



## NEWSBRIEFS

### Free holiday movies

One way to keep warm at this year's third annual WinterFest – enjoy the free holiday movies at the Plaza Theatre. Beloved classics *It's a Wonderful Life* and *Miracle on 34th Street* will be shown along with modern favorites such as *Elf* and *Frozen*, over five Sundays beginning November 18 and ending January 6. The series opens with *Elf*, starring Will Farrell, at 3 p.m. Sunday, November 18, followed by a double bill of the 1966 TV special *How the Grinch Stole Christmas!* and Robert Zemeckis' animated *The Polar Express*, starting at 3 p.m. Sunday, November 25. The movies continue two weeks later with 1947's *Miracle on 34th Street*, starring then child-actor Natalie Wood, at 3:30 pm Sunday, December 9, followed by a double bill of 1983's *A Christmas Story* at 1 p.m. and Jimmy Stewart in *It's a Wonderful Life* at 3:30 p.m. Sunday, December 16. The series concludes with two wintry titles, Disney's *Frozen* at 1 p.m. and *Ice Age* at 3:30 p.m. Sunday, January 6, the last day of WinterFest. In true Plaza Classic style, organists Ken Fedorick, Richard Garven and Laurie Koval will perform on the Plaza Theatre's original, restored Wyler Mighty Wurlitzer Pipe Organ before each movie. WinterFest, which includes ice skating in Arts Festival Plaza, runs November 17 through January 6. The 12th annual Plaza Classic Film Festival will be August 1-11, 2019. Go to [epwinterfest.com](http://epwinterfest.com) and [plazaclassic.com](http://plazaclassic.com) for more information.

– Doug Pullen

### A creative tinkerer

Talk about a comfortable, if not awkward, commute. Daniel Winter is showing off the latest addition to what he calls his collection of “dumb motorized stuff” – a motorized couch. Among other bright ideas creative tinkerer Winter has had in the past are a skateboard with a motor and a motorized garbage can. Go figure!

– John Grimaldi

### Millennials

With millennials today making up the largest generation in the U.S. workforce yet earning 20 percent less than Baby Boomers did at the same age, the personal-finance website WalletHub has released its report on 2018's Best & Worst States

See BRIEFS, Page 4

## Over 200,000 people in El Paso County cast their mid-term vote

By Alfredo Vasquez  
*Special to the Courier*

EL PASO COUNTY – A preliminary summary report of the recent November general election shows that of the 457,151 registered voters in El Paso County 203,157 (44.44%) actually voted. The unofficial report, which is currently posted on the El Paso County Elections Department's webpage, highlights the apparent winners of the various races and the outcome of certain propositions.

The final results of races in the county's outlying communities of Canutillo, Clint, and Fabens as well as in some statewide contests that will impact all West Texas residents were made available by the county's elections office a few hours after polling places closed.

Starting with Canutillo Independent School District, eight candidates vied for one of three positions as at-large board members. The total number of votes was 14,559. The top three vote getters were Mary Yglesias with 2,422 votes (16.64%); Laure Searls with 2,407 (16.53%); and Sal Payan with 2,046 (14.05%).

**Publisher's note: This story focuses on El Paso voting. In the statewide elections an asterisk is by the winner's name. Democrats were favored by large margins in El Paso, but not statewide. The voting spread across Texas was anywhere from five to 13 points in major races. Straight party voting in El Paso: DEM, 74.75%; REP, 24.36%; and LIB, 0.90%. Not all races are reflected in this story.**

The other Canutillo ISD candidates, in final order, were: Mago Arellano (13.87%); Gustavo Vasquez (12.95%); Christian Corrales (11.51%); L. John Porras (7.27%); and Billie Ramos-Rickner (7.17%).

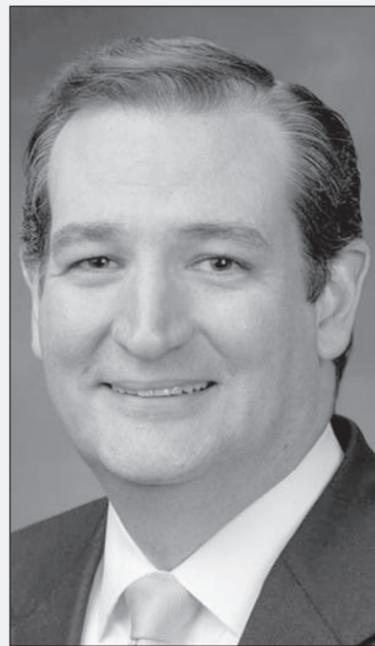
For Canutillo ISD's unexpired seat on the school board, Sergio Coronado won that race with 3,183 votes (55.67%) compared to candidate Alfonso L. Flores Jr. with 2,535 votes (44.33%).

