

VOL. 48, No. 42

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, SAN ELIZARIO AND TORNILLO

Anthony ISD HS students soar

# **NEWSBRIEFS**

**Social Security benefits** Social Security and Supplemental

Security Income (SSI) benefits for

approximately 70 million Americans

will increase 5.9 percent in 2022. The

5.9 percent cost-of-living adjustment

(COLA) will begin with benefits

payable to more than 64 million Social

Security beneficiaries in January 2022.

Increased payments to approximately

8 million SSI beneficiaries will begin

on December 30, 2021. The Social

Security Act ties the annual COLA

to the increase in the Consumer Price

Index as determined by the Department

of Labor's Bureau of Labor Statistics.

Some other adjustments that take effect

in January of each year are based on the increase in average wages. Based on

that increase, the maximum amount of earnings subject to the Social Security

tax (taxable maximum) will increase

A Goodwill employee in Norman, OK

was surprised when she sorted through recently donated clothing and found a

stash of \$42,000 in cash. Meanwhile,

the unidentified donor must have had the

shock of her life when she discovered

that she had lost a good deal of money.

But it was all settled when Andrea

Lessing, the Goodwill staffer, reported

the find and helped locate and return

the money to the hapless donor. She got

a \$1,000 reward for her good deed but,

as she put it: "I didn't return the money

expecting a reward or expecting to be

on the news, I just believe if you do

something good, it will come back to

- John Grimaldi

- Ray Vigil

to \$147,000 from \$142,800.

The right thing

### with drone, technology classes By Adriana Candelaria

Special to the Courier

to new heights with drone and Networking technology enrichment classes instructor. offered during intersession.

flew them through obstacle coding and 3D printing. courses that students also Using web app, Tinkercad, constructed.

"The obstacle courses can change the trajectory of how

the drones are flown, so as the kids get more experience flying them, they can have different obstacles. We can modify ANTHONY - Anthony High them in any way or direction," School students took their skills said Abraham Martinez, I.T. Technologies

Students also brought Students built drones and their imagination to life with students arranged shapes and

See TECH, Page 7



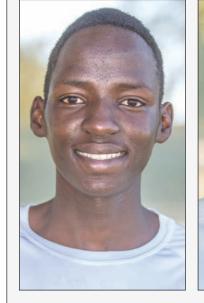
Photo courtesy Anthony ISD

THAT GOES HERE - Anthony HS students assemble a drone during technology enrichment classes.

### **Outstanding Clint HS EX**

Irene Acuna De La Torre has been selected as the Clint High School Outstanding EX for 2021. The announcement was made

during halftime at CHS's Homecoming game. She attended Clint Independent School District (CISD) schools from kindergarten through her high school graduation. De La Torre retired in 2021 after 31 years of service to CISD. She is happily married to Jaime and is a mother of two sons. She is proud to be the first from her family to graduate from college and is truly an inspiration to her family and the CISD Community.





Adams Biwott

### Faith Nyathi

Photos courtesy EPCC

### **Biwott, Nyathi lead EPCC cross** country teams to strong finish

**By Jim Heiney** *Special to the Courier* 

EL PASO COUNTY - El Paso Community College (EPCC) men finished 1st and women finished 2nd at

their final meet of the 2021 season at the New Mexico Junior College Cross Country Invitational in Hobbs, New Mexico.

The Tejanos were led by Adams Biwott who finished 1st with a time of 24:23 in the 8K race. Also finishing in the top 5 were Kelvin Chiku and Michael Abeyta.

The Tejanas were led by Faith Nyathi who finished 1st with a time of 18:04 in the 5K race. She finished more than 1 minute and 20 seconds ahead of her closest competitor. Nyathi was recently named the National Junior College Athletic Association (NJCAA) Division 1 Female Athlete of the Week by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA). Teammates Jayleen Guerrero and Karyme Garcia finished in the top 5.

Next up, the teams return to Hobbs, New Mexico for the NJCAA Region V Championship on October 30, 2021. Then on November 13, they travel to Richmond, Virginia for the NJCAA Division 1 National Championships.



**Space for sale?** It's a bummer when you get home

you eventually. And it did."

and can't find a parking space. It's particularly mind numbing in big cities where free parking is limited to the extreme and paid parking can be overpriced. Hong Kong is one such city and so it comes as no surprise that the cost of a reserved space can set you back more dollars than you could possibly imagine. In fact, a parking spot in Hong Kong just sold for a whopping, world record \$1.3 million U.S. dollars (about 10 million Hong Kong bucks). But if you can shell out \$150 million dollars for a luxury apartment in the Ritzy Mount Nicholson residential development, what's a mere million dollars more for reserved parking. – John Grimaldi



Notable dates include:

- Clint HS Class of 1983;
- Bachelor's Degree in Interdisciplinary Studies at UTEP in May of 1996;
- Masters of Education from UTEP in 2001;
- Teacher of the Year from Montana Vista Elementary in 2001; and
- Library and Media Certification from North Texas in 2013.

FLEET FEET - The EPCC Mens' Cross Country team members are, from left, D'Angelo Flores, Brandon Adolphus, Adams Biwott, Daniel Kennedy, Kelvin Chiku and Michael Abeyta.

# **Canutillo ISD makes case for bond initiative**

**By Liza Rodriguez** Special to the Courier

Man is that foolish creature that tries to get even with his enemies and ahead of his friends.

– Quips & Quotes

(Publisher's note: Ms. Rodriguez is the PIO for the Canutillo Independent School District.)

