



NEWSBRIEFS

Road trip

With nearly 80% of U.S. adults saying they will take some sort of road trip this summer, the personal-finance website WalletHub has released its report on 2022's *Best & Worst States for Summer Road Trips*, along with accompanying videos and expert commentary. To help travelers plan a fun and wallet-friendly road trip, WalletHub compared the 50 U.S. states based on 32 key metrics. The data set ranges from the number of attractions to road conditions to costs. Texas was rated 3rd nationally for summer driving in the report, ranking (1-Best; 25-Avg.):

- 7th – Number of Attractions;
- 2nd – Lowest Price of Three-Star Hotel Room;
- 8th – Avg. Gas Prices;
- 10th – Nightlife Options per Capita;
- 22nd – Vehicle Miles Traveled per Capita;
- 12th – Access to Scenic Byways; and
- 9th – Driving Laws Rating

Visit wallethub.com/edu/best-worst-states-for-summer-road-trips/4648/ for the full report.

– Diana Polk

A toothsome tale

A guy walks into Mount Sinai hospital in New York City and tells the doctors there that he's having trouble breathing through his nose. His problem started several years ago but it took him some time to address it. Surgeons, Drs. Sagar Khanna and Michael Turner, checked it out and found that a tooth, measuring more than half an inch, had been growing in his nose for quite some time. It is indeed a rare occurrence, but an Intranasal tooth is not unheard of; there have been others who have suffered from the condition and it, most likely, will happen again.

– John Grimaldi

Oldest person person

The world's oldest person ever was a French woman who lived to be 122 and half years old and died in 1875. And now, another French woman, a nun by the name of Sister Andre, born Lucile Randon in 1904, has been declared the oldest person in the world today by the officials who keep track of the Guinness World Records. Having lived through two world wars, WW I and WW II, and two pandemics, small pox and covid, she turned 119 years old on February 11, 2022.

– John Grimaldi

Remember, whenever you're praised to the sky, it's best to keep your feet on the ground.

– Quips & Quotes



– Photo by Alfredo Vasquez

SHOTS OFFERED – With a high-transmission status being reported recently in El Paso County, COVID-19 vaccines and pneumonia vaccines will be available to the public during a vaccine drive hosted by the El Paso County Sheriff's Office. The event is scheduled from noon to 4 p.m., Wednesday, July 13, at the Sheriff's Office Headquarters' cafeteria, 3850 Justice Drive (above).

El Paso covid hospitalizations on the rise

Since the beginning of the pandemic, at least 1 in 4 El Paso residents have been infected with COVID-19

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – With COVID-19 transmission cases beginning to creep up again in El Paso County, officials with the Centers for Disease Control and Prevention (CDC) are recommending

that county residents avoid “non-essential indoor activities” and that they wear a well-fitting mask when in public places regardless of vaccination status.

To help stem the rise in the persistent contagious disease, El Paso County Sheriff's Office will host a COVID-19 vaccination drive from noon to 4 p.m., Wednesday, July 13, at the Sheriff's Office Headquarters' cafeteria, 3850 Justice Drive. The sheriff's facility is located less than a mile east of the Loop 375 and Montana Avenue intersection in Far East El Paso County.

According to the latest data from the

CDC, as the month of July rolled in, El Paso County was experiencing a confirmed infection rate of over 212 cases of COVID-19 per 100,000 people, with nearly 11 persons per 100,000 having to be admitted to the hospital.

At the start of July, 219 more COVID-19 cases were reported, bringing El Paso County's total to 253,456 infections. However, no new deaths were reported. El Paso County's death toll currently stands at 3,497 souls.

County health officials said that at the

See EL PASO, Page 7

Levario new Fabens HS head coach

By Sofia Maciel
Special to the Courier

FABENS – Fabens ISD has hired George Levario as the new head Fabens High School football and track coach. His began on June 27. He comes to Fabens ISD with a cumulative 23 years of football coaching experience in a variety of positions.

Levario has been an educator and coach in several schools across the El Paso region. He received his Bachelor of Liberal Arts in History from the University of Texas at El Paso. He has also completed two master's degrees – one in Curriculum and Instruction from UTEP and another in Administration and Supervision from the University of Phoenix. He is presently pursuing a doctorate degree.



– Photo courtesy Fabens ISD

George Levario

Corbett new Eastlake HS head coach

By Mark Saldana
Special to the Courier

HORIZON – Ara Corbett was announced as the new varsity softball coach at Eastlake High School during a special announcement June 28 in the school's gym foyer.

Corbett has worked in the Socorro Independent School District for 10 years. Most recently, he was a physical education teacher at Horizon Heights Elementary School.

He served as the Eastlake interim head softball coach for the 2016-2017 season,



– Photo courtesy Socorro ISD

Ara Corbett

when he led the team to a District 2-5A title and advanced to the regional quarterfinals that year. Corbett was the head coach

See CORBETT, Page 3

GOP needs to get beyond 2020

It's understandable that Democrats would want to constantly revisit Jan. 6 – to invoke it, investigate it and sacralize it even.

It's a mystery, at least from a certain level of abstraction, why Republicans would want to have anything to do with that day or want to fixate on the 2020 election.

The party is on the cusp of a midterm triumph, has enormous openings on the economy and education thanks to Biden administration stumbles and left-wing overreach, is making inroads among Hispanic voters, and has a well-stocked political bench that Democrats should envy.

Yet the GOP is stuck litigating the past almost entirely because its putative leader in Mara-a-Lago is incapable of admitting error or defeat and will never stop trying to excuse and explain away his infamous conduct after November 2020.

