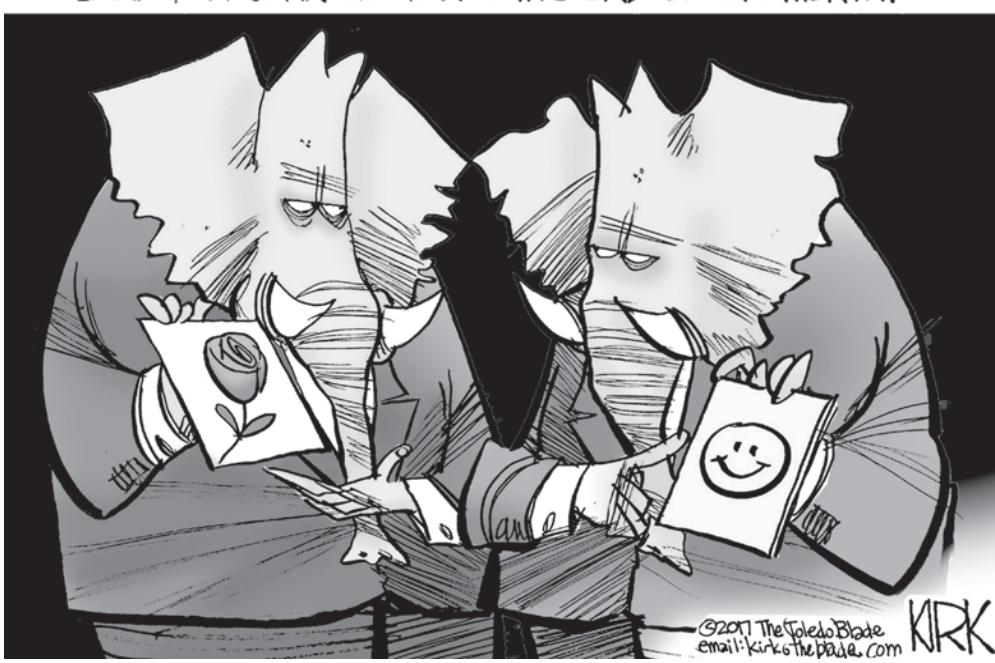
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DYSFUNCTIONAL GOP VOWS TO AGREE ON A "GET WELL SOON" CARD FOR JOHN McCAIN BY THE END OF THE MONTH.



## View from here By John Grimaldi

# The case for income inequality

'It fuels ambition and ambition stimulates economic growth'

"If Bernie Sanders and his crew were serious about putting an end to poverty in America, they'd be promoting income inequality, not condemning it," according to Dan Weber, president of the Association of Mature American Citizens.

Income inequality can be a good thing, says Weber. "It fuels ambition and ambition stimulates economic growth for all of us. America is a country where individuals use their own talents and ingenuity to create wealth, not just for themselves, but for their neighbors far and wide as well."

Weber is a staunch believer in the old fish story: Give a man a fish, and you feed him for a day. Teach a man to fish, and you feed him for a lifetime. "In other words, government hand outs are actually an

impediment to success, especially for low earners trying to get ahead. Sure, the need for a safety net so that those in need are fed and housed is not up for debate. They need our help and we owe them all the help we can give. But what is debatable is the concept that income redistribution is the answer to poverty. It's not."

The Manhattan Institute's Scott Winship is an authority on the topic and not so long ago he concluded, based on extensive research, that developed nations, where income inequality is prevalent, offer higher standards of living for the poor and middle class.

Weber notes that "the U.S. has more than its fair share of billionaires and their wealth creates jobs and opportunities for the rest of us-not to mention their outstanding record

See INCOME, Page 4

## 2017 Property Tax Rates in El Paso County Emergency Services District #1

This notice concerns 2017 property tax rates for the El Paso County Emergency Services District #1. It presents information about three tax rates. Last year's tax rate is the actual rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total taxes as last year if you compare properties taxed in both years. This year's rollback tax rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

### Last year's tax rate:

Last year's operating taxes	\$ 1,434,487
Last year's debt taxes	\$ 554,371
Last year's total taxes	\$ 1,988,858
Last year's tax base	\$ 2,042,934,476
Last year's total tax rate	\$ 0.097353 /\$100

### This year's effective tax rate:

Last year's adjusted taxes (after subtracting taxes on lost property)	\$ 1,983,768
+ This year's adjusted tax base (after subtracting value of new property)	\$ 2,138,330,237
= This year's effective tax rate	\$ 0.092771 /\$100

(Maximum rate unless unit publishes notices and holds hearings.)

### This year's rollback tax rate:

Last year's adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, state criminal justice mandate, and/or enhanced indigent health care expenditures)	\$ 1,430,831
+ This year's adjusted tax base	\$ 2,138,330,237
= This year's effective operating rate	\$ 0.066913 /\$100
$\times 1.08 =$ this year's maximum operating rate	\$ 0.072266 /\$100
+ This year's debt rate	\$ 0.027202 /\$100
= This year's total rollback rate	\$ 0.099468 /\$100

### Statement of Increase/Decrease

If the El Paso County Emergency Services District #1 adopts a 2017 tax rate equal to the effective tax rate of \$0.092771 per \$100 of value, taxes would increase compared to 2016 taxes by \$138,771.

### SCHEDULE A – Unencumbered Fund Balances

The following estimated balances will be left in the unit's property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.

### Type of Property Tax Funds

Maintenance & Operation (M&O)	Balance \$ 800,243
Debt Service (I&S)	\$ -0-

### SCHEDULE B – 2017 Debt Service

The unit plans to pay the following amounts for long-term debts that are secured by property taxes. These amounts will be paid from property tax revenues (or additional sales tax revenues, if applicable).

