



## NEWSBRIEFS

### Spouses' benefits

Did you know your spouse's benefit amount could be up to 50% of your spouse's full retirement age benefit amount? If you qualify for a retirement benefit from your own work history and a spouse's record, we always pay your own benefit first. You cannot receive spouse's benefits unless your spouse is receiving their retirement benefits (except for divorced spouses). If you receive your retirement benefit before your full retirement age, while waiting for your spouse to reach full retirement age, your own retirement portion will be reduced. When you add your spouse's benefits later, the total retirement and spouse's benefit together will be no more than 50% of the worker's amount. You can find out more about this at [www.ssa.gov/benefits/retirement/planner/applying7.html](http://www.ssa.gov/benefits/retirement/planner/applying7.html). Knowing about these benefits can help you plan your financial future. Visit [www.ssa.gov/benefits/retirement](http://www.ssa.gov/benefits/retirement) for information on our retirement portal.

– Ray Vigil

### Happy states

With 4 in 10 adults having reported symptoms of anxiety or depressive disorder during the COVID-19 pandemic, the personal-finance website has released its report on *2021's Happiest States in America*, as well as accompanying videos and expert commentary. To determine where Americans have the highest satisfaction with life, WalletHub compared the 50 states across 31 key indicators of happiness. The data set ranges from the depression rate and the positive COVID-19 testing rate to income growth and the unemployment rate. Texas was rated 38th in the report. Other stats:

- New Jersey has the lowest share of adult depression, 11.66 percent, which is 2.6 times lower than in West Virginia, the state with the highest at 30.20 percent.
- New York and New Jersey have the fewest suicides (per 100,000 residents), 8, which is 3.6 times fewer than in Wyoming, the state with the most at 29.
- North Dakota has the lowest long-term unemployment rate, 13.10 percent, which is 3.4 times lower than in New Mexico, the state with

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– Photo courtesy of Franklin Mountains Preservation Coalition

Castner Range, above, has long been one of the El Paso County's most protection treasures with its diverse wildlife, vegetation, and historic significance, as well as its panoramic view of the Franklin Mountains.

## Heritage group promoting pride in Latino history, culture

By Alfredo Vasquez  
*Special to the Courier*

EL PASO COUNTY – To help Hispanics/ Latinos living in America feel pride about their histories, cultures, and communities, a forward-thinking group, called the Latino Heritage Scholars, compiled a report that identified sites in the United States that embodied Latino architectural, cultural, and historic roots.

Subsequently, the report from the heritage group listed seven locations across the country that were important

Hispanic/ Latino landmarks that should be recognized and preserved. Two of those sites are in El Paso.

The report, titled *“Place, Story and Culture: An Inclusive Approach to Protecting Latino Heritage Sites,”* listed two areas in El Paso that they declared needed to be preserved- Duranguito and Castner Range.

The other locations in the report included Chepa's Park in Santa Ana, California; Fefa's Market in Providence, Rhode Island; Friendship Park along the border of Mexico and California; the Gila River in New Mexico; and Hazard Park in

Los Angeles.

The report was compiled by the Latino Heritage Scholars, an initiative of the Hispanic Access Foundation. The nonprofit organization's task is to improve the lives of Hispanics in the United States, according to foundation officials.

To produce the report, scholar participants stated that they worked with community leaders, historic professionals, and stakeholders to identify which heritage sites have an at-risk future. Many of the sites, the report stated, faced threats including weathering, development, and gentrification.

Manuel Galaviz, co-author of the report, stated that the goal of the report is to “promote the preservation of sites that

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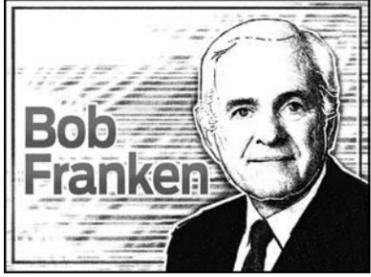


– Photo courtesy of El Paso Museum of History

Duranguito, shown in 1927 photo above, is located within the larger Union Plaza neighborhood in downtown El Paso. It was established in the early 1900s by migrants from Durango, Mexico.

*The function of fear is to warn us of danger, not to make us afraid to face it.*

– Quips & Quotes



# For short

something for the company's PR department (yeah yeah, I know, "public relations") to brag about. And that's no BS.

But then the corporation's marketing executives decided to attach a brand name, probably because they were trying to justify their existence, and the best they could come up with was Comirnaty. Comirnaty? What's a Comirnaty? Is that like a "Covfefe," Donald Trump's contribution to the English language back when he was allowed on Twitter?

Was "Comirnaty" a typographical error? No, there was a method to the marketing department's madness. As Brand Institute executive Scott Piergrossi told a trade

publication:

"The name is coined from COVID-19 immunity, and then embeds the mRNA in the middle, which is the platform technology, and as a whole the name is meant to evoke the word 'community.'" Now we know! Did your eyes glaze over?

Here's more, from the National Human Genome Research Institute, on mRNA, which stands for Messenger RNA: "Messenger RNA (mRNA) is a single-stranded RNA molecule that is complementary to one of the DNA strands of a gene. The mRNA is an RNA version of the gene that leaves the cell nucleus and moves to the cytoplasm where proteins are made. During protein synthesis, an organelle called a ribosome moves along the mRNA, reads its base sequence, and uses the genetic code to

translate each three-base triplet, or codon, into its corresponding amino acid." And so you know, the National Human Genome Research Institute is part of NIH (National Institutes of Health), which is part of the Health and Human Services department (HHS), which is part of the administration of any president (POTUS).

Pfizer shares the mRNA structure with competitor Moderna, which is expected to get its formal and final approval from the FDA soon. So now it's time for Moderna to select its brand name. Have you noticed how similar mRNA is to the name Myrna? Well, those in medicine biz have, and they already commonly refer to the vaccine as Myrna. So what better brand name, right? But nooooo. For some reason, the Moderna marketing people have already chosen one. Are you seated? It's Spikevax.

It sounds like a heavy metal band. Except it's cool, hip and certainly trendier than Comirnaty. It's clearly better than Myrna, which sounds like the name of your grandmother. Come to think of it, your grandmother is part of a priority demographic,

so it wouldn't be half bad. Spikevax brings to mind the real reason that so many have refused to get vaccinated: They're not "hesitant," or anything else. They're procrastinating because they're scared to death of needles and ashamed to admit it. Maybe the nurses should give them a lollipop.

