Escoabar bill proposes changes to asylum process at border

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – The constant flow of people seeking asylum at the U.S.-Mexico border has perplexed government officials for quite a while. For decades, federal, state, and local politicians have been grappling with different approaches for treating asylum seekers uniformly and with dignity and respect.

Too often, however, these asylum-seeking migrants have endured serious hostile repercussions from an unwelcoming nation for simply wanting to live in a peaceful, secure environment. Nonetheless, there are government officials who realize that the immigration policies of this country are flawed, and they are promoting a comprehensive overhaul.

One such politician is Democrat Congresswoman Veronica Escobar, who thinks her approach could help address the migrant dilemma. The native El Pasoan espouses that a more humane, consistent legal process must be established to get a handle on this on-going travesty.

To that end, Escobar recently introduced a bill in the U.S. House of Representatives, referred to as “The Re-imagining Asylum Processing Act.” She stated that her bill is necessary because prior attempts at harnessing the thousands of refugees from entering America focused mainly on harrying the border, but that hasn’t changed anything in terms of migration flows.

“All it has done is create chaos and inhumanity at the border,” Escobar asserted.

According to Escobar, her bill would create five new “humanitarian processing centers” at the border, where asylum seekers would be transferred on the day they arrive, and where they would meet with U.S. Citizenship and Immigration Services (USCIS) asylum officers. These professionals, not border or immigration law enforcement agents, would provide screenings to determine whether a migrant could qualify for asylum or other immigration relief.

Currently, U.S. ports of entry have been closed to asylum-seeking migrants since 2016, when the Obama administration instituted a policy known as “metering” to block the arrival of Haitians at California ports. The Trump administration later expanded the practice at ports of entry.

U.S. Representative Veronica Escobar, of El Paso, recently introduced in Congress a bill, titled “Re-imagining Asylum Processing Act.” This legislation is intended to address one aspect of myriad reforms Escobar and immigrant advocates say are needed to the nation’s immigration system.

“If we continue down this path of treating families and children and pregnant women like criminals, the only thing we will succeed at is harnessing the thousands of refugees from entering America,” said Escobar, who has sponsored legislation to bring unity to the immigration debate.

New EPCC building is state-of-the-art

By Keri Moe
Special to the Courier

EL PASO COUNTY – El Paso Community College, (EPCC) has officially opened the doors to the new building at the Mission del Paso Campus located in far East El Paso. One of five campuses conveniently located throughout El Paso County to serve students, the Mission del Paso Campus is the college’s fastest-growing campus.

During his remarks at the grand opening, EPCC President, Dr. William Serrata said that attending and graduating from college is becoming more and more important because jobs of the future will require a college degree or certificate.

“EPCC is committed to ensuring high-quality experiences and opportunities for students,” Serrata said. “This state-of-the-art building at the Mission del Paso Campus will provide many innovative opportunities that will help us reach students, and help them develop their skills.”

See EPCC, Page 2

STUNNING – The beautiful, new El Paso Community College building is at the Mission del Paso campus. The facility is loaded with enhanced technology, additional labs, classrooms, and spaces for students to study.

See BILL, Page 3

NEWSBRIEFS

SISD seeks community input

At a Special Board Meeting on Wednesday, September 29, the Socorro ISD Board of Trustees selected JG Consulting to serve as the firm to lead the superintendent search process. The Socorro ISD Board is committed to a transparent process that encourages feedback from everyone in the community.

As part of this process, the Board is seeking input on the qualities the community would like to see in the next superintendent. Parents, staff, students, and community members can share their input through the survey in English or Spanish through links at www.sisd.net, clicking on “View All Stories” and choosing the “SUPERINTENDENT SEARCH” story. The community also is invited to share its input at the meetings that will be:

• 6 p.m. Dec. 7 in the cafeteria at Socorro High School, 10150 Alameda Ave.
• 6 p.m. Dec. 8 in the theater at Montwood High School, 12000 Montwood Dr.
• 6 p.m. Dec. 9 in the boardroom at District Service Center, 12440 Rojas, Dr.

