

# Vest Texas Count

VOL. 49, No. 43

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, FABENS, SAN ELIZARIO AND TORNILLO

**OCTOBER 27, 2022** 

#### **NEWSBRIEFS**

#### **Covid safety**

With around 68% of the population fully vaccinated against COVID-19, and with new cases and deaths down a lot since the start of the year, WalletHub has released updated rankings for the Safest States During COVID-19, along with accompanying videos and audio files. In order to find out the safest states during the COVID-19 pandemic, WalletHub compared the 50 states and the District of Columbia across five key metrics. Our data set includes the level of COVID-19 community transmission, the rates of positive testing, hospitalizations and death, as well as the share of the eligible population getting vaccinated. Texas was rated 8th in the report, ranking (1-Best; 25-Avg.):

- 27th Vaccination Rate;
- 18th Positive Testing Rate;
- 10th Hospitalization Rate;
- 8th Death Rate; and
- 7th Level of Community Transmission.

Note: Rankings are based on data available as of 12:30 p.m. ET on October 12, 2022.

https://wallethub.com/edu/ safest-states-during-covid/86567 for the full report.

– Diana Polk

#### Close call

An unidentified motorist had a close call recently when a herd of deer came at his car on a highway in southern Michigan. One of the agile stags avoided a collision by easily leaping over the vehicle. A state police trooper captured the event on his cruiser's dashboard camera and posted the footage on social media with the warning: "Reminder: If deer cross your path – apply controlled braking; steer straight; don't swerve."

- John Grimaldi

#### Political savvy

With Election Day ahead and only 66.8% of the voting age population having voted in the 2020 presidential election and 53.4% in the 2018 midterm, the personal-finance website WalletHub has released its report on 2022's Most & Least Politically Engaged States. In order to determine where Americans are most involved in politics, WalletHub compared the 50 states based on 10 key indicators of political engagement. They range from the percentage of registered voters in

See BRIEFS, Page 2

To find out about a man, observe his behavior with a woman, a flat tire, and a child.

— Quips & Quotes

## Reza retires after 35-year career in education

Last 13 years spent as Socorro ISD CFO

By Alfredo Vasquez Special to the Courier

EL PASO COUNTY – After 35 years in the business of education, Socorro Independent School District (SISD) Chief Financial Officer (CFO) Tony Reza has decided to retire. Although he submitted his retirement paperwork last summer, he chose to stay until December to finalize SISD's 2023 budget process and to help the district and his successor transition smoothly through the finance department's leadership change.

Reza, 61, who headed SISD's financial operations for the past thirteen years, worked under the leadership of three different superintendent's – Xavier De La Torre, Jose Espinoza, and current leader Nate Carman- and also served under two interim superintendents Pat O'Neill and Marta Carmona.

Reza reported that he oversaw an annual budget of about \$269.7 million in his first year at SISD and steadily grew it to more than \$480.9 million this past fiscal year, an increase of 78 percent in the operating budget.

his tenure, Reza was instrumental in the supervision of the district's facilities' expansion from 42 school campuses in 2009, when he first joined the district, to today's 50 campuses that now serve nearly 48,000 students, over 2,900 teachers, and about 1,230 support services employees and aides.

prospective for you. After 35 years, I felt that the time was right to retire," Reza stated regarding his departure from the world of daily work. "I had been thinking about retiring for several years now, and at some point, you realize that life is too came calling, it was an opportunity that I

the work you have put into your career," he said.

Reza stated that he feels that he is leaving the district in a stronger financial position than when he first started. He pointed out that when he started at Socorro ISD in 2009, the unreserved and unassigned fund was \$31.9 million, or about 43 days of operating expenditures. He said that in fiscal year 2021, the audited unassigned fund balance for the general fund was \$93.8 million, or 78 days of operating expenditures.

"I feel satisfied that I am leaving the district in a strong financial position by the fact that the district has almost tripled the unassigned fund balance in the time that I have been there as chief financial officer," Reza asserted.

Before joining Socorro ISD, Reza was the comptroller for Canutillo Independent School District (CISD) for 10 years. (That is what the chief financial officer was called back then.) Reza recalled that when he joined CISD in 1999, the district had had five comptrollers in a six-year period. "I remember on my first day in the office one of my staff members asking me if I had 'cement shoes'. It was her way of asking if I was going to stay. Well, after 10 years, I think that I proved that I was in it for the long haul," he noted.

While with CISD, Reza guided the district's finances in opening two new elementary schools, a second middle school, the new Canutillo High School, and the implementation of the early "God has a way of putting things in college high school program with El Paso Community College, as well as moving into the current central office building on us too soon," Reza acknowledged. Arteraft Road.

Canutillo ISD, but when Socorro ISD District (EPISD) as a school auditor short, and it's time to reap the benefits of could not pass up. Moreover, Mr. Charles

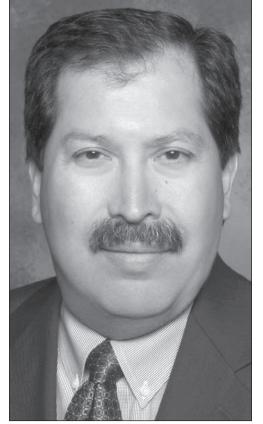


Photo courtesy Socorro ISD

Tony Reza, chief financial officer for Socorro Independent School District, announced his retirement this summer, but he will continue to work with the district until December. He said that he is looking forward to playing golf and traveling. He is also running for a seat on the Canutillo ISD board of trustees in the general election slated for November 8th. "I always told myself that I wanted to run for the school board at Canutillo ISD once I retired as my way of giving back to that community."

Hart, the superintendent of Canutillo ISD at the time gave me an opportunity to be the comptroller at Canutillo; I will always be thankful to him for giving me that opportunity. He was a good man who left

Prior to his stint at Canutillo ISD, Reza "I never thought that I would leave worked for El Paso Independent School

See REZA, Page 2

## Rodriguez tapped to lead state school board organization

**By Gustavo Reveles** Special to the Courier

CANUTILLO - Canutillo Independent School District Trustee Armando Rodriguez has been selected as president-elect of the Texas Association of School Boards, setting him to be the first El Pasoan in decades to lead the state's largest organization for school trustees.

Rodriguez was elected and sworn into his position as president-elect of the TASB Board of Directors during the annual TASA/TASB Conference in San Antonio this month.

"I am humbled to serve the children of Texas in this position and look forward to representing Canutillo ISD and the El Paso region in this important role," said Rodriguez, who currently is serving his fifth term as a trustee in CISD. "I



**Armando Rodriguez** 

leadership that exists in Region 19 all the way to the state level. It's time for the rest of Texas to benefit from the amazing work that is being done along the Border on behalf of students statewide."

Rodriguez will spend the year on the TASB Board of Directors in anticipation of his ascension to the role of president during the 2023-24 academic year. His swearing-in ceremony as president is expected in September 2023 in Dallas.

