



NEWSBRIEFS

Hard working

With Americans working an average of almost 1,800 hours per year and the average worker using only 54% of their available vacation time, the personal-finance website WalletHub has its report on 2019's *Hardest-Working States in America* as well as accompanying videos. In order to determine where Americans work the hardest, WalletHub compared the 50 states across ten key metrics. The data set ranges from average workweek hours to share of workers with multiple jobs to annual volunteer hours per resident. Texas was rated the 4th hardest working state in this report, ranking:

- 4th – Avg. Workweek Hours;
- 14th – Avg. Commute Time;
- 26th – Employment Rate; and
- 20th – Avg. Leisure Time Spent per Day.

Visit <https://wallethub.com/edu/hardest-working-states-in-america/52400/> for the full report.

– Diana Polk

Women's equality

With Women's Equality Day this past Monday and the U.S. ranking No. 51 out of 149 countries on the Global Gender Gap Index – falling two spots since the previous year – the personal-finance website WalletHub has its report on 2019's *Best & Worst States for Women's Equality* as well as accompanying videos. In order to determine where women receive the most equal treatment in American society, WalletHub compared the 50 states across 17 key metrics. The data set ranges from the gap between female and male executives to the disparity in unemployment rates for women and men. Texas was rated the 48th state for women's equality in this report, ranking:

- 21st – Earnings Gap;
- 28th – Executive Positions Gap;
- 20th – Work Hours Gap;
- 43rd – Educational Attainment Gap (among Advanced Degree Holders);
- 39th – Unemployment Rate Gap;
- 22nd – Entrepreneurship Rate Gap; and
- 45th – Political Representation Gap.

Visit <https://wallethub.com/edu/best-and-worst-states-for-women-equality/5835/> for the full report.

– Diana Polk

Do you tip an android?

Ask a Hungarian and he or she is likely

See BRIEFS, Page 2



– Photos by Alfredo Vasquez

EXQUISITE – The Ageless craft exhibit displays the works of potters from most of the Rio Grande and Western Pueblos including Maria Martinez (work shown above) of San Ildefonso, the Nampeyo family of First Mesa (Hopi), and Albert Alvidrez of Ysleta del Sur.

Archaeology museum showcases historic, modern Pueblo pottery

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – A fascinating exhibit of an ancient artistic craft is currently on display at the El Paso Museum of Archaeology and is offering local area residents an opportunity to experience the beautiful works of art that originated in the cultures whose history can be traced back some 7,000 years.

The unique showing, titled *An Ageless Craft: Historic and Modern Pueblo Pottery*, brings together nearly 300 works of pottery created by the descendants

of the Pueblo Indian settlements that dotted the landscape that is the present-day Southwestern United States.

The works of art in the exhibit represent the artisans from 19 of the 21 known Pueblo tribes including San Ildefonso, Santa Clara, Zia, Jemez, Santo Domingo, Cochiti, Santa Ana, San Felipe, Tesuque, San Juan, Acoma, Zuni, Hopi, Nambe, Toas, Isleta, Ysleta del Sur, Laguna, and Picuris. Also on display are works by the Indians of Tortugas, whose settlement has not been officially designated as an authentic Pueblo village. The two tribes not in the museum's presentation are the Sandia and Pojoaque.

These Native Americans, known today as the Pueblo Indians, are one of the oldest cultures in the nation. During their long history, the Ancient Puebloans evolved from a nomadic, hunter-gathering lifestyle to a sedentary culture, primarily making their homes in the Four Corners region of Colorado, New Mexico, Utah, and Arizona.

Though the Pueblo tribes didn't give up hunting, they began to expand into an agricultural culture, growing maize, corn, squash and beans; raising turkeys, and developing complex irrigation systems. They also developed great skills in basket weaving and pottery making.

It is that extraordinary pottery-making talent that is being showcased at the El Paso museum.

The exhibit includes works of famous

See POTTERY, Page 7



EXPERTISE – El Paso Museum of Archaeology curator George Maloof, above, explains some of the pottery artworks currently on display at the museum. He has been with the El Paso museum for the past six and a half years. Prior to joining the museum staff, he worked with the National Museum of Archaeology at the University of Costa Rica.

It is better to give than to lend, and it costs about the same.

– Quips & Quotes

Food for thought By Janet M. Orient, M.D.

Medicare for Bernie

Bernie Sanders is strongly promoting “Medicare for All,” and claims to be its father (“I wrote the damn bill,” he proclaimed to the nation during the second round of Democratic Presidential debates).

His plan does not look like Medicare at all. It appears that he hardly knows anything about Medicare. He probably has no experience with it. Despite his advanced age, he does not need to depend on it. Members of Congress are allowed to receive Medicare benefits, but unlike most other Americans, they can receive other benefits in addition.

Sitting members of Congress can get routine examinations and consultations from the attending physician in the U.S. Capitol for an annual fee. And military treatment facilities in the Washington area offer free emergency medical and dental care for outpatient services.