Description of Debt	Principal or Contract Payment to be Paid from Property Taxes	Interest to be Paid from Property Taxes	Other Amounts to be Paid	Total Payment
2008 Pierce Ladder	\$ 42,662	\$ 13,487	\$ 0	\$ 56,149
2014 Pierce Pumper	\$ 35,000	\$ 4,254	\$ 0	\$ 39,254
Fire Station #1	\$ 246,000	\$ 111,410	\$ 0	\$ 357,410
2015 Pierce Heavy Rescue	\$ 48,587	\$ 8,679	\$ 0	\$ 57,266
2016 QRV/FM Vehicles	\$ 39,072	\$ 2,007	\$ 0	\$ 41,079
Fire Station #2 Land	\$ 18,144	\$ 54,573	\$ 0	\$ 72,717
Total required for 2017 Debt Service				\$ 623,875

- Amount (if any) paid from funds listed in Schedule A	\$ -0-
- Amount (if any) paid from other resources	\$ -0-
- Excess collections last year	\$ -0-
= Total to be paid from taxes in 2017	\$ 623,875
+ Amount added in anticipation that the unit will collect only 100% of its taxes in 2017	\$ -0-
= Total Debt Levy	\$ 623,875

This notice contains a summary of actual effective and rollback tax rates' calculations. You can inspect a copy of the full calculations at [www.epcounty.com](http://www.epcounty.com).

Name of person preparing this notice: Ruben P. Gonzalez  
 Title: El Paso County Tax Assessor-Collector Date prepared: July 26, 2017  
 301 Manny Martinez Dr., 1st floor El Paso, Texas 79905 • (915) 771-2300

## Anthony Independent School District 2017-2018 Meal Policy

The Anthony Independent School District announced today a change to its policy for serving meals to children served under the National School Lunch Program and School Breakfast Program for the Anthony Elementary, Anthony Middle School and Anthony High School 2017–2018 school year. Schools qualifying to operate the Community Eligibility Provision (CEP) provide breakfast and lunch to all children at no charge and eliminate the collection of meal applications for free, reduced-price, and paid student meals. This new approach reduces burdens for both families and school administrators and helps ensure that students receive nutritious meals.

For additional information please contact the following person:

Anthony Independent School District  
Attention: Jesus Carrasco, Director, Child Nutrition Program  
840 Sixth St., Anthony, TX 79821  
Phone: (915) 886-6542; Email: jcarrasco@anthonyisd.net

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

**Anthony Independent School District is an equal opportunity provider.**

## El Distrito Escolar Independiente de Anthony Regla de Alimentos Año 2017-2018

*El Distrito Escolar Independiente de Anthony y las escuelas Anthony High, Anthony Junior High, Anthony Elementary, ha anunciado hoy un cambio en la póliza para servir comidas a los niños atendidos bajo los programas de National School Lunch Program y School Breakfast Program en el año escolar 2017-2018. Las escuelas que califican para operar el Community Eligibility Provision (CEP) ofrecen desayuno y comida a todos los niños sin costo alguno y elimina la colección de solicitudes para comida gratis, precio reducido, y pagado. Este nuevo enfoque reduce la carga para las familias y los administradores escolares y asegura que los estudiantes reciban comidas nutritivas.*

Para información adicional por favor comunicarse a:

El Distrito Escolar Independiente de Anthony  
con: Jesus Carrasco, Director, Child Nutrition Program  
840 Sixth St., Anthony, TX 79821  
Phone: (915) 886-6542; Email: jcarrasco@anthonyisd.net

De acuerdo con la ley federal de derechos civiles y el Departamento de Agricultura (USDA) reglamentos de derechos civiles y políticas, el USDA, sus agencias, oficinas y empleados, y las instituciones que participan en o administran los programas del USDA de Estados Unidos tienen prohibido discriminar por motivos de raza, color, origen nacional, sexo, discapacidad, edad o represalia o venganza para la actividad antes de los derechos civiles en cualquier programa o actividad llevada a cabo o financiada por el USDA. Las personas con discapacidad que requieran medios alternativos de comunicación para la información del programa (por ejemplo, Braille, letra grande, cinta de audio, lenguaje de signos americano, etc.), deben ponerse en contacto con la Agencia (estatal o local) donde solicitaron beneficios. Las personas sordas o con problemas de audición o discapacidades del habla pueden comunicarse con el USDA a través del Servicio de Retransmisión Federal al (800) 877-8339. Además, la información del programa puede estar disponible en otros idiomas además del Inglés.

Para presentar una queja de discriminación en el programa, completar el Formulario de Queja USDA Programa de discriminación, (AD-3027) se encuentra en línea en: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), y en cualquier oficina del USDA, o escribir una carta dirigida a proporcionar USDA y en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de queja, llame al (866) 632-9992. Enviar el formulario completado o una carta al USDA por: (1) mail: Departamento de Agricultura, Oficina del Secretario Adjunto de Derechos Civiles, 1400 Independence Avenue, SW, Washington, DC 20250-9410 EE.UU.; (2) Fax: (202) 690-7442; o (3) e-mail: [program.intake@usda.gov](mailto:program.intake@usda.gov).

**El Distrito Escolar Independiente de Anthony es un proveedor de igualdad de oportunidades.**

WTCC: 08-03-17

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## Income

From Page 3

of contributing to worthwhile charitable causes. Think about it. Microsoft's Bill Gates and Apple's Steve Jobs created wealth for a broad spectrum of the population by creating thousands, if not millions of workplace opportunities. And, in doing so they created not just new jobs but a more educated work force manned by individuals with better earnings potential who, in turn, provide for the education of their children-kids that grow up with even greater earnings potential."