In the Clint ISD board of trustees election, 6,326 votes were cast. Winning a place on the board were: for district at-large- Arleen Parada (59.14%) over Patsy Franco (40.86%); in District 2 Jim Pendell (38.93%) beat Jennifer Ivey (33.83%) and Roberto 'Bobby' Lara (27.24%). In Clint ISD District 4, Arturo 'Rocky' Cruz garnered 97% of the vote.

Also Clint ISD's tax ratification proposition was approved by voters with 3,667 votes (58.09%) for the measure and 2,646 (41.91%) votes against it.

The Town of Clint mayoral race saw 395 residents cast votes. Receiving the most votes was Dora H. Aguirre with 188 votes (47.59%). Steven T. Cheatum Sr. got 150 votes (37.97%), and Addam Hernandez got 57 votes (14.43%). Clint's Alderman-at-large office will be filled by Sandra Hernandez.

Fabens ISD also held board of trustees elections for the District-at-large, Place II, and Place IV seats. Of the 1,331 votes cast, the District-at-large post will be filled by Rosamaria Gallo, who received 67.77% of the votes and L. Anthony Vernium got 32.23% of the votes. In the Place



### THE RACE THAT CAUGHT FIRE

Beto O'Rourke (D), left, and Ted Cruz (R) lit up the 2018 mid-term elections in Texas and nationwide. Their stark political differences along with O'Rourke's youth and energy sparked many young and older Texans to go to the polls. O'Rourke took El Paso in a landslide – attracting almost 75% of vote – but did not carry Texas.

II race, Benjamin 'Ben' Morales earned 50.34% of the votes and Viola Hernandez received 49.66% of the votes. Place IV will be represented by Gregg Spence.

The Fabens ISD tax ratification proposition barely passed with 662 votes (51.92%) for and 613 votes (48.08%) against.

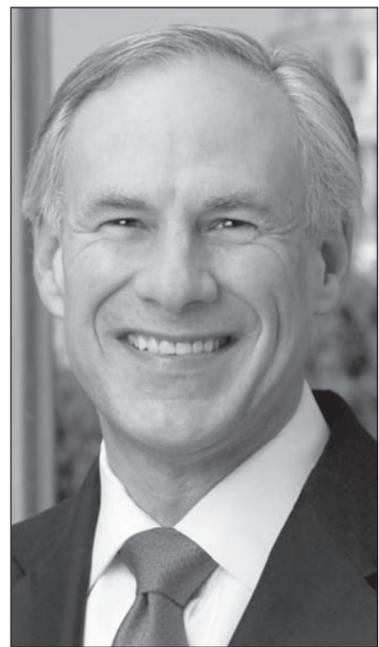
In the Lower Valley Water District contest for the Place 2 slot, Rod Chavez got 3,852 (46.30%) of the 8,320 votes counted; David T. Garcia got 2,406 (28.92%) and Alfonso V. Gutierrez received 2,062 votes (24.78%).

In the U.S. Senate contest between Republican Ted Cruz\* and Democrat Beto O'Rourke, El Paso County voters overwhelmingly pick O'Rourke by nearly a 75% to 25% margin. In the U.S. Representative District 16 race, Veronica Escobar won with 68.30% of the vote, Rick Seeberger got 27%, and Ben Mendoza got 4.5%. In the U.S. Representative District 23 race, El Paso County voters went heavily for Gina Ortiz Jones, who received 78.58% of the votes compared to Will Hurd's 18.95% showing. This race has not yet been decided.

Local voters also favored Lupe Valdez (66.86%) over incumbent Greg Abbott\* (31.30%) for governor. Abbott won re-election in the State

In the Lieutenant Governor's race, El Paso County sided with Democrat Mike Collier giving him 68.46% of the votes and the Republican Dan Patrick\* with 28.53%. For attorney general, El Paso County voters supported Democrat Justin Nelson by a 69.41% to Republican Ken Paxton's\* 27.14% count.

In the Commissioner of General Land Office, El Paso



Gov. Greg Abbott (R) received just 31.3% of the vote in El Paso but carried Texas with 58.8% of the total vote to retain his office.