Odd, strange, weird

Congratulations go to the proud winners of A Nobel Prize – not THE Nobel Prize – the Ig Nobel Prize, awarded by the science magazine Annals of Improbable Research. It’s sort of a spoof that for 31 years has presented awards for odd, strange and weird accomplishments. For example, this year’s honorees include the researchers from Spain and Iran for their study of the germs found in chewing gum scraped from streets and sidewalks in different countries.

The researchers from Spain and Iran were awarded the Ig Nobel Prize for their study of the germs found in chewing gum scraped from streets and sidewalks in different countries. They won the Ecology Prize. The winner of the Economics Prize, Dr. Pavlo Blavatskyy, whose study suggests that you can measure the corruption in a country by how fat its politicians are. And then there is the Transportation Prize that went to a multi-national team who sought to determine whether it is safer to airlift rhinoceros up side down or right side up.

A person’s faith is not judged by what he says about it, but by what he does about it.

— Quips & Quotes
Economists estimate (they always guess) that as many as 660,000 jobs will be created by the infrastructure bill, and when the signing ceremony is held, almost as many Democrats will be there to crow the podium.

President Joe Biden said in a Saturday-morning presidential statement that it would be “millions” of jobs: “I don’t think it’s an exaggeration to suggest that we took a monumental step forward as a nation.” This was after the measure’s near-death experience the night before that left a lot of House members with their arms badly twisted.

But for Biden, it was a happy photo op, following a bunch of miserable ones along the way. But still the question remains, what is up with this thing this month?

The relieved Democrats were the same fractious ones who quarreled throughout the summer about the Build Back Better social infrastructure sister measure. That became Build Back Less and Less as centrists in the party shattered the dreams of progressives in Joe Biden’s deal-making.

The White House prefers to call it the $1.2 trillion bill, but that combines the new spending of $550 billion with what would normally be ponied up for public works. And it’s far less than the $2.3 trillion Biden asked for early works. And it’s far less than the GDP’s upset defeat of Terry McAuliffe in Virginia.

The White House chorus has not been singing “Don’t Worry, Be Happy.” If the Democrats can salvage the social part of the Biden pledge (and the rubber and concrete chunk waspolitically easier by comparison) there could be whimpers of “Happy Days are Here Again.” If not, it’s going to be a long cold winter. (It used to be a long cold winter, but that was before climate change.) Joe Biden describes himself as an optimist when it comes to the American people, meaning most of them agree with him. It’s also optimistic to think that by 2023, the jackhammers will be making their atrocious noise and infrastructure work will be humming along by the midterms and the polls will recover for the Democrats.

I hate to disagree with the president, but the American people are in a dark mood. If enough of them are caught up in humongous traffic jams because of some project associated with infrastructure construction, they’ll bitterly complain about “Biden’s gridlock.”
President Joe Biden wants to bring the same discerning, common-sensical governing style to American child care that has his job approval rating in the low 40s.

In other words, look out below.

The child care proposal that House Democrats have written into Biden’s Build Back Better “human infrastructure” bill may be the worst feature of the nearly $2-trillion legislation, and that’s saying something.

It is high-handed and prescriptive, constitutes a new front in the culture war via an expanding welfare state, will likely increase the costs for middle-class and upper-middle-class parents, and may have an unconstitutional provision to boot.

The proposal reflects the preferences of two-earner, professional couples in the Acela corridor inclined toward expensive, formal, all-day child care, and may have an unconstitutional provision to boot.

The proposal is the result of saying something.

There is no doubt that there is a significant demand for child care. Roughly half of married mothers who have to work or choose to work use all sorts of child care options, from relatives to smaller home-based day cares, to non-profit or for-profit day care centers.