It's those who have amassed wealth that are the job creators, says Weber. Big government, on the other hand, provides a disincentive to job creation much of the time.

"A lot of well-intentioned people support government efforts to increase the minimum wage in America as a means of offsetting income inequality, for example. But, a higher minimum wage has a widespread negative impact on job creation. He points out that small business is the principle engine that drives job creation. But, raise the minimum wage and we force small business owners to reduce the number of people they employ in order to survive. They'll invest in automation to deal with rising payroll costs. In some cases, they are forced to shut down altogether. Either way those seeking jobs – the young looking for their first jobs and the old who need to supplement Social Security income – ultimately pay the penalty. It all comes down to one thing: equal opportunity; an equal opportunity to join the workforce, in the first place and then an equal opportunity to advance in the workplace."

*The Association of Mature American Citizens (<http://www.amac.us>) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today.*

*(Publisher's note: A related, anonymous, internet "pass around" to this opinion piece appears on Page 6. The opinions are those of the authors, but personal responsibility belongs to each individual.)*

## CryptoQuip Answer

The miner, upon taking some ore to the bank, had begun to make regular mineral deposits.

## Strange But True

By Samantha Weaver

- It was aviation pioneer Amelia Earhart who made the following sage observation: "Never interrupt someone doing what you said couldn't be done."

- You might be surprised to learn that famed composer Wolfgang Amadeus Mozart wanted to marry the notorious Marie Antoinette. Of course, at the time he stated this desire, he was 6 years old and she was 7.

- It's possible that you've never tried to imagine a baby bat nursing – though, as mammals, they certainly do. Now that you are imagining it, here's a hint: The babies have to nuzzle into mom's armpit (wingpit?) to get to the milk.

- The year the Second Continental Congress issued the Declaration of Independence, establishing the United States of America, the fledgling nation had a total population of 2 1/2 million – less than one-third of 1 percent of the global population. By 1800, even though the population of the growing nation had more than doubled, America still ranked 16th in the list of most-populous nations. Today, though, with a population of over 325 million, the United States has more people than any country except China and India.

- Those who study such things say that as we get older, we breathe more slowly.

- Sure, a group of swans can be referred to as a flock or a flight, but why not show some creativity? You can refer to a grounded group as a bank or a drift (presumably due its resemblance to a drift of snow); in the air, they can, collectively, be called a wedge. The best choice, however, might be the fanciful term "a lamentation of swans."

Thought for the Day: "It has been said that a pretty face is a passport, but it's not. It's a visa, and it runs out fast."

– Julie Burchill

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×		×		×	
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## Moments in Time The History Channel

- On Aug. 14, 1900, during the Boxer Rebellion, an international force featuring British, Russian, American, Japanese, French and German troops relieves the Chinese capital of Peking. The Chinese nationalists besieging Peking's diplomatic quarter were crushed.
- On Aug. 15, 1947, The Indian Independence Bill, which carves the independent nations of India and Pakistan out of the former Mogul Empire, comes into force at the stroke of midnight. The long-awaited agreement ended 200 years of British rule.
- On Aug. 16, 1977, popular-music icon Elvis Presley dies in Memphis, Tennessee. He was 42. The death of the "King of Rock 'n' Roll" brought legions of mourning fans to Graceland, his mansion in Memphis.
- On Aug. 17, 1969, the grooviest event in music history – the Woodstock Music Festival – ends after three days of peace, love and rock 'n' roll in upstate New York. Some 186,000 tickets were sold, but half a million people showed up, forcing
- promoters to enter for free.
- On Aug. 18, 1920, the 19th Amendment to the Constitution, guaranteeing women the right to vote, is ratified by Tennessee, giving it the required two-thirds majority of states. The amendment culminated more than 70 years of struggle by woman suffragists.
- On Aug. 19, 1980, a fire aboard a plane bound for Saudi Arabia from Pakistan forces an emergency landing. The pilot was able to land the plane safely, but it burst into flames on the runway, and none of the 301 people onboard survived. An investigation revealed a butane gas stove cooker in the passenger compartment.
- On Aug. 20, 1932, in Flanders, Belgium, German artist Kathe Kollwitz unveils the monument she created to memorialize her son, Peter, who was killed during World War I. Entitled "The Parents," the statue depicts an elderly couple kneeling before the grave of their son.

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## Classified Ads

### LEGALS

**VILLAGE OF VINTON, TX** purpose of the public Hearing is to allow any interested person to appear and testify at the hearing regarding the adoption of the Fiscal Year 2017-2018 Budget. Attn: Mayor Manuel Leos, 436 E. Vinton Road. City Hall is accessible for handicapped persons. Handicapped persons in need of special assistance to attend the hearing are encouraged to contact the City Secretary at (915) 886-5104, forty eight (48) hours prior to this meeting. Copies of the budget are available for review at 436 E. Vinton Road, Vinton, Texas 79821.