The last El Pasoan to have this role with TASB was Ysleta ISD's David Sublaski in the late 1990s. Two other El Pasoans have served as TASB President: EPISD's Ted Andress in the 1950s and Ysleta's Ross Borrett in the

A graduate of Canutillo High School and The University of Texas at El Paso, Rodriguez is one am particularly happy to be able to bring focus to the wonderful of the founding members of the Canutillo Alumni.

## Biden deserves what he's going to get on the economy

The S&P 500 is down more than 5% since Joe Biden's inauguration, and the Dow Jones Industrial more than 4%.

The Federal Reserve is ratcheting up interest rates, raising borrowing costs across the board.

And one of the most respected bankers in the country is warning of a recession, telling a conference that "this is serious stuff."

Yet, there was President Biden enjoying an ice-cream strong as hell."

Inflation? It doesn't worry him, at least not if the rest of the world could get its act together.

"Inflation is worldwide," he said. "It's worse off than it is in the United States. So the problem is the lack of economic growth and sound policy in other countries, not so much ours."

As polls show the economy growing in importance for the midterms – the latest New York Times poll has 44% of voters saying it's their top concern, up from 36% in July – Biden's overall performance on the issue matters even more, to his detriment and that of his party.

There are deft political maneuverers who react to authority. The most circumstances as necessary, and then blinkered and significant nod he mulish politicians who can't or won't acknowledge made to inflation was

There are policymakers whose worldviews line up with basic economic laws, and then those always bound to be confounded by the real world consequences of their ideological fixations.

There are master communicators who can make cone in Portland, Oregon, saying that "our economy is anyone feel better about anything, and then there are stumblebums whose evasions and lapses in logic are painfully obvious.

Joe Biden is emphatically the latter on every count.

He likes to say fighting inflation is his foremost priority, but it's hard to identify any major initiative of his that would be any different if the annual inflation rate were under 2% rather than over 8%.

He came into office promising to spend \$11 trillion over the next 10 years, according to the estimate of Brian Riedl of the Manhattan Institute, and has spent as much of it as he could. When Congress wouldn't assent, he spent hundreds of billions more by abusing his executive

to call one tranche

of this spending the Inflation Reduction Act, as if the name of the bill were more important than its substance.

Otherwise, Biden and his officials have relied on bad predictions, dubious math and premature celebrations to try to get them through.

In June 2021, Treasury Secretary Janet Yellen said inflation would be elevated through the rest of the year, "maybe around 3%," but this represented "transitory

A month later, Biden himself said inflation would be "temporary." Of course, it was on a path to 40-year highs.

It's one thing to spike the football in the end zone; it's another, as Biden keeps doing, to spike the football when it's third and long at midfield and getting repeatedly

See LOWRY, Page 7

#### Reza

From Page 1

which he held for two years.

with many talented individuals, one of which was Mr. Hart, who at that time was the pupil services director and then later became in charge of the Telles Academy at ISD," Reza said.

for his plans to play a lot of golf, do told myself that I wanted to run for the school board at Canutillo ISD once I retired, as my way of

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words in length. They should be dated,

must be signed and have an address

and daytime phone number. Only the

name and city will be printed with the

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**LETTERS TO THE EDITOR:** 

Monday through

giving back to that community," he stated.

"So, I am running for the board and hope that the community for six years, moved on to an will give me an opportunity, but accounting position for three I know that it won't be easy," years, and then was promoted Reza recognized. "There are to the budget director position nine other people running for the board, and I know that they "In that time, I met and work all care deeply for the district. We all have a wide range of backgrounds and the voters have a good choice of candidates for the election," he stated.

Three CISD board positions El Paso ISD. He later became are up for voting in the upcoming the superintendent at Canutillo November 8th election, seats currently held by Salvador upcoming Payan, Laure Searls, and Tristan retirement, Reza stated that he Hernandez. Payan, who was first elected in 2018, is seeking some traveling, and perhaps start a second term. Searls was first playing pickleball. "But I always elected in 1994 and is vying for another four-year term.

> Hernandez chose not to run for a full term on the board after

serving two years, as he was districts. I hope that people, who if that is going to happen," he appointed to the board of trustees in 2020 to fill the unexpired term me, know that I have made my vacated by Mary Iglesias.

Besides Reza, who moved into the Canutillo school district about five years ago, also challenging board positions are Breanne Barnes, Lucy Borrego, Andres Gomez, Salvador Gonzalez, Jesus Ramos, Roberto Simental, and Cindy Zuñiga. The top votegetters will fill the three at-large positions.

"I've had a good career in public education and worked in both small and large school

know me and have worked with decisions based on what is best for the students, employees, and the taxpayers," Reza said.

adequately," Reza opined. He cited that the state is projected to school districts, but I don't know he added.

About education as a whole, Reza, who is a graduate of Jefferson High School and the University of Texas at El Paso, "Being in education is a surmised that not enough credit the incumbents for the three noble cause. The industry does goes to principals and assistant not pay well because the state principals, especially those in the doesn't fund public education secondary level. "I mean, these individuals really don't have a life because they work long hours end the current budget cycle with and have to worry about student about \$27 billion in the rainy-day performance and safety, parent fund. "They should use some of concerns, and employees. I really these funds to increase the school wish we could pay them more foundation's basic allotment to because they are undervalued,"

#### **Briefs**

From Page 1

the 2020 presidential election to total political contributions per adult population. Texas was rated 32nd in the report, (1-Most; 25-Avg.):

#### • 28th – Percent of Registered Voters in 2020 Presidential Election:

- 37th Percent of Electorate Who Voted in 2020 Presidential Election;
- 7th Change in Percent of Electorate Who Actually Voted in 2020 Elections vs. 2016

#### Elections;

- 18th Total Political Contributions per Adult Population; and
- 1st Civic Education Engagement.

Visit https://wallethub.com/ edu/most-least-politicallyengaged-states/7782// for the full report.

- Diana Polk

#### Classified Ads

#### AD DEADLINE: Published each Thursday (minimum

Friday 4 p.m. for the next Thursday.

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\$15 for 25 words, \$20 for 40 words. Ad must be in writing and pre-paid. The West Texas County Courier reserves considers inappropriate.

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> **Publisher** Rick Shrum Contributors Alfredo Vasquez Steve Escajeda



#### Homesteader Est. 1973 News, Inc.

**LEGALS** 

Village of Vinton, Texas

**NOTICE OF PUBLIC HEARINGS** 

A public hearing will be held at 6:30 p.m. on Thursday, November 3rd. 2022, during the Planning & Zoning Commission Meeting at the Vinton Village Hall, 436 E. Vinton Rd., Vinton, Texas.

A second public hearing will be held at 6:30 p.m. Thursday, November 2022, during the Planning & Zoning Commission Meeting at the Vinton Village Hall, 436 E. Vinton Rd. Vinton, Texas.

third public hearing will be held at 6:30 p.m. that wish to attend

November 15th, 2022. durina the City Council Meeting at the Vinton Village Hall, 436 E. Vinton Rd. Vinton, Texas.