Meanwhile, back at the White House, POTUS said they're running out of excuses: "If you're one of the millions of Americans who said that they will not get the shot until it has full and final approval of the FDA: It has now happened."

The military is ordering all the ranks to get the shots. Disobeying a valid order is a court martial offense. As for the civilian world, some big corporations are mandating the vaccinations by a certain date. They will make it clear that disobeying is a firing offense. Then we can decide who to do business with, because whatever the marketing ploy, we have the biggest stake in this.

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Americans do love our abbreviations and acronyms. So, when we talk about the FDA, we mean the Food and Drug Administration, not the Foot Dragging Administration, which is what some people call it because it takes such an unnecessarily long time to make a decision about the safety and efficacy of pharmaceuticals.

When the FDA goes from emergency use authorization (EUA) to full regulatory approval of Pfizer's COVID vaccine in months instead of years, that's

## Public Notice / Aviso al Público Canutillo Independent School District Dinner Meal Program 2021 / Programa de Servicio de Cena 2021

The Canutillo Independent School District announces its participation in the Child and Adult Care Food Program (CACFP) and will serve free meals to all participants, 18 and under. The United States Department of Agriculture (USDA) prohibits discrimination against its customers employees, and applicants for employment on the bases of race color, national origin, age, disability, sex, gender identity, religion, reprisal and where applicable, political beliefs, marital status, familial or parental status, sexual orientation or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by USDA. (Not all prohibited bases will apply to all programs and/or employment activities.)

*El Distrito Escolar Independiente de Canutillo anuncia su participación en el Programa de Alimentos para Adultos y Niños (CACFP). Se les servirá comida sin costo alguno a los participantes menores de 18 años de edad. El Departamento de Agricultura de Estados Unidos (USDA) prohíbe la discriminación en contra de sus clientes, empleados y solicitantes de empleo en base a su raza, color, origen nacional, edad, discapacidad, sexo, identidad de género, religión, represalia, y donde aplique, creencias políticas, estado civil, estado familiar o parental, orientación sexual, o la totalidad o parte de los ingresos de un individuo se derive de cualquier programa de asistencia pública, o información genética protegida en el empleo o en cualquier programa o actividad llevada a cabo o financiada por el USDA. (No todas las prohibiciones se aplicarán a todos los programas y/o actividades de empleo.)*

### Campus Address and Phone Number Direccion de la Escuela y Numero de Telefono

Canutillo High School 6675 South Dessert Blvd. 877-7800	Jose Alderete Middle School 801 Talbot Rd. 877-6600	Canutillo Middle School 7311 Bosque Rd. 877-7900
Canutillo Elementary School 651 Canutillo Ave. 877-7600	Bill Childress Elementary School 7700 Cap Carter Rd. 877-7700	Con. Silvestre & Carolina Elem. Sch. 7440 Northern Pass 877-1301
Jose Damian Elementary School 6300 Strahan Rd. 877-7655	Deanna Davenport Elem. Sch. 8401 Remington Rd. 886-6400	Gonzalo & Sofia Garcia Elem. Sch. 6550 Westside Dr. 877-1200

Monday - Thursday Only, Closed Holidays, Contact the Campus for Dates and Times.  
*Solo lunes a jueves, feriados cerrados, comuníquese con el campus para conocer las fechas y horas.*

**To file a complaint of discrimination, write or call immediately to:**

**Para presentar una queja sobre discriminación, escriba o llame inmediatamente a:**

USDA, Director, Office of Adjudication  
1400 Independence Avenue S.W.  
Washington, D.C. 20250-9410

Or call toll free (800) 795-3272 or (202) 720-6382 (TTY) USDA is an equal opportunity provider and employer.

*O llamar gratis al (800) 795-3272 o (202) 720-6382 (TTY) USDA es un proveedor de igualdad de oportunidades y el empleador.*

WTCC: 09-30-21

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**The West Texas County Courier  
office is closed.**

**The office will open again on  
Friday, October 1, 2021.**



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# Yes, remember the Alamo

No one is trying to topple the Alamo quite yet, but a new revisionist book on the foundational event of Texas history partakes of the iconoclastic spirit of our time.

The book, titled "Forget the Alamo," is a harsh call for Texans, and Americans, to get over a battle deeply etched in our popular memory. According to the authors, the Texans (then the Texians) were foolish to try to defend the indefensible. Some of the defenders tried to make a run for it. Santa Anna, the Mexican general central to the story, wasn't so bad. And given the importance of slavery to the early history of Texas, the Alamo and the Texas Revolution are due an overall post-George Floyd reevaluation.

If there are legitimate disputes over the historical record, it's really not hard to understand why a badly outnumbered garrison of men who fought ferociously against a government force almost to the last man and provided a rallying cry for a rebellion that quickly swept to success occupies an outsize place in our imagination.

Especially given that two of the most famous Americans of the time, Davy Crockett and Jim Bowie, died there.

Such an event is inevitably catnip for myth-making, but even when stripped down to its essence, the Alamo and the aftermath were truly extraordinary.

Santa Anna, president of Mexico 11 separate times, first took power as a federalist, then switched sides and became a centralizer. A new constitution squashed Mexican states that had been run largely autonomously. Santa Anna put down the ensuing revolt in the province of Zacatecas in horrifyingly brutal fashion, and then he came for Texas.

About 150 defenders holed up in the Alamo, and the rest is not just legend, but history.

Santa Anna did indeed signal that his force of more than a thousand would give no quarter.

William Barret Travis, commander of the garrison, did indeed write an immortal letter concluding, "Victory or death." He made a plea for reinforcements that never came. "If this call is neglected," he wrote, "I am determined to sustain myself as long as possible & die like a soldier who never forgets what is due to his own honor & that of his country."

Santa Anna's troops did indeed launch an early morning attack that was bloodied by

the defenders, but quickly overwhelmed the fortification. Santa Anna insisted that roughly half a dozen survivors be executed, and followed up this atrocity with the murder of about 350 other captured rebels in the Goliad Massacre.

Sam Houston, his forces swelled by volunteers, did indeed tell his troops prior to the Battle of San Jacinto: "We will meet the enemy. Some of us may be killed, and must be killed. But, soldiers, remember the Alamo, the Alamo, the Alamo!" In an astonishing turnabout, the battle turned into a bloody rout of the Mexicans that secured the independence of Texas.

Who wouldn't want to make a movie of such events?

