



## NEWSBRIEFS

### \$5000 food grant

Fabens Elementary School’s Teacher of the Year Libby Garcia’s work to mitigate hunger issues was aided recently by a \$5000 grant from Albertsons Foundation’s Nourishing Neighbors Program that aims to help connect individuals facing food insecurity with proper nutrition. Funds will be used to support the Fabens ISD community by purchasing Thanksgiving baskets for local families in need and snacks for all Pre-K students. This generous donation from Nourishing Neighbors will help Garcia’s important work in the fight against hunger in the Fabens ISD community.

– Sofia Maciel

### Best cities for rent

With last year’s rental prices having grown at nearly double the rate of any previous year, the personal-finance website WalletHub has released its report on 2022’s *Best & Worst Places to Rent in America*, as well as accompanying videos and expert commentary. To help prospective renters get the most bang for their buck, WalletHub compared more than 180 U.S. cities based on 22 key indicators of rental attractiveness and quality of life. The data set ranges from historical rental-price changes to the cost of living to job availability. El Paso was rated 9th in the report. Other stats:

- Cheyenne, WY has the highest rental affordability, with the lowest median annual gross rent divided by median annual household income at 15.43 percent, which is 2.4 times lower than in Hialeah, FL, the city with the lowest at 37.74 percent.
- Little Rock, AK has the highest rental vacancy rate, 12.00 percent, which is 7.5 times higher than in Nashua, New Hampshire and South Burlington, VT, the city with the lowest at 1.60 percent.
- Newark, NJ has the highest share of renter-occupied housing units, 76.50 percent, which is 3.6 times higher than in Port St. Lucie, FL, the city with the lowest at 21.20 percent.
- Brownsville, TX has the lowest cost-of-living index, 73, which is 2.7 times lower than in New York, NY, the city with the highest at 195.
- Irvine, CA has the fewest violent crimes (per 1,000 residents), 0.51,

See BRIEFS, Page 4

*One way to get along better in the world is to be just a little kinder than necessary.*

– Quips & Quotes



– Photo courtesy of the Texas Lobo Coalition

**TRICKY PROBLEM** – The Mexican gray wolf, also known as el lobo, above, once roamed throughout West Texas by the thousands. Today, these wolves are an endangered species with about 200 remaining mostly in New Mexico, Arizona, and in the northern state of Chihuahua, Mexico. The newly-formed Texas Lobo Coalition believes that through collaboration with stakeholders, ranchers, landowners, and government entities, a harmonious restoration of el lobo to the West Texas desert lands can be achieved.

## Texas Lobo Coalition seeks public input

By Alfredo Vasquez  
*Special to the Courier*

WESTTEXAS – Thousands of Mexican gray wolves, commonly referred to as el lobo, once thrived throughout the West Texas and Northern Mexico territories. Today, the few that remain live primarily in the mountain forests and scrublands of New Mexico, Arizona, and Northern Mexico.

But recently, a new non-profit organization – called the Texas Lobo Coalition – is rekindling efforts for the restoration of the Mexican gray wolf to the West Texas mountain ranges.

In a recent statement, the coalition asserted that through collaboration with stakeholders, ranchers, landowners, and government entities, a harmonious restoration can be achieved in the West Texas plains.

So now, the coalition wants to hear from

the public about re-introducing el lobo to West Texas. The organization is especially interested in collecting opinions from those living in or around ideal restoration areas throughout the borderland.

Not that long ago, Mexican gray wolves were plentiful through the Southwest, but these creatures were almost wiped out from the American frontier by the mid-1970s. El lobo has been recognized as an

See LOBO, Page 9

## Meza-Chavez is Region 19 Superintendent of the Year

*Texas Superintendent of the Year to be named in September*

By Horacio Hernandez  
*Special to the Courier*

SANELIZARIO – The Texas Association of School Boards (TASB) has named the 20 regional superintendents that will be considered for Texas Superintendent of the Year (SOTY) for 2022. San Elizario Independent School District (SEISD) Superintendent Dr. Jeannie Meza-Chavez is vying for that honor on top of already being named Region 19 SOTY for 2022. This is her second time. She was named Region 19 SOTY for 2017 as well when

she headed Tornillo Independent School District.

Local school boards that are active members of TASB, like SEISD, may nominate their superintendents. Nominees must be a current member of the Texas Association of School Administrators (TASA). Candidates are evaluated on their leadership skills, dedication to improving educational quality, ability to build effective employer relations, student performance, and commitment to public involvement in education. Meza-Chavez

See MEZA-CHAVEZ, Page 9

*The Superintendent of the Year award program has honored outstanding administrators for achievement and excellence in public school administration.*

– TASB website



– Photo courtesy San Elizario ISD

Dr. Jeannie Meza-Chavez is the Region 19 Superintendent of the Year for 2022.



# No, the conservative justices didn’t lie

The left simply lost the intellectual and political fight over the direction of the Supreme Court but can’t bear to it admit it.

Progressives tell themselves instead that they’ve been undone by a series of dirty deeds, including the alleged deceit of conservative justices who lied to the U.S. Senate about their commitment to preserving Roe v. Wade.

Alexandria Ocasio-Cortez believes that impeachment proceedings should be in play.

What the perjury case against the justices in the Dobbs majority lacks is any evidence of assurances made under oath or otherwise that they would vote to uphold a ruling of the court that had, justly, been under withering assault since it was handed down 50 years ago.

This shouldn’t have been hard to figure out. Any judge who considers himself or herself an originalist was going to believe that Roe was bad law because there wasn’t remotely colorable warrant for it under the Constitution.

There might have been varying views on what deference was owed to precedent, or other tactical questions; there wasn’t any meaningful disagreement on the core matter.

The dance that went on is that Democrats would try to get conservative nominees to say that Roe had been a precedent for a long time. The nominees would agree, while not going any further. They’d often cite – correctly – the refusal to comment on contested questions going back to Ruth Bader Ginsberg’s confirmation hearings.

Typical was an exchange between Sen. Amy Klobuchar of Minnesota and Amy Coney Barrett during her hearings. Klobuchar pressed Barrett whether Roe was a “super precedent,” or a ruling that no one thinks is in play anymore. Barrett demurred, “I’m answering a lot of questions about Roe, which I think indicates that Roe doesn’t fall in that category.”

This wasn’t deception – it was clearly saying, if obliquely, that Roe was vulnerable to challenge. I’d

prefer if nominees were less lawyerly, but they are experts in subtle distinctions and the longstanding politicization of the confirmation process puts a premium on indirection.

Justice Brett Kavanaugh has been a particular target for post-Dobbs attack. Pro-choice Republican Sen. Susan Collins told The New York Times that she feels he mislead her in a private meeting.

The Times story doesn’t say that Collins asked Kavanaugh directly if he’d overturn Roe – presumably for good reason. The senator would have known such a question would have been highly improper. In fact, she praised Neil Gorsuch during his 2017 confirmation for

See LOWRY, Page 11



View from here

By John Grimaldi

# Sheffield, women, take on thorny issues

Title 9 was established half a century ago. It prohibits discrimination based on sex in our schools. That’s a good thing. However, the Biden administration is seeking to change the definition of sex to include “gender identity.” When biological male students are allowed to identify as female, this puts biological females at a huge disadvantage when it comes to sports.

More than a dozen states have passed laws to prevent male athletes from competing in women’s sports. It’s an issue high on the agenda of organizations such as the Independent Women’s Forum (IWF). And it is a topic discussed by Carrie Sheffield, the IWF’s senior policy

analyst in an interview with Association of Mature American Citizens’ CEO Rebecca Weber on her Better for America podcast.

Polling shows that a majority of Americans, by a two-to-one margin, dismiss the gender identity issue when it comes to women’s sports, according to Sheffield. “On June 23rd, we held a big rally in Washington, D.C. called Our Bodies Our Sports. It was all about preserving Title 9, a bipartisan effort that has benefited and protected women for half a century. We held it on the 50th anniversary of Title 9.”

Sheffield told Weber that the controversy over Title 9 is a pure and simple ideological

issue “because biology tells us that even if you have testosterone blockers or hormone suppression therapy, there are immutable characteristics that cannot be changed. Things like your heart chamber, your lung capacity, your bone structure, your bone length... you have immutable advantages if you’re a biological male that can’t be changed by these types of treatments. And so that advantage puts women’s sports at a risk.”

The veteran international journalist also had a lot to say about the failure of the Biden administration to deal with the unprecedented crisis on our Mexican border. Sheffield noted that at the height of the covid crisis, the president demanded that we all wear masks and issued mandates for testing, vaccinations, and passports. Meanwhile, the surge of illegal immigrants at the border was gaining momentum

but Mr. Biden was giving them a pass. He was “not requiring the screening of these illegal immigrants to see if they had covid. And in some cases, they were reportedly putting [illegal immigrants] on buses and airplanes and spreading them throughout the country, but without any sort of screening.”

She also shared her thoughts about the growing lack of patriotism and respect for American traditions. Sheffield pointed out that “NPR, for example... broke its very long-standing tradition on July 4th of reading aloud the Declaration of Independence. They said we’re not going to do that this time because we disagree with these Supreme Court rulings.”

And she went on to express her dismay at the progressive left’s unabashed promotion of the communist creed via the introduction of the Critical Race Theory in our K-12 schools.

“We have to push back,” Sheffield said, telling us that we need to teach our children what America stands for. “We don’t lie about our past... We had slavery

See WOMEN, Page 3

## Public Notice

### Anthony Independent School District

#### Special Needs Programs at Anthony ISD for the 2022-2023 School Year

Anthony Independent School District provides access to identification of children with suspected disabilities who reside within the district, beginning on the third birthday through the child’s twenty-first birthday. The student may be eligible for services, at no cost, under the Individuals with Disabilities Education Act.

Services are available to all eligible children who are identified with a disability who may be experiencing difficulties in one or more of the following areas: Physical Disability, Deaf or Hard of Hearing, Visual Impairment, Deaf-Blind, Intellectual Disability, Emotional Disability, Learning Disability, Speech and/or Language Impairment, Autism, Other Health Impairment.

If you would like more information, or know of a child with disabilities who is not receiving educational services, please contact: Sandy Honts, Special Education Director, at (915) 886-6509.

