



NEWSBRIEFS

COVID-19 restrictions

With some states pausing their reopening processes due to spikes in COVID-19, the personal-finance website WalletHub today released updated rankings for the *States with the Fewest Coronavirus Restrictions*, as well as accompanying videos and audio files. To identify which states have the fewest coronavirus restrictions, WalletHub compared the 50 states and the District of Columbia across 18 key metrics. Our data set ranges from whether the state has any penalties for non-compliance with COVID-19 legislation to whether the state has required face masks in public and health checks at restaurants. Below, you can see highlights from the report, along with a WalletHub Q&A. Texas was rated 36th in the report. Coronavirus restrictions rankings in Texas (1-Fewest, 25-Avg.):

- 31st – Requirement to Wear a Face Mask in Public;
- 28th – Workplace Temperature Screening;
- 31st – Reopening of Child-Care Programs;
- 6th – Travel Restrictions;
- 46th – Large Gatherings Restrictions;
- 7th – Strictness of “Shelter in Place” Order;
- 23rd – Reopening of Non-Essential Businesses; and
- 38th – Reopening of Restaurants and Bars.

Note: Rankings are based on data available as of 12:30 p.m. ET on Monday, July 6, 2020.

Visit <https://wallethub.com/edu/states-coronavirus-restrictions/73818/> for the full report.

Q&A with WalletHub analyst Jill Gonzalez

Should states that see spikes in COVID-19 deaths just pause their reopening or reinstitute lockdowns?

States with spikes in COVID-19 deaths should pause their reopening as well as make sure extra preventative measures are in place, like mandatory mask wearing and temperature checks at workplaces and busy transit hubs. Some states, such as Texas and Arizona, have already paused their reopening yet don't require masks in public. It may be necessary to

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When angry count to ten before speaking. When very angry count to 100 and then don't speak.

— Quips & Quotes



— Photo by Alfredo Vasquez

HELP IS ON THE WAY – Texas Department of Transportation’s new free Highway Emergency Response Operator (HERO) program began in El Paso recently. It should improve safety and ease traffic congestion. The free program will help stranded motorists by changing flat tires, providing fuel, removing light debris, and providing other emergency roadside assistance on local highways, like Loop 375 Border Highway, above. Drivers in need of assistance can call (915) 790-HERO (4376).

Assistance program returns to El Paso roads

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – After having been discontinued several years ago, a roadside assistance program is back patrolling El Paso’s highways. The revitalized program is designed to help drivers who experience trouble with their vehicle while commuting on El Paso County’s main thoroughfares.

The new program, named the Highway Emergency Response Operator (HERO), is made possible by federal funding awarded to the El Paso Metropolitan Planning Organization. The current funding is for two years. Texas Department

of Transportation (TXDOT) had similar courtesy patrols on El Paso’s freeways more than 10 years ago before they were ended due to funding cuts.

The HERO program began on El Paso’s interstate and loop highways recently and should improve safety and ease traffic congestion, TXDOT officials stated. The free program will help stranded motorists by changing flat tires, providing fuel, removing light debris, and providing other emergency roadside assistance, TXDOT officials explained.

According to TXDOT officials, each HERO shift will have five trucks and one tow truck marked with distinctive TXDOT logos, and the specially trained staff will

be wearing yellow safety uniforms.

The courtesy patrols will be available from 6 a.m. to 8 p.m., Monday through Friday, on Interstate 10 from Trans Mountain Road to Horizon Boulevard, Loop 375, and the Patriot Freeway.

Drivers in need of assistance, can call 915-790-4376 (HERO). TXDOT officials related that the TxDOT TransVista Center for highway cameras will be used to assist the HERO dispatcher.

“Safety is our top priority and these crews will be helpful in keeping our roads clear and drivers and first responders safe during vehicle incidents on our highest traveled roadways,” TxDOT El Paso District Engineer Tomas Treviño said in a statement.

Salcido named GEMS principal

By Jeannie Meza-Chavez
Special to the Courier

SAN ELIZARIO – The San Elizario Independent School District (SEISD) has chosen Richard Salcido as the new principal at the Ann M. Garcia-Enriquez Middle School (GEMS). During a virtual special meeting, SEISD Board of Trustees voted unanimously to appoint Salcido as the new principal for GEMS. Salcido had stressed his proven academic success and how important it was for him to build relationships with students.

With approximately 16 years of experience in public schools,



— Photo courtesy Canutillo ISD

Richard Salcido

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Avila named Alderete Middle School principal

By Liza M. Rodriguez
Special to the Courier

CANUTILLO – The Canutillo Independent School District recently named Nidia Avila as Principal of Jose J. Alderete Middle School. Mrs. Avila is well known to the school community, and she has 14 years of experience as a professional educator, all with Canutillo ISD.

“I am excited to lead the extraordinary students and staff at Alderete Middle School, and I am grateful for this wonderful opportunity,”

said Avila. “I look forward to working together with our teachers, students, families, and community to provide all our students a premier educational experience.”

Avila began her professional career as a 7th and 8th grade teacher at Alderete Middle School in 2006 and taught Algebra I through 2012. She continued to lead at Alderete as a Campus Instructional Coach through 2015. From 2015-2017, Avila served CISD as District Math Curriculum Coordinator,

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Many of you dismiss the “Defund the Police” movement as

Defund fun

merely rhetorical excess, designed to get everyone’s undies twisted in knots. And you’d be correct. It’s really hyperbole meant to focus everyone’s attention to the need to reform law enforcement in this country, and to weed out racist, deadly brutality by cops who all

too often literally get away with murder.

But let’s not dismiss the idea entirely of zeroing out certain agencies in the federal government that are beyond reform, at least right now. Think how Congress could regain control if the members would vote to defund the White House, at least as long as Donald Trump is president. Impossible, you say? Not if the members, Republicans and Democrats, could somehow be persuaded that Trump and his cronies do nothing constructive for the country and are, in fact, bent on its destruction.

Just think: no budget for Air Force One to take the Trumpster to rallies where he whips his dwindling legions of followers into a frenzy with a combination of bigotry, half-truths and full lies. No more overlooking the fact that he is most certainly killing off his supporters who cram into venues, most of them not wearing face masks, ignoring the deadly coronavirus pandemic that continues to fatally strike down and sicken Americans who were led to believe by Trump

and his administration liars that it was safe to emerge from the lockdown and do whatever they wanted.