The purpose of the public hearings is to allow any interested persons to appear and regarding testify following the proposed item:

A request to Re-Zone Lot 7, Cap Carter Subdivision. Village of Vinton El Paso County Texas, from R-1 to RP-1.

with disabilities

Citizens unable attend this LINK: to meeting may submit their views and proposals to Andrea Nichole Carrillo. Village Administrator at the City Hall. Persons THE

Hall at (915) 886-5104 to arrange assistance. for Individuals require aids or services for contact City Hall at least two days before the meeting so that appropriate arrangements can be made. MEETING WILL BE

should contact City

HELDINPERSON, BUT THE PUBLIC **ACCESS** CAN **MEETING** THROUGH ZOOM.US THE PI ATFORM ΑT THE FOLLOWING

https:// us02web.zoom. us/j/2520023141? pwd=WVRDZDIFR 3ZHR3FJVIJuL3ZL WTB6dz09

PROVIDES TWO-WAY

FOR MEMBERS OFTHEPUBLICTO COMMUNICATE WITH who COMMISSION auxiliary DURING THE **PUBLIC HEARING** this meeting should BY CALLING THE FOLLOWING NUMBER: +1 346 248 7799 AND THEN DIAL IN THE **MEETING** ID 252 002 3141 AND PASSCODE: 12345FOLLOWED BY THE POUND SIGN (#). THE MEETING WILL OPEN AT 6:25 PM ON EACH OF THE MEETING DATES SO THAT PEOPLE MAY START JOINING. THE **MEETING** 

COMMUNICATION

Andrea N. Carrillo Village Administrator

WILL START AT

6:30 PM.

VILLAGE WTCC: 10-27-22

#### Kid speak

The HuffPost website recently confirmed, as Art Linkletter once told us, kids say the darndest things. In a recent publication, the news outlet published a list of "hilarious malaprops" provided by parents via Twitter. For example, "My son calls grated parmesan cheese spaghetti sprinkles," according one mom. Another said her 4-year-old calls her bikini her zucchini. Yet another said her daughter says, "arts and craps" instead of "arts and crafts." Then there is the child that calls Toys R Us "toys for us," and the 7-year-old who says "skelotope" instead of telescope and the daughter who calls the cemetery the "underground town" and refers to waitresses as "fooders."

– John Grimaldi

#### View from here By Dr. Glenn Mollette

## Will you own an electric car?

enough and that's all that is being made, you charge in a short amount of time. probably will. Many of us we'll hold out for as long as possible.

else is buying them. If 20 percent of America's driving population goes to the electric vehicle, EV, then surely gasoline will become cheaper. Less people buying gasoline will reduce the demand and it should reduce the price. We hope.

California will not allow the sale of gasoline will be a major lifestyle change. cars by 2035.

their electric cars during the past Labor Day weekend when the temperatures were expected to They will also want to recoup their costs. hit triple digits for millions of residents putting a drain on the power grid.

This brings us to the same crisis every community will face. America's power grids aren't ready to accommodate millions of EVs plugging in a for a recharge. The prospects of city and regional blackouts electric bill now. So, figure your electric bill are alarming. You can forget charging your car. You doubling, if you're lucky. won't be able to charge your cell phone or have air conditioning or heat during a blackout.

I'm not opposed to electric cars. I am opposed to them being crammed down our throats. The impact all our lives, eventually. manufacturers are being pushed to eventually eliminate all gasoline vehicles. We will see how this goes over the next ten years.

Plan to spend some money. A local salesman talked to me about an electric Mustang. Stickered Lexington Seminaries in Kentucky. He is the author at \$48,000 but they were asking \$58,000 because of "Uncommon Sense" and 12 other books. His as he said, "We can get it." I didn't want the car to column is published weekly in over 600 publications begin with but was curious about the car.

It sounds time consuming to recharge an EV, com or www.facebook.com/glennmollette.

Will you own an electric car? If you live long although some EVs are promising up to 150-mile

EVs could mean fewer people on America's Interstates. Currently in most American communities I'm all for electric cars especially if someone its much easier to go home to recharge at your own power station. Cross country driving will be out of the question or very difficult in an EV for the next two or three years. Currently an EV will go about 250 to 350 miles on a charge. This means you will always be searching for the next power station. This

There are reports that Pilot and Flying J will This same state told EV drivers not to charge have charging stations installed by 2025 and are spending a billion dollars to upgrade their facilities.

> The car will cost you more money. You will spend anywhere from \$2,000 (low minimum) to \$6,000 to install a station in your home and this is all variable. To keep your car charged at home will cost you about what you spend on your monthly

> You may be wanting something different in your life and an EV may be just what you want. There is a lot to consider and on some level they will

> Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and in all 50 states. Learn more at www.glennmollette.



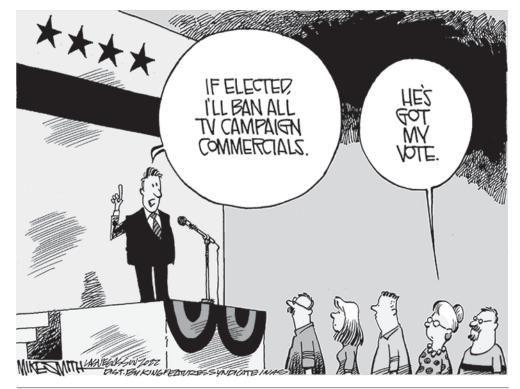
## **Moments**

- On Oct. 24, 1921, from among 77,000UnitedStatesservicemen during World War I, the body of the first soldier to be honored is selected in the French town of Chalons-sur-Marne. Four bodies were selected to become the Unknown Soldiers at Arlington National Cemetery in Washington, D.C.
- Ronald Reagan orders 2,000 Marines to invade Grenada to protect the 1,000 Americans there at the time, many of them students at the island's medical school. Codenamed "Operation Urgent Fury," the fighting was over in four days.
- On Oct. 26, 1881, the Earp brothers battle the Clanton-McLaury gang in a shootout in a vacant lot behind the O.K. Corral in Tombstone, Arizona. The gunfight only took 30 seconds, but 30 shots town of Helena, Montana, is were fired and several were killed. Two were charged with murder, but a judge later found them not guilty.
- On Oct. 27, 1904, the New York City subway opens. The line traveled 9.1 miles through 28 stations. More than 100,000

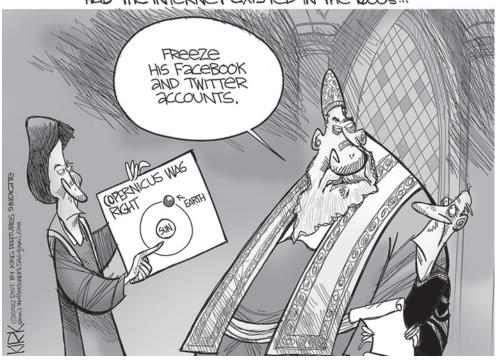
people paid a nickel each to take their first ride. Today there are 26 lines, the longest running 32 miles.