There is a pronounced class divide here. As Patrick Brown of the Ethics and Public Policy Center points out, white children of parents who don’t have a college degree spend most of their hours per week with their parents; only 30% of children of college-educated parents do the same.

What the Democratic proposal would do is put an enormous thumb on the scale toward for-profit centers. It would pour hundreds of billions of dollars, not into supporting the varying choices of parents, but into pushing the current archipelago of diverse options into a one-size-fits-all system defined by the government.

The proposal would boost the pay of child care workers significantly, seeking to make it equivalent to elementary school teachers, and add new regulations best sustained by for-profit centers. It would thus bring the progressive model of constricted supply leading to increased cost that characterizes the housing, education and health care sectors to child care.

The left-wing policy analyst Matt Bruenig caused a stir when he warned of spiraling costs from higher pay and new regulations.

He noted that the proposal’s subsidies to families are phased-in based on income. This means teachers,

See LOWRY, Page 7

Bill
From Page 1
mothers as criminals, that’s not just costly, but it’s ineffective and it’s inhumane,” the El Paso representative emphasized.

Escobar stated that her new bill is a result of ideas shared by advocates, legal experts, and the House judiciary committee, as well as what she has witnessed in visits to existing border processing centers.

Escobar and immigrant advocates throughout the country have stressed that passing reforms this year, before next year’s midterm elections, is crucial. “We have seen complete inaction from Congress in reforming outdated immigration laws,” Escobar acknowledged. “I truly feel this is the year we have to get it done,” she added.

Under the “Re-imagining Asylum Processing Act,” the five humanitarian processing centers would provide asylum seekers with an opportunity to be interviewed by an USCIS asylum officer. Their task would be to determine whether the asylum-seeker has a credible fear of persecution, and to ensure that these individuals receive legal orientation and case-management referral services, receive a medical and mental health screening, and complete a “rest period” of 72 hours before a determination interview is conducted.

Additionally, the act limits the amount of time an asylum seeker can be held in a humanitarian processing center to 15 days, pending the determination interview with the asylum officer. If an interview can’t be conducted in that period, then the asylum seeker would be released with an appointment notice to appear for the interview.

Escobar stated that her bill recognizes the need for a humanitarian process that is not run by law enforcement. “That would allow border agents to focus on their duties enforcing the border rather than processing asylum seekers,” she noted.

“People say, ‘Well they should get in line.’ That shows lack of an acknowledgement that there is no line. The legal ways have been eliminated for them. If we want to see order restored, then we must open more legal pathways,” she concluded.
SAN ELIZARIO – The San Elizario Independent School District (SEISD) and the University of Texas at El Paso (UTEP) through the Migrant Education Network for Tradition in Excellence (MENTE) Program have positively impacted students. According to the UTEP MENTE website https://www.utep.edu/education/mente, the program aims to support students with a background as migrants, immigrants, and agricultural/farmworkers through important advocacy events.

For the past eight years, SEISD students have had the opportunity to attend the MENTE Program. The MENTE Program is an educational and motivational experience where students can identify with other individuals participating in the session and feel comfortable sharing their stories. The MENTE program has been an eye-opener for students in San Elizario who live in difficult situations. The MENTE program helps students see and understand that everyone has an opportunity to attend a college or university. The program changes the way students think and allows them to believe in themselves and all the possibilities available to change and improve their lives.

The Coordinator-Federal & Special Programs, Beatriz Apodaca, said, “This program gives our students the tools and resources they need to plan for a bright future.” Dr. Reynaldo Reyes is the founder of the MENTE program at UTEP and indicates that the program operates with the following understanding:

• Possibility for the socially, economically, politically, and educationally marginalized begins by recognizing and humanizing their lived experiences;
• Hope and change come from within, rooted in and nurtured and sustained by a community of compassionate and invested others;
• Even a brief interaction with a message of hope or possibility can be a seed for change and the redirecting of one’s life trajectory.