That’s called MAGA, folks. Well, to paraphrase that great thinker Sarah Palin, “How’s that make America great again thingy working out for you these days?” Members of the European Union are considering a ban on citizens of the United States from entering their countries because our leaders have so badly botched the handling of COVID. It’s still such a lethal threat here that these other nations don’t want to risk getting infected.

That would have been unthinkable just a few years ago, before Donald Trump alienated just about every ally and cozied up to every autocratic adversary.

We don’t need to continue paying for that kind of performance, so consider defunding the White House. And while we’re at it, let’s think about the Department of Justice, or at least the office of Attorney General Bill Barr. Barr has forgotten that he is supposed to legally represent the entire nation and has become just another of Donald Trump’s personal lawyers. Trump could pay for Barr’s billable hours.

Appropriators should think about defunding the Interior Department and the Environmental Protection Agency. The industries that control them can pay for their operation, since the agencies’ main function these days is to do their bidding.

Now we’re hearing that the Treasury Department sent a billion and a half dollars in stimulus payments to dead people. Off with their wallets!

Meanwhile, President Trump continues to misuse his vast power to call up U.S. Marshals and military forces to maintain his idea of order – aka, political advantage. And he does have a potent issue here. He can portray himself as a defender of U.S. history, protecting the monuments to slavery from “anarchist thugs” and every other kind of hooligan.

Perhaps the answer is to defund everything. That way we can pass the ultimate tax reform bill and eliminate taxes, because there won’t be anything to pay for.

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Public Notice San Elizario Independent School District 504 Child Find

Pursuant to Section 504 of the Rehabilitation Act of 1973, the District has a duty to identify, refer, evaluate and if eligible, provide a free, appropriate public education to disabled students. For additional information about the rights of parents of eligible children, or for answers to any questions you might have about identification, evaluation and placement into Section 504, please contact the District’s Section 504 Coordinator, Amanda G. Sanchez-Muñoz, at 872-3926, or mail at P.O. Box 920, San Elizario, Texas 79849.

Aviso de Identificación de Estudiantes Incapacitados Bajo la Sección 504

Bajo la Sección del Decreto de Rehabilitación de 1973, el Distrito Escolar esta obligado a identificar, referir, evaluar, y propocionar servicios educativos apropiados y gratuitos a los estudiantes incapacitados que califican bajo esta ley. Si usted desea mas información sobre los derechos de padres de niños incapacitados, o si tiene preguntas sobre la identificación, evaluación, y colocación de niños en el programa de Sección 504, favor de ponerse en contacto con la Coordinadora de 504 del Distrito Escolar Independiente de San Elizario, Amanda G. Sanchez-Muñoz, al numero 872-3926, o por correo a la siguiente dirección: P.O. Box 920, San Elizario, Texas 79849.

WTCC: 07-09-20

View from here By Jane M. Orient, M.D.

COVID hype versus hope

The dictionary definition of “hype” is a deception or put-on, or promotional publicity of an extravagant or contrived kind. But regarding medical advances, it might be used to refer to hope.

Hope, or “false hope,” is something doctors are not supposed to give patients regarding a non-established treatment for a disease, especially one deemed to be incurable.

Hope is not needed if an outcome is assured. Hope is what sustains people when the outlook appears bleak. The alternative is despair.

Regarding COVID-19, the World Health Organization (WHO) and the Centers for Disease Control and Prevention (CDC), and other established national and international agencies define what is hype or false hope. If “hype,” also called “harmful misinformation,” appears on a website or social media, it will be disappeared, cancelled, or labeled as dangerous, as people are referred to WHO or CDC websites.

Remember that most entities promoting panic and despair have an ulterior motive. They are selling a remedy – the only thing that they say can save you from certain disaster.

WHO, CDC, et al., and the medical organizations and physicians who trust their authority are saying that COVID-19 is incurable. We must remain locked down, separated, and masked. If we catch it, we must go home, self-isolate, and come to the hospital if we can’t breathe. We can take some over-the-counter medications for fever and pain, but there is nothing to prescribe.

Once in the hospital, we will be separated from family, friends, clergy, and independent doctors. If we’re about to die, there may be a ventilator available for us. Our chance of surviving then may be 50 percent – or less. The hospital we are in might have a clinical trial for which we are eligible. We’ll be assigned to get – or not get – a drug that they think might work. Or perhaps we’ll get remdesivir on an FDA Emergency Use Authorization. The government has committed to buy 3 months’ worth of production at \$3,120 per

5-day course of treatment (500,000 doses). If each course has six doses, that’s about \$260 million. If we survive – remdesivir doesn’t seem to affect that – it will save us about four days in the hospital.

That’s real money, not just hype.

The latest “hype” to warn us about concerns quercetin. According to *Medpage Today*¹, the hype is “comparable to early data on hydroxychloroquine” (HCQ). This plant flavonoid, found in capers and green tea, shares one mechanism of action with HCQ. It helps zinc get into cells, where it interferes with the replication of the virus that causes COVID-19. Quercetin is commonly available over the counter. Some doctors recommend it because our government protectors (who are remdesivir promoters) have made it very difficult for doctors to prescribe or pharmacists to dispense the old, cheap drug HCQ.

If someone is promising a unique, secret, overly expensive, 100 percent effective cure-all, that sounds like hype. But doctors saying that “I have seen evidence that HCQ might help you², especially if taken early, and in my experience patients have quickly gotten better” is the practice of the art of medicine. It gives patients hope, and often relief. And now a controlled study at Henry Ford Hospital³ has shown that HCQ cuts the risk of death in hospitalized patients in half.

Promoting vitamin D, vitamin C, vitamin A, elderberry syrup, selenium, and many other available, reasonably priced preventatives and remedies might also be called “hype” – by WHO and those who are selling expensive novel drugs and universal vaccination as the only hope.

Is there hype about randomized controlled trials (RCTs)? They can be designed to fail, as by giving treatment too late or in an overdose that increases death or adverse effects⁴, or they can fabricate data. Studies that had to be retracted⁵ were used to stop further research and treatment with HCQ.