Of course, such popularizations aren't going to be academically rigorous. Pushing back, the authors of "Forget the Alamo" assail the character of Jim Bowie and William Travis, and, sure enough, you wouldn't trust them to manage your real-estate holdings. Texas at the time was a hard place, and the Mexicans and Comanche who contended for control of the territory weren't paragons, either.

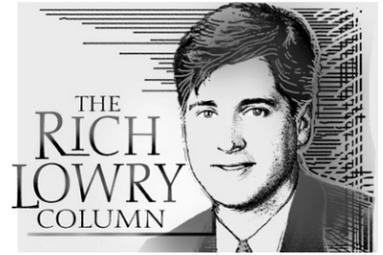
The authors note the contribution of the Tejanos, native Texans of Mexican descent, and

regret how it's missing from many accounts of the revolution, which is fair enough, but doesn't detract from the basic story.

They make much of how Mexico abolished slavery, whereas Texas planters depended on it. Yet Mexico tolerated slavery in Texas and had its own rigidly hierarchical economic system.

By all means, let's be as truthful as possible about the Alamo and the Texas Revolution.

But it's pointlessly destructive to tear down what deserves to be honored and to forget what



— as Sam Houston insisted so ringingly and aptly — should be remembered.

Rich Lowry is editor of the National Review. (c) 2021 by King Features Synd., Inc.

## Briefs

From Page 1

the highest at 44.90 percent. • Utah has the highest volunteer rate, 51.00 percent, which is 2.2 times higher than in Florida, the state where the rate is the lowest at 22.80 percent.

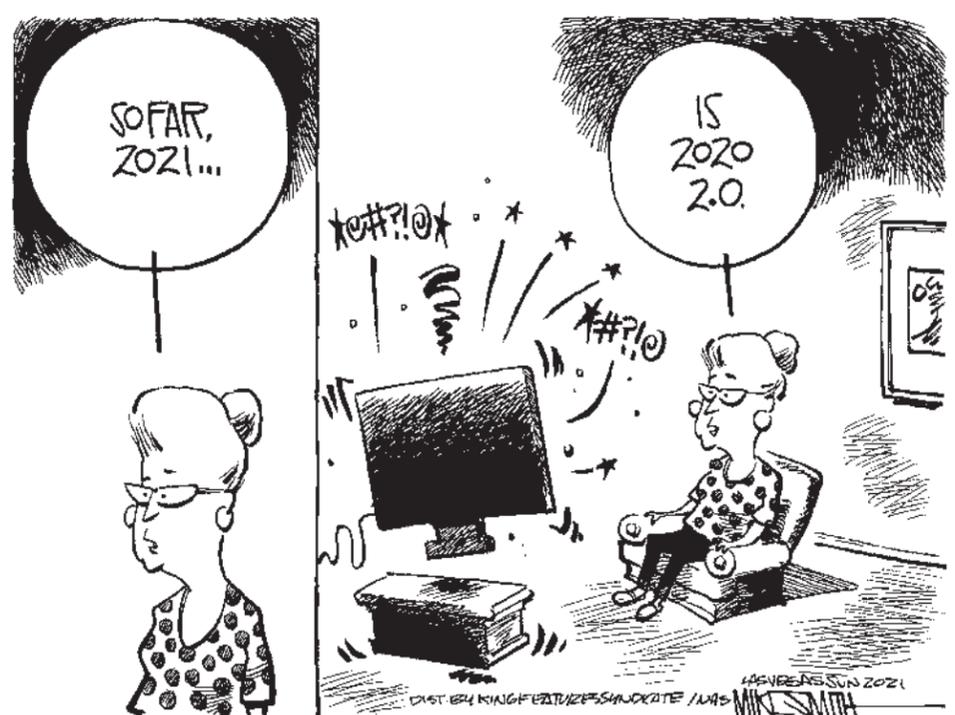
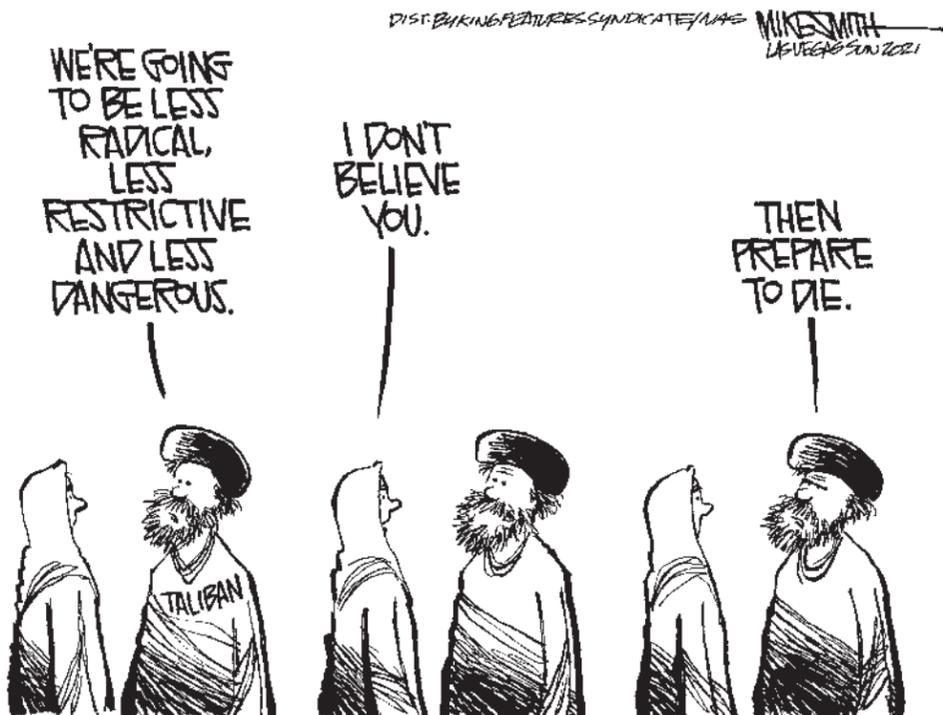
• Utah has the lowest separation and divorce rate, 15.74 percent, which is 1.7 times lower than in Nevada, the state with the highest at 26.07 percent.

Visit <https://wallethub.com/edu/happiest-states/6959> for the report. — Diana Polk

## Oops, with a capital 'O'

It's one thing to lose a winning lottery ticket; it's another if you misread the ticket and give it back and ask the seller to trash it. That's exactly what happened when Lea Rose Fiega of Springfield, MA checked the ticket she had purchased. But ten days later the store owner, Abhi Shah, scanned a stack of supposed losing tickets and found that the one Ms. Fiega thought was a loser was actually a winner. Shah wasted no time in contacting Ms. Fiega to give her the good news. "As soon as she came in, I hand her [the] \$1 million ticket and she freaked out and cried like a baby," Shah's father told WWLP-TV.