- On Oct. 28, 1998, the Digital Millennium Copyright killed on the Western Front Act is signed into law. The act strengthened copyright protections and allowed copyright holders to issue notices "takedown" individuals or companies who engaged in infringing use of a copyrighted work.
- On Oct. 29, 1969, Bobby · On Oct. 25, 1983, President Seale, a member of the "Chicago Eight," is gagged during his murder trial on orders of the judge to stop Seale's outbursts. The "Chicago Eight" were charged with crossing state lines to cause anti-war demonstrations in Chicago. Seale was eventually sentenced to 48 months in prison for the outbursts alone, but the murder portion of his trial ended with a hung jury and the contempt charges were dropped.
  - On Oct. 30, 1864, the founded by four gold miners at a location they called Last Chance Gulch. Miners flooded to the area by the thousands, finding \$19 million in gold in four years. By 1894, Helena was the capital of Montana.

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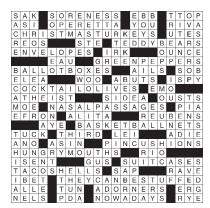




"I'D SAY THE ODDS ARE 60-50 THAT'S WRONG."

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#### **CryptoQuip** Answer

What do you call a celebrated fictional spy who's producing tons of output? A high-yield Bond.

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13		11		11	

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#### **Notice of Election – Clint Independent School District**

To the registered voters of Clint Independent **School District:** 

los votantes registrados del Distrito Independiente Escolar de Clint:

Notice is hereby given that the polling place listed below will be open from 7:00 a.m. to 7 p.m. on Tuesday, November 8, 2022 for voting in a General Election, to elect six (6) Clint Independent School District Board Members: Places 1, 2, 3, 4 and two (2) At-Large by plurality of vote (five (5) places for full four (4) year terms); and one At-Large for a two (2) year term.

Notifiquese, las por presente, que la casilla abajo electoral citada se abrirá desde las 7 de la mañana hasta las 7 de la tarde, el martes, 8 de noviembre de 2022 para votar en la Elección General para elejir seis (6) Miembros de la Mesa Directiva del Distrito Escolar Independiente de Clint: Lugares 1, 2, 3, 4 y dos (2) puestos de directivo serán elejidos por voto de pluralidad (cinco (5) lugares son por un periodo de cuatro (4) años); y uno (1) por voto de pluralidad un periodo de dos (2) años.

November 8, 2022 7:00 a.m. - 7:00 p.m On Election Day any El Paso County registered voter is eligible to vote at any El Paso County **Vote Center in EXHIBIT** 1. Visit https://epcountyvotes.com/ for all locations or changes. **SUBJECT TO CHANGE** 

DIA de ELECCION 8 de noviembre el 2022 7:00 a.m. a 7:00 p.m. El día de las elecciones, cualquier votante registrado en el condado de El Paso es elegible para votar en cualquier Centro de Votación del Condado de El Paso en ANEXO 1. Visite https://epcountyvotes. com/ para todas las

ubicaciones o cambios. SUJETO A CAMBIO

#### **EARLY VOTING**

Early voting by personal appearance will conducted at all locations within El Paso County at which Early Voting is conducted by the County Elections Department (EXHIBIT 2) beginning on Monday, October 24, 2022 and ending on Friday, November 4, 2022. For early voting, a voter may vote at any of the locations listed in EXHIBIT 2.

#### **VOTACION ANTICIPADA**

Para votar anticipadamente puede acudir en persona de lunes 24 de octubre 2022 al viernes, 4 de noviembre 2022, a cualquier centro de votaciones inclusive las casillas moviles del Condado de El Paso donde el Departamento de Elecciones del Condado (ANEXO 2) realice votaciones anticipadas. Para Votación Adelantada, los votantes podrán votar en cualquiera de las ubicaciones nombradas en el Anexo 2.

Applications for ballot by mail should be mailed to:

solicitudes Las para boletas que se votarán en ausencia por correo deberán enviarse a:

#### Lisa Wise **El Paso County Elections Department** 500 E. San Antonio, #314 El Paso, Texas 79901

Applications for ballots by mail must be received no later than the close of business on October 28, 2022.

solicitudes Las para votar por correo deberán recibirse antes del término de horas hábiles el día 28 de octobre de 2022.

Issued this 27th day of July of 2022.

Emitda esta 27 dia de julio de 2022.

> Noemi Oropeza Presiding Officer Oficial que Preside

#### **EXHIBIT 1 / ANEXO 1**

Zip Code: 79821 **Anthony City Hall** 401 Wildcat Dr.

**El Paso County Northwest Annex** 435 E. Vinton Rd.

**Zip Code: 79835 Canutillo Middle School** 7311 Bosque Rd.

**Canutillo Elementary** School 651 Canutillo Ave.

**Zip Code: 79836** 

**Clint ISD Early College Academy** 13100 Alameda Ave.

**Zip Code: 79838** Rio Valle Woman's Club 521 Mike Maros St.

**Zip Code: 79849** 

San Elizario Fire Rescue 1415 San Antonio St.

**Zip Code: 79853** W.E. Neill **Community Center** 19210 Cobb Ave.

Zip Code: 79901 **Enrique Moreno County Courthouse** 500 E. San Antonio Ave.

South El Paso Senior **Citizen Center** 600 S. Ochoa St.

**Zip Code: 79902** El Paso Community College - Rio Grande

Campus 906 El Paso St.

Fire Station #3 721 E. Rio Grande Ave.

Lamar Elementary School 1440 E. Cliff Dr.

**Mesita Elementary School** 

3307 N. Stanton St. El Paso Tennis Club

**UTEP - Mike Loya Academic Services** Building 601 W. Schuster Ave.

(79968)

2510 N. St. Vrain St.

**Zip Code: 79903** 

Fire Station #7 3200 Pershing Dr.

**Cross of Grace Church** 4700 Leeds Ave.

Safety and Health **Outreach Center** 5415 Trowbridge Dr.

Zip Code: 79904

Magoffin Middle School 4931 Hercules Ave.

**Nations Tobin Sports Center** 8831 Railroad Dr.

**Logan Elementary School** 3200 Ellerthorpe Ave.

Park Elementary School 3601 Edgar Park Ave.

Fire Station #16 3828 Hercules Ave.

**Zip Code: 79905 Bowie High School** 801 S. San Marcial St.

**El Paso County** Coliseum 4100 E. Paisano Dr.

**Hawkins Elementary** School

5816 Stephenson Ave. **Clardy Elementary** 

School 5508 Delta Dr.

**El Paso County Ascarate Annex** 301 Manny Martinez Dr.

**Zip Code: 79907** Loma Terrace **Elementary Schoolr** 8200 Ryland Dr.

YWCA - Lower Valley 115 Davis Dr.

