



NEWSBRIEFS

Happy states

With 87% of Americans feeling “anxious” or “very anxious” about inflation, the personal-finance website WalletHub has released its report on 2022’s *Happiest States in America*, as well as accompanying videos and expert commentary. To determine where Americans have the highest satisfaction with life, WalletHub compared the 50 states across 30 key indicators of happiness. The data set ranges from the depression rate and the share of adults feeling productive to income growth and the unemployment rate. Texas was rated 36th in the report. Other stats:

- Hawaii has the lowest share of adult depression, 12.90 percent, which is 2.1 times lower than in West Virginia, the state with the highest at 27.20 percent.
- New Jersey has the fewest suicides (per 100,000 residents), 7, which is 4.4 times fewer than in Wyoming, the state with the most at 31.
- Utah has the highest volunteer rate, 51.20 percent, which is two times higher than in New York, the state where the rate is the lowest at 25.00 percent.
- Utah has the lowest separation and divorce rate, 15.63 percent, which is 1.7 times lower than in Nevada, the state with the highest at 25.79 percent.

Visit: <https://wallethub.com/edu/happiest-states/6959> for the full report.

– Diana Polk

States in debt

With inflation putting pressure on people’s budgets and raising concerns about a prolonged recession, U.S. consumers are once again adding new credit card debt by the billion, racking up \$67.1 billion during Q2 2022, according to WalletHub’s latest *Credit Card Debt Study*. That is an all-time record for credit card debt added during the second quarter of a year, and WalletHub now projects that consumers will add a total of \$110 billion in debt during 2022. This new debt is also likely to become even more expensive soon, with the Federal Reserve expected to continue to raise its interest. WalletHub anticipates this will cost people with credit card debt an extra \$5.3 billion over the next 12 months. In addition, the rise in debt is

See BRIEFS, Page 3

We won’t go far without enthusiasm, but neither will we go far if that’s all we have.

– Quips & Quotes



– Photo by Alfredo Vasquez

COMING THROUGH – During last year’s Festival of Chariots, the specially designed wheels, above, moved the large wooden chariot along a downtown El Paso street as the driver underneath the platform steered the unique vehicle.

Public invited to experience Indian tradition, food and culture during second annual festival

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – A burst of colors, the aroma of fresh flowers, the resounding musical chants, and the tastes of the cuisine of India will be on full display when the Second Annual Festival of Chariots celebration takes to the streets in downtown El Paso on Saturday, October 8.

The Festival of Chariots, an annual celebration of Indian culture and tradition, will be from 2 p.m. to 8 p.m.,

at the parking lot located at 401 East Main Street (across from Hotel Indigo) in Downtown El Paso.

The headlining event, a parade of chariots (Ratha Yatra), will kick off at 3:30 p.m., at the parking lot located at Campbell Street and Mills Avenue and will proceed down Mills to Oregon Street and then Main Street before ending back at the parking lot at Campbell and Mills. The celebration will be held in conjunction with the City of El Paso’s Chalk the Block festival.

“We are so excited to bring back

this special holiday, Ratha Yatra, to our El Paso community,” said festival organizer Madhi Nair. “We are also excited to partner with Chalk the Block to offer El Pasoans a weekend of fun, culture, and art.”

Guests will also be able to learn more about Indian culture through a FREE vegetarian feast; a gift shop with jewelry, textiles, apparel, transcendental literature and more; authentic Indian music/kirtan; theatrical performances; an Ayurvedic

See FESTIVAL, Page 4

Schools receive Purple Star Campus designation

Two Anthony ISD schools named

By Adriana Candelaria
Special to the Courier

ANTHONY, TX – A strong commitment to supporting and meeting the unique needs of military-connected students and their families has earned a Purple Star Campus designation for two schools in the Anthony Independent School District.

Every year, the Texas Education Agency awards the Purple Star Campus designation to campuses with an assigned military liaison, student ambassadors, and leaders that go the extra mile with initiatives to accommodate military families and their child’s educational needs.

“We are very proud to announce that Anthony Elementary School and Anthony Middle



See AISD, Page 4 Dr. Oscar Troncoso

Two Canutillo ISD schools named

By Gustavo Reveles
Special to the Courier

CANUTILLO – Childress and Reyes elementary schools in the Canutillo Independent School District received the prestigious Purple Star Designation by the Texas Education Agency for their continued commitment to military-connected families.

The two CISD schools are among the 179 schools statewide to receive this designation during the 2022-23 school year. This is Reyes’ second time receiving a Purple Star and Childress’ first.

“Canutillo ISD has a long history of celebrating our military members and supporting the families that make up this proud community,” said Superintendent Dr. Pedro Galaviz. “The Purple Star



See CISD, Page 6 Dr. Pedro Galaviz

In Ukraine, there’s no substitute for hard power

The ongoing Ukrainian counter-offensive, if successful, could reshape the war and the geopolitical contours of Europe.

It is a testament to Ukrainian pluck and staying power but, above all, to the advanced weapons that the West has put in the hands of the Ukrainians.

Soft power, the coinage of political scientist Joseph Nye for the ability of a country to get others to do what it wants without coercion, is important; hard power is absolutely indispensable.

This is easy to forget in a West that believes deeply in democratic ideals and moral example. Even if it is true, as optimists believe, that the arc of moral history bends toward justice, an armored division can smash and bend it back.

The history of the West is in part the history of arms races, in fortresses, cannons, ships, rifles, aircrafts and much else.

Empires have risen and fallen on the strength of military hardware. Cities have conquered or been destroyed. Armies have triumphed or dissolved.