You can argue that Jan. 6 wasn't an insurrection; that the

composition of the committee is unfair and lacks the adversarial element that has always been presumed to be central to the workings of such bodies; that the revelations or supposed revelations from the committee are being overhyped; and that Trump, whatever his failings, didn't commit crimes and shouldn't be charged with one.

In fact, I agree with every one of those propositions. But none of them make Jan. 6 any better or make it good.

It's not quite true, as is often said, that every election is about the future. Republicans waved the bloody shirt of the Civil War for years. Democrats ran against Herbert Hoover for as long as they could. Republicans still talk about Jimmy Carter.

In all of these instances, though, a party made a focal point of a low and embarrassing moment for the other side, not its own.

Revisionist historians and writers might pop up to defend the legacy of a Hoover or

Carter or argue that they'd been misrepresented or unfairly maligned. Still, the parties moved on and focused on making new memories.

This is what Trump doesn't want to allow Republicans to do. With his knack for blunt-force marketing (Fake News, Russia Hoax), he believes he can deflect any attack and redefine the terms of debate to his liking. And he's not wrong. He's brought much of his party along with him in his insistence that 2020 was stolen.

His attitude toward Jan. 6 hasn't gotten more defensive with time, but more fulsome. In a statement last week, he called it "the greatest movement in the history of the country to Make America Great Again." His 12-page memo in response to the initial hearings doubled down on his fantastical case against the election, as if to confirm every

harsh thing former Attorney General Bill Barr said about him.

Trump is acting on an entirely personal and selfish priority. There's no principle at stake in embracing the Jan. 6 mob or advancing 2020 conspiracy theories.

It's possible to defend free speech and assembly, obviously, without defending a breach of the U.S. Capitol. It's possible to support tightening up the security around voting without believing massive fraud changed the result in 2020.

If Trump is the Republican candidate again in 2024, even in the unlikely event that he wanted to memory hole Jan. 6, it wouldn't happen. The Democrats would bring it up unrelentingly. Perhaps it wouldn't work, but why would Republicans want risk it or even deal with the complication?

Again, this is a vulnerability unique to Trump. No other prospective 2024 candidate



would have to excuse Jan. 6 and parrot the most outlandish claims about the 2020 election, not Ron DeSantis, not Mike Pence, not Tom Cotton, not Nikki Haley. If none of these candidates would sound like Liz Cheney, they wouldn't be inextricably linked to bonkers events four years prior, either.

They'd be free of the 2020 albatross and of any obligation to defend the indefensible, leaving the obsession with Jan. 6 to congressional Democrats – and Donald J. Trump.

Rich Lowry is editor-in-chief of the National Review. (c) 2022 by King Features Synd., Inc.

Food for thought By John Grimaldi

Retirees are going back to work

More senior citizens are saying, "I'm too young to retire." Some simply can't afford to retire; others remain in the workforce because it makes them feel productive. In fact, the Bureau of Labor Statistics says that by 2028, nearly one in four seniors 65 years old and older will be working. They'll be staying on the job or they'll come out of retirement in search of work that can give them a sense of accomplishment.

The senior living company, Provision Living, conducted a survey of more than 1,000 seniors between the ages of 65 and 85 who were working full time or part time. The poll found that 47% of respondents wished they could retire but were still working to make ends meet. Meanwhile, 53% said they chose to stay on the job, full time or part time, because they could. Among the old

timers who were still working, most of them – 45% – said they enjoy it, 18% said they would be bored were it not for their jobs and six percent work for social engagement.

A more recent poll conducted last month by CNBC focused on men and women who quit or lost their jobs during the height of the pandemic, among them a significant number of retirees. It found that 94% of them would consider getting back to work but only for the right job and the right pay. Meanwhile, 68% of retirees who participated in the survey said they would consider getting back to work for the right pay and a flexible work schedule.

There was a time when older workers found it hard to find a job. These days, however, hiring seniors seems to be a trend. The Great Senior Living website reports that "many employers now actively look to hire seniors. More and more of them are starting to recognize that experienced and mature workers often have strengths that some younger workers lack. For example, many older workers exhibit strengths like loyalty, a strong work ethic and a good attitude."

The online job site, Indeed.com offers advice for seniors who are deciding to go back to work. "If you're returning to work out of a desire to keep busy, interact with your community or explore a new career field, your job out of retirement may look different from your previous career. This can be an exciting opportunity to discover new occupations or develop existing hobbies. If you're an avid gardener, you could explore part-time employment at a local gardening center. If you're a golf enthusiast, consider applying to a sporting goods store or golf course. Those with extensive experience in an industry may even choose to capitalize on their background and begin an independent venture. Starting your own business can be an exciting opportunity."

Tornillo Independent School District Public Notice of Nondiscrimination

It is the policy of the Tornillo Independent School District to prohibit discrimination on the basis of race, color, national origin, gender or any person who has a disability in the admission or access to programs, delivery of services or employment.

The Tornillo Independent School District is fully committed to meeting its responsibilities as specified by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; prohibiting sex discrimination, the Age Discrimination Act 1975, as amended; Section 504 of the Rehabilitation Act 1973 as amended; and the Americans with Disabilities Act (ADA).

Inquiries concerning your rights may be referred to Lizeth Carroll, Human Resources Director, P.O. Box 170, Tornillo, TX 79853. Phone: (915) 765-3000. Fax: (915) 765-3099.

Notificación Pública No Discriminar en Tornillo ISD

Es la regla del distrito escolar de Tornillo prohibir discriminación basada en raza, color, origen de nacionalidad, sexo o cualquier persona con discapacidad en la admisión o acceso a programas, entrega de servicios o empleo.