Is there hype about vaccines? Trials race on, but they are tainted with ethical questions. For example, demonstrators in South Africa⁶ carried signs saying “We are NOT guinea pigs” and “Gates we are not your lab rats.” The African Centre for Biodiversity

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The coming 2020 train wreck

President Donald Trump and former Vice President Joe Biden agree on one thing – the other side is trying to steal the election.

Trump told a gathering of students in Phoenix that this “will be, in my opinion, the most corrupt election in the history of our country.”

The president of the United States actively undermining faith in the electoral process is gross and unprecedented, but he’s not alone.

Asked by Trevor Noah of “The Daily Show” whether he worried the election would be rendered “moot” by his supporters being prevented from voting, Biden replied: “It’s my greatest concern. My single greatest concern. This president is going to try to steal this election.”

This wasn’t an isolated comment. “Mark my words,” he warned in May, “I think he is going to try to kick back the election somehow, come up with some rationale why it can’t be held.”

Yes, if there is one thing everyone can now agree on, it’s our inability to pull off a free and fair election.

Perhaps a handy victory by Biden or, much less likely, Trump will take the edge off the postgame acrimony, but it

is going to be ugly regardless. If the election is close, the aftermath will be a norm-busting extravaganza of conspiracy theories, lawsuits and, at the very least, threats to take it to the streets.

If Trump loses, there’s unlikely to be a concession phone call – one of the little grace notes of our democracy – and he will argue that he was undone by Democratic cheating. He won in 2016 and still maintained he’d been cheated.

The transition would surely be unlike any we’ve ever seen, with the incumbent routinely insulting his soon-to-be successor. Trump would be likelier to live-tweet Biden’s inauguration than to attend.

And if he wins, it could be even even worse.

There were protests in the streets after Trump won in 2016. In the supercharged atmosphere of 2020, we shouldn’t be surprised by riots. After once again believing he’d inevitably lose and facing another intolerable four years of President Trump, the left’s shock and despair would be unlike anything either side in our politics has experienced in memory.

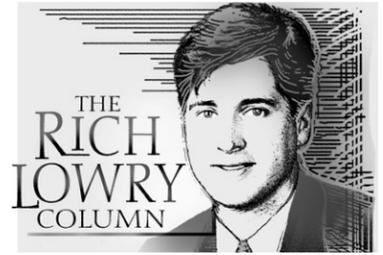
One of the ironies of the 2016 election is that Democrats rightly

scolded Trump for preparing the ground not to accept the election result. Then, when he won, they resisted accepting the result themselves, preferring to believe that the election had been stolen by Russia.

A close result will obviously magnify feelings on both sides. The Florida vote controversy of 2000 was the height of recent domestic contention over a presidential election. Looking back, though, it was remarkably tame.

With control of the presidency hanging by a thread in Florida, there were no large-scale demonstrations, let alone violence. The legal briefs flew fast and furious and both former President George W. Bush and former Vice President Al Gore wanted to win and distrusted the legal and electoral maneuvers of the other side.

Yet there were things that neither of them would say in public and both of them were willing, if it came to that, to concede with grace. Both men were shaped by the post-World War II consensus in American



politics. They had absorbed its standards and reflexively honored its guardrails. That was 20 years, and an eon ago.

Rich Lowry is editor of the National Review. (c) 2020 by King Features Synd., Inc.

COVID

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raised many concerns about the vaccine trial⁷, such as withholding crucial safety information. The controversial Louis Farrakhan warns⁸ against taking the vaccine pushed by white multibillionaire Bill Gates.

Do the lives of black African Africans matter if we badly need research results?

Our hope for humanity depends on honest, ethical research and freedom to choose our own care, even if self-anointed U.S. or global authorities demean our communications as “hype.”

¹ https://www.medpagetoday.com/infectiousdisease/covid19/87373?utm_source=Saithru&utm_medium=email&utm_campaign=Weekly%20Review%202020-07-05&utm_term=NL_DHE_Weekly_Active

² https://docs.google.com/document/d/1545C_dJWMIAgqeLEsfo2U8Kq5WprDuARXrJl6N1aDjY/edit

³ https://www.henryford.com/news/2020/07/hydro-treatment-study#.Xv4hh_7ARfo.twitter

⁴ <https://conexaopolitica.com.br/ultimas/brazilian-scientists-and-academics-write-an-open-letter-on-the-science-of-the-coronavirus-pandemic/>