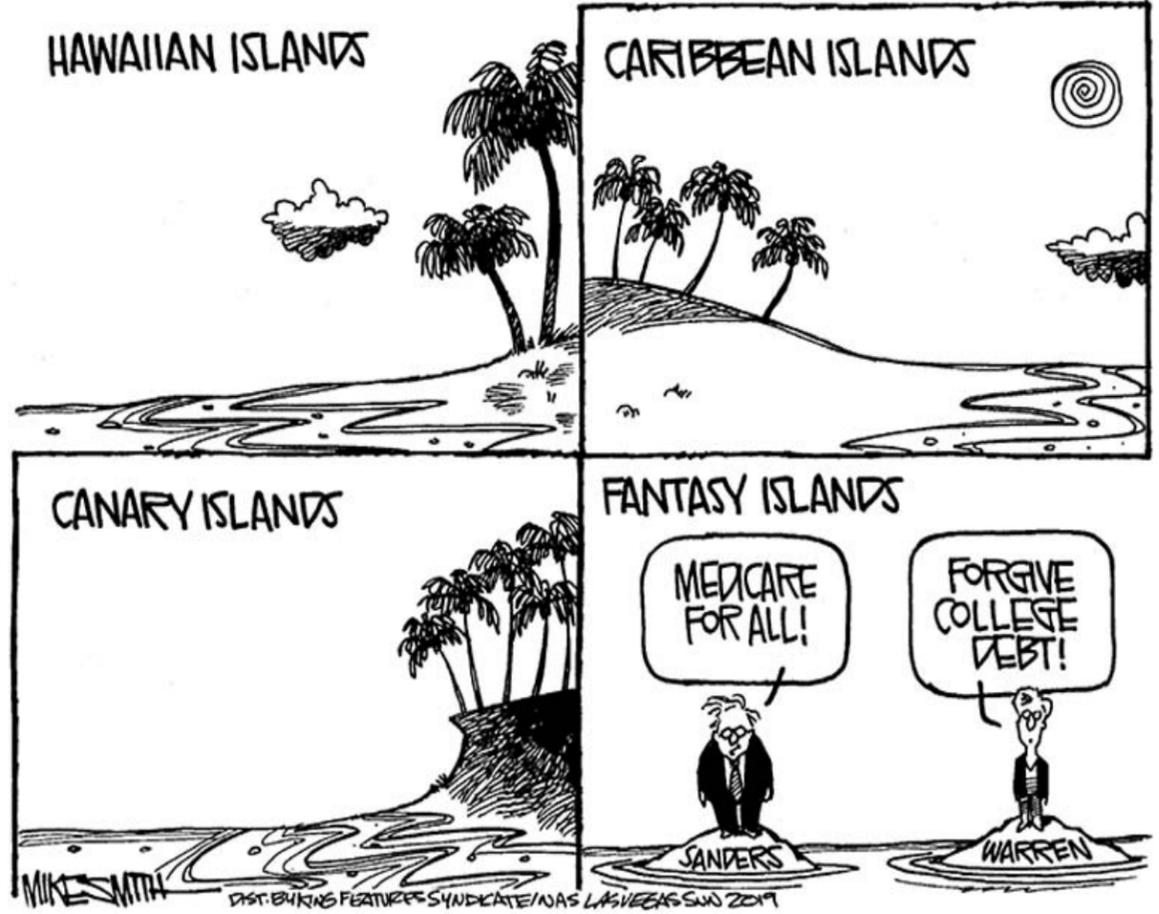
Members are also eligible for the Federal Employees Health Insurance Program, and they won’t be kicked off as soon as they reach Medicare age. They do have to go through an ObamaCare exchange, but it is a small one, the DC Health Link, which reportedly functions well. There are 57 gold-tier plans to choose from, not one or two as in many states. Their portion of the premiums could be as little as 25 percent of the total premiums. Apparently, subsidies for senators don’t run out just because their salary exceeds 400 percent of the

federal poverty level.

Funding for Medicare for All will apparently be vacuumed up from all other sources of payment for “healthcare,” and will go into the big collective pot. Then people can get everything without premiums, copays, or deductibles – so they say. This is not at all like Medicare.

Medicare Part A, for hospital care, is funded through the Medicare payroll tax: a 2.9 percent first-dollar tax – no deductions – on all employment income, half of which is paid by the employer. Seniors believe that they have been funding this through their working years, as they are constantly told. They have indeed paid, but their taxes were immediately used to pay for the care of older retirees. So, their hospital bill today will be paid from the wages of about 2.5 workers (say the persons pumping their gas, collecting their trash, and repairing their plumbing). Already that is not enough, so the IOUs in the “trust fund” are being redeemed from general tax revenues. That fund will soon be gone, according to the Medicare trustees, as Baby Boomers are flooding into the system. It would vanish in a nanosecond if we loaded in everybody, with or without illegal immigrants.

Medicare has long been implementing ways to curb runaway expenditures. From the mid 1980s comes the Prospective Payment System, or Diagnosis Related Groups (DRGs), under which payment has nothing to



do with services rendered to a particular patient. According to my 1985 “Ode to DRG Creep”:

*“Now the pay’s by the head,
if alive or if dead,
Diagnosis determines the
money, ...
We need costs less than
average, and discharges
quicker,
We will get no advantage –
For care of the sicker.”*

Since “quicker and sicker” discharges might cause a need for readmission, the government penalizes hospitals for readmission. One way to prevent readmission is to discharge to hospice or directly to the morgue. If Bernie were an anonymous Medicare patient, he’d get a consultation on POLST. That’s Physicians Orders for Life-Sustaining Treatment, which translates in the Newspeak Dictionary to “Legally Enforceable Orders

to Terminate Life-Sustaining Treatment Including Food and Water.”

Bernie might think he had been admitted – say he had an IV in a hospital room. But if he gets discharged before his second midnight, he might be classified as an outpatient, which is covered under Medicare Part B, and get a “surprise” bill for thousands of dollars, because of the “Two-Midnight Rule.” Or Bernie might expect to have a little rehab after an orthopedic procedure, but if he is in hospital for fewer than three midnights, rehab isn’t covered. He might have the choice of paying out of pocket, or going home where he will be alone, unable to get out of bed.

Yes, Bernie on Medicare will have free choice of doctors except for the ones who aren’t accepting Medicare patients.

If Bernie himself were stuck on Medicare with no way out, he might think it not so wonderful.

Has anyone heard him tell people about these Medicare problems?

Maybe he means the Canadian medicare system. It does have a way out for non-senators – called the United States.

Jane M. Orient, M.D. obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She has been in solo private practice since 1981 and has served as Executive Director of the Association of American Physicians and Surgeons (AAPS) since 1989. She is currently president of Doctors for Disaster Preparedness. She is the editor of AAPS News, the Doctors for Disaster Preparedness Newsletter, and Civil Defense Perspectives, and is the managing editor of the Journal of American Physicians and Surgeons.

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2019
WEST TEXAS COUNTY COURIER
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Lozoya is finalist in Texas Teacher of the Year program

By Christy Flores-Jones
Special to the Courier

EL PASO COUNTY – Perla Lozoya was named the 2020 Region 19 Elementary Teacher of the Year at the Region 19 celebration Aug. 22. She is a teacher at Dr. Sue A. Shook Elementary and SISD Elementary Teacher of the Year. Region 19 officials announced that Lozoya is also a state finalist in the Texas Teacher of the Year program. She is one of only three elementary school teachers to represent their areas at the state level in the recognition program to honor the state’s most outstanding teachers.

Lozoya is a fourth-grade teacher and has 14 years of teaching experience. Before becoming an educator, she was a social worker who offered teen parents guidance and support. Her students say she teaches with enthusiasm and fills their minds with knowledge and their hearts with love. She loves to dance and incorporates music and dancing in many of her lessons. Lozoya was recently a guest speaker at a Region 19 early childhood education conference, where she shared her passion for teaching using song and dance to engage her students and help them learn while being active and having fun.