El distrito escolar de Tornillo esta comprometido a cumplir con las responsabilidades especificadas en el Título VI del Acta de Derechos Civiles de 1964, como enmienda, el Titulo IX de la Enmienda de Educación de 1972, que prohíbe la discriminación sexual, la Acta de la Discriminación por edad de 1975 como enmienda, la Sección 504 del Acta de Rehabilitación de 1973, como enmienda, y el Acto de Americanos con discapacidades.

Para mas información acerca de sus derechos favor de comunicarse con Lizeth Carroll, Directora de Recursos Humanos, PO Box 170, Tornillo TX 79853. Teléfono: (915) 765-3000. Fax: (915) 765-3099.

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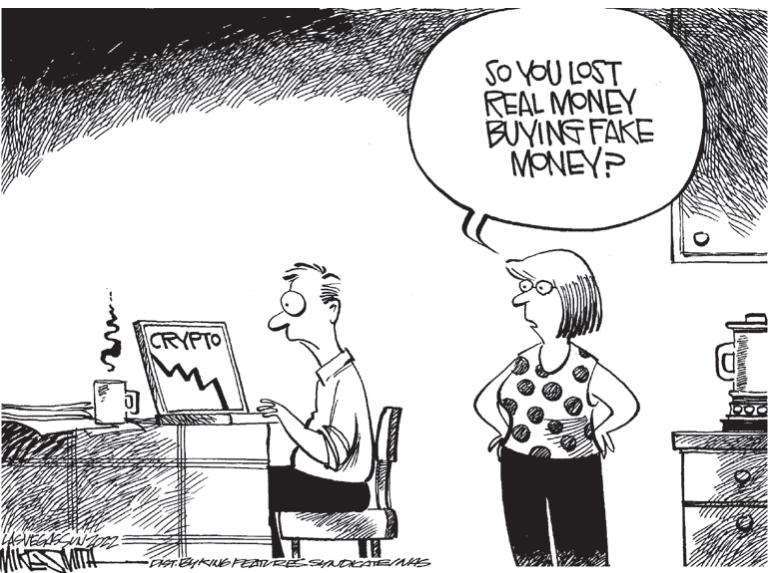
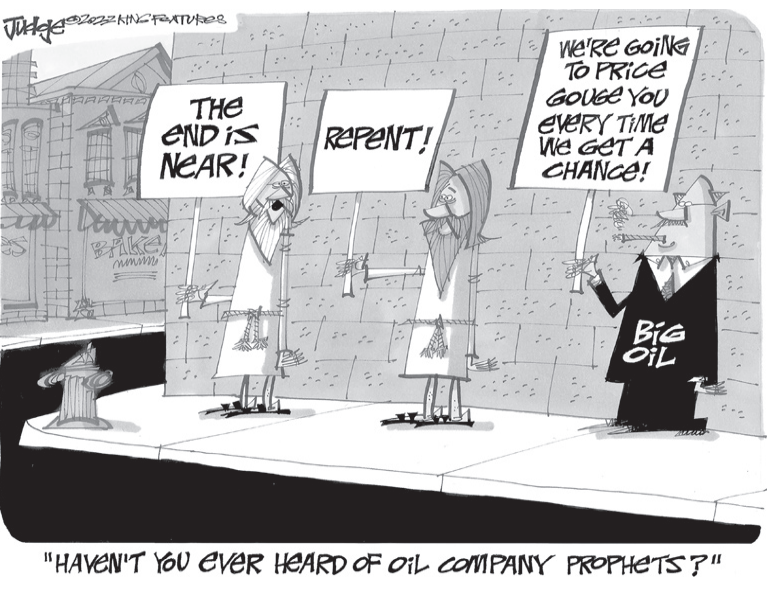
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Corbett

From Page 1

for the Eastlake High School varsity wrestling team from 2015-2018. He said he is eager to come back from a three-year hiatus as the leader of a high school team.

“I am very happy to be back into head coaching duties,” Corbett said. “The year I served as interim, we went undefeated and won a district championship, so the expectations will be no less than that. We are in a very competitive division, and I refuse to settle for less.”

Eastlake softball players are excited to welcome their new coach to the school and are eager to play for him.

Paige Ontiveros, an upcoming senior and a softball player at Eastlake High School, said she is ready for her final year and hopes to make it her best one before moving on to play at the college level.

“I know Coach Corbett is going to be tough on us as a team,” Ontiveros said. “But I am ready for the challenges he will give us, and I hope we can exceed his expectations.”

Archives: www.wtxcc.com

Tornillo Independent School District Public Notice

Notification of Nondiscrimination in Career and Technical Education Programs at Tornillo ISD for 2022-2023 School Year

- 1) Tornillo Independent School District offers Career and Technical Education programs in Business Marketing & Finance, Education & Training, Health Science, Information Technology, Law & Public Service, Manufacturing, STEM and Transportation, Distribution & Logistics. Admission to these programs is based on current enrollment in the Tornillo ISD and completion of any necessary prerequisites.
- 2) It is the policy of Tornillo ISD not to discriminate on the basis of race, color, national origin, sex, or handicap in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act for 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.
- 3) It is the policy of Tornillo ISD not to discriminate on the basis of race, color, national origin, sex, handicap, or age in its employment practices as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended.
- 4) Tornillo ISD will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs.
- 5) For information about your rights or grievance procedures, contact the Title IX/Section 504 Coordinator, Lizeth Carroll, Human Resources Manager, at P.O. Box 170, 19200 Cobb Avenue, Tornillo Texas, 79853, carrolll@tisd.us, or call (915) 765-3000.

