



NEWSBRIEFS

Historical markers

The Texas Historical Commission (THC) is currently accepting applications for untold Texas historical markers that address historical gaps and promote diversity of topics and cultures. The deadline for submission is June 15. The THC utilizes general marker application funds to sponsor these markers that represent an untold or untold aspect of Texas history. Previous untold markers honor significant individuals and places like Mina Ward school in Bastrop, the site of the first Mexican-American integration into white public schools and the murals of Hannah Hall at Texas Southern University in Houston that were painted by students of the renowned artist Dr. John Biggers. The THC can assist local sponsors and County Historical Commissions with selected topics by paying for the foundry cost of a historical marker, or by assisting with the research necessary to submit and complete a qualified application. For more information about the Untold Markers Program, contact the THC's History Programs Division at 512-463-5853 or visit thc.texas.gov.

— Leah Brown

Police friendly

It's National Police Week and the personal-finance website WalletHub has released its report on 2018's Best & Worst States to Be a Police Officer. In order to determine the best states to pursue a career in law enforcement the study compared the 50 states and the District of Columbia across 25 key indicators of police-friendliness. The data set ranges from median income for law-enforcement officers to police deaths per 1,000 officers to state and local police-protection expenses per capita. "Law-enforcement officers" includes police and sheriff's patrol officers, detectives and criminal investigators. Texas was 8th overall, ranking:

- 3rd – Law-Enforcement Officers per Capita;
- 4th – Median Income for Law-Enforcement Officers (Adjusted for Cost of Living);
- 18th – Median Income Growth for Law-Enforcement Officers;
- 13th – % of Homicide Cases Solved; and

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Habit – good or bad – is a cable. We weave a thread of it every day until it is extremely difficult to break.

— Quips & Quotes

Olszewski to talk about Davis Mountains State Park

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – Nestled amidst the desert plains of America's Southwest – about a two and a half hour drive from El Paso – the Davis Mountains provide a respite from the scorching hot climate. To expound on the mountains' offerings, Wanda Olszewski, superintendent of Davis Mountains State Park, will give a special presentation to highlight the West Texas park's unique status in the Greater Big Bend region.

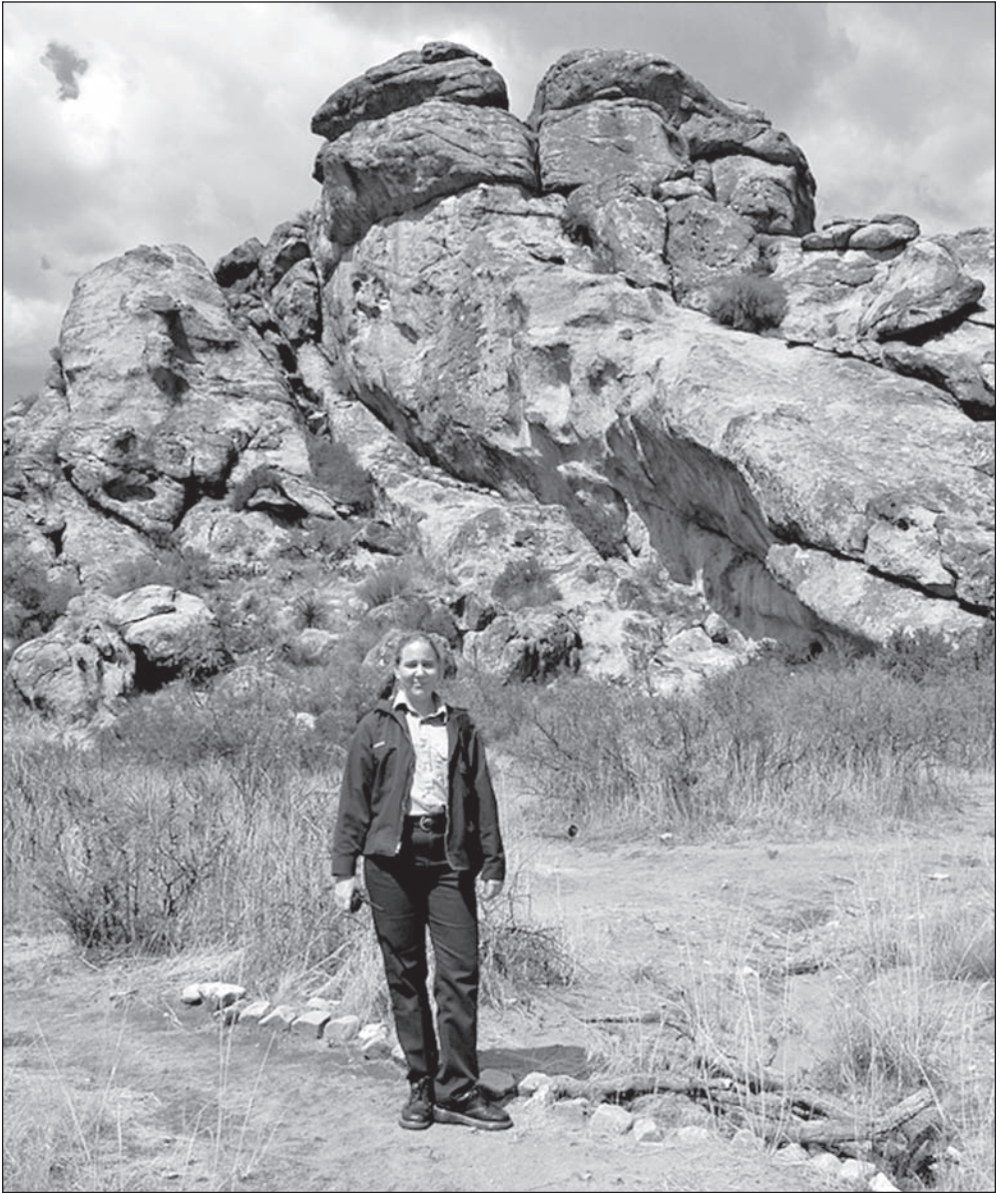
The *Sky Island: Update from Davis Mountains State Park* presentation is slated for 2 p.m., Saturday, May 19, at the Northeast Regional Command Center Community Room (9600 Dyer). The meeting is free and open to the public.