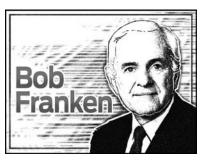
to the current tax rates. "This bond is a very unique opportunity for Canutillo ISD students," said

- Helen Rojas

District's voters, the 2021 Canutillo ISD Galaviz. "Many people ask me how are Bond will address certain of the District's you paying this debt but keeping the tax most critical school facility needs with no rate level? Due to the current economic expected increase to the total tax rate for and political climate, it places our District the 2022-2023 tax year when compared at an advantage so we can address the most critical infrastructure needs. Compared to last year, Canutillo taxpayers' rate is

See BONDS, Page 4

CANUTILLO - If approved by the Superintendent of Schools, Dr. Pedro



"The (plug in random NFL of fiscal drama. team) play Radio City Rockettes offense. One, two, three, kick." That's an old football joke. If you don't understand the finer points of the game, ask your wife.

And if you don't get how Washington deals with crises, it's the same thing. The politicians just punt the ball a short distance away. This way, they keep attention on themselves by never leaving crisis mode. Every game they play ends in overtime.

The congressional and White House gladiators have done it fear of COVID. again, taking their backstabbing match beyond regulation and Mitch McConnell have their to go through all these games - Schumer and all the rest are Distributed by King Features into December. I should say work cut out for them. Will their by now he would be President little more than spectators. Syndicate, Inc.



managed to combine two of the ball (called a "can," as in budgetary shambles into the same holiday month: December, the month Hanukkah and now the month

First off, there traditional nail-biter over a federal government shutdown. Remember that one? The original deadline for funding operations was supposed to be the end of September, but the tradition now includes the punt that stretches the boundary to Dec. 3, just when some federal employees were worrying about being able to afford holiday inflation this year because of supply chain issues caused by the year-round

"kick the can down the road")?

Note that I said Head of Christmas, Coach Biden, who's running the administration team with McConnell leading the is the congressional unit. "But he's the Senate minority leader," you say. "How could he be controlling the Capitol Hill unit?" Chuck Schumer and Nancy Pelosi manage the majority Democrats. Because there are actually too many Democratic squads to control, Mitch assumes his accustomed role of puppeteer on behalf of GOP team owner Donald Trump. Trump pretends he should be running the White House team. If he were in charge, they would be named the Head coaches Joe Biden and Autocrats, and we wouldn't have

for Life and he'd rule by decree, Biden could initiate a change and Kim.

Until then, it's Mitch versus Joe. While the advantage would seem to be held by Joe, it's Machiavelli Mitch who runs this show. Says a competing senior Senate Democrat, "Mitch McConnell loves chaos."

Note the way Mitch played PelosiandSchumerintoDecember with that even bigger fiasco, the debt ceiling vote. Sometime in December the United States of near \$30 trillion worth. That is, unless Congress votes to raise the debt limit. Mitch managed last minute – being the holder and kicker at the same time – and send it through the uprights, contriving the current overtime situation.

Biden, Nancy Pelosi, Chuck (c)

just like those he admires so in the Senate rules and get rid much, his buddies Vlad and Xi of the filibuster (if you don't understand the Senate rules, ask a parliamentarian). But he doesn't want to get rid of the filibuster.

As a former senator, for decades he maneuvered through the incomprehensible maze of the U.S. Senate, dealing with people like Mitch. He loves the Senate, as does McConnell, while a sane person finds it boring. Paradoxically, that experience of moving through quicksand is how the two of them America will welch on its debts, and most of the players will find some way out of this mess. Just when everybody throws up his or her hands and screams, "It's to somehow snap the ball at the hopeless!," someone may find an obscure way out and the game will kick off still again.

> 2021 Bob Franken.

### Food for thought By John Grimaldi **The Sandwich Generation**

The Pew Research Center calls them "multigenerational caregivers" or "the an aging population and a generation sandwich generation." They are those of young adults struggling to achieve moms and dads who have children to take financial independence, the burdens and care of and who have elderly relatives responsibilities of middle-aged Americans who need caring for as well. There are more of them than you might think, says Rebecca Weber, CEO of the Association of Mature American Citizens (AMAC).

Weber says 21st Century medical breakthroughs that save lives also increase life spans that can be a blessing for many of us, giving us the opportunity to grow old gracefully. But it can also be challenging for those who are living longer a hard place, as the expression goes, and with debilitating ailments and for their adult children who are their caregivers has made it even harder for them to cope. and have children of their own.

The researchers at Pew tell us that, "With are increasing. Nearly half (47%) of adults in their 40s and 50s have a parent age 65 or older and are either raising a young child or financially supporting a grown child (age 18 or older). And about one-in-seven middle-aged adults (15%) is providing financial support to both an aging parent and a child."

They are caught in between a rock and the COVID pandemic with its restrictions The New York Times and pollsters at

YouGov conducted a survey not too long ago in which they asked more than 5,000 individuals, including those taking care of family members and their own children at the same time. They asked about the financial and personal costs they've had to bear. Their findings: "On average, survey respondents who are caring for both children and older relatives estimate that they have lost more than \$10,000 because they had to do things like reduce their working hours, increase their expenses or leave a job entirely as a result of these responsibilities."

It should be noted that not all the news that resulted from that polling was negative. Twenty-three percent of those who were taking care of aging with them."

and jelly" by ensuring you have someone to share the load with you, even if it is just occasionally. This second filling can be a family member, a friend, a professional caregiver hired through a home care company or, better yet, all three. Having a care team and back-up help is much more interesting and beneficial for all involved."

