



NEWSBRIEFS

Food pantry

The Village of Vinton will be partnering up with El Pasoans Fighting Hunger, West Valley Fire Department, and Keep Vinton Beautiful to provide a monthly Community Food Pantry to Vinton and the surrounding area. The Food Pantry is scheduled to take place every first Tuesday of the month, beginning on Tuesday, March 3 from 10 a.m. to noon at the West Valley Fire Department, located at 510 Vinton Rd., and will only be available for Texas residents. Community members may register at Vinton City Hall, located at 436 E Vinton Rd, Monday through Friday from 8 AM to 4:30 PM. If you have any questions or would like more information please contact the Village of Vinton at info@vinton.tx.us or (915) 886-5104.

— Josh Luna

Cost of immigration

With immigration reform remaining one of the biggest policy issues in 2020 and \$7.2 billion in Pentagon funds potentially going toward border wall funding, the personal-finance website WalletHub has released its report on 2020's *Economic Impact of Immigration by State* as well as accompanying videos. In order to determine which states benefit most from immigration, WalletHub compared the 50 states and the District of Columbia across 23 key metrics, ranging from median household income of foreign-born population to jobs generated by immigrant-owned businesses as a share of total jobs. Texas is rated the 13th most impacted state in the report. Immigrants' Economic Impact on Texas (1-Biggest Impact; 25-Avg.):

- 13th – Percent of Jobs Generated by Immigrant-Owned Businesses Out of Total Jobs;
- 42nd – Net Difference Between State and Local Revenues and Expenditures per Immigrant; Visit <https://wallethub.com/edu/economic-impact-of-immigration-by-state/32248/> for the full report.

— Diana Polk

It's not where you are but what you are the determines your happiness.
— Quips & Quotes

Dental school to meet El Paso health needs

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – The Woody L. Hunt School of Dental Medicine at Texas Tech University Health Sciences Center El Paso (WLHSODM) is set to welcome its inaugural class for its 2020-21 academic year, and its opening will mark the first dental school in Texas in over 50 years.

The new dental school, which will be located in south central El Paso's Texas Tech University Health Science Center (TTUHSC El Paso), was made possible after Texas Gov. Greg Abbott signed a \$250.7 billion, two-year state budget during the last legislative session that ended this past spring. The budget included an appropriation of \$20 million to establish the first dental school at a health sciences center based on the U.S.-Mexico border.

Additionally, local businessman Woody L. Hunt and his wife Gayle gifted \$25 million to TTUHSC El Paso through their Hunt Family Foundation to help establish the school, and the Paso del Norte Health Foundation provided a \$6 million grant to fund the dental school's curriculum.

The historic announcement was made during a recent groundbreaking ceremony attended by students, faculty and staff, as well as Texas Tech University (TTU) System leadership, local health



— Photo by Alfredo Vasquez

OPEN WIDE – Jaime Rivera DMD (above), a local orthodontist, said that the new dental school set to open in El Paso soon will help provide a high-quality, low cost option to families struggling to pay for dental service needs. Despite poor oral health being linked to serious health conditions, less than half of El Paso adults visit the dentist annually, according to a recent research study.

professionals, and community leaders. During the celebration, TTUHSC President Richard Lange, M.D., M.B.A., unveiled the school's plans for the establishment of West Texas' first-ever school of dental medicine.

"This region is particularly underserved with respect to dental care- health care, in general, but especially with respect to dental care," said Dr. Lange. "Lack of dental care has been linked to a number of disorders, including heart disease and stroke, pneumonia, diabetes, and cancer. These are the leading causes of death in El Paso County. And due to

the lack of dental schools in the Paso del Norte region, few of our residents pursue a career in dentistry and practice in our region... The Woody L. Hunt School of Dental Medicine will fill that gap."

The U.S. Department of Health and Human Services (HHS) classifies El Paso County as a Health Professional Shortage Area (HPSA) because of its lack of dentists. According to a study by the Texas Department of State Health Services (DSHS), the region currently has about one dentist for every 5,000 residents, compared to the state average of one for

every 2,760.

Texas currently has only three dental schools- in Houston, San Antonio, and Waco. Together, the three schools graduate about 300 students a year, yet few of these graduates choose to practice in West Texas. Between 2007 and 2011, only 13 graduates took up practice in El Paso, according to a recent news report.

This shortage of dentists has significant consequences for access to overall health care among this region's population, according to Jaime

See SCHOOL, Page 5

Sappenfield named Texas Boys Soccer Coach of the Year

By Jeannie Meza-Chavez
Special to the Courier

SAN ELIZARIO – Max Sappenfield is the San Elizario Varsity Boys Soccer Coach. His record is 329 wins and 175 losses. For the last 13 years, Sappenfield has led the San Elizario Eagles to three state titles in 2015, 2018, and 2019. Overall varsity coaching experience is 21 years which includes 8 years at Andress High School. He also has 22 academic all-state honorees. Most recently, the NFHS Coaches Association announced that Sappenfield has been selected as the 2018-2019 Texas Boys Soccer Coach of the Year. This nomination is specifically from the Texas University Interscholastic League for his coaching

performance in the 2018-2019 school year, lifetime community involvement, school involvement and philosophy of coaching.

What does the selection as the 2018-2019 Texas Boys Soccer Coach of the Year mean to you? "I am grateful for the positive attention it brings to the community. But, counting these things in public is precarious ground. My mom just loves this kind of thing, so I am happy for her of course. I prefer to focus on the current and future teams. No coaching award is actually a personal recognition. These



— Photo by Christine Jaksch

Max Sappenfield

are team awards. No one wins the Kentucky Derby without the horses."

Sappenfield spoke of lessons learned he's learned.

"From day to day, nothing was ever quite as bad as I thought, nor was everything as great. Clarity came with a good night's sleep."

"Don't rob the fun moments from athletes by incorrectly defining the moment or what defines success."

"These are teenagers,

See COACH, Page 4

Dallas, the palace and other malice

For the kiddies, it'll be necessary to start this rant by explaining that there was an immensely popular TV show called "Dallas" that ran from 1978 through 1991. It traced the escapades of a grossly dysfunctional Texas family dynasty. Now we have the soap opera about a grossly dysfunctional British family dynasty. We could call it "Palace."

Where "Dallas" was fiction, "Palace" is stranger than fiction. But there are similarities: The Ewings of South Fork were caught up in intrigue for their entire 13-year show run. In the case of London's Windsors, they have a history of plotting and murder that goes back centuries.