*Forgiveness saves the expense of anger, the high cost of hatred, and the waste of energy.*

– Quips & Quotes

**View from here** By John Grimaldi

# 100th anniversary of the end of World War I marked

This past weekend's salute to soldiers has special meaning as we celebrate the Marine Corps' birthday, Veterans Day and the 100th anniversary of the end of the War to end all Wars.

On Saturday, November 10th we marked the 243rd anniversary of the establishment of the U.S. Marine Corps. On Sunday, November 11th we celebrated the 99th Veterans' Day, which was originally called Armistice Day to commemorate the end of World War I. The so-called Great War came to an end when an armistice was declared 100 years ago at 11 AM on the eleventh day in the eleventh month of 1918.

This year, President Trump has declared the whole month of November as National Veterans and Military Families Month. In a proclamation issued by the White House, Mr. Trump urged "all communities, all sectors of society, and all Americans to acknowledge and honor the service, sacrifices, and contributions of veterans and military families for what they have done and for what they do every day to support our great nation."

And, in a statement issued prior to the weekend, by the Association of Mature American Citizens, AMAC president Dan Weber urged "all Americans to make a special effort this weekend to remember all those that fought in wars past and present – your friends and family members who served and, of course, those who gave their lives for us. We honor those valiant soldiers, sailors and airmen who risked and lost their lives protecting their homeland. We should also take the time to remember not just those who fought our wars but all those who lost their lives in wars – the innocent civilians who were the victims of conflict."

It wasn't until nearly eight years after the armistice between Germany and the Allies, that on June 4, 1926 the U.S. Congress officially recognized the end of World War I when it passed a resolution that begins with these words: "the 11th of November 1918, marked the cessation of the most destructive, sanguinary, and far reaching war in human annals and the resumption by the people of the United States of peaceful relations with other nations, which we hope may never again be severed."

Although the U.S. was late entering World War I, American bomber pilots were quick very early in the war to join in battle. So many of them "enlisted" that a separate unit of the French Air Service called the Lafayette Escadrille was created for U.S. flyers. It was named in honor of the Marquis de Lafayette, a passionate supporter of the American Revolution who was given the rank of major general by the Continental Congress.

The red poppy became a symbol of peace and Armistice Day, after Treaty of Versailles was signed on November 11, 1918. Wearing the poppy flower quickly became a way of publicly acknowledging the horrors of that war and the sacrifices that were made.

Some still wear the poppy. Fewer of us can remember the poem that spawned the symbol—a mournful lament written by John McCrae, a Canadian soldier, in May of 1915 at the height of World War I.

There were parades, ceremonies and observances throughout the U.S. and Canada underscoring the significance of the armistice. In the U.K. as many as 5,000 church bells throughout the

See WW I, Page 4



**40% OF FOOD IN AMERICA IS WASTED**

COOK IT, STORE IT, SHARE IT.  
JUST DON'T WASTE IT.

**SAVETHEFOOD.COM**





**WEST TEXAS COUNTY  
COURIER**

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLUTE, FARENS, SAN ELIZABO AND TORNEILLO



**Homesteader  
News, Inc.**  
Est. 1973

**PUBLISHED:**  
Published each Thursday (minimum 50 issues) by Homesteader News, Inc. Office open Monday through Thursday.

**COPYRIGHT:**  
Entire contents © 2018 Homesteader News, Inc. Individual authors retain all rights. Pictures, drawings and written material appearing in the West Texas County Courier may not be used or reproduced without written permission of Homesteader News, Inc.

**LETTERS TO THE EDITOR:**  
Letter must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.

**AD DEADLINE:**  
Monday 4 p.m. for Thursday publication.

**CLASSIFIED RATES**  
\$10 for 25 words, \$15 for 40 words. Ad must be in writing and pre-paid. The West Texas County Courier reserves the right not to publish advertising it considers inappropriate.

**DISPLAY RATES:**  
Open rate — \$25 per column inch. Call for more information or to set an appointment. The West Texas County Courier reserves the right not to publish advertising it considers inappropriate.

**MAIL SUBSCRIPTIONS:**  
Minimum 50 issues for \$45. Delivery via 1st class mail.

**MAIL:**  
15344 Werling Ct.  
Horizon City, TX 79928

**Phone: 852-3235**  
**E-mail: [wtxcc@wtxcc.com](mailto:wtxcc@wtxcc.com)**  
**Website: [wtxcc.com](http://wtxcc.com)**

**Publisher**  
Rick Shrum

**Contributors**  
Alfredo Vasquez  
Steve Escajeda

**Member Texas Community  
Newspaper Association**

# SHELTER PET & LIFE OF THE PARTY

Amazing stories start in shelters and rescues. Adopt today to start yours.