Perla Lozoya

Throwing America under the bus

Beto O'Rourke has taken the measure of America and found it wanting.

"This country, though we would like to think otherwise," he intoned, "was founded on racism, has persisted through racism and is racist today."

This is now a mainstream sentiment in the Democratic Party. Bernie Sanders said earlier this year that the United States was "created" in large part "on racist principles." The New York Times has begun the so-called 1619 Project, marking the 400th anniversary of the importation of slaves from Africa.

The series seeks nothing less than "to reframe the country's history, understanding 1619 as our true founding, and placing the consequences of slavery and the contributions of black Americans at the very center of the story we tell ourselves about who we are."

It is certainly true that an American nation existed prior to the Declaration of Independence in 1776 and slavery was its great sin, with permutations still felt today. But to pretend that racism is the essence of America and constituted one of the country's founding principles is an odious and reductive lie.

It doesn't explain why any reference to slavery was kept out of the Constitution. James Madison, per his notes during the drafting convention, "thought it wrong to admit in the Constitution the idea that there could be property in men." The careful avoidance of the term was subsequently used to buttress the position of opponents of slavery from John Quincy Adams to Abraham Lincoln to Frederick Douglass. The great black abolitionist asked, "if the Constitution were intended to be, by its framers and adopters, a slave-

holding instrument, why neither slavery, slaveholding, nor slave can anywhere be found in it?"

Of course, in crucial respects the Constitution was indeed a compromise with slaveholders. It's not clear why it would be considered better if, in the absence of such a compromise, slave states had possibly gone their own way to create a rump nation-state wholly devoted to slavery and not yoked to a North that became more anti-slavery over time.

"The Revolution suddenly and effectively ended the cultural climate that had allowed black slavery, as well as other forms of bondage and unfreedom, to exist throughout the colonial period without serious challenge," the historian Gordon Wood writes. In his view, it set in motion the "ideological and social forces" that eventually led to the Civil War.

In the broadest gauge, it's a mistake to treat the United States as an outlier in terms of its racial attitudes, when it was really an outlier in its (imperfect) embrace of liberty.

"Europeans did not outdo others in enslaving people or treating slaves viciously," the late historians Elizabeth Fox-Genovese and Eugene Genovese observed. "They outdid others by creating a Christian civilization that eventually stirred moral condemnation of slavery and roused mass movements against it."

"Today we ask: How could Christians or any civilized people have lived with themselves as slaveholders? But the historically appropriate question is: What, after millennia of general acceptance, made Christians – and, subsequently, those of other faiths – judge slavery an enormity not to be endured?"



It's not a question anyone running in the Democratic presidential primaries, or editing The New York Times, is inclined to ask.

Rich Lowry is editor of the National Review. (c) 2019 by King Features Synd., Inc.

Briefs

From Page 1

to tell you that Hungary's capital, Budapest, is famous for its spas. But the "Queen of the Danube," is fast gaining a reputation for its edgy grasp of 21st Century technology. For example, the city is home to one of the world's very first diners with a focus on technology instead of recipes. The Enjoy Budapest Café is where robots serve and entertain you. Automatic waiters and waitresses take food and drink orders and deliver your orders to your tables. Robotic entertainers, meanwhile, entertain customers with jokes and dancing.

– John Grimaldi

Lower Valley Water District Notice of Public Hearing on Tax Rate

The LOWER VALLEY WATER DISTRICT will hold a public hearing on a proposed tax rate for the tax year 2019 on September 5, 2019 at 6:00 P.M. at District Office, 1557 FM 1110, Clint, Texas 79836. Your individual taxes may increase or decrease, depending on the change in the taxable value of your property in relation to the change in taxable value of all other property and the tax rate that is adopted.

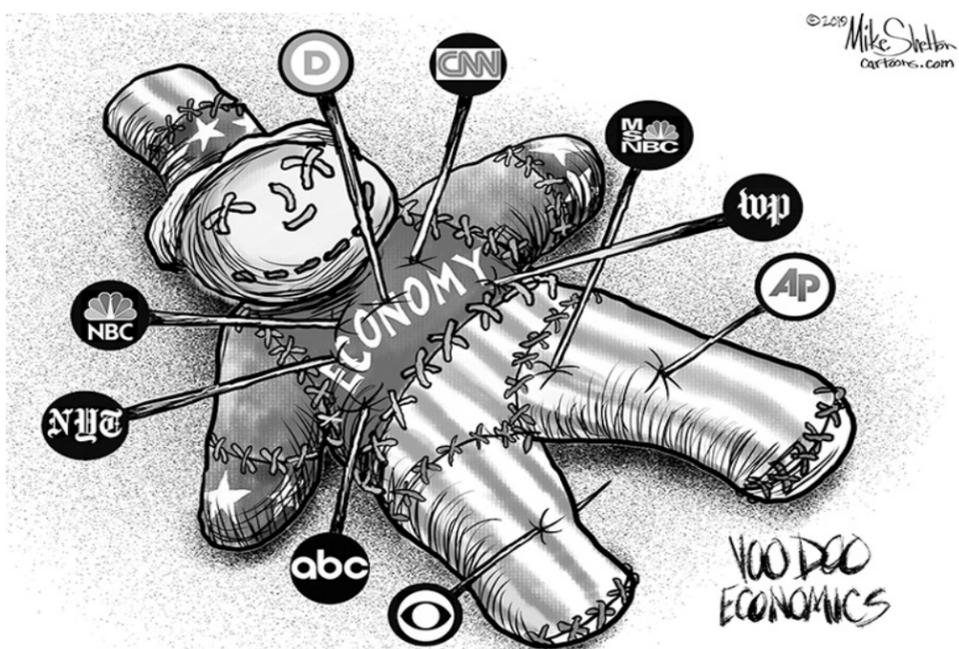
- FOR** the proposal: **David Estrada, Henry Trujillo, David Carrasco and Rodrigo Chavez**
- AGAINST** the proposal: **NONE**
- PRESENT** and not voting: **NONE**
- ABSENT:** **Rosalinda Vigil**

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	Last Year	This Year
Total tax rate (per \$100 value)	\$0.161167/\$100	\$0.153469/\$100
	Adopted	Proposed
Difference in rates per \$100 of value		– \$0.007698
Percentage increase / decrease in rates (+/–)		– 4.78%
Average appraised value	\$ 86,906	\$ 90,491
General exemptions available (excluding senior citizen's or disabled person's exemptions)	\$ 0	\$ 0
Average taxable value	\$ 86,906	\$ 90,491
Tax on average residence homestead	\$ 140.06	\$ 138.88
Annual increase / decrease in taxes if proposed tax rate is adopted (+/–)		– \$ 1.18
and percentage of increase (+/–)		– 0.84%

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the water district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code.