Prince Harry is the latest one to give Queen Elizabeth fits. He and his wife Meghan have basically done a Johnny Paycheck. (For the benefit those who wouldn't be caught dead listening to country

music, Paycheck recorded a song called "Take This Job and Shove It.") When all was said and done, Meghan and Harry followed in the footsteps of Harry's mom, Diana, and before her, King Edward the VIII, who just up and quit. They will even spend part of their lives in (gasp) the Colonies, or least in Canada, which is a suburb of the Colonies.

Now, as you can imagine, the queen was not amused. After

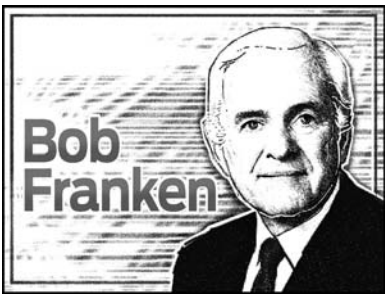
what amounts to an intervention, she put out a statement, which read in part: "It is my whole family's hope that today's agreement allows them to start building a happy and peaceful new life."

Doesn't that sound like the employer who has fired someone and puts out a memo declaring "We wish him well," which as we know is another way of saying, "May he burn in hell"? But let's face it, families are such fun,

particularly when they have such a stiff upper lip. And we haven't even gotten to the escapades of Prince Andrew.

We need more of this on the telly in the United States. The closest we've come to parodying our ruling families is a fictional series that resembles the Clintons. You remember the Clampetts, don't you, that long-running show about country-come-to-town kinfolk in the bright lights of the city? And then, of course, we have the Trumps. Yes, there are many mob shows, but "The Sopranos" might be most appropriate, considering the president's irritating high-pitched voice.

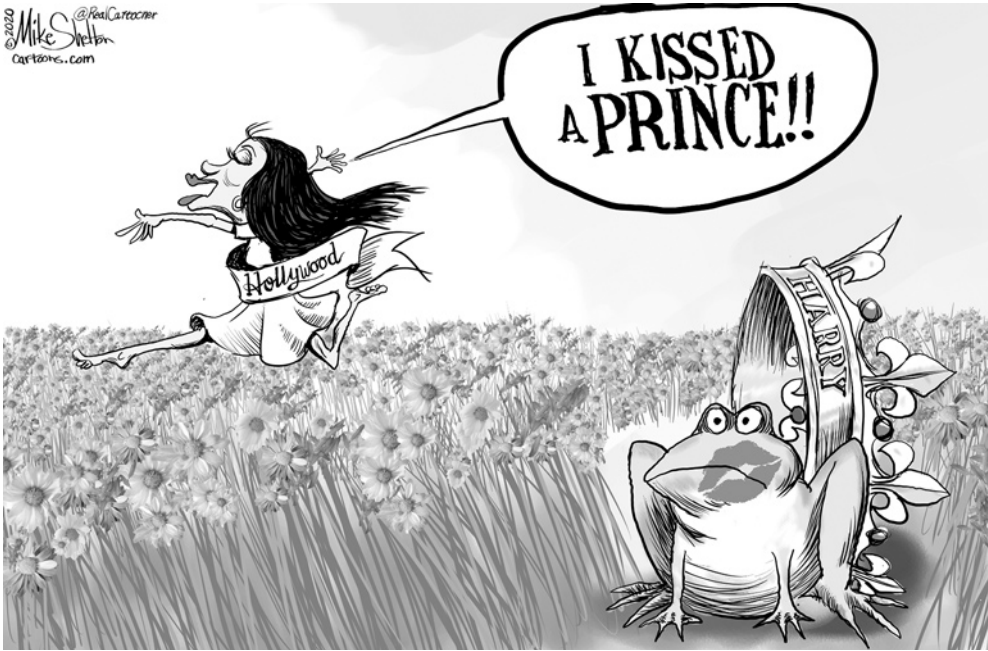
"Clueless" might be a good way to describe his enemies, certainly the Democrats who line up against him. Or maybe it's "Feckless," as they fire most of their bullets at each other. Watching their debates is an exercise in frustration for those who would like to replace Trump come Election Day, as is watching their party's congressmen and senators get



outmaneuvered at every turn as they attempt to remove him from office via impeachment. They may have the Constitution on their side, but Donald Trump has Twitter. Guess who wins that one?

Guess who loses? The American people do. All of us. Our democracy is supposed to be a participatory process, but just about anyone with any sense or any self-pride has justifiably concluded that it's not worth the effort. Most of us who care at all are pretty much disgusted at the lot of those who practice the dark art of government. I suppose if you would create a TV show about the American people, a good name would be "Calloused."

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Food for thought By Anonymous

When is a memory lapse a reason to get medical attention?

"Beyond a medical diagnosis of disease, the aches and pains of growing old can be worrisome. But the growing numbers of patients who have actually been diagnosed with dementia, including Alzheimer's Disease, can cause concern among America's aging population at large," says Dan Weber, president of the Association of Mature American Citizens (AMAC).

Most of the time, forgetfulness is just that: forgetfulness, as Weber describes it. In fact, neuroscientist and author Daniel J. Levitin points out that we've got a lot more to think about with each passing year.

Levitin puts it this way: "older adults have to search through more memories than do younger adults to find the fact or piece of information they're looking

for. Your brain becomes crowded with memories and information. It's not that you can't remember – you can – it's just that there is so much more information to sort through. A 2014 study found that this 'crowdedness' effect also shows up in computer simulations of human memory systems."

The German physician Alois Alzheimer was the first scientist to describe the disease that bears his name in 1906. But it wasn't until the '70s and '80s that Alzheimer's began to be recognized as something of a scourge.

"Indeed," says Weber, "Nearly six million Americans suffer from Alzheimer's Disease and, as the Alzheimer's Association predicts, that

number is poised rise to some 14 million over the next three decades."

The question is, when is a lapse of memory just part of life and when is it a sign of the impending onset of Alzheimer's Disease? According to the National Institute on Aging, "Forgetfulness can be a normal part of aging. As people get older, changes occur in all parts of the body, including the brain. As a result, some people may notice that it takes longer to learn new things, they don't remember information as well as they did, or they lose things like

See MEMORY, Page 7

Protect pipes when temperatures drop

By Melissa Bell
Special to the Courier

EL PASO COUNTY – When water freezes, it expands volume by nearly ten percent, and the pressure can result in broken water lines that lead to costly repairs and water waste at your home or business.

According to property repair experts, a broken half-inch water pipe could spill as much as 50 gallons per minute depending on the size of the break.

"Outdoor water faucets and plumbing are vulnerable to the cold temperatures, particularly if they are not insulated," said Alan Shubert, Vice President of Operations and Technical Services. "Customers should be proactive in protecting their homes."