Ysleta Community **Learning Center** 121 Padres Dr.

Lancaster Elementary School 9230 Elgin Dr.

Alicia R. Chacon **International School** (Formerly LeBarron Park Elementary School) 920 Burgundy Dr.

**Zip Code: 79911** 

Congressman Silvestre & Carolina Reyes School 7440 Northern Pass Dr.

**Zip Code: 79912** Sunland Park Mall 750 Sunland Park Dr.

**Brown Middle School** 7820 Helen of Troy Dr.

**Dorris Van Doren Library** 551 Redd Rd.

**Tippin Elementary School** 6541 Bear Ridge Dr.

Fire Station #27 6767 Ojo De Agua Dr.

Rosa Guerrero **Elementary School** 7530 Lakehurst Rd.

YWCA - West 313 Bartlett Dr.

Carlos Rivera **Elementary School** 6445 Escondido Dr.

Western Hills U.M.C - Stewart Family Life Center A 524 Thunderbird Dr.

Dr. Green Elementary School 5430 Buckley Dr.

**Putnam Elementary School** 6508 Fiesta Dr.

**Polk Elementary School** 940 Belvidere St.

Zip Code: 79915 **El Paso Community** College - Valle Verde 919 Hunter Dr.

**Del Norte Heights Elementary School** 1800 Winslow Rd.

Ramona Elementary School 351 Nichols Rd.

**Riverside High School** 301 Midway Dr.

Ysleta Pre-K Center 7940 Craddock Ave.

**Bel Air Middle School** 7909 Ranchland Dr.

Officer David Ortiz **Recreation Center** 

563 N. Carolina Dr.

**Transition To Life Career Center** 7988 Alameda Ave.

**Zip Code: 79922** 

Fire Station #15 115 Shorty Ln.

**Zach White Elementary School** 4256 Roxbury Dr.

Zip Code: 79924 **Desertaire Elementary** School

**Bowling Family YMCA** 5509 Will Ruth Ave.

6301 Tiger Eye Dr.

Dr. Joseph E. Torres **Elementary School** (Formerly Bradley Elementary School) 10700 Rushing Rd.

H.E. Charles Middle School 4909 Trojan Dr.

**Arlington Park Shelter** 10350 Pasadena Cir.

**Newman Elementary** School 10275 Alcan St.

**Parkland High School** 5932 Quail Ave.

Whitaker Elementary School 4700 Rutherford Dr.

**Coach Archie Duran Elementary School** (Formerly Dowell Elementary School) 5249 Bastille Ave.

Zip Code: 79925 Fire Station #20 8301 Edgemere Blvd.

Cielo Vista **Elementary School** 9000 Basil Ct.

**Edgemere Elementary** School 10300 Edgemere Blvd.

**Eastwood High School** 

**YISD Central Office** 9600 Sims Dr.

2430 McRae Blvd.

**Clint ISD Election Notice** continued next page.



#### By Lucie Winborne

L'Oreal's launch of the first mass market hairspray in 1960, women had to choose between slicking their hair or using a mechanical sprayer to coat it with shellac dissolved a side gig as a model. In 1942, • In an effort to limit the Dalai to a Starbucks to watch the

Thank you, L'Oreal.

- In 1962, former MLB catcher uniform. Harry Chiti was traded from the Cleveland Indians to the • Brazilian New York Mets for "a player to • Speaking of hair, prior to be named later." After a poor showing, Chiti became that very player, making him the first ever to be traded for himself.
- down with a greasy brilliantine Prior to becoming America's 38th president, Gerald Ford had

in a solution of water and alcohol. shortly after joining the Navy, he Lama's landed an uncredited spot on the cover of Cosmopolitan in his from

- doctor Werner uses 3D printing to help blind parents feel their baby's walked into a Colorado Springs ultrasound results.
- The average person will grow of money, and took the bag out 590 miles of hair (including nose to the street, tossing cash into hair) in their lifetime.

banned Tibetan Buddhist monks reincarnating without government permission.

Heron • David Wayne Oliver, "the Santa Claus Bank Robber," bank claiming to be armed, stole an undisclosed amount the air while shouting "Merry Christmas." He then proceeded

power, China has resulting commotion while waiting for his arrest. • In 1898, nearly 75% of Alabama's entire annual state revenue came from convict leasing to private railways, mines and large plantations.

> Thought for the Day: "Opportunity is missed by most people because it is dressed in overalls and looks like work."

> > - Thomas Edison

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#### Aviso de Elección – Distrito Escolar Independiente de Clint

**Eastwood Heights Elementary School** 10530 Janway Dr.

**Gary Del Palacio Recreation Center** 3001 Parkwood St.

**Ross Middle School** 6101 Hughey Cir.

**Bassett Place** 6101 Gateway West

Zip Code: 79927 **Western Technical** College 9624 Plaza Cir.

**El Paso Community** College - Mission Del

10700 Gateway Blvd E.

H.D. Hilley **Elementary School** 693 N. Rio. Vista Rd.

**Chayo Apodaca Community Center** 341 N. Moon Rd.

Robert R. Rojas **Elementary School** 500 Bauman Rd.

**Escontrias Elementary** 

School 205 Buford Rd.

**Campestre Elementary** School 11399 Socorro Rd.

**Zip Code: 79928 KEYS Academy** 12380 Pine Springs Dr.

Desert Hills **Elementary School** 300 N. Kenazo Dr.

**Desert Wind K-8 School** 1100 Colina De Paz Dr.

**Horizon Heights Elementary School** 13601 Ryderwood Ave.

Dr. Sue A. Shook **Elementary School** 13777 Paseo Del Este Blvd.

**Eastlake High School** 13000 Emerald Pass Ave.

El Paso Self-Help Center 15371 Kentwood Ave.

Carroll T. Welch **Elementary School** 14510 Mc Mahon Ave. Zip Code: 79930

**Center for Career and Technology Education** 1170 N. Walnut St.

**Travis Elementary School** 5000 N. Stevens St.

Paul C. Moreno **Elementary School** 2300 San Diego Ave.

**Memorial Park Senor** Citizen Center 1800 Byron St.

**Austin High School** 3500 Memphis Ave.

Zip Code: 79932 Fire Station #2

111 E. Borderland Rd.

**Community Connections** Center 5300 Warriors Dr.

Zip Code: 79934 Dr. Nixon

**Elementary School** 11141 Loma Roja Dr.

Zip Code: 79935 Fred & Maria Loya **Family YMCA** 2044 Trawood Dr.

Zip Code: 79936 **Pebble Hills Elementary School** 11145 Edgemere Blvd.

**El Paso County Eastside Annex** 2350 George Dieter Dr.

**Hanks High School** 2001 Lee Trevino Dr.

**Tierra Del Sol Elementary School** 1832 Tommy Aaron Dr.

**Hanks Middle School** (Formerly Indian Ridge Middle School) 11201 Pebble Hills Blvd.

ESC Region 19 Head Start **Multipurpose Center** 11670 Chito Samaniego Dr.