Apodaca emphasizes, “Dr. Reyes and his students are committed to empowering our students to think about post-secondary education and the choices they need to make to start planning.”

Every year, Dr. Reynaldo Reyes and UTEP students prepare to welcome a new class of MENTE students from across the region. This school year, the 2021 MENTE Symposium took place on Friday, November 12, 2021, from 8:00 a.m. to 3:00 p.m. Migrant students and students in transition at the Garcia Enriquez Middle School (GEMS) in the SEISD had the opportunity to attend.

The 2021 MENTE Symposium theme was Beyond Today Because Tomorrow. In addition, the students had the chance to participate in some of the following sessions: Dream Path, Self Portrait, Reach for the Sky, The Power of One’s Voice & Identity, Survival Island, and Knowing & Using the Right Tools. Apodaca credits others, “Social workers Ms. Teresita Parra and Ms. Sylvia Graves, with the assistance of Ms. Lynda Vargas, the Migrant Education Program Clerk, were extremely helpful with the coordination of the MENTE Symposium for students.”

San Eli ISD, MENTE, support migrant students

By Jeannie Meza-Chavez
Special to the Courier

By Lucie Winborne

• Most NASCAR teams use nitrogen in their tires instead of air. This allows the tire to have a much more consistent rate of expansion and contraction to heat and cold.
• North Koreans must have one of 28 state-approved haircuts.
• There’s alcohol in space! In 2006, astronauts discovered a cloud of alcohol in part of the Milky Way where stars are forming from gas and dust.
• In Albania, some women make an oath to become “sworn virgins” in order to live life as a man, with the rights and privileges of a man. For the rest of their lives, they are never again addressed as female.
• Over 2,500 left-handed people a year are killed by equipment made for right-handed people. The deadliest item? The right-handed power saw.
• A traffic jam in Beijing lasted more than nine days.
• If you yelled for eight years, the sound pressure you would produce enough sound energy to heat one cup of coffee.
• Aman with severe OCD and a phobia of germs attempted to commit suicide with a gun to his head. Instead of killing him, the bullet eliminated his mental illness without any other damage.
• In 2003, there were 86 days of below-freezing weather in Hell, Michigan.
• A decibel is not its own unit but a unit named in honor of the seldom used “Bel,” a unit named in honor of Alexander Graham Bell for his contribution to acoustics.
• “Backpfeifengesicht” is a German term for a face that looks like a hunting horn.
• In 2003, there were 86 days of below-freezing weather in Hell, Michigan.
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• “Backpfeifengesicht” is a German term for a face that looks like a hunting horn.

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Strange
But
TRUE

What could you call the wood of some dining furniture being eaten by termites? Table food.

1 4 2 7 8 3 9 6 5 7 9 8 5 1 6 2 3 4 3 5 6 4 9 2 1 8 7 2 7 3 1 4 5 8 9 6 8 1 5 6 2 9 4 7 3 4 6 9 8 3 7 5 2 1 6 2 7 9 5 1 3 4 8 5 3 4 2 7 8 6 1 9 5 9 8 1 3 6 4 7 5 2

T A C T I C
A R O A C H
L Z O A K
E T H I C S
D A W L A T Z
K A T O
T R I O

CryptoQuip

Answer

What could you call the wood of some dining furniture being eaten by termites? Table food.
Food for thought  By John Grimaldi

Do online pharmacies threaten the future of the neighborhood drugstore?

There are still a few of us who remember having a bite to eat at a drugstore soda fountain owned and operated by a local pharmacist. A few of them are still around, the rest were acquired or put out of business by chain pharmacies such as Walgreens and CVS or by mega-stores such as Walmart. And now even they, despite their size, are being threatened by Internet-based virtual pharmacies.

A sort of a death knell for brick-and-mortar pharmacies sounded loud and clear when Amazon announced the establishment of the Amazon Pharmacy last year. According to the health technology news site, TechCrunch, “After launching its own line of over-the-counter drugs in 2019, this is arguably Amazon’s broadest push into the healthcare business to-date, one that could open very large, new revenue opportunities for the company, especially as the ongoing COVID-19 pandemic pushes consumers both toward more remote care and using online channels for all their shopping needs.”