After the Russian invasion of Ukraine, Volodymyr Zelenskyy had bucketfuls of soft power. He was the most admired man in the world. He spoke at the United Nations, to Congress and other national legislative bodies, and even at the Grammys. What did that get him? It helped solidify the good will of Western countries, which was essential. He constantly tried to leverage that sentiment, though, for the hardheaded priority of more weapons.

Zelenskyy could still be admired in death, or in a Russian prison, or as an exile. Yet, if he wanted to continue to be admired as the leader of an independent country, he needed sheer firepower.

Ukraine’s cause hasn’t gotten any more just or inspiring over the last couple of months; it’s gotten better armed.

Ukraine couldn’t win a straight-up artillery fight with the Russians, and in fact it was losing one in a grinding war of attrition. A HIMARS, or high mobility artillery rocket system, versus artillery fight, though, is a different matter.

The Ukrainians have used these long-range, precision systems provided by the U.S. to hit Russian artillery parks, ammunition dumps and logistical hubs. The strikes have caused breakdowns in Russia’s fuel and ammunition supplies as well as in the cohesion of its troops and command-and-control.

The Ukraine war has been a conflict of stark phases and strategic adjustments and re-adjustments. The



See LOWRY, Page 7

View from here

By Dr. Glenn Mollette

America’s foreigner flood: Spread the love around

Nearly five million foreign nationals have entered the United States since Biden became President. Some people call them undocumented immigrants, some call them unauthorized immigrants, many call them illegal immigrants. If they were entering the country legally with proper documentation then we would call them documented immigrants or legal immigrants.

Wyoming has 581,075 people. Have you ever been to Yellowstone National Park? Vermont has a population of 623,251 people. The District of Columbia has a population of 714,143 people. Alaska’s population is 724,357. North Dakota has 770, 026. South Dakota’s population is 896,581. The population of Delaware is 990,334. (Stats from populationreview.com). These

seven states combined have a population of under 5.5 million people. To get a more accurate count I suppose we could drop off Wyoming and that would put us closer to the total number

We cannot add 4-5 million illegal immigrants every two years without having serious population issues in our nation.

What would a half million of these new unauthorized

Lexington or Woodford County? They still have a nice ten mile stretch of horse farms that could easily accommodate one-half million foreigners. Put these people to work giving bourbon tours.

Boardwalk in this quaint costal Atlantic community of fine restaurants, shops and summer vacationers. The illegals could certainly transform this little community.

In other words, our country has grown the population of at least six of our smallest populated states in six years. ... We cannot add 4-5 million illegal immigrants every two years without having serious population issues in our nation.

Texas Governor Greg Abbott and Florida Governor Ron Desantis have the right idea, share the love. Open borders should never mean that Texas and other border states get all the love and joy of these millions of people coming illegally into America. Texas already has 30 million people. Florida has 22 million people. Plus, Texas and Florida get hot. Hot weather and crowds are not a good combination. Martha’s Vineyard has less than 20,000 people. The climate is cooler. The water is pretty and there is some good fishing in the area as well. I can see where immigrants would be content in this part of America. Rehoboth in Delaware would also be a nice spot for the undocumented foreigners. Rehoboth is where Joe Biden likes to stroll along the

California has a population of 40 million people. New York has almost 20 million and Illinois has almost 13 million with Chicago exploding with its own problems. Do any of them really have the financial ability to care for another million people?

If we do not get control of our border and regulate the flood of people who are coming into this country illegally, soon we will not have a country.

Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminaries in Kentucky. He is the author of “Uncommon Sense” and 12 other books. His column is published weekly in over 600 publications in all 50 states. Learn more at www.glennmollette.com or www.facebook.com/glennmollette.

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Moments in time

THE HISTORY CHANNEL

- On Sept. 26, 1945, Lt. Col. Peter Dewey, a U.S. Army officer with the Office of Strategic Services in Vietnam, is shot and killed in Saigon. Dewey was the head of a seven-man team sent to Vietnam to search for missing American pilots.
- On Sept. 27, 1930, Atlanta golfer Bobby Jones wins his fourth major tournament of the year, making him the first person ever to win the Grand Slam of golf. Jones had the picture-perfect swing of every golfer's dreams, despite never having taken a lesson.
- On Sept. 28, 1901, Ed Sullivan, who will become the host of the long-running TV variety program "The Ed Sullivan Show," is born in New York City. During the peak of its popularity in the 1950s and 1960s, Sullivan's program showcased a wide range of entertainers.
- On Sept. 29, 1954, Willie Mays, center fielder for the New York Giants, makes an amazing over-the-shoulder catch of a fly ball hit by Cleveland Indians first baseman Vic Wertz to rob Wertz of extra bases in game 1 of the 1954 World Series. The catch has gone down as one of the greatest in the history of baseball.
- On Sept. 30, 1868, the first volume of Louisa May Alcott's beloved coming-of-age book "Little Women" is published. Alcott dedicated most of her life and writing to supporting her family after her father's failure at running a school.
- On Oct. 1, 1920, Scientific American magazine reports that the rapidly developing medium of radio would soon be used to broadcast music. Experimental concerts were being conducted from the Radio Laboratory of the Bureau of Standards with local radio operators being used to see if the transmissions could be heard hundreds of miles away.
- On Oct. 2, 1965, a team of scientists invent Gatorade, a sports drink to quench thirst, in a University of Florida lab. The name Gatorade was derived from the nickname of the university's sports teams. A coach had asked for something to help his players who were negatively affected by the heat during play, and the salt and sugar drink was developed.