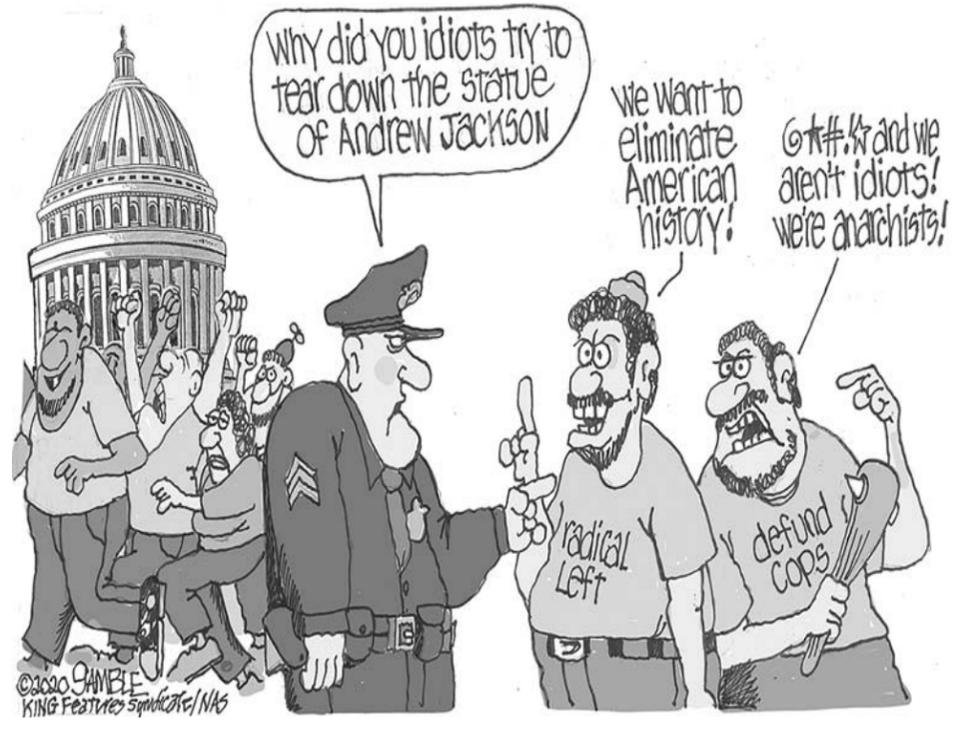
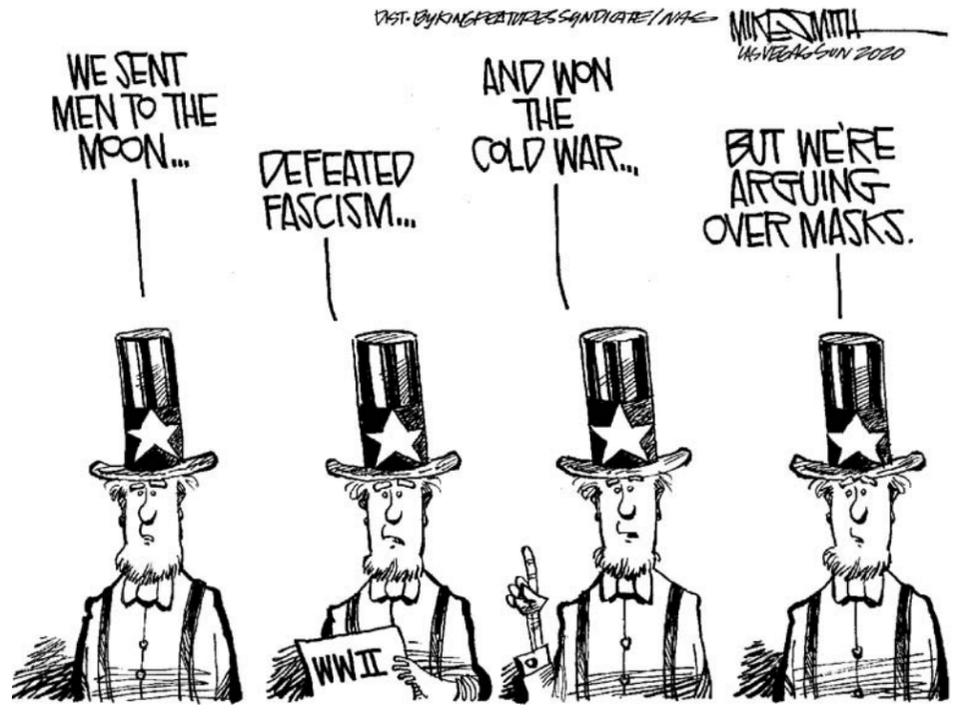
⁵ <https://www.statnews.com/2020/06/04/lancet-retracts-major-covid-19-paper-that-raised-safety-concerns-about-malaria-drugs/>

⁶ <https://www.thetimes.co.uk/article/coronavirus-vaccine-africas-first-trial-hit-by-resentful-protesters-pfm9fdgkc>

⁷ <https://www.acbio.org.za/sites/default/files/documents/202006/submission-daff-regarding-azd1222acb.pdf>

⁸ <https://eurweb.com/2020/07/05/farrakhan-warns-africa-not-to-take-coronavirus-vaccine-claims-it-will-depopulate-the-earth/>

Jane M. Orient obtained her M.D. from Columbia University College of Physicians and Surgeons in 1974. She has served as Executive Director of the Association of American Physicians and Surgeons (AAPS) since 1989. She is president of Doctors for Disaster Preparedness. More than 100 of her papers have been published in the scientific and popular literature on a variety of subjects including risk assessment, natural and technological hazards and nonhazards, and medical economics and ethics.





Moments in time
THE HISTORY CHANNEL

• On July 6, 1944, in Hartford, Connecticut, a fire breaks out under the big top of the Ringling Bros. and Barnum Bailey Circus, killing 167 people and injuring 682. An investigation revealed that the tent had been treated with flammable paraffin thinned with three parts of gasoline to make it waterproof.

• On July 7, 1917, Britain establishes the British Women's Auxiliary Army Corps (WAAC), authorizing female volunteers to serve alongside their male counterparts in France during World War I. Some 80,000 women enlisted to perform labors such as cookery, mechanical and clerical work, and other tasks.

• On July 8, 1959, Maj. Dale Buis and Master Sgt. Chester Ovnand become the first Americans killed in the U.S. phase of the Vietnam War when guerrillas strike a Military Assistance Advisory Group compound in Saigon.

• On July 9, 1877, the All England Croquet and Lawn Tennis Club begins its first lawn tennis tournament at Wimbledon, then an outer-suburb of London. Twenty-one amateurs showed up to compete in the Gentlemen's Singles tournament, the only event at the first Wimbledon. The winner was to take home a 25-guinea trophy.

• On July 10, 1887, a dam breaks in Zug, Switzerland, killing 70 people. The resulting wall of water was so powerful that rescue boats were ineffective, as they capsized in the roiling waters.

• On July 11, 1979, parts of Skylab, America's first space station, come crashing down on Australia and into the Indian Ocean five years after the last manned Skylab mission ended. Skylab weighed 77 tons.

• On July 12, 1995, a heat advisory is issued in Chicago, warning of an impending record-breaking heat wave. When the heat broke a week later, nearly 1,000 people were dead in Illinois and Wisconsin. The temperature in the city hit 106 F with a heat index of 120 F.

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Canutillo ISD releases plan for 2020-2021 academic year

By **Liza M. Rodriguez**
Special to the Courier

CANUTILLO – Due to upward trends in infection rates, the Canutillo Independent School District is adopting a conservative approach in the interest of safety. The district will deliver instruction through remote platforms until Labor Day. By Monday, September 7, 2020, the district will have communicated to parents

whether to keep with 100% remote learning or continue with the reopening plans. The first day of instruction is August 3, 2020.