Noticia Pública

Notificación Publica de No Discriminación en Programas de Educacion Tecnica y Vocacional en Tornillo ISD por el año escolar 2022-2023

- 1) El Distrito Escolar Independiente de Tornillo ofrece programas de Educación Técnica y Profesional en Mercadotecnia y Finanzas de Negocios, Educación y Capacitación, Ciencias de la Salud, Tecnología de la Información, Derecho y Servicio Público, Manufactura, STEM y Transporte, Distribución y Logística. La admisión a estos programas se basa en la inscripción actual en Tornillo ISD y la finalización de los requisitos previos necesarios.
- 2) Es política de Tornillo ISD no discriminar por motivos de raza, color, origen nacional, sexo o discapacidad en sus programas, servicios o actividades vocacionales como lo requiere el Título VI de la Ley de Derechos Civiles de 1964, como enmendado; Título IX de las Enmiendas a la Educación de 1972; y la Sección 504 de la Ley de Rehabilitación de 1973, según enmendada.
- 3) Es política de Tornillo ISD no discriminar por motivos de raza, color, nacionalidad, sexo, discapacidad o edad en sus prácticas laborales, según lo requiere el Título VI de la Ley de Derechos Civiles de 1964, según enmendada; Título IX de las Enmiendas a la Educación de 1972; la Ley de Discriminación por Edad de 1975, según enmendada; y la Sección 504 de la Ley de Rehabilitación de 1973, según enmendada.
- 4) El Distrito Escolar Independiente de Tornillo tomará las medidas necesarias para asegurar que la falta de habilidad en el uso del inglés no sea un obstáculo para la admisión y participación en todos los programas educativos y vocacionales.
- 5) Para mas información de sus derechos y procedimiento de quejas, comuníquese con la Coordinadora del Titulo IX y del Programa 504, Lizeth Carroll, Directora de Recursos Humanos, P.O. Box 170, 19200 Cobb Av. Tornillo, TX 79853. carrolll@tisd.us, o llame al (915)765-3000.

Food for thought By Dr. Glenn Mollette

Mental illness erupts into ‘pure hell’

Allen, KY is a place that holds fond memories for me. When I was only sixteen years old, Allen Baptist Church invited me to speak for a weekend youth event. I had the opportunity to meet and work with over a hundred people from the Allen community. Lasting friendships were made with some of the finest people on earth. To this day, the kindness and fellowship bestowed on me by that group of people were instrumental in my life’s direction.

Sadly, even the finest communities and dearest people on earth can experience pure hell. Mental illness erupted as Floyd County police officers were shot dead in Allen last week. According to news reports they were trying to serve a warrant to a man accused of domestic violence. Floyd County Sheriff John Hunt said the officers faced “pure hell” when they arrived at the man’s home.

The officers who died in the shooting late on Thursday have been named as Captain Ralph Frasure, Deputy William Petry and dog handler Jacob Chaffins. K9 Drago, one of the dogs that Chaffins handled, also died. Four other people were injured at the scene in Allen, a small town of 166 people located just outside of Prestonsburg.

Frasure had been with the Prestonsburg, KY Police Department for 39 years. The department said he had served “with honor and glory up until the last second”. The men ran into a barrage of gunfire from a rifle when they went to the house on Main Street shortly before 6:00 p.m. EST.

The shooting continued for nearly three hours before suspect Lance Storz was taken into custody. He surrendered after negotiations involving members of his family. He has been charged with two counts of murdering a police officer, five

counts of attempted murder of a police officer, one count of attempted murder and one count of first-degree assault on a service animal.

The families and friends of the slain police officers and the wounded officers have been forever changed. The community of Allen will forever be scarred by one of the worst events to ever occur in the state of Kentucky.

Gun violence is not limited to age. An assault rifle in the hands of any mentally deranged person results in tragedy.

Police officers have a scary job. It’s no wonder they are nervous and seem sometimes quick to pull their weapons. Floyd county officers walked into a situation and were totally caught off guard. Looking back, they would approach Storz differently. A miscalculation too often is fatal. In the moments of what appears to be just another day of work or life, the worst tragedies can happen.

Allen is a wonderful eastern Kentucky town. It is filled with beautiful, loving people. Evil at the highest level can exist and erupt in any place. It’s not limited to a big city hundreds of miles away. This is why all communities, sheriff departments, schools and churches must be vigilant in being aware of the ongoing dangers of America’s growing mental illness epidemic. Ignoring our cultural mental illness dilemma will only perpetuate ongoing fatalities.

Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminaries in Kentucky. His column is published weekly in over 600 publications in all 50 states. Visit www.glennmollette.com for information.



Moments
in time
THE HISTORY CHANNEL

age of 71.

- On July 8, 1950, the day after the U.N. Security Council recommended that all U.N. forces in Korea be placed under the command of the U.S. military, Gen. Douglas MacArthur is appointed head of the United Nations Command. When MacArthur later publicly threatened to escalate hostilities with China, President Harry Truman fired him.
- On July 9, 1777, New York elects Brigadier Gen. George Clinton as the first governor of the independent state of New York. Clinton would go on to become New York’s longest-serving governor, as well as the longest-serving governor in the U.S., holding the post until 1795.
- On July 10, 1925, in Dayton, Tennessee, the so-called Monkey Trial begins with John Thomas Scopes, a young high-school science teacher, accused of teaching evolution in violation of a Tennessee state law. The law made it a misdemeanor to teach any theory that denied the story of man’s Divine Creation.

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CryptoQuip
Answer

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on my small outdoor grill,
does that make it a
blotchy hibachi?

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Colleges keep changing conferences in search of bigger bucks

By Steve Escajeda
Special to the Courier

Just when you thought all the movement was done concerning the shuffling around of college programs to different conferences, some huge moves were announced last week.