— John Grimaldi



# Flu shot available

By **Dusty Warden**  
Special to the Courier

EL PASO COUNTY – Immunize El Paso has begun offering flu shots at each of their three clinics on an appointment and walk-in basis. The non-profit is also working with area schools and businesses to protect anyone desiring vaccination against the flu.

“This is a great opportunity to get protected against the flu early in the season,” said Danny Acosta, Director of

Immunize El Paso. “Immunization is the most effective way to protect yourself and your loved ones from the potentially deadly virus.”

The CDC recommends flu vaccines for everyone six months and older, including pregnant women, children, teens, adults, and seniors. IZEP

carries unique formulations for patients over 65 and individuals suffering from egg allergies. Flu vaccines are safe to co-administer with COVID-19 vaccines, should anyone choose to receive both. IZEP will be offering both throughout the vaccination campaign.

Registering for a flu shot is a simple, paperless process. By visiting [immunizeelpaso.org/flu](http://immunizeelpaso.org/flu), anyone can easily schedule their appointment and upload their health insurance documents. For those

with difficulties with digital registration, walk-ins are always accepted, and our staff will gladly assist with registration. Patients with mobility restrictions can also participate in our Flu2You program by visiting [immunizeelpaso.org/flu2you](http://immunizeelpaso.org/flu2you) or by calling (915) 539-2868.

Patients can visit [immunizeelpaso.org/flu](http://immunizeelpaso.org/flu) or call (915) 533-3414 for more information.



**Central El Paso:**  
San Juan Clinic  
6292 Trowbridge, 79905  
(915) 533-3414  
Monday through Friday: 8 a.m. – 5 p.m.  
Saturday: 9 a.m. – Noon

**Downtown El Paso:**  
Downtown Clinic  
513 E. San Antonio, Ste B, 79901  
(915) 857-2474  
Monday through Friday: 8 a.m. – 5 p.m.

**East El Paso:**  
Eastside Clinic  
1400 George Dieter, Ste 225, 79936  
(915) 857-2474  
Monday through Friday: 8 a.m. – 5 p.m.  
Saturday: 9 a.m. – Noon

## View from here By Jane M. Orient, M.D.

# This is not about freedom or personal choice

Today we have two contrasting quotations from world leaders. One said: “Mandatory vaccinations will never be allowed<sup>1</sup> because [this] is a free country and its people are sovereign.” The other said: “This is not about freedom or personal choice.”<sup>2</sup>

The first was by Vladimir Putin. Russia, a free country! The second was by Joe Biden. The U.S. is no longer a free country, and the people are not sovereign. Nor are the once-sovereign states. If state governors won’t cooperate with him, “I’ll use my power as president to get them out of the way.” It is not clear exactly how he would accomplish that. Invade the state and occupy its capitol and its courts? Arrest the governor and perhaps the legislature and throw them into prison without bail like some January 6 demonstrators? Already, many states are suing—perhaps we will learn whether the Tenth Amendment to the U.S. Constitution has any meaning.

Who would have believed that a U.S. President would ever say such things?

Biden claims jurisdiction over 17 million healthcare workers, especially if they work in a facility that gets funding from Medicare or Medicaid. “If you’re seeking care at a health facility, you should be able to know that the people treating you are vaccinated—simple, straightforward, period.”

Never mind if the alternative

may be having no qualified person to care for you. Never mind if the unvaccinated worker, who cared for people before there were vaccines, got infected, recovered, and now has better immunity than vaccinated people. Never mind that workers with 20 years of dedicated service will have their careers and their livelihoods ruined if they don’t obey the dictator. Never mind that some of the obedient servants die—just coincidentally?—a few days after the shot. Or that some experience heart damage or paralysis. The government with its sovereign immunity does not have to compensate them, and neither do the vaccine makers or administrators, who are protected under the mantle of government.

“This is a pandemic of the unvaccinated,” states Biden. This non-evidence-based assertion is false. The most vaccinated countries in the world, including Israel and Gibraltar, are having the worst outbreaks. Both vaccinated and nonvaccinated persons shed virus, get hospitalized, and die. In the UK, a majority of the COVID-19 deaths last month were among vaccinated people, with a death rate dramatically higher than a year ago<sup>3</sup>, when there was no vaccine.

Why, besides vaccine failure, would public health officials be pushing for continued masking, distancing, and a “booster” injection a few months after a person is “fully vaccinated”?

Can we blame it on the Delta

variant? Did unvaccinated persons make it? Or did the vaccine, with its narrowly targeted immunity, actually select out this variant, creating or worsening the problem? Dr. Robert Malone, an inventor of mRNA vaccines, talks about “escape mutants.”<sup>4</sup> Could we be creating a “monoculture” immunity, which like monoculture agriculture, is disastrously vulnerable if a resistant pathogen comes along?

Not content with owning the bodies of healthcare workers and federal employees and contractors, Biden appeals to the private sector, such as employers of 100 or more persons, to exert his will on other Americans. “To those of you running large entertainment venues from sports arenas to concert venues to movie theaters, please require folks to get vaccinated or show a negative test as a condition of entry.”

To “protect” children under the age of 12, who are at very low risk, Biden wants everybody around them to get the vax—teenage siblings, parents, caregivers. Children over 12, that magic threshold, should get vaccinated, Biden says, and he “strongly supports independent scientific review for vaccine uses for children under 12.” He adds: “We can’t take shortcuts of that scientific work.” So far, the scientific process has been anything but independent. Moreover, studies are not scheduled to be complete before

the end of 2022, and studies on myocarditis, to which teenage boys may be most vulnerable, until 2027. Any shortcutting there? And how long would fertility effects take to show up in a child who is 11 when vaccinated?

The satirical *Babylon Bee* has dubbed the program: “Your body, my choice.” Are you pregnant, worried about a miscarriage? Hoping to be pregnant? Aspiring to an athletic career? Do you have a history of allergies, but have not yet had anaphylactic shock from polyethylene glycol (PEG) or Polysorb 80?

The choice of what risks you have to take will be Biden’s. But the consequences will be all yours.