Here are some quick tips to avoid damages to your property:

- Insulate exposed pipes and faucets outside and around your home, including those in unheated

Leak Adjustment Program

Remember, property owners are responsible for water pipes that start at the meter and run throughout their property. If you experience a broken pipe on your property, you may qualify for the leak adjustment program – available to customers once every two years. Customers can get a partial credit on their bill if they show proof of repairs for a leak.

areas like garages or crawl-spaces, and disconnect garden hoses from outdoor faucets.

- In severe cold only, let cold water drip from faucets served by exposed pipes. Running a drip of water through the pipes helps prevent freezing because the temperature of the water is above freezing.

- If you are taking a vacation or will be away for several days, maintain temperatures inside the home and open sink cabinet doors so warm air can reach pipes to prevent freezing, or turn off your

See PIPES, Page 6

1973

47

Years

2020

WEST TEXAS COUNTY

COURIER

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Mitch McConnell is master of the Senate

(Publisher’s note: This column was written and went to press before the Senate trial ended.)

Every hostile nickname that Mitch McConnell gets is further confirmation of his effectiveness.

The latest is “Midnight Mitch,” a reaction to his resolution setting out the road map for the Senate impeachment trial. The measure stipulated that House impeachment managers could make their case over two days of 12-hour sessions, possibly pushing the presentations into the wee hours. Hence, the latest alliterative moniker for McConnell, also known to his enemies as “Moscow Mitch.”

McConnell relented slightly on the resolution, giving the managers – and the president’s team – three days, instead of two, for opening arguments. But he still got his way on the broader question of how to run the trial – unsurprisingly, because McConnell is a master at what he does.

When all is said and done, he’ll be remembered as one of the most effective Senate majority leaders in the modern era. A portion of an early Democratic presidential debate was devoted to asking candidates how they’d get around McConnell as president – and none of them had a good answer.

He now looms as a hate figure for the left at the same time he’s won the grudging admiration of conservatives who once scorned him as too establishmentarian.

Nancy Pelosi has gotten more than her share of good press as a powerful and shrewd speaker of the House. Yet her one false move in the impeachment saga was to believe, on the basis of sheer wishfulness, that she could somehow force McConnell into shaping the Senate trial to her liking by withholding the articles of impeachment. Since McConnell never panics, knows his caucus better than anyone and understands who has leverage in any negotiation, the contest with Pelosi was a mismatch from the start.

McConnell held his Republican senators together and waited Pelosi out, giving her no choice but to transmit the articles to the Senate after getting exactly nothing.

The majority leader returned to the Senate’s rules for the Clinton impeachment. They had passed unanimously in 1999, so they had legitimacy as precedent while still serving McConnell’s purposes. They created the predicate for an expeditious trail, with the potentially divisive question of witnesses put off until later.

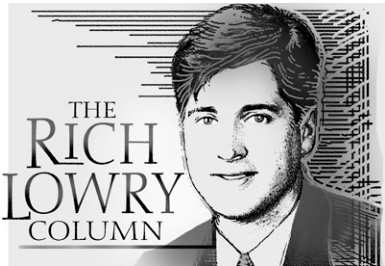
McConnell is so sure-footed

because he is truly a creature of the Senate. He’s an institutionalist in the best sense. He loves the Senate, and serving in it has always been his ambition. He has absorbed the rules, the tempo and the role of the institution.

In the main, McConnell doesn’t care about what the media says about him. He’s been called Darth Vader and worse for a long time, at least since his days killing off ill-advised campaign finance legislation earlier in his Senate career.

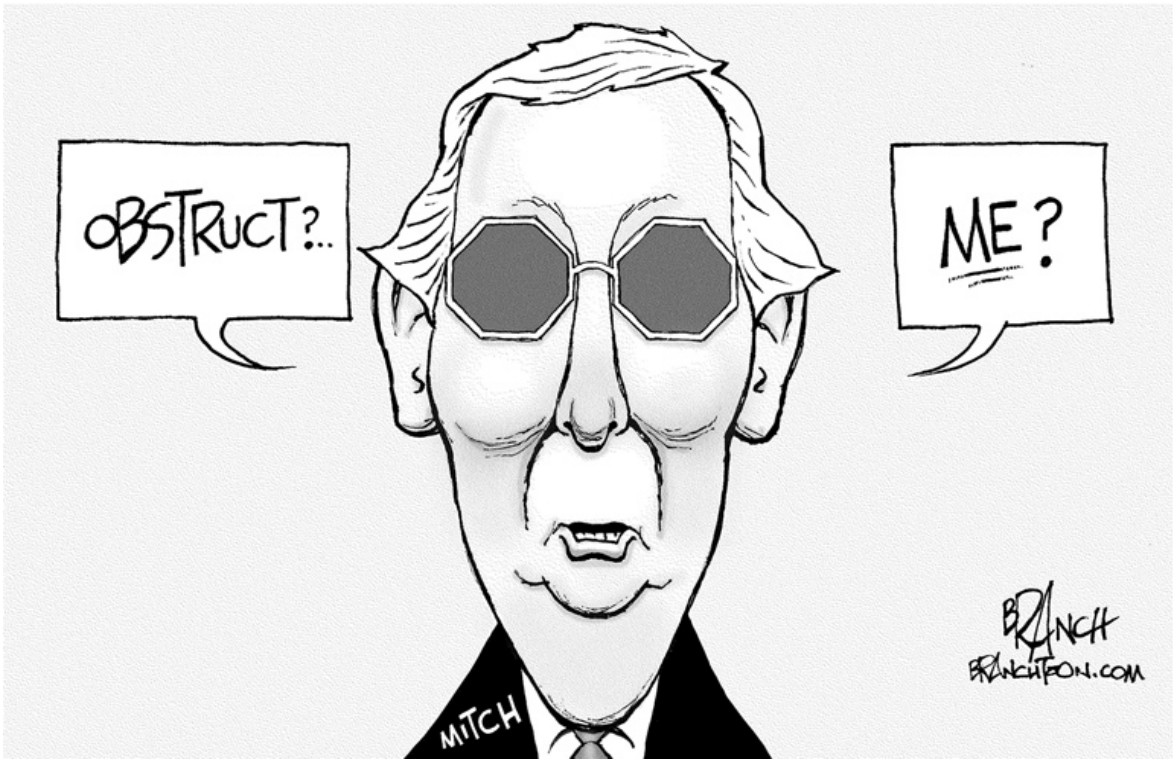
He’s not afraid to wield his power, and proved it with his opposition to President Barack Obama’s legislative agenda, his block of the Merrick Garland nomination and his historic bout of judicial confirmations over the past three years.