Jane Hambric K-8 School 3535 Nolan Richardson Dr.

Bill Sybert K-8 School 11530 Edgemere Blvd.

**Benito Martinez** 

**Elementary School** 2640 Robert Wynn St.

**Helen Ball Elementary School** 1950 Firehouse Dr.

O'Shea Keleher **Elementary School** 1800 Leroy Bonse Dr.

**Marty Robbins Recreation Center** 11620 Vista Del Sol Dr.

Sierra Vista **Elementary School** 1501 Bob Hope Dr.

**Zip Code: 79938 Hurshel Antwine Elementary School** 

**Esperanza Acosta Moreno Library** 12480 Pebble Hills Blvd.

3830 Rich Beem Blvd.

Lujan-Chavez **Elementary School** 2200 Sun Country Dr.

**Pebble Hills High School** 14400 Pebble Hills Blvd.

**Red Sands Elementary School** 4250 O'Shea Rd.

**Montana Vista Elementary School** 3550 Mark Jason Dr.

**EXHIBIT 2** LOCATION, DATES AND HOURS OF OPERATION OF POLLING PLACES **FOR EARLY VOTING:** 

**ANEXO 2** 

DIRECCION, DIAS **HORAS HABILES CASILLAS** LAS **ELECTORALES PARA VOTACION ANTICIPADA:** 

October 24 to 28, 2022 (Mon. - Fri.) **Hours Listed** 

October 29 and 30, 2022 (Sat. and Sun.) 12 (noon) - 5 p.m.

Oct. 31 to Nov. 4, 2022 (Mon. and Tues.) **Hours Listed** 

Zip Code: 79821

**El Paso County Northwest Annex** 435 E. Vinton Rd. Community Room

8:00 a.m. - 6:00 p.m.

**Zip Code: 79836 Clint ISD Early College Academy** 13100 Alameda Ave.

Library 8:00 a.m. - 5:00 p.m.

Zip Code: 79838 **Rogelio Sanchez Center** 1331 N. Fabens St.

Library 9:00 a.m. - 6:00 p.m.

Zip Code: 79849

San Elizario Fire Rescue 1415 San Antonio St. Meeting Room 9:00 a.m. - 6:00 p.m.

Zip Code: 79853

W.E. Neill **Community Center** 19210 Cobb Ave. Library 8:00 a.m. - 5:00 p.m.

Zip Code: 79901

**Enrique Moreno Court House** 500 E. San Antonio Ave.

79901 Third Floor, Back Lobby Mon., Oct. 24-Fri., Oct. 28: 8:00 a.m. - 5:00 p.m. Saturday, Oct. 29: 7:00 a.m. - 7:00 p.m. Sunday, Oct. 30: 11:00 a.m. - 5:00 p.m. Mon., Oct. 31 - Fri., Nov. 4: 7:00 a.m. - 7:00 p.m.

**South El Paso Senior Citizens Center** 600 S. Ochoa St. 9:00 a.m. - 6:00 p.m.

Zip Code: 79904 **Nations Tobin Sports Center** 8831 Railroad Dr. Conference Room 9:00 a.m. - 6:00 p.m.

Mountain View-Rae **Gilmore Recreation** Center

8501 Diana Dr. Multipurpose Room Mon., Oct. 24-Fri., Oct. 28: 10:00 a.m. - 7:00 p.m. Mon., Oct. 31 - Fri., Nov. 4: 10:00 a.m. - 6:00 p.m.

Wellington Chew **Senior Center** 4430 Maxwell Ave. Classroom 2 8:00 a.m. - 5:00 p.m.

**Zip Code: 79905 El Paso County** 

Coliseum 4100 E. Paisano Dr. VIP Room 9:00 a.m. - 6:00 p.m.

Zip Code: 79907 Ysleta Community

**Learning Center** 121 Padres Dr. Annex 9:00 a.m. - 6:00 p.m.

**Zip Code: 79912** 

**Dorris Van Doren Library** 551 Redd Rd. Auditorium 10:00 a.m. - 7:00 p.m.

**Sunland Park Mall** 750 Sunland Park Dr. 9:00 a.m. - 6:00 p.m.

YWCA-West 313 Bartlett Dr. Program Offices Room

8:00 a.m. - 6:00 p.m.

**Zip Code: 79915** 

Officer David Ortiz **Recreation Center** 563 N. Carolina Dr. Classroom A 9:00 a.m. - 6:00 p.m.

Zip Code: 79924 Arlington Park Shelter 10350 Pasadena Cir. 9:00 a.m. - 6:00 p.m.

**Bowling Family YMCA** 5509 Will Ruth Ave. VIP Room 9:00 a.m. - 6:00 p.m.

**Bassett Place** 6101 Gateway West 10:00 a.m. - 7:00 p.m.

Zip Code: 79925

**EPCC Administrative** Services Center 9050 Viscount Blvd. 8:00 a.m. - 5:00 p.m.

Gary Del Palacio Recreation Center 3001 Parkwood St. Multipurpose Room 9:00 a.m. - 6:00 p.m.

Zip Code: 79927

Chayo Apodaca **Community Center** 341 N. Moon Rd. Community Center 9:00 a.m. - 6:00 p.m. Zip Code: 79928

**Eastlake High School** 13000 Emerald Pass Ave. Theatre Lobby 8:00 a.m. - 5:00 p.m.

**El Paso County Self-Help Center** 15371 Kentwood Ave. Computer Room 10:00 a.m. - 7:00 p.m.

Oz Glaze Senior Center 13969 Veny Webb Drive Main Room

10:00 a.m. - 7:00 p.m.

Zip Code: 79932

**Canutillo ISD Administration Facility** 7965 Artcraft Rd. Culinary Room 8:00 a.m. - 5:00 p.m.

Zip Code: 79936

Commissioner's Corner 10700 Montana Ave. Community Room 9:00 a.m. - 6:00 p.m.

**El Paso County Eastside Annex** 2350 George Dieter Dr. Community Room 8:00 a.m. - 6:00 p.m.

**Marty Robbins Recreation Center** 11600 Vista Del Sol Drive Lobby

9:00 a.m. - 6:00 p.m.

**Zip Code: 79938** 

**Esperanza Acosta Moreno Library** 12480 Pebble Hills Blvd. Meeting Room 10:00 a.m. - 7:00 p.m.

**Gonzalez Place** 4101 Rich Beem Blvd. Community Room 8:00 a.m. - 5:00 p.m.

Pebble Hills High School 14400 Pebble Hills Blvd. Auditorium Fover 8:00 a.m. - 5:00 p.m.