**The links in the digital copy of this issue, at [www.wtcc.com](http://www.wtcc.com), are clickable.**

- 1 – <https://www.coronafraud.com/2021/08/president-putin-bans-mandatory.html>
- 2 – <https://www.nytimes.com/2021/09/09/us/politics/biden-vaccine-mandates-transcript.html>
- 3 – <https://townhall.com/columnists/wayneallynroot/2021/09/05/the-government-and-cdc-are-lying-about-covid-19-vaccine-and-ivermectin-the-question-is-why-n2595312>
- 4 – [https://www.theepochtimes.com/part-2-dr-robert-malone-on-ivermectin-escape-mutants-and-the-faulty-logic-of-vaccine-mandates\\_3981859.html?utm\\_source=Morningbrief&utm\\_medium=email&utm\\_campaign=mb-2021-09-05&est=PDRLMnvPeON8DlM MtKv8n3YZiuxgdHANITHPCzQFuSMgQH36lh5zQr9AI9uXGSclcc%3D](https://www.theepochtimes.com/part-2-dr-robert-malone-on-ivermectin-escape-mutants-and-the-faulty-logic-of-vaccine-mandates_3981859.html?utm_source=Morningbrief&utm_medium=email&utm_campaign=mb-2021-09-05&est=PDRLMnvPeON8DlM MtKv8n3YZiuxgdHANITHPCzQFuSMgQH36lh5zQr9AI9uXGSclcc%3D)

# Strange BUT TRUE

By **Lucie Winborne**

- Christopher Havens, a high school dropout and convicted murderer, taught himself advanced mathematics and solved a decades-old math puzzle involving “continued fractions” while in prison. He then published his findings in an international advanced math journal in January 2020.

- The Grand Canyon is so big that it creates its own weather.

- In August 1971, the Pittsburgh Pirates became the first professional team to have all nine players in the lineup be of Black or Latino descent.

- World War II German interrogator Hanns Scharff’s unusual techniques for extracting information—which included sharing his wife’s homemade baked goods, cracking jokes, unsupervised nature walks and afternoon tea – were so successful that the U.S. military later incorporated them into their own interrogation schools.

- The blood in that infamous “Psycho” shower scene was actually chocolate syrup.

- Because it turns yellow when fully ripe, the Persian lime is not commonly found in markets, as it gets confused for lemons, but is used for most commercial purposes.

- Hungarian composer Franz Liszt received so many requests for locks of his hair that he bought a dog and sent fur clippings instead.

- The Bible is the most commonly stolen book in the world.

- Pill bugs, also known as roly-polys, are not insects but rather crustaceans. They breathe through gills and are more closely related to shrimp and lobsters than other bugs.

Thought for the Day: “The vacation we often need is freedom from our own mind.”

– Jack Adam Weber

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## CryptoQuip Answer

Supposing a cattle rustler broke into a ranch what would he probably be doing? Taking stock.

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x		x		+	
4	-	2	x	8	16
28		16		23	



## Moments in time

THE HISTORY CHANNEL

• On Sept. 27, 1854, two ships collide off the coast of Newfoundland, killing 322 people. The wooden-hull Arctic slammed into the iron-hull steamer Vesta and was severely damaged. In trying to beach the ship, the Arctic's captain ran over several lifeboats, causing more people to drown.

• On Sept. 28, 1928, a lab accident led Sir Alexander Fleming, a young bacteriologist, to one of the great discoveries of modern medicine. Having left a plate of staphylococcus bacteria uncovered, Fleming noticed that a mold that had fallen on the culture had killed many of the bacteria. He identified the mold as penicillium notatum, similar to the kind found on bread.

• On Sept. 29, 1969, the U.S. Army drops murder charges against eight Green Berets accused of killing a Vietnamese national, citing reasons of national security after the CIA refused to release highly classified information.

• On Sept. 30, 1999, large doses of radiation are released at Japan's Tokaimura nuclear plant in an accident caused by a serious error made by workers at the plant. Instead of pouring 5 pounds of powdered uranium into nitric acid, workers poured 35 pounds.

• On Oct. 1, 1908, in Detroit, the first production Model T Ford is completed. Its 22 horsepower, four-cylinder engine could reach speeds up to 40 mph and run on gasoline or hemp-based fuel.

• On Oct. 2, 1948, the first American road race since World War II takes place in Watkins Glen in New York. The New York Central railroad agreed to suspend train service so the drivers could safely cross the tracks.

• On Oct. 3, 1981, a hunger strike by Irish nationalists at the Maze Prison in Belfast in Northern Ireland is called off after seven months and 10 deaths. Afterward, British Prime Minister Margaret Thatcher agreed to several of the protesters' demands, including the right to wear civilian clothing.

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– Photo courtesy of Franklin Mountains Preservation Coalition

**OVER THE TOP – Castner Range, above, in an aerial view.**

## Heritage

From Page 1

embody the contribution of Latinos to the shared national identity and narrative”.

“Even though for generations Latinos have continued to prove they are essential to the United States, sites that commemorate Latino heritage are disproportionately excluded when it comes to officially designated heritage and conservation sites,” said Galaviz, who helped earn National Historical Landmark status for Chicano Park in San Diego, California.

Duranguito is downtown El Paso's oldest neighborhood and home to the oldest city structure, constructed in 1879, according to the National Trust for Historic Preservation's website. The report cited historical significance and diverse ethnic communities, such as African American, Mexican, and Chinese residents, that called Duranguito home during construction of the railroad and the Mexican Revolution.

Castner Range, originally used by Fort Bliss as an artillery firing range more than fifty years ago, consists of about 7,000 acres of Chihuahuan Desert with unique wildlife and vegetation along the slopes of the Franklin Mountains.

“The range's sprawling desert landscape provides relief from the urban congestion,” commented Jaime Mercado, a longtime Northeast El Paso County resident.

Intertwined with the location's vibrant landscape is a deep and ancient history in which the mountainous terrain has been the ancestral home of Comanche and Apache

tribes, among other Native American settlers, who left behind rock carvings, pottery shards, and oral history to proclaim their existence.

In 2016, the El Paso City Council unanimously passed a resolution urging Castner Range be dedicated as a national monument. And in 2021, U.S. Representative Veronica Escobar introduced legislation to deem the location as a national monument.

The designation would encompass 7,000 acres of federal land along Loop 375 between US 54 and Franklin Mountain State Park. It would preserve some of the last unspoiled slopes of the Franklins and having no impact on private property or state land. The national monument designation would apply only to federal property, which has been held by the government since 1939.

Joining the effort recently to designate the range a national monument are small business owners. “Preserving Castner Range in perpetuity for the public is about more than conservation; it also comes down to dollars and cents,” commented Rose Ortega, vice-president of the Northeast Business Alliance and owner of the Postal Solution on Hondo Pass Drive.