Carol Bradley Bursack, is this: "If you are

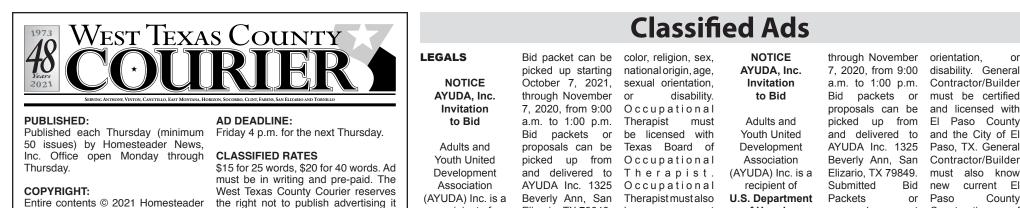
part of the sandwich generation, please

make a point of having another "filling"

in the sandwich. Make it a "peanut butter

The bottom line, according to columnist, solve the problems they face today.

The Association of Mature American Citizens (http://www.amac.us) is a senior advocacy organization that takes its marching orders family members said the experience from its members. We act and speak on had "strengthened their relationship their behalf, protecting their interests and offering a practical insight on how to best



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Letters must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.

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Homesteader

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# A western society goes insane

philosopher Jeremy Bentham untenable and done violence to reports about lockdown violators came up with the idea of the liberty and common sense in a worthy of some dystopian future. panopticon, a prison designed to allow all the prisoners to be observed by one guard.

conceive of, despite his creative about schemes of musings surveillance, perpetual was a society like contemporary Australia.

Heretofore honorable an member of the Free World, Australiahaslurchedintoabizarre and disturbing netherworld of bureaucratic oppression in the name of public health.

Australia's COVID-19 lockdown mania has been so all-consuming that one assumes much of it would make Dr. Anthony Fauci blanch.

Australia determined to squeeze out COVID with lockdowns and travel restrictions, and as an success. It was the last of the G-20 countries to hit 1,000 total coronavirus deaths.

But this created an unrealistic expectation that Australia could to do that." have COVID-zero as a goal for the duration and use targeted restrictions and surveillance ("circuit-breakers") to maintain it. As the pandemic has dragged

The 18th-century English on, this has become completely produces stilted and hysterical great English-speaking nation.

Lockdowns have swath through the norms and What even Bentham couldn't conventions of an advanced Western democracy, from the suspension of a state-level parliament to the banning of protests, to military enforcement of the COVID-19 protocols.

> With the Delta surge, more than half of Australians are locked down, often in response to a tiny number of cases.

Australian authorities don't fool around. State premiers have vast powers and use them. In Melbourne, located in the state of Victoria, a curfew is in place and limits apply to people leaving their homes. There are At the start of the pandemic, hefty fines for noncompliance.

The spirit of the lockdowns was perfectly captured a few months ago by the chief health island nation, had considerable officer of New South Wales who warned, "Whilst it is in human nature to engage in conversation with others, to be friendly, unfortunately this is not the time

> Ah, yes, the public health threat of over-chattiness.

The Australian news media might as well be an arm of the public health bureaucracy and

South Australia has developed an cut a app to enforce home quarantines. As a news report explains, "The app will contact people at random asking them to provide proof of Australians have been trapped their location within 15 minutes." If they fail to do so, the health department will notify the police, who will send officers to check on

the possible malefactor.

Unrestricted travel is а hallmark of a free society, but Australians can barely leave the country. Travel has been cut off between states, creating an arbitrary patchwork of states trying to isolate themselves from coronavirus cases elsewhere.

Tens of thousands of overseas, unable to come back home because of monthly limits on returning Australians.

All of this economic and social

THE COLUMN

disruption and coercion hasn't been enough to stamp out the Delta variant, which is outrunning the government controls.

Australian Prime Minister

See LOWRY, Page 7

View from here By Dr. Glenn Mollette

### Cargo ships: America's old jobs floating at sea

Cargo ships waiting to unload at the Ports of Los Angeles and Long Beach California could keep some of America's store shelves bare for a while. These two ports handle the bulk of cargo coming from China. Cargo keeps coming from China, making the congestion craziness only worse. The dozens of ships floating in the pacific are carrying products that used to be some of America's good paying jobs.

Today, about 90% of non-bulk cargo worldwide is transported by container. Modern container ships carry over 21,000 TEUs and rival crude oil tankers as the largest commercial vessels on the ocean. A TEU (twenty-foot equivalent unit) is a measure of volume in units of twenty-foot-long containers. If you have ever seen any of these cargo ships come into the port at Savannah, Georgia, or these California ports then you know its mind blowing the amount of cargo stacked and transported across the ocean. The weight of the cargo is estimated between 15,000 to 18,000 tons on most of the ships.

General cargo vessels carry packaged items like chemicals, foods, furniture, machinery, motor vehicles, shoes, clothing and more. Dry bulk carriers carry coal, grain, ore and other similar products. Reefer ships are refrigerated ships which specifically carry perishable commodities such as fruits, vegetables, meats and dairy products. Rollon ships are designed to carry wheeled cargo, such as cars, trucks, semi-trailer trucks, trailers, and railroad cars, that are driven on and off the ship on their own wheels.