PUBLIC NOTICE TO ALL INTERESTED PERSONS AND PARTIES:

The *West Texas County Courier* will publish two editions early. The October 17 and October 24, 2018 issues will go to press on Tuesday, October 8, 2019.

All material for these publications must be submitted to the *West Texas County Courier* no later than Thursday, October 3, 2019.

The *West Texas County Courier* office will close beginning Tuesday, October 8, 2019. The office will open again on Friday, October 25, 2019.

Public Notice / Aviso al Público Canutillo Independent School District Dinner Meal Program 2019 / Programa de Servicio de Cena 2019

The Canutillo Independent School District announces its participation in the Child and Adult Care Food Program (CACFP). All participants, 18 and under, in attendance are served meals at no extra charge to the parents. (Individuals over 18 can purchase a meal for \$3.75.) The United States Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by USDA. (Not all prohibited bases will apply to all programs and/or employment activities.)

El Distrito Escolar Independiente de Canutillo anuncia su participación en el Programa de Alimentos para Adultos y Niños (CACFP). Se les servirá comida sin costo alguno a los participantes menores de 18 años de edad. El costo para personas mayores de 18 años es de \$3.75. El Departamento de Agricultura de Estados Unidos (USDA) prohíbe la discriminación en contra de sus clientes, empleados y solicitantes de empleo en base a su raza, color, origen nacional, edad, discapacidad, sexo, identidad de género, religión, represalia, y donde aplique, creencias políticas, estado civil, estado familiar o parental, orientación sexual, o la totalidad o parte de los ingresos de un individuo se derive de cualquier programa de asistencia pública, o información genética protegida en el empleo o en cualquier programa o actividad llevada a cabo o financiada por el USDA. (No todas las prohibiciones se aplicarán a todos los programas y / o actividades de empleo.)

Campus/Facility, Address and Ph.# Campus/Instalaciones, Dirección y Tel.

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Jose Damian Elementary School 6300 Strahan Rd. 877-7655	Deanna Davenport Elem. Sch. 8401 Remington Rd. 886-6400	Gonzalo & Sofia Garcia Elem. Sch. 6550 Westside Dr. 877-1200

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WTCC: 08-29-19

Strange BUT TRUE

By Samantha Weaver

• It was English novelist and essayist Virginia Woolf, one of the foremost modernist literary figures of the 20th century, who made the following sage observation: "For most of history, Anonymous was a woman."

• Would you rather give up TV or your phone? In a Pew Research poll conducted last year in the United States, only 31 percent of those surveyed said it would be "very hard" to give up TV, while 52 percent said the same thing about their cellphone.

• In the language known as Ewe, spoken by some natives of West Africa, the concepts of "yesterday" and "tomorrow" are expressed by the same word. If you were to translate that word literally into English, you'd come up with "not now."

• Most people are aware of the fact that scorpions have eight legs – they are, after all, arachnids – but you probably didn't realize that they also have eight eyes.

• According to the Crayola Company, you can eat 3,500 of their crayons a day and still not reach the level of toxicity found in an ordinary glass of drinking water. They don't mention how – or why – anyone would consume that many crayons in a lifetime, let alone a single day.

• Those who study such things say that Niagara Falls will only last another 2,400 years.

• Historians say that Mary, Queen of Scots was informed of the murder of her husband, Lord Darnley, in 1567 while she was playing golf. She must have been quite a dedicated sportswoman (or an indifferent wife) because they also say that she completed the round.

Thought for the Day: "I never lecture, not because I am shy or a bad speaker, but simply because I detest the sort of people who go to lectures and don't want to meet them."
– H.L. Mencken

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• On Aug. 26, 1939, the first televised Major League baseball game is broadcast. Announcer Red Barber called the game between the Cincinnati Reds and the Brooklyn Dodgers at Ebbets Field in New York. The video coverage was somewhat crude. There were only two stationary camera angles.

• On Aug. 27, 1967, Brian Epstein, manager of the Beatles, is found dead of an accidental drug overdose in his Sussex, England, home. In 1962, Epstein was hired in a deal that gave him 25 percent of the band's gross earnings for five years.

• On Aug. 28, 1917, 10 women suffragists are arrested as they picket the White House to demand that President Woodrow Wilson support a Constitutional amendment guaranteeing women the right to vote. After the jailed women went on a hunger strike and had to be force fed for months, Wilson finally agreed to a suffrage amendment.

• On Aug. 29, 2004, Brazilian distance runner Vanderlei de Lima is attacked and dragged off the course by a spectator while running the marathon in the Summer Olympics. The spectator was a defrocked Irish priest dressed in orange and green. De Lima, who held a 30-second lead when he was attacked, finished in third place.

• On Aug. 30, 1776, Gen. George Washington rejects British Gen. William Howe's second letter of reconciliation. Howe had failed to use Washington's title of "general" when addressing the letter.

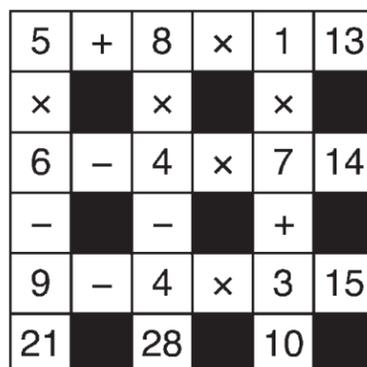
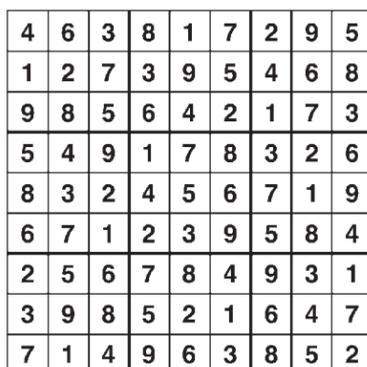
• On Aug. 31, 1955, William Cobb of General Motors demonstrates his 15-inch-long "Sunmobile," the world's first solar-powered automobile, at an auto show in Chicago.