“Since 2014, our neighbors in Southern New Mexico have reaped the rewards of Organ Mountains-Desert Peaks National Monument. More than a dozen businesses from yoga studios to coffee shops to real estate agents banded together to support the designation,” Ortega related.

“In 2018, the Greater Las Cruces Chamber of Commerce estimated their national monument has spurred spending at hotels, restaurants, and retail establishments. In 2017 alone, they estimated a \$1.7 million

spending impact and more than \$500,000 in wages directly or indirectly attributable to national monument visitors,” Ortega purported.

“Organ Mountains-Desert Peaks National Monument continues to have a positive multimillion-dollar economic impact while preserving nearly half a million acres of majestic peaks, rugged lava fields and riparian springs. Castner Range National Monument could have similar impacts in the El Paso area,” Ortega claimed.

As for Duranguito, currently the border town neighborhood is caught in the middle of a legal battle, with the City of El Paso seeking to demolish the area to erect a \$180 million multipurpose performing arts and entertainment center. However, historic preservationists are still fighting the demolition plan through legal maneuvering.

Duranguito, considered the birthplace of the city of El Paso by some local historians, is located on the south side of El Paso's downtown near El Segundo Barrio and Chihuaita neighborhoods. It officially became an organized residential area in 1859 and still has several historic buildings, the oldest dating back to 1879.

“Our hope is that in highlighting these locations, we can raise awareness about why we need to preserve these locations and how essential they are to telling a more complete story of the contributions of diverse communities to this nation,” said Norma Hartell, a local historian and writer. She co-authored the report that successfully got Chope's Town Cafe and Bar in La Mesa, New Mexico, on the National Registry of Historic Places.



WHEN THE GAMES BEGIN.

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UNTIL THEY BUCKLE UP.

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# Take me out to the ballgame, just get me home sooner

By Steve Escajeda  
Special to the Courier

The Major League Baseball regular season is finally coming to a close this week and that means the playoffs are about to start.

This is the time of year when every at bat counts and every single pitch can mean advancing to the next round, or going home and trying again next season.

There is one other thing that playoff games tend to do when every swing and pitch is so important – they slow down.

It's hard to believe that professional baseball could get any slower.

We always hear that every sport is a marathon and not a sprint. That's fine, unless your marathon runner is a snail. Baseball has tried some things in recent years and they've managed to only advance from a snail to a sloth.

Baseball has got to make some bold sweeping changes if it is to become viable again.

While the rest of the world progresses, baseball is still a fax machine, a paper receipt, owns a checkbook and listens to CDs.

Here are some things I would do to speed up the game and the way-too-long regular season.

First, I would go to a 15-second pitch clock.

The NBA has 24 seconds to shoot, the NFL has 40 seconds in which to snap the ball, why does MLB get to take all the time in the world?

They're already doing this in the minor leagues.

After the ball is delivered back to the pitcher from the catcher or the ump, the clock starts ticking. If the pitcher doesn't deliver the ball in time, a "ball" is called.

But this isn't just a rule for the pitcher, if the batter isn't ready within the 15 seconds, then a "strike" is called against him.

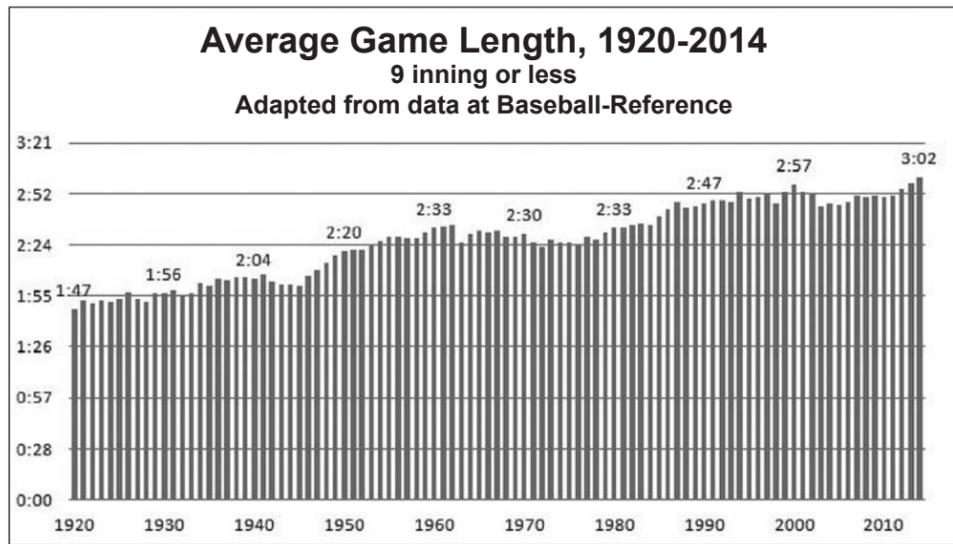
Either way, the game is moving along because there are only 15 seconds between pitches.

Next, I would definitely shorten the season. I'm sorry, but 162 games is ridiculous. It's never made sense to me that this summer game starts in the cold weather of



— Image by Ken Smith

**CHANGING TIMES** – "... I don't care if I never get back," used to be the sentiment about going out to the "old ball game" in *Take Me Out to the Ball Game* written by Jack Norworth in 1908. Today's average professional MLB game lasts three hours and 16 minutes.



— Chart courtesy beyondtheboxscore.com

**EVOLUTION OF THE GAME** – The average MLB game time increased from one hour and 47 minutes in 1920 to three hours and two minutes in 2014.

I say, give a team five timeouts a game – period.

Every time a player calls for time to adjust his helmet or his batting stance, it's a timeout for the team.

However, if the manager comes out of the dugout and changes pitchers immediately, this would not cost his team a timeout.

There are a few other ideas, but I don't want his column to go on too long.

Seven hundred words is long enough.

April and ends in the cold weather of late October.

The baseball season should end in the middle of August so that the World Series can be played in September. This way the weather is still relatively warm everywhere and baseball will be ending just as the NFL is beginning.

Believe me, 140 games are plenty. So there are less games and a player only makes \$32 million instead of \$40 million. I think he can still manage to survive.

Then I'd move the game into the 21st century and use that digital strike zone we all see on the broadcast as the real strike zone in the game.

The technology is there – why not use it?

You want to save time? How many times do players and coaches argue with the home plate umpire because they didn't agree with the pitch call?