## Noticia Pública

### Aviso de Programas de Necesidades Especiales en Anthony ISD para el Año 2022-2023

*El distrito escolar independiente de Anthony prove acceso a la identificación de niños can incapacidades que viven dentro del distrito comenzando con el tercer cumpleaños hasta 21 años de edad. El estudiante puede seré legible para servicios, sin costo alguno bajo de Individuales con Incapacidades (IDEA).*

*Estos servicios son disponibles para todos los niños identificados con una incapacidad y que estén experimentando dificultades en una o más de las siguientes áreas: Incapacidad física, sordo o duro de oído, impedimento visual, incapacidad intelectual o emocional, incapacidad para aprender, impedimento de hable o lenguaje, autismo o cualquier otro impedimento de salud.*

*Si usted desea más información o sabe de un niño/niña incapacitado que vive en el distrito escolar de Anthony que no está recibiendo servicios educativos, favor de comunicarse con: Sandy Honts, Directora de Educación Especial, (915) 886-6509.*

WTCC: 07-21-22



**PUBLISHED:**  
Published each Thursday (minimum 50 issues) by Homesteader News, Inc. Office open Monday through Thursday.

**COPYRIGHT:**  
Entire contents © 2022 Homesteader News, Inc. Individual authors retain all rights. Pictures, drawings and written material appearing in the West Texas County Courier may not be used or reproduced without written permission of Homesteader News, Inc.

**LETTERS TO THE EDITOR:**  
Letters must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.

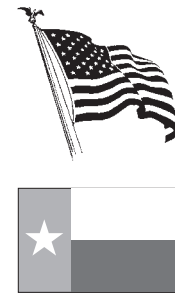
**AD DEADLINE:**  
Friday 4 p.m. for the next Thursday.

**CLASSIFIED RATES**  
\$15 for 25 words, \$20 for 40 words. Ad must be in writing and pre-paid. The West Texas County Courier reserves the right not to publish advertising it considers inappropriate.

**DISPLAY RATES:**  
Open rate — \$30 per column inch. Call for more information or to set an appointment. The West Texas County Courier reserves the right not to publish advertising it considers inappropriate.

**MAIL SUBSCRIPTIONS:**  
Minimum 50 issues for \$50. Delivery via 1st class mail.

**MAIL:**  
15344 Werling Ct.  
Horizon City, TX 79928



Phone: 852-3235

E-mail: [wtccc@wtccc.com](mailto:wtccc@wtccc.com)  
Website: [wtccc.com](http://wtccc.com)

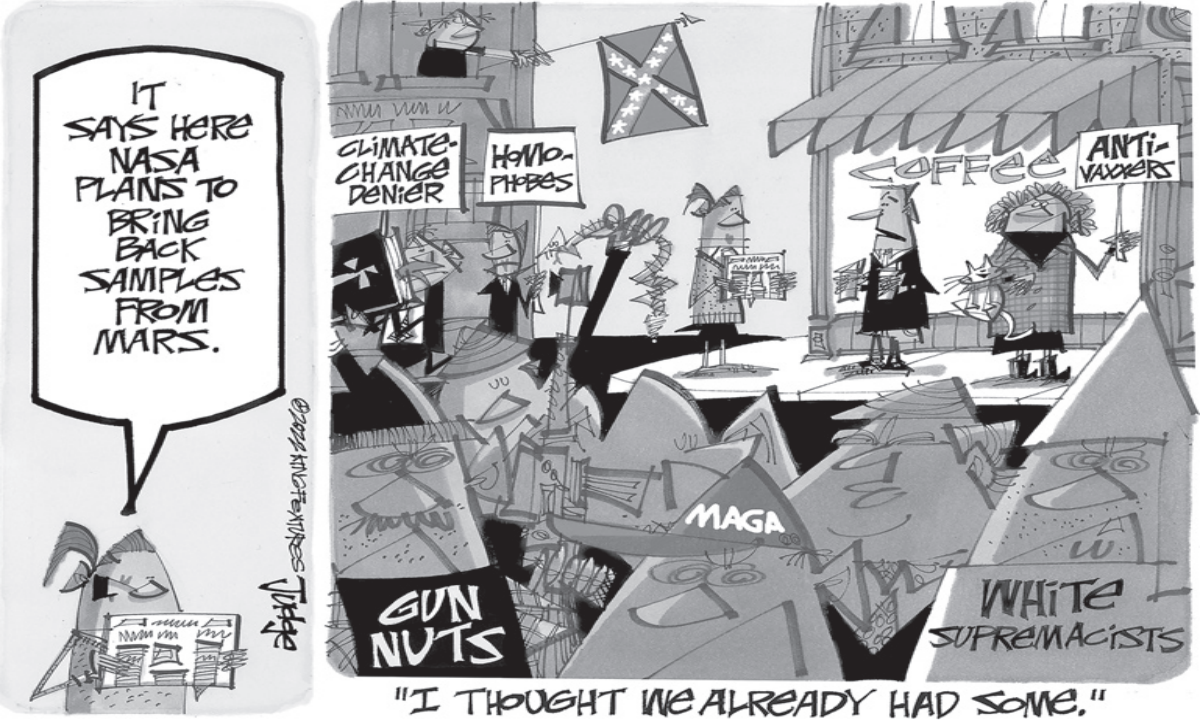
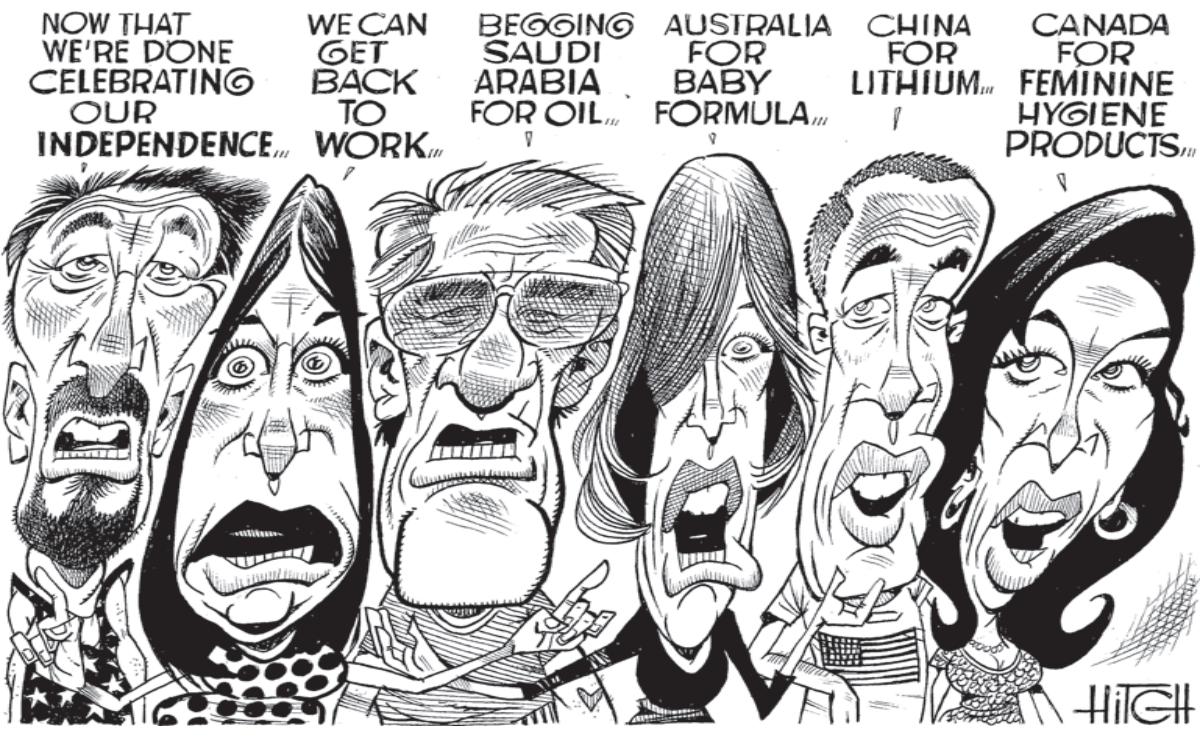
**Publisher**  
Rick Shrum

**Contributors**  
Alfredo Vasquez  
Steve Escajeda



Homesteader  
Est. 1973  
News, Inc.





**Women**

From Page 2

in this country, and that’s evil. But the fact of the matter is that we had a civil war where hundreds of thousands of predominantly white men gave their lives to end slavery. And there’s no other country in the world where that happened, where hundreds of thousands of white men gave their lives to free black people. That has not happened anywhere else in the world, and that is exceptional.”

As for her organization, Sheffield explained it’s the voice of independence. “We welcome men as well, but our mission is that we believe all issues are women’s issues. We don’t believe that women should be pigeonholed, that there are only a couple of issues that define women. Women are multifaceted, we’re renaissance women. And so, we advocate for issues that range from foreign policy to education, freedom to economic freedom, the whole gamut.”

*The Association of Mature American Citizens (<http://www.amac.us>) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today.*

**Archives: [www.wtxcc.com](http://www.wtxcc.com)**

**Tornillo Independent School District**  
**Public Notice**  
**2022-2023 NSLP Policy**  
**Community Eligibility Provision (CEP)**

The Tornillo Independent School District announced today it will continue its policy to operate the Community Eligibility Program (CEP) under the National School Lunch Program and School Breakfast Program for the 2022-2023 school year. Schools qualifying to operate CEP serve breakfast and lunch to all children at no charge and eliminate the collection of meal applications for free, reduced-price, and paid student meals. This new approach reduces burdens for both families and school administrators and helps ensure that students receive nutritious meals.

For additional information please contact the following person:

Tornillo ISD Food Service Manager  
Norma Aguirre  
9200 Cobb Ave., Tornillo, TX 79853  
Email: [aguirren@tisd.us](mailto:aguirren@tisd.us)

**Noticia Pública**  
**Poliza de Comidas Escolares**  
**de NSLP del Año 2022-2023**  
**Disposición de Elegibilidad Comunitaria (CEP)**

El Distrito Escolar de Tornillo anunció el día de hoy que continuará su política de operar la Disposición de Elegibilidad Comunitaria (CEP) bajo el Programa Nacional de Almuerzos Escolares y el Programa de Desayunos Escolares para el año escolar 2022-2023. Las escuelas que califican para operar la Disposición de Elegibilidad Comunitaria (CEP) sirven desayuno y almuerzo a todos los niños sin cargo y eliminan la recolección de solicitudes de comidas para obtener comidas para estudiantes gratuitas, a precio reducido y pagadas. Este nuevo enfoque reduce las cargas tanto para las familias como para los administradores escolares y ayuda a garantizar que los estudiantes reciban comidas nutritivas.