**Zip Code: 79968** 

**Building East** 351 W. University Ave. Cactus Flower Room 102C 8:00 a.m. - 5:00 p.m.

**UTEP - Union** 

WTCC: 10-27-22

## Thanks to Rush, Cowboys still in playoff hunt

By Steve Escajeda Special to the Courier

When Dak Prescott went down with his thumb injury in week one. Almost everyone, including myself, making plans for next season.

missing 6-8 weeks, there was no way the Cowboys were going to win many more games - especially with Cooper Rush taking over.

Of course the way they looked in that injuries, he should be just fine. first game against Tom Brady and the Tampa Bay Bucs didn't give Cowboys fans much to feel good about.

But amazingly, Rush went on to help before losing last week at Philadelphia.

quarterback last week, throwing three and Michael Gallup. interceptions, what he did in his first four games saved the Cowboys season and put them in great position to make the

Make no mistake, Cooper Rush is a backup and he'll do another admirable job if called upon again in the future. But Dak All the experts figured that with Dak Prescott is one of the better quarterbacks in the league.

> After missing six weeks, it'll take Prescott a little time to start playing like he normally does, but barring any future

> Don't forget, it was just last season that Prescott and the rest of the Cowboys had the top offense in the NFL. It's true, Brown has given them a viable third

Prescott didn't look great against the Lions last Sunday but he did just enough to lead the Cowboys to victory. Dak finished the Cowboys' 24-6 win over Detroit with 19 completions in 25 pass attempts for 207 yards and a touchdown.

Most importantly, he didn't throw an interception and came away from the game without aggravating his thumb

offense, it's no secret that the real reason the Cowboys have won their games this season is the defense. Which I believe is the best in the entire league.

Led by second-year sensation Micah they no longer have Amari Cooper to Parsons, the Cowboys have the most lead the Cowboys to four straight wins throw to, but the emergence of Noah feared pass rush in the NFL. Because defenses are focusing so much on Parsons,

and Dorance Armstrong are getting to the quarterback.

The secondary, led by Trevon Diggs, is starting to force turnovers like they did when they led the league a year ago.

Other defenders like Anthony Barr and Leighton Vander Esch and Dante Fowler and Sam Williams and Neville Gallimore and Donovan Wilson are doing their part to frustrate opposing offenses.

The defense, which is only allowing As much as Dak's return will help the 14.8 points a game, is clearly getting better with each game and who knows how good they can get by the time the playoffs come around.

> What will make the Cowboys a true Super Bowl contender this season is the fact that the offense is starting to catch up with the defense.

Zeke Elliott and Tony Pollard are starting Though Rush did look like a backup receiver, in addition to CeeDee Lamb other rushers like DeMarcus Lawrence to put up big numbers in the running game, which keeps the ball in the offense' hand and keeps it from the other guys. And when the Cowboys run the ball well behind that big offensive line, that only opens things up for the passing game.

> Dallas is in one of the toughest divisions in the NFL, but they will still play games against the Philadelphia Eagles and New York Giants. And both of those games will be in Dallas.

> Next week, the Cowboys host the lowly Chicago Bears, which should be another fairly easy victory and a 6-2 record going into their bye week.

> The Dallas Cowboys have the kind of dominating defense that wins Super Bowls. In fact, this defense needs a nickname. Remember the Doomsday defenses of the past?

> The Cowboys have an offense that can, and will, put up more points as the season

> But the main reason that Dallas, if they do, makes the playoffs this season can be summed up in just two words - Cooper

> The fact that he kept the ship afloat with a 4-1 record in those five games that Dak missed, will be five games fans will be talking about for years to come.

#### Senior moment By Matilda Charles

## Storing food when there's no space

During the past two years when I stocked up on grocery staples, I ended up with canned foods and dry goods stored in three different places around the house.

I'd have to check all three places to be sure I grabbed the green beans with the nearest expiration date. Pasta was the same. Worse was when I discovered that I wasn't having spaghetti for dinner after all because I'd used the last of the pasta and only thought I had one more tucked away somewhere.

Enter the internet and the wide selection of kitchen storage products available.

I wish I'd known of this two years ago: a metal stacking unit that holds 36 cans. I put it on the buffet in the dining room, all cans in easy reach around the corner from the kitchen.

Not having a pantry, I've pulled the hall coat closet into service, moving the hangar bar close to the ceiling and opening up the whole bottom half of the space for four rows of wire shelving and baskets for dry goods and envelopes.

And when all seems lost, when you have no pantry and no basement, when your coat closet can't be reconfigured, there are still handy places you can store food. A small bookcase will hold cans. Slide a few baskets under an end table. Cereal keepers are smaller than boxes. A row of clear canisters for envelopes will let you see what you have at a glance.

The immediate benefit of having alternate storage places is that it opens up space in your cupboards for currently used items. The box of instant rice and the jar of peanut butter will all be right in front of you.

For more ideas to organize your food, search online (especially Amazon and the big-box hardware store near you) for food storage for small spaces. And remember to get a black marker to write expiration dates in big letters!

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## To Advertise Call 852-3235 **Archives: www.wtxcc.com**

32 August sign

33 Cereal grass

35 U.S. tax org.

38 An earth sci.

40 Deep hole

41 Besides that

42 Turned into

43 Numerous

44 Rakish guy

45 Body of water

46 Night hooter

52 Zipcar owner

53 Hotel stock

54 Debt slip

56 Thin-toned

58 "\_ girl!"

singer Chris

61 City in Iraq

64 City in India

66 Big name in tight

57 White \_ sheet

59 "Wicked Game"

tac-toe

47 Losing row in tic-

39 Carsick feeling

34 Brit's har

#### FILL IT UP **ACROSS** 1 Cinch \_ (Hefty

- 4 Achy feeling 12 Recede
- 15 Sporty car roof 19 "Just expected! 20 "Babes in
- Toyland," e.g. 21 What "U" may 22 \_ Ridge (1972
- Kentucky Derby winner) 23 Birds for Yuletide dinners

26 Some Pac-12

- players 27 Some antique autos 28 Fr. woman with a
- halo 29 Cuddly crib toys 31 Letter holders
- 35 Irritate 36 Post office scale
- unit 37 It flows in la Loire 38 Vegetable pizza toppings
- 42 Polling place containers 48 Feels ill 49 Weep audibly
- 50 Zeno of \_ (Greek philosopher) 51 Vie for the affection of
- 52 Lies next to 54 Guessing game for

- 55 Garnishes for 60 Broody rock genre
- 62 Nonbeliever in God 63 Record half with
- the hit, usually 65 Forces out 69 Larry and Curly's
- 70 Parts of respiratory 75 "Fake-Out" co-star Zadora
- 76 Zac of "The Lorax" 78 "\_: Battle Angel" (2019 action film) 79 Grilled corned beef sandwiches
- 81 "Yes" vote 83 Things hanging from rims 87 Put into a snug
- spot 90 Base before home 92 Oahu gift
- 93 As straight as (totally honest) 94 Year, in Portuguese 95 Speller's clarifying
- words 96 Sewing kit accessories 100 Chicks awaiting meals have them
- 105 "\_ a Letter to My Love"
- 104 '16 Olympics host 106 "Milk" director Van