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Briefs

From Page 1

not uniform across the country, as some areas have bigger payment problems than others. With that in mind, WalletHub compared all the states based on how much residents owe to credit card companies – specifically, how those balances changed in Q2. Texas was rated 2nd in the report for increased debt.

Credit Card Debt Study Key Stats:

- Texas Debt:** The average household in Texas owes \$8,681 in credit card debt, following a \$593 Q2 increase.
- Record Q2 Increase.** Credit card debt increased by almost \$67.1 billion during Q2 2022, an all-time record for the second quarter of the year.
- Bigger-Than-Normal Buildup.** Consumers' Q2 2022 credit card debt increase was 3.5X bigger than the post-Great Recession average for a second quarter.
- Record Annual Projection.** WalletHub projects that consumers will end the year with roughly \$110 billion more in credit card debt than they started with, which would be close to an annual record.

Fed Rate Hike Survey Key Findings:

- More Costly Debt.** A Federal Reserve interest rate increase on September 21 would cost people with credit card debt an extra \$5.3 billion in the next year alone. That's on top of the \$15.3 billion increase already caused by the Fed's previous rate hikes this year.
- Inflation Concerns.** 85% of Americans are concerned about inflation right now.
- Fed Increases Affecting Wallets.** 63% of people say their wallets have been affected by the Fed's rate hikes this year.

- Monthly Expenses Affected.** 62% of people say inflation has affected their monthly grocery expenses the most, followed by gas (32%) and housing (6%).
- Government Intervention at the Pump.** 71% of people think the government should put a cap on gas prices.
- Not Recession-Ready.** 44% of people do not think they are financially prepared for a recession.
- High Inflation Preferable to High Unemployment.** 56% of Americans say they would prefer high inflation over high unemployment.

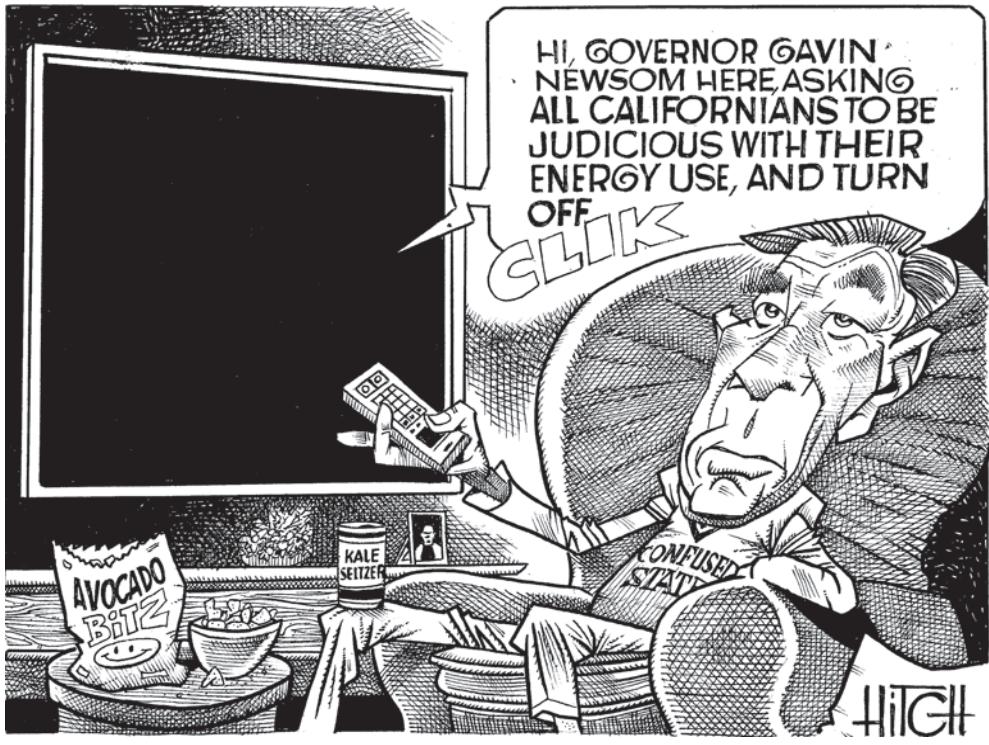
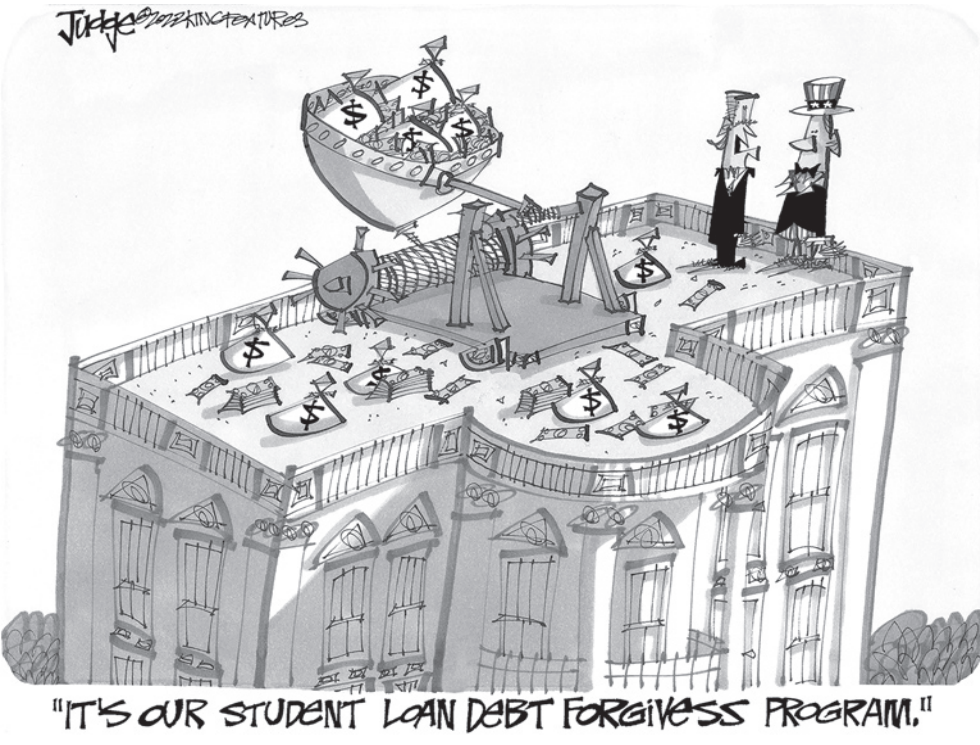
Visit <https://wallethub.com/edu/cc/credit-card-debt-study/24400/#debt-by-state> for the full report.