Para obtener información adicional, por favor comuníquese con la siguiente persona:

Tornillo ISD Food Service Manager  
Norma Aguirre  
19200 Cobb Ave., Tornillo, TX 79853  
Email: [aguirren@tisd.us](mailto:aguirren@tisd.us)





CryptoQuip  
Answer

Why are most folks  
who annotate books  
insignificant? Because their  
work is usually marginal.

7	×	4	−	8	20
−		+		÷	
3	+	9	×	2	24
×		×		+	
5	−	1	×	7	28
20		13		11	

## Pedestrian deaths in Texas increase

*TxDOT urges drivers to look out for pedestrians who account for 1 in 5 traffic fatalities in the Lone Star State*

By Jeff Salzgeber  
Special to the Courier

TEXAS – As Texans enjoy summer activities outdoors, TxDOT’s “Be Safe. Drive Smart” campaign urges drivers and pedestrians to watch out for each other as pedestrian deaths continue to rise.

In 2021, 5,366 traffic crashes involving pedestrians occurred in Texas, and as a result 841 people were killed, a 15% increase in pedestrian fatalities over the previous year. Another 1,470 people were seriously injured.

“Only 1% of traffic crashes in Texas involve pedestrians, yet pedestrians account for 19% of all roadway deaths,” said TxDOT Executive Director Marc Williams. “That’s because pedestrians lack the protective equipment – airbags, seat belts and bumpers – common to vehicles. To keep our most vulnerable road users safe, we urge motorists to always be on the lookout for people walking. Pedestrians also have the responsibility to be aware of their surroundings and follow the rules of the road.”

Crash reports from law enforcement indicate the leading factors of pedestrian-related traffic crashes include 1) pedestrians failing to yield the right of way to vehicles, 2) driver inattention, 3) motorists failing to yield the right of way to pedestrians, 4) failure to control speed, and 5) drivers

and/or pedestrians being under the influence of alcohol.

The campaign includes TV, radio, billboards and digital advertising. In addition, “walking billboards” will deliver safety messages in the state’s major metro areas with a high volume of pedestrian traffic where it’s easy for drivers and people on foot to see them.

TxDOT offers these safety reminders to prevent a deadly encounter:

- For drivers:**
- Stop for pedestrians in crosswalks.
  - When turning, yield the right of way to pedestrians.
  - Be cautious when passing stopped buses or other vehicles.
  - Pay attention and put your phone away, so you’re always prepared if pedestrians enter your path.

• Follow the posted speed limit and drive to conditions.

**For people walking:**

- Cross the street only at intersections and crosswalks. Look left, right, then left again before crossing.

• Make eye contact with drivers before crossing. Don’t assume drivers see you.

• Follow all traffic and crosswalk signals.

• Use the sidewalk. If there isn’t one, walk on the left side of the road, facing oncoming traffic.

• When walking, put away electronic devices that take your eyes and ears off the road.

• Wear reflective materials or use a flashlight at night.

## Anthony Independent School District 2022-2023 Meal Policy

The Anthony Independent School District announced today it will continue its policy to operate the Community Eligibility Program (CEP) under the National School Lunch Program and School Breakfast Program for the 2022-2023 school year. Schools qualifying to operate CEP serve breakfast and lunch to all children at no charge and eliminate the collection of meal applications for free, reduced-price, and paid student meals. This new approach reduces burdens for both families and school administrators and helps ensure that students receive nutritious meals.

For additional information please contact the following person:

Anthony Independent School District  
Attention: Tisha Villalva, Director, Child Nutrition Program  
840 Sixth St., Anthony, TX 79821  
Phone: (915) 886-6542; Email: [tvillalva@anthonyisd.net](mailto:tvillalva@anthonyisd.net)

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

Anthony Independent School District is an equal opportunity provider.

## El Distrito Escolar Independiente de Anthony Regla de Alimentos Año 2022-2023

*El Distrito Escolar Independiente de Anthony y las escuelas Anthony High School, Anthony Middle School y Anthony Elementary han anunciado hoy que continuará con su póliza de administrar el Community Eligibility Program (CEP) bajo los programas de National School Lunch Program y School Breakfast Program en el año escolar 2022-2023. Las escuelas que califican para operar CEP ofrecen desayuno y comida a todos los niños sin costo alguno y elimina la colección de solicitudes para comida gratis, precio reducido, y pagado. Este nuevo enfoque reduce la carga para las familias y los administradores escolares y asegura que los estudiantes reciban comidas nutritivas.*

Para información adicional por favor comunicarse a:

El Distrito Escolar Independiente de Anthony  
con: Tisha Villalva, Director, Child Nutrition Program  
840 Sixth St., Anthony, TX 79821  
Phone: (915) 886-6542; Email: [tvillalva@anthonyisd.net](mailto:tvillalva@anthonyisd.net)

De acuerdo con la ley federal de derechos civiles y el Departamento de Agricultura (USDA) reglamentos de derechos civiles y políticas, el USDA, sus agencias, oficinas y empleados, y las instituciones que participan en o administran los programas del USDA de Estados Unidos tienen prohibido discriminar por motivos de raza, color, origen nacional, sexo, discapacidad, edad o represalia o venganza para la actividad antes de los derechos civiles en cualquier programa o actividad llevada a cabo o financiada por el USDA. Las personas con discapacidad que requieran medios alternativos de comunicación para la información del programa (por ejemplo, Braille, letra grande, cinta de audio, lenguaje de signos americano, etc.), deben ponerse en contacto con la Agencia (estatal o local) donde solicitaron beneficios. Las personas sordas o con problemas de audición o discapacidades del habla pueden comunicarse con el USDA a través del Servicio de Retransmisión Federal al (800) 877-8339. Además, la información del programa puede estar disponible en otros idiomas además del Inglés.

Para presentar una queja de discriminación en el programa, completar el Formulario de Queja USDA Programa de discriminación, (AD-3027) se encuentra en línea en: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), y en cualquier oficina del USDA, o escribir una carta dirigida a proporcionar USDA y en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de queja, llame al (866) 632-9992. Enviar el formulario completado o una carta al USDA por: (1) mail: Departamento de Agricultura, Oficina del Secretario Adjunto de Derechos Civiles, 1400 Independence Avenue, SW, Washington, DC 20250-9410 EE.UU.; (2) Fax: (202) 690-7442; o (3) e-mail: [program.intake@usda.gov](mailto:program.intake@usda.gov).

El Distrito Escolar Independiente de Anthony es un proveedor de igualdad de oportunidades.

WTCC: 07-21-22

## Briefs

From Page 1

which is 46.1 times fewer than in Memphis, TN, the city with the most at 23.52.

To view and your city’s rank, please Visit <https://wallethub.com/edu/best-cities-for-renters/23010> for the full report.

– Diana Polk

## You snooze, you lose

You can get a good night’s sleep in eight hours, but 21-year-old SD Heijns of Pretoria, South Africa decided to skip rope for eight hours instead. He recorded 71,185 jumps in those eight hours – enough to replace Sella Rosa Rega of Boiceville, NY, who with 70,031 skips, made it into the Guinness Book of World Records in 2019. Heijns kept track of his effort using electronic equipment to prove his record-breaking feat.

– John Grimaldi

## Stressed out

With 87% of Americans feeling stressed because of inflation, the personal-finance website WalletHub has released its report on 2022’s *Most & Least Stressed Cities in America*, as well as accompanying videos and expert commentary. In order to determine where Americans cope best with their stress, WalletHub compared more than 180 cities across 40 key metrics. The data set ranges from average weekly work hours to the unemployment rate to divorce and suicide rates. El paso was rated 71st in the report. Other stats:

• South Burlington, VT has the lowest unemployment rate, 1.50 percent, which is 8.1 times lower than in Detroit, MI, the

See BRIEFS, Page 5



Food for thought

By Dr. Glenn Mollette

# Make today a good one

Let’s all try to spend today and the rest of our lives more wisely. With rising inflation, we are all having to spend our hard-earned paychecks with care. Life is the same. We have less life today than yesterday. We don’t have as much life to spend today. We are all clueless how much life we actually have left to spend. Even if we have a lot of life left there is no guarantee of the quality of our remaining lives.

Being able to walk, talk, breathe, see, hear and mentally function are all incredible gifts. Try to take care of what you have and even then, life changes beyond our control. We are all susceptible to injuries or diseases that can diminish the quality and end our lives.

Spend time with the people you care about. At least call them on the phone and visit as often as you can. We can all think of people who have departed this life who we miss. The only time you have people for sure is today.

Consider what you really need to make you happy. How much stuff does it take? We spend life accumulating and storing up. Eventually we have to figure out what to do with all our stuff. Do we give it away or leave it for someone else to worry about? Leaving our junk for others to throw away or put in a yard sale may not be a very nice way to treat family or loved ones. Friends of mine from Ohio are now about 82 and recently sold their nice large house and moved into a smaller place. They’ve spent the last year unloading a lifetime of accumulated things. It’s not easy to do but what are you going to do with all that stuff you aren’t even using now?

What are the simple things of life that you enjoy? There are aspects of life that we have to do and some that we enjoy doing. If we can squeeze in some of the enjoyable then life is a lot more fun. Often what we enjoy in life is not the exotic or chaotic but often simple routines we do all the time.

Continue to invest in yourself. Take a class, learn a new hobby, and make a new friend. We need the old friends and a few new friends. Old friends often keep us grounded while new friends bring new thoughts and ideas.

Continue to cultivate your faith and the spiritual side of your life. Your life is more than flesh and blood. Being at peace with God and yourself can only make your life feel more meaningful and level.

Life is flying by. Find time to drink a glass of lemonade and sit on the porch. Be sure to savor that morning cup of coffee. Take a walk or ride by your favorite lake or stream. Have a scoop of ice cream. You may or may not have less money but we all have one less day. Make today a good one!

Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminaries in Kentucky. He is the author of “Uncommon Sense” and 12 other books. His column is published weekly in over 600 publications in all 50 states. Learn more at [www.glennmollette.com](http://www.glennmollette.com) or [www.facebook.com/glennmollette](http://www.facebook.com/glennmollette).

Briefs

From Page 4

city with the highest at 12.10 percent.

• Fremont, CA has the lowest divorce rate, 9.33 percent, which is 4.4 times lower than in Cleveland, OH, the city with the highest at 40.66 percent.

• Sioux Falls, ND has the lowest share of adults in fair or poor health, 8.00 percent, which is 3.1 times lower than in El Paso, TX, the city with the highest at 24.90 percent.

• Columbia, MD has the highest median annual household income (adjusted by cost of living), \$104,486, which is 3.5 times higher than in Newark, NJ, the city with the lowest at \$30,271. Visit <https://wallethub.com/edu/most-least-stressed-cities/22759> for the full report.

– Diana Polk

He swallowed a what?

Boy, how lucky can a guy get. Tom Jozsi of Kenosha, WI swallowed a drill bit that wound up in his lung and survived. Thank goodness it was a tiny drill bit that his dentist was using in preparation for a filling. Jozsi told reporters at WISN-TV, “I was at the dentist getting a tooth filled, and then next thing I know I was told I swallowed this tool. I didn’t really even feel it going down. All I felt was a cough. When they did the CT scan they realized, you didn’t swallow it. You inhaled it.”

– John Grimaldi

To Advertise Call 852-3235

Archives: [www.wtxcc.com](http://www.wtxcc.com)

Clint Independent School District

Public Notice

2022-2023 School Meal Policy

Clint Independent School District announced its policy today that this school year, healthy meals will be offered every school day to all students at no cost. Typically, a student’s household must meet income eligibility requirements to qualify for free or reduced-price meals. However, the United States Department of Agriculture (USDA) issued guidance that allows schools to offer meals to all students at no cost for the 2022-2023 school year. Each school/site or central office has a copy of the policy, which may be reviewed upon request.

While no application or eligibility determination process is required for your student to receive free meals this school year, the income eligibility requirement will likely resume in the 2023-2024 school year.

For additional information please contact:  
Carlos Villalobos, CISD Child Nutrition Program Director  
Email: [Carlos.Villalobos@clint.net](mailto:Carlos.Villalobos@clint.net)  
Toni Sustaita, General Manager SFE, CISD Child Nutrition Program  
Email: [Toni.Sustaita@clint.net](mailto:Toni.Sustaita@clint.net)  
CNP Telephone: 915-926-4980

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: <https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

The Clint Independent School District is an equal opportunity provider.

Notificación Pública

Póliza de Comida del Año 2022-2023

El Distrito Escolar De Clint anunció hoy su política de que, en este año escolar, se ofrecerán comidas saludables a todos los estudiantes sin costo alguno en todos los días escolares. Por lo general, el hogar de un estudiante debe cumplir con los requisitos de elegibilidad de ingresos para calificar para recibir comidas gratuitas o a precio reducido. Sin embargo, el Departamento de Agricultura de los Estados Unidos (USDA, por sus siglas en inglés), emitió una guía que permite a las escuelas ofrecer comidas a todos los estudiantes sin costo alguno para el año escolar 2022-2023. Cada escuela/centro u oficina central tiene una copia de la política, que puede ser revisada bajo petición.

Si bien no se requiere ninguna solicitud o proceso de determinación de elegibilidad para que su estudiante reciba comidas gratuitas este año escolar, el requisito de elegibilidad de ingresos probablemente se reanudarán en el año escolar 2023-2024.

Para información adicional por favor comunicarse con:  
Carlos Villalobos, Director del Programa de Nutrición del Distrito Escolar de Clint. Email: [Carlos.Villalobos@clint.net](mailto:Carlos.Villalobos@clint.net)  
Toni Sustaita, Gerente General de SFE. Programa de Nutrición del Distrito Escolar de Clint. Email: [Toni.Sustaita@clint.net](mailto:Toni.Sustaita@clint.net)  
CNP Telefono: 915-926-4980

De conformidad con la Ley Federal de Derechos Civiles y los reglamentos y políticas de derechos civiles del Departamento de Agricultura de los EE. UU. (USDA, por sus siglas en inglés), se prohíbe que el USDA, sus agencias, oficinas, empleados e instituciones que participan o administran programas del USDA discriminen sobre la base de raza, color, nacionalidad, sexo, discapacidad, edad, o en represalia o venganza por actividades previas de derechos civiles en algún programa o actividad realizados o financiados por el USDA.

Las personas con discapacidades que necesiten medios alternativos para la comunicación de la información del programa (por ejemplo, sistema Braille, letras grandes, cintas de audio, lenguaje de señas americano, etc.), deben ponerse en contacto con la agencia (estatal o local) en la que solicitaron los beneficios. Las personas sordas, con dificultades de audición o discapacidades del habla pueden comunicarse con el USDA por medio del Federal Relay Service (Servicio Federal de Retransmisión) al (800) 877-8339. Además, la información del programa se puede proporcionar en otros idiomas.

Para presentar una denuncia de discriminación, complete el Formulario de Denuncia de Discriminación del Programa del USDA, (AD-3027) que está disponible en línea en: <https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint> y en cualquier oficina del USDA, o bien escriba una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncia, llame al (866) 632-9992. Haga llegar su formulario lleno o carta al USDA por: (1) correo: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2)fax: (202) 690-7442; o (3) correo electrónico: [program.intake@usda.gov](mailto:program.intake@usda.gov). Esta institución es un proveedor que ofrece igualdad de oportunidades..

El Distrito Escolar De Clint ofrece igualdad de oportunidades.

WTCC: 07-21-22

[www.wtxcc.com](http://www.wtxcc.com) • [www.wtxcc.com](http://www.wtxcc.com) • [www.wtxcc.com](http://www.wtxcc.com)





— Photo courtesy Texas Water Development Board

LESS WATER – Use native plants in your landscape. They conserve water better than non-native plants.

# Texans need to conserve water

TEXAS – Summer is in full swing in Texas and shaping up to be hotter and drier than average for much of the state. More than 86 percent of Texas was experiencing drought at the beginning of July, according to the U.S. Drought Monitor. With higher temperatures and less rainfall, water conservation is a hot topic for many communities across the state.

On top of that, the state’s population continues to trend upward. The Texas Water Development Board’s 2022 State Water Plan anticipates Texas’ population will increase from 29.7 million in 2020 to 51.5 million in 2070, a 73 percent increase. With that growth comes a projected 9 percent increase in total water demand.

Water conservation is one of the major strategies recommended in the state water plan to help meet the projected needs for additional water supplies. Together, every Texan’s individual conservation practices can make a big

difference in the state’s overall water use. Consider the ways you can do your part in saving water this summer with the following outdoor tips:

- Water your landscape in the early morning and at night. Winds are calmer and temperatures are lower in the early morning and late evening, resulting in less water loss due to evaporation. Watering before nightfall gives leaf surfaces time to dry and deters disease and decay.
- Design a water-wise landscape. Plant water-efficient, well-adapted, and/or native shrubs, trees, and grasses in your landscape. Because native plants have adapted to a region’s climate over time, they conserve water more efficiently than non-native plants. Local nurseries are good sources of information about landscaping tailored to your area.
- Follow local watering restrictions. Outdoor watering guidelines are common as communities across Texas think about preserving and managing

their water supply during drought. Utilities put these restrictions in place to spread out water use when many people are using water at the same time, like when irrigating their lawns.

- Manage in-ground irrigation and check your sprinkler heads. Manually adjust your in-ground irrigation system according to rain events and seasonal fluctuations instead of leaving the system on an automatic setting. Not all plants have the same watering requirements, so ensure that water is being applied where it is needed and in the amount that is needed. The best type of sprinkler for lawns is one that produces large drops of water close to the ground.

- Consider installing a rainwater harvesting system. Evidence suggests that people have harvested rainwater since as early as 4500 BC, and a renewed interest in the practice has emerged due to the rising environmental and economic costs of centralized water supply systems. Generally, for every inch of rain that falls on a 2,000-square-foot roof, about 1,000 gallons of water can be collected. Learn more about the many benefits of harvesting rainwater.

- Cover your pool or spa when not in use. Leaving your pool uncovered leads to water evaporation, which can add up to the equivalent of your pool’s volume each year! A pool cover will help you avoid the need to refill your pool throughout the summer.

To explore more resources and tips on water use and conservation, visit the Texas Water Development Board’s water conservation resource page at [www.twdb.texas.gov/publications/brochures/conservation](http://www.twdb.texas.gov/publications/brochures/conservation).

– Texas Water Development Board

## Anthony Independent School District Division of Career and Technical Education

### Public Notification of Nondiscrimination in Career and Technical Education\* Programs

- 1) The Anthony Independent School District offers career and technology education programs in Health Science; and Information Technology. Admission to these programs is based on interest and aptitude, age appropriateness, and class space availability.
- 2) It is the policy of Anthony Independent School District not to discriminate on the basis of race, color, national origin, sex or handicap in its employment, vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973, as amended.
- 3) Anthony Independent School District will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all career and technology programs.
- 4) For information about your rights or grievance procedures, contact Fernando Garnica, at 840 Sixth Street, Anthony Texas 79821, or call (915) 886-6501.

\*These programs are called “Career and Technical Education” in Texas, but the applicable civil rights laws use the term “vocational.”

## El Distrito Escolar Independiente de Anthony Sección de Carreras y Educación Técnica

### Notificación Publica de no Discriminación en Programas Vocacionales\*

- 1) El Distrito Escolar Independiente de Anthony ofrece programas vocacionales en profesiones de: ceinias salud; y de información tecnológica. Para admisión a éstos programas se basa en edad apropiada, aptitud y habilidad.
- 2) Es norma del Distrito Escolar Independiente de Anthony no discriminar por motivos de raza, color, origen nacional, sexo, ó impedimento, en sus programas, servicios, de empleo, ó actividades vocacionales, tal como lo requieren el Título VI del Acta de Derechos Civiles de 1964, según enmienda; Título IX de las Enmiendas Educativas de 1972, y la Sección 504 de la Acta de Rehabilitación de 1973, según enmienda.
- 3) El Distrito Escolar Independiente de Anthony tomará las medidas necesarias para asegurar que la falta de habilidad en el uso de la lengua inglés no sea obstáculo para la admisión y participación en todos los programas de carrera y educación técnica.
- 4) Para más información sobre sus derechos ó procedimientos para quejas, comuníquese con el Fernando Garnica, a 840 Sixth Street, Anthony Texas 79821, ó llame al (915) 886-6501.