In a decision that doesn’t make much sense, the UCLA Bruins and the USC Trojans are leaving the PAC-10 and going to the Big Ten.

For decades, both UCLA and USC have been the face of the PAC-10 conference, and the face of the entire west coast when you think of top-notch college athletic programs.

To think that they are leaving the west coast and will start playing against teams in the middle north of the country makes one scratch his head.

Of course this is coming on the heels of the Texas Longhorns and the Oklahoma Sooners leaving the Big-12 and joining the Southeast Conference (SEC).

And that came on the heels of many other teams leaving their conferences for different conferences with the hopes that there is more money to be made elsewhere.

And that includes all the movement coming up in Conference USA, which directly affects UTEP.

So with a new college sports season starting in a little over a month, let’s take a look at what has happened and what may still be coming.

Things are changing so quickly that C-USA had to adjust its upcoming football schedule right after they had released it, because Marshall, Southern Miss and Old Dominion decided to leave immediately.

But C-USA saved itself by bringing in

Liberty, New Mexico State, Jacksonville State and Sam Houston. Not exactly the biggest of names but it’s better than UTEP being homeless.

We talked about the Big-12 losing Texas and Oklahoma, well that conference went out and tried to replace the loses by adding the Cincinnati, UCF, Houston and BYU.

The American Athletic Conference added six teams that left UTEP’s conference, those are Alabama-Birmingham, Charlotte, Florida Atlantic, North Texas, Rice and Texas-San Antonio.

We mentioned the Big Ten yanking the Bruins and the Trojans from the PAC-12. This presents a ridiculous problem for the conference – its name. The “Big Ten” insinuates that there are 10 teams in the conference. There are not. There are now 16 teams in the Big Ten.

Of course there are now 10 teams left in the PAC-12.

But wait, it’s not over. There’s considerable talk about the possibility that collegiate athletics is looking toward building two super conferences, the Big Ten and the SEC, which already have 16 teams each. There’s also talk that Notre Dame and Clemson and Florida State may want to jump ship and be a part of these potential future mega leagues.

All this realigning has to do with one thing and one thing only, and I think we all know what that is – money!

Ten years from now there’s a chance that those two conferences will carry about 40-50 teams. They would control their own destiny apart from the NCAA.

And naturally that will leave all the other schools searching for scraps.

These mega conferences will control all the big television contracts. They’ll control all the big NIL (name, image and likeness) money going to the most gifted athletes coming out of high school. They’ll relegate schools like UTEP to play in front of even smaller crowds because the game itself will be like comparing the USFL to the National Football League.

In other words, all these teams changing conferences are killing college athletics. Just like anything that is done totally for money, this concept will eventually collapse on itself.

These college administrators have blinders on and can only see the pot of gold at the end of their athletic rainbow. But they can’t see, and don’t care, what this will do to the integrity of the student athlete (what a joke) and all the other colleges around the country.

So as all the other conferences get weaker and the Ben Ten and SEC get stronger, interest in college athletics will start to drop. Slowly at first but it will gain speed.

Just like the deteriorating popularity of lawyers and journalists and politicians and pro athletes and judges and tech giants, people will begin to see through the greed and manipulation and start turning away.

Remember... the bigger they are, ...



By Lucie Winborne

- The next time you cut your yard, you can thank Edwin Bearn Budding for inventing the lawnmower in 1830. But while most inventors take pride in their creations, Budding was so concerned about what his neighbors might think of his new contraption that he only tested his prototypes at night.
- Hall of Fame pitcher Lee Smith didn’t play baseball until he was a high school junior and, even then, just tried out to win a \$10 bet. His turn to play came when his team’s star pitcher was killed in a hunting accident.
- One sunflower is actually 1,000-2,000 tiny flowers held together by a base.
- Have you ever dreamed of smelling like a hamburger? No? Well, you could have in 2015, thanks to Burger King

Japan’s release of a limited-edition cologne called Flame Grilled... and yes, it smelled like a Whopper.

- On Jan. 1, 1907, President Theodore Roosevelt shook the hands of over 8,510 people, setting a record that lasted more than 70 years.
- Sodium citrate makes any cheese into a creamy nacho cheese sauce. Curiously, its chemical formula spells out Na3C6H5O7 (NaCHO).
- A hen will eat her own raw eggs if not satisfied with her diet.
- In England and Wales, it’s legal to consume alcohol on private premises from the age of five.
- Gesundheit! Ever wonder why someone “blesses you” when you sneeze? The custom was introduced by Pope Gregory the Great in 590 A.D. Since sneezing could be a sign of the plague, it was considered proper to offer a potentially ill person a blessing.
- Alarmed neighbors of a couple in

Sydney, Australia, called the police after hearing a woman screaming, furniture crashing and a man shouting: “I’m going to kill you, you’re dead! Die! Die!” When the law arrived on the scene they found, however, not a typical case of domestic violence, but a frenzied attempt to kill a spider.

- In some parts of Europe, red roses are considered to be omens of evil. Seeing the petals fall from a red rose is a portent of death.
- The U.S. government gave Indiana University \$1 million to study... memes.
- Between 1887 and 1950, American weather forecasters were not allowed to use the word “tornado.”

