



## NEWSBRIEFS

### Stressed state

With April being Stress Awareness Month and America's biggest stressors in 2021 being money problems and the COVID-19 pandemic, the personal-finance website WalletHub has released its report on 2021's *Most & Least Stressed States*, as well as accompanying videos. To determine the states with the highest stress levels, WalletHub compared the 50 states across 41 key metrics. The data set ranges from average hours worked per week to the personal bankruptcy rate to the share of adults getting adequate sleep. Texas was ranked the 10th most stressed state in the report. Stress levels in Texas (1-Most Stressed, 25-Avg.) according to the report were ranked:

- 4th – Average Hours Worked per Week;
- 8th – Percent of Adults in Fair/Poor Health;
- 28th – Job Security;
- 4th – Median Credit Score;
- 30th – Housing Affordability;
- 13th – Percent of Population Living in Poverty;
- 25th – Divorce Rate;
- 14th – Crime Rate per Capita; and
- 19th – Psychologists per Capita.

Visit <https://wallethub.com/edu/most-stressed-states/32218> for the full report.

— Diana Polk

### Glitches

The importance of computers as a means of keeping in touch with each other has come to the fore during the COVID pandemic. Online services such as Zoom allow you to engage with multiple individuals at the same time via “virtual” get togethers, for example. But it can take practice to learn the ins and outs of these applications. Just ask Rod Ponton, an attorney in Texas, and Rep. Tom Emmer, R-Minn. Ponton was participating in a virtual District Court hearing via Zoom, recently, and instead of appearing on screen as himself, he showed up on the video as a cat due to a technical malfunction. Meanwhile, a similar glitch occurred when Congressman Emmer logged on for a House Committee meeting via Zoom, causing him to show up on screen upside down. Emmer took it in stride, posting his upturned screenshot on Twitter with the caption, “I am not a cat.”

— John Grimaldi

*Bailouts and grants given by the government in the present are taxes due in the future.*

— Quips & Quotes



— Photos by Allison Shelley/American Education

**TOUGH TIMES** – Teachers are facing formidable challenges whether they are educating students while wearing masks in socially distant classrooms or teaching virtually with computers.

## El Paso Community Foundation offers grants to area teachers

By Alfredo Vasquez  
*Special to the Courier*

EL PASO COUNTY – El Paso Community Foundation's (EPCF) Classroom Fund is making available teaching grants to full-time teachers in the El Paso region. The resource grants are for the 2021-2022 school year.

The Classroom Fund, which was created in 2011 as a special foundation project, is designed to provide classroom materials directly to borderland educators who file

their requests before the deadline. This year, applications are due by Saturday, May 16.

EPCF was established in 1977 to foster philanthropy and provide a long-term endowment to address the unique opportunities and challenges of the El Paso, southern New Mexico, and Ciudad Juárez region, according to its website. Today, EPCF provides a wide range of philanthropic services in the region as a grant maker, convener, and leadership organization to the community.

Since its inception, EPCF has channeled more than \$230 million to various organizations. In 2020, the foundation awarded more than \$15 million to support different grants and projects.

The latest EPCF grant requests will be reviewed by a special Classroom Fund committee and will be approved based on merit and available funds, stated El Paso

Community Foundation officials, and that selected grantees would be notified by early June.

The classroom fund offers grants for \$1,000 or less to school personnel who show how the materials they are requesting will be used or experienced directly by students. Grants are available to full-time pre-K through 12th grade educators including teachers, librarians, guidance counselors, school nurses, and coaches who are also teachers.

“Eligible candidates must spend at least 75 percent of their time working directly with students,” foundation officials pointed out.

As part of the grant guidelines, recipients are required to submit a summary report that demonstrates- through photographs, videos, or written letters- the implementation of the materials that were procured with the foundation's grant funds.

For information about the Classroom Fund grant and to apply, interested individuals should visit the foundation's website, [theclassroomfund.org](http://theclassroomfund.org), or call (915) 533-4020.

## Socorro ISD opens Pre-K registration

By Christy Flores-Jones  
*Special to the Courier*

EL PASO COUNTY – The Socorro Independent School District (SISD) is offering free full-day Pre-Kindergarten program for all 4-year-olds and a half-day program for qualifying 3-year-old students that live within school district boundaries. The curriculum includes social and emotional development, language development, technology, social studies, math, science, and physical development. In addition, new Pre-K students may apply for the Dual Language Academy. Online registration will be from April 12-23, 2021 on [www.sisd.net](http://www.sisd.net).

“We have incredible academic programs for our youngest students in the community and we welcome them

See SISD, Page 5



**SHIELDED** – With the pandemic struggles effecting local area teachers, El Paso Community Foundation's Classroom Fund is offering resource grants of up to \$1,000 for the upcoming school year. Grant awards will be based on an educator's implementation of materials that students will use or experience directly. A second-grade student, above, attends class in the new normal for schools everywhere.



View from here

By Rebecca Weber

# America’s history deficit puts our democratic republic in crisis

It would appear, based on the stories making news these days, that the younger generations among us are hell bent on revolution— but not the kind that gave us the Constitution and a way of life that made America the envy of the world. Rather, it’s more like the Russian revolution that enslaved hundreds of millions of people for nearly seven and a half decades from 1917 to 1990. But it appears that the young anarchists among us, including those with a so-called progressive agenda in Congress, are oblivious to that fact and are willing to risk our freedom to give it a try.

As Winston Churchill put it: “A Nation That Forgets Its Past Has No Future.”

How could this be? Perhaps a recent opinion article in the Wall Street Journal signed by six former U.S. Secretaries of Education holds the answer. As co-authors Lamar Alexander, Arne Duncan, John King, Rod Paige, Richard Riley and Margaret Spellings put it: “Following years of polarization and the Jan. 6 insurrection at the U.S. Capitol, the world’s oldest constitutional democracy is in grave danger. We stand at a crossroads, called to protect this democracy and to work toward unity.”

The progressive movement is specifically targeting America’s youth by sugarcoating the idea of socialism. Take the article with the headline “What Is Democratic Socialism and Why Is It Growing More Popular in the U.S.?” that appeared in Teen Vogue, which bills itself as “the young person’s guide to saving the world.” It was written by Samuel Arnold, an associate professor of political theory at Texas Christian University, and it focuses on what he seems to be promoting among the teenage audience – the socialist ideal.

For example, he cites a list of reasons why “socialism is much more democratic than capitalism,” reasons such as “socialism would harness our collective wealth to meet everyone’s basic needs, or so its advocates maintain. No longer would some people be fantastically rich while others are reduced to begging in the street. Key needs like food, shelter, health care, education (including college), and retirement support would be “decommodified” – provided to all, regardless of ability to pay.”

I guess it works in countries like Red China, North Korea, Cuba, Venezuela etc. – socialist paradises whose citizens, for some reason, are routinely seeking to escape.

Meanwhile, the success of socialist Scandinavian countries that Bernie Sanders likes to bring up is a myth that has been debunked; it doesn’t exist. Jeffrey Dorfman, professor of economics at the University of Georgia, explained it in a Forbes article: “To the extent that the left wants to point to an example of successful socialism, not just generous welfare states, the Nordic countries are actually a poor case to cite. Regardless of the perception, in reality the Nordic countries practice mostly free market economics paired with high taxes exchanged for generous government entitlement programs.”