If McConnell is careful and calculating, he’s not a cynic. Operating within the realm of the politically possible, as a Senate leader with a narrow majority must, he seeks the public good as he understands it within those



constraints.
There will be more nicknames to come – perhaps before the Senate trial has ended.

Rich Lowry is editor of the National Review. (c) 2020 by King Features Synd., Inc.



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LEGAL

Village of Vinton, Texas

PUBLIC NOTICE

A public hearing will be held at 6:30p.m. on Monday, February 17th 2020, during the Planning & Zoning Commission Meeting at the Vinton Village Hall, 436 E. Vinton Rd., Vinton, Texas.

A second public hearing will be held at 6:30p.m. on Monday, February 18th, 2020, during the City Council Meeting at the

Vinton Village Hall, 436 E. Vinton Rd. Vinton, Texas.

The purpose of the public hearings is to allow any interested persons to appear and testify regarding the following proposed item:

1) Consider and take action on request for Special Permit to allow the installation of a mobile home on 207 Danny Boy Ln., Vinton, Texas, 79821.

Citizens unable to attend this meeting may submit their views and proposals

to Andrea Nichole Carrillo, Village Administrator at the City Hall. Persons with disabilities that wish to attend this meeting should contact City Hall at (915)886-5104 to arrange for assistance. Individuals who require auxiliary aids or services for this meeting should contact City Hall at least two days before the meeting so that appropriate arrangements can be made.

Andrea N. Carrillo
Village Administrator

WTCC: 02-06-20

Coach

From Page 1

not professional athletes. As such, I try to keep in mind what those years were like and be empathetic.”

“Connectedness and great relationships build resiliency in a team. A wall of bricks is only as strong as the mortar holding the bricks together. Relationships have proven to be the mortar that holds us together.”

He shares credit for his success.

“I attribute my success to having good support in administration and the support of parents. In addition, just getting older has helped my coaching tremendously. Lots and lots of time to learn lots and lots of things. Plus, I am just calmer now.”

Sappenfield draws inspiration from

successful coaches.

“Coaches who share their knowledge to impact the success of athletes other than their own inspire me. John Wooden, Pete Carroll, Steve Kerr, Joe Erhmann, Nic Saban, Dabo Sweeney, and others are coaches whose messages resonate with me.”

Student-athlete Edgar Salas says Coach Sappenfield is “Amazing - he is always there for us coaching us.” San Elizario ISD Athletic Director, Ms. Christine Jaksch, agrees by stating, “Through the many years of working with Coach Sappenfield, his dedication to his sport, his team, and his players as individuals has been something to see. As we travel to various places to play, he always keeps his athletes focused on the job at hand making sure they stay healthy and ready to compete.”

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By Samantha Weaver

- It was Nigerian poet and novelist Ben Okri who made the following sage observation: “Beware of the stories you read or tell; subtly, at night, beneath the waters of consciousness, they are altering your world.”
- Romans thought that roses could prevent drunkenness.
- The neon sign was invented in France in 1910, but the first one didn’t come to the United States until 1923. That was the year a car dealership in Los Angeles put up two brightly lit “Packard” signs. The novelties literally stopped traffic in the streets.
- Those who study such things say that China gets more earthquakes than any other country.

• Medical specialists say that the true definition of an insomniac is someone who wants to go to sleep but can’t. If you can’t go to sleep but aren’t really trying anyway, the term doesn’t apply to you.

• Pure water doesn’t conduct electricity; in fact, it’s an insulator. It’s the impurities in water that conduct electricity – making it a bad idea to use a hair dryer in the shower. There are underground lakes so pure that you can safely change a light bulb in them.

• The old Pony Express has been romanticized in modern times, but it’s rarely pointed out that it was a financial failure. The mail delivery service actually lost an average of \$13 for every item it carried.

• According to a number of psychological surveys and studies, men have more friends early in life, while women have more friends when they’re older.

Thought for the Day: “When you’re traveling, you are what you are right there and then. People don’t have your past to hold against you. No yesterdays on the road.”
– William Least Heat-Moon

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Tornillo Independent School District

Statement of Revenues, Expenditures and Changes in Fund Balance

Governmental Funds

For the Year Ended August 31, 2019

Data Control Codes	10 General Fund	Other Funds	Total Governmental Funds
REVENUES:			
5700 Total Local and Intermediate Sources	\$ 1,187,082	\$ 269,637	\$ 1,456,719
5800 State Program Revenues	10,019,770	1,094,295	11,114,065
5900 Federal Program Revenues	1,024,342	799,158	1,823,500
5020 Total Revenues	12,231,194	2,163,090	14,394,284
EXPENDITURES:			
Current:			
0011 Instruction	5,485,493	731,610	6,217,103
0012 Instructional Resources and Media Services	132,854	4,742	137,596
0013 Curriculum and Instructional Staff Development	248,458	66,319	314,777
0021 Instructional Leadership	280,953	76,330	357,283
0023 School Leadership	744,980	27,214	772,194
0031 Guidance, Counseling and Evaluation Services	213,896	13,737	227,633
0032 Social Work Services	–	18,653	18,653
0033 Health Services	151,174	–	151,174
0034 Student (Pupil) Transportation	213,607	–	213,607
0035 Food Services	861,211	8,981	870,192
0036 Extracurricular Activities	426,076	–	426,076
0041 General Administration	897,167	18,344	915,511
0051 Facilities Maintenance and Operations	1,439,050	–	1,439,050
0052 Security and Monitoring Services	245,143	4,509	249,652
0053 Data Processing Services	478,197	–	478,197
0061 Community Services	103,393	45,198	148,591
Debt Service:			
0071 Principal on Long-Term Debt	431,000	711,200	1,142,200
0072 Interest on Long-Term Debt	6,842	552,846	559,688
0073 Bond Issuance Cost and Fees	–	1,782	1,782
Capital Outlay:			
0081 Facilities Acquisition and Construction	119,443	–	119,443
Intergovernmental:			
0099 Other Intergovernmental Charges	14,769	–	14,769
6030 Total Expenditures	12,493,706	2,281,465	14,775,171
1200 Net Change in Fund Balances	(262,512)	(118,375)	(380,887)
0100 Fund Balance – September 1 (Beginning)	8,465,339	487,231	8,952,570
3000 Fund Balance – August 31 (Ending)	\$ 8,202,827	\$ 368,856	\$ 8,571,683

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CryptoQuip

Answer

When the barber began giving everybody random wild hairstyles, it was shear madness.