– Diana Polk

One big moth

The state of Washington's Department of Agriculture (WDA) is on a moth hunt but it's not your normal, pesky moths that eat holes in your favorite woolen sweater. This moth is the humongous, giant Atlas moth with a nearly 10-inch wing span. Despite the fact that the Atlas moth has never before been seen in the U.S. and that it makes its home in tropical climates, one was spotted in Bellevue, WA recently. WDA entomologist Sven Spichiger is quoted in a department news release saying "This is a 'gee-whiz' type of insect because it is so large. Even if you aren't on the lookout for insects, this is the type that people get their phones out and take a picture of – they are that striking." In fact, that's exactly what a University of Washington professor did when he found the behemoth of a moth clinging to the wall of his garage one day. He pulled out his phone and snapped away.

– John Grimaldi



Festival

From Page 1

Tent; Vedic Astrology readings; yoga; a meditation booth; henna and face painting and more.

World-renowned kirtan musician Gaura Vani will

perform at the festival, along with performances by artists from the Prema Collective. Attendees can participate in yoga and meditation and all activities, food and performances are free to the public.

The tradition of celebrating Ratha Yatra goes back thousands

of years and is one of the most celebrated events in India and worldwide. Ratha Yatra is derived from two Sanskrit words, Ratha which means chariot or carriage, and jātrā, which means journey or pilgrimage. These festivals are an important element of the International Society for Krishna

Consciousness (ISKCON).

The traditional chariots that will be featured in the downtown El Paso parade have been designed and constructed over months in Los Angeles.

For more information, please visit ElPasoFestivalofChariots.com or interested individuals may contact Marina Monsisvais, at Marina@barracudapr.com for more details about the upcoming festivities.

AISD

From Page 1

School are recipients of this honorable recognition,” AISD Superintendent Dr. Oscar Troncoso said.

“The sacrifices that service members do to serve our country also involve their families. Whether a child needs peer support or additional mental or emotional counseling when a parent is deployed, or extra academic support, Anthony ISD teachers and staff ensure they can honor their sacrifices and resiliency.”

During the 2021-2022 school year, Anthony ISD launched a month-long recognition to celebrate April as Military Child Month. Students and staff participated in Purple Up Day, a day for everyone to wear purple in support of all military branches. AISD Board of Trustees and campuses also introduced a proclamation to celebrate military active and veteran families. To learn more about AISD resources for military students, visit anthonyisd.net.

Nestled in the surrounding area of the military base Fort Bliss, Anthony ISD is an innovative school district with more than 700 students in far west El Paso County near the Texas-New Mexico border. A tight-knit community of dedicated teachers, staff and administration lead AISD’s three campuses. The district has an elementary, middle and high school. TEA’s Purple Military Star designation was created by Senate Bill 1557 and passed by the 86th Texas State Legislature.

Send Your
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Strange
BUT TRUE

By Lucie Winborne

- Swimmers sweat underwater.
- Shout out to “The Wizard of Oz”: Dominic Wilcox designed “No Place Like Home” shoes containing a small GPS unit that can be programmed with a home address. How is it activated? By clicking your heels together three times, of course! A series of LED lights on top of the left shoe will then point you in the direction of home.
- In 1775, a 78-year-old Massachusetts farmer named Samuel Whittemore fired at British soldiers and killed three. Out of ammo, he drew his sword to continue fighting and was shot in the face, bayoneted multiple times, and left for dead. But those pesky Brits had nothing on Whittemore: He was found, was patched up, and lived another 18 years.
- The auto industry used sperm whale oil as an ingredient in automatic transmission fluid until 1973, when Congress passed the Endangered Species Act and banned it.
- More than 40 buildings in New York City, including the General Motors and Empire State buildings, have their own zip code.
- In 2013, a petition requesting that the U.S. government build a Death Star reached 25,000 signatures, the amount required for an official response. That hopeful effort proved to be in vain, however, when the government replied that “the Administration does not support blowing up planets.”
- Research found that some neighborhoods containing more dogs had lower levels of crime, likely because of their residents’ need to walk or at least let out their canines at all hours.