Bernie Sanders has long referred to himself as a socialist rather than a member of the Democratic Party, which has naturally led to a lot of questions about what socialism means to him. He consistently references the social models of the Nordic states – especially Denmark – as his idea of what democratic socialism is all about. But, not long ago, in a speech at Harvard’s Kennedy School of Government, Danish Prime Minister Lars Løkke Rasmussen said that while he’s flattered to see Denmark discussed in a widely watched US presidential debate, he doesn’t think the socialist shoe fits.

“I know that some people in the US associate the Nordic model with some sort of socialism,” he said. “Therefore, I would like to make one thing clear. Denmark is far from a socialist planned economy. Denmark is a market economy.”

So, why is socialism gaining traction among the younger generations. Maybe it’s because they don’t know better, because they didn’t pay attention in history class. As the late Dr. Bruce Cole, former chairman of the National Endowment for the Humanities, once put it: the U.S. is “a country of historical amnesiacs”

The National Assessment of Educational Progress issues its so-called Nation’s Report Card every four years and the recent report cards they’ve issued show that tAmerican schoolchildren have an “alarming” lack of knowledge when it comes to our nation’s history.

Former Education Secretary Betsy DeVos put it this way: “In the real world, this means students don’t know what the Lincoln-Douglas debates were about, nor can they discuss the significance of the Bill of Rights ... And only 15% of them have a reasonable knowledge of U.S. history. All Americans should take a moment to think about the concerning implications for the future of our country.”

Another former Secretary of Education, Dr. Rod Paige, had this to say: “History is an important and integral part of the foundation upon which our education system is built. It provides a logical context for our lives as Americans. It offers an understanding of how to overcome adversity and how to learn from our mistakes. It teaches us about ourselves –who we are, how the U.S. came to be a model for democracy in the world and why our melting-pot population has played and continues to play such an important role in the country’s development and success. If we don’t teach our children these things, they will be doomed to a lifetime of doubt and struggle.”

The Bolsheviks had a willing population of gullible peasants ready to take up the communist cause when they overthrew the Czar back in 1917. Is it too much of a reach to believe that those who would like to see our American democratic republic take a left turn are counting on the history deficit of our unwitting younger generations to promote a socialist agenda?

Rebecca Weber is CEO of the Association of Mature American Citizens (AMAC), a vibrant, vital senior advocacy organization that takes its marching orders from its 2.3 million members. AMAC Action is a non-profit, non-partisan organization representing the membership in our nation’s capital and in local Congressional Districts throughout the country

View from here

By Jane M. Orient, M.D.

# What does anti-racism mean for your medical care?

The most important public health concern, according to the American Medical Association (AMA), is systemic racism. We should turn away patients requesting early at-home treatment for COVID (“not enough evidence of effectiveness”) and focus on uprooting the racism that is assumed to lurk in the subconscious of every white person and to cause “health disparities.”

With COVID, people of color do worse. Is it delayed treatment because of racial discrimination? In fact, delayed treatment for everybody, and silence on preventive measures except for vaccines, is the official policy of the AMA. There is plenty of evidence that vitamin D deficiency is a key factor in poor outcomes<sup>1</sup>. Darker-skinned people need more exposure to sun to make adequate vitamin D and are even more likely to be deficient. The AMA talks about “white privilege,” but not about vitamin D supplements.

The AMA’s desired result – equity – is apparently health outcomes proportional to a group’s representation in the population. Overall, or for certain groups, the “equitable” outcomes could be better or worse.

The disparate outcomes that correlate with race and ethnicity also correlate with income, obesity, diet, family structure, drug use, and personal responsibility about health. And these social determinants of health also correlate with race and ethnicity.

If we change attitudes and shift resources away from higher socioeconomic and healthier groups into underserved groups, will we have better outcomes or more equitable ones? In the days of “evidence-based medicine,” we have no evidence. We measure what is easy to measure, and change what is easy to change. Institutions are appointing equity and diversity officers, and changing the composition of the workforce. Medical schools celebrate the “diversity” of the entering class. This is a zero-sum game, not an expansion of opportunities, and one obvious feature is a greatly reduced number of white males.

Less obvious is the change in admissions requirements and correspondingly in the curriculum. Courses like calculus and organic chemistry are being eliminated. The entrance examination (the MCAT) now emphasizes politically correct attitudes, not just knowledge.

The old pre-med was recognized for being a drudge – i.e. for having a strong work ethic. This sort of person could tolerate brutally long hours in the laboratory, lecture hall, hospital wards, clinic, and operating room. Now, work hours are limited. And who needs a person with some knowledge of chemistry or the intelligence to comprehend it when treatment plans are chosen from drop-down menus? The new medical student is woke and computer-adept. Will patients be better off?

The AMA’s anti-racism campaign demands atonement and reparations. Its own history is rife with outright discrimination<sup>2</sup>. Its highly honored founder Nathan Davis excluded blacks and women from the AMA House of Delegates. Its still highly esteemed dignitary Thomas Huxley expressed an opinion, in 1871, about “the average Negro” that I dare not repeat. The acclaimed 1910 Flexner Report<sup>3</sup> resulted in closing most black medical schools, when other medical schools declined to admit black students.

JAMA recently forced deputy editor Howard

See MEDICAL CARE, Page 4

1973

48

Years

2021

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# Facts ignored in attacks on Asian Americans

At least it's permissible to question the conclusions of federal law enforcement again.

During the Russia investigation and afterward, officials like FBI Director Christopher Wray were put on a pedestal by Democrats and the media.

Now, Wray has occasioned sharp Democratic dissent by stating that the horrifying murder spree at Atlanta-area spas that killed six Asian American women wasn't racially motivated.

Tammy Duckworth, the Democratic senator from Illinois, said in response to Wray that she wanted to see a deeper investigation, "It looks racially motivated to me." The new Democratic senator from Georgia, Raphael Warnock, agreed, "We all know hate when we see it."

These are evidence-free objections to an FBI evaluation that we have every reason to believe is based on the best-available facts.

All indications so far, including the perpetrator's statement as related by the police and reporting about his background in the press, suggest that he was struggling with a sex addiction, visited massage parlors for sex, and carried out his attacks as, by his perverse reasoning, vengeance against the parlors as the occasion for his temptation.

What he did is unforgivably awful, heartbreakingly destructive, and, of course, profoundly hateful.

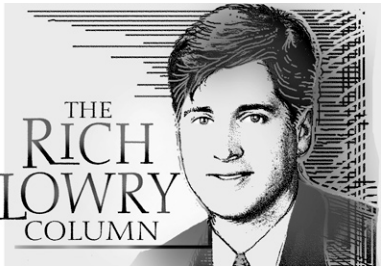
It's just not the right kind of hate to fit a woke narrative of white supremacists targeting Asian Americans in a frenzy of racism fueled by former President Donald Trump's use of terms like "the China virus" and "Kung Flu" during the pandemic.

There has been an ongoing effort to link the spa shootings to a trend of increasing hate crimes against Asian Americans. There is much still to learn about this phenomenon. It may have peaked last spring with the onset of the coronavirus and certainly appears to be driven by several big cities, especially New York City, Los Angeles and the Bay Area. But this broader trend doesn't appear to fit a neat woke narrative, either.