The event is sponsored by the Greater Big Bend Coalition (GBBC) as part of its campaign to bring awareness for the need to protect endangered areas and the wildlife that are located within the Greater Big Bend territories of southern New Mexico, West Texas, and other related lands in northern Mexico.

The featured speaker's work history includes serving different roles in park interpretation and management projects with the Texas Parks and Wildlife Department for the last 20 years, as well as teaching biology in East Africa.

Olszewski has been the superintendent at Davis Mountains State Park for the past three years. She currently lives in Fort Davis, but the park superintendent grew up in El Paso. She studied biology at the University of Texas at El Paso (UTEP) and later earned a Master of Science degree in environmental and community studies from Antioch University in Seattle, Washington.

In recent years, GBBC has been sponsoring free presentations on the state of government-run parks and other protected areas in the Greater Big Bend region of southern New Mexico, West Texas, and other related lands in northern Mexico.



— Photo by John B. Chandler

HOME COMING OF SORTS – Wanda Olszewski, from 2009 when she was the Park Superintendent at Hueco Tanks State Park & Historic Site. Olszewski will give a presentation about Davis Mountains State Park in El Paso on May 19.

According to Rick LoBello, a former Big Bend park ranger and director of GBBC, the region stretches across the US/Mexico Rio Grande border and includes nearly 8,000 square miles of protected lands in U.S. national parks, Texas state parks, and protected areas in Mexico.

GBBC, a conservation organization centered in El Paso, has been working for years to help protect the desert lands, rivers, mountains and wildlife of the Greater Big Bend Ecosystem of Texas and northern Mexico.

Among the major issues that GBBC is presently addressing include completing the 80-year-old proposal to establish a Big Bend International Park, alerting the public and elected officials to major threats to the wilderness aspects of the Greater Big Bend, advocating for the restoration of habitats impacted by human activities, and reintroducing extirpated species.

For more information about Olszewski's upcoming presentation or about GBBC, visit the coalition's website, at greaterbigbend.org.

Canutillo HS Math Team wins State

By Andrew Reynoso
Special to the Courier

CANUTILLO – Calculating mathematical formulas is a cinch to the Canutillo High School Math Team. The math whizzes competed last weekend at the UIL Academic State Meet at the University of Texas at Austin and took home first place as a team in the Calculator Applications event.

CHS mathematics teacher and team coach Rudy Medina says that this is the first UIL academic state championship to come out of Canutillo and also the first El Paso school to have a UIL State

Championship team in a math-related event in recent history.

"It means so much to them and they take great pride in representing our school and the Canutillo community," Medina said. "It's something they worked so hard for and to come away with results that no one else in the city has been able to do by winning it all is a huge accomplishment. I'm very blessed to have coached them."

All four Canutillo team members finished in the top 10 of 24 competitors. Leading the team and also earning individual medals at the state meet were Gabriel Carrillo, 2nd place, Ricardo Corona, 4th place, and Brian Lara, 6th place. Carlos Tovar finished in 8th place.

All year, this team has held first place and swept competitions in the region and state. In April, they won first place at the Texas Math and Science Coaches Association (TMSCA) state competition for the second straight year in 5A calculator applications. They also won the UIL Academic Regional Meet at Texas Tech in the spring. In January, the team took first in the city at the Franklin Math Meet. And, in November, they placed first in calculator applications among all schools class 1A to class 6A at the Texas Tech Fall Fandango competition.

"Winning a state championship is a

See MATH, Page 3

Turnout is fair game

It's not something he does very often, but this time President Donald Trump was telling the truth when, in his rambles before the gun nuts – aka the National Rifle Association Convention in Dallas – he pointed out that the upcoming midterms will be determined by voter turnout.

Turnout is always the be-all and end-all when it comes to any election, but it's particularly vital in this one. The Democrats will get the chance to demonstrate whether they can abandon their usual backbiting and lethargy, and instead channel all the anti-Trump horror into crowds at polling places.

Donald Trump is not even on the 2018 ballot. It's a race to control Congress, but he recognizes that if Dems take over the GOP-majority Senate or House, his presidency is in deep doo-doo. The opposition will be empowered to constantly harass him and even impeach him if the stars align.

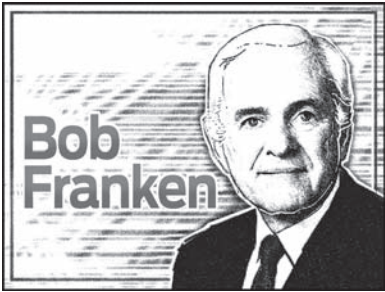
He is well aware that he needs to create more passion on the right, even for those in the party who are less than enthusiastic about him. They are even less enthusiastic about the Democrats, who are doing everything they can to overcome the divisions that invariably define them.

Already, the D's are bickering over whether they'll stick with Nancy Pelosi as speaker of the House if they take over. The R's demonize her non-stop, so many candidates in her party are running away from Pelosi as hard as they're running for their congressional seat. If they can't channel their anti-Trump frenzy into voter turnout, then in the words of Rep. Jim Clyburn, a member of Pelosi's leadership team, "If we're still in the minority, all of us have got to go."

It is not overstating it to argue that this election, as much as any in our history, will define the United States of America. Even though he's not on the ballot, his fellow countrymen and women will be deciding whether to reject or accept Donald Trump's record as president after nearly two years of racism, misogyny, outright stupidity and autocratic tendencies, as well as his constant lying. Is such a person the one who should continue to lead this country? It's the first chance since Trump had his election handed to him by the feckless opposition, with a little help from his friend Vladimir Putin, for the citizens of the United States to make it clear what we stand for.

And it's not just one campaign, it's 470 for Congress alone – all 435 House seats are up for grabs and 35 in the Senate. That probably will make it difficult for the Russians to steal all of them.