A PUBLIC HEARING will be held at 6:30 p.m., August 15, 2017, at City Hall, 436 E. Vinton Road, Vinton, Texas. The Village of Vinton,

Jessica Garza  
Village Administrator

WTCC: 08-03-17

Those unable to attend are invited to submit their views in writing to the Village of Vinton, (915) 886-5104,

## Congressman Will Hurd

**invites you to a  
TOWN HALL MEETING**

**Sunday, August 6, 2017**

**1:00 - 2:30 PM**

**Dairy Queen**

**800 N Zaragoza**

**El Paso, TX 79907**

**3:00 - 4:30 PM**

**Peter Piper Pizza**

**10870 N Loop Rd**

**Socorro, TX 79927**

For more information, visit  
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## NOTICE OF PUBLIC MEETING TO DISCUSS BUDGET AND PROPOSED TAX RATE

The Anthony Independent School District will hold a public meeting at 6:30 p.m., Wednesday, August 16, 2017 in the Anthony ISD Board Room, 813 Sixth Street, Anthony, Texas 79821. The purpose of this meeting is to discuss the school district's budget that will determine the tax rate that will be adopted. Public participation in the discussion is invited.

The tax rate that is ultimately adopted at this meeting or at a separate meeting at a later date may not exceed the proposed tax rate shown below unless the district publishes a revised notice containing the same information and comparisons set out below and holds another public meeting to discuss the revised notice.

<b>Maintenance Tax</b>	\$1.040000/\$100 (Proposed rate for maintenance and operations)
<b>School Debt Service Tax Approved by Local Voters</b>	\$0.172800/\$100 (Proposed rate to pay bonded indebtedness)

### Comparison of Proposed Budget with Last Year's Budget

The applicable percentage increase or decrease (or difference) in the amount budgeted in the preceding fiscal year and the amount budgeted for the fiscal year that begins during the current tax year is indicated for each of the following expenditure categories:

<b>Maintenance and Operations</b>	2.8% Decrease
<b>Debt Service</b>	1.2% Increase
<b>Total Expenditures</b>	2.6% Decrease

### Total Appraised Value and Total Taxable Value (as calculated under Section 26.04, tax Code)

	<u>Preceeding Tax Year</u>	<u>Current Tax Year</u>
Total appraised value* of all property	\$ 253,523,148	\$ 258,486,466
Total appraised value* of new property**	\$ 4,537,156	\$ 4,629,618
Total taxable value*** of all property	\$ 185,755,602	\$ 190,895,205
Total taxable value*** of new property**	\$ 4,440,188	\$ 4,414,346

\* "Appraised value" is the amount shown on the appraisal roll and defined by Section 1.04(8), Tax Code.

\*\* "New property" is defined by Section 26.012(17), Tax Code.

\*\*\* "Taxable value" is defined by Section 1.04(10), Tax Code.

### Bonded Indebtedness

Total amount of outstanding and unpaid bonded indebtedness\* \$ 4,970,000

\* Outstanding principal.

### Comparison of Proposed Rates with Last Year's Rates

	<u>Maintenance &amp; Operation</u>	<u>Interest &amp; Sinking Fund*</u>	<u>Total</u>	<u>Local Revenue Per Student</u>	<u>State Revenue Per Student</u>
<b>Last Year's Rate</b>	\$ 1.040000	\$ 0.177100*	\$ 1.217100	\$ 2,712	\$ 7,385
<b>Rate to Maintain Same Level of Maintenance &amp; Operations Revenue &amp; Pay Debt Service</b>	\$ 1.095380	\$ 0.172790*	\$ 1.268170	\$ 2,824	\$ 7,427
<b>Proposed Rate</b>	\$ 1.040000	\$ 0.172800*	\$ 1.212800	\$ 2,711	\$ 7,427

\*The Interest & Sinking Fund tax revenue is used to pay for bonded indebtedness on construction, equipment, or both.

The bonds, and the tax rate necessary to pay those bonds, were approved by the voters of this district.

### Comparison of Proposed Levy with Last Year's Levy on Average Residence

	<u>Last Year</u>	<u>This Year</u>
Average Market Value of Residences	\$ 97,661	\$ 100,029
Average Taxable Value of Residences	\$ 72,661	\$ 75,029
Last Year's Rate Versus		
Proposed Rate per \$100 Value	\$ 1.217100	\$ 1.212800
Taxes Due on Average Residence	\$ 884.36	\$ 909.95
Increase (Decrease) in Taxes		\$ 25.59

Under state law, the dollar amount of school taxes imposed on the residence homestead of a person 65 years of age or older or of the surviving spouse of such a person, if the surviving spouse was 55 years of age or older when the person died, may not be increased above the amount paid in the first year after the person turned 65, regardless of changes in the tax rate or property value.

**Notice of Rollback Rate:** The highest tax rate the district can adopt before requiring voter approval at an election is \$1.212800. This election will be automatically held if the district adopts a rate in excess of the rollback rate of 1.212800.

### Fund Balances

The following estimated balances will remain at the end of the current fiscal year and are not encumbered with or by a corresponding debt obligation, less estimated funds necessary for operating the district before receipt of the first state aid payment:

Maintenance and Operations Fund Balance(s)	\$ 3,003,964
Interest & Sinking Fund Balance(s)	\$ 112,887

# The dollars are always greener on the side

**By Steve Escajeda**  
Special to the Courier

All NFL teams have reported to camp and are quickly readying themselves for the 2017 season.

In case any of you ladies have been wondering, that's why the guys around you have been so giddy lately.

In fact, the first exhibition game of the season is Thursday with the Dallas Cowboys taking on the Arizona Cardinals.

I'm dancing in my chair right now.

Anyway, for me personally, we're approaching the best time of the year. The weather is showing signs of cooling down, the kids will be out of the house soon and back to school and it's the start of football season.

Coaches have been on talk shows reviewing what they have for the new season. Owners have been boasting about their team's chances to be real contenders. And the million-dollar-players have been... well... complaining about money.

I've always found math as a great way

to get to the root of any problem.

There's no secret that Major League Baseball players and NBA superstars make utterly ridiculous amounts of money.