At the elementary level, parents can elect to send their children to school for 100% face-to-face instruction or they can select the 100% remote learning option.

Middle schools and CHS High School students may choose 100% remote learning or hybrid. The hybrid model will allow

students to come into schools on certain days and remain at home on other days.

NWECHS parents will receive information about their schedule from the campus.

During the first week of school, campuses will offer small groups of students the opportunity to come to school, meet their teacher, practice social distancing and review the safety protocols.

Campuses will disseminate further information regarding

learning models and the opening week activity. This information will be placed on the campus and district websites next week along with other health and safety information.

Reopening plans were developed with survey information from parents, faculty and staff. Safety was the first consideration in the district's deliberations. Please note, that this plan is subject to change depending on future guidance from health officials.

Tenorio named San Elizario HS assistant principal

By **Jeannie Meza-Chavez**
Special to the Courier

SAN ELIZARIO – The San Elizario Independent School District (SEISD) has named Martha Tenorio as the new assistant principal at San Elizario High School (SEHS). During a virtual special meeting, SEISD Board of Trustees voted to appoint Tenorio as the new assistant principal. Tenorio discussed looking closely at the CTE career paths, in collaboration with Sandra

Sanchez, the CTE Coordinator, in order to obtain academic distinctions.

Tenorio has close to 13 years of experience in public education. She is a former high school math teacher. She is presently an assistant principal at the Ann M. Garcia Enriquez Middle School (GEMS). Tenorio holds a Bachelor's degree in Science/Computer Science and a Master's Degree in Educational Administration. She said her role as an assistant principal will be to "support and assist Principal April Marioni through collaborative teamwork effort."

Tenorio's experience as an assistant principal at GEMS and now transitioning to the high school will enable her to serve students she met in middle school that she will now be able to assist them as they prepare to graduate as the class of 2021.

Assistant Superintendent Dr. Rogelio Segovia, said, "Mrs. Tenorio is an experienced assistant principal that will help lead San Elizario High School to continued success in all aspects. I am excited that she will be a part of a leadership team that knows our community, students and teachers' needs."

Salcido

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he is a former special education teacher, math teacher and state compensatory education intervention coach. He is presently an assistant principal at J.M. Hanks High School in Ysleta ISD.

Salcido holds a Bachelor's in Business Administration and a Master's Degree in Computer Information Systems. He said the role of the principal is to be "genuine, humble, relatable while building a positive culture

for students and staff."

Salcido's experience as an assistant principal for middle school and high school has enabled him to work to obtain gains in academics designations for the campuses he has served. Assistant Superintendent, Dr. Rogelio Segovia, said, "I like that he does his research, obtains the data, and plans to better inform." During his interview, Salcido said that he sees the characteristics of an effective teacher as one who "let kids explore, has purposeful talks with students and open to technology by embracing the challenge."

Avila

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and she was most recently an Assistant Principal at Canutillo High School.

She was selected from a talented candidate pool in a competitive process that included input and participation from the staff and community.

"Alderete Middle has established itself as a high-performing campus with a reputation of pride and support for students, parents

and staff," Superintendent Dr. Pedro Galaviz said. "We believe Mrs. Avila fits our expectation for continued success, with her experience as an educational leader at that campus and everywhere she has served."

Avila holds a Bachelor of Interdisciplinary Studies and earned a Master of Education, Instructional Specialist from The University of Texas at El Paso. She received her Principal Certification from the Region 19 Education Service Center.

Briefs

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reinstitute lockdowns in some places at a micro level, in small communities that are experiencing especially high death and hospitalization rates.

How have the recent protests across the U.S. affected states' reopening plans?

The recent protests throughout the U.S. could both help and hurt states' reopening efforts. On the positive side, the protests may prove to people that it's safer to be outside than they thought, leading to more economic activity sooner. On the negative side, the protests could lead to spikes in COVID-19 cases that might force reopening delays due to public health

concerns. Even if reopening proceeds without delay in a given area, some business owners will face setbacks unrelated to the coronavirus. The rioting that accompanied protests in some cities caused damage to businesses just as they were starting to reopen. Hopefully, damaged businesses can get back on track through insurance or government assistance.

What should states be most mindful of when reopening?

States should be most mindful of limiting close contact between residents even as businesses reopen, which means that state legislatures should transition from guidelines on social distancing to laws, such as requiring mask wearing in public places and limiting the number of people per square footage. States can

show extra care to vulnerable populations by making sure they are accommodated with free deliveries of essential goods and exclusive hours at all businesses. Most importantly, state governments need to closely monitor the number of coronavirus cases, prepare for a second wave, and adjust further reopening plans if needed to avoid too much of a strain on hospitals.

Why does South Dakota rank as the state with the fewest coronavirus restrictions?

South Dakota ranks as the state with the fewest coronavirus restrictions because in part it does not require or recommend customer health checks at restaurants. The state has not mentioned any penalties or enforcement for non-compliance with COVID-19 legislation. South Dakota

has lifted all restrictions on large gatherings, and is the only state that didn't require restaurants to close during the pandemic.

New York has experienced the most coronavirus cases overall in the U.S. but has had a big decline in new cases. How has that impacted the state's restrictions?

"New York ranks as No. 6 for the most coronavirus restrictions in the U.S. New York currently limits gatherings to 25 people or fewer and is one of only six states that still have some form of quarantine active. Restaurants in New York are open for limited dine-in service with restricted capacity, while 18 states don't have any such restrictions.

– Diana Polk

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Shakespeare asked what's in a name - ask the Redskins

By Steve Escajeda
Special to the Courier

With the Fourth of July rolling past us last week, I have to admit it was a lot better seeing people saluting the flag instead of burning it.

The last month or so has been surreal. A police officer commits an unforgivable act, and the whole country appears to be falling apart.

Instead of realizing that a single white police officer committed this horrible crime against a black man, many protestors have decided to lump everyone together with the belief that all white police officers are racists, or that all white people are racist.

Anyway, anyone with a brain knows the country isn't really falling apart, but my colleagues in the media would sure like you to think so.

The riots and the looting and the violence has slowed down a bit. But the chaos is still making its way through

the nation.