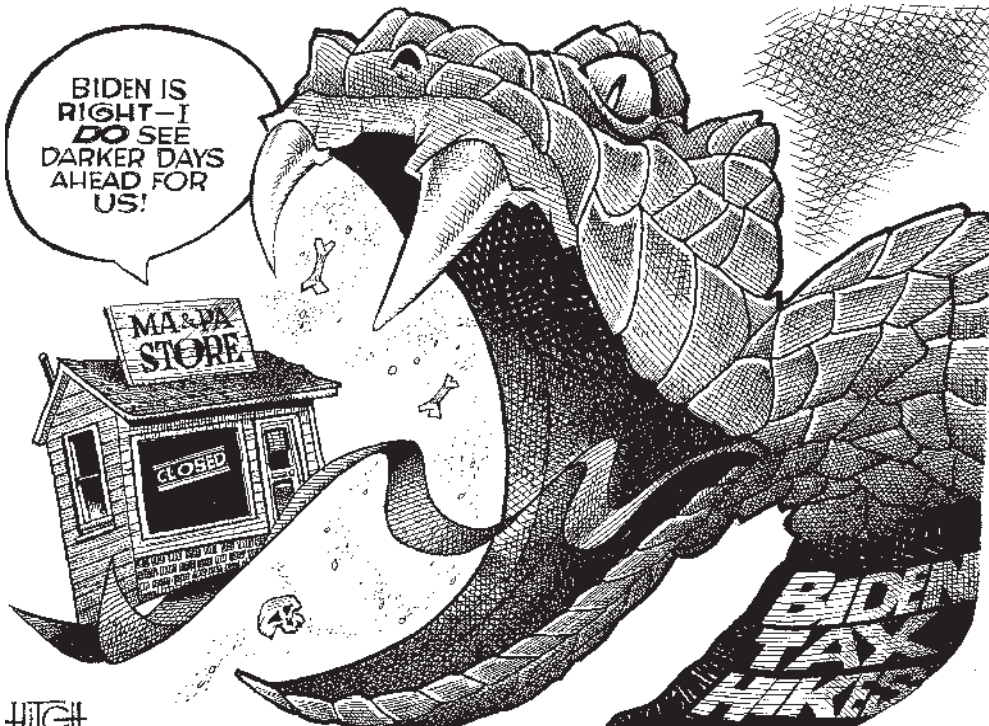
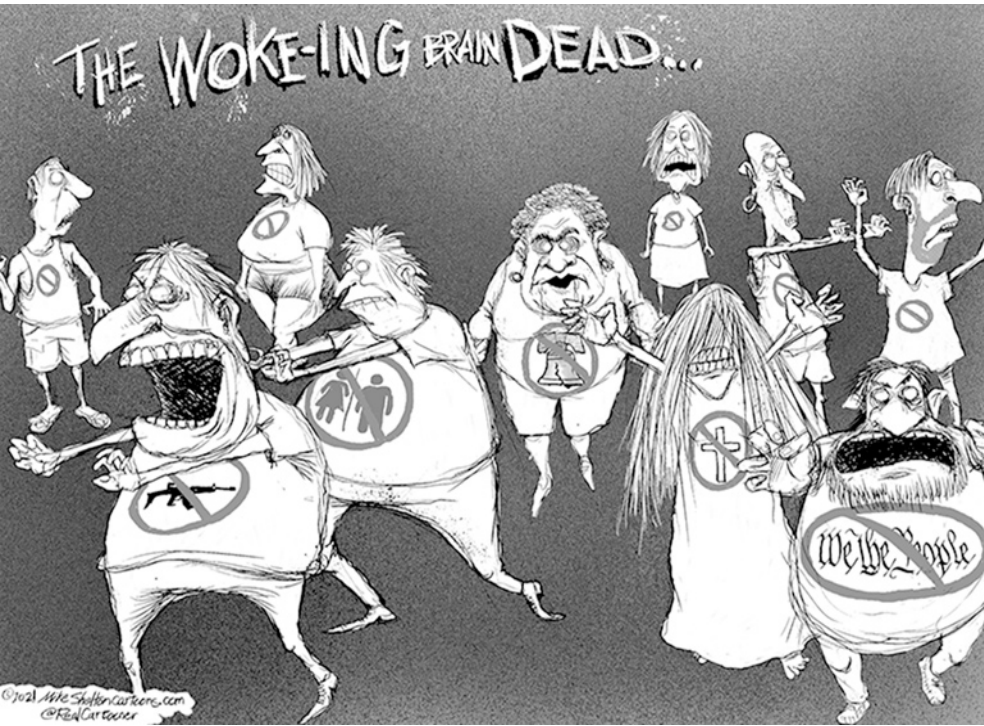
For one thing, many attacks against Asian Americans clearly aren't acts of white supremacism, or even incidents of racial hatred.

It is an unfortunate feature of big American cities at the moment that not much explanation is needed for attacks against anyone other than a rising tide of lawlessness. That surely accounts for some significant percentage – if by no means all – of the attacks.

A high-profile stabbing of a Chinese man in Manhattan in February was carried out by a troubled 23-year-old man from Yemen. Despite pressure from Asian American activists, prosecutors declined to charge the assault as a hate crime after



See LOWRY, Page 7



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# Women's race registration opens

**By Gabriela Gallegos**  
*Special to the Courier*

EL PASO COUNTY – The 10th anniversary of Mighty Mujer El Paso is less than a month away. On April 24, Mighty Mujer El Paso, an all-female event, will take place with several options: in-person bike-run, in-person run/walk, virtual triathlon, virtual bike-run, or a virtual run/walk. The in-person and virtual event will take place on Saturday, April 24, 2021.

The course begins at Memorial Park with bike-run or run/walk options. Both options take athletes on a challenging yet rewarding bike route and or run/walk course. Masks will be required unless a participant is

actively racing. There will be no spectators allowed at this in-person event, to ensure COVID safety protocols. The race is capped at 400 participants, and there will not be a swimming portion this year.

Mighty Mujer Triathlon participants are women from all walks of life, from ages 12 to 72, all backgrounds, sizes, and athletic abilities. Some are tackling Mighty Mujer as their first athletic endeavor, and others are looking for their next racing challenge. For many the race becomes a part of their lives, they continue a healthy lifestyle.

The virtual race includes the following options: virtual triathlon, virtual bike-run, and virtual run/walk. All of these options will need to be started and completed on race day, Saturday, April 24, 2021. The

virtual race can take place on any course of a participant's choosing, including the use of stationary bikes or treadmills. This virtual component invites participants to experience the Mighty Mujer race from the comfort of home on their chosen course.

Mighty Mujer Triathlon was founded in 2012 and has since expanded into a series with races in Tucson, Austin, and Miami. The event has introduced thousands of women to triathlon and active lifestyles, bringing together new and experienced athletes to support each other through racing. In 2020, virtual events took center stage, motivating participants to set a goal and achieve it while staying healthy and following all public health recommendations.

Registration for Mighty Mujer begins on April 1. Visit <http://mightymujertriathlon.com/elpaso> for more information and to register.