But those other adversaries of



EPCC students receive degrees



– Photo courtesy El Paso Community College

SELFIES ALL AROUND – El Paso Community College (EPCC) held its Spring Commencement Exercises on Friday, May 11, 2018 at the University of Texas at El Paso Don Haskins Center. A total of 2,062 associate's degrees and certificates were awarded during two ceremonies. The commencement speaker was Edward Escudero, President and CEO of High Desert Capital, and the Master of Ceremonies was Dr. William Serrata, EPCC President. EPCC was recently ranked first nationally for the number of associate's degrees awarded to Hispanic students. After this commencement ceremony, EPCC will have awarded more than 77,000 degrees.

– Jim Heiney

See FRANKEN, Page 3

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Rosenstein has botched the Mueller probe

Rod Rosenstein is doing a star turn as principled defender of the law, but he’s performed abysmally as deputy attorney general, and President Donald Trump would be fully justified in firing him.

The leaked questions that special counsel Robert Mueller wants to ask Trump in a prospective deposition are, if accurate, a sign that Mueller has spun out of control on Rosenstein’s watch.

The questions (drafted by Trump’s legal team after consultations with Mueller’s investigators) suggest a free-floating investigation of the president’s motives, undertaken by a subordinate of the president. This is unlike any special counsel investigation we’ve ever seen and represents a significant distortion of our system.

Per the questions, Mueller wants to know how Trump reacted to news stories in The Washington Post. What he thought of FBI Director James Comey during the transition. How he feels about his attorney general.

These questions grow out of an obstruction-of-justice probe centered, as far as we can tell, on Trump’s exercise

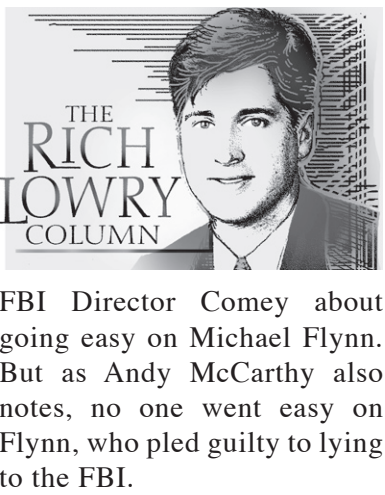
of the legitimate powers of the presidency.

What makes Mueller different is that his predecessors were given the mission of investigating specific alleged crimes. As my National Review colleague Andrew McCarthy has repeatedly pointed out, Rod Rosenstein mentioned no crimes in his initial order to Mueller, a violation of the special counsel regulations.

This amorphous, wide-ranging guidance appears to have allowed Mueller to effortlessly slide from an amorphous, wide-ranging investigation into Russian meddling into an amorphous, wide-ranging investigation into obstruction of justice. (Rosenstein followed up later with a more specific memo to Mueller.)

Now, judging by the leaked questions, obstruction is the lion’s share of Mueller’s work. Absent smoking guns that we aren’t aware of (always possible), this is bizarre and disproportionate.

We now have an extensive obstruction investigation carried out by investigators who haven’t been obstructed. There’s been an intense focus, for instance, on Trump’s Oval Office discussion with then-



FBI Director Comey about going easy on Michael Flynn. But as Andy McCarthy also notes, no one went easy on Flynn, who pled guilty to lying to the FBI.

Regardless, current Justice Department guidance says the president can’t be indicted. If Mueller takes heed, he is limited to indicting underlings and writing reports on his findings, with Congress the most important consumer.

This means Mueller is, in effect, the lead investigative counsel for a prospective House impeachment committee. It’s an important position, just not one that should be housed within the executive branch.

Rod Rosenstein is ultimately responsible for the state of this investigation. On the merits, he should be fired and replaced by someone willing to exercise proper oversight of the special counsel.

A more practical lever would be to push for Rosenstein to

recuse himself. As a party to the firing of James Comey, he shouldn’t be overseeing a probe in which he’s a witness.

To this point, the White House posture toward the Mueller investigation has been to cooperate and hope it goes away, when a root-and-branch legal and constitutional challenge to Mueller’s work is now what’s

called for.

Surely, Mueller will want to ask questions about such an effort, too – because he’s the unbounded investigatory ombudsman of the Trump era.

Rich Lowry is editor of the National Review. (c) 2018 by King Features Synd., Inc.

Math

From Page 1

major achievement for any academic team given the talent and competition in the state of Texas,” CISD Superintendent of Schools Dr. Pedro Galaviz said. “This is yet another example of how Canutillo continues to rise above and be recognized among the best in the state.”