China's exports to the United States were \$452.58 Billion during 2020, according to the United Nations COMTRADE database on international trade. The top goods exported from China to the U.S. and their total values for 2018 were electrical machinery (\$152 billion), machinery (\$117 billion), furniture and bedding (\$35 billion), toys and sports equipment (\$27

### See MOLLETTE, Page 4









### Page 4

### Mollette

From Page 3

Japan's exports to the United States were billions and billions of dollars. \$118.79 Billion during 2020, according to the United Nations COMTRADE database on international trade. These products are vehicles, machinery, electronics, optical and medical, aircraft, pharmaceuticals, plastics, rubbers, toys, and phones and more. We also must start making games and sports equipment.

\$117.39 Billion during 2020, according to the United Nations COMTRADE database on international trade. We import most of the same we can bring manufacturing back to the United products from Germany as we do Japan including States then we will return to real jobs in this \$78 billion dollars in mineral fuels including oil.

We continue to hear about all the job openings in the United States. Amazon needs employees, Federal Express, UPS and all the trucking financial hardships and more jobs floating away. companies are begging for workers. I've seen several big banners on trucks begging for drivers Dr. Glenn Mollette's column is published weekly in at a starting salary of \$2,500 a week. Walmart over 600 publications in all 50 states. Learn more advertises all the time for truckers with a beginning *at www.glennmollette.com*.

salary of \$84,000 a year. There is obviously a lot of work in delivering goods from the shipping ports of America. The shipping ports are all products made in China, Japan, Germany, and other places. We have and are pumping these countries with

We hear a lot about infrastructure. We need good roads and bridges, Internet, new pipe lines throughout America to carry our water supply and American made chips for our cars, computers all the products just mentioned in America. Our United States Imports from Germany were President and Congress must give companies every opportunity in reasonable tax breaks and incentives to compete with foreign countries. If country that pay enough money for people to raise a family, own a car and save for retirement. Until this happens Americans will only see increasing





#### **By Lucie Winborne**

• The Chocolate River in the "Willy Wonka and the Chocolate Factory" was real! The production used 150,000 gallons of water, cream and chocolate. But the ingredients spoiled and smelled really bad when the movie ended.

· Studies have shown that playing Tetris can curb sex, drug and food cravings.

· C.S. Lewis coined the term "verbicide" to denote the killing of a word or distortion of its original meaning.

 A Vietnamese man was hospitalized after drinking too much methanol. Doctors transfused 15 cans of beer into his body to revive him. The liver breaks down ethanol before methanol, which gave doctors more time to do dialysis to remove the methanol from his system.

 The University of Oxford is older than the Aztec Empire.

· Santa Claus was issued a pilot's license from the U.S. government in 1927, along with airway maps and a promise to keep the

### Bonds

From Page 1

district projections. Our trustees Canutillo ISD residents."

the total tax rate for the 2021-2022 school year from \$1.39 to \$1.34, an average savings of meet that growth. \$75 on property taxes for homes valued at \$150,000.

Based on current projections,

runway lights on.

• The fighting on D-Day was so fierce that as much as 4% of the sand on Normandy beaches is magnetic due to shrapnel that has been broken down over the decades into sand-sized bits.

· Only official members of federally accepted Native American tribes may legally possess or collect eagle feathers.

• During a game, Babe Ruth would place a cabbage leaf under his cap to keep cool under the sun, replacing it every inning or two.

 Instead of kissing his bride, Edward II of England sealed his wedding vows with a smooch to his lover, Piers Gaveston, 1st Earl of Cornwall.

· A house cat could beat superstar runner Usain Bolt in the 200-meter dash.

· Women blink nearly twice as much as men.

Thought for the Day: "Never worry about numbers. Help one person at a time and always start with the person nearest you."

Mother Teresa

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from the total tax rate for the 2021-2022 tax year.

Canutillo ISD is benefiting from rapid growth in far west El Paso, currently lower. Not only did the adding millions to the district's board adopt a lower tax rate for this tax base. According to the most school year, but if voters approve recent projections available to this bond, they will not see an the District, this residential and increase in their total tax rate for commercial expansion in far west the upcoming year, according to El Paso is expected to continue through the next decade. Of course, have been very mindful of not the growth in the tax base does increasing the financial burden on come with additional demands to provide educational opportunities Recently, the Canutillo ISD to thousands of more families Board of Trustees voted to reduce who call the Canutillo ISD home. Some of the projects included in the 2021 bond are intended to

> If passed, the bond election would generate \$185.7 million dollars for new construction,

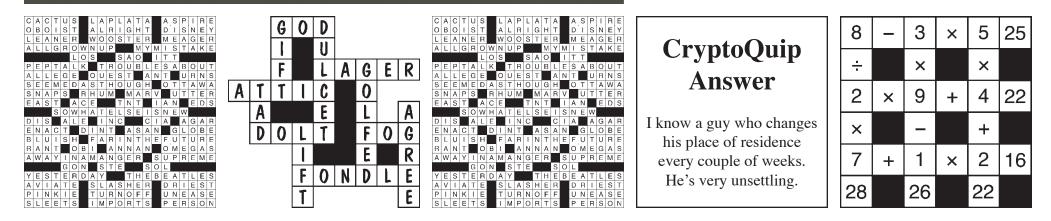
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the District expects that the capital improvement, and critical Canutillo ISD bond, if approved maintenance projects as well as by the voters, would provide funds to allow the District to substantially modernize aging educational facilities and support would support the maintenance the construction of a new and creation of safe learning Alderete Middle School without increasing the District's total tax rate for the 2022-2023 tax year

significant health and safety additions and improvements for every campus in the District. It environments with several

### See BONDS, Page 6







• On Oct. 18, 1867, the U.S. formally takes possession of Alaska after purchasing the territory from Russia for \$7.2 million, or less than 2 cents an acre. Russia sold its Alaska territory to the U.S. rather than risk losing it in battle with a rival such as Great Britain.