---

HAMILTON 75K+ Instagram Followers

---



**Start A Story. Adopt**  
[theshelterpetproject.org](http://theshelterpetproject.org)









## People know Pueblo for its...



### Famous Hot Salsa?

In Pueblo, the free government information is also hot. Spice up your life by dipping into the Consumer Information Center web site, [www.pueblo.gsa.gov](http://www.pueblo.gsa.gov). You can download all the information right away. Sorry, salsa not available through our web site or Catalog.



## Briefs

From Page 1

for Millennials. In order to determine the most livable places for this generation, WalletHub compared the 50 states and the District of Columbia across 30 key metrics. The data set ranges from share of millennials to average monthly earnings for millennials to millennial unemployment rate. Texas ranked 17 overall, scoring:

- 32nd – % of Millennials Living with Parents;
- 11th – Housing Cost for Millennials;

- 6th – % of Millennials;
- 12th – Average Monthly Earnings for Millennials;
- 32nd – Millennial Homeownership Rate;
- 18th – Millennial Unemployment Rate;
- 51st – % of Insured Millennials; and
- 1st – % of Millennials with Depression.

Visit <https://wallethub.com/edu/best-states-for-millennials/33371/> for the full report.

– Diana Polk

### The dying business

Death is big business in Japan and the competition is fierce.

The population over there is aging at a quickening pace, and so is the demand for funerals and funeral services. In fact, innovative Japanese entrepreneurs have come up with new ways to cash in on that demand. Take the funeral parlor that has begun offering drive-thru funerals. Meanwhile, the frenzy to cash in on the business of dying caused quite a stir not long ago when Amazon began offering a rent-a-monk service and a competitor began offering the services of a robotic “monk.” Who was it that said, dying is easy; comedy is hard?

– John Grimaldi

Send Your Newsbrief To: [wtxcc@wtxcc.com](mailto:wtxcc@wtxcc.com)

[www.wtxcc.com](http://www.wtxcc.com) • [www.wtxcc.com](http://www.wtxcc.com) • [www.wtxcc.com](http://www.wtxcc.com)

# NEW HOUSES

Self-Help Built Starting At:

## \$75,000

Lower Valley Housing Corporation

### 590-4511

LVHC is an equal opportunity affordable housing provider and employer that does not discriminate against anyone based on race, color, sex, disability, familial status, national origin, marital status or age.

## Classified Ads

### LEGALS

#### Public Notice

#### Village of Vinton, Texas

#### Proposed Official Zoning Map

A public hearing will be held at 6:30 pm on Tuesday, December 4, 2018, during the Vinton City Council meeting at Vinton Village Hall, 436 E. Vinton Road, Vinton, Texas.

The purpose of the public hearing is to allow any interested persons to appear and testify regarding the following items:

Proposed adoption of an updated Official Zoning Map for the Village of Vinton to comply with the requirements of the Unified Development Code (UDC) adopted on January 11, 2017 (Ordinance No. 2017-12-5-2) and the

recommendations of the Comprehensive Plan adopted on February 21, 2017 (Ordinance No. 2017-2-21-4). A copy of the proposed updated zoning map along with the Village of Vinton Engineer's explanation for the zoning map revisions is posted at the Village of Vinton town hall.

Those who are unable to attend may submit their views in writing to the Village Administrator at 436 E. Vinton Road, Vinton, Texas 79821. Persons with disabilities that wish to attend this meeting should contact City Hall at (915) 886-5104 to arrange for assistance. Individuals who require auxiliary aids or services for this meeting should contact City Hall at least two days before the meeting so that appropriate arrangements can be made.

Andrea N. Carrillo  
Village Administrator

WTCC: 11-15-18

#### El Paso County Tornillo Water Improvement District

#### Position Open Wastewater/Water Operator

El Paso County Tornillo Water Improvement District accepting applications. Qualifications: H.S. degree or GED, class C Wastewater Operator license and Class C Water License preferred, or Class D required within one year of appointment, valid Texas Class C driver's license, computer literate, experience in wastewater treatment plant and water operation and maintenance. Salary based on experience and TCEQ licenses. Applications accepted until

position is filled. Apply at 19225 Highland St., Tornillo, TX, mailing address P. O. Box 136, Tornillo, TX 79853. (915) 764-2966.