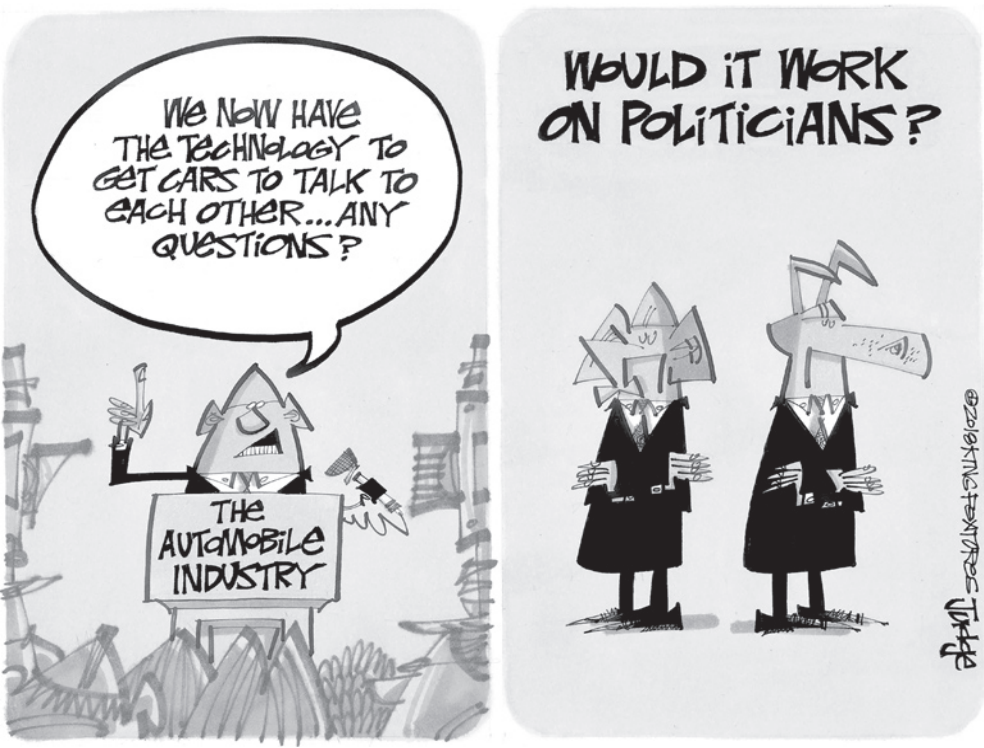
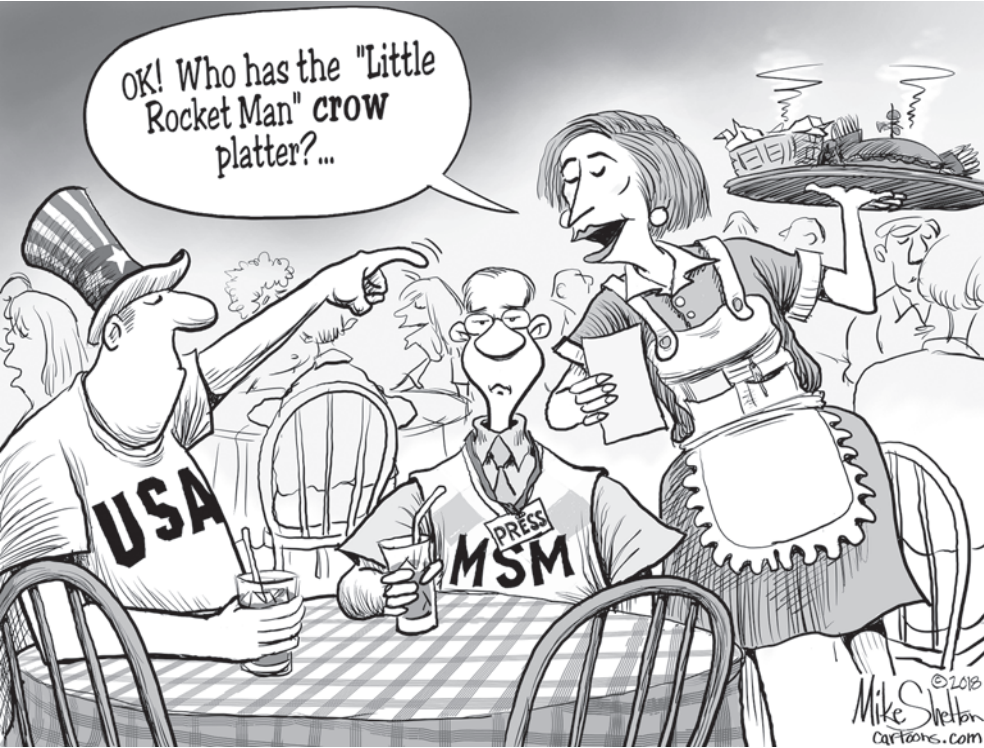
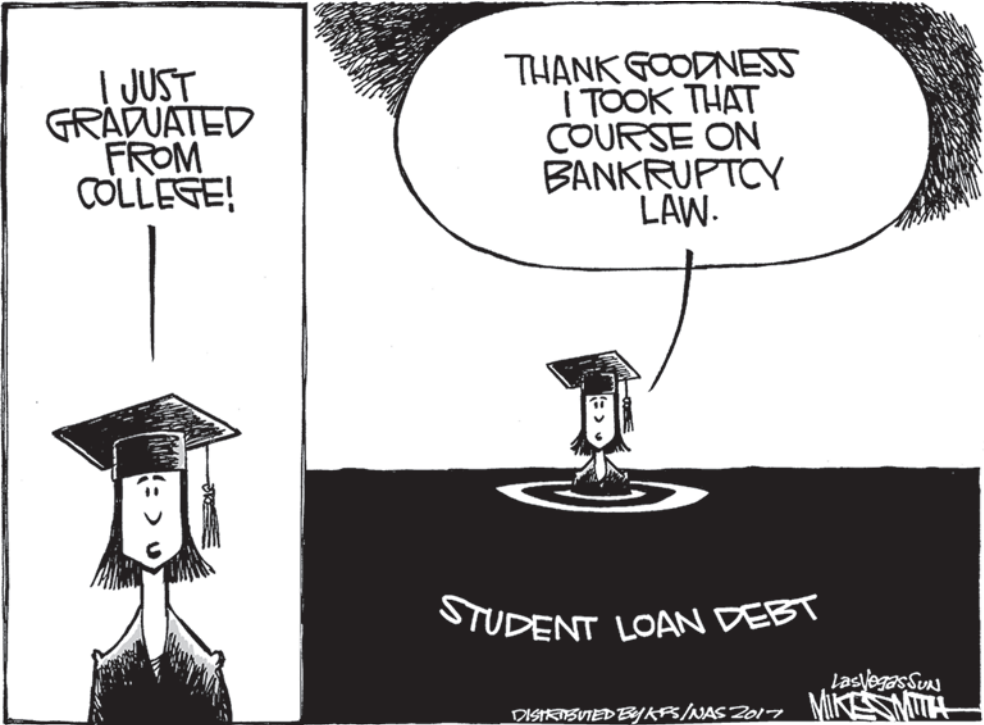
Franken

From Page 2

U.S. democracy, the big-money contributors, will be spreading their financial poison over most of the races. Already they are dumping huge amounts. Through hook and crook – mainly crook – they can pay for misleading ads that smear anyone they decide they need to oppose.

Still, the wild card is the wild man. Donald Trump is impervious to scandal with those in his base. If the opposition can’t match their turnout, it will be the scandal that indelibly stains the nation.

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TRUE TEXAS FACTS by Roger Moore, May 18, 1977:
Millionairess Sondra West is buried in her '64 blue Ferrari.



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Briefs

From Page 1

• 8th – Housing Affordability. Visit <https://wallethub.com/edu/best-states-to-be-a-cop/34669/> for the full report.