• On Oct. 19, 1796, a writer, mysteriously named "Phocion," slyly attacks presidential candidate Thomas Jefferson an essay published in the Gazette of the United States. Phocion turned out to be former Treasury Secretary Alexander Hamilton, who would write 25 essays lambasting Jefferson.

• On Oct. 20, 1962, President John F. Kennedy holds secret meetings with advisers on the eve of ordering a blockade of Cuba. Kennedy had seen photographic proof that the Soviets were building 40 ballistic missile sites on the island – within striking distance of the United States.

• On Oct. 21, 1959, on New York City's Fifth Avenue,

thousands of people line up outside a bizarrely shaped white concrete building that resembled a giant upsidedown cupcake. It was opening day at the new Guggenheim Museum, home to one of the world's top collections of contemporary art.

• On Oct. 22, 2012, Lance Armstrong is formally stripped of the seven Tour de France titles he won from 1999 to 2005 and banned for life from competitive cycling after being charged with using illicit performanceenhancing drugs and blood transfusions to help him win races.

• On Oct. 23, 1942, Michael Crichton is born in Chicago. During his final year of medical school, Crichton published "The Andromeda Strain" (1969) and decided to write full time instead of practicing medicine.

• On Oct. 24, 1931, New York Gov. Franklin Roosevelt dedicates the George Washington Bridge over the Hudson River. The 4,760-foot–long suspension bridge, the longest in the world at the time, connected New Jersey with Manhattan in New York City.

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PARADE ROUTE: STARTS 9:00AM AT THOMPSON RD, EAST TO THE VETERANS MEMORIAL PLAZA, VIA MAIN STREET IN THE SAN ELIZARIO HISTORIC DISTRICT. PRESENTATIONS WILL FOLLOW AT THE PLAZA.



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# A tale of three cities: Brooklyn, Houston and Kansas City

By Steve Escajeda Special to the Courier

Page 6

I couldn't decide on which story to focus on this week, so I figured, why not touch on all three.

The first, concerns the problems the Brooklyn Nets are facing with star guard up – Irving's principles. Kyrie Irving.

considered one of the heavy favorites to reach the NBA Finals this season.

Durant and James Harden, make the Nets one of the most formidable lineups ever assembled, especially when you add teammates like LeMarcus Aldridge, Blake Griffin, Patty Mills and Paul Millsap.

In his first season with the Nets a year ago, Irving averaged 26.9 points per game. Irving is sticking by his principles and

He also led the team in assists and steals. And if it weren't for some key injuries during last year's playoffs, the Nets could very well have hung a championship banner in their building.

So just when you thought the only that could keep the Nets from winning a title was injuries, another reason has popped

You see, New York City has adopted a For those who don't know, the Nets are law that if you have not been vaccinated for COVID-19, you cannot work for or attend any indoor dining, indoor fitness, Irving, alongside megastars Kevin and indoor entertainment venues and choices. performances.

> The Brooklyn Nets are considered "entertainment" and Irving has decided, like many other Americans, not to get vaccinated. Hence, the problem.

Because of reasons that are his alone,

appears to be leaning toward skipping the season.

It's a hard decision. Do you just go against your beliefs and join your teammates, or do you stick to your values and stand alone?

My mother always taught me that the easiest thing in the world to do is to go along with the crowd. That it takes no courage to disappear among the masses in conformity.

where we're free to make our own tough

Irving will have to live with the

And that means one thing to me more than any other – it proves they never had to cheat.

**October 21, 2021** 

For those of you who have been living under a huge rock the last two years, the Astros won their first World Series ever back in 2019. But all the good thoughts and happy times came crashing down when it was revealed that the Astros were cheating by having someone with a pair of binoculars peek at the pitch signs the opposing catcher would give to his pitcher. Then another staff member would bang on a trashcan near the team's dugout loud enough for the Houston batters to hear. In other words, if a fastball was coming, one loud bang.

Most puzzling of all, is that the Astros were already one of the best teams in the league, they were good enough to win without the stupid trashcan.

Houston won its division against this season, beat the Chicago White Sox handily in the first round of the playoffs and now find themselves here.

It's sad that the 2019 championship team will always be thought of as cheaters, especially when they didn't have to.

If there is probably one question NFL fans have been asking themselves the most this season it's, "What's wrong with the Kansas City Chiefs?

The Chiefs have been to the last two Super Bowls and they advanced to the AFC Championship game the year before that.

But this season, Kansas City has looked... well... like a normal team.

And even worse than that, superstar Patrick Mahomes has looked like... a normal quarterback.

Of course there's still plenty of time for the Chiefs to figure it out and make it to the playoffs, but they can't wait much longer.

So what's been the problem? Well, the defense has been horrendous and the offense just hasn't clicked, especially the running game. And when you can't run, the defense can focus on shutting down the passing game.

Oh, and maybe Mahomes can also cut down on the TV commercials.