## Medical care

From Page 2

Livingstone, “who is White<sup>4</sup>,” to resign because of a podcast in which he questioned the concept of systemic racism and said that many were offended by the assumption that they are racist. Being “not a racist” is insufficient – one must be “anti-racist,” obsessed with race and identity politics.

It's the same type of logic that caused the purging of some books by the progressive Dr. Seuss – one of the first people to fight against racism – because of some possibly offensive cartoons. His desire was for race neutrality: He wrote about how the Plain-belly and the Star-belly Sneetches learned to accept each other.

Civil rights activists such as Martin Luther King also advocated color blindness. Would he be canceled today too?

People want their doctor to focus on their problems and on doing what is best to help them. They would probably like their doctor to be studying about the latest diagnostic and therapeutic developments,

instead of attending a struggle session where he is expected to confess his guilt about “white privilege.”

Most Americans – probably all of those who are patients—are concerned about their own and their family’s health, not about statistical outcomes by race. They are likely not willing to have their health sacrificed in order to hypothetically improve the health of some politically designated disadvantaged group.

Are white Americans who feel this way racists? Will doctors who put their own patients first be canceled in favor of “anti-racists” who divide society into “victims” and “oppressors” and redistribute care accordingly?

*The links in the digital copy of this issue, at [www.wtxcc.com](http://www.wtxcc.com), are clickable.*


1 – <https://c19vitamind.com/>

2 – [https://www.ama-assn.org/about/leadership/reckoning-medicine-s-history-racism?utm\\_source=fbp&utm\\_medium=social\\_ama&utm\\_term=4502064074&utm\\_campaign=Board+of+Trustees](https://www.ama-assn.org/about/leadership/reckoning-medicine-s-history-racism?utm_source=fbp&utm_medium=social_ama&utm_term=4502064074&utm_campaign=Board+of+Trustees)

3 – <https://thescholarship.ecu.edu/bitstream/handle/10342/3086/Abraham%20Flexner%20black%20medical%20schools.pdf>

4 – <https://www.webmd.com/a-to-z-guides/news/20210310/fallout-from-jama-podcast-continues>

*Jane M. Orient obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She has been in solo private practice since 1981 and has served as Executive Director of the Association of American Physicians and Surgeons (AAPS) since 1989. She is currently president of Doctors for Disaster Preparedness. More than 100 of her papers have been published in the scientific and popular literature on a variety of subjects including risk assessment, natural and technological hazards and nonhazards, and medical economics and ethics. She is the editor of AAPS News, the Doctors for Disaster Preparedness Newsletter, and Civil Defense Perspectives, and is the managing editor of the Journal of American Physicians and Surgeons.*



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# CryptoQuip

## Answer

To determine if a golf player is really good, I suppose the proof is in the putting.

# Strange BUT TRUE

**By Lucie Winborne**

- Attention, “Lord of the Rings” fans: the dark region on the north pole of Pluto’s moon, Charon, is called Mordor.

- A common issue with blood donation – along with other types of charitable contributions – is that if donors don't know the recipient, it's harder to convince them that donating is beneficial. Therefore, in an effort to encourage more young people to give blood, Sahlgrenska University Hospital in Gothenburg, Sweden, sends a text when their donation has been dispensed to someone in need, providing proof that it's going to good use.

- The Twitter bird actually has a name – Larry, after Hall of Fame basketball player Larry Bird.

- In the 18th century, Napoleon Bonaparte and Benjamin Franklin were both defeated at chess by a machine called the Mechanical Turk – or at least they thought they were. It was later revealed to be quite the elaborate hoax, with a highly skilled chess master hiding inside the “machine” and moving the pieces against the opponent.

- In a move to keep disease-wary Nazis away, Polish doctor Eugene Lazowski faked a typhus outbreak, saving over 8,000 people from slave labor camps and death.

- Duncan Hines was a real person—a popular restaurant critic who also wrote a book of hotel recommendations.

- Eight of the 10 largest statues in the world are of Buddhas.

- Pittsburgh is the only city where all the major sports teams (MLB, NHL, NFL) have the same colors: black and gold.

Thought for the Day: "Many are stubborn in pursuit of the path they have chosen, few in pursuit of the goal."  
– Friedrich Nietzsche

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# Moments in time

THE HISTORY CHANNEL

- On March 29, 1973, the last U.S. combat troops leave South Vietnam as Hanoi frees the remaining American prisoners of war held in North Vietnam. America's direct eight-year intervention in the Vietnam War was at an end.
- On March 30, 1981, President Ronald Reagan is shot in the chest outside a Washington, D.C., hotel by a deranged drifter named John Hinckley Jr. Hinckley had a pathological obsession with the 1976 film "Taxi Driver," in which the main character attempts to assassinate a fictional senator.
- On March 31, 1776, future first lady Abigail Adams writes to her husband urging him to "remember the ladies" when drafting a new code of laws for the fledgling nation. Abigail pondered if and how the rights of women would be addressed in an American constitution.
- On April 1, 1700, English pranksters begin popularizing the annual tradition of playing April Fool's jokes. In keeping with the fun, in 1957, the BBC reported that Swiss farmers were experiencing a record spaghetti crop and showed footage of people harvesting noodles from trees.
- On April 2, 1513, near present-day St. Augustine, Florida, Spanish explorer Juan Ponce de Leon comes ashore and claims the territory for the Spanish crown. Ponce de Leon is credited with the first recorded landing and the first detailed exploration of the Florida coast.
- On April 3, 1936, Richard Bruno Hauptmann, convicted in the kidnapping and murder of the 20-month-old son of Charles Lindbergh, is executed by electrocution. In 1932, Charles Lindbergh Jr. was kidnapped from the nursery of the Lindbergh home.
- On April 4, 1841, only 31 days after assuming office, William Henry Harrison, the ninth president of the United States, dies at the White House. At his inauguration, Harrison declined to wear a jacket or hat and made a two-hour speech. Soon afterward, he developed pneumonia.

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Send Your Newsbrief To: [wtxcc@wtxcc.com](mailto:wtxcc@wtxcc.com)

## SISD

From Page 1

to our outstanding school district,” said SISD Superintendent José Espinoza, Ed.D. “Team SISD ensures all students succeed, especially our 3- and 4-year-olds who will start a solid foundation for their future success in and out of the classroom. Our highly qualified, effective educators in the early childhood program provide engaging and fun instruction that inspires our young students to soar to success.”

All four-year-old students are eligible for full day Pre-K. A child must be 4 years old by September 1, 2021 to qualify.

SISD’s 3-year-old program offers a free district-wide half-day program for 3-year-old students who qualify based on economic, language, homeless or (active) military requirements as established by the state. A child must be 3 years old by September 1, 2021 and must live within SISD boundaries to qualify. The 3-year-old student program is housed at O’Shea Keleher Elementary, Helen Ball Elementary, Bill Sybert School, Vista Del Sol Elementary, Sierra Vista Elementary, Mission Ridge Elementary, Sgt. Roberto Ituarte Elementary, Purple Heart Elementary, Chester Jordan Elementary, Escontrias Early Childhood Center, Robert R. Rojas Elementary and H.D. Hilley Elementary.