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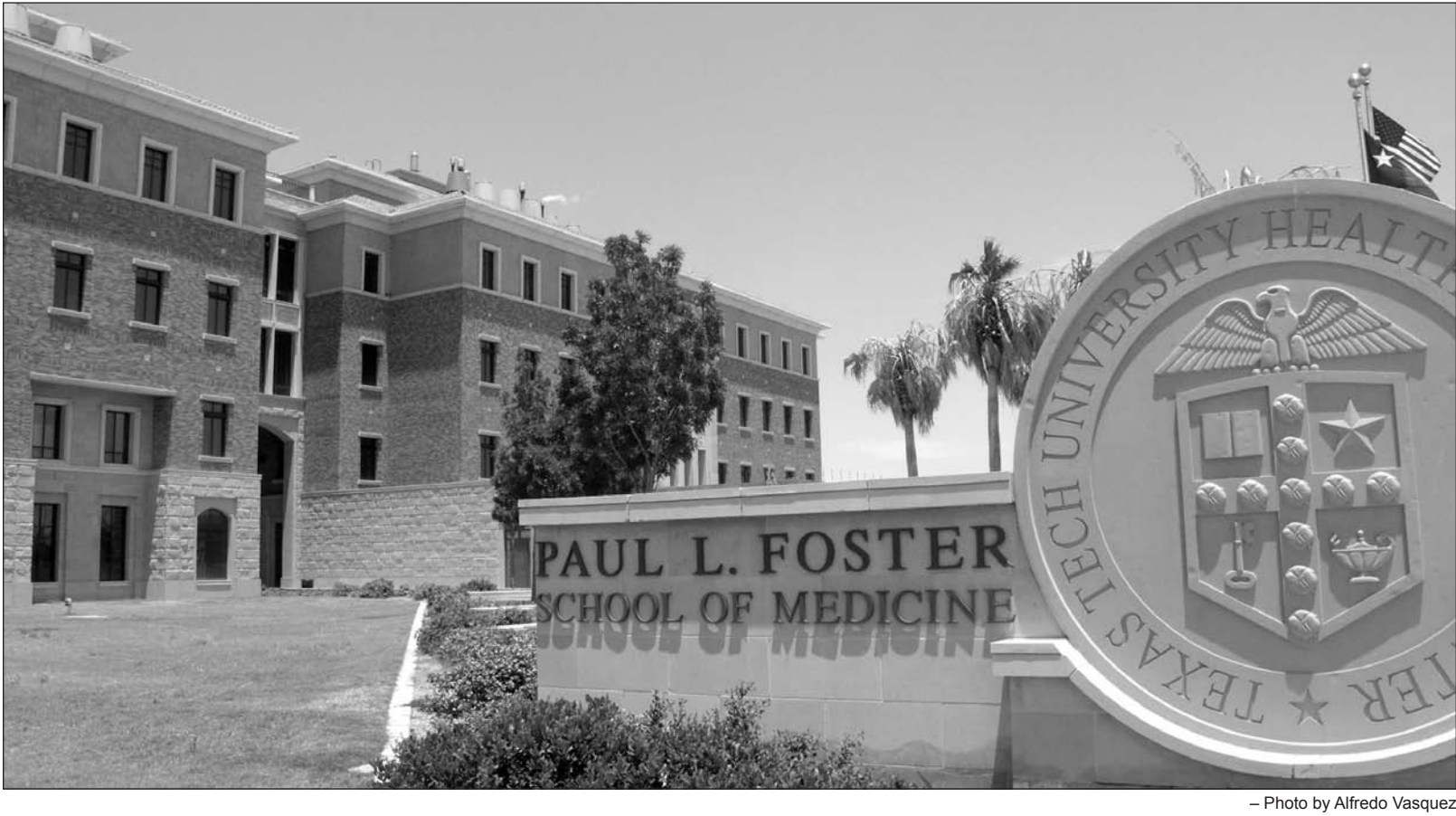
Moments in time

THE HISTORY CHANNEL

- On Feb. 3, 1950, Klaus Fuchs, a German-born British scientist who helped develop the atomic bomb, is arrested in Great Britain for passing top-secret information to the Soviet Union. His arrest led authorities to Julius and Ethel Rosenberg and their subsequent execution.
- On Feb. 4, 1913, Rosa Parks is born Rosa Louise McCauley in Tuskegee, Alabama. Parks' name has become synonymous with her refusal to give up her seat to a white man on a segregated bus in 1955.
- On Feb. 5, 1934, Henry Louis Aaron Jr., the baseball slugger who broke Babe Ruth's legendary record of 714 homers, is born in Mobile, Alabama.
- On Feb. 6, 1928, a woman calling herself Anastasia Tschaikovsky and claiming to be the youngest daughter of the murdered Russian czar Nicholas II Romanov arrives in New York City. It wasn't until 1994 that Anastasia's DNA showed her to be Franziska Schanzkowska, a Polish-German factory worker.
- On Feb. 7, 1984, while in orbit 170 miles above Earth, Navy Capt. Bruce McCandless becomes the first human to perform an untethered spacewalk. McCandless flew up to 320 feet away from the space shuttle Challenger while testing a rocket backpack of his own design.
- On Feb. 8, 1587, after 19 years of imprisonment, Mary Queen of Scots is beheaded at Fotheringhay Castle in England for her complicity in a plot to murder Queen Elizabeth I. In 1542, while just six days old, Mary had ascended to the Scottish throne upon the death of her father, King James V.
- On Feb. 9, 1960, Adolph Coors disappears while driving to work from his Morrison, Colorado, home. Adolph, grandson of Coors' founder and the chairman of the Golden, Colorado, brewery, was kidnapped and held for ransom before being shot to death.

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Newsbrief To:
wtxcc@wtxcc.com



– Photo by Alfredo Vasquez

GREAT FACILITY – Texas Tech University Health Science Center EL Paso has come a long way in 20 years to have the type of research and medical education that it currently provides. Major donors include Paul L. Foster, the school's namesake, and the Woody Hunt Family Foundation.

School

From Page 1

Rivera, a Doctor of Medicine in Dentistry (DMD). He believes that a key element of meeting the unique health needs of the border community is recruiting local talent- health professionals who understand and can relate to the people they serve. But he contends that current avenues for pursuing a career in dentistry can be quite cost-prohibitive.

Dr. Rivera, a local orthodontist who has offices in East and West El Paso, said that his pursuit for a career in dentistry took him to schools including the University of California

in Los Angeles (UCLA), Temple University in Philadelphia, and University of Health Science Center in San Antonio. A profession he was able to afford only after enlisting in the U.S. Army and participating in its Health Professional Scholarship Program.