Thought for the Day: “Once I had a rose named after me and I was very flattered. But I was not pleased to read the description in the catalog: ‘No good in a bed, but fine up against a wall.’”
– Eleanor Roosevelt

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Super Crossword

COMMAND LINES ACROSS		users, in brief	117 Claims	types	69 California wine county
1 Several	60 "The L Word"	actress Kirshner	119 Option lists that might include the starts of seven answers in this puzzle	17 Group beliefs	70 Adore, on a candy heart
5 Utah town on the Colorado	61 Sirs' counterparts	65 "Sheesh, no need to be so critical!"	122 Plant stem	18 Milano of "Mistresses"	75 Lubricants
9 Arafat's PLO successor	71 Boulevard	72 Town in east-central New York	123 River to the Rio Grande	29 "I wanna!"	80 A Gershwin
14 Rica	73 Attack like a cat	74 Means of thwarting software piracy	124 Many 4WD autos	31 Foppish scarf	82 Not too hard to get around
19 A quarter of twenty	76 Futilely	77 Amazement	125 "Quo Vadis" emperor	33 Australian avians	83 Designer Saarinen
20 Oscar winner Bancroft	78 Linda Ronstadt's " Easy"	79 Grain holder	126 Weight allowances	35 Roush of baseball	84 Make excited
21 Unwilling	81 Alternative to People	85 Unvarnished	127 Like white, wet weather	36 Soap ingredient	86 Ready to hit the baseball
22 Recon info	88 Remus' twin	93 Winners' signs	128 He and she, e.g.	37 Addition sign	87 Most tired
23 Absence of muddled thoughts	94 Digital entertainment periodical	97 Place for keeping bees	129 Big dino	39 Neither here _ there	89 Israeli gun
25 Jazz fusion pianist Chick	100 Used a rocker, e.g.	101 Call to a ewe		44 Join forces	90 Cosmetic accentuating the kisser
26 Poker-faced	102 _ dixit (claim with no evidence)	103 Discover via unpleasant personal experience		45 TV doctor Doogie	91 Not behind a firewall, say
27 Capital of Turkey	109 Guided	110 TV's Swenson		46 Immigrant's course: Abbr.	92 Ovule, e.g.
28 Mail opening	111 Lead-in to nuptial	112 _ Field (Mets' home)		47 Pneumatic engines	94 Oom-_
30 "I _ Rock" (1966 hit)	113 Language of Libya	115 Really militant sort		48 Huck Finn's polite assent	95 Partook of humble pie
32 Hastens, old-style				51 Reactions to corny puns	96 Miffed
33 Rescue squad VIP				52 Refrigerator brand	97 It hasn't been seen before
34 2005 Donna Andrews mystery novel				53 Christina of "Cursed"	98 Fiesta target
38 Chicken chow _				54 Stolen	99 Bergman of film
40 Joe Biden's party: Abbr.				56 Enterprise engineer	100 Rocker Tyler
41 Bodily blinker				58 Caesar's "I came"	104 Snares
42 Top-shelf				59 This, in Peru	105 Type of fit
43 Make repairs				61 East Asian gambling mecca	106 Forgo
48 MYOB part				62 States openly	107 _craftsy
49 Sound systems				63 Old-time lawyer and senator Chauncey	108 Holiday tuber
50 Agnus _ (prayer)				64 At least one	114 Bowed
51 Spy spoof of old TV				66 Les _ et les autres (both, in French)	116 Green-lights
55 Saddle-making tools				67 Gumshoes	118 _friendly
57 Campsite hookup				68 Literary finale	120 "Obviously!"
					121 Chicago White _

Answer Page 4

1	2	3	4		5	6	7	8		9	10	11	12	13		14	15	16	17	18	
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126						127						128					129				