And NFL players are noticing that.

The average NBA salary is \$6.2 million a year and the average professional baseball player salary is \$4.5 million.

By comparison, the average NFL salary is about \$2 million per year.

The player who has been the most vocal about all this is New York Giants wide receiver Odell Beckham.

You remember Beckham, who is no stranger to fantastic catches, on-field tantrums, running his mouth and losing battles with punter kicking nets.

Although he says he's sticking up for all the players, he kind of tips his hand when he said recently that he shouldn't just be the highest paid wide receiver, he should be the highest paid player in football.

The top NFL salary earners like Joe Flacco and Andrew Luck and Carson Palmer make approximately \$22-24 million a year.

And that's what many of the players

are complaining about. Not everybody makes those astronomical numbers and according to the NFL Players Association, the average NFL career lasts only 3.3 years.

So let's do the math. If the average salary is about \$2 million and the average career lasts about 3.3 years, that comes out to the average player making \$6.6 million in his NFL lifetime.

That means that in just 3.3 years of his life, by the age of maybe 26 or 27, the guy is out on the streets having made about \$6 million.

And now what is he going to do? It's not like many of these guys thought much about life after football. It's not like many of these guys chose their colleges based on the excellent academic programs they offered.

But before anyone sheds a tear for these unfortunate fellows, let's do some more math.

The average income earner in the United States makes about \$33,000 a year. And if that worker starts working at the age of 23 and works for 45 years, they will have made about \$1.5 million.

The truth is that after the average American worker puts in 45 years on the job, they retire still not having made as much as the average NFL player makes in just one year.

To be honest, the length of the careers in the two other sports are longer. But look at this, baseball and basketball rosters are much smaller than football rosters, so less guys to pay.

Also, baseball teams play 162 games, basketball plays 82, football plays just 16 games, so if we do the math again, the NFL has far less games to generate revenue for far more players.

And let's face it, it's hard for the plumber or the brick layer or the school teacher or the mailman or the sales clerk out there making whatever they can to put a roof over their heads and feed their children, to feel sorry for someone who can't make it on millions of dollars.

Here's another mathematical fact, the average cost for a family of four to attend one NFL game without buying any jerseys or caps is approximately \$730.

The NFL RedZone costs about \$100 for the whole season... you do the math.

## A sporting view By Mark Vasto

# Boxing must fix scoring system

When Conor McGregor and Floyd Mayweather square off the night of Aug. 26, it's already a foregone conclusion that they've both won. McGregor stands to make something north of \$60 million and Mayweather \$100 million. Mayweather, of course, has the most to lose – his legacy – but it'd be hard to shed too many tears for the guy if he were to lose.

Perhaps the biggest winner in all of the pre-fight spectacle is Paulie Malignaggi. Malignaggi, a former two-time world champion, has always been a curiosity for fight fans. He was knocked for having no power during his career, having only scored seven knockouts;

however, his speed, toughness and ability to draw attention to his fights were relatively unmatched during his reign as champion and as a competitor.

His acumen inside the ring led him to effortlessly segue to the announcer's table for Showtime, but his take on boxing throughout his career has suddenly come into much sharper focus. Malignaggi, a New Yorker in every sense of the word, never backed down from a fight, and his vocal opinions about the business of boxing are even more relevant today.

When you don't knock many people out, you have to rely on the scorecards in boxing. How are the scorecards determined?

Nobody has a clue. Aside from the "10 point must system", nobody knows who the boxing judges are, nobody knows how the fight will be judged. Imagine going to any other sporting event and never knowing the score? Imagine watching four quarters of a football game, seeing seven touchdowns but when your friend asks the score you say "not a clue" every time. Or check in on the baseball game and just let random people in the stands judge whether or not runs should count that day.

It was Malignaggi's take on Conor McGregor that got the boxing world laughing along with him. His analogy was that golfers don't suddenly become

hockey players because a driver looks similar to a hockey stick.

While that knock earned him an invite to spar with McGregor leading up to the fight, the analogy doesn't quite work.

People like to talk about the "death of boxing" and always compare the "sweet science" to mixed martial arts, but it doesn't have to be so. They can co-exist, and to say that McGregor isn't a fighter is absolutely absurd. But as we saw from watching Ronda Rousey try to outbox a boxer and lose badly, and knowing enough about Floyd Mayweather's world-class defense, McGregor is still a massive underdog with a puncher's chance. Even if he wins, it doesn't mean that boxing

is a lesser sport, it just means that Mayweather lost a fight.

We're getting closer to finding out the answers, but boxing will, no matter the outcome, still have plenty to answer for.

It's time to fix the scoring system or else these pay-per-view spectacles are going to be a thing of the past, and that's something we'd all regret. As McGregor said, "We're all getting fed here." At the end of the day it's a job, and boxing still has more work to do.

*Mark Vasto is a veteran sportswriter who lives in New Jersey. (c) 2017 King Features Synd., Inc.*

## Food for thought By Anonymous

(Publisher's note: This anonymous, internet "pass around" is relevant in the present political climate that Americans and their elected officials find themselves in, particularly with regard to – but not limited to – the Affordable Care Act. No nation prospers when the burden of personal responsibility is usurped for the "good of the people." So-called entitlement programs make dependents out the population. When people become dependent on government for their life choices, they are made as prisoners. A strong nation is made up of people of good character that take personal responsibility for their own actions and lives.)

A local college professor made a statement that he had never failed a single student before, but had recently failed an entire class. That class had insisted socialism worked well and that no one would be poor and no one would be rich – a great equalizer.