A study by GoodRx, best known for providing free drug coupons for discounts on medications, found that while brick-and-mortar pharmacies play an important role in healthcare, a major segment of the U.S. population already has less than adequate access to a drugstore.

The analysis found that “Pharmacies and pharmacists play a critical role in dispensing prescription and over-the-counter medications, providing immunizations, and counseling patients on side effects, interactions, and medication regimens. These essential services ensure patient safety and help patients take their medications as prescribed, ultimately improving the overall health of the community. But, unfortunately, there are more than 60,000 pharmacies across the U.S., they are dispersed unevenly. In over 40% of U.S. counties, a majority of people do not have adequate access to a pharmacy. In total, we estimate that over 41 million Americans live in pharmacy deserts.”

The online retail giant, Amazon, is just one of more than 400 Web based pharmacies that have popped up over the past several years. To be sure, they are not going to cause the total extinction of actual drugstores; but you can bet that die-hard independent neighborhood pharmacies will still be around in one form or another, albeit fewer in numbers.

Take the Owl Drug store in the town of Coleman, TX, population about 4,300. It opened its doors nearly a century ago and its soda fountain is still in operation, still serving their locally famous Owl Burger – complete with grilled onions, bacon and their own “secret sauce.” It looks and feels like an old fashion drug store, but it also operates its own online pharmacy service.

Canutillo Independent School District
Statement of Revenues, Expenditures and Changes in Fund Balance
Governmental Funds
For the Year Ended June 30, 2021

<table>
<thead>
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<th>Data Codes</th>
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<th>Total</th>
<th>Other</th>
<th>Revenue</th>
<th>Debt Service</th>
<th>Other Fin. Sources (Uses)</th>
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<td>$250,325</td>
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<td>–</td>
<td>4,969,402</td>
<td>12,610,336</td>
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</tbody>
</table>

**REVENUES:**

- Local and Intermediate Sources: $27,120,539
- State Program Revenues: $33,887,463
- Federal Program Revenues: $7,669,934

**EXPENDITURES:**

- Current:
  - Instruction: 40,423,078
  - Instructional Resources and Media Services: 777,630
  - Curriculum and Instructional Staff Development: 819,300
  - Instructional Leadership: 627,574
  - School Leadership: 3,916,422
  - Guidance, Counseling and Evaluation Services: 2,275,718
  - Social Work Services: 190,847
  - Health Services: 1,167,545
  - Student (Pupil) Transportation: 1,961,342
  - Food Services: 4,903,269
  - Extracurricular Activities: 1,336,326
  - General Administration: 3,119,696
  - Facilities Maintenance and Operations: 8,256,107
  - Security and Monitoring Services: 1,038,277
  - Data Processing Services: 3,175,744
  - Community Services: 29,943

- Debt Service:
  - Principal on Long Term Debt: 326,478
  - Interest on Long Term Debt: 28,052

- Capital Outlay:
  - Facilities Acquisition and Construction: 1,476,273
  - Other Intergovernmental Charges: 401,812

- Total Expenditures: 76,529,564
- Excess (Deficiency) of Revenues Over (Under) Expenditures: (7,880,628)
- Total Other Financing Sources (Uses): (4,891,507)
- Other Financing Sources (Uses):
  - Refunding Debt Issued: 9,775,000
  - Sale of Real and Personal Property: 1,200,000
  - Premium or Discount on Issuance of Bonds: 428,124
  - Other (Uses) Placed on Escrow for Refunded Bonds: (23,616,412)

- Total Other Financing Sources (Uses): (11,403,124)
- Total Net Change in Fund Balances: 3,522,496
- Fund Balance – July 1 (Beginning): 22,097,664

- Fund Balance: $25,620,160
- Net Change in Fund Balances: 3,522,496
- Fund Balance – July 1 (Beginning): 22,097,664

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The NFL is spying on its players to make sure they comply

By Steve Escaceda
Special to the Courier

There are many different opinions on how the world has responded to the COVID-19 virus. Some areas feel their response was too slow, some areas feel their response was a complete overreaction, and some areas are still trying to figure it out.