That leads to a conversation between player and ump, and then to an argument, then the manager runs out onto the field to pull his player away from the ump, then the manager turns to the ump and they get into a full-blown shouting match, and then the manager is thrown out of the game by the ump, and then the manager throws a theatrical fit by seeing how close he can get his nose to the ump's nose without touching it and then he ends the tantrum by kicking dirt onto home plate.

All that takes time.

But think of this. When that automated system calls a ball or a strike, who do you argue with?

One more thing – limit timeouts.

Right now, a batter can call timeout to take a little more time getting comfortable at the plate and a coach can call for time to go talk to his pitcher.

## Super Crossword

### VISITING THE ISLE OF WIT ACROSS

- 1 Earns back, as losses
- 8 Study of vision
- 14 One who's not stingy
- 20 Shrunken Asian lake
- 21 Disperse from a central point
- 22 Spacecraft segment
- 23 Will soon obtain U.K. citizenship?
- 25 Like Peru's mountains
- 26 Revered Fr. nun, maybe
- 27 Motorist's crime, for short
- 28 Soccer icon
- 30 "Phooey!"
- 31 "That louse just hatched a few hours ago?"
- 39 Aim at
- 42 Styling sites
- 43 Hilarity
- 44 Book after Song of Solomon
- 45 "To recap..."
- 46 Swiss river
- 48 Hairy pollinator's darting movement?
- 56 Hairstyle
- 57 On \_ streak (lucky)
- 58 "Hamilton"

- composer \_Manuel Miranda
- 59 Watch over
- 64 Partial mending of a paper cut?
- 70 Excited pointer's cry
- 72 Diner
- 73 Pink pencil tip
- 74 Siblings who compose legal orders?
- 79 Space of film
- 80 Dude's prom duds
- 81 "Now, Voyager"
- 82 In \_ (as first placed)
- 84 "My career as a tailor will start soon?"
- 95 Tee lead-in
- 96 Chris of tennis
- 97 Certain pizza chain logo
- 98 Depletes
- 101 Major road
- 1034 p.m. social event, maybe
- 105 Interweave while wearing a lustrous Sir Lancelot costume?
- 109 Omelet need
- 110 Get up
- 111 Hockey hero
- 112 Bobby
- 112 Historical unit
- 115 Headwear for Fred Astaire
- 117 Occupy a chair to apply Visine drops?

- 125 Invent
  - 126 Like green bananas
  - 127 Filthy place
  - 128 Closet staple
  - 129 Mini and midi
  - 130 Orthodontic separators
- DOWN**
- 1 Rally cheers
  - 2 "QED" center
  - 3 Costco unit
  - 4 Suffix with schnozz
  - 5 Kind of PC port
  - 6 For each
  - 7 Declined the offer
  - 8 "Come \_!" ("Get real!")
  - 9 NBAer Gasol
  - 10 Blasting stuff
  - 11 Debtor's note
  - 12 Mongrel
  - 13 Get involved
  - 14 Teeny
  - 15 Sweetie pie
  - 16 Tack (on)
  - 17 Very sorry
  - 18 Paige on a stage
  - 19 Backpedal
  - 24 Lookalike
  - 29 High rollers?
  - 31 End-of-workweek cry
  - 32 Make whole
  - 33 Moral tenet
  - 34 Lacks life
  - 35 Kimono belt
  - 36 Swivel

- 37 Burial locale
- 38 Ugly fairy-tale figure
- 39 \_ for tat
- 40 Silver-gray
- 41 "Norma \_"
- 45 Less sure
- 46 Outranking
- 47 Fiddles with
- 49 Talking\_ (scoldings)
- 50 With 77-Down, well-drilling structure
- 51 Egypt and Syr., once
- 52 Conductance unit, once
- 53 Hallow
- 54 German indefinite article
- 55 See 113-Down
- 59 Mafioso John
- 60 "Yep"
- 61 Siri's Amazon counterpart
- 62 Ticket info
- 63 Fishing boats
- 65 Asian ideal
- 66 "Addams Family" cousin
- 67 "Eh, so-so"
- 68 Determine beforehand
- 69 \_ tai (drink)
- 71 Drying ovens
- 75 Ruling from a boxing ref
- 76 Ball swatter
- 77 See 50-Down
- 78 Actor Gilliam

- 83 Allow to flow again
- 85 Life jacket, e.g.
- 86 Himalayan humanoid
- 87 Fifty-fifty
- 88 Actress Polo
- 89 \_ Mawr College
- 90 Hurly-burly
- 91 Epps of "House"
- 92 Fish feature
- 93 "Ltd." cousin
- 94 Boot tip
- 98 Brief outline
- 99 Longhair cat
- 100 Filthy place
- 101 Horse's kin
- 102 Monkey used in research
- 103 Fills with black gunk
- 104 Slip-ups
- 106 Fuming mad
- 107 Gunpowder stuff
- 108 Stabs
- 112 "Jane \_"
- 113 With 55-Down, back-door access
- 114 Some cobras
- 116 Ugly fairy-tale figure
- 118 Signing stuff
- 119 Prefix with cycle or color
- 120 Holiday tree
- 121 Make a pick
- 122 Jay-Z's genre
- 123 Ticket info
- 124 List abbr.

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128																					

Comix

OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



TIGER By Bud Blake



# Surgery is valid option for severe sleep apnea

*DEAR DR. ROACH: My son, who is 30 years old, was recently diagnosed with severe obstructive sleep apnea and currently uses a CPAP machine. He says does not want to use this for the rest of his life, therefore, he has researched surgery to correct his OSA. Recently he consulted with a sleep expert, and now has surgery scheduled with that doctor. My son will have a septoplasty and a palate expansion before a more radical surgery in a year called MMA. My son feels that these surgeries will give him the longest lasting cure for his OSA. I am very concerned about all of these surgeries. I value your objective opinion and hope you can give me some reassurance that these surgeries are worth the pain. – G.M.*



Although CPAP (continuous positive airway pressure, which works by using air to keep the airway open) is the usual treatment for obstructive sleep apnea, surgery is another effective way to treat OSA. Surgery is most appropriate for those who wish a surgical solution (some people can't stand the CPAP machine), those who have a surgically correctable problem (see below), and those who are good candidates for surgery; younger age makes surgery seem more reasonable to me.

The specific surgery chosen depends on an individual's unique anatomy. Surgery on the uvula (yes, the dangling thing at the back of the throat), soft palate and pharynx is the most common surgery, but maxillomandibular advancement surgery (MMA) has been shown to be successful in several well-known medical centers in the U.S., such as Mayo Clinic and Stanford. Success rates are high, and some studies have shown surgical cure of obstructive sleep apnea in over half of those who undergo the procedure.