#### Equal Opportunity Employer

WTCC: 11-15-18  
11-22-18

### DRIVERS

**Drivers: CDL-A LOCAL AVAIL!!**  
In El Paso, TX. Competitive Wages! Full Benefits. **CALL 844-452-7902**

### RANCH FOR SALE

320 ACRES NORTH OF FT. HANCOCK. INCLUDES ALAMO ARROYO DAM AND WATER IMPOUNDMENT. \$350,000/\$20,000 DOWN, BALANCE @8.25%. GOLD CROSS PROPERTIES 915-779-3495.

## WW I

From Page 2

country rang out in unison at eleven a.m. on Nov. 11. And in France, which saw more than its fair share of the carnage, the commemoration of the armistice focused on some of the bloodiest battles, including the battles of Verdun, the Somme, Amiens and Vimy Ridge.

In Australia and New Zealand, they call it Remembrance Day in honor of the tens of thousands

of ANZAC troops who died in battles half way around the world, including the devastating battle of the Gallipoli Peninsula in Turkey.

*The Association of Mature American Citizens (<http://www.amac.us>) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today.*



## CLASSIFIED AD FORM

25 words - \$10 per week; 40 words - \$15 per week

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20
21	22	23	24
25	26	27	28
29	30	31	32
33	34	35	36
37	38	39	40

Deadline: Monday, 4 p.m. Please print. Send form and payment (no cash) to:

**West Texas County Courier**  
15344 Werling Ct.  
Horizon City, TX 79928

Contact Information:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

6	2	4	1	7	9	5	3	8
1	9	3	5	2	8	7	6	4
5	8	7	4	3	6	9	1	2
2	5	8	7	6	1	3	4	9
3	1	6	8	9	4	2	7	5
7	4	9	2	5	3	1	8	6
9	3	1	6	8	2	4	5	7
8	7	2	3	4	5	6	9	1
4	6	5	9	1	7	8	2	3

A

ADMIRE

I I A S

E DEN P P

O P T I M A

A M A N

C A N O P Y

I O

C R

ROAM	UTE	PEAT	SPA	ISA
ACREAGES	ONS	SAFARI	NUT	
WHENTHESONG	WRITER	FRO		
ERNST	ORT	ENVOY	HARM	
RETAINS	ZED	EREMITE		
	COMPOSED	KIDSTUNE		
LADS	TAU	UNIT	GLADS	
ABOUTACROP	GROWER	ITEM		
UDDER	KER	PESO	SERE	
RUGRAT	CAGE	IAMAT		
ALE	WHOHAD	MARRIED	NTH	
	SLOMO	ECRU	ORNERY	
AWOL	REPO	ESS	REASED	
NINE	ANENGLI	SH	POPSTAR	
ESTEE	CAAN	OOH	ASTAR	
WHAT	TITLED	ID	HEUSE	
BREATHE	RIO	TOSSUPS		
VOID	CRAFT	GUM	SATAN	
JINA	THEFARMER	AND	ADELE	
SEN	REASSIGN	GRAY	AREA	
ASS	ADD	TOME	SAY	TOOK

## CryptoQuip Answer

On occasion, the shepherd has heard some annoyed and disgusted sheep crying “Baa, humbug!”

## Strange BUT TRUE

By Samantha Weaver

• It was 20th-century American singer and songwriter Bobbie Gentry who made the following sage observation: “Euphemism is a euphemism for lying.”

• In a match between a 200-pound mountain lion and a 20-pound porcupine, the lion is likely to be the loser – and probably will die if it tried to take a bite of the desired prey.

• The next time you're annoyed by a bad case of the hiccups, consider poor Charles Osborne. In 1922, when he was 28 years old, Mr. Osborne got the hiccups. For the next 68 years, he continued to hiccup, finally stopping in 1990, one year before his death at the age of 97.

• Marilyn Monroe's iconic film “Some Like It Hot” (which in 2000 was named the greatest American comedy film of all time by the American Film Institute) originally was titled “Not Tonight, Josephine!”

• At one time the Catholic Church considered it sinful to eat a hot dog.

• For a nation based on a foundation of democracy, the U.S. certainly has a lot of states (that were originally colonies, of course) named for British royalty or nobility. The state of Virginia, for instance, was named for Queen Elizabeth I, known as the “Virgin Queen”; and Georgia was named in honor of King George II. King Charles II got both North and South Carolina, while the Duke of York and Albany – later King James II – was honored when the state of New York was named. Even France got in on the action: When explorer Robert de la Salle claimed a large chunk of territory for France in 1682, he named it Louisiana, after King Louis XIV.