Rivera said that he still ended up compiling about \$160,000 in student loans to pay for his training, which encompassed four years of undergraduate work, four years of dental school, and three years of specialized instruction. However, he stated that it could have been much more costly. Rivera noted that he knows of dental professionals who accumulated up to \$500,000 in student loans.

The new school in El Paso will help local dental students finance their education because a big part of the costs is for housing and living expenses, Rivera pointed out. “There are dentists from out of the state who have trained in other schools and are here in El Paso working to fill the need, but the exciting thing about this new school is that we’re going to have a lot of local area students who are going to train here, understand the need and are going stay here to help our borderland,” he stated.

The opening of West Texas’ first dental school will not just fulfill this severe health

See SCHOOL, Page 6

Anthony Independent School District Notice of Public Hearing

Anthony Independent School District will hold a public hearing to discuss the District’s 2018-2019 Annual Accountability Report as part of the regular monthly School Board meeting, which is scheduled for 6:30 p.m., Wednesday, February 19, 2020 at the Anthony ISD Board Room, 813 Sixth Street, Anthony, TX.

The public is invited to attend. The report will also be available for review after the hearing at all Anthony ISD campuses, central office, and the district website.

For more information, call 886-6506.

Junta Publica Distrito Escolar Independiente de Anthony

El Distrito Escolar Independiente de Anthony llevará a cabo una audiencia pública para discutir el Informe Anual Reporte de Responsabilidad del Distrito 2018-2019 como parte de la reunión mensual de la Mesa Directiva de la Escuela, la cual está programada para las 6:30 pm el miércoles, 19 de febrero de 2020 en la sala de juntas de la Mesa Directiva en la calle 813 Sixth Street, Anthony, TX.

Todos los individuos interesados están invitados a asistir. El reporte estará disponible después de la reunión en todas las escuelas del distrito, en el edificio de las oficinas administrativas, e internet del distrito.

Para mas información, favor de llamar al 886-6506.

WTCC: 02-06-20

Clint Independent School District Public Notice

Clint Independent School District will hold a public hearing to discuss the District’s 2018-2019 Texas Academic Performance Report (TAPR) as part of a School Board meeting, which is scheduled for 5:00 p.m., Thursday, February 27, 2020, at the Clint ISD Administrative Office Board Room, 14521 Horizon Blvd., Horizon City, TX, 79928.

The public is invited to attend. The TAPR report will also be available for review after the hearing at all Clint ISD campuses, the Clint Administrative Office and at www.clintweb.net.

For more information, call 926-4051.

Distrito Escolar Independiente de Clint Junta Pública

El Distrito Escolar Independiente de Clint tendrá una Reunión Pública para informar sobre el “Reporte de Rendimiento Académica de Texas” (TAPR) del año escolar 2018-2019. El reporte sera parte de la reunión de la Mesa Directiva del distrito programada para el jueves, 27 de febrero del 2020 a las 5:00 p.m. en el cuarto de sala de Clint ISD oficina administrativa, 14521 Horizon Blvd., Horizon City, TX, 79928.

Todos los interesados están invitados a asistir. El reporte TAPR estará disponible después de la reunión en todas las escuelas del distrito, en el edificio de las oficinas administrativas y en www.clintweb.net.

Para mas información, favor de llamar al 926-4051.

WTCC: 02-06-20

El Pasoans get low marks on their love for football

By Steve Escajeda
Special to the Courier

Now that the Super Bowl has put a ribbon on what was the 2019 season, we can put our favorite jerseys, caps and foam fingers away until NFL training camp opens again this July.

But before we put our beloved sport of football away for this season, there was some disheartening national news that was reported recently.

The article was about football and the El Paso fans who love the sport... or do they?

A personal finance website by the name of WalletHub conducts a study every year to determine the worst American cities for college football, and football in general.

Of course El Paso was judged in the

college football category because, well, the Miners are the only team in town.

The website looked at the 245 largest cities and towns in America with at least one Division I college or professional football team and ranked them based on 21 metrics ranging from game attendance to fan engagement to number of wins over the last 3 seasons.

Ouch, why did they have to pick the last three seasons?

In case you didn't know, the Miners have gone 0-12, 1-11 and 1-11 the last three years. And if you're as good at math as I am, you'll see that UTEP has compiled a 2-34 record in that time.

So let's just say that according to the site, local support is lacking big time.

As you've undoubtedly seen over the past couple years... oh wait... you haven't seen, because chances are you

don't go to the games.

Two years ago, the average attendance at the 52,000-seat Sun Bowl was a measly 14,155. Last season, because of the 34,000 fans at the opening game, the average crowd rose a bit to 18,727.

But it's startling how small 18,000 people can appear when you put them in a venue big enough to hold 52,000.

WalletHub was careful to rank apples with apples. When ranking by population, El Paso placed 46th out of the 47 largest cities with a population over 300,000.

That continues a disturbing trend; El Paso was actually ranked at 44 the year before.

So the natural question would be, what is UTEP doing to reverse downward spiral?

Athletics Director Jim Senter has implemented several changes, including

making the whole pregame tailgating experience more pleasing, he's made it easier for locals to afford season and gameday tickets, and he's reached out to the business community to take a larger role in supporting the program.

But in the end, it appears that all the glitz and glamor and discounts and advertising and renovations and promotions and town hall meetings, are simply no substitute for winning.

Even without any of the extras – a winning team will put butts in the seats.

And it's not just that the Miners aren't winning, they've firmly established themselves as the consistently worst program in the country.

In fact, according to study, the UTEP program was given the dubious distinction of being among the five "Worst Performing College Football (FBS and FCS) Teams" for the 3rd year in a row.

Now I don't know about you, but I'll go see a movie once. If it was a stinker, I'm not going back.

And it appears that the fans of El Paso would rather spend their hard-earned time and money on something they know they're going to enjoy.

What Senter is battling with is the old "chicken or the egg" scenario.

Will fans show up and maybe cheer the team to victories, or will the team have to start winning games for the fans show up?

The 2020 season will be the third for coach Dana Dimel and fans are insisting they see some improvement on the field. Even just a little improvement will be seen as a positive step.

And we know the fans will come. Back when Mike Price was coaching the team, over 40,000 flooded the Sun Bowl for home games on several occasions.

Those teams didn't always win, but they were fun to watch and always competitive.

El Pasoans love high school football and they love their Dallas Cowboys. They're itching to love their UTEP Miners – but love goes both ways.



– Photo courtesy EPWater

OH SNAP – Broken pipes can leak a little or a lot. The spillage can hurt your property and your wallet.

Pipes

From Page 2

water at the meter, and/or ask someone to monitor your home in your absence.

- If a pipe does break on your property, know where your water meter is and how to turn water off immediately to avoid further damage and water waste.