Not knowing your son and not being a surgeon, I can't give an objective opinion for him in particular, but I can say that in appropriate patients, surgical treatment of OSA is reasonable.

*DEAR DR. ROACH: Is there any good way to find the correct blood pressure medicine that doesn't suck the life pep out of you, give you a headache, make you short of breath when walking or grapple with all of those side effects at once? Who should manage that program, your regular doctor or your cardiologist? Is there another specialist with the right insight and expertise? – E.M.*

Choosing the best blood pressure medicine for a person with high blood pressure starts with knowing as much as possible about the person's heart and blood vessels, and their other medical conditions. A person with blockages in the arteries should be on a beta blocker and ACE inhibitor most of the time. A person with diabetes should be on an ACE inhibitor or angiotensin receptor blocker. An older person with isolated high systolic pressure may get most benefit from a diuretic. However, it may still take some trial and error to find the best choice. Most people are able to find a blood pressure regimen that has very few side effects.

Most generalists have expertise in blood-pressure medications, and are likely to know all your conditions. Cardiologists have more expertise in cardiovascular disease, and I refer to high blood pressure experts when I have difficulty getting someone's blood pressure under control.

*Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). (c) 2021 North America Synd., Inc. All Rights Reserved.*

Click It or Ticket.



Even in the back seat.

**Buckle up every rider for every trip.**

State law now requires both adults and children to be buckled up in the front or back seat. A child less than 8 years old, unless taller than 4 feet 9 inches, must ride in a child safety seat. Most children between 4 and 8 years old will need a booster seat to be safe and comply with the law. Fines range from \$25 to \$250, plus court costs. [TexasClickItorTicket.com](http://TexasClickItorTicket.com)





## Moore Texas by Roger Moore

Jan. 3, 1914: Pancho Villa contracts with a Hollywood movie company to record his army in action.

## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: N equals P

WZNNUWAMP J SJHHTG  
 DZWHTGD KDUIG AMHU J DJMSV,  
 FVJH FUZTL VG NDUKJKTR  
 KG LUAMP? HJIAMP WHUSI.

Answer Page 4

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## Weekly SUDOKU

by Linda Thistle

		3	7					6
	5					3		9
8				1		4		
		6	2					1
1					7	3		
	9			8				7
7				9		5		
		2			6			3
	3		5					8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ◆◆

◆ Moderate ◆◆ Challenging

Answer Page 4

◆◆◆ HOO BOY!

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## Veterans Village making progress



by Freddy Groves

The first customer to purchase one of the tiny homes was a town police officer who'd been sent to investigate a complaint about the parking lot being full of construction materials.

"I own the lot," said Sarge.

The officer nodded. "Then do what you want."

He stepped over to the first tiny home and peeked in. Within a half hour, the officer had chosen his flooring and exterior cladding, signed a purchase agreement and put down a cash deposit, the \$17 he had in his pocket.

David, the homeless veteran foreman of the Veterans Village project, stood gripping the \$17 after the officer left.

"I've just sold my first tiny home," he said to Sarge, amazed and stunned. "He'll be back tomorrow with a cashier's check for the whole thing."

Sarge patted him on the

shoulder and headed into the coffee shop, where he pulled out his phone and punched in some numbers.

By 10 o'clock the next morning, the second tiny home was also sold, full of custom extras.

By noon, David was at the counter in the coffee shop, Sarge at his elbow, while he tapped frantically at a calculator and consulted a notebook of costs.

"Can this be right? Is this possibly be right?"

Sarge checked the math, tapping the calculator: sales prices minus cost of materials, minus carpenter wages, minus, minus, until he hit grand total.

"That's right."

David slumped onto a stool. "Sell two more tiny homes and I'll be able to put something down on that land," he said, "before it's gone."

Sarge ran a hand down his jaw, considering the secret he'd been keeping. Then he pulled a much-folded savings bank statement from his back pocket and handed it to David.

"This is from the old vets here," Sarge said, "plus their families, plus many others,

plus a state grant, to help you get Veterans Village started. For you to buy the land and pay cash. You'll own it outright."

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- For a little extra visibility in the basement, try applying glow-in-the-dark or reflective tape on the edges of the stairs.

- This tip will change your life when peeling eggs: After you have hard-boiled your eggs, drain and submerge in ice water. Put them back in the pot, put the lid on and shake. Shake in all directions for up to a minute. The eggs practically slip right out of their shells. Just rinse and prep. – JoAnn

- "To distinguish your keys, especially house keys that have similar stamps, simply paint the key head with different colors of nail polish. You could even add a very subtle dot of the matching polish on the key lock. Reapply as needed." – S.L. in Oregon

- If you keep birds, here's a reminder: Never preheat pans on high heat – especially nonstick pans. They can let off a chemical that you or I cannot detect but can be a health hazard if your bird friend is in the kitchen area. Don't keep birds in the kitchen when cooking.

- "To mark the end on a roll of tape, save your bread tabs. Stick one on the tape end and it will be ready and easy to start the next time. If it's a thick tape, you can use two clips – one at either side of the tape. This way, it won't split on you." – M.E. in Maryland

- Use a flat iron to iron your collar if it's rumpled. This also works to straighten out buttonholes that have crimped.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2021 King Features Synd., Inc.

## GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

**DIFFICULTY:** ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 4

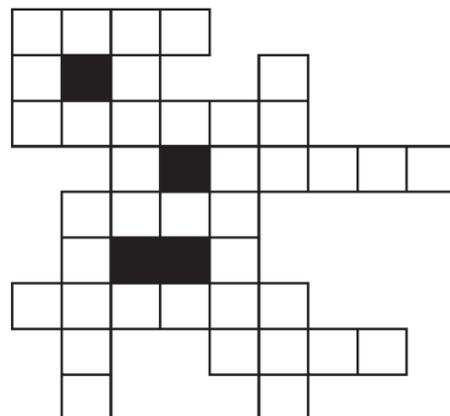
	-		x		25
÷		+		x	
	+		x		21
x		x		+	
	-		x		16
28		16		23	

1 2 2 3 4 5 6 7 8

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- PLO
- LOMARN
- ♥ TEDIS
- LHLU
- ROMIEN
- EPT
- ♥ ADLE
- GAROL
- UMH
- HIPASM
- ♥ PODET
- ♥ EDRO



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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