– Diana Popa

Costly accidents

A treasure trove of precious metals fell out of the cargo hold of a Russian plane as it took off at an airport near the Siberian town of Yakutsk recently. Millions of dollars worth of gold, platinum and diamonds were spread over a 16-mile path before the plane could return to the airport, according to the Association of Mature American Citizens. Officials said that the original cargo was worth \$378 million and that the plane’s cargo ramp was damaged on takeoff. Meanwhile, sanitation workers in Hall County, GA discovered some \$100,000 worth of jewelry that had apparently been accidentally thrown out with the trash by an unidentified woman who wasted no time in calling the authorities when she discovered her loss.

– John Grimaldi

Drug problems

With SAMHSA’s National

Prevention Week in full swing and the Trump administration proposing harsher penalties for drug offenders, the personal-finance website WalletHub has released its report on the *States with the Biggest Drug Problems in 2018* to highlight the areas that stand to be most affected. This study compares the 50 states and the District in terms of 20 key metrics, ranging from arrest and overdose rates to opioid prescriptions and meth-lab incidents per capita. Texas was 37th overall, ranking:

- 39th – Share of Teenagers Who Used Illicit Drugs in the Past Month;
- 48th – Share of Adults Who Used Illicit Drugs in the Past Month;
- 40th – Opioid Pain Reliever Prescriptions per Capita;
- 49th – Drug Overdose Deaths per Capita;
- 21st – Drug Arrests per Capita;
- 46th – Share of Adults Who Needed but Didn’t Receive Treatment for Illicit Drug Use in the Past Year; and
- 1st – Substance Abuse Treatment Facilities per 100,000 People (12 Years and Older) Using Illicit Drugs.

Visit <https://wallethub.com/edu/drug-use-by-state/35150/> for the full report.

– Diana Popa

Strange BUT TRUE

By Samantha Weaver

• It was noted wit Ambrose Bierce who made the following sage observation: “All are lunatics, but he who can analyze his delusion is called a philosopher.”

• You might be surprised to learn that in January 2004, the Food and Drug Administration approved the use of maggots as a medical device for cleaning wounds.

• Presidential security was not always as formidable as it is today. In 1913, former President Theodore Roosevelt was walking down a Milwaukee street, heading to a speech he was scheduled to give. A man named John Schrank pulled out a gun and shot toward Roosevelt, who staggered but did not fall. There was no blood evident, and Roosevelt, who was campaigning for a second term, insisted on delivering his speech. When he pulled from a coat pocket the 100 pages on which his speech was written, he saw a bullet hole through the sheets of paper. Still determined to carry on, he gave his speech before going to the hospital, where it was discovered that the bullet had penetrated four inches into his body. After the perpetrator was arrested, it became evident that Schrank was insane; he claimed that President William McKinley had revealed to him in a dream that Roosevelt was responsible for McKinley’s assassination. Schrank spent the next 32 years in an insane asylum.

• If you see a group of flamingoes together in one place, it might be handy to know that the appropriate collective noun is a “flamboyance.”

• The instruments used by professional flute players are usually made from precious metals – either sterling silver, 14-carat gold or platinum.

Thought for the Day: “It is an ironic habit of human beings to run faster when we have lost our way.”

– Rollo May

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CryptoQuip
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Moments in time

THE HISTORY CHANNEL

- On May 28, 1937, Volkswagen is founded in Wolfsburg, Germany. Adolf Hitler's pet project was the mass production of an affordable vehicle that could sell for less than 1,000 Reich marks (about \$140 at the time). The "People's Car" was based on Austrian automotive engineer Ferdinand Porsche's design.
- On May 29, 1922, the U.S. Supreme Court rules that organized baseball does not violate antitrust laws as alleged by the Baltimore franchise of the defunct Federal League in 1915. The high court held that organized baseball is not a business, but a sport.
- On May 30, 1593, playwright Christopher Marlowe, 29, is killed in a tavern brawl. Marlowe, a compatriot of Shakespeare, was nearly denied his master's degree from Cambridge, until advisers to Queen Elizabeth intervened. Marlowe had been a spy for the Queen.
- On May 31, 2005, W. Mark Felt's family ends 30 years of speculation, identifying the former FBI assistant director as "Deep Throat," the secret source who helped unravel the Watergate scandal that brought down President Richard Nixon.
- On June 1, 1990, President George H.W. Bush and Soviet leader Mikhail Gorbachev sign a historic agreement to end production of chemical weapons and begin the destruction of both nations' reserves.
- On June 2, 1967, Capt. Howard Levy, 30, a dermatologist, is convicted by a court-martial of disobeying orders for refusing to instruct Green Beret medics on skin disease, calling it a "tool of political persuasion." Levy was sentenced to three years at hard labor.
- On June 3, 1956, authorities in Santa Cruz, California, announce a total ban on rock and roll at public gatherings, calling the music "detrimental to both the health and morals of our youth." A crowded dance party attended by 200 teenagers the previous evening led to the decision.

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Nominations sought for Texas history and heritage awards

By Leah Brown
Special to the Courier

TEXAS – The Texas Historical Commission (THC) offers awards to recognize worthy accomplishments and exemplary leadership in the preservation of Texas history and heritage. The THC is now accepting nominations for the following historic preservation awards: Governor's Award for Historic Preservation, John L. Nau, III Award of Excellence in Museums, Ruth Lester Lifetime Achievement Award, John Ben Shepperd County Historical Commission Leadership Award, George Christian Outstanding Volunteer of the Year Award, Curtis D. Tunnell Lifetime Achievement Award in Archeology, Anice B. Read Award of Excellence in Community Heritage Development, THC Award of Excellence in Preserving History, THC Award of Excellence in Historic Architecture, and THC Award of Excellence in Media Achievement.

The deadline for submissions for the 2018 THC Preservation Awards is July 13, 2018. Winners of the awards will be decided at the Commission's October 2018 Quarterly Meeting, and all nominees will be notified of their status shortly afterward.

Most of the awards will be presented at the THC's Real Places conference January 16–18, 2019. The THC's most prestigious award, the Governor's Award for Historic Preservation, is presented at a special ceremony arranged with the staff of the Governor's Office. A wide variety of projects and volunteer efforts may be recognized through the Governor's Award.