Thought for the Day:
“Winning doesn’t always mean being first. Winning means you’re doing better than you’ve done before.”
– Speed skater Bonnie Blair

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– Photo by Alfredo Vasquez

SPRUCING UP – Festival organizers, above, put finishing touches on the chariot that was pulled through downtown El Paso streets during last year’s inaugural celebration. The second annual event will be held from 2 to 8 p.m., Saturday, October 8, with the parade starting at 3:30 p.m.

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CryptoQuip
Answer

You really shouldn’t disregard these fine people from the Pine Tree State. Mind your Mainers!

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The Tejanas, from left, are Crystal Peterson, Alondra Valles, Faith Nyathi, Kayhla Talavera, Ana Rojas and Karyme Garcia.



The Tejanos, front row from left, are Amos Yego, Kelvin Chiku, D'Angelo Flores, Israel David, Emmanuel Kiptoo, Back row from left are Coach Sergio Talavera, Jr., Jarett Kitchmark, Brandon Adolphus, Adams Biwott, Andrew Valdiviezo and Coach Miguel Bonilla.

EPCC teams place well at elite cross country meet

Finish first among junior college teams

By Jim Heiney
Special to the Courier

EL PASO COUNTY – El Paso Community College (EPCC) Cross Country teams competed at the prestigious Oklahoma State Jamboree on September 24 against many university and colleges from around the nation. The men’s and women’s teams were both the top National Junior College Athletic Association (NJCAA) school and finished ahead of most universities involved at the meet.


The Tejanas are ranked 3rd in the nation and finished in 18th place. They were led by reigning National Champion, Faith Nyathi (86) and Alondra Valles (186),

The Tejanos finished in 20th place. They were led by Adams Biwott (125) and Kelvin Chiku (146).

Next up for EPCC is the New Mexico JC Invitational on October 14 in Hobbs, NM.

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Medicare’s Annual Enrollment Period starts on Oct. 15th

Will the real UTEP football team, please stand up

By Steve Escajeda
Special to the Courier

For the most part, as you get older you tend to believe that you’ve got life figured out.

As you travel through time you learn things like what to approach and what to avoid, what is true and what is false, what is good and what is bad.

But for the life of me, I just cannot figure out this UTEP football team.

Are the Miners a good team or are they a bad team?

They looked absolutely horrible in their first four games this season. Then, they shock everyone by upsetting Boise State last Friday in the Sun Bowl 27-10. And they looked brilliant doing it.

Up is down, down is up, true is false,

CISD

From Page 1

Designation is proof positive that CISD schools are going above and beyond in our responsibility to provide high-quality services to these amazing students, their parents and anyone else who makes the sacrifice in service to our country.”

To be eligible for a Purple Star, schools must designate a campus-based military liaison, create and maintain an easily accessible web page that includes information for military-connected students and their families, institute a campus transition program for military-connected students, and support a military family assistance initiative.

Childress and Reyes have created special programming to help military families – especially those connected to Fort Bliss – cope with the challenges of transitioning into the local school system.

The program was created by the Texas Legislature in 2019. Winning schools will receive a Purple Star plaque to display on campus and will be recognized in a special announcement on the TEA website.

and gasoline is cheap.

To be honest, all us reporters in the press box were talking before the game, wondering how bad this one was going to be. Some reporters were even admitting that they’d rather be anywhere else because UTEP football games as so boring and one-sided.

And how can you blame them, the Miners struggled immensely to beat the NMSU Aggies in the Sun Bowl – and the Aggies are currently rated as the worst college football program in the country.

They got blown out in their “915” sold out opener against North Texas, they got blown out by a very average New Mexico Lobos team that lost to Boise State by 17.

So what was anybody supposed to think when the Miners took on mighty Boise St,

who by the way, beat the Miners 54-13 a year ago.

When Boise St. took their opening possession and marched down the field for a field goal and an early 3-0 lead, it looked like this was just the beginning of many more points for the Broncos.

But then everything changed.

For some unknown reason, the Miners started to resemble a real football team.

The defense has been consistently good all season. But the offense, which has been terrible, did things a little differently.

Usually, the Miners start running the football and soon give up on the whole idea because they struggle the first few times they tried.

Last Friday night, they started with the run game and stayed with it throughout

Senior moment

By Matilda Charles

Multiple drug prescriptions

While using a different pharmacy to get a much lower drug cost has one definite benefit, there is also a potential problem: A new pharmacist won’t know you. If you only take one drug prescription to that new pharmacy, they won’t know what other drugs you’re taking. And therein can lie a serious outcome.

It’s called polypharmacy, and it means that we’re taking multiple prescription drugs. Technically, the definition means we’re taking at least five medications, but it doesn’t take five to potentially create a risk. Even taking four drugs comes with an increased risk of falls, for example.

There are several ways this situation can occur. We might be seeing more than one doctor for a condition and be given a prescription by one doctor and another by a different doctor with instruction to keep taking it until the next visit. We might be on a pharmacy auto-refill program that sends us drugs, which we dutifully take. We might

see a doctor with a sub-par medical assistant who blithely renews all our prescriptions without asking. The software at the pharmacy’s computer might not be updated or might not even be new enough to pick up drug contraindications and flash an alert on the screen.

We need to take charge!

When you go for a doctor visit, take all your drugs with you in a bag, including any vitamins and over-the-counter drugs you picked up along the way. Line them up on the desk and ask the doctor (not a nurse) to verify that you should be taking all of them.

Remember that when a health care provider treats you, it’s part of their job. At the end of the day, they go home. And at the end of the day, you live with the results of what they either do or don’t do.