Thought for the Day: “It is frequently the tragedy of the great artist, as it is of the great scientist, that he frightens the ordinary man.”  
– Loren Eiseley

(c) 2018 King Features Synd., Inc.

5	–	1	×	6	24
×		+		÷	
9	–	4	×	3	15
÷		+		×	
3	×	2	+	7	13
15		7		14	



**Moments in time**  
THE HISTORY CHANNEL

• On Nov. 26, 1872, the Great Diamond Hoax, one of the most notorious mining swindles of the time, is exposed. Two Kentucky cousins had salted a mine with a few diamonds, and bank financiers rushed to invest. Some of the supposed raw diamonds actually had jewelers' cut marks.

• On Nov. 27, 1942, guitar legend Jimi Hendrix is born in Seattle. He grew up playing guitar, imitating blues greats like Muddy Waters. Hendrix died in London in 1970, following a drug overdose. He was 27.

• On Nov. 28, 1914, the New York Stock Exchange reopens for bond trading after being closed nearly four months because of the outbreak of World War I. Stock trading didn't resume until Dec. 12.

• On Nov. 29, 1963, one week after President John F. Kennedy was fatally shot while riding in a motorcade, President Lyndon Johnson establishes a special commission to investigate the assassination. After 10 months, the Warren Commission concluded that alleged assassin Lee Harvey Oswald acted alone.

• On Nov. 30, 1989, female serial killer Aileen Wuornos shoots her first victim, Richard Mallory, in Florida. Over the next year she killed six more men before being picked up in a seedy biker bar in 1991. Wuornos confessed to the killings but claimed self-defense.

• On Dec. 1, 1939, golfing great Lee Trevino is born in Texas. Trevino was known as a prankster. While waiting to start an 18-hole playoff against Jack Nicklaus in the 1971 U.S. Open, Trevino threw a rubber snake at his opponent and then won by three strokes.

• On Dec. 2, 2001, the Enron Corporation files for Chapter 11 bankruptcy protection sparking one of the largest corporate scandals in U.S. history. Its collapse cost investors billions of dollars, wiped out 5,600 jobs and liquidated \$2.1 billion in pension plans.

(c) 2018 Hearst Communications, Inc. All Rights Reserved.

# San Elizario ISD implements new security door system

By Hector Gonzalez  
Special to the Courier

SAN ELIZARIO, TX – The San Elizario Independent School District (SEISD) has implemented a new camera system at the main entrances of Lorenzo G. Loya Primary and Josefa L. Sambrano Elementary. These new security measures are part of the district's continued efforts to keep students safe and secure at all times.

The system is called "Secure Door Access" and it will require all visitors to buzz-in at the school's main entrance and identify themselves before having access to the interior of the school.

"The purpose of this system is to provide our campuses with an extra layer to our already secured perimeter by incorporating technology," said Horacio Hernandez, Technology Director at SEISD.

Once visitors buzz-in and the school's office staff sees who is at the door through a TV monitor, they will then unlock the door remotely from the office. However, all visitors will need to be carrying their ID at the time of their visit.

"Safeguarding the well-being of all students and staff is paramount at our school," said George Augustain, Principal at Lorenzo G. Loya Primary. "Our parents have expressed they are appreciative of the extra precautions our school has taken to ensure the safety of



**RING THE BELL AND SMILE – Entry to Lorenzo G. Loya Primary and Josefa L. Sambrano Elementary schools in the San Elizario Independent School District is now regulated. The schools have a security doorbell and monitor in place. People seeking admittance can be seen by school personnel before they are allowed to enter.**

their children. The increase in security has provided peace of mind to parents knowing their child's safety is being monitored at all times."

The "Secure Door Access" system will help restrict access to the school, ensuring that unauthorized visitors do not enter the building. Should a security threat arise, we can immediately employ other safety



precautions and deny access to the unauthorized person(s). For now, Loya Primary and Sambrano Elementary are the only schools in the district with this system.



**Secure her future. Always seat her in the correct car seat.**

Car crashes are a leading killer of children ages 1 to 13. For more information visit [safercar.gov/therightseat](http://safercar.gov/therightseat).