22

25

### **Super Crossword**

80 The "A" of James A. Garfield 81 Shortstop Pee Wee 83 Large town 85 "Correct me \_ wrong" 86 Comic Meara

**Bonds** From Page 4

projects geared towards enhancing health and safety for all students to include the addition of safe and secure vestibules at

### **Projects under Propositions A and B include:**

protection.

middle schools;

softball lights;

fields;

· Districtwide improvements;

School bus-pickup areas;

· Baseball and softball playfields at

· Canutillo High School baseball and

· Artificial turf on middle school football

· Protective canopies in Canutillo High

· Elementary school bus driveways; and

maintenance tax notes for \$10 million

This bond proposition would allow the

District to refinance funds borrowed

Districtwide hazmat abatement.

**Proposition B: Refunding of** 

outside universal internet access.

### **Proposition A: School facilities** for \$177.5 million

· New career and technical education building at Canutillo High School;

Classroom wing added to New Reyes Elementary School to alleviate overcrowding;

· Land purchase and construction for new Alderete Middle School;

 Permanent building for Northwest Early College High School to replace portable classrooms;

 New Multipurpose rooms for four elementary schools;

· Repurpose Jose J. Alderete Middle School to house new Lone Star building offices and central office;

Storage facility;

PAUL

ACROSS

1 Prickly plant

20 Musician using

7 Seaport in

Argentina

14 Aim high

 Land purchase for a future elementary school:

111 Group that had a

sunrise 61 Crack pitcher 62 Explosive stuff 63 Actor Holm 65 NYT staffers 66 "You think I didn't already know that?"

118 Be a pilot 119 Gory film 124 Exit ramp 125 Restlessness

32 Fall seasons 34 Out of style 35 Justice Kagan 36 Entreaties 37 Seduces 38 Gets older 39 Ballet skirt 40 Diane who hosted a longtime NPR show 41 Actor Bert 42 Ram into 43 Sound off 44 Not married 45 Pre-Soviet rulers 47 Actor Milo 51 Formed an upward curve 52 Airport part 54 Ditty 58 Brand of eye drops 61 Hole tool 62 Mom's forte, for short 64 Alicia of "Falcon Crest" 67 Stable feed 68 Fey of "Date Night" 69 Contest hopeful 70 Investor Carl 71 Journalist Cronkite 72 Messing of "Will & Grace" 73 Relative via marriage 74 Spa hot spot

79 Extort from

the entryways of every campus in the while they are entrusted to us during district. The controlled entryways will the instructional day at every one of our eliminate direct access to student areas

campuses. We are living in very different by outsiders adding an extra layer of times than in the past and our schools need to be mindfully constructed to "It is imperative for us to focus on reflect the threats and challenges posed projects that keep our students safe to modern society," said Galaviz.

> Additionally, in regard to health and safety, the 2021 bond will also support a list of other maintenance projects and upgrades such as replacing deteriorated roofs; updating aged fire alarm systems and school intercom systems used in emergencies, revamping pick up and drop off areas at campuses and improving HVAC systems and plumbing to help ensure cleaner air and safe water.

> Galaviz adds, "We want to assure the Canutillo taxpayers that we will be prudent and good stewards of their money and that the bond finances will only go towards the projects recommended by our Just for Kids Committee."

> Visit canutillo-isd.org/bond for more information on the 2021 CISD bond. Early voting has started and runs through Friday, Oct. 29.

> > 21

24

to support remote instruction during the COVID-19 pandemic, to include LED lighting, computers, and Canutillo Connect, a digital community that provides

20

23

26

The last I looked, we still live in America

consequences of his decision – but that doesn't mean he's wrong.

The Houston Astros have made it to the "final four" of Major League Baseball, taking on the Boston Red Sox in the American League Championship Series.

**OPENING FROM** 60 Direction of

#1 hit with 106-Across 122 Most parched 123 Small finger

appearance 31 Passable

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Kid	s Are _"	75	Hoppy brew
22	"Frozen" studio		Ltd., in the l
23	Less pudgy	77	U.S. spy gp
24	Bertie created by	78	Gelatin in pe
Wo	dehouse	disł	nes
25	Piddling	82	Put into effe
26	Like adults		By _ of (due
	"Oops, I'm at fault		Sturdy _ oal
her		88	Geography
	_Angeles		nner
	_ Paulo, Brazil	89	Like the sky
	Hairy "Addams	91	A long time
	nily" cousin	nov	V
	Locker-room		Sound off
mot	tivator	95	Sendai sash
39	Is distressed over	97	Former U.N
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	Opposite of		Last Greek
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	Pantry insect	hyn	nn
49	Java holders	102	Paramount
50	Looked like	103	Suffix for he
	Ontario metropolis		Canonized I
55	Loses control		Note below
	Baba au _	106	Title song ly
(alc	oholic cake)	follo	owed by the f
	Sportscaster Albert		rds of seven
59	Declare	ans	wers in this p

Put down, to a 126 Precipitates pellets 127 Brings in from abroad Ltd., in the U.S. 128 Human Gelatin in petri DOWN Pepsi, e.g. Put into effect 2 Cain's sibling By \_ of (due to) 3 Fuel that can get Sturdy \_ oak shoveled Geography class 4 Crystal-hitting sound Like the sky's color 5 Exploiter A long time from 6 Sauntered 7 Grassy yards 8 Baseball's Matty or Felipe Former U.N. chief 9 Stage object 10 Fleur-de-\_ Last Greek letters 11 T-man, e.g. 12 Organized crime Popular Christmas 13 "Give it ' 14 Owns, as an error 3 Suffix for hexa-15 Noon nap Canonized Mlle. 16 Exam for jrs. 5 Note below la 17 Actress Swenson 6 Title song lyric 18 Smell terrible owed by the first 19 Bronte's Jane 27 Stir-frv pan swers in this puzzle 29 Outward