School

From Page 5

need. It will also poise El Paso to compete with other major players in the health care sector. Woody Hunt, chairman of the Woody and Gayle Hunt Family Foundation, stated that the expansion effort was an opportunity to put El Paso on the map.

"If we want to be a competitive community with a high quality of life, we have to have competitive medical services. Whether it's medical or dental services, we need to be on par with the rest... The best way to reach this goal is to get people that want to stay in El Paso and give them the opportunity for a high-quality education, with the hope that a high percentage of them will stay," Hunt said during the inaugural ceremony.

The biggest beneficiaries of the new dental school, Rivera asserted, will be those individuals of low, socio-economic means. "They will soon have access to high-quality, low cost dental care through the new school's dental programs. They will not have to go across the border to Ciudad Juarez to be able to afford dental services," he added.

To Advertise Call 852-3235

Super Crossword

THE LATEST FASHION ACROSS

1 Stuff pumped into a 747

8 Bracing devices

14 Teeny bit

20 "Stephen," to the French

21 Rip into

22 Untrue rumor

23 Start of a riddle

25 "Ironie" singer Morissette

26 Enzyme name ender

27 Solo for a

41-Across

28 Not feeling well at all

30 Set aflame

31 Riddle, part 2

39 Shar_

40 No, to Burns

41 Certain opera singer

42 Actress Joanne

43 Bit of slander

44 Neighbor of a Croat

46 The, to Josef

48 Apt rhyme of "grab"

50 _O-Fish (McDonald's sandwich)

52 Riddle, part 3

59 Very pungent

61 Certain opera singer

62 Adders, e.g.

63 Most blaring

66 Sculling tools

68 As blind as _

69 Elegant tree

72 Pharmacy amount

73 Riddle, part 4

76 Blackthorn

77 Fire residue

78 Lady Grey

79 Sauce brand since 1937

80 Stays away from

82 Total or Life

84 Neighbor of a Swede

86 Goes fast

87 Riddle, part 5

93 NATO part

94 Mineo of "Tonka"

95 Knighted one, e.g.

96 Pleasant

99 The Beatles' " _ Loser"

100 "Citizen X" actor Stephen

103 Equine noise

107 Do a lawn chore

109 Relo vehicle

110 End of the riddle

115 Dir. from Del. to Vt.

116 Busy mo. for a CPA

117 Big particle physics lab in Switz.

118 "Hail, Nero!"

119 Big name in sneakers

121 Riddle's answer

128 Lenient

129 Beethoven's Third, familiarly

130 Mark Antony's wife

131 Local lingoos

132 Wet slightly

133 Wee baby

DOWN

1 Seder celebrant

2 Ordinal number ender

3 Carrere of "True Lies"

4 Beyond embryonic

5 Oneness

6 Baja California resort port

7 Permit to

8 Biblical angel

9 Chicana, e.g.

10 Many flying creatures

11 Got together

12 Compadre

13 "Shrekt!" author William

14 Like time, speed and temperature

15 Bad, to Luc

16 Including everything

17 Author Steel

18 More sandlike

19 MS markers

24 "Yuk" relative

29 PC screen variety

31 Special _ (mil. group)

32 Toll, for one

33 Atomizer for spraying paint

34 Turned right on a horse

35 Has no life

36 _ Ark (biblical boat)

37 With 57-Down, supporter for a caterer's dishes

38 Pets' docs

45 Groom's partner

47 Microwave brand

49 Unoriginal

51 Indefinite things

53 Keats verse

54 Gobs

55 Railing locale

56 Hurricane relative

57 See 37-Down

58 Green-lights

59 Alan of "White Mile"

60 Doves' calls

64 Horrify

65 Reasonably muscular

67 Lactose, e.g.

69 Unrequired course

70 Rob of the Brat Pack

71 Disorder

74 Gets close

75 Mom or dad's sister

76 "Da Doo Ron Ron" singer Cassidy

78 _ Tull (rock band)

81 _Magnon man

82 Persian, e.g.

83 Country singer

Rimes

85 Suffix with lion

87 Army group

88 Ball of perfume in a closet

89 Exhausting

90 Urged in defense

91 Intentions

92 Close friendship between guys

97 "Wheels"

98 Nav. officer

101 Expunges

102 African viper

104 Implant that helps in returning a lost pet

105 Athens' land

106 Husband of Lily Munster

108 Greet with a hand motion

111 Resulted in

112 Followed a curved path

113 Hit skit show since '75

114 " _ & Kel" (1990s teen show)

119 _ Khan

120 Height fig.

122 Hunters' gp.

123 _ de plume

124 Cyclotron bit

125 Actress Longoria

126 Apt humor

127 Letter encl. to facilitate a reply

Answer Page 4

1	2	3	4	5	6	7		8	9	10	11	12	13		14	15	16	17	18	19	
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Comix

OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



TIGER By Bud Blake



Memory

From Page 2

their glasses. These usually are signs of mild forgetfulness, not serious memory problems, like Alzheimer’s disease.”

But the Alzheimer’s Association says that if your forgetfulness is disrupting your life, it may be time to see a doctor. In an online paper entitled, 10 Early Signs and Symptoms of Alzheimer’s, the association describes the differences between forgetfulness and disease.

The paper explains that age-related lapses include:

- Sometimes forgetting names or appointments but remembering them later;
- Making occasional errors when managing finances or household bills;
- Occasionally needing help to use microwave settings or to record a TV show;
- Getting confused about the day of the week but figuring it out later;
- Sometimes having trouble finding the right word;

- Misplacing things from time to time and retracing steps to find them;
- Making a bad decision or mistake once in a while, like neglecting to change the oil in the car;
- Sometimes feeling uninterested in family or social obligations; and
- Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

The Alzheimer’s paper suggests that signs of the disease as we grow older include:

- Memory loss that disrupts daily life;

- Challenges in planning or solving problems;
- Difficulty completing familiar tasks;
- Confusion with time or place;
- Trouble understanding visual images and spatial relationships;
- New problems with words in speaking or writing;
- Misplacing things and losing the ability to retrace steps;
- Decreased or poor judgment;
- Withdrawal from work or social activities; and
- Changes in mood and personality.

Is over exercising cause of ‘knots in the back’?

DEAR DR. ROACH: My wife is 69 and in very good health, exercising at least two hours a day. She has suffered from “knots in the back” for over 10 years. It is extremely painful, often bringing her to tears. It comes on suddenly at any time of the day or night, and lasts hours, days and occasionally weeks. She has been to several physicians, whose recommendations are to “live with it.” She has tried chiropractic, massage therapy, prescription and OTC painkillers, stretching and home massage, all to no avail. I cannot see the knots, but I can feel a tightness when I attempt to rub them out, which usually does nothing. A glass of wine is the only reliable relief, and it lasts only a few hours. Is there any recourse to this condition? – J.P.