Over the last couple of weeks, statues and monuments of confederate leaders have come under attack. And though I don't believe in burning books or tearing down history, I can certainly understand a black person not wanting to see a statue of a man who fought to defend slavery.

But history is history. One of the dangerous problems with stripping away an ugly past is that you erase the ability to measure how far you've come since then.

Statues of George Washington and Thomas Jefferson and Christopher Columbus and even Abraham Lincoln have been torn down.

Heck, there was even talk from protestors calling for the destruction of Mount Rushmore.

This rush to destroy and change things has crept into the professional sports scene.

Every few years, there's a call to change the name of the Washington Redskins. However, in this time of anger and chaos, the call is louder than ever.

There's been controversy about the name Redskins for many years now. Is it a slur against Native Americans or not?

Over the years, polls taken by Native Americans indicate that most are not offended by the name. But groups of people continue to call for the change.

Most Native Americans have said that the name signifies courage and strength. But there are still those who feel it is an offensive slur against an entire race of people.

In matters like these, I tend to go with the people of that race. If they are not offended, why should I be? But if they are - make the change.

Don't have somebody else decide for them; all those people would be doing is showing the same kind of disrespect they claim to be fighting.

Some of the substitute names that have been thrown around are the Washington Red Hawks, or the Washington Warriors.

Redskins owner Daniel Snyder has once again said that his team will not change its name. But now there is pressure from Nike and Fed Ex, huge corporations that could pull millions of dollars in revenue. But it's funny, Nike and Fed Ex had no problem with the name until all this chaos began - just sayin'.

But does a name change really help? Back in 1995, the NBA's Washington Bullets were renamed the Washington Wizards, because "Bullets" could inspire violent behavior.

Did it work? Since then, Baltimore consistently ranks in the top five, and this year ranks as the second-highest city in gun violence in the United States. So, I guess not.

But the Redskins are not the only team on the protestors' radar, the group is starting to put pressure on the Cleveland Indians.

The Indians name has been around since 1915. They did get rid of Chief Wahoo, the red-faced Indian mascot, in 2018.

The team has announced that they will discuss possible replacements for the current name.

If those teams can be targeted, who could be next and for what reason: Chiefs (Native American), White Sox (anything white), Angels (religion), Braves (Native American), Pirates (kidnapping thieves), Padres (religion), 76ers (glorifying USA), Kings (oppressors), Patriots (glorifying USA), Browns (Hispanic slur), Vikings (pillagers), Cowboys (fought Native Americans), Saints (religion).

All this political correctness is making me crazy! Ah, I mean, it worries me - I wouldn't want to offend anyone with a mental disorder.



Archives: www.wtxcc.com

Super Crossword

VOWEL LANGUAGE ACROSS

- 1 Painter of limp watches
- 5 By the day, as payment
- 12 "It doesn't matter"
- 20 Moran of "Happy Days"
- 21 The tiniest bit
- 22 Hot pepper
- 23 Group of wolves decide which hockey disk to use?
- 25 Brought upon oneself
- 26 USNA frosh
- 27 "Miz"
- 28 Bring in
- 30 Moniker, in Marseilles
- 31 Mervyn of film
- 33 Misplaced the most recent catalog?
- 38 Sun circlers
- 41 Braga of film
- 42 Nervous
- 43 Notice folks quarreling about a skewer?
- 45 Kind of latte
- 47 Sportswriter Pasquarelli
- 48 Name of 12 popes
- 49 Folksy denial
- 50 Parisian "to be"
- 51 Actor Robert De _
- 52 Six-legged scurrier
- 53 Gift add-ons
- 55 Farm structure is

- built in Switzerland's capital?
- 59 Liam of "Nell"
- 61 Raises up
- 63 Yemen's largest city
- 64 _ time (never)
- 66 Give a big speech
- 67 Baseball Hall of Famer Waite _
- 69 Preside
- 71 Students
- 74 To no avail
- 78 Put a clump of tree-trunk greenery in disarray?
- 80 Bath powder
- 82 Philosopher Lao- _
- 83 Optic layer
- 84 Throw easily
- 85 Paddle's kin
- 86 Stuff in ale
- 87 Rev.'s talk
- 88 City on I-80
- 89 Group working on a jackdaw's gullet?
- 94 Slate clearer
- 96 Miller rival
- 97 Optometrist
- 98 Knock out a pier-dwelling mallard?
- 101 "_ good you let him know": Hamlet
- 102 "My country, _..."
- 103 Lock fastener
- 104 Plant seeds
- 105 Shuts noisily
- 109 Preserve
- 112 Exited the elevator to the high-ceilinged

DOWN

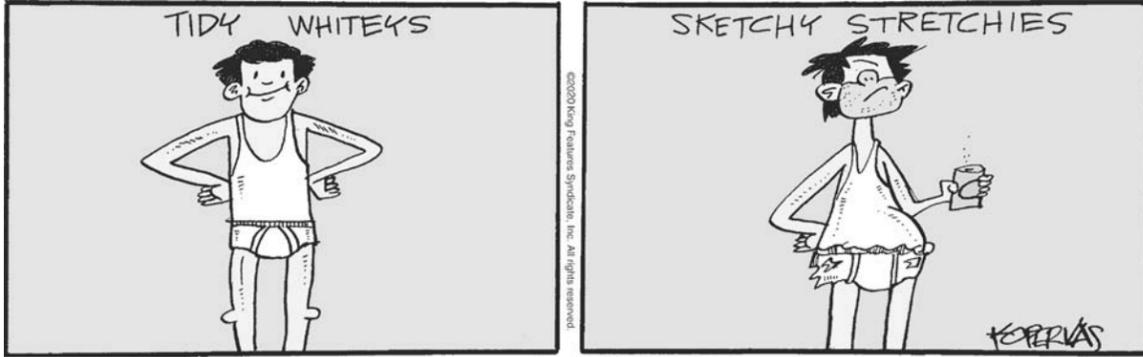
- 1 Johnny of "Ed Wood"
- 2 Central Asia's - Sea
- 3 Pooch pests
- 4 Rorschach test features
- 5 Luau chow
- 6 Hemming in
- 7 Type in anew
- 8 See 95-Down
- 9 Bettor's note
- 10 Series-ending abbr.
- 11 Succeeds
- 12 Spin around
- 13 _Barbera
- 14 "The Middle" network
- 15 Poked fun at
- 16 Register
- 17 Indiana county whose name is a red color
- 18 Afore
- 19 Gun, in slang
- 24 Parts of hammers
- 29 _ good clip
- 32 Ice-T's style