New Pre-K students (not currently enrolled in SISD Pre-K) will have the opportunity to apply for SISD’S Dual Language Academy. The academy is housed at Dr. Sue Shook and Myrtle Cooper elementary schools.

Parents or legal guardians are asked to submit basic information via a secure online form, which will be available April 12, 2021 on [www.sisd.net](http://www.sisd.net). Registration documents for the 3-year-old program will be accepted on a first come, first served basis, dependent on the time/day parents/guardians submit their online form. Students must meet qualifying conditions for the 3-year-old program.

The following documents will be required during registration: student birth certificate, immunization record, social security card (optional), a current utility bill, and an identification for the parent or legal guardian registering the child. Visit <https://www.sisd.net/registration> for more information about registration.

## Classified Ads

**LEGAL**

**Town of Anthony, TX**

**Public Notice**

**Advertisement and Invitation for Bids**

The Town of Anthony, Texas will receive bids for TX CDBG Contract No. 7218001, Street Improvements on Poplar Street from Kelwood St. to 6th St. until 4:00 PM on April 8, 2021 at 401 Wildcat Dr. Anthony, Texas 79821. The bids will be publicly opened and read aloud at (4:00 PM) on April 8, 2021 at 401 Wildcat Dr. Anthony, Texas 79821.

Bids are invited for several items and quantities of work as follows:

**Base Bid 1 (TOA CDBG Funds)**

The project includes the installation of 1,352 LF of new 8-inch diameter pressure pipe for potable water service with waterline tie-in locations to existing 8-inch and 6-inch diameter pipe, including all line spotting and line exposures of existing tie-in locations, removal of existing asphalt and base course, excavation, bedding and backfilling to grade, no base course material and no HMAC, all testing of backfill, all survey coordinates and staking, installation of all new 8-inch diameter and 6-inch diameter pipe, including all mechanically restrained fittings for both pipe sizes, all new 8-inch and 6-inch isolation gate valves, all cutting and plugging of the existing 8-inch waterline to be abandoned in place, cutting the existing 6-inch water lines to be tied into, new ¾-inch HDPE service lines, new corporation stops and saddles with the new services stubbed out at existing water meter boxes with 2-feet additional length at each meter for tie-ins to the existing meters by the Town of Anthony Water Department and Contractor abandoning the existing service lines, all new pipe pressure testing and disinfection, trench safety per OSHA for depths below 5-feet, protection of the existing waterline and all other existing utilities, traffic control, storm water pollution prevention, coordination with the Town of Anthony, notification to all home owners affected by the project, dust control, housekeeping, hauling off of all debris and spoil for a complete and operable project as intended by the project plans and specifications, where all work is to occur within Town of Anthony street right-of-way. The subject project provides for construction, testing, project coordination, mobilization, permits, warranty service and miscellaneous appurtenance and fees.

**Bid / Contract Documents**, including Drawings and Technical Specifications are on file at the offices of the Engineer of Record, AECOM Technical Services, 221 N. Kansas St. Suite 700, El Paso, Texas 79901 at which specifications can be obtained.

A pre-bid meeting will be held on Wednesday March 31, 2021 at 10:00 a.m., local time, at the Town of Anthony Hall, 401 Wildcat Dr, Anthony, Texas.

An electronic version of the Contract Documents may be purchased at a cost of \$25.00 per Compact Disk. This payment represents reproduction costs and is non-refundable.

A bid bond in the amount of 5 percent of the bid issued by an acceptable surety shall be submitted with each bid. A certified check or bank draft payable to the Town of Anthony, Texas or negotiable U.S. Government Bonds (as par value) may be submitted in lieu of the Bid Bond.

Attention is called

**Town of Anthony, TX**

**Public Notice**

**Advertisement and Invitation for Bids**

The Town of Anthony, Texas will receive bids for TX CDBG Contract No. 7219009, Street Improvements on Poplar Street from 6th St. to Magdalena St. until 4:00 PM on April 21, 2021 at 401 Wildcat Dr. Anthony, Texas 79821.

Bids are invited for several items and quantities of work as follows:

**Base Bid 1 (TOA CDBG Funds)**

The project consists of demolition of approximately 4,700 square yards of pavement, ±2,200 linear feet of curb and gutter, ±300 square yards of sidewalk, ±120 square yards of miscellaneous concrete, and ±550 square yards of concrete driveway; installation of approximately ±4,844 square yards of new

**Town of Anthony, TX**

**Public Notice**

**Alternate Bid (TOA Funds)**

The project consists of the installation of approximately ±750 square yards of new concrete driveways and ±1,821 linear feet of new concrete curb and gutter, Construction shall take place on Poplar St. from 6th St. to Magdalena St. The subject project provides for construction, testing, project coordination, mobilization, de-mobilization, permits, warranty service and miscellaneous appurtenance and fees.

**Bid / Contract Documents**, including Drawings and Technical Specifications are on file at the offices of the Engineer of

**Town of Anthony, TX**

**Public Notice**

Record, AECOM Technical Services, 221 N. Kansas St. Suite 700, El Paso, Texas 79901 at which specifications can be obtained).

A pre-bid meeting will be held on Wednesday April 7, 2021 at 11:00 a.m., local time, at the Town of Anthony Hall, 401 Wildcat Dr, Anthony, Texas.

An electronic version of the Contract Documents may be purchased at a cost of \$25.00 per Compact Disk. This payment represents reproduction costs and is non-refundable.

A bid bond in the amount of 5 percent of the bid issued by an acceptable surety shall be submitted with each bid [for those contracts that exceed \$100,000]. A certified check or bank draft payable to the Town of Anthony, Texas or negotiable U.S. Government Bonds (as par value) may be submitted in lieu of the Bid Bond.

Attention is called to the fact that not less than, the federally determined prevailing (Davis-Bacon and Related Acts) wage rate, as issued by the Texas Department of Agriculture Office of Rural Affairs and contained in the contract documents, must be paid on this project. In addition, the successful

**Town of Anthony, TX**

**Public Notice**

bidder must ensure that employees and applicants for employment are not discriminated against because of race, color, religion, sex, sexual orientation, gender identity, or national origin. Adherence to the grant recipient's Section 3 Policy is required for contracts and sub contracts in excess of \$100,000.00.

A L L CONTRACTORS and subcontractors with agreements valued greater than or equal to \$25,000 must have an active registration with the System for Award Management ([www.SAM.gov](http://www.SAM.gov)) AND have been cleared (not suspended or debarred) prior to any formal action authorizing the award of a contract to the contractor.

The Town of Anthony, Texas reserves the right to reject any or all bids or to waive any informalities in the bidding. Bids may be held by Town of Anthony, Texas for a period not to exceed 60 days from the date of the bid opening for the purpose of reviewing the bids and investigating the bidder's qualifications prior to the contract award.

*Norma Castillo*  
Town Clerk  
Town of Anthony, TX

WTCC: 04-01-21  
04-08-21

# EVEN TEXTERS AND DRIVERS HATE TEXTERS AND DRIVERS.

STOPTEXTSSTOPWRECKS.ORG





# Miners brace for biggest opponent – the transfer portal

By Steve Escajeda  
Special to the Courier

The 2021 UTEP basketball season ended a few weeks ago and things went pretty much as expected. Unlike the year before when everyone thought they were destined for the NCAA Tournament, not very much was expected from this bunch. And that’s exactly what was delivered. The Miners finished a mediocre season with a 12-12 mediocre record. They were 8-8 in Conference USA and lost in the first round of the conference tournament. So the best way to describe coach Rodney Terry’s third season at UTEP is, well, just so-so. All season long, this team was hard to figure out.