Comix

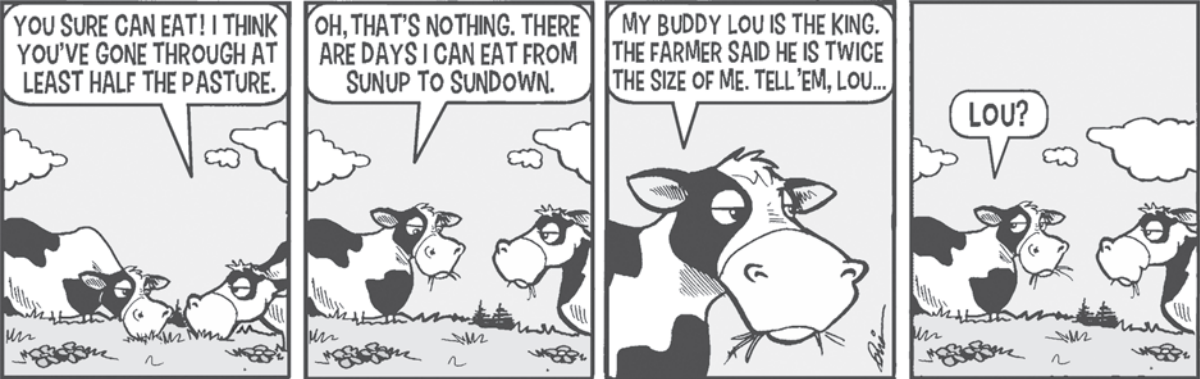
OUT ON A LIMB

By Gary Kopervas



AMBER WAVES

By Dave T. Phipps



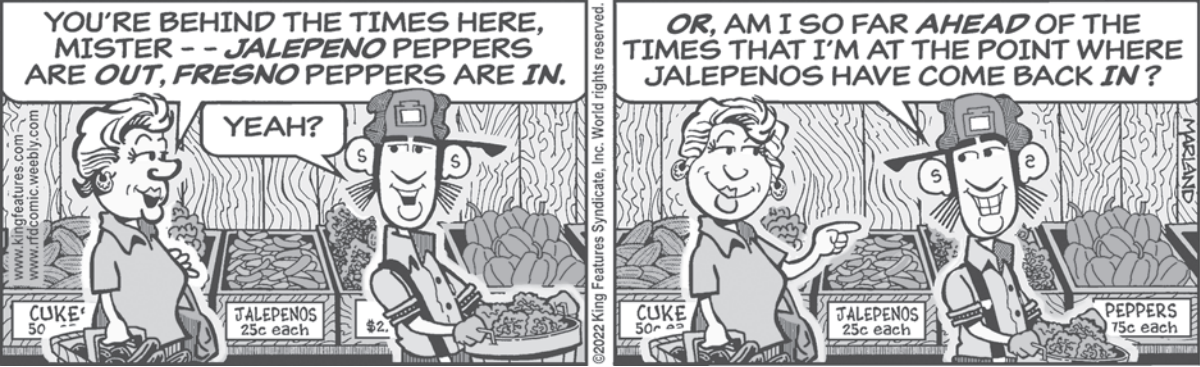
THE SPATS

By Jeff Pickering



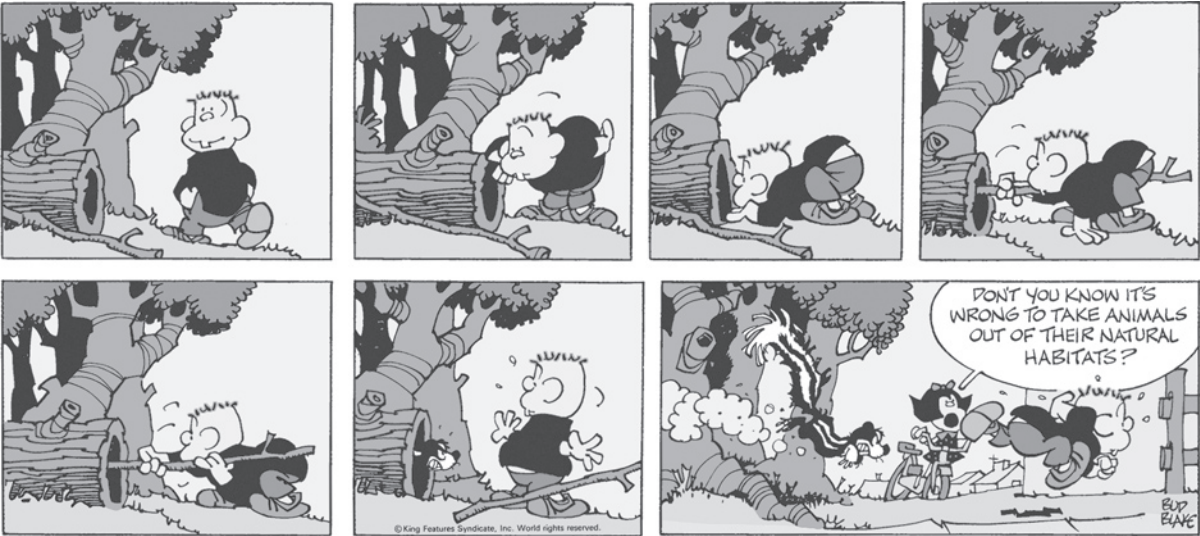
R.F.D.

By Mike Marland



TIGER

By Bud Blake



El Paso

From Page 1

beginning of this month there were 5,806 active cases and that 243,970 people have recovered since the beginning of the pandemic outbreak. As of July 1st, 52 patients were hospitalized, including 15 in intensive care and four on ventilators, health officials related.

Also, El Paso County’s

data indicates that 49,396 breakthrough cases have been reported since the pandemic’s onset, including 1,425 people who required hospitalization, with 315 patients being placed in ICU and 133 on ventilators. And there have been 245 breakthrough deaths. Breakthrough cases refer to those individuals who contracted the COVID-19 illness although they had been partially or fully vaccinated.

During the County Sheriff’s

free vaccine drive, individuals 5 years old and older will be eligible to get the shot. Also, Second doses of vaccines and first and second booster vaccinations will be available. Additionally, pneumonia vaccines will be administered during the upcoming drive.

For more information, contact the Sheriff’s Office by email at GGamino@epcounty.com or LeDominguez@epcounty.com, or call (915) 538-2193.

What is optimal blood pressure?

DEAR DR. ROACH: I read that high blood pressure is 140/90, but I thought 120/70 was optimal. Has the standard number increased? – D.M.I.

The “pressure” in “blood pressure” is given in millimeters of mercury. It is a measurement of the pressure inside large blood vessels, first at its peak during the left ventricle squeezing (the systolic, or top number) and then at its lowest, right before the ventricle starts squeezing again (diastolic, or bottom number). Both of these numbers are important, and they provide important information about the physiology of the heart and blood vessels, as well as provide prognostic information about the risk of heart attack and stroke.

In general, for healthy people, the higher the numbers, the greater the risk. The optimum blood pressure for health is about 110/70, but there are some people with lower values who are also very healthy and who have very low risk for vascular disease.

Risk for heart disease starts to go up more significantly at about 140/90, but above a systolic number of 160, the risk goes up even more dramatically. The trend in blood pressure control over recent years has been toward making the blood pressure closer to the optimum, as long as treatment is well-tolerated. Having a slightly lower risk of heart attack may not be worth it to a person who has significant symptoms from blood pressure medicines.

Fortunately, blood pressure is much easier to control than it used to be with better medications and with non-drug treatments, such as stress reduction, healthy diet, regular moderate exercise and, for some people, salt restriction.

DEAR DR. ROACH: I am an 89-year-old man who has been taking tamsulosin (Flomax), 0.4 mg, for many years. I take it after supper in the evening. I get up at night three or four times to urinate. Would it be better to take it after lunch? I would be happy if I could reduce the number of times I get up to maybe only once or twice. – P.J.S.