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Super Crossword

GIFTS OF THE YEAR

ACROSS

1 First scale

7 Gripping tool

11 Arid expanse in Mongolia

15 Move like a grasshopper

19 "Not Afraid" rapper

20 Affirmation of self-ability

21 De-wrinkle

22 Giant fair

23 Stocks and shares [1st]

25 Stand-up

comedian Richard

26 Super serves

27 Low digit

28 Play starter

29 American robin's close relative [5th]

31 Figure on a kid's toy battleground [10th]

35 Revolutionary War mercenaries

36 Wed. follows it

37 Yellow-disked flower

39 'Zine

40 Canon camera line

43 Rapping noise

47 She sang "Don't It Make My Brown Eyes Blue" [15th]

51 Online selling

52 Driver's license, SSN, etc.

55 Determined to accomplish

56 Living space

57 1988-91 war drama series [20th]

60 Earth's heater

61 Bluegrass fiddler

Alison

62 Longtime ISP option

63 Laundry receptacle

65 &&&&

66 "Hey, over here..."

68 Tree of eastern North America [25th]

72 Lid fastener

76 Infamous ldi

78 Very small minority

80 Mineral spring

81 Taxi driver

84 Angry

87 Small, pungent pickling vegetable [30th]

89 Player's top effort, informally

90 Literary leaf

92 Part of IPA

93 Slow a car down

94 Dorothy's magical shoes [40th]

97 Filleted

99 Cough up

100 Low digit

101 Rapscaillon

104 PC key abbr.

105 Daughter of JFK

109 Half-million-selling album [50th]

114 Mae West play [60th]

116 "Dies ..." (hymn)

117 Dog coater

118 "Eso Beso" singer Paul

119 Revered sort

120 Occasion associated with the starts of 10 answers in this puzzle

124 Salt Lake City

NCAA team

125 Soothe

126 Profit

127 Actor Steven

128 Work honcho

129 Deli breads

130 Possesses

131 Attractive

DOWN

1 Bus station

2 Neighbor of a Yemeni

3 Get mature

4 Ending for propyl

5 Sea, to Henri

6 "... big boy now"

7 Glutinous

8 Cold drink, informally

9 Like biting writing

10 U.S. Navy off.

11 Toy for a boy, traditionally

12 Longtime cookies

13 Bail provider

14 Part of IPO

15 Find out

16 "How rude!"

17 Gorillas, e.g.

18 Opulent

24 Tearful

29 "As a matter of fact, I do!"

30 Hollow-eyed

32 Sully

33 Ban

34 Grazing area

38 Near-grads: Abbr.

41 Part of 122-Down

42 Beholds

43 Quick review

44 Eldest Musketeer

45 Kite features

46 Has a link (with)

48 Actor Erwin

49 Whole lot

50 Disconcert

53 Author Roald

54 1976-81 skit series

58 Sink bowl

59 Color shade

61 Get down to propose

64 "It's freezing!"

65 Filmmaker

Hitchcock

67 Singer Wynette

69 See 70-Down

70 With 69-Down, tourist's printed guide

71 Ring, as bells

73 Nepali, e.g.

74 Said words

75 Sectioned, as a window

77 Conductor

79 Teeter

81 Be a kvetch

82 Juan's water

83 Sweetums

84 Swabby's tool

85 High mount

86 Semi fuel

88 College org. for sailors-to-be

90 Occasion for unrestricted amusement

91 Tolkien terror

95 More silly

96 Eastern Michigan city

98 Corn serving

102 "Top o' the ..." to ya!"

103 Prairies, e.g.

106 Accrue

107 "Victory is yours"

108 Brother on "Frasier"

110 Actor Patel of "Lion"

111 No longer a minor

112 Countryish

113 In a deadpan manner

114 Smear on, as paint

115 Crazy about

120 Past

121 PC key abbr.

122 Speed Wagon maker

123 Golfer Snead

Answer Page 4

1	2	3	4	5	6		7	8	9	10		11	12	13	14		15	16	17	18	
19							20					21					22				
23						24						25					26				
27						28					29					30					
31				32	33	34					35										
			36				37			38				39				40	41	42	
43	44	45				46			47			48	49				50				
51						52	53	54		55						56					
57					58				59		60					61					
62					63					64					65						
66			67		68						69	70	71				72	73	74	75	
			76	77						78						79		80			
81	82	83					84	85	86		87						88				
89							90			91		92				93					
94							95				96				97	98					
99					100					101			102	103		104					
		105	106				107	108			109				110				111	112	113
114	115										116							117			
118						119					120					121	122	123			
124						125					126					127					
128						129					130					131					

Comix

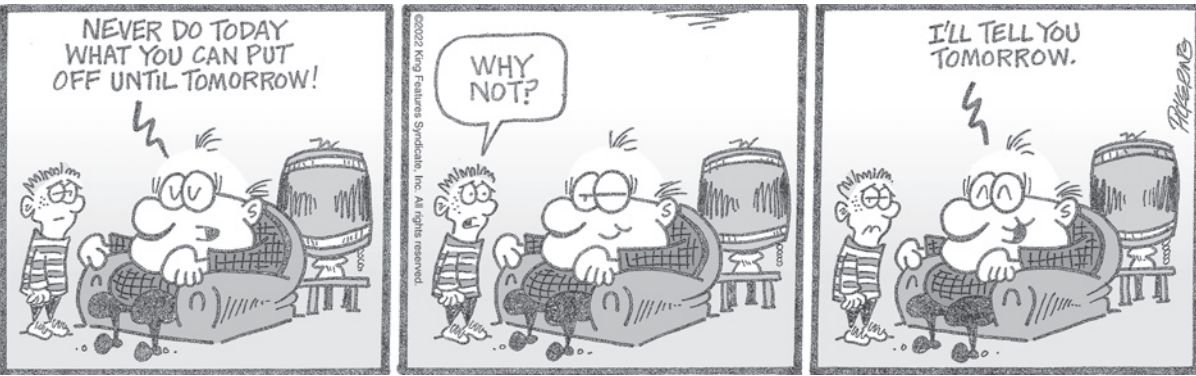
OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps



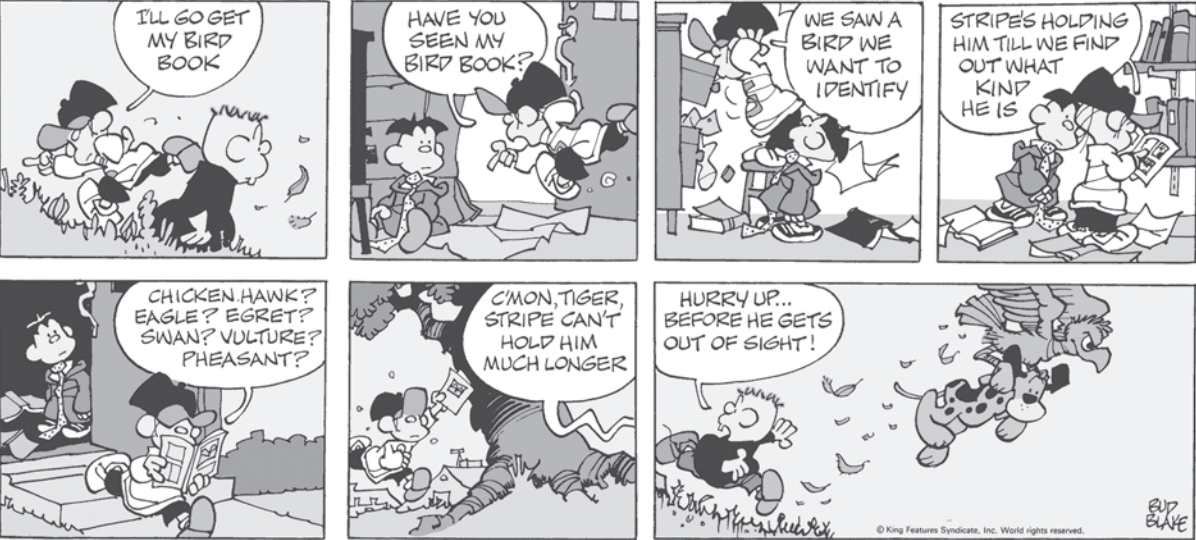
THE SPATS By Jeff Pickering



R.F.D. By Mike Marland



TIGER By Bud Blake



Lowry

From Page 2

Russians will presumably have their answer to the current Ukrainian push, and if they don't, one reason will be that they are running out of those pillars of hard power – men and materiel.

Paul Lockhart writes in “Firepower,” his book about the history of weapons of war:

“Technological sophistication and military might are, to be sure, not synonymous but closely connected, and military might is a vital factor in the calculus of international relations. Great powers tend to have great weapons, or at least a lot of really good weapons.”

Weshouldbemindfulofthis,not just in the assistance we provide to Ukraine but in our priorities for ourselves. Our military budget needs to be much bigger,

and our defense industrial base is wholly insufficient to the new, more threatening international environment. We would run out of rockets quickly in a war with China. Even supporting Ukraine at the current level has been a strain.

The United States is a marvel of soft power, binding allies to us, attracting people all over the world who want to come here, and reaching the most far-flung places in the world. What we’ve

Size of aneurysm determines whether surgery is necessary

DEAR DR. ROACH: My husband will be 83 in September and was recently diagnosed with an ascending thoracic aortic aneurysm measuring 4.8 cm. Five centimeters is when the doctors decide to do something. After hearing about the survival rate based on your recent column, along with your comment that “most people do not survive a rupture of the aorta,” I’m scared. Why do they wait until 5.0 or rupture? His doctor says to test again in six months and to just keep his blood pressure down. Shouldn’t he be careful about strenuous activities until repair? We can only wait at this point, it seems. – C.G.



The aorta, the largest blood vessel in the body, comes directly off the heart, ascends to form an arch, and then descends through the chest into the abdomen. The aorta is then considered in three divisions: the ascending thoracic aorta; the descending thoracic aorta; and the abdominal aorta. Aneurysms can occur in each of these areas, and each has slightly different criteria for when to intervene.

In my most recent column, that was an abdominal aortic aneurysm. Most adults with an ascending TAA are recommended for surgical repair at a diameter of 5.5 cm. However, if the aneurysm is rapidly expanding, surgery may be considered earlier. If a person has a medical illness, making surgery very risky, surgeons may wait until the size exceeds 6 cm. The decision on when to operate requires judgement from an experienced surgeon and cardiologist. This is a major surgery with potential for harm, including death, and it’s not to be undertaken unless the benefits clearly outweigh the risks. Rupture is unlikely at less than 6 cm.

Keeping the blood pressure down (below 120 systolic) is a good idea. Beta blockers are most commonly used for that, based on studies in people with genetic risk for TAA, such as Marfan syndrome. Statin drugs are often used, as there is evidence to suggest that they slow down expansion of the aneurysm.