- 33 Hack
- 34 _ roll (lucky)
- 35 Deriding look
- 36 _ Nevada
- 37 Partner of a mortise
- 38 Hearing airer
- 39 Share a view
- 40 Artery
- 41 Minneapolis-to-Dallas dir.
- 44 Hit with a zapping gun
- 45 The Beatles' "Let -"
- 46 Collision
- 50 Register for
- 51 Hoops cable channel
- 53 Pole carving
- 54 Advice giver
- 55 Yankee Yogi
- 56 Bob _ restaurants
- 57 Per-unit costs
- 58 "Bye Bye Bye" boy band
- 60 Rumba's kin
- 62 Garden soils
- 65 Johnny who cried "Come on down!"
- 68 OPEC fuel
- 69 Idolize
- 70 Keystroke or mouse click
- 72 Canadian gas brand
- 73 Detached, in mus.
- 75 Old game console
- 76 Lanai and Skye, say

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
20				21							22									
23			24								25									
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			64				65		66					67	68					
	69	70					71	72						73	74		75	76	77	
78						79							80	81				82		
83						84						85						86		
87				88					89	90	91				92	93				
94			95						96					97						
98								99	100					101						
			102											104			105	106	107	108
109	110					111					112	113	114			115				
116											117								118	
119											120									121

Comix

OUT ON A LIMB By Gary Kopervas



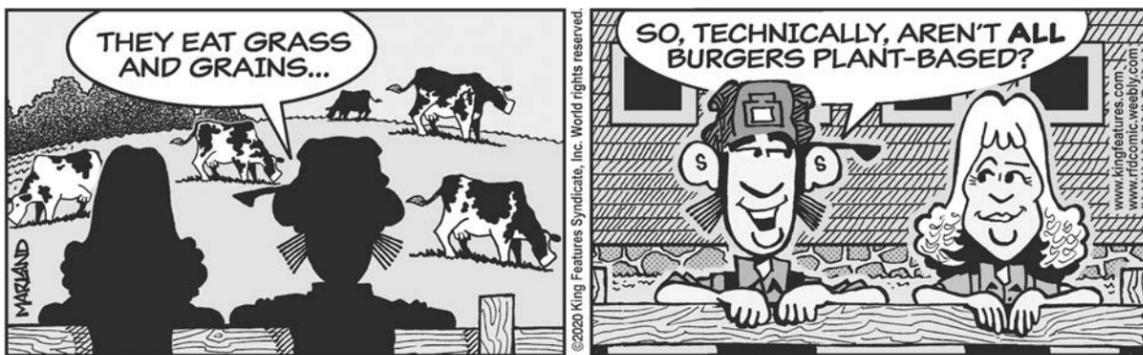
AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



TIGER By Bud Blake



Rare disease causes hard-to-diagnose rash

DEAR DR. ROACH: My daughter was diagnosed with lymphomatoid papulosis. It's not a bad case, but it's enough to make me worry. I know it's rare for this to turn into cancer, but there is always a chance. Doctors often misdiagnose it, but thankfully I have the best pathologist in the world. My daughter is being treated with UVB light, which worked in the past, but now is not helping. I don't want to do methotrexate. I worry about every dot that pops up on her, and if it doesn't go away, I think the worst. – M.W.M.



Lymphomatoid papulosis is a rare disease, most common in people in their 40s, but can happen in children and older adults as well. The cause is unknown, and although a virus is suspected, it hasn't been found. It is not contagious.

The rash of LyP is not specific and needs to be confirmed through biopsy. Spots are relatively large (but less than an inch), and usually red but with a white center that can turn black. The rash comes and goes. A skilled pathologist in combination with an experienced dermatologist is necessary to make the diagnosis.

Adults are treated with methotrexate if the lesions are in a cosmetically important area, especially the face. UVA light is better studied than UVB light, especially in children, but an expert would be the most appropriate to recommend the best treatment.

Your concern about cancer is understandable. Rates of associated cancer – specifically, lymphoma, a blood and bone marrow cancer – have been reported in 5% to 50% of people with LyP. Unfortunately, apart from people with a specific gene rearrangement, there's no way yet known to predict who is likely to get lymphoma nor any way of preventing it. She will need to be vigilant. Fortunately, the lymphomas, if they do develop, are usually effectively treated.

DEAR DR. ROACH: I recently opened up some stored tuna that my son had saved for me. He loves to hunt his own food. When I ate it, I realized that when he had gone to Alaska, he had not only hunted tuna but also black bear. He had used the black bear grease to cure the tuna. I was mortified that he had used a protected animal to preserve his tuna. I reluctantly ate it anyway. Now, I am worried about my health. Will anything happen to me health-wise because I have eaten the grease from a black bear from Alaska? The bear was wild, so could it have had a disease, like rabies? I'm sure it has never been vaccinated. – Anon.

Black bears are hunted in many states, and although it is regulated (you need a license) in Alaska, they are not a protected species under the Endangered Species Act. Black bears are hunted for both sport and meat. The major health risk from consuming bear meat is trichinella, a muscle parasite. The meat must be heated to a high temperature to be sure of killing the parasite. Grease from the bear should not have trichinella risk.

Another concern is rabies. Rabies is possible but rare in bears. I doubt it could be transmitted from grease, though, as rabies virus lives in nervous tissue, not fat.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2020 North America Synd., Inc. All Rights Reserved.

Click It or Ticket.