Tamsulosin is in the class of alpha blockers, and they relax smooth muscle, a special type of muscle found in the prostate and in blood vessels (among other places). Relaxing the smooth muscle in the prostate makes the urethra, the tube that carries the urine from the bladder and through the prostate, larger. As a result, men can empty their bladders more easily.

However, even though tamsulosin is better at relaxing smooth muscle in the prostate than in blood vessels, some men will get lightheaded upon standing when using it. This occurs especially on the first dose, and over time most men no longer have trouble. It is usually dosed at nighttime so that the lightheadedness on standing is minimized. You can take it at any time of the day (a half-hour after eating is recommended, at the same meal of the day), but I doubt it will work much better.

Many experts will use 0.8 mg in men who haven’t had an ideal response and who do not have lightheadedness. I’d ask your doctor whether an increased dose might be better. Before considering another drug, be sure you avoid too many liquids at night, especially alcohol, and try voiding your bladder twice before bed to make sure it is as empty as possible..

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2022 North America Synd., Inc. All Rights Reserved.



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Moore Texas by Roger MOORE
July 5, 1873: Margaret Borland dies after leading a trail drive from Texas... the 1st woman to do so.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: W equals L

QDXOSVD M ZHE MKT VEOMKV
HK YF VYOWW HSEAHHL ZLMWW,
AHDV EJOE YOTD ME O
QWHEXJF JMQOXJM?

Answer Page 4

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Homeless vet falls through the cracks



by Freddy Groves

The Department of Veterans Affairs creates numerous programs to deal with homeless veteran populations – and this is all well and good. But it’s the individual homeless vet who can fall through the cracks.

The VA Office of Inspector General reports about a veteran (I’ll assume here it was a guy) who had multiple physical conditions on top of severe cognitive impairment. Years ago, he was given housing assistance and an evaluation and made part of a program. Eventually, he was booted out of the housing and thus booted out of the help program.

In the space of seven months, he took himself to the emergency room at a VA hospital a dozen times for various medical conditions,

most a result of living outside or in a car. They admitted him for 33 days while he got evaluated for his cognitive functioning and had his medical conditions cared for. They discharged him and sent him off in a cab to a non-VA shelter.

For whatever reason, an hour later, he showed up at the ER again. They gave him a bus ticket to the shelter. The trip involved changes of buses, not an easy trick for someone with severe cognitive impairment. An hour later, he again showed up at the ER. Once more, they gave him a bus ticket and a printed list of instructions, telling him to go to the shelter.

The next day, a social worker discovered that he never made it to the shelter, and the following day, the family filed a missing person report.

Three days later, he was found at the shelter.

A reading of the OIG report shows one misstep after the other, with staffers putting a cognitively impaired veteran on a bus and not using one of

the donated Uber gift cards and having him delivered right to the door of the shelter. Better yet, they could have told family members that he was being discharged.

Visit www.va.gov/oig/pubs/VAOIG-21-02209-147.pdf for the full the report..

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• Add a small bit of boiling water to a glass of iced tea to clear it up if it is cloudy. You can do this to a pitcher just before serving.

• If you’re traveling with pets, you know you’ll need to bring something for them to drink out of. If you have ice in a container, they can lick the ice to stay hydrated, but it doesn’t slosh around or spill easily.

• “Cutting corn off the cob can be tricky business, but you only need to recruit the right equipment. The next time you’re making corn for dinner, grab a Bundt pan. The corn cob gets set upright in the center, and when you cut down, the kernels fall right into the pan on all sides.” – A.S. in Texas

• “If you have trouble holding your cat still to clip its claws, sneak up while it’s asleep. You might get only a couple done before your cat catches on and wriggles away, but you’ll get there.” – P.L. in Oklahoma (Slow and steady wins the race, P.L. Your tip works great for babies, too! – JoAnn)

• Skunk run-in? Try this mix before you buy pricey de-stink shampoos at the pet store. Mix a quart of 3% peroxide, a teaspoon or two of dish soap, 1/4 cup of baking soda and quart of room-temperature water. Apply to pet, and work deeply into the fur. Massage in for five minutes, and rinse thoroughly.

• Boiling potatoes? Plants love starch. Let your cooking water cool, then use it to water the plants in your garden.

• You can sharpen scissors by cutting folded aluminum foil into small strips.

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2022 King Features Synd., Inc.

Weekly SUDOKU

by Linda Thistle

6			1				4	
		3			2	5		
	7		9	8				2
	2	8			1	6		
		4	3				5	1
9				7			3	
2				9	3		7	
		9	8			4		
	1				6			3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 4

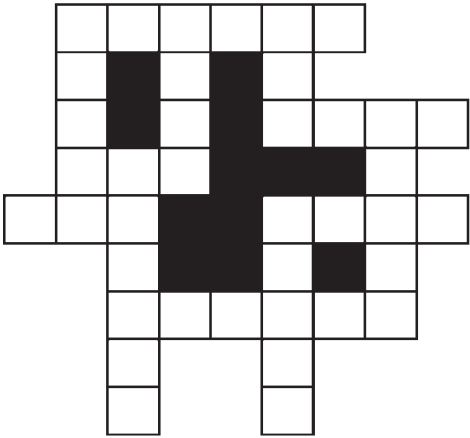
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×		×		+	
	×		+		22
+		-		×	
	×		+		18
20		27		20	

1 2 2 3 5 6 7 8 9

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KAR
NOGIMN
♥ TRIAS
♥ PGSA
NIAGRI
SMI
KAPR
♥ SIRNO
♥ NPI
PYKMIS
NEIGI
♥ ERMA



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string’s word either across or down to knot all twelve strings together.

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