\*En Texas los programas se llaman “carreras y educación técnica,” pero las leyes de derechos civiles utilizan el término “vocacional.”  
WTCC: 07-21-22



## CLASSIFIED AD FORM

25 words - \$15 per week; 40 words - \$20 per week

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20
21	22	23	24
25	26	27	28
29	30	31	32
33	34	35	36
37	38	39	40

Deadline: Monday, 4 p.m.  
Please print. Send form and payment (no cash) to:  
**West Texas County Courier**  
**15344 Werling Ct.**  
**Horizon City, TX 79928**

Contact Information:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_





# Moments in time

THE HISTORY CHANNEL

in Oak Park, Illinois. The influential American literary icon became known for his straightforward prose and use of understatement.

- On July 18, 1925, Volume One of Adolf Hitler's philosophical autobiography "Mein Kampf" is published. It was a blueprint of his agenda for a Third Reich and a clear exposition of the nightmare that would envelope Europe from 1939 to 1945.
- On July 19, 1956, Secretary of State John Foster Dulles announces that the United States is withdrawing its offer of financial aid to Egypt to help with the construction of the Aswan Dam on the Nile River. The Soviets rushed to Egypt's aid, and the Aswan Dam was officially opened in 1964.
- On July 20, 1969, American astronaut Neil Armstrong, 240,000 miles from Earth, speaks these words to more than a billion people listening at home: "That is one small step for man, one giant leap for mankind." Stepping off the lunar landing module Eagle, Armstrong became the first human to walk on the surface of the moon.
- On July 21, 1899, Ernest Miller Hemingway, author of such novels as "For Whom the Bell Tolls" and "The Old Man and the Sea," is born

- On July 22, 2005, "March of the Penguins," a French-made documentary about emperor penguins in Antarctica, opens in theaters across the U.S. The film went on to win numerous awards, including an Oscar, and became one of the highest-grossing documentaries in movie history.
- On July 23, 1918, Della Sorenson kills the first of her seven victims in Nebraska. Over the next seven years, friends, relatives and acquaintances of Sorenson died under mysterious circumstances. In 1925, Sorenson was arrested when she made an unsuccessful attempt at killing two children with poisoned cookies.
- On July 24, 1567, during her imprisonment at Lochleven Castle in Scotland, Mary Queen of Scots is forced to abdicate in favor of her 1-year-old son, later crowned King James VI of Scotland. In 1542, while just 6 days old, Mary had ascended to the Scottish throne upon the death of her father, King James V.

(c) 2022 Hearst Communications, Inc. All Rights Reserved.

## Strange BUT TRUE

By Lucie Winborne

- Dragonflies can control all four of their wings independently.
- The first person in the U.S. to use the "temporary insanity" defense was Daniel Sickles – a Union general, senator and congressman – after murdering the son of Francis Scott Key, composer of "The Star-Spangled Banner," who was having an affair with Sickles' wife. Sickles was acquitted.
- According to the U.S. Department of Agriculture, Super Bowl Sunday is the second-highest day of food consumption in America, second only to Thanksgiving.
- Art was an official Olympic event from 1912 to 1948. Submissions had to be in the categories of architecture, literature, music, painting or sculpture, and inspired by sports. The event was removed after a report showed that almost all of the submitting contestants were professionals.
- A 45-year-old Bosnian man named Amir Vehabovic faked his death in 2007 because he wanted to see who would attend his funeral and what they would say about him. After his mother was the only mourner to show up, he wrote dozens of angry letters to his (so-called) friends and what he thought about their relationship going forward.
- It was illegal in Britain during World War II to give cats a saucer of milk, dogs a biscuit or bread to pigeons.
- The percontation point, a reversed question mark, was used at the end of a question that does not require an answer. Sadly, its use died out in the 17th century.
- The forward slashes in Web addresses serve no real purpose, according to Tim Berners-Lee, creator of the World Wide Web.
- Ever wonder how BVDs came to be called that? From the names of the men who originally manufactured them: Bradley, Voorhies and Day.
- The antlers of a bull moose can spread up to 6 feet across – and they accomplish this astonishing growth in only four months.
- Scientists studying a deadly disease transmitted from camels also found that the animals contained the pathogens from which the common cold was born. Do we now know whom to blame?

- In January 2021, the first commercial 3D-printed house in the U.S. went on sale for \$299,000.
- M&Ms were created so military soldiers could enjoy heat-resistant and easily transportable chocolate during war.
- Sir Isaac Newton invented the cat flap. Newton was experimenting in a pitch-black room when Spithead, one of his cats, kept opening the door and wrecking his experiment. The flap kept both human and feline happy.
- Chimpanzees can identify each other from pictures of their butts.
- In the category of Best Song Titles Ever, country music stars Loretta Lynn and Conway Twitty recorded a duet titled "You're the Reason Our Kids Are So Ugly." (Despite which fact, the lyrics make clear that the couple is still in love.)

Thought for the Day: "Yet I had rather be remembered as those brave beginners are, though many of them missed the triumph, than as the late comers will be, who only beat the drums and wave the banners when the victory is won."

– Louisa May Alcott

(c) 2022 King Features Synd., Inc.

# Senior primary care for Medicare patients

## You deserve care that never feels rushed

"My patients can express their concerns better because they don't feel rushed."

Dr. Clyde Clybourn | El Paso, Texas

Are you 65+ and looking for a primary care doctor who listens?

Call (915) 320-6673 today for a tour or visit [WeAreConviva.com/meetus](https://WeAreConviva.com/meetus)



**We accept a variety of Medicare Advantage plans including Aetna, Allwell, Amerigroup, Cigna, Humana and Wellcare, as well as Original Medicare.\***

Conviva Care Center® does not discriminate on the basis of race, color, national origin, age, disability or sex. \*Varies by location.



@ConvivaCareCenters



@ConvivaCare



Conviva Care Center



**Moore Texas by Roger MOORE**  
In the 1850s, a “laughing contest” is held in the Texas House of Representatives. The lawmakers were judges.

Public Notice

Anthony Independent School District

SECTION 504 SERVICES

The Anthony Independent School District provides the following educational services/options to identified disabled students who reside within the district.

- ◆ Child find activities to notify disabled students and their parents of the their rights and the district’s obligation to provide a free, appropriate public education.
- ◆ Referrals to Section 504 when it is believed the students have a physical or mental impairment that substantially limits one or more major life activities and the students are in need of educational accommodations.
- ◆ Procedural safeguards under Section 504.
- ◆ Evaluations of students to determine eligibility for the Section 504 program.
- ◆ Placement into the Section 504 program, which means the student could receive:
  - ✓ individually planned accommodations in the regular classroom,
  - ✓ transportation services to and from school,
  - ✓ health services from the school nurse,
  - ✓ accommodations regarding access to any part of the campus, or
  - ✓ assistance in reading for students with dyslexia in a reading program.
- ◆ Special education services are available to Section 504 students, if the students qualify for one of the specific disabilities under special education.

If you would like more information or know of a child with disabilities who is not receiving educational services, please contact: Sandy Honts, 840 Sixth Street, Anthony, Texas 79821, (915) 886-6500.

SERVICIOS DE LA SECCION 504

El distrito escolar independiente de Anthony provee los siguientes servicios/ opciones educacionales a los estudiantes con discapacidades identificados que residen dentro del distrito.

- ◆ Actividades para encontrar a ninos para notificar a los estudiantes con discapacidades y a sus padres de sus derechos y de las obligaciones del distrito a proporcionar una educación publica que sea gratuita y apropiada.
- ◆ Referimientos a la Sección 504 cuando se cree que el estudiante tiene una discapacidad mental o fisica que limita substancialmente una o mas actividades vitales importantes y los estudiantes necesitan modificaciones en su educación.
- ◆ Derechos legales garantizados bajo Sección 504.
- ◆ Evaluaciones de estudiantes para determinar si califican para el programa de la Sección 504.
- ◆ Colocación dentro del programa de la Sección 504, lo que significa que el estudiante puede recibir:
  - ✓ adaptaciones en el salon de educación regular planeadas individualmente,
  - ✓ servicios de transporte para la escuela y para atras,
  - ✓ servicios de salud por la enfermera de la escuela,
  - ✓ cambios que garanticen el acceso a cualquier parte de la escuela,
  - ✓ ayuda en lectura para estudiantes con dislexia en un programa de lectura.
- ◆ Se ofrecen servicios de educación especial a los estudiantes Sección 504, si los estudiantes califican para una de las discapacidades especificas bajo educación especial.

Si usted desea más información ó sabe de un niño/niña desabilitado que vive en el Distrito Escolar de Anthony que no esta recibiendo servicios educacionales, favor de comunicarse con: Sandy Honts, 840 Sixth Street, Anthony, Texas 79821, (915) 886-6500.

WTXCC: 07-21-22

Phone and internet discounts

By Matilda Charles  
Special to the Courier

Have you heard of Lifeline? Started many years ago to help low-income individuals with their phone costs, it’s been expanded to include internet at home, offering a \$9.25 monthly discount.

That \$9.25 savings doesn’t sound like much, but if you’re like me, nowadays, you’re converting every dollar saved into food. That \$9.25, for example, could turn into a loaf of bread and a gallon of milk, or even a pound of ground beef, a package of hamburgers buns and most of a can of beans.

You’ll need to qualify for Lifeline. One way you do that is if you (or anyone in your household) receive benefits from Supplemental Security Income, Temporary Assistance for Needy Families, veterans pensions, Supplemental Nutrition Assistance Program, Medicaid and others, or through having verifiable low income. (You’ll need paperwork to prove it.)

You can sign up in a number of ways, such as by mail or online at [nv.fcc.gov/lifeline](http://nv.fcc.gov/lifeline). Scroll through the information on that page. Call 800-234-9473 for more information or to ask that an application be sent to you by mail.