Some countries have been hit especially hard, while others have barely been affected.

In the United States, opinions are all over the place.

Some Americas feel that too many people died because the government didn’t do enough, others feel the current economy has been crippled because we did too much.

Sometimes it’s hard to know exactly what to do in a crisis. It can be difficult to find a response that is both safe and just.

And then there are times when we lose our heads and go completely nuts.

That takes us to the newly announced NFL COVID-19 protocols.

There are some changes that the NFL has installed specifically for the Thanksgiving holiday.

There is nothing wrong with being careful, but some of these new rules are downright invasive and insulting; especially when dealing with adults in a “free” country.

First of all, there will be mandatory testing for all players and staff the Monday and Wednesday after the holiday and mandatory mask wearing for all players and staff while inside club facilities from Nov. 25 through Dec. 1.

All that sounds fairly reasonable, but I don’t know how COVID is less harmful before Nov. 25 and after Dec 1?

Besides, I thought the CDC and Dr. Fauci told all of us that as long as we were vaccinated we didn’t need to wear masks anymore. So why are all players and staff (vaccinated or not) mandated to wear masks for the week?

Anyways, and this is the part that I feel is the most ridiculous, the new protocols also establish new requirements for surveillance cameras in team facilities for the purpose of enforcing COVID-19 protocols.

The memo says the league has been “periodically reviewing footage from surveillance cameras in club facilities to ensure protocol compliance.” Discipline has been issued against individual players and clubs as warranted.”

And here’s what all NFL teams have to do. They will be required to have video cameras installed in their eight rooms and cafeterias, including weight rooms that are outdoors or in practice bubbles.

It states that all teams must keep the video from those cameras for 30 days in case the league requests to view it for the purpose of finding out whether people are following mask requirements at team facilities.

Wow, talk about an invasion of privacy! Imagine if you had cameras at your work that were monitoring you every second of the day to make sure you were wearing your mask?

I thought we were outraged about the NSA listening in on our cell phone conversations. I thought we were outraged by all those tech companies spying on our every keyboard punch and sharing it, or selling it, to everybody else?

Where is the indignation outrage from the players and coaches being spied on throughout their work environment?

Any of you who have read 1984 (and I recommend it if you haven’t), knows about the government spying on its citizens 24/7 to make sure they are following the policies they’ve put in place. They even reward people and relatives for turning in people who aren’t obeying every rule, or even just thinking about not following a rule.

Sound familiar? In all parts of our society today, too many people are spending time looking at their neighbors suspiciously, or are ready to turn that cell phone camera on you if they don’t agree with what you are doing or what you stand for.

I have no problem whatsoever with organizations being careful, but this goes way too far.

Throughout time, whenever a people gives up its rights and privileges for what the government says is for their own good, or for the good of the state – be very afraid. Because they never stop there. More and more rights are taken away.

Think about it. If the NFL can get millionaire athletes and coaches to comply with this invasion of privacy – what do you think is next for the rest of us?
that, depending on the proposal’s final design, unsubsidized families could be exposed to increased costs without getting government help. He cited the hypothetical of a dual-earner family that feels the squeeze of increased costs, so in order to save the money they’d have to quit their job in order to afford child care,” he wrote. “Under this plan, they have to quit their jobs to take care of their kids do so in order to save the money they’d have to spend on child care,” he wrote. “Under this plan, they have to quit their job in order to afford child care!” On top of this, the House proposal prohibits government funds to upgrade child care facilities from being spent on facilities “used primarily for sectarian instruction or religious worship.” This is a clear shot across the bow of church-based child care, one unlikely to pass muster with the Supreme Court. Biden’s presidency so far has been a long exercise in ideologically driven governance removed from reality. The child care proposal is no different.