From Dr. Daniel F. Hayes:

You recently wrote on the concerns of bisphosphonate drugs like alendronate (Fosamax) in people with osteoporosis. These drugs, especially intravenous zoledronic acid, have been game-changers in patients with breast and other cancers that spread to bone. They have dramatically reduced the incidence of dangerously high calcium in people with cancer and have substantially reduced bone fractures due to cancer. There is a considerable body of literature supporting their use as therapy to reduce recurrence, and even mortality, in selected patients with early stages of breast cancer.

When we first started using them [at the University of Michigan Rogel Cancer Center], we observed osteonecrosis of the jaw in about 10% of treated patients. We quickly realized we could reduce the risk by using them less frequently and by having our patients see dentists to ensure hygiene before we start. With these considerations, the incidence of osteonecrosis of the jaw with bisphosphonates (or denosumab) has dropped to less than 1%.

These medicines are very important for patients with cancers that have spread to bone, and we don’t want people afraid of these very effective agents that are safe when used correctly. – D.H.

I appreciate the information from Dr. Hayes and am happy to share with my readers. – Dr. Keith Roach.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2022 North America Synd., Inc. All Rights Reserved.

been able to provide Ukraine that has been most telling, though, hasn’t been diplomatic or moral support, rather a system that can put a rocket directly on a target up to 50 miles away.

That’s been the game changer, as better, more sophisticated military technology has always

been from long bows, to arquebuses, to fighter jets. There is simply no substitute for hard power.

Rich Lowry is editor of the National Review. (c) 2022 by King Features Synd., Inc.



Moore Texas by Roger MOORE
September 29, 1979: David Waddell finished his 203 mile waltz across Texas. It took him 19 days to waltz across the panhandle.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals Y

ZHS FKORRZ WYHSRCQ'U
CDWFKJOF C UYKWK PDQK LKHLRK
PFHN UYK LDQK UFKK WUOUK.
NDQC ZHSF NODQKFW!

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

	3		6			4		
8				7	5			9
		9			2		7	
2				8	4			5
	4			1			9	
	7	1	5			8		
6					3	2	1	
		7	8					3
	1			6				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

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Finding employment in the civilian world



by Freddy Groves

If you're a veteran or are just about to leave the service, one thing that might be on your mind is future employment in the civilian world. What are you going to do for work? How do you fill out an application when you don't know the civilian title equivalent for the jobs you seek or the skills you have? Do you wonder if your skills even have application outside the military world?

Oplign, owned and operated by veterans who've been there, might have the answers you need. Oplign has a high-powered search engine computer that translates and matches the civilian job with the military veteran. Whether you're a veteran seeking a job or a civilian employer with positions to offer, Oplign can help. For the veterans information, see vetlign.com,

or check out the video at vimeo.com/522935777.

RecruitMilitary (RecruitMilitary.com) does things in a different way with an MOS, NEC or AFSC translator. Enter your classification or just your Zip code and see what jobs are available near you. A fast look at jobs in my area showed a wide range of opportunities, from pharmacist to aviation mechanic to paint store supervisor and more. One other helpful section is the list of veteran-centric job fairs, including those that are also for military spouses.

Check the Veteran Jobs board at military.com, also with a classification translator, job listings and a place to upload your resume.

Consider looking for a position with your state government. Chances are that if you are searching for a position that requires licensing or certification, your state will have opportunities that can ease the process of getting those based on your military service and experience.

Check your state's

Department of Labor as well; they frequently have "hire a vet" goals to meet and will go out of their way to help you.

If you have a medical/health care military background, it might take no more than a single phone call to your local hospital to find employment.

And remember: If you aim for a government job, you might have Veteran's Preference Points. Those are valuable.

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• Before I pluck my eyebrows, I rub on a bit of my granddaughter's teething gel. She's done teething and doesn't need it anymore, but it works well for me. Be very careful to apply, let dry and wash your hands before touching your eye any further! – M.L. in California

• When microwaving items of different sizes, arrange the largest parts toward the outside of the plate for more even cooking.

• Lemon juice mixed together with coarse salt makes an inexpensive copper cleaner.

• When going fishing and you are only bringing a couple of lures, use an old, empty pill container. It holds well and you won't be poked. – D.B. in Minnesota

• When figuring up the cost of moving yourself or using a service, be sure to consider the cost of your time and your health. And be certain that you are able to drive the moving van if you rent a large truck.

• If you don't keep a lot of foods in your freezer, you can fill large gallon-size zipper-top bags with ice cubes. You will always have plenty of ice on hand, and your freezer will not have to work as hard to keep the items in it frozen.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2022 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 4

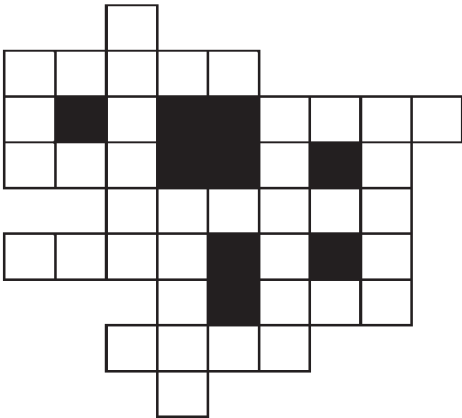
	-		x		21
+		+		+	
	+		x		27
x		x		+	
	x		-		26
28		24		22	

1 2 2 4 5 6 7 8 9

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HYS
ASHTAG
DYWAB
♥YUBR
RUSBRA
BHU
♥NTWO
ONLY
♥UBS
WYNHOA
NUTHA
♥EABB



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Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

Send Your
Newsbrief To:
wtxcc@wtxcc.com