But there’s more. In addition, if you qualify for Lifeline, you likely also qualify for an even bigger assistance: the Affordable Connectivity Program. ACP is new and can give you a \$30 monthly discount on your internet. Once you’re in the Lifeline program, call your internet provider and enroll in ACP with them. There’s no need to fill out another application.

There are hundreds of internet providers that are part of the program, including some big names like Xfinity, AT&T and Spectrum. In some cases, that \$30 gets you internet without you having to pay anything additional. In other words, free internet. Get the details from your internet provider.

For a list of providers by state, go to [www.fcc.gov/affordable-connectivity-program-providers](http://www.fcc.gov/affordable-connectivity-program-providers). Get more information on the Affordable Connectivity Program at [www.fcc.gov/acp](http://www.fcc.gov/acp) or call 877-384-2575.

(c) 2022 King Features Synd., Inc.

To Advertise Call 852-3235  
Archives: [www.wtxcc.com](http://www.wtxcc.com)

King Crossword

ACROSS			DOWN				
1	Baseball's Ripken	31	Metric measure	1	Scale	26	QB's gains
4	Glacial	34	Desert haven	2	Houston player	28	Spanish gold
7	Mrs. Flintstone	35	Tam topper	3	Has an intense	30	Privy
12	Baton Rouge sch.	37	"Ray Donovan"			31	Vinyl records
13	Extinct New		actor Voight	craving		32	Debtor's letters
Zealand bird		38	Money maven	4	Mosque leader	33	Celeb gossip site
14	Figure of speech	Orman		5	Butterfly protector	36	Office note
15	"- showtime!"	39	Vichy water	6	Tales	37	Legal expert
16	Parthenon locale	41	Latin love	7	Use a sponge	40	More skilled
18	"The A-Team"	45	Shadow	8	Altar promise	42	Food from heaven
actor		47	Mimic	9	Dogpatch adjective	43	Verdi work
19	Le - (French	48	Maryland's capital	10	Miss Piggy's	44	- a beard
news-paper)		52	Composer Rorem	pronoun		45	High hairstyle
20	Pear type	53	Got wind of	11	Early hrs.	46	Nile vipers
22	Sugary suffix	54	Kreskin's claim	17	Rhyming tributes	48	Spa sounds
23	Actress Tyne	55	Big D.C. lobby	21	Thin pancake	49	PBS funder
27	Director Howard	56	Authority	23	Hunting goddess	50	Oposing vote
29	Cut up, as a pizza	57	ACLU issues	24	Rm. coolers	51	MGM motto start
		58	Small batteries	25	Island garland		
							<b>Answer Page 9</b>

1	2	3		4	5	6		7	8	9	10	11
12				13				14				
15				16				17				
18				19								
20				21		22				23	24	25
				27	28			29	30			
31	32	33						34				
35						36		37				
38						39	40			41	42	43
						45				46		
48	49	50	51								52	
53							54				55	
56							57				58	



## Lobo

From Page 1

endangered species since 1976 and about 300 Mexican gray wolves currently live in captivity between the United States and Mexico.

Twenty years after receiving this endangered status, these rare predators were returned to parts of the Southwest through a bi-national reintroduction program. Subsequently, the lobo coalition, which was founded in the summer of 2021, wants to help lay the groundwork to manage a small population of Mexican wolves in the West Texas portion of their historic range as existing populations expand from the neighboring state of New Mexico and the country of Mexico.

With around 200 Mexican wolves in the wild today, they are considered critically endangered, and by the late 1970’s, had become extinct in the wild, with only 7 remaining wolves to launch the breeding program to save the species, according to a recent report.

In 1998, eleven wolves were introduced to the wild, beginning the reintroduction program.

According to a study by the US Fish and Wildlife Service, in the US, 70 percent of the Mexican gray wolf diet is elk and the other 30 percent includes white tail deer and smaller prey such as rodents and javelinas.

Mexican gray wolves typically live in packs of 8 to 10 members, with a male and female as their pack leaders. An alpha (or leader of the pack) is typically the mother or father. They take care of and support their family.

Coalition officials pointed out that the ecological benefits of such a restoration include testing how wolves may help control invasive species (such as feral hogs and aoudad sheep), control coyote populations, create healthier deer populations, and allow other Texas native species to co-exist.

Individuals interested in voicing their opinions or concerns and in completing a survey about the restoration efforts, may visit the coalition’s website at [texaslobocoalition.wordpress.com](http://texaslobocoalition.wordpress.com), send email to [texaslobocoalition@gmail.com](mailto:texaslobocoalition@gmail.com) or correspond by traditional mail, at Texas Lobo Coalition, P.O. Box 170592, Austin, TX 78729.

## Meza-Chavez

From Page 1

is represent the Region 19 in the statewide SOTY competition.

Board President Sandra Licon said the superintendent has earned this nomination from the first day. “Dr. Meza-Chavez joined our district, she has loved our students, staff, and community through her gracious and steady approach that everyone is a leader. She says, “Together we are a child’s best hope.”

“This is possible because the SEISD Board of Trustees believe in and support the work that all our passionate Eagle colleagues and I have – the privilege to help improve the lives of children,” Meza-Chavez said about being the Region 19 SOTY for 2022.

A TASB committee will interview regional winners on August 26-27 and select five finalists. The winner of the SOTY award will then be announced at the txEDCON22 TASA | TASB Convention, scheduled for September 23-25 in San Antonio.

### Milestones under Meza-Chavez:

- San Elizario Early College High School;
- Collaborative development of the Pathway of Champions Plaza;
- Advancing the District’s dual language programs;
- Advancing early childhood learning hubs; and
- Strengthening oral language development, literacy, and math.

### Recognitions:

- Texas Council of Women School Executives Bravo Award;
- The 2022 Pat Shell Award for Professional Development; and
- Elected Vice-President of the state Texas Council of Women School Executives.

3	2	9	7	4	6	1	8	5
6	7	5	8	1	2	3	4	9
8	4	1	5	9	3	7	2	6
7	5	3	6	2	8	4	9	1
1	8	2	4	3	9	5	6	7
9	6	4	1	7	5	2	3	8
5	3	8	2	6	7	9	1	4
4	9	6	3	5	1	8	7	2
2	1	7	9	8	4	6	5	3

	P	U	T	T					
	R		O		S	U	P		
L	O	U	N	G	E		A		
	S				W		T		
	E		T	E	N	U	R	E	
			E				O		
			N		W	E	N	T	
			S		A				
	R	E	I	G	N				

C	A	L		I	C	Y		W	I	L	M	A
L	S	U		M	O	A		I	D	I	O	M
I	T	S		A	C	R	O	P	O	L	I	S
M	R	T		M	O	N	D	E				
B	O	S	C		O	S	E		D	A	L	Y
			R	O	N		S	L	I	C	E	D
L	I	T	E	R					O	A	S	I
P	O	M	P	O	M		J	O	N			
S	U	Z	E		E	A	U		A	M	O	R
				U	M	B	R	A		A	P	E
A	N	N	A	P	O	L	I	S		N	E	D
H	E	A	R	D		E	S	P		N	R	A
S	A	Y	S	O		R	T	S		A	A	S

## San Elizario Independent School District Public Notification of Nondiscrimination in Career and Technical Programs

- 1) The San Elizario Independent School District offers Career and Technical Education programs in Audio Video Production, Automotive Technology, Construction Technology, Business Administration, Cosmetology, Culinary Arts, Graphic Design and Illustration, Information Technology and Networking Systems, Law Enforcement and Criminal Procedures, Robotics, Engineering, Biomedical Technology, Science Technology Engineering and Mathematics (STEM), and El Paso Community College Emergency Medical Technician Program. Admission to these programs is based on course pre-requisites and grade level classifications. For program information call Sandra Sanchez at (915) 872-3900, extension 3844.
- 2) It is the policy of the San Elizario Independent School District not to discriminate on the basis of race, color, national origin, sex or disability in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.
- 3) It is the policy of the San Elizario Independent School District not to discriminate on the basis of race, color, national origin, sex, handicap or age in its employment practices as required by title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended.
- 4) The San Elizario Independent School District will take steps to assure that lack of English skills will not be a barrier to admission and participation in all education and vocational programs.
- 5) For information about your rights or grievance procedures, contact Superintendent Dr. Jeannie Meza-Chavez 1050 Chicken Ranch Rd., Administration Building, San Elizario, Texas 79849, (915) 872-3900. Mail: PO Box 920, San Elizario, TX 79849.

## Notificación Pública de No Discriminación en los Programas de Carrera y Técnica

- 1) El Distrito Escolar Independiente de San Elizario ofrece programas de Carrera y Educación Técnica en Producción de Video Audio, Tecnología Automotriz, Tecnología de la Construcción, Administración de Empresas, Cosmetología, Artes Culinarias, Diseño Gráfico e Ilustración, Tecnología de la Información y Sistemas de Redes, Aplicación de la Ley y Procedimientos Penales, Robótica, Ingeniería, Tecnología Biomédica, Ingeniería de Tecnología Científica y Matemáticas (STEM), y Colegio Comunitario de El Paso – Programa de Técnico en Emergencias Medicas. Admisión a estos programas se basa en prerrequisitos del curso y clasificación del nivel del grado. Para más información sobre el programa, por favor comuníquense con Sandra Sanchez al (915) 872-3900, extensión 3844.
- 2) Es la póliza del Distrito Escolar Independiente de San Elizario de no discriminar por causa de raza, color, origen nacional, sexo, o discapacidad en estos programas vocacionales, servicios, o actividades requeridos por el Título IV del Acta de Derechos Civiles de 1964, como enmendada Título IX de las Enmiendas Educativas de 1972, y la Sección 504 de la Acta de Rehabilitación de 1973, como enmendada.
- 3) Es la póliza del distrito de San Elizario de no descriminar por causa de raza, color, origen nacional, sexo, discapacidad, o la edad en sus metodos de empleo exidido por el Titulo VI del Acta de Derechos Civiles de 1964, enmendada por las Enmienda Educativas de 1972, del Acta de la Discriminación por Edad de 1975, como enmendada, y la Sección 504 de la Acta de Rehabilitación de 1973, como enmendada.
- 4) El distrito escolar de San Elizario tomará pasos para asegurar que la falta de ingles no sea obstáculo para la admisión y participación en todos los programas vocacionales y educativos.
- 5) Para más información de sus derechos y procedimiento de agravios, puede ponerse en contacto con el Superintendente Dr. Jeannie Meza-Chavez, 1050 Chicken Ranch Rd., Administration Building, San Elizario, Texas 79849, (915) 872-3900. Mail: PO Box 920, San Elizario, TX 79849.