They went on the road and destroyed Arizona State and scared the pants off 13th-ranked Kansas. But they couldn’t consistently compete with the other teams in their one-bid league. At one stretch during C-USA action they put up 101 points in a game. They followed that effort the next night by just scoring 68 points, and then they followed that by scoring just 33 points. And although they struggled through a ho-hum season, there’s no doubt that there is some talent on this team. Two players, Bryson Williams and Souley Boum were named to the C-USA All-Conference third team. And though they have other good players, the Miners are going to have to get over a hurdle that has ruined their seasons in past years. If you’ve been following UTEP

basketball over the last five or six years, you know I’m talking about the NCAA transfer portal. Whenever a player is unhappy with his playing time, or the coach, or his college city, or his teammates, or anything he decides, he can enter his name into the transfer portal and that tells all other colleges that he is basically up for grabs. It’s kind of like free agency for collegiate athletes. And that has killed the UTEP program for years. The Miners have lost so many key players that they’ve basically turned into a losing program. Just last year the Miners lost no less than five key players that were going to be counted on heavily this season, Jordan Lathon, Nigel Hawkins, Anthony Tarke, Deon Stroud and Kaden Archie. There is a time of the year that UTEP

starts to practice for the new season. There is the time of the year that UTEP actually starts playing games. And then there is now, this is the time of year that UTEP and its fans hold their collective breaths and hope that no players are unhappy enough to enter that transfer portal. The Miners have already lost one player, Vic Vulikic, but it’s a minor loss because he didn’t play very much and only averaged a point a game. But the process is just beginning. As for what I think about the transfer portal itself, I think anytime you get the opportunity to improve your situation, that’s a good thing. However, in this case, allowing players to essentially get out of their contracts whenever they like, can lead to some shady behavior.

In other words, college coaches or representatives can talk to players in high school to get them to commit to their universities. Now, what’s to stop college coaches or representatives from (secretly) talking to players who are already in college – to switch to their college? Let’s face it, with so much money at stake, it seems as if there’s a new college sports scandal every week – what’s one more? But back to the Miners, don’t get me wrong. UTEP has had its share of players transfer to El Paso as well. But it makes it so hard for a coach to put a team together when the roster changes so drastically every season. The Miners are hoping that Boum, Efe Odigie, Keonte Kennedy, Jamal Bieniemy, Christian Agnew, Tydus Verhoeven, and Kristin Sjolund all return for another year. The big question concerns Bryson Williams. The “kind-of” NBA prospect was a senior, but because all players are allowed to return for another season due to the pandemic, there’s the possibility that he could come back. The chances are small, but if Williams is the only other player the Miners lose for next season – coach Terry and all UTEP fans will consider it a victory.



## Super Crossword

**RIDING ON EMPTY ACROSS**  
1 Veg-o-\_\_ (Ronco product)  
6 Cesar who played the Joker  
12 Stocking material  
16 Counterpart of a column  
19 Neighbor of Minneapolis  
20 Hybrid ride  
21 Falco of "Outside In"  
22 Dramatist Levin  
23 Start of a riddle  
26 Engage in, as a trade  
27 Chilling Chaney  
28 English actress Diana  
29 Astronaut Grissom  
30 Charisma  
32 Like a triangle with three unequal sides  
34 Respected  
38 Fashion's Wintour  
39 Riddle, part 2  
43 Emotes, e.g.  
46 Pupil locale  
47 Young tiger  
48 Tijuana "two"  
49 Riddle, part 3  
57 Earthy hue  
58 Chaperones, typically  
59 Hot dog roll  
60 Part of SWAK

64 Work unit  
65 It often follows "Co."  
66 Use a kayak  
68 Like snakes  
69 Untidy type  
71 Riddle, part 4  
76 Parallel (with)  
77 Cake layers  
79 "To clarify..."  
80 Suffix with Taiwan  
82 TV's Longoria  
83 Calm  
85 Backwoods denial  
86 Inventive Edison  
89 Male sheep  
90 Riddle, part 5  
94 Toothpaste box org.  
97 Memento of Molokai  
98 Haughtiness  
99 Spots  
100 End of the riddle  
108 Roll-call call  
109 "30 Rock" star  
110 Seasons of falling leaves  
114 Sneakers brand  
117 Hwy. offense  
118 Part of SWAK  
119 Roll-call call  
120 Fellow  
121 Riddle's answer  
127 LGA info  
128 German Mr.  
129 Join a class  
130 Rebound on a pool

**DOWN**  
1 Whimpers  
2 Specially formed, as a committee  
3 Disney princess from "The Princess and the Frog"  
4 Bank acct. accrual  
5 \_\_ Yards (Orioles' stadium)  
6 Got long again, as a mown lawn  
7 Phil of protest songs  
8 Bon \_\_ (witticism)  
9 Outer: Prefix  
10 Match cheer  
11 Salem locale  
12 Teacher of martial arts  
13 Boise locale: Abbr.  
14 Peruvian capital  
15 Maintain  
16 Matured  
17 City near Epcot  
18 Attacks from ambush  
24 Skye of the screen  
25 Mongolian tent  
31 Shriver of tennis  
33 Final

table  
131 Comfy room  
132 Female sheep  
133 Entertainer  
Charles Nelson \_\_  
134 Revival shouts  
34 Actor Buchholz  
35 Overlooks  
36 Humorist Ogden  
37 Cato's 750  
40 Small brook  
41 Actors' aids  
42 Melancholy instruments  
43 Certifies (to)  
44 Actor Sheen  
45 Did a slowish ballroom dance  
50 \_\_ chi ch'uan  
51 Novelist O'Brien  
52 Emmy winner Susan  
53 Internet auction site  
54 StarKist fish  
55 In a little bit  
56 Confront  
61 Shirley's TV roommate  
62 Give a lift to  
63 Balls of fire  
66 Hoodwink  
67 Pathological plant swelling  
70 Bric-a-\_\_  
72 Prefix with potent  
73 Tire (out)  
74 Cry buckets  
75 "Pronto"  
78 Swiped  
81 Special ability, for short  
84 Fancy pourer  
86 Yours, in the King

James Bible  
87 Equine, in tot-speak  
88 Really, really  
91 Special ability  
92 Street stray  
93 Biblical brother of Jacob  
94 Humiliated  
95 When delivery is expected  
96 Nigerian, e.g.  
101 Nurtured  
102 Bill tack-ons  
103 "Movin' \_\_" ("The Jeffersons" theme song)  
104 Shipping container  
105 Chieffly  
106 Cashews and pecans  
107 Cornell's city  
111 Mother, in Spain  
112 Stocking material  
113 Appears  
115 Tennis star Arthur  
116 Whole bunch  
118 Actor Ferrell  
122 Sooner than, to bards  
123 Ending for butyl  
124 \_\_ Lanka  
125 Fa-la linkup  
126 Water flow stopper