**Send Your Newsbrief To:**  
[wtxcc@wtxcc.com](mailto:wtxcc@wtxcc.com)



### Comix

#### OUT ON A LIMB By Gary Kopervas



#### AMBER WAVES By Dave T. Phipps



#### THE SPATS By Jeff Pickering

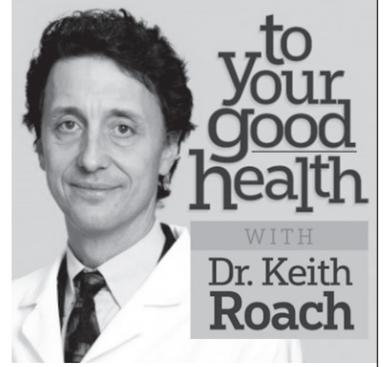


#### R.F.D. By Mike Marland



## Was case of 'bird lung' an allergy or infection?

**DEAR DR. ROACH:** I was a very active, healthy 68-year-old until March, when I was hospitalized for two weeks for bilateral pneumonia. I was told by doctors at the hospital that it would take four to six weeks to get my health back. However, I experienced shortness of breath and bouts of coughing for months, and insisted on seeing a specialist three weeks ago. A CT scan and bronchoscopy showed symptoms typical of bird lung. We had a cockatiel for 17 years! I am now taking prednisone and ibuprofen, which are helping to clear up the inflammation. I hope to be able to return to work soon. My family doctor and several other doctors I know said that they'd studied this at med school but had never seen it in their practices. I hope this serves as a warning to other people who might be tempted to buy a pet bird or to breed them. I was lucky, but someone in poor health might not have survived the deadly combination of pneumonia and bird lung.



“Bird lung” is a term that might refer to either of two possibilities. The first condition is “bird-fanciers lung” – essentially an allergic reaction to bird droppings, feathers and the proteins of various birds. It can look very much like pneumonia, with abnormal chest X-ray findings that can be indistinguishable. The only cure is to get away from the source of the allergens, but prednisone might be necessary in severe cases. It is not an infection.

The second possibility is an infection called psittacosis (sit-a-CO-sis), caused by the bacterium Chlamydia psittaci. Cockatiels are commonly infected by this organism, and the birds do not always appear ill. Psittacosis can be a very severe illness, potentially affecting multiple systems, but it usually responds rapidly to appropriate antibiotics, such as tetracyclines.

Given your history, I suspect that bird-fancier’s lung, also called hypersensitivity pneumonitis, is more likely. It sounds like your specialist is treating you appropriately.

**DEAR DR. ROACH:** I read that microwaving food can cause the food to lose nutritional value or even to become carcinogenic. Is

See HEALTH, Page 8



EVEN WHEN IT'S JUST AROUND THE CORNER.

# NEVER GIVE UP UNTIL THEY BUCKLE UP.



VISIT [SAFERCAR.GOV/KIDSBUCKLEUP](http://SAFERCAR.GOV/KIDSBUCKLEUP)



**Health**

From Page 7

*this true? – S.G.*

Not really. Heating food does cause some nutrients, such as vitamin C, to break down. But microwaves don't do that more than any other cooking method does. In general, the longer a food is kept very hot, the more nutrients are lost. So quick heating keeps in the most nutrients. Quickly steaming is another way. That's essentially what a microwave does, since it heats water molecules very efficiently, steaming the water contained in food or that you use to rinse it. In fact, microwaving may be better than boiling, since many nutrients can be lost in the water if you just throw it out.

As far as carcinogens (cancer-causing chemicals) go, these are products of very high heat, especially grilling meat. Because microwaves can heat unevenly, some areas of the food can get very hot while others stay cold, which is why it's best, when microwaving, to cook for a short while and allow the heat to distribute itself before heating further or serving.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). To view and order health pamphlets, visit [www.rbmamall.com](http://www.rbmamall.com).

(c) 2018 North America Synd., Inc. All Rights Reserved.

**Still seeking records 45 years after fire**



by Freddy Groves

In July 1973 a fire broke out in the National Personnel Records Center in St. Louis. By the time it was finally put out four days later, with the help of firefighters from 42 different jurisdictions, as many as 18 million personnel files were lost, accounting for 80 percent of the Army's records and 75 percent of the Air Force's holdings. Records that weren't burned were soaked by millions of gallons of water. Employees were able to save 6 million records in that soggy condition.

A federal bulletin went out ordering other agencies to cease disposing of any records that might help re-create the lost files. But reconstructing so much information, from military hospitals, Selective Service records, pay vouchers and Department of Veterans Affairs claims, can't replace those millions of lost records.