YOUR

Gift

IS A WAY

TO CONQUER

LUNG DISEASE

✝

AMERICAN  
LUNG  
ASSOCIATION®

of Texas

Give the gift that remembers by helping others ...

When you lose someone dear to you — or when a special person has a birthday, quits smoking, or has some other occasion to celebrate — memorial gifts or tribute gifts made for them to your local American Lung Association help prevent lung disease and improve the care of those who suffer from it.

[www.texaslung.org](http://www.texaslung.org)

1-800-LUNG-USA



# Past, present and future sports heroes visit to Sun City

By Steve Escajeda  
Special to the Courier

What a week it was for the fans of past, present and future El Paso sports superstars.

Over the years, El Paso has produced its share of national sports figures; people like former New York Jets wide receiver and Hall of Famer Don Maynard, 5-time PGA Major golf champion Lee Trevino, 6-time Grand Slam tennis winner Margaret Osborne duPont, NBA Hall of Famer Nate Archibald, 6-time Triple Crown race winning jockey Jerry Bailey, NBA champion and Olympic gold medalist Jim “Bad News” Barnes, NCAA championship coach and Hall of Famer Nolan Richardson and of course, NCAA championship coach and Hall of

Famer Don Haskins.

Well, two stars that will be added to that list were in town last week and potentially, a third is just starting his pro career.

Tim Hardaway, who will be enshrined into the Naismith Memorial Basketball Hall of Fame in a couple months, was here for a charitable event benefiting the El Paso Children’s Hospital.

Hardaway, who starred for both the Golden State Warriors and the Miami Heat, will now join former teammates Mitch Richmond and Chris Mullin (Golden State) and Alonzo Mourning (Heat) in basketball’s most coveted destination.

Hardaway played under the great Don Haskins for four years at UTEP. After his final season – 1989 – he won the Frances Pomeroy Naismith Award as the best college player in the nation six feet tall

or under.

Current Green Bay Packers star running back, Aaron Jones, was also in the Sun City. He came for the fundraiser with Hardaway, and other charitable causes.

Jones, along with twin brother Alvin Jr., recently held a celebrity softball game at Southwest University Park. He makes it to El Paso as often as he can.

But rarely will you have Jones and Hardaway in El Paso at the same time, let alone at the same event.

Jones will be reporting to training camp on July 27, for his sixth season with the Packers. In his previous five years, Jones has rushed for 4,163 yards. He is averaging 5.1 yards per rush for his career and has scored 53 touchdowns (41 rushing).

Well, that covers basketball and football. Let’s look to the future and baseball.

An El Pasoan that stopped in town last

weekend, didn’t stay long. He was on his way to the Major League Baseball draft in Los Angeles.

Ivan Melendez, the former Coronado High School and Texas Longhorns star slugger will start his MLB career with the Arizona Diamondbacks, who selected him in the second round.

Melendez is coming off one of the best seasons anyone has ever had in NCAA history.

He led the nation in home runs (32), runs batted in (94), and slugging percentage (.863) He swept all the “player of the year” awards that college baseball has to offer.

Melendez won the Golden Spikes Award. It’s the “Heisman Trophy” for college baseball. And believe it or not, he is the first Texas Longhorn in all their years of rich baseball history, to win college baseball’s biggest individual prize.

So last week we saw the past, Tim Hardaway; the present, Aaron Jones; and the future, Ivan Melendez, make quick visits to their hometown. And although Hardaway grew up in Chicago before coming to UTEP, he has always said that El Paso is his adopted hometown.

And though it may have taken longer than it should have, it’s finally great to see Hardaway going into the Hall of Fame, where he belongs.

He didn’t only play basketball, he’s part of a nickname “Run TMC” that he helped make famous with the Warriors. For you younger guys, it was named after the rap group, Run DMC. The Warriors were a running team with T (Tim Hardaway), M (Mitch Richmond) and C (Chris Mullin). He also made the cross-over dribble famous and some NBA announcers still call it the “UTEP Two-Step.”

Let’s hope that Aaron Jones and the “Hispanic Titanic” Ivan Melendez will enjoy the same kind of success Hardaway has.

But even if they don’t, El Pasoans will always be proud of their heroes. Especially when they see Jones flash that “9-1-5” to the end zone cameras.



## Super Crossword

THREE-TO-FIVE  
FIRST NAMES  
ACROSS

1 Jason's ship  
5 Categorized  
12 Schoolboys  
16 Actor Ayres  
19 Coffee bit  
20 Sea cow  
21 "Orinoco Flow" singer  
22 Yes, to Yvette  
23 Pigeonhole the 16th president?  
25 Toy-package span  
27 1950s politico  
Stevenson  
28 \_CIO  
29 Cut all ties with the star of "Our Miss Brooks"?  
31 Sniff the singer of "Coca Cola Cowboy"?  
35 Barber's stuff  
36 Color shade  
37 Senator Cruz  
38 \_bitsy  
39 Investigate the director of "Stand by Me"?  
43 Barber's stuff  
45 Positive vote  
46 Writer Blyton  
47 Bathe the star of "Caroline in the City"?  
53 Didn't include  
58 Gate joint  
59 Light hit  
60 Berg material  
62 Bride in "My Big Fat Greek Wedding"  
63 Hank in the

Basketball Hall of Fame  
64 Floats in the breeze  
67 Make a genetic replica of the star of "The Wolf Man"?  
70 Jules Verne captain  
72 According to  
73 Dawn goddess  
74 Boxer Frazier  
75 Muscle jerks  
76 Mistreat the director of "Splash"?  
79 In districts  
81 Holy Fr. woman  
82 Broadcaster  
83 Rumpus  
84 Stable feed  
85 Pungent pizza topping  
87 Quaint street lighter  
90 Trample the playwright of "Travesties"?  
94 "Me neither"  
96 " \_ so sorry!"  
97 " \_ so sorry!"  
98 Extort money from the star of "The Europeans"?  
103 Rational  
105 Prefix related to birds  
108 Helps out  
109 Whirlpool site  
110 Spill hot coffee on baseball's "Iron Man"?  
114 Kidnap the star of "Madam Secretary"?

118 Mil. jets' site  
119 Indistinct  
120 Candy \_ (hospital helpers)  
121 Contradict the inventor of the cotton gin?  
125 Certain pipe shape  
126 Provided  
127 Retired academics  
128 Ladder rung  
129 Certain pipe shape  
130 Mimicked  
131 Halter's cousin  
132 Former times

DOWN

1 Something super-fun  
2 Software  
3 Like houses with pitched roofs  
4 Hoops' Shaq  
5 Roman 950  
6 Chou En-\_  
7 Yearly records  
8 Hit resulting in an out and an RBI  
9 Absolut rival, for short  
10 Sushi roll fish  
11 Forest lairs  
12 Do not disturb  
13 Resident of "la-la land"  
14 Batik worker  
15 Gilbert of "The Connors"  
16 Soho setting  
17 Actor Levy  
18 Hot dog

24 Mae West's "Diamond \_"  
26 Intro painting course, say  
30 Self-love  
32 Be inclined  
33 Tingly feeling  
34 1974 CIA spoof flick  
40 Lubes again  
41 Glass edge  
42 Piaf of song  
43 Phone game, maybe  
44 Another time  
45 Phone game, maybe  
47 Gab, informally  
48 African land  
49 Infatuates  
50 Capital of Canada  
51 Moms  
52 Sgt., say  
54 Flawlessly  
55 African land  
56 Ballot caster  
57 Bedtime hour  
61 Delights in  
65 Relief sound  
66 "Alice" waitress  
67 Cape \_  
68 Era upon era  
69 Capital of Canada?  
71 Law school beginner  
73 Like amatory literature  
77 Marvelous  
78 Radio spots  
79 Electric jolt  
80 Dimwit

84 "Let's see..."  
86 "Says You!" broadcaster  
88 "Eat \_ Chikin" (Chick-Fil-A slogan)  
89 Pickle or cure  
91 Acorn sources  
92 Be inclined  
93 Finished  
95 Levied, as a tax  
98 Droopy-eared hound  
99 Diminutive  
100 Channel swimmer  
Gertrude  
101 Morales of film and TV  
102 McKellen of movies  
103 "On Language" columnist William  
104 Even though  
105 A lot like  
106 Wood overlay  
107 Composed and ready for printing  
111 "The Alienist" novelist Carr  
112 "As \_ care!"  
113 Crooner Cline  
115 Women's Open org.  
116 Hurdle  
117 "Yeah, right"  
122 Tall bird  
123 164-nation commerce gp.  
124 Au courant

1	2	3	4		5	6	7	8	9	10	11		12	13	14	15		16	17	18	
19					20								21					22			
23					24								25				26				
27								28				29	30								
31						32	33				34		35					36			
37						38					39	40				41	42				
				43	44					45				46							
47	48	49						50	51				52		53			54	55	56	57
58								59				60		61			62				
63															68	69					
70					71		72					73					74			75	
76					77					78				79				80		81	
82									83				84					85	86		
87							88	89			90	91				92	93				
					94			95		96					97						
98	99	100	101						102					103	104				105	106	107
108								109				110	111					112	113		
114						115	116				117		118					119			
120											121	122				123	124				
125					126						127								128		
129					130						131								132		

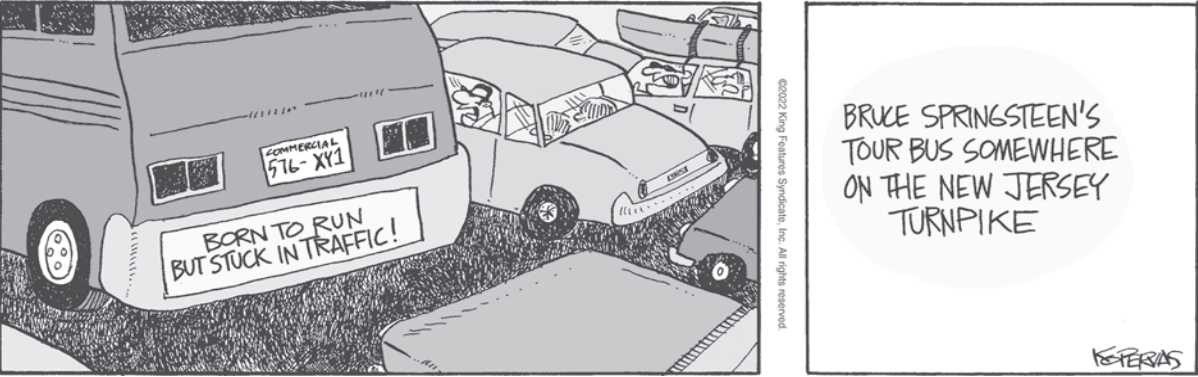
Answer Page 4



Comix

OUT ON A LIMB

By Gary Kopervas



AMBER WAVES

By Dave T. Phipps



THE SPATS

By Jeff Pickering



R.F.D.