Anyone may submit a nomination in accordance with the guidelines presented below each award as listed at thc.texas.gov/awards. The THC also offers the Award of Merit, which recognizes the efforts and contributions of a group or individual involved in preserving Texas' cultural and historic resources. Nominations for this award may be submitted anytime throughout the year. For more information, contact the THC's History Programs Division at (512) 463-5853.

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UTEP hopes for better things after summer break

By Steve Escajeda
Special to the Courier

We’re in the middle of May and the sun is beginning to show off by throwing 100-degree temperatures at us already. Families are busy planning summer vacations and businesses are getting ready for the summer rush. Another sign of summer are the quiet halls at UTEP. With fewer students, summer is a kind of quiet before the fall semester storm. It’s a time to slow down a bit; to reflect, to recharge the batteries and it’s a chance to catch up on things. There’s no doubt that summer is very important and can be quite effective – if used well. That idea goes triple for the UTEP athletic department because this is

probably the most important summer they’ve faced in decades. After one of the most disappointing men’s athletic seasons in the school’s history, the football and basketball programs are poised to reverse the downward trend. The football team was the worst in the country, going 0-12, with an anemic offense and an “ole” defense. The basketball team finished 11-20 and had to rally late in the season to stay out of the C-USA cellar. The biggest casualty of the past season was the UTEP sports fan, which decided to stay home rather than sit through another lop-sided defeat. Attendance at the Sun Bowl and “The Don” has dropped considerably in recent years and those who are at the games are certainly not getting their money’s worth. Both teams are going through drastic

changes in coaching staffs and personnel. Dana Dimel has taken over football and Rodney Terry in now leading basketball. Both come from successful backgrounds, both have turned losers into winners and both have hit the recruiting trail hard. Both coaches have promised the same thing to the UTEP sports fans – each has said they’re going to join the 21st century and turn things up a notch offensively. Former football coach Sean Kugler was a stickler for tough hard-nosed football; and there’s nothing wrong with that. But his offensive philosophy of three yards and a pile of synthetic turf would have done wonders for Vince Lombardi or Bear Bryant. But in 2017, it cost him his job. Dimel has said he is going to spread things out and throw the ball down the field. Time will tell whether his quarterbacks will be successful or not, but it sure is a

more exciting brand of football. Former coach Tim Floyd didn’t have a tough time getting good players to come here. He just had a tough time convincing them to stay. As a result, UTEP was always considered one of the “youngest” teams in the country. And of course “youngest” was another word for “inexperienced.” While both Floyd and Terry feel that defense is vitally import to a team’s success, Terry says his teams are going to push the ball up the floor at every opportunity. Again, playing a more exciting brand of basketball that the fans should fall in love with. It’s very simple – more exciting, more success, more fan interest. New UTEP athletic director Jim Senter has done an extraordinary job getting El Pasoans excited about two losing programs. That alone is a miracle. His optimism and non-stop promotional drive has given fans a feeling of access that they’ve never had before. There’s a sense of inclusion and togetherness with the university’s athletic department that has been sorely missing. There’s a feeling out there that UTEP is El Paso’s team again. There’s always been talk about “Chico”, the El Paso Chihuahuas mascot, making more appearances all over town than anyone else. But ever since Jim Senter arrived in El Paso, it’s apparent that Chico has some real competition now. So this summer is UTEP’s kind of calm before what they hope is an explosive storm of winning and attendance growth. Three months of quiet anticipation of what is to come. No one is realistically thinking “conference championship” or “Top 25” right now, but an improvement in wins, effort and style of play, would be a step in the right direction. UTEP athletics aren’t looking at this fall as just any new season – they’re looking at it as the beginning of a new era.



Super Crossword

INTRO TO POE
ACROSS

1 Iraqis, e.g.
6 Yank's Civil War foe
9 "View of Toledo" artist
16 Road sign no.
19 _ Haute, Indiana
20 Fruit eater in Genesis
21 "Naked" rodent
22 Byronic "before"
23 A second time
25 When you get there
27 Flat-topped rise
28 Choose to participate
30 Nosh, say
31 Like a desert
32 "Sister Wives" airer
34 Lots of
38 Greater than
40 President Nixon
44 Snatch
45 RV hookup gp.
46 Zilch
47 Love of Lennon
48 What jailbirds are behind
50 Color akin to navy
54 Pop singer Lovato conditions, say
64 See 77-Across
65 Declaration at the door

66 Spock player
67 Has a printed price of
72 Secretive U.S. org.
73 "Since the subject has come up..."
77 With 64-Across, of equal status
78 Olympic skater Witt
80 Packaging abbr.
81 Ugly beasts
83 Puppy's bite
84 "Seems suspect to me"
87 Dimwit
90 Singer with the 2001 hit "Thank You"
92 Kemo _ (the Lone Ranger)
93 Simon or Diamond
94 Meditated on
98 Guitar great
Lofgren
100 "Botch-_" (1952 hit song)
101 "What _!" ("He's the best!")
102 Balkan repub.
103 Shag, e.g.
105 Get flushed
107 Actor Michael of "Star Trek: The Next Generation"
108 Cowardly
112 Day, in Peru
113 Shed tears
115 Rap's "Dr."
116 Arsenal
118 Take apart
122 "Such is life"

126 One may seek respite
128 Family cat, e.g.
129 Stephen, French-style
130 & so forth
131 Huge name in insurance
132 Voting "yes"
133 Least lax
134 With 135-Across, poem whose first line is found among this puzzle's 11 longest answers
135 See 134-Across

DOWN

1 Quark locale
2 Actress Russo
3 Oval portions
4 Respiration
5 Briny deep
6 Lop a crop
7 Best Musical of 1980
8 Gentle
9 Kiwi relative
10 Trotted
11 Twilight, old-style
12 1995 Leslie Nielsen comedy
13 Long span
14 Avis offering
15 Other, in Peru
16 Restorations
17 Exchanged for the better?
18 Slippery sort
24 Flip out