I am sure you and your wife must be frustrated.

The fact that it comes on suddenly, can be felt as tightness and gets a bit better with alcohol makes me strongly suspect she is having muscle spasms. These most often come on in the legs and feet, but they can affect the back too.

Two hours a day of exercising sounds like a lot, and she may be overexercising some muscles, while possibly not exercising others. This can lead to imbalances in muscle strength.

Another common problem stemming from exercising is inadequate stretching. Stretching is the first place to start for many people with muscle cramps. A physical therapist or physiatrist may be of immense benefit, and your wife should explain in detail what her exercise regimen is. We are taught to think carefully of the mechanism of injury, and I am concerned the exercise may be that injury.

Abnormalities in electrolytes (blood salts, especially potassium, sodium, magnesium and phosphate) are only rarely the cause, although many people write me that they have been helped by taking one or more of these. Primary muscle diseases, side effects from medications and inadequate hydration are possible, but also unlikely.

In absence of detailed knowledge about her exercise regimen, I’d recommend she try backing off a bit, maybe using ice after exercise, stretching the back under supervision and trying a hot bath or shower before bed.

DEAR DR. ROACH: I am a 78-year-old who runs 15-20 miles per week, with prostate gland enlargement and reduced urinary frequency with occasional use of Advil. As a runner, I have been reluctant to make ibuprofen a daily regimen because I have read that inflammation is part of the body’s response to tissue damage, which is crucial to the healing process and is important for muscle growth. When ibuprofen’s anti-inflammatory effect reduces symptoms, does it affect the healing process also? Can you comment on the pros and cons for runners? – B.M.

High-dose ibuprofen was shown to inhibit muscle protein synthesis following weightlifting exercise. This led to a suspicion that it might impair the gains in muscle strength that are made with exercise. However, a Canadian study showed that moderate doses of ibuprofen (400 mg after exercise) did not impair muscle growth or gains in strength. Using ibuprofen for occasional muscle soreness or for the purpose of reducing prostate inflammation should not adversely affect your performance in running.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2020 North America Synd., Inc. All Rights Reserved.



Moore Texas by Roger T. Moore
Jan. 24, 1845: The Texas Senate ratifies a peace treaty (brokered by Sam Houston) with 11 Indian tribes.

Archives: www.wtxcc.com

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals S

GYDM JYD UCLUDL UDRGM

RHPHMR DPDLTUZBT

LCMBZQ GHKB YCHLEJTKDE,

HJ GCE EYDCL QCBMDEE.

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

4				5		3		
	1		7		2		9	
		3			4			7
3		7		8			5	
	2		4			6		
1					5			2
	6			2			8	
		9			8			5
8			9			2	7	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

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2020 Honor Flights starting up soon



by Freddy Groves

Last year the Honor Flights Network took 21,000 World War II, Korean War and Vietnam War era veterans from around the country aboard flights to Washington, D.C. Over the years, non-profit HFN has taken over 200,000 veterans on these flights to see the memorials dedicated to them in the nation’s capital. Because of donations, the veterans themselves paid nothing for their trips.

The 2020 season will be starting in a few months. Are you able to go as a volunteer escort to help three veterans for one day? Can you host a fundraiser or donate money? With over 20,000 veterans on a wait list for a trip, volunteers and donations are the most

crucial at this point. Your first step is to look at the Honor Flight Network website at www.honorflight.org.

Click on Hubs/Flights and find the black dot closest to you. All but five states have hubs with a total of 140 locations. Click on a dot and you’ll find contact information. Click on the website link for your hub. You’ll learn about the local group: fundraisers, links to refer a veteran and more.

If you’re a veteran who wants to go alone or with your family, you can go solo and meet up with the larger group in Washington, D.C., if you can secure your own funding and transportation. Another program is the Southwest Lone Eagle, for veterans who have been on the waiting list for more than one year and do not live within 120 miles of a hub. For veterans with a terminal illness, there is the TLC programs, meaning Their

Last Chance.
For more information, or if there isn’t a hub in your state, call Honor Flight at 937-521-2400.
Note to veterans: use of a wheelchair or oxygen are not obstacles to going on one of these trips.

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• To extend the shelf life of your bunch of bananas, try wrapping the stem tightly with a piece of plastic wrap. They also can be kept in the refrigerator if you don’t mind cold bananas, like when you are slicing them into cereal or using them in a smoothie. The skins may brown, but the inside will not over-ripen to match.

• “If you have extra books hanging around, why not contact your local nursing homes to see if anyone would like some new reading material?” – T. in South Carolina

• H.W. in Massachusetts writes: “I use a bathroom chair in my tub and always wash the exterior. One day, a tip came off one of the legs and when I turned it over to replace it, I was horrified to see black mold underneath. I sprayed it with cleaner and it cleaned up perfectly. Please offer this tip to my fellow senior citizens. Mold is really bad.”

• Energy saving tip for the kitchen: Use pots and pans that are the correct size for the burner. There’s no sense in using the big burner for a small pot, and a small burner will have to work twice as long to heat up a large pot of water. Also make sure your pots are flat (not warped) and clean, so heat can transfer more efficiently.

• “Many people have resolutions to eat healthier or to get more exercise. Why not connect with friends to be accountable to one another? You can cook together so that you will have healthy options for meals and snacks, and even if you cannot walk or go to the gym together, you can check in with each other a few times a week to make sure the person hasn’t fallen off the wagon. Be an encourager!” – F.L. in Oregon

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2020 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★ ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

Answer Page 4

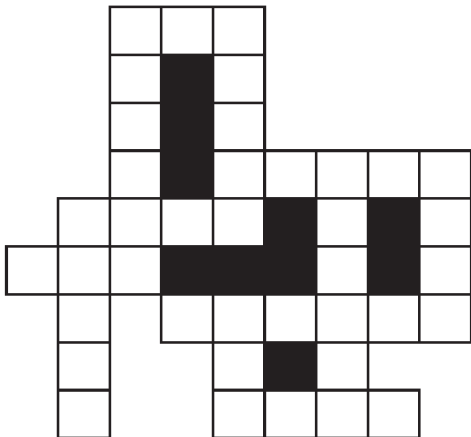
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ALD
TODRIA
♥ MAPSL
♥ EPMO
DEC MAL
♥ MDA
♥ LTDO
♥ DRETA
CPU
PECORU
RILDU
♥ ARME



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string’s word either across or down to knot all twelve strings together.

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