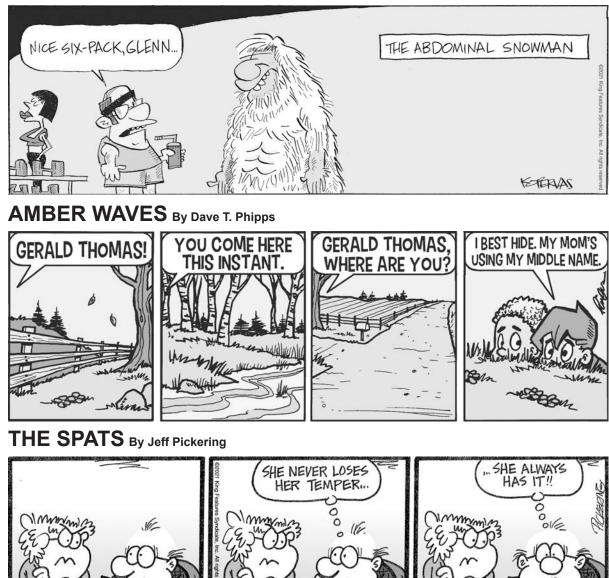
87 Asterisk 88 Forrest played by Tom Hanks 90 Toasted people, e.g. 92 Playwright William 93 Bungled 96 Nuptial ring 100 "OK already!" 101 Safe place 102 Weep 105 Feudal workers 106 Flaps one's gums 107 Demonic 108 Trig topic 109 Grab hold of 110 Italian wine town 111 Marvel hero 112 Lift to test the weight of 113 Obama cabineteer Duncan 114 Arena level 115 Meadows 116 Gas brand in Canada 117 Anna of "Nana' 120 Dada artist Jean 121\_-cone

Answer Page 4

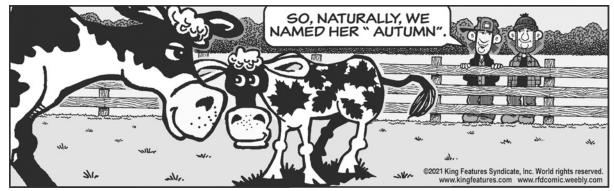
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### Comix

### OUT ON A LIMB By Gary Kopervas



**R.F.D.** By Mike Marland



TIGER By Bud Blake



# Husband is always tired

DEAR DR. ROACH: My husband is tired all the time. He functions, but frequently has to sit to recoup his energy, even after a shower. He is diabetic and has been for over 10 years. He does not take insulin and manages to keep his A1C within 7.1 to 6.9. He weighs 207 pounds, and he's 6 feet, 1 inch tall and 75 years old. His

bloodwork always comes back normal, and a nuclear stress test came back negative. We have discussed this chronic fatigue with our family doctor. His only explanation is possibly low testosterone (the low end of normal). We know that some if not all of his medications list fatigue as a side effect, but we cannot persuade our doctor to do further tests. My



husband does have an appointment with a cardiologist in May for a consultation and any suggestions, and also a checkup in six months with our family doctor. My concern is his medications and the fact that they are generic. I have read many stories about generic drugs and problems with their effectiveness. – J.C.

Fatigue, which is the sensation of feeling tired, is a nonspecific symptom and a complaint that's commonly heard by general doctors. It can be related to many diseases, as disparate as multiple sclerosis to heart failure, anemia to depression, and chronic infection to sleep disturbances. However, your husband notes a severe intolerance to exertion, which makes me suspect systemic exertion intolerance disorder, also called myalgic encephalomyelitis or chronic fatigue syndrome.

Poor sleep, difficulty thinking or concentrating, and having worse symptoms with standing also go along with this diagnosis. There is yet no lab test for confirmation. The diagnosis is made after considering other causes, and testing for those that make sense after a careful history and exam.

Diabetes, when not well controlled, may lead to chronic fatigue. I'm not so concerned with generic medications as I am about too many or the wrong ones, so a careful review of medications is appropriate.

I have previously recommended a graded exercise program for this condition; however, the study that led to this recommendation had several significant issues; many people will actually have worsening of their post-exercise fatigue, so exercise must be used very cautiously and on an individualized basis. Cognitive behavioral therapy has had some benefit, but we desperately need better treatments.

DEAR DR. ROACH: In a recent column, you said that using peroxide in the ear is a bad home remedy. Would you please expand on this subject? My children grew up with me using peroxide to clean excessive wax from their ears, and they now use the same remedy on my grandchildren.

Most earwax does not need to be removed. It should be removed only when there are symptoms (such as poor hearing, ear pressure or pain, and sometimes itchiness or dizziness), and when it is clear that the symptoms are coming from excess earwax. This requires a look in the ear, since similar symptoms may come from infection.

Hydrogen peroxide is too harsh to put on skin. Doctors may use it to irrigate the ear canal while looking into the ear, but it is diluted, usually 1:10. Over-the-counter earwax preparations, such as carbamide peroxide, may also be recommended once the diagnosis is clear.



**Lowry** From Page 3

Scott Morrison finally admitted the obvious, "This is not a sustainable way to live in this country."

Australia initially fumbled its vaccination effort, which should have been a focus all along. But now the country hopes jabbing 80% of the population can get it out of the lockdown box of its own making.

The coronavirus is a serious illness, (c) 2021 by King Features Synd., Inc.

and no country has gotten everything right. Australia has proven, though, that dispensing with key elements of advanced liberal society in the hopes of total victory over the virus is foolhardy and wrong.