• On Sept. 1, 1864, renowned Confederate spy Rose O'Neal Greenhow drowns off the North Carolina coast when her craft capsizes while fleeing a Union gunboat. Greenhow was carrying Confederate dispatches and \$2,000 in gold sewn into her underclothes. The weight of the gold pulled her under.

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CryptoQuip Answer

When faced with cooking on a gas stove, I think an aviator would prefer using the auto pilot.



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Judge named principal at Canutillo Middle School

By **Andrew Reynoso**
Special to the Courier

CANUTILLO — The Canutillo Independent School District has named Christopher Judge as Principal of Canutillo Middle School STEAM Academy.

Judge was formerly an assistant principal at Canutillo High School where he led the campus improvement team and was instrumental in the designation of CHS as a Texas STEM Academy. He obtained a \$15,000 grant for implementation of a STEM Summer Bridge Program for Virtual Reality and also obtained a \$30,000 grant for Future-Ready



Christopher Judge

Classroom STEM teachers.

Canutillo ISD Superintendent of Schools Dr. Pedro Galaviz is confident that Judge, with nine years' experience as an educator and coach, will sustain the community's expectation of performance.

"STEAM education and academic excellence will remain the main focus at Canutillo Middle School," Galaviz said. "Mr. Judge's standards for performance will ensure that high-quality instruction will take place every day and in every classroom."

Judge previously served as an English teacher and boys' basketball coach at Louis D. Brandeis High School and Karen Wagner High School in San Antonio, Texas. He began his career as

Assistant Men's Basketball Coach at St. Edward's University and became Director of Men's Basketball Operations at Texas State University.

Judge states that he will use compassion to establish meaningful relationships with all students, teachers, and administrators.

"As Canutillo Middle School principal, I will shape a culture in which high expectations are the norm for each

student, driven by authentic learning experiences," Judge said. "It is my firm belief that student academic success and social development are expectations, not goals."

Judge earned a Bachelor of Arts in Corporate Communication/Public Relations/Marketing and Advertising from The University of Texas at El Paso and a Master's of Educational Leadership Administration from Lamar University.

Send Your Newsbrief To:
wtxcc@wtxcc.com

Paseo del Este Municipal Utility District No. 1 Notice of Public Hearing on Tax Rate

The Paseo del Este Municipal Utility District No. 1 will hold a public hearing on a proposed tax rate for the tax year 2019 on Wednesday, September 11, 2019 at 11:30 A.M. at the offices of TRE & Associates, LLC, 6101 West Courtyard, Building One, Suite 100, Austin, Texas 78730. Your individual taxes may increase or decrease, depending on the change in the taxable value of your property in relation to the change in taxable value of all other property and the tax rate that is adopted.

FOR the proposal: **Directors Holford, Roark, Mills, Covington and Mellenbruch**
AGAINST the proposal: **NONE**
PRESENT and not voting: **NONE**
ABSENT: **NONE**

The following table compares taxes on an average residence homestead in this taxing unit last year to taxes proposed on the average residence homestead this year.

	Last Year	This Year
Total tax rate (per \$100 of value)	0.75/\$100	0.75/\$100
	Adopted	Proposed
Difference in rates per \$100 of value		\$ 0.00/\$100
Percentage increase / decrease in rates (+/-)		0.00%
Average appraised residence homestead value	\$ N/A	\$ N/A
General homestead exemptions available (excluding 65 years of age or older or disabled person's exemptions)	\$ N/A	\$ N/A
Average residence homestead taxable value*	\$ N/A	\$ N/A
Tax on average residence homestead	\$ N/A	\$ N/A
Annual increase / decrease in taxes if proposed tax rate is adopted (+/-) and percentage of increase (+/-)	\$ 0.00	0.00%

NOTICE OF TAXPAYERS' RIGHT TO ROLLBACK ELECTION

If taxes on the average residence homestead increase by more than eight percent, the qualified voters of the water district by petition may require that an election be held to determine whether to reduce the operation and maintenance tax rate to the rollback tax rate under Section 49.236(d), Water Code*.

*This District has no residence homesteads.

Notice of Tax Revenue Increase

The **EL PASO COUNTY EMERGENCY SERVICES DISTRICT #1** conducted public hearings on August 22, 2019 and August 29, 2019 on a proposal to increase the total tax revenues of the **EL PASO COUNTY EMERGENCY SERVICES DISTRICT #1** from the properties on the tax roll in the preceding year by 0.005778 percent.

The total tax revenue proposed to be raised last year at last year's tax rate of \$0.100000 for each \$100 of taxable value was \$2,642,974.

The total tax revenue proposed to be raised this year at the proposed tax rate of \$0.100000 for each \$100 of taxable value, excluding tax revenue to be raised from new property added to the tax roll this year, is \$2,781,388.

The total tax revenue proposed to be raised this year at the proposed tax rate of \$0.100000 for each \$100 of taxable value, including tax revenue to be raised from new property added to the tax toll this year, is \$2,976,428.

The **EL PASO COUNTY EMERGENCY SERVICES DISTRICT #1** is scheduled to vote on the tax rate that will result in that tax increase at a public meeting to be held on September 3, 2019 at 14151 Nunda Ave., Horizon City, TX 79928 at 6:30 p.m.

The **EL PASO COUNTY EMERGENCY SERVICES DISTRICT #1** proposes to use the increase in total tax revenue for the purpose of Maintenance, Operations, and Capital Improvements for the 2019-2020 Fiscal Year.

It's the most wonderful time of the year

By Steve Escajeda
Special to the Courier

After months of aimless searching through the thick brush of lesser sports, Americans can finally see a dimmer of light shining through – football season.

This weekend marks the beginning of the best time of the sports year. Whether its high school, college or the NFL, football fans are in the process of awakening from their long slumber.

Yes, there was a college football game last Saturday and the pros still have one more week of pre-season football left, but this is the weekend it all officially starts.

And that is certainly true in the Sun City, with UTEP opening the season this Saturday at the Sun Bowl against Houston Baptist. And it's a game that the Miners will be heavy favorites to win.

It's true, the lowly Miners are 1-23 over the last two seasons, but the hope is that with the new recruits and new attitudes, the team might hopefully muscle out four wins this year. And if they go from one

victory last year, to four wins this year, who knows what can be accomplished next year.

But I digress, right now the team is 0-0, as is the rest of the country, and expectations, hopes and dreams are high for everyone.