26 Jail cell parts
29 Linguist Chomsky
33 Testing spot
35 Osaka sash
36 Off-limits
37 Slangy "OK"
39 Actress Charlotte and others
40 Tennis champ Andy
41 Notion about motion
42 Charges
43 Enticed
49 Aussie miss
51 Post-WWII prez
52 Fish-fowl link
53 "Yes, it's also included"
55 "_ so sure!"
57 Put a label on
61 Second draft
62 Pull along
63 "Laughing" mammal
64 Greek letter
67 Guy keeping the peace
68 Smidgen
69 Refrain
70 Former
71 Grappled, in dialect
74 In the know
75 Amp (up)
76 Summers, in French
79 Painkillers
82 Fired thing
84 Altar words

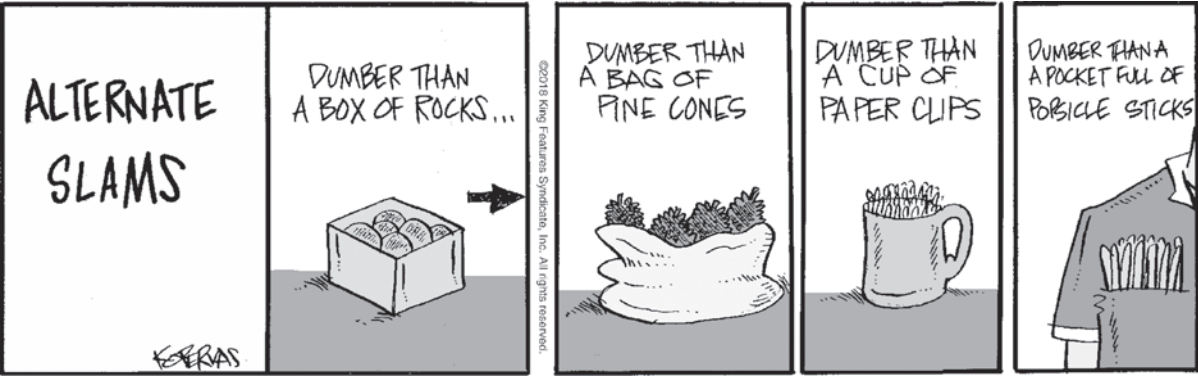
85 Carpooling lane abbr.
86 Misleading sort
87 Apple debut of 2010
88 Person with a pet pooch
89 No longer fazed by
90 Editor's mark
91 Pin-ons worn by staffers
95 Not refined
96 East ender?
97 Repents of
99 _ Lankan
104 Not stay dry
106 Queasiness
109 Norway's currency unit
110 Wails in lamentation
111 Performs, in the Bible
114 Virgil, e.g.
117 Indy 500, e.g.
119 Tube fan's punishment
120 Desert hill
121 "The Good Earth" wife
122 87-Down user's buy
123 Suffix with Seattle
124 Pewter part
125 In place
127 Lt. Tasha on "Star Trek: The Next Generation"

1	2	3	4	5		6	7	8		9	10	11	12	13	14	15		16	17	18		
19							20			21									22			
23						24				25							26					
27					28				29		30					31						
				32	33			34		35					36	37		38		39		
40	41	42				43		44				45					46					
47				48			49		50		51	52				53						
54				55		56			57		58					59						
60					61					62	63					64						
65														67	68			69	70	71		
72					73	74					75	76						77				
78				79						80						81	82					
				83					84	85						86						
87	88	89					90	91					92					93				
94						95					96	97		98			99		100			
101							102				103		104		105			106				
107							108			109	110				111		112					
	113				114			115				116			117				118	119	120	121
122						123	124				125		126				127					
128					129								130				131					
132					133								134				135					

Answer Page 4

Comix

OUT ON A LIMB By Gary Kopervas



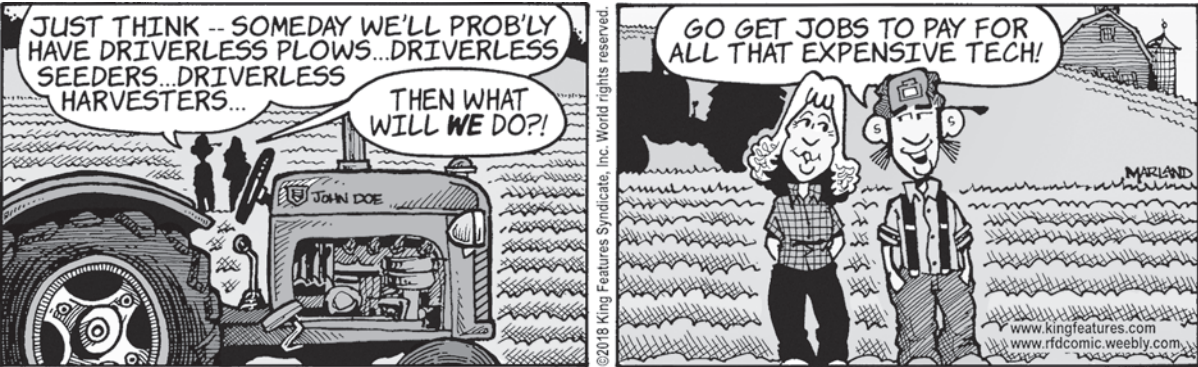
AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



Too-low blood pressure?

DEAR DR. ROACH: You have written many articles about high blood pressure, but I want to know about low blood pressure. What is normal? What is low, and what is dangerously low? I have a heart issue for which I take medication. I want to know if my blood pressure is too low. – Anon.

Among young adults, only 5 percent of men will have a blood pressure below 110/60 or so, and for young women, it's 90/46. Blood pressure tends to go up with age, so low blood pressure numbers are higher for older adults.



For people with healthy hearts, the only time we worry about low blood pressure is if there are symptoms, and the most common symptoms are lightheadedness and fainting.

In people with congestive heart failure, low blood pressure usually is not concerning in itself, but because it might indicate that the heart is getting weaker. However, many of the medications used for CHF reduce blood pressure, which can even limit the amount of medication that can be used. In people with blockages in their arteries, too low a blood pressure can cause inadequate blood flow to parts of the heart and cause angina symptoms.

The blood pressure is dangerously low when a disease process is causing the low blood pressure. In extreme cases, low blood pressure is one of the most dangerous signs of shock. But in general, for healthy people, low blood pressures are not worrisome.