By Mike Marland



TIGER

By Bud Blake



Lowry

From Page 2

saying he would have left the room if someone asked him for a commitment to overturn Roe.

It is doubtful that Kavanaugh told Collins anything in private that he didn't say in his sworn public testimony as well. If he was playing some sort of double game, Collins should have felt an obligation to call Kavanaugh

out on it. She didn't. In fact, she gladly voted for him.

It is true that in his hearings Kavanaugh leaned heavily on the notion that Roe was precedent and that it had been reaffirmed in Casey, what he called "a precedent on precedent." Yet, other supporters of Roe weren't inclined to overinterpret this. As Sen. Sheldon Whitehouse of Rhode Island told Kavanaugh at the outset of the hearings, "Your own words make clear you do

not really believe Roe v. Wade is settled law since the Court, as you said, 'can always overrule its precedent.'"

In her dramatic floor statement supporting Kavanaugh's nomination, Collins made it clear that she also understood that his commitment to precedent was not absolute. It would give way, she explained, "in those rare circumstances where a decision is 'grievously wrong' or 'deeply inconsistent with the law.'"

False positives plague lung cancer screening

DEAR DR. ROACH: I'm a 74-year-old female who smoked a pack a day for 40-plus years, having quit smoking about 18 years ago. As a precaution, I asked my primary doctor to order a screening CT scan, knowing that I'm a candidate for lung cancer. The results showed a 3-mm nodule in one lung, and I was advised not to worry and that my doctor would order another CT scan in six months. I can't help but wonder if this is cancer and if an oncologist, after six months, will ask me why I waited so long to see him. – T.W.



Medical professionals have been attempting to screen for lung cancer for decades. Chest X-rays proved insensitive: By the time cancer could be seen on X-ray, it was usually too late to do anything about it. CT scans are much more sensitive (maybe too sensitive; see below), and studies have shown that some lives will be saved with a screening program. However, the number of people who would benefit is relatively small; 256 moderate-to-heavy smokers would need yearly screening for three years in order to prevent one lung cancer death.

There are two other significant concerns about lung cancer screening. The first is the issue you have now: an abnormal result and what to do about it. It's extremely common. Almost 25% of scans will be abnormal, and 96% of the abnormal results will be false positives. But it will require multiple scans and sometimes an invasive procedure to prove it. This means a great deal of anxiety among people who get the type of result you did.

The small size of your nodule means your risk that this nodule is cancer is much lower than 1%. A follow-up scan is the usual recommendation, and if the nodule is the same size or smaller, the chance of it being cancer is very close to zero. You should have had a careful explanation of the likelihood of false positive results before getting the scan. You should also have been warned of the possible need for a biopsy and the possible financial costs associated with follow-up testing.

The second concern is current smokers who consider screening. A negative CT scan is not a "clean bill of health" for a smoker, and quitting remains the single most important thing most smokers can do for their overall health.

DEAR DR. ROACH: Are deodorants containing aluminum safe to use? The brands that do not contain aluminum are much less effective. I am concerned about absorbing the aluminum from the deodorant and its effect on the brain. – D.M.

That's a myth.

The amount of aluminum in antiperspirants is negligible. Deodorants that aren't also antiperspirants don't contain aluminum. The aluminum mechanically blocks the sweat glands in the armpit, and 99.99% of it is not absorbed into the body. Long-term studies of people taking aluminum-based antacid (which is also poorly absorbed) have shown no increased risk of dementia. The body has several ways of removing the small amounts of aluminum we absorb, mostly via the kidneys. Aluminum toxicity IS a potential problem for people with kidney disease on dialysis, but the small amounts of aluminum in antiperspirants is too small to worry about even in those cases.

There is absolutely no reason to be concerned about the health effects of aluminum on the brain.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). (c) 2022 North America Synd., Inc. All Rights Reserved.

The Court held in Dobbs that Roe was, indeed, egregiously wrong. Collins might be disappointed, but she shouldn't feel ill-used.

Roe never deserved to be written into law in the first place. The conservative justices never said they would preserve it, and they've done their duty to the Constitution by finally abandoning it.

Rich Lowry is editor-in-chief of the National Review. (c) 2022 by King Features Synd., Inc.





**Moore Texas** by Roger MOORE  
Texas has 90 mountains over 1 mile high, much to the surprise of many Yankee tourists.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: V equals W

VLJ DYM WNIG UNOTI  
VLN DPPNGDGM ANNTI  
HPIHFPHUHSDPG? AMSDBIM GLMHY  
VNYT HI BIBDOOJ WDYFHPDO.

Answer Page 4

©2022 King Features Synd., Inc.

Weekly SUDOKU

by Linda Thistle

		9	7					5
6				1				4
8	4				3	7		
		3		2			9	1
1			4			5		
	6				5			8
		8			7			4
	9		3	5			7	
2				8		6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging

Answer Page 9

♦♦♦ HOO BOY!

© 2022 King Features Synd., Inc.

OIG finds lax security at VA mail pharmacies



by Freddy Groves

If you’re still digging out frThe Department of Veterans Affairs Office of Inspector General performed IT security inspections at two outpatient VA mail-order pharmacies to see if they were meeting federal security guidance. Being mail pharmacies (preparing and dispensing outpatient refills of drugs), they rely heavily on IT.

The Texas facility computers were past their “sell by” dates, meaning they were no longer getting vendor updates and support. When it came to IT security, there were 22 critical vulnerabilities on 62 computers and 34 high-risk vulnerabilities on 328 computers.

Access controls were an eye-opener. The system was deficient in device lock (which prevents access to systems when users are away from

their workstations), ID and authentication of users (knowing who is typing in what), multiple users sharing one high-level account, open computers with no one around in a warehouse, access logs that were overwritten (erased) in 20 minutes and not saved anywhere... and more. Inspectors even found 98 more computers onsite than the facility thought it had.

That Texas facility alone processed over 19 million prescriptions in one year, servicing VA medical sites in six states.

It didn’t even get parking security right. VA rules say there can’t be parking right next to a facility in case of a vehicle attack. The VA medical center police department had even issued a report about there being no physical barriers. When asked, facility managers told the OIG that parking wasn’t an IT issue.

At an Arizona facility, the OIG found a similar set of deficiencies: an inaccurate inventory list of computers, multiple vulnerabilities on

hundreds of computers, missing software update patches, use of default (fresh out of the package) passwords for security camera systems, with half of the systems not generating audit logs.

The facility filled 24 million prescriptions in one year, servicing VA facilities in 12 states.

At least the Arizona facility didn’t have vehicle barrier problems, with a hefty metal fence all around it – although a check of the facility on Google maps showed the gates swinging wide open.

(c) 2022 King Features Synd., Inc.



• To halve a lot of cherry tomatoes, try sandwiching them between two plastic lids. Press down lightly and slice through the opening to make short work of them.

• “To remove paint or stain from hands (even oil-based), use an old dry washcloth with liquid hand soap – no water. After the paint is loose, rinse with warm water.” – H.P. in Washington

• Quinoa is becoming really popular as a grain alternative. It’s very small and requires rinsing before cooking to remove potentially bitter residue. Here’s a great trick to rinse your quinoa without losing half of it to the holes in your colander: Use a French press coffeemaker. The fine mesh and pouring spout make rinsing a breeze. – JoAnn

• “Candle nubs, that little bit left when the candle has burned down all the way, can be removed from a candleholder by setting the whole thing in the freezer for 10-15 minutes. The wax surface hardens and shrinks, making it easier to chip out. The same goes for linens that have wax drips: freeze and chip away, then use a degreasing spot cleaner.” – Y.G. in Arkansas

• Easily thread a needle with hairspray. Spritz the end of the thread with a little high-hold hairspray and pull taut. It will be much easier to thread.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2022 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 4

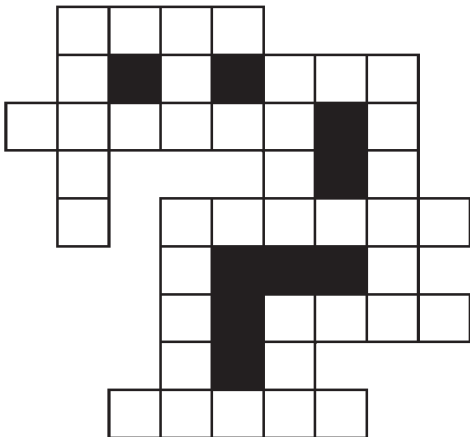
	×		-		20
-		+		÷	
	+		×		24
×		×		+	
	-		×		28
20		13		11	

1 2 3 4 5 7 7 8 9

©2022 King Features Syndicate, Inc.



GWA  
♥ OPTNAR  
♥ REPSO  
♥ ESNW  
♥ ERNUET  
♥ OTN  
♥ TEWN  
♥ NEEST  
♥ PSU  
GULEON  
IGNER  
TPTU



Answer Page 9

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE ). Prepare to use only ONE word from any marked ( ♥ ) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART ). Fit each string’s word either across or down to knot all twelve strings together.

©2022 King Features Syndicate, Inc. All rights reserved.