Australia isn't going to become a dictatorship, but this period in its national life stands as a warning for how easily core freedoms can erode away in even a well-established democracy.

Rich Lowry is editor of the National Review. (c) 2021 by King Features Synd., Inc. Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2021 North America Synd., Inc. All Rights Reserved.

Tech From Page 1 dimensions to make items such as phone stands, costume props or anything their creativity desired.

Roy East, an Anthony High School student and cosplay enthusiast, built a prop for his samurai

costume. East says the design took him a couple of weeks to complete.

"It might seem simple at first, but if you really look at a lot of reference material, you'll understand that there's not a lot of images of the prop," East said.

"I designed it, because I wanted to show more of the Japanese culture," East said. While the technology enrichment classes were a gateway for students to explore their talents and interests, Martinez hopes the classes will expose students to career options as professional drone pilots or engineers.

# Archives: www.wtxcc.com



Page 8

Moore Texas by Roger MOORE Texas' 2nd president, Mirabeau Lamar, established a fund that supported public education.

# CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: N equals H

C SKTA B YMO ANT PNBKYJW NCW DRBPJ TZ EJWCXJKPJ

JLJEO PTMDRJ TZ AJJSW.

NJ'W LJEO MKWJIIRCKY.

Answer Page 4

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# Weekly SUDOKU



9			3					1
		7			8	2		
	6			4	5		3	
		9		6			5	
2			4					3
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		3		8		5		7
	2		9				4	
8					1			9

# VA emergency rooms prep for elderly vets



### by Freddy Groves

veterans are over the age of 65, and they make up 45%at Department of Veterans Affairs hospitals, according to the VA.

Seniors come their own set of medical conditions, such as delirium, cognitive impairment and of our senior veterans with the creation of Geriatric Emergency with several civilian groups, is to create accredited geriatric departments in 70 VA facilities with specifically trained teams that will cover emergency

nine numbers only once.

DIFFICULTY: \*

\*\*\* GO FIGURE! Answer Page 4

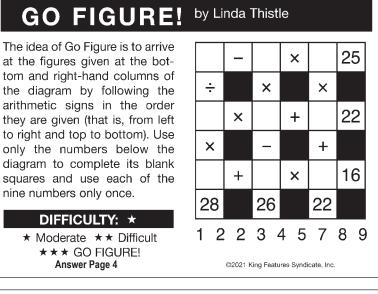
resources to working with for accreditation, with 16 senior veterans to reduce facilities already accredited. avoidable hospital admissions.

There will be three levels The remaining sites will likely of age-appropriate care, with specific education for doctors and nurses. The VA has gone to Half of our 19.5 million a lot of trouble to identify just started just in time. The average what is needed in each area.

They'll do screenings to of emergency room visits look for the risk of falling, caregiver burden, functional decline, delirium and cognitive impairment while recognizing with underlying geriatric syndromes. (That's where the specialized education comes in.)

But that's just the beginning. others. The VA will now They'll look for signs of address the medical concerns elder abuse and overall frailty, help with pharmacy and medication (and identify Departments. inappropriate and duplicate or The plan, in collaboration contraindicated medications), look into pain control, arrange for transportation home and more.

The model of care for department everything from medical, accreditation is three pages social work and community long with no detail too small



# By:r

to consider. They've even thought of the need for a large font in all printed instructions, nonslip floors, handrails and big signs.

So far, 20 emergency rooms in 15 states have applied Ten are partially accredited. apply for accreditation by the end of 2022.

It looks like the VA is getting age of veterans is 58, with the biggest bump in the curve ages 45 to 64 years old.

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· Keep the yolks in hardboiled eggs from crumbling by wetting your knife between slices.

· "Save plastic bags that cannot be recycled, and use them to collect food scraps that cannot be composted or flushed." - B.M. in New York

• "I use double-stick tape to hang lighter items on my walls, since it does not leave a hole, and I am a renter. You also can use it to reduce noise from vibrations. For instance, I used it in my car to keep the carpet lying flat in the trunk." – J.T. via e-mail

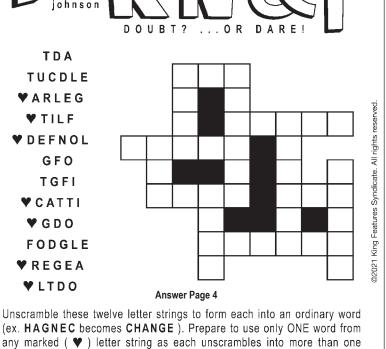
• "To soften butter without melting it, warm a bowl that is bigger than the butter stick and invert it over the butter on a plate. It's nice before a meal because it makes a hard stick of butter easier to spread on bread rolls, but not so soft that you use too much." - T.G. in Indiana

• "That time of the year is almost here. You know, the time when running the heater gives the whole house the zaps. To keep our carpets from giving us static shock, we fill a water spray bottle with 1 part laundry softener and 4 parts water. Give the air and carpet a spritz, and it kills the zaps." - A.O. in Canada

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### DIFFICULTY THIS WEEK: •





word (ex. **VRATHE** becomes HATER or EARTH or HEART ). Fit each

string's word either across or down to knot all twelve strings together.

 "Hard-water stains in the toilet are no match for denture tablets. Simply drop one in the toilet and let sit overnight. A guick scrub and a flush in the morning should do it." – P.S. in Washington

Send your tips to Now Here's a Tip. 628 Virginia Drive. Orlando. FL 32803. (c) 2021 King Features Synd., Inc.