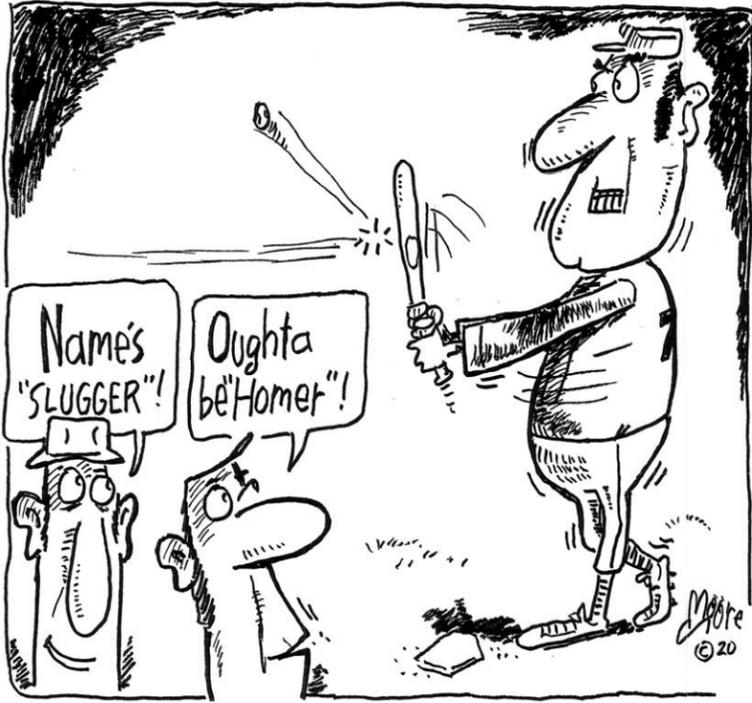


Even in the back seat.

Buckle up every rider for every trip.

State law now requires both adults and children to be buckled up in the front or back seat. A child less than 8 years old, unless taller than 4 feet 9 inches, must ride in a child safety seat. Most children between 4 and 8 years old will need a booster seat to be safe and comply with the law. Fines range from \$25 to \$250, plus court costs. TexasClickItorTicket.com





Moore Texas by Roger MOORE
 July 11, 1920: "Slugger" Clark of Corsicana hit 8 straight homers in a game against Texarkana.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **D** equals **O**

KGT HNWFT DS CGWMQYTC

GLC TCFLYLKTP NLHWPYI.

IDE FDEYP CLI WK'C QDWMQ

KGNDEQG KGT NDDS.

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

	9			4		7		
2			9					1
		5			6			3
	6				3			8
		3	5			9		
4				9				7
		7	3			1		
	1			2				7
9					8			5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging

Answer Page 4

◆◆◆ HOO BOY!

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Homeless veterans and the coronavirus



by Freddy Groves

A recent Department of Veterans Affairs press release describes a new initiative asking the public to "provide emergency relief and facilitate remote access to health care for Veterans who are homeless or at risk of homelessness during the COVID-19 pandemic."

Specifically the VA is asking for non-perishables, cellphones and cash for security deposits. Really?

Back in February, VA Secretary Robert Wilkie turned down money when asked if the VA needed more to deal with the coronavirus problem. Yes, you read that right. He turned down money. Granted, in February maybe it wasn't clear to Wilkie just how bad it was going to get, but he assured those at the budget meeting that they were good to go because they train

for emergencies.

A month later the VA had to get \$60 million in emergency help, followed by nearly \$20 billion a week later. That money was spread out over a long wish list, including IT, construction, mobile treatment... and yes, homeless veterans.

On a given day, there are an estimated 100,000 homeless veterans on the street.

For those who are ready to whip out a credit card to help, go online to the eDonate site at www.volunteer.va.gov/apps/VolunteerNow. Find your state and the facility you'd like to support. Be sure to include a note that says you want the money to go to support homeless veterans.

If you want to donate household supplies to help get a veteran set up in living accommodations, or a cell phone, contact the Voluntary Service office at the VA closest to you. To find it, go here: www.volunteer.va.gov/directory/index.asp.

And yes, I did donate a hefty amount to the eDonate site.

After all, it's for our homeless brothers and sisters. But I still want to know why Wilkie turned down that money. On the day he said that, there already were 80,000 cases of coronavirus around the world and in six U.S. states. Everyone knew what was coming.

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• "It's easy to get the stains out of coffee mugs without using a harsh cleaner. Try a little bit of baking soda on a sponge for scrubbing, then rinse with a little bit of vinegar to foam out the smell. I have been able to bring back mugs that looked terrible!" – Y.S. in California

• Use a lint roller to remove dust from a lampshade with fabric that is flat but textured. If your lampshade has pleats, your best bet is a clean soft paintbrush.

• "I have perfectly timed the fabric softener cycle on my washing machine. I set a timer for 23 minutes, and it's just the right time to add liquid softener. Just saying that this has greatly enhanced the quality of my life, because my clothes feel softer and smell nice." – L.B. in Georgia

• Here's another laundry tip: "Can you believe I miss washing my daughter's white softball pants because spring season was canceled? If you have a kid playing sports in white pants – why? – get a bar of Fels Naptha soap. You just rub it into the stained spots, and launder. It takes out grass and clay. It should be issued with the uniform for turf sports." – M.

• A work from home, or work anywhere tip: If you are having trouble focusing, it might be because you are avoiding a difficult task. If there's a dreaded task on your to-do list, tackle it first. Even if you can't get it completed, you'll make progress and it will make everything else seem easy by comparison.

• Lemons and limes last longer in the cooler. Say that three times fast, and stick your citrus in the fridge!

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2020 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	-		x		32
x		+		-	
	-		x		30
-		x		x	
	x		÷		18
34		27		12	

DIFFICULTY: ★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 4

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YED

MOTENY

♥UTSPE

MAUP

♥HEMDAS

♥PSA

♥ETME

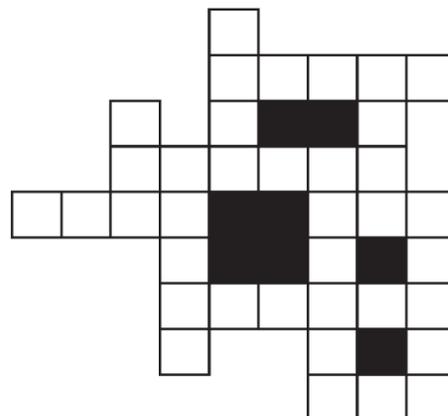
NICEM

AMH

SUMITA

LEEPO

♥PCSU



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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