The professor then said, "Okay, we will have an experiment in this class on the effects of socialism. All grades will be averaged and everyone will receive the same grade so no one will fail and no one will receive an A." He substituted grades for dollars – something readily understood by all of the students.

After the first test the grades were averaged and everyone got a B. The students who studied hard were upset and the students who studied little were happy. As the second

test rolled around the students who studied little had studied even less and the ones who studied hard decided they wanted a free ride too so they studied little.

The second test average was a D. No one was happy. When the third test rolled around, the average was an F.

As the tests proceeded, the scores never increased as bickering, blame and name-calling all resulted in hard feelings. No one was willing study for the benefit of anyone else.

To the students' great surprise, the entire class failed. The professor told them that socialism would also ultimately fail because when the reward is great, the effort to succeed is great, but when government takes all the reward away, no one will try or want to succeed.

### Five truths:

1. You cannot legislate the poor into prosperity by legislating the wealthy out of prosperity.
2. What one person receives without working for, another person must work for without receiving.
3. The government cannot give to anybody anything that the government does not first take from somebody else.
4. You cannot multiply wealth by dividing it.
5. When half of the people get the idea that they do not have to work because the other half is going to take care of them, and when the other half gets the idea that it does no good to work because somebody else is going to get what they work for, that is the beginning of the end of any nation.



## CLASSIFIED AD FORM

25 words - \$10 per week; 40 words - \$15 per week

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20
21	22	23	24
25	26	27	28
29	30	31	32
33	34	35	36
37	38	39	40

Deadline: Monday, 4 p.m.  
Please print. Send form and payment (no cash) to:

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Horizon City, TX 79928

Contact Information:

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Phone: \_\_\_\_\_

**Comix****OUT ON A LIMB** By Gary Kopervas**AMBER WAVES** By Dave T. Phipps**THE SPATS** By Jeff Pickering**R.F.D.** By Mike Marland**Your good health** By Keith Roach, M.D.

**DEAR DR. ROACH:** I recently spent four days in the hospital for a respiratory infection. I was not admitted to my primary-care doctor's service, but had three names on my wristband. When I inquired as to who they were, I was told that they were hospitalists. They would see me and communicate with my primary-care physician. I did not see the same doctor more than once in my four-day admission.

When I saw my PCP after discharge, he did say he had been in contact with the hospitalists. Is this common? Who is absorbing the cost? Does my PCP bill for consultation? — M.M.E.

Hospitalists are specialists in inpatient medicine. Hospitalists typically have no outpatient responsibilities, and spend the entire day in the hospital taking care of admitted patients only. Because they are constantly in the hospital, they usually can see an admitted patient more expeditiously than a doctor with outpatient responsibilities, and they tend to become expert and efficient at managing serious illness requiring hospitalization. Most studies comparing hospitalists with doctors who do both outpatient and inpatient medicine have shown that hospitalists facilitate decreased lengths of stay in the hospital and at least as good medical outcomes. The theory is that by specializing in just inpatient medicine, one can become expert as well as very efficient at using the resources available at a particular hospital.

The potential downside of hospitalists is that the personal knowledge about a particular patient isn't as high. Your PCP knows you—hopefully very well,

if he or she has been taking care of you for a long time. Although your records may be available to the hospitalists, it isn't the same as personal knowledge. That being said, with good communication (both ways) between your doctor and the hospitalists, the quality of care can be excellent.

There is no doubt that the hospitalist model is increasing in prevalence in the U.S. and Canada.

In answer to your question, your insurance company (or the government) pays the hospitalist directly. The PCP does not bill for consultation.

**DEAR DR. ROACH:** My husband has Meniere's disease. We cannot find anyone who can help him. Is there any medication for this? — L.M.

Meniere's disease causes episodes of vertigo, tinnitus and eventually hearing loss. It is caused by swelling in the organ of balance in the inner ear, but the reason for the swelling isn't clear.

Before being seen by a doctor, your husband can try to identify triggers for the attacks. Common triggers include a high-salt diet, tobacco, alcohol and stress. A low-salt diet can dramatically reduce episodes.

ENT doctors are usually expert in treating Meniere's disease. A diuretic such as hydrochlorothiazide often is used if diet alone doesn't help.

The booklet on vertigo explains this disruptive condition in detail and outlines its treatment. Readers can order a copy by writing: Dr. Roach — No. 801W,