Answer Page 4

1	2	3	4	5		6	7	8	9	10	11		12	13	14	15		16	17	18
19						20							21					22		
23					24							25						26		
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94	95	96		97						98							99			
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108						109								110				111	112	113
114					115	116		117					118					119		
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127				128				129									130			
131				132						133							134			



Comix

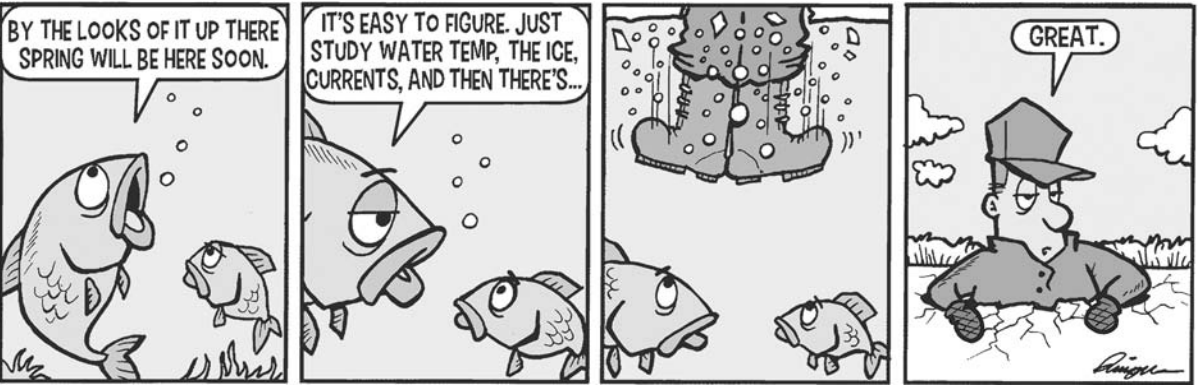
OUT ON A LIMB

By Gary Kopervas



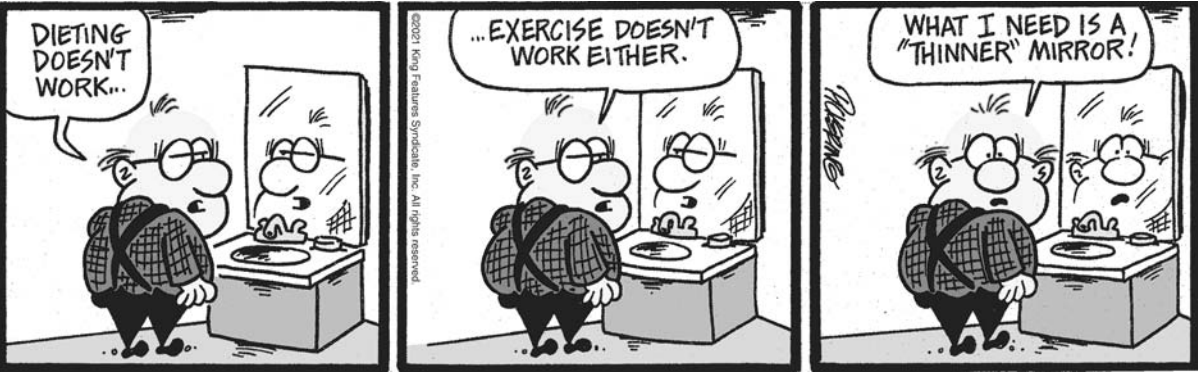
AMBER WAVES

By Dave T. Phipps



THE SPATS

By Jeff Pickering



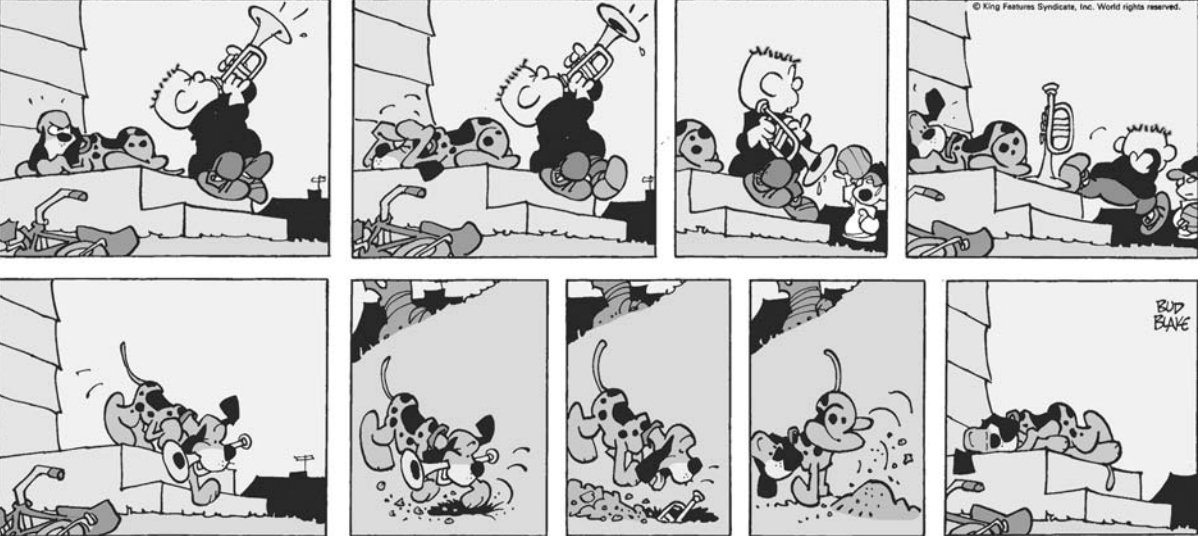
R.F.D.

By Mike Marland



TIGER

By Bud Blake



Lowry

From Page 3

they found no evidence that it was.

The suspect in the killing of Vicha Ratanapakdee, an elderly Thai American who died after being brutally pushed to the ground in broad daylight in San Francisco in January, is a 19-year-old Black man.

Last March, an Asian American

woman was assailed on a bus in the Bronx by a group of Black teenage girls who accused her of spreading the coronavirus. There can be no doubt about the racial element of this assault, but the perpetrators belonged to one of the demographic groups in America least likely to be influenced by Trump or to favor white nationalism.

A New York Times story on attacks in New York referred to the awkwardness when the

attackers are other minorities. It noted that some Asian American community leaders “say tougher enforcement could end up pitting Asian Americans against Black and Latino communities, inflaming racial tensions.” The head of a Chinese social services agency told the paper that “many of his Asian colleagues were verbally harassed during the pandemic but chose not to alert law enforcement because they worried the perpetrators,

Deep vein thrombosis usually due to surgery

DEAR DR. ROACH: I am a 47-year-old woman. Five years ago, I developed a blood clot in my left leg after fracturing my ankle and being immobilized for several months. I was put on a blood thinner, and my ankle healed. Recently that leg started swelling again, and I went for an ultrasound. I was told that I have a chronic DVT, but that I don't need blood thinners. Why do I not need a blood thinner now when I did before? What does “chronic” mean? Why am I getting swelling again five years after the first clot? – L.S.B.