Rich Lowry is editor of the National Review. (c) 2021 by King Features Synd., Inc.

DEAR DR. ROACH: I read your recent column stating that the HPV vaccine is recommended up to age 45. Are people older than 45 years no longer susceptible to HPV? Asking for a 52-year-old friend (who thinks he’s Wolverine). – C.F.

The comic character Wolverine has a mutant healing ability (that’s how he was able to survive having his bones replaced with adamantium), so he has nothing to worry about. However, non-mutants do have to worry about HPV. Having the virus often means having warts, but sometimes people can have contagious HPV without having any visible lesion. It’s been estimated that 90% of people with HPV don’t know they have it.

People of any age are susceptible to HPV. Most people have been exposed by age 45, which is why the recommendations are the way they are now, but vaccination might make sense in some situations. The clearest example is someone who has had very few sexual partners and is about to become more sexually active (for example, a person recently divorced or widowed).

Although the vaccine is not indicated by the Food and Drug Administration in this situation and the person is likely going to have to pay out of pocket, it might still be worth it to get the vaccine to reduce the risk of acquiring a new sexually transmitted HPV infection. I received several letters from people who acquired new genital warts in just this situation who were upset that their doctor did not offer the vaccine.

If people have already been exposed to HPV, the vaccine will not harm them. In fact, there is some anecdotal evidence that the vaccine might help people with difficult-to-treat warts by boosting the immune system specifically for HPV.

DEAR DR. ROACH: I’m a 79-year-old male in relatively good health. During the past year, I have lost underarm hair. What could be the cause? And is there a connection with the inability to get aroused? – A.F.

I would be concerned about low testosterone. Androgens, particularly testosterone, are responsible for growth and maintenance of body hair. Loss of body hair, especially pubic and axillary hair, is not common with low testosterone levels unless the testosterone was very low for a long period of time, usually over a year. Other symptoms of low testosterone include loss of muscle mass, lower energy levels, decreased libido and depression. Not all men will get all symptoms, but having more than one symptom is suggestive of low testosterone, especially in men, but is generally not given to men with a history of prostate enlargement.

The data so far suggest that testosterone replacement in deficient men does not increase risk of prostate cancer.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2021 North America Synd., Inc. All Rights Reserved.
The Veterans Legacy Memorial website has been expanded by 500,000 names at 93 veterans cemeteries across the country. This is in addition to the 4 million names already there at 155 cemeteries.

The VLM is a digital platform and repository for information on veterans buried in those cemeteries. Friends and family can add biographies, photos, documents and other information to the listing for each veteran as a way of paying tribute. So far, 22,000 friends and families have added information to their veteran's profile page.

For those of us who live far from the cemeteries where our veterans are buried, being able to add to a legacy page helps. For me, my family is only partially covered at this point. My grandfather at Fort Sam is in the database. Another relative at Riverside is in the database. Three others aren’t, including my parents at Arlington National. They are, however, in ANC’s website, although there is no way to add photos (except for the photo of the marker that is already there) or stories or biographies.

Perhaps Arlington will be among those added in the half-million new names. Eventually the project intends to cover veterans buried in state and local cemeteries, as well as private cemeteries.

To look for your veteran, go to www.vlm.cem.va.gov and put in the name – first name last name, no comma. Click on the FAQ for more information.

To find a veteran at Arlington National, go to www.arlingtoncemetery.mil. If your veteran is listed in the Veterans Legacy Memorial, contribute to the profile. Pictures are a great addition, as is bio information and personal stories.

As a side note, Wreaths Across America will be on Saturday, Dec. 18, 2021. See their website (www.wreathsacrossamerica.org) for ways you can help with wreath-laying at the 2,500 locations.