The biggest problem was how to dry the waterlogged

records before mold took hold. McDonnell Douglas stepped up and offered its vacuum-dry process chamber. Thousands of cartons of wet, damaged files were delivered and subjected to freezing and drying in an attempt to save them.

The records lost are from Army personnel discharged Nov. 1, 1912 to Jan. 1, 1960, and Air Force personnel discharged Sept. 25, 1947 to Jan. 1, 1964 with names alphabetically after Hubbard, James E.

If you apply for records on yourself or a relative now and the records were lost, all you might get back is a certificate of service, and that's only if you can supply a lot of information.

Do you have a stack of records in your family files? Consider contacting the records center and asking if they need them. Future generations could benefit from the information you have sitting in a box in the closet. Write to the National Personnel Records Center at 1 Archives Drive, St. Louis, MO 63138.

(c)2018KingFeaturesSynd.,Inc.



• "I have two guest bedrooms that hardly get used until holidays. I keep the beds made up, but when I am expecting guests I will usually strip the beds to freshen the sheets and blankets. I toss the sheets into the dryer with a fabric-softener sheet and hang the blanket outside in the sunshine for several hours. It always does the trick, and I don't need to wash linens that are already clean!"  
– U.C. in California

• According to an eBay survey, more than half of Americans (56 percent) have unused smartphones in their home and nearly half (48 percent) have thrown away a smartphone that they no longer use. If you have unused smartphones hanging around, why not offer them up for sale. eBay has a kit to make it easy to value and sell your device, or use other local services, like Facebook's marketplace option or Craigslist. Be sure to factor in shipping or meet in a safe place to conclude your transaction – like a local police substation!

• No time for making scratch dinner rolls for Thanksgiving? Here's a way to make store-bought rolls look and taste delectable: Reserve a small bit of any fresh herbs you used for seasoning your turkey or dressing. Finely chop it. Brush warmed rolls with melted butter, and sprinkle with the finely chopped herbs and some flaked salt.

• It's still not too late to get a flu shot, which is the No. 1 way to avoid getting the flu this season. Here's No. 2: Keep your hands clean and away from your face – that's eyes, nose, ears and mouth.

• Snow flurries got kids down unexpectedly? Give them a little extra traction on their bike tires with the addition of well-spaced zip ties. About 30 per tire, a couple inches apart. Just be sure they're not too tight.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2018 King Features Synd., Inc.

**CryptoQuip**

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals A

SP SWWQEJSP, XOH EOHYOHBV  
OQE OHQBV ESIH QPPSUHV QPV  
VJEFDEXHV EOHY WBUIPF

"KQQ, ODIKDF!"

Answer Page 4

©2018 King Features Synd., Inc.

**Weekly SUDOKU**

by Linda Thistle

6				7			3	
		3			8			4
	8		4			9		
		8			1		4	
3				9		2		
	4		2					6
		1		8				7
	7				5	6		
4			9					2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ◆◆◆

◆ Moderate ◆◆ Challenging

Answer Page 4

◆◆◆ HOO BOY!

© 2018 King Features Synd., Inc.

**GO FIGURE!** by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

**DIFFICULTY: ★★**

★ Moderate ★★ Difficult  
★★★ GO FIGURE!

	-		x					24
x		+		÷				
	-		x					15
÷		+		x				
	x		+					13
15		7					14	

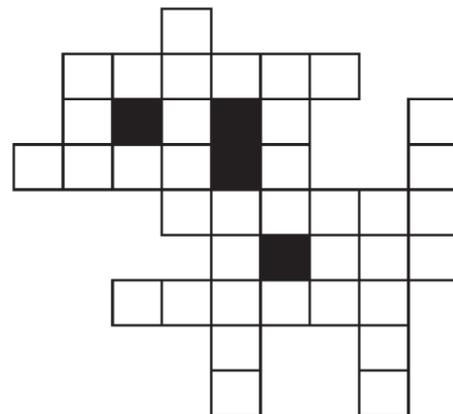
1 2 3 3 4 5 6 7 9

©2018 King Features Syndicate, Inc.

Answer Page 4



- PIM
- MEDRIA
- ♥ AMORY
- ♥ NPSA
- PIAMOT
- DIA
- ♥ TPR
- NOMIA
- ANM
- PYNACO
- NIPCA
- ♥ ENDE



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

©2018 King Features Syndicate. All rights reserved.

**Send Your Newsbrief To:**  
[wtxcc@wtxcc.com](mailto:wtxcc@wtxcc.com)