Blood clots can happen in veins or arteries, but the type that happen due to surgery and immobilization are almost always in the vein. That's the “V” in “DVT,” which stands for “deep vein thrombosis.”

A brand-new blood clot has a high risk of propagating further up the vein, and also of breaking off and traveling through the vein into the heart. Most often, the clot will go on into the lungs, then called a “pulmonary embolus.” But in the rare case, the clot can go through a patent foramen ovale, which is sometimes called a hole in the heart, and cause a stroke.

Because of the risk of life-threatening complications, acute DVTs are treated with anticoagulants, such as warfarin (Coumadin) or apixaban (Eliquis). This stabilizes the clot, and after a week or two the risk of propagation or embolization becomes much lower. Most people are treated for at least three months for maximum benefit. Treatment does not dissolve the clot, and a follow-up ultrasound will detail changes that show the clot is no longer acute, hence “chronic.” The vein itself is scarred and damaged, and never returns to normal.

“Chronic DVT” isn't the best term, since it confuses many, both patients and physicians alike. I prefer scarred, and some experts use “chronic luminal changes” to differentiate it from an acute clot. Whatever it is called, it may still be symptomatic.

Most people with a history of a large clot on one leg will notice that leg swells more than the other in heat or with a large salt load. Even so, anticoagulant treatment is neither necessary nor helpful.

Effective treatment for swelling associated with previous DVT includes salt restriction, compression stockings and leg elevation several times during the day. People with more severe symptoms that do not respond to conservative management may benefit from more aggressive therapies, such as placement of a metal stent to let the blood flow better through the damaged area.

DR. ROACH WRITES:

I am often asked about screening tests for pancreatic cancer. Despite the promise of new tests, the U.S. Preventive Services Task Force recently re-reviewed the available evidence and continues to recommend against screening in the general population. However, it's important to recognize that these recommendations do not apply to people at increased risk for pancreatic cancer, such as those with familial pancreatic cancer or with some genetic syndromes, such as Peutz-Jeghers syndrome. However, it does apply to people with other risk factors for pancreatic cancer, including smokers and those with new-onset diabetes or chronic pancreatitis.

With better screening tests, or with improved treatments for pancreatic cancer, the balance of benefits (it's currently unlikely to find early pancreatic cancer when it can be treated) to harms (false positive results can lead to unnecessary surgery) may shift..

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). (c) 2021 North America Synd., Inc. All Rights Reserved.

who were often people of color, the facts are, no matter what could be mistreated by the the hitherto unassailable FBI police.” director says.

None of these complications are allowed to interfere with a simplistic narrative of Asian Americans as victims of white supremacy, no matter what

Rich Lowry is editor of the National Review. (c) 2021 by King Features Synd., Inc.





**Moore Texas** by Roger MOORE  
**April 6, 1830: The Mexican Congress enacts a law to forbid American settlers and the importation of blacks.**

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: N equals T

NG KPNPHLOMP OI W  
AGRI XRWCPH OD HPWRRRC  
AGGK, O DTXXGDP NFP XHGGI  
OD OM NFP XTNNOMA.

Answer Page 4  
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Weekly SUDOKU

by Linda Thistle

	1		9					5
5				3		7	2	
		4			8			9
		3	8					6
7		9			6	2		
	4			1			8	
		2	7					1
	5		6	4			3	
8					5	6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

Answer Page 4  
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Sarge’s attic dormitory



by Freddy Groves

I slid through the backdoor of the coffee shop and found Sarge discussing the lease with four new guys – homeless veterans moving into the upstairs dormitory.

“And now we come to the most serious clause of this lease agreement,” he was saying. “Theft. I’m a real hard case about theft, and I have my own definition of it.”

He looked around the room and the guys were watching him warily.

“If you take a magazine off another guy’s dresser, read it and put it back, you’ve committed theft, in my eyes. Theft of trust. You do not touch another man’s stuff, ever.”

Half an hour later, we all piled out the back door to a rental truck full of furniture and hauled bed frames, mattresses, dressers, lamps, nightstands and large cartons

up the narrow staircase.

Sarge stood at the top of the stairs like a drill instructor interior decorator, ordering the furniture placed in exact spots he’d marked out on the floor with blue duct tape. I popped open the boxes and the men took sheets, blankets, pillows and towel sets. In short order, the room was... beautiful. Three of them flopped onto their beds, groaning with comfort.

One guy refused: “I won’t touch it until I have a shower.” Sarge cocked his thumb at the bath at other end of the finished attic and the guy took off, cradling his armload of towels like they were gold.

Later, Sarge and I stood in the cold outside the back door, the first snowflakes of the next storm swirling around us. “I hope I selected right,” he said. “I originally thought I’d bring in six guys, but I wasn’t sure about two of them. These four seem like the best combination for success. I hope they get along.”

We heard thundering on the stairs as his formerly

homeless renters came down to the kitchen to fix themselves some dinner. There was a lot of loud chattering – and laughter.

Sarge smiled.

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• “When thickening soup, don’t overlook instant mashed potato mix. It’s perfect for making a thin broth into a nice, thick stew sauce, and it’s pretty cheap. It only takes a couple of tablespoons.” – I.F. in Utah

• “Cut kitchen sponges into smaller pieces. They clean as well as a larger sponge, and you can dispose of the smaller pieces when they get yucky.” – O.C. in Michigan

• Don’t forget to clean out your dryer’s lint trap regularly. It can get clogged up, and that can be a fire hazard. Set a reminder on your phone to vacuum it out once a month.

• If you have high boots, you can use this trick to keep them looking good and upright in storage. Simply use 1-liter soda bottles. They can be empty, or you can poke some small holes around the bottom and add a little baking soda, which will keep the boots dry and odor free.

• Ficus trees can remove up to 80% formaldehyde in the air. Other great indoor air-cleaning plants include peace lilies, ivies, spider plants and ferns.

• “Have you overdyed your hair at home? Try washing your hair with a dandruff shampoo. You may have to repeat it, but dandruff shampoo can sometimes get the extra color out of your hair follicles. Make sure that you condition well afterward.” – B.R. in Georgia

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2021 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult  
★★★ GO FIGURE!  
Answer Page 4

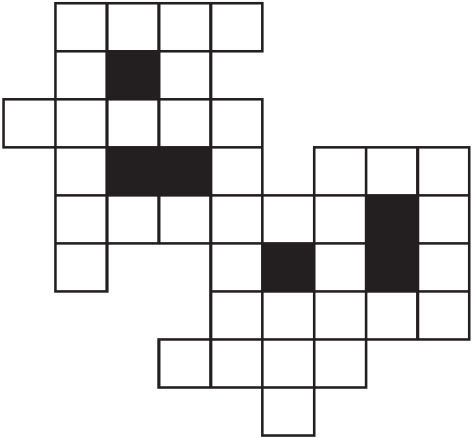
	÷		+		8
–		×		+	
	÷		+		11
×		–		÷	
	–		×		10
6		11		7	

1 2 3 4 5 6 8 9 9

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CDA  
TRUGIA  
♥ SCIPA  
♥ ATPS  
ERGTUD  
GPU  
SDCI  
PRTCE  
♥ PSA  
♥ APTNER  
UGREP  
♥ ETPA



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string’s word either across or down to knot all twelve strings together.

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