See **HEALTH**, Page 8

**Super Crossword**

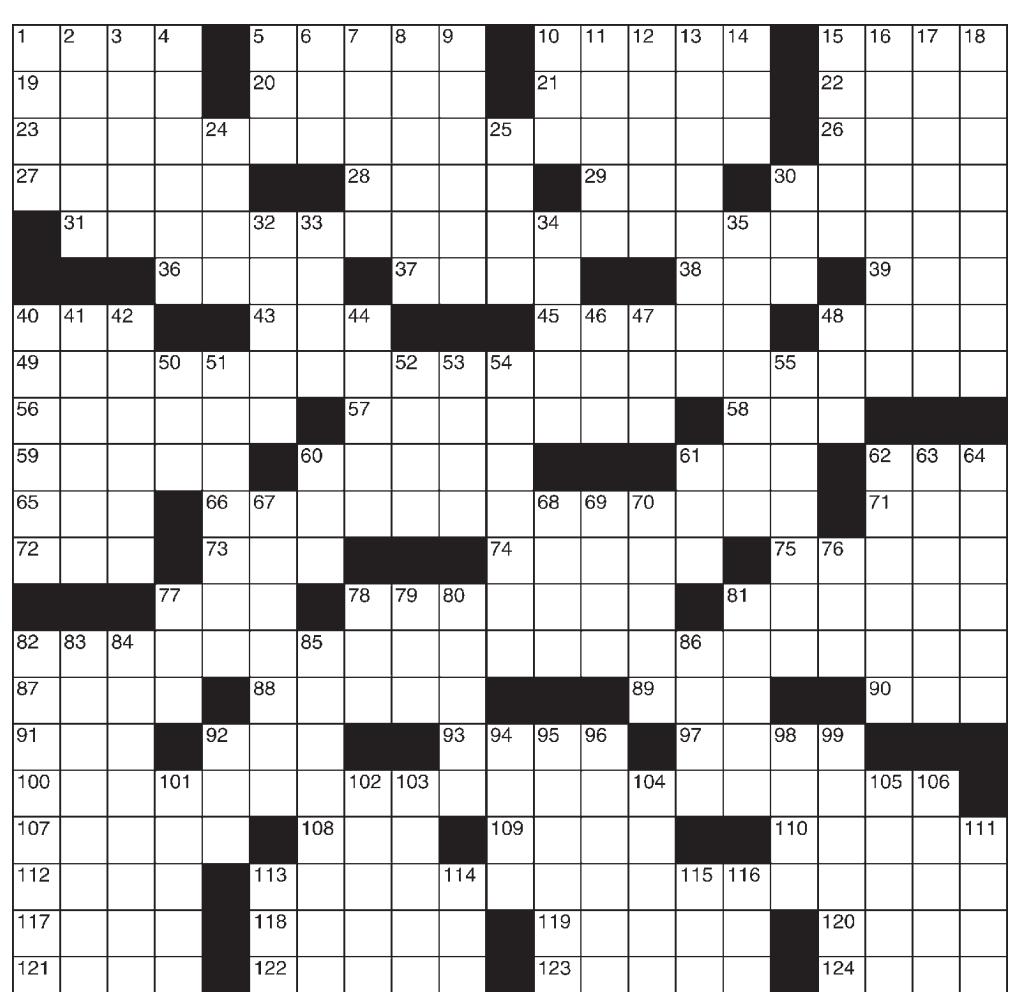
**GETTING SERVED IN THE MIDEAST ACROSS**  
1 Flag supporter  
5 Coen of film  
10 Proposition  
15 Melville mariner  
19 One-spot cards  
20 Bucks  
21 "Odyssey" enchantress  
22 Woman of rank  
23 Start of a riddle  
26 "... it just me?"  
27 Painful spots  
28 Literary Leon  
29 Subj. for U.S. immigrants  
30 Horseshoe-shaped iron bar  
31 Riddle, part 2  
36 Bit of legend  
37 Transmit  
38 Showy scarf  
39 Italian "God"  
40 Cry loudly  
43 Singer Smith  
45 Less bold  
48 "Misted" singer  
Celine  
49 Riddle, part 3  
56 Marketing news mag  
57 Big name in electric razors  
58 Oman export

59 "Blue" singer Rimes  
60 Director Elia  
61 Hidden mike  
62 Drop off  
65 Unit of corn  
66 Riddle, part 4  
71 Lingus  
72 "Dr." of rap  
73 Writer Fleming  
74 Spud state  
75 Plane path  
77 Boom maker  
78 Obtain  
81 Hotel room Bible placer  
82 Riddle, part 5  
87 Fed a line  
88 Old-time actress Palmer  
89 Blue yonder  
90 Links org.  
91 Suffix with  
92 1999-2004  
93 Archibald of old basketball  
97 Regal Norse name  
100 End of the riddle  
107 Jordanian capital  
108 A, in Acapulco  
109 Electric, water or gas: Abbr.  
110 Merger with Mobil in 1999  
112 Country singer \_

**DOWN**  
1 Rabbit's feet  
2 Ellen who was the first Latina in space  
3 Get wind (of)  
4 Honor  
5 Type widths  
6 Little squirt  
7 Just so-so  
8 1999-2004  
92 "Sure"  
93 Oldsmobiles  
94 Aboriginal  
95 Autumn mo.  
97 mignon  
100 Insolent  
101 "Green" product sticker  
102 Ump's cousin  
103 Baked brick  
104 Last Anglo-Saxon king of England  
105 Oman export

Keith  
Rimes  
60 Director Elia  
61 Hidden mike  
Gardner  
117 Author Stanley  
118 "Later!"  
119 "Star Trek" officer  
120 British  
conservative  
121 Forecaster  
122 "Bleeding Love" singer Lewis  
123 Volga native  
124 Farm females  
125 "No worries"  
126 Burn black  
127 Detroit flop  
128 Detached, as a coupon  
129 Went flat  
130 "Mercy me!"  
131 "Watch out!"  
132 Talking birds  
133 Ad \_  
134 Wall St. intro  
135 Singer Lana Rey  
136 D.C. bigwig  
137 Common bowling game  
138 Seep out  
139 Sardonic Lebowitz  
140 Intel chip brand  
141 Result of excessive teasing?  
142 Guy doll  
143 Playbill info  
144 Fit in  
145 Starr of old comics  
146 Actress Falco  
147 Simile center  
148 Bern's river  
149 Fix, as socks  
150 Sharpens

18 Oscar category for "Let It Go"  
24 Early Bill Cosby series  
25 "The end \_ sight"  
30 Stage legend  
32 "No worries"  
33 Burn black  
34 Detroit flop  
35 Detached, as a coupon  
36 Went flat  
41 "Mercy me!"  
42 "Watch out!"  
44 Talking birds  
46 Ad \_  
47 Wall St. intro  
48 Singer Lana Rey  
50 D.C. bigwig  
51 Common bowling game  
52 Seep out  
53 Sardonic Lebowitz  
54 Intel chip brand  
55 Result of excessive teasing?  
60 Guy doll  
61 Playbill info  
62 Fit in  
64 Starr of old comics  
67 Scary snake  
68 Actress Falco  
69 Fix, as socks  
70 Sharpens



Answer Page 4

## TRUE TEXAS FACTS by Roger T. Moore

August 2, 1973 – The famous "chicken ranch" in La Grange ceases operations.



### GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

**DIFFICULTY:** ★★

★ Moderate ★★ Difficult  
★★★ GO FIGURE!

	+		×		21
×		×		×	
	×		-		28
+		+		+	
	×		-		23
26	23		31		
2	3	4	5	5	6
7	8	9			

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Answer Page 4

## Weekly SUDOKU

by Linda Thistle

	2		3		6	5	
9		8			7		
	1	3		2			9
	7		3				4
1		9		3			
6		4			8		
2		5				3	8
5	8		6		1		
4			7	2			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ♦♦**

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

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## Social Security By Andrew Cannarsa

### SSA employee impersonation scam

The Acting Inspector General of Social Security, Gale Stallworth Stone, is warning citizens about a new Social Security Administration (SSA) employee impersonation scheme. SSA and its Office of the Inspector General (OIG) have recently alerted citizens about an OIG employee impersonation scheme and a scheme targeting former clients of Kentucky disability attorney Eric Conn; the agencies are now receiving reports from citizens across the country about other phone calls from an individual posing as an SSA employee. The caller attempts to acquire personally identifiable information from victims to then edit the victims' direct deposit, address, and telephone information with SSA.

The reports indicate that the impersonator calls from a telephone number with a 323 area code. The caller claims to be an SSA employee, and in some instances, tells the victim that they are due a 1.7 percent cost-of-living adjustment (COLA) increase of their Social Security benefits. The impersonator goes on to ask the victim to verify all of their personal information

including their name, date of birth, Social Security number (SSN), parents' names, etc. to receive the increase. If the impersonator is successful in acquiring this information, they use it to contact SSA and request changes to the victim's direct deposit, address, and telephone information.

Stone continues to warn citizens to be cautious, and to avoid providing information such as your SSN or bank account numbers to unknown persons over the phone or internet unless you are certain of who is receiving it. "You must be very confident that the source is the correct business party, and your information will be secure after you release it," Stone said.

If a person has questions about any communication—email, letter, text or phone call—that claims to be from SSA or the OIG, please contact your local Social Security office, or call Social Security's toll-free customer service number at (800) 772-1213, 7 a.m. to 7 p.m., Monday through Friday, to verify its legitimacy. (Those who are deaf or hard-of-hearing can call Social Security's TTY number at (800) 325-0778.)

## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals M

CGT ZYFTE, DSNF CBMYFL ONZT

NET CN CGT XBFM, GBP XTLDF CN

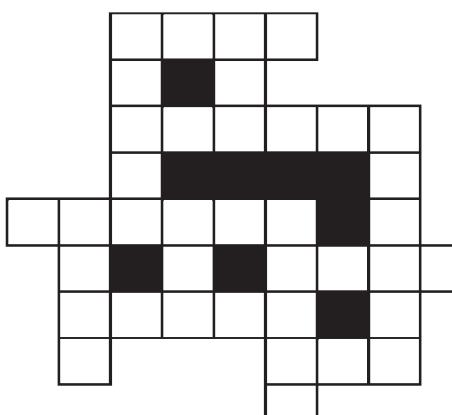
ZBMT ETLDUBE ZYFTEBU PTSNOYCO.

Answer Page 4

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KEE  
♥ TRENCE  
MUERF  
♥ ECDI  
DRAIMI  
♥ OSD  
♥ AKCS  
ICMEN  
♥ TAC  
♥ MERSAC  
♥ NETSI  
♥ ITSF



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

NEW! 30 Fear Knot puzzles \$3.50 • Six Volumes • Order at rbmamall.com

## Here's a Tip

By JoAnn Derson

- When decluttering, use this tried and true tip: Set up four boxes with labels for Keep, Donate/Sell, Trash and Recycle. It's amazing how much you can take care of quickly.

- "We had a big basket for shoes by our door. It just kept getting messy as people would search for their own shoes in it. Finally, I got smart. I put a low bench by the door and stashed one small basket for each family member underneath. Your shoes go in your basket, and it's much less mess."

— A.L. in Georgia

- "Tired of waiting for that frothy head on your beer or root beer to go down? Stick your finger in it and watch it disappear like magic."

— K.E. in Idaho

- "My kids kept losing the plastic sticks for the ice-pop maker, and I ended up with several of the molds. I kept one, and we use craft sticks instead of the plastic ones that came with it. We use another mold in the car to keep little items sorted, like change, gum and mints and charging cords. It's set in the center console and works great!"

— M.R. in California

- Common substitutions: Use a tablespoon of lemon juice mixed with enough milk to make one cup for every cup of buttermilk a recipe requires. Let the mixture stand five minutes before use.

- A tub full of soapy bubbles after a kids' bathtime? Shake salt on the foam and watch it disappear!

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2017 King Features Synd., Inc.

## Health

From Page 7

628 Virginia Drive, Orlando, FL 32803. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). To view and order health pamphlets, visit [www.rbmamall.com](http://rbmamall.com), or write to Good Health, 628 Virginia Drive, Orlando, FL 32803. (c) 2017 North America Synd., Inc. All Rights Reserved.