UTEP fans will also notice new tailgate policies that were changed with the idea of making the experience more pleasurable. Students will have their own tailgate section atop the parking garage, ticket prices have been lowered, and the stadium is in the middle of being refurbished.

All in all, UTEP football is going through a renaissance. With a head coach and athletics director heading into their second year, they're both busy trying to change the perception of what UTEP football is, and has been... and it hasn't been pretty.

This weekend also marks the beginning of high school football and fans all around the area, from Clint to Chaparral, from Parkland to Ysleta, from Montwood to Franklin, are ready to fill football stadiums and act a little zanier than usual.

And of course these Friday nights include mascots, and marching bands, and ROTC, and cheerleaders, and enough hoopla to go around.

In other words, there's a little something for everyone.

We cheer for our current high school, our kids' high school, our girlfriend's high school, our former high school, our parent's high school; whatever school we cheer for – it is loud, it is wild, and it is often the highlight of our week.

Above all – it is fun. And how many things do we do every week that we consider real fun?

Of course there are the perennial playoff teams like Franklin and Montwood and Chapin and Parkland and Del Valle and Andress and Canutillo, but everyone else has the same dream of being the surprise team of the season.

And with every single team sharing the same 0-0 record at the moment, every team has a chance to make the playoffs.

Of course locally, the overwhelming choice when it comes to the pros is the Dallas Cowboys.

The Cowboys are expected to be a

playoff team this season so fans of the silver and blue star are especially excited. But there are those contract distractions that still have to be worked out.

Dallas has as much talent on the roster as any other team in the league, but every time a players' thoughts are on his contract, they're not 100-percent on the field of play.

There are other stories to follow. Will Aaron Jones emerge as one of the top running backs in the league with the Packers? Will Alvin Jones make the Baltimore Ravens roster? Will Will Hernandez make the Pro Bowl this year? Whether it's high school, college or the NFL, there are plenty of story lines to follow, teams to cheer or boo, players to marvel over, coaches to second guess and referees to despise.

Football season is here!

I'm sure there are other things more exciting than the start of football season, but other than the birth of your first child and maybe winning the lottery, I can't think of many more.

Oh wait, there is one more... winning a championship!

El Paso gets \$3.5 million to start water project

By Carlos Briano
Special to the Courier

EL PASO COUNTY – The El Paso Water Utilities Public Service Board is receiving \$3.5 million for the El Paso Water Reclamation and Reuse Project. The funds will be used for an advanced water purification facility to treat wastewater for potable reuse. The treated water will be conveyed directly to the city's distribution system, making this facility the first large-scale, direct-to-distribution potable reuse project in the United States. This funding will be used for a pilot facility and to

complete preliminary, detailed and final design phases for the full-scale project. Once finished, the project will produce 13,000 acre-feet, or 4.2 billion gallons, per year.

The Bureau of Reclamation is providing a total of \$16.98 million to five communities in California, Hawaii and Texas to help plan, design and construct congressionally authorized Title XVI Water Reclamation and Reuse Projects. Title XVI is part of Reclamation's WaterSMART Program that focuses on improving water conservation and helping water-resource managers across the West to make sound decisions about water use.

"The Title XVI program is successful in helping communities to look beyond the traditional surface or groundwater sources," said Reclamation Commissioner Brenda Burman. "This program allows communities to diversify their water supply—exploring water reuse, recycling and other techniques while improving efficiency and flexibility during water shortages."

This funding is only available to the sponsors of the 53 congressionally authorized Title XVI projects, provided that they have not reached their statutory federal funding ceiling. The five projects selected are expected to produce 130,316

acre-feet, or 42 billion gallons, of water annually. This is enough water to support more than 521,000 people each year. To learn more about the Title XVI Water Reclamation and Reuse Program or view more detailed information about the projects selected, please visit www.usbr.gov/watersmart/title/.

Through WaterSMART, Reclamation works cooperatively with states, tribes, and local entities as they plan and implement actions to increase water supply reliability through investments to modernize existing infrastructure and attention to local water conflicts. Visit www.usbr.gov/watersmart to learn more.