DR. ROACH WRITES:

I have received more letters about hearing loss than I would have believed possible. Most of the advice was consistent, so let me review what both professionals and people who have been through the process of getting hearing aids have advised.

First, have realistic expectations about what a hearing aid can do. It does not make your hearing what it was 50 years ago. Loud noises can be painfully overamplified.

Second, find someone who really knows what he or she is doing. The people whose technicians spent a lot of time teaching, discussing the different options and adjusting them after purchase were the most satisfied. (The adjustment period can take weeks.) A referral from a satisfied friend could be a good place to start. Several professionals recommended that

See HEALTH, Page 8

EVEN WHEN IT'S JUST AROUND THE CORNER.

NEVER GIVE UP
UNTIL THEY BUCKLE UP.

VISIT [SAFERCAR.GOV/KIDSBUCKLEUP](https://www.safercar.gov/kidsbuckleup)

Health

From Page 7

your audiologist be certified by the American Speech, Language and Hearing Association.

Third, be prepared to spend some money. Good hearing aids are expensive. More expensive doesn't always mean better, but most of my readers felt that the money they spent on hearing aids was well worth it. I'm sure there are some great ones, and some not as great. Many veterans wrote me to tell me about their (mostly) good experiences at the Department of Veterans Affairs.

Fourth, try many models. Some people prefer in-the-ear, some over-the-ear. Because it takes a long time to get used to them, you need to wear them pretty much constantly. Both your ears and your brain need time to adjust, so be patient.

Finally, several people and one chapter president wrote to me about the Hearing Loss Association of America (www.hearingloss.org) and the benefit they gained from visiting their local chapter and sharing their experiences.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803. (c) 2018 North America Synd., Inc. All Rights Reserved.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: I equals O

VGDP K PYZCKPTD BQZDC QDKAAM
GKQX BI KTTIRJAZCG CIRDBGZPU,
Z'X CKM GD'C JYBBZPU GZC JDCB
EIIB EIQVKQX.

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

	8				7			3
	1	9	5			7		
3				6			9	8
	3		1					5
		4			8		6	
2				3		4		
9			8				4	
		1		2			3	7
7	2				5	9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

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Short-timer? Plan benefits now



by Freddy Groves

If you're about to leave the service, there are a number of transition services you need to know about. Your biggest issue will be timing.

Wherever you're stationed, there is a benefits adviser available, as well as a Transition Assistance Program (TAP) manager. Their job is to help you through the process and make sure no stone is left unturned in getting you the benefits you need once you're out.

As a first step, to learn about all the benefits and services available to you, go online (www.benefits.va.gov/TAP/) and select either Active Duty or National Guard/Reserve. Both will take you to a page with your benefits listed.

Don't miss out on the Pre-Discharge benefits if you're active duty and eligible for those. Starting 180 days before separation or retirement, you can submit a claim for disability compensation. It will take a

minimum of 90 days to get you organized with that so it's all in place by the time you're out. You'll need VA Form 21-526EZ and your medical records. Read all of the details on this page so you don't miss anything. Mark important dates on a calendar – it's that critical that you don't miss deadlines.

The other benefits listed include health care, education, homeloans(includingrefinance and interest-rate reduction), insurance and vocational rehab, and employment. In addition, career counseling and fiduciary services are available.

Spouses aren't being left out. They are encouraged to go to the benefits briefing, add their input and ask questions. In fact, many of the advisers are either veterans or military spouses. They'll know how to help you.

You've earned these benefits. Whatever your situation, don't miss out on the benefits briefings. If you can't get to a TAPmeeting, the information can be accessed at the link above. Scroll down to select the agency.

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x		12
x		x		+	
	+		x		20
-		+		+	
	+		x		17
11		14		6	

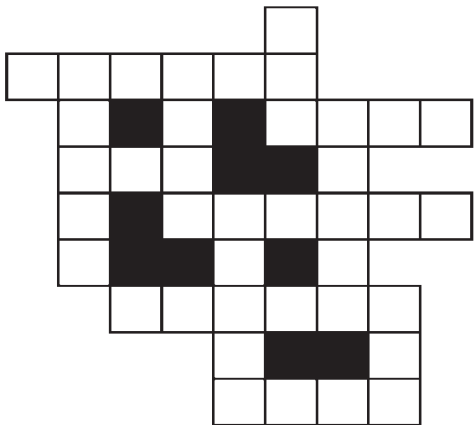
1 1 2 3 4 5 6 8 9

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Answer Page 4



TTA
♥ANAMUL
BRITO
♥TSMU
♥REASHO
UDM
HOMT
HEALT
♥AHS
BAMMLE
OLERM
♥ITDE



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Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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• “Here’s an awesome way to clean silver. Take an aluminum foil pan – the disposable kind – and line it with a piece of aluminum foil; sprinkle in some salt – I use sea salt, but any kind will do – then add an equal amount of baking soda, and fill the container with boiling water. Put your silver, including jewelry, into the mix – it cleans instantly! Of course, you’ll have to turn the larger pieces, so be careful not to burn yourself.”

– L.N. in B.C., Canada

• “With summer storms and hurricane season right around the corner, power outages are a very real possibility. Whenever I have any extra room in my freezer, I fill some containers with water and freeze them. If the power were to go out, it’ll keep my frozen foods good longer, or become water to drink if needed. And it’s no waste, since if I need the room, I can just take one out.”

– W.J. in Texas

• Do you remember the last time you went on vacation and came home the night before returning to work or school, and the house was trashed and there was no food or anything? Do yourself a favor here: Clean house before you leave; schedule a grocery delivery of essentials for your return, if possible; and schedule a recovery day at home before returning to work.

• Bread can be frozen and reheated in the oven after a quick spritz of water. Sliced bread can be defrosted on the counter as needed. There’s really no excuse to have bread go bad.

• For furniture items that require their own small tool to tighten screws (think, IKEA furniture, etc.), this tip is genius: Tape the tool to the underside of the furniture, or in an inconspicuous place. It will be handy for quick tighten-ups and ready when you need to take it apart to move it.

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2018 King Features Synd., Inc.

Send Your
Newsbrief To:
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