Super Crossword

- SHOW HONOR ACROSS**
- 1 Inflate
 - 7 Cattle pen
 - 13 Sucks up
 - 20 Ida of old Hollywood
 - 21 Excite
 - 22 Graduation document
 - 23 Verdi opera set in Cyprus
 - 24 Carrot, later or cuke
 - 25 Barn bash
 - 26 "Spread the news!"
 - 29 Sore, as muscles
 - 30 Mermaid setting
 - 31 Dermier (newest fashion)
 - 32 Mauna (Hawaiian peak)
 - 35 Mom's mate
 - 38 Give relief of
 - 40 "Hip, hip, hooray!"
 - 45 "From Muskogee" (country hit)
 - 47 Tons of, informally
 - 50 Down a meal
 - 51 Author Nin
 - 52 1975 Joni Mitchell hit
 - 55 Feed voraciously
 - 57 Conan O'
 - 58 Rialto glower
 - 59 Itinerary specification
 - 61 Piqued state
 - 62 Totally fill
- 65 Santa (some winds)
- 67 Warm up
 - 69 USN jr. officer
 - 70 Country that one's forebears are from
 - 74 Unwell
 - 76 "Farewell!"
 - 77 City near Grenoble
 - 78 Enjoys anew, as a book
 - 81 Wine valley in California
 - 83 Sonic the Hedgehog's creator
 - 85 Pouchlike parts
 - 87 Lower leg bone
 - 88 Refrigerator part for 24-Acrosses
 - 90 1953 Bing Crosby film
 - 94 Metropolis in Japan
 - 95 Find a sum
 - 96 Lucky number
 - 97 Actress Liu
 - 98 Title dance in a 1962 novelty song
 - 102 River in Germany
 - 104 Blue Jays, on sports tickers
 - 105 Grammy-winning Brian
 - 106 Kauai wreath
 - 107 Peak periods
 - 110 "Yeah, right!"
 - 112 Prize won by the ends of 26-, 40-, 52-, 70-, 90- and 98-Across
- 120 Its capital is Kingston
- 123 Quite polite
 - 124 "Damien: (1978 sequel)
 - 125 Structure near a tonsil
 - 126 Voting item
 - 127 Thread puller
 - 128 1949 Tony winner Fabray
 - 129 Derisive smiles
 - 130 Sergeant Bilko and others
- DOWN**
- 1 Ink spot
 - 2 Mandolin kin
 - 3 German auto
 - 4 "One of Ours" writer Cather
 - 5 Loosen, as a skate
 - 6 Place to play snooker
 - 7 Guinea pig
 - 8 Cookies since 1912
 - 9 Knavish one
 - 10 Toddler
 - 11 "Yeah, right!"
 - 12 Roue's look
 - 13 Hang on (to)
 - 14 Having artificial body parts
 - 15 Hurried
 - 16 It made the Cutlass
 - 17 Joey, e.g., informally
 - 18 German auto
 - 19 SFPD part
 - 27 Common disinfectant
 - 28 "Power" rapper
 - 32 Heard of
 - 33 Inception
 - 34 Good traits
 - 35 Pundit Lou
 - 36 Film director Kurosawa
 - 37 Yamaha or Casio product
 - 39 Princely school
 - 41 Witch's spell
 - 42 Sortie, e.g.
 - 43 Witch
 - 44 Slaughter in the outfield
 - 46 "There wasn't a dry (the house)"
 - 48 Take a vow
 - 49 Not in any key
 - 53 Ratify
 - 54 Market researcher
 - 55 Old numbing liquid
 - 56 Zora (Hurston)
 - 60 PIN taker
 - 63 Rib
 - 64 Aspartate, for one
 - 66 Young pigs
 - 68 Toadlike, in a way
 - 71 Gift stick-on
 - 72 Aunt's spouse, in Soissons
 - 73 Actor Sam of "Backtrack"
 - 74 Earned pay
 - 75 Cartoonist Gary
 - 79 Style for the Bee Gees
 - 80 Lustful deity
 - 82 Queries
 - 84 Actor Alan of "The Aviator"
 - 86 Golfer Ballesteros
 - 89 Margarine square
 - 91 Billfold items, briefly
 - 92 Make hazy
 - 93 In single file
 - 95 Gal pal, in Grenoble
 - 99 Bring to light
 - 100 Like "Carrie" in 2013
 - 101 Modest
 - 103 Juicing gizmo
 - 108 Norman Vincent
 - 109 Tijuana Mr.
 - 111 12-year-old, say
 - 112 Glazier's unit
 - 113 Large brawl
 - 114 Rubber duck locales
 - 115 Where shahs ruled
 - 116 New York ball team
 - 117 "... in my cap..."
 - 118 Vex
 - 119 Goes totally kaput
 - 120 "Brady Bunch" sister
 - 121 Toothpaste box abbr.
 - 122 Pawns, e.g.

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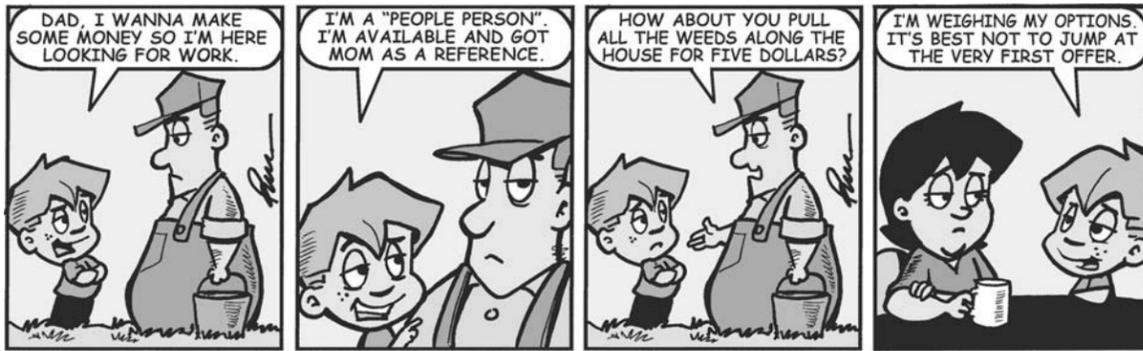
Answer Page 8

Comix

OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



Cholesterol plummets after giving up bread

DEAR DR. ROACH: Something's been puzzling me. I'm a 71-year-old female, and my cholesterol tends to hover around the 240 mark. However, I had to give up bread for several weeks due to oral surgery, and my next blood test results showed my cholesterol had plummeted 40 points, to 206. (I actually had them double-check, since I thought they had given me someone else's report!) I asked my doctor about this, but he didn't know of any reason for it to happen. My husband thinks it may have something to do with the yeast. Do you have any ideas? – R.R.



No, I don't think it's the yeast; I think it's because you are eating fewer carbohydrates from bread, which get quickly converted to sugar and enters the blood. Sugar has effects on blood cholesterol (especially on triglycerides). Although a 20 percent drop is higher than the average, it's not out of the expected range.

The other thing that is often forgotten is what you changed your diet to. If you ate overall fewer calories, you may have lost a few pounds, and sometimes that can have a big beneficial effect on cholesterol. It also may be the case that you ate more fiber from vegetables, nuts and fruits, which in itself can help reduce cholesterol.

It was wise to double-check, because although the lab only rarely makes mistakes, the level in the body does vary a bit. It's possible that the 240 was higher than your average and the 206 was lower. Following the trend helps prevent those kinds of errors.

DEAR DR. ROACH: There is a lot of information about how much one should exercise that doesn't seem to apply to seniors. I am a 76-year-old man in acceptable health for my age. I have never fallen, but my balance has declined some. I walk about 30 leisurely minutes a day, but I wouldn't say any of the walk could be defined as "cardio." When walking on uneven ground, I use a walking stick. I am active in my yard; I mow my lawns and tend vegetable and flower beds. Is this enough of an exercise regimen? – L.S.

You are doing a lot better than most people who are 76. The

See HEALTH, Page 8

"Pottery to me is not only beauty and art but also tradition and respect for culture and belief. I am inspired by the prayers and respect of our Mother Earth that goes into every pot."

– Josie Seymour, a potter of the Laguna Pueblo

Pottery

From Page 1

potters like Maria Martinez (1887-1980) who is known for her black ware creations; Nampeyo of Hano (1857-1942), a Hopi Indian; Margret Tafoya of Santa Clara (1904-2001), who was also known as Corn Blossom; and Lucy Lewis (1898-1992), of the Acoma tribe in northern New Mexico. These pieces of art show the vibrancy of the traditions that are still alive to this day.

"This exhibit... marks the largest exhibition ever undertaken by the museum," said Museum of Archeology Director Jeff Romney. "We are very pleased

to present this world-class exhibition as a tribute to many artists from most of the Pueblos in the Southwest. This is a great opportunity for our community to come and learn about these ancient ceramic traditions which have survived the ages," he stated.

According to George Maloof, curator for the El Paso Museum of Archaeology, generations of masters have continued to practice their arts, to create stunning pieces that have merged centuries of traditions with modern artistic sensibilities through the passage of time. "We want to share with the public something that individuals don't get to see very often," Maloof



– Photos by Alfredo Vasquez

ON DISPLAY – The El Paso Museum of Archaeology invites the public to view *An Ageless Craft: Historic and Modern Pueblo Pottery* exhibition that is free and continues through January 2020.

said. "These traditions are still alive today and are still following the old ways," he added.

The free pottery spectacular, which will be open to the public for viewing through January 2020 at the archaeology museum, which is located

on Transmountain Road, is composed of artworks from the museum's permanent collection, the El Paso Archaeological Society's collection, and items on loan from the private collection of Albert Alvidrez, the former governor of the

Ysleta del Sur tribe.

For more information about the exhibit, call the archaeology museum, at (915) 212-0421, view its website at www.archaeology.elpasotexas.gov, or visit its Facebook page, at www.facebook.com/EPMArch/.

Health

From Page 7

optimal for you depends, because your exercise regimen has to work for your life. I can say that people who exercise a bit more than you do (including some work with weights and some more vigorous exercise to get the heart rate up – that’s what defines “cardio”) are likely to have a slightly lower risk of many diseases; however, it’s very wise to be cautious when you have a balance issue, even if you have never fallen. Using a walking stick is great if it helps you (many people have written to say that they use one

or two sticks to help maintain balance).

What you don’t want is an exercise regimen that you won’t like to do, because people quickly quit exercising if they aren’t enjoying at least some aspect of it. So, keep doing what you are doing: It will help prevent loss of balance, strength and function.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2019 North America Synd., Inc. All Rights Reserved.

Burn pits and other airborne hazards



by Freddy Groves

Were you deployed in Desert Storm and Desert Shield to a location where there were airborne environmental contaminants, such as burn pit smoke, sand, dust and particles, and oil-well fire smoke? Do you suffer from any breathing problems that haven’t been diagnosed? Have you signed up for the Airborne Hazards and Open Burn Pit Registry?

That registry is to help the Department of Veterans Affairs (and you) be aware of health conditions that might be related to those burn pits and other airborne hazards.

As a first step, go online to the VA.gov website and search for Airborne Hazards and Open Burn Pit Registry. You’ll see the list of countries, such as Iraq

and Afghanistan, where service personnel were deployed. If you served on or after Aug. 2, 1990 in any of the listed countries, or in Afghanistan or Djibouti on or after Sept. 11, 2001, you may be eligible.

If so, and if you sign up on the registry, you will get a free medical workup. So far, nearly 180,000 veterans have enrolled. Even if you have no physical symptoms, sign up anyway. If you’re already signed up with VA health care, ask your primary-care provider to schedule an evaluation or call the environmental health coordinator at the closest VA facility.

If you enroll in the registry and it says you’re not eligible, work to have it corrected, as some records might be missing or inaccurate. Request an eligibility review.

If you have symptoms that medical providers haven’t been able to diagnose, push for your in-person, multiple-

day specialty exam at the War Related Illness and Injury Study Center in New Jersey. The VA recently opened the Airborne Hazards and Burn Pits Center of Excellence there to do research into these health issues.

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Archives: www.wtxcc.com

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: V equals A

TGKM UVRKA TOQG RCCDOMJ
CM V JVP PQCEK, O QGOMD VM
VEOVQCZ TCSXA HZKUKZ SPOMJ
QGK HOXCQ XOJGQ.

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

		3		1	7			5
1				9		4		
	8		6					7
5		9		7		3		
8					6		1	
	7		2					4
2				8				1
	9		5			6		
		4			3		5	2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging

Answer Page 4

◆◆◆ HOO BOY!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		×		13
×		×		×	
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-		-		+	
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21		28		10	

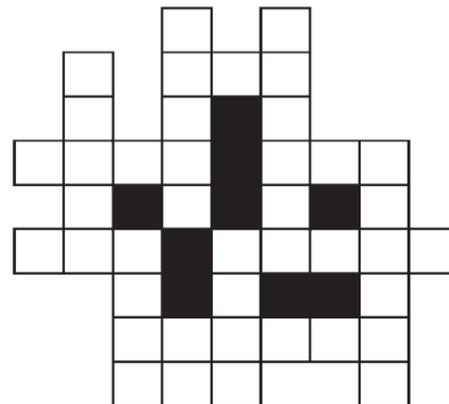
1 3 4 4 5 6 7 8 9

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Answer Page 4



- PLI
- CARBIA
- DEBIA
- ♥RYDA
- DECLCY
- ♥DTO
- LOAP
- NOPIA
- AYB
- COIPYL
- DYLOD
- ♥ATLE



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string’s word either across or down to knot all twelve strings together.

Answer Page 4



• “I found some really cool curtain tie-backs on a clearance rack. I bought several and mounted them as hooks (I used an extra anchor), and they work perfectly.”

– S.L. in Ohio

• Mount a tension bar high up in your closet, and you can use shower hooks to hang pocketbooks and small bags, utilizing the dead space and keeping your bags from getting crushed.

• “Quick outdoor upgrade: Power wash a wood fence or your driveway before summer is over. As the weather cools down, I know I’m spending more time outside. With a pressure wash, your fence will look nice and clean.”

– JoAnn

• “Use the clips on a pants hanger to keep curtains closed in a hotel room. This has saved me from getting woken up too early because my room is facing the morning sun.”

– Y.L. in New Mexico

• Be sure to clean earbuds and phone/tablet touchscreens regularly – especially as kids go back to school and face a new group of germs they might not have been exposed to over the summer break.

• Use a Tic-Tac container to store bobby pins or toothpicks for traveling. An Altoids tin makes a good holder for flossers.

Send your tips to *Now Here's a Tip*, 628 Virginia Drive, Orlando, FL 32803. (c) 2019 King Features Synd., Inc.

B	L	O	W	U	P	C	O	R	R	A	L	A	B	S	O	R	B	S
L	U	P	I	N	O	A	R	O	U	S	E	D	I	P	L	O	M	A
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A	D	E	N	O	I	D	B	A	L	L	O	T	N	E	E	D	L	E
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