- 107 Bellhops' burdens 113 Hard or soft Tex-Mex items
- 117 Exhaust 118 Socko review 119 "Sure, sure!" 120 Fact about 12 long
- answers in this puzzle 125 100%, in Germany 126 Winery cask 127 People prettifying 128 Unit of work 129 Shopkeeper Oleson on "Little

House on the Prairie"

130 Hi-tech organizer

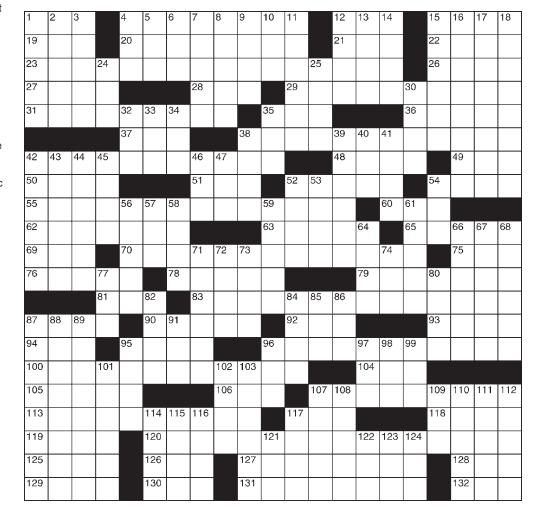
131 Currently

- 132 Cereal grass DOWN
- "\_ bleu!" 2 Pale-faced 3 Russian ballet company
- 4 "Help us!" 5 Elect (to) 6 Sleep phase 7 Expunge
- 8 Tree homes 9 Suffix with towel 10 Apt name for a chef? 11 "No Exit"
- playwright 12 Looked at 13 Hopalong Cassidy portrayer William 14 On the go
- trunks 67 "The Adventures of \_" (2011 Spielberg film) 68 Lips off to 71 White rat, say 72 Tale tweaker 15 Make level 73 War vet's affliction, 16 Female giant of for short 74 Jellied fish

- 77 Sturdy tree 17 Cultivate to excess 18 Ticks away 80 B'rith 24 British verb suffix 82 Website for craft 25 "Akeelah and the vendors Bee" star Palmer
- 84 Yalies 30 Conks on the head 85 What "X" may mean 86 Pen choice
  - 87 Papeete native 88 Of no avail 89 Color-sensitive retina part 91 That chap
  - 95 Song and dance 96 Measures of acidity 97 Geller of psychic
  - acts 98 Grab a chair 99 Ad 101 \$1,000 bills, informally
  - 102 Unpretty 103 From Florence, e.g. 107 Israeli native 108 Overturn
  - 109 Pooch's bark 110 Less perilous 111 Each and \_ 112 Bog plant 114 URL starter 115 Israel's Barak 116 Singer Horne
  - 117 White sheet? 121 Fuss 122 Body of water 123 Give it a go 124 Navy inits.

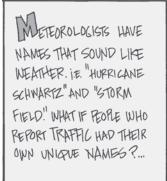
Answer Page 4

### **Super Crossword**



#### **Comix**

#### **OUT ON A LIMB** By Gary Kopervas







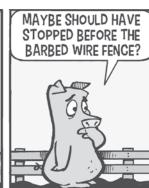


#### AMBER WAVES By Dave T. Phipps









#### THE SPATS By Jeff Pickering







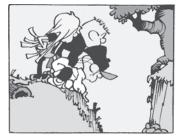
R.F.D. By Mike Marland







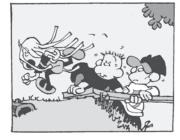
#### TIGER By Bud Blake



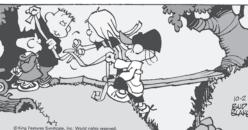












#### Lowry

From Page 2

conduct.

Last week, he said inflation over the past three months averaged 2% on an annual basis, a new way of counting meant to obscure that the real annual rate was 8.2%.

insistence that the inflation rate this past July was 0% because increasing food costs.

inflation was flat from June.

He similarly declared victory on gas prices, when they have been rising again, and has portrayed penalized for unsportsmanlike himself as scourge of the budget deficit despite his binge of further deficit spending.

If Biden is offering poor explanations for poor results, at the end of the day, it doesn't matter what he says. No presidential This was reminiscent of his statement can compete with Rich Lowry is editor of the declining real wages and steeply

The voters seem to be working themselves up to administer what is the only appropriate reaction to such heedless mismanagement and transparent spin on an essential matter affecting their daily lives, which is to make their discontent unmistakable at the polls in November.

National Review. (c) 2022 by King Features Synd., Inc.

## Cardiac stent, while helpful, can bring risks

DEAR DR. ROACH: I am a 71-year-old woman diagnosed with coronary artery disease. My latest calcium score was 801. My

right coronary artery was 80% blocked, and the left artery was 25%. My cardiologist asked me to decide if I want to do angioplasty or not. I don't have any symptoms, only shortness of breath on exertion. I can't decide what to do. My cardiologist seemed against getting a stent, not that he said that exactly, but he stressed the risk of getting one. -M.C.



A cardiac stent is a device placed into an artery of the heart after it is re-opened, usually by a balloon in a procedure called an angioplasty. Stents help reduce the risk of the artery closing off after the procedure. In people with stable coronary artery disease, opening up a blood vessel can reduce symptoms, but has not been shown, despite many studies, to reduce risk of heart attack or death.

You said you were asymptomatic, but shortness of breath is one of the major symptoms of blocked coronary arteries, which are the blood vessels that provide oxygen-rich blood to the heart muscle. It can be very difficult at times to judge whether a person's shortness of breath is coming from blockages in the artery or not, and stress testing can help answer whether this is likely. People can have shortness of breath on exertion for many reasons, including lung problems, anemia, lack of exercise or persistent symptoms after a COVID infection.

While the decision is ultimately up to you – it's your body – it's best if the cardiologist gives you a definite recommendation and the reasoning behind it. You can't make an informed decision without being informed. A stent might improve your shortness of breath, but there are risks of bleeding, infection and even heart damage from a stent placement. It's not to be undertaken lightly.

If your cardiologist doesn't feel that your shortness of breath stems from the blockages, then a stent is not likely to be helpful. Revisit with your cardiologist to get a clear idea of the potential benefit and harm specific for your case, and bring a friend or family member to assist you.

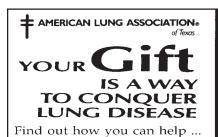
DEAR DR. ROACH: I take Antabuse to help me quit drinking. Do I need to worry about the alcohol in hand sanitizers? -L.W.

Antabuse is a medication that makes people feel very sick even if they drink small amounts of alcohol. It is not frequently used anymore, but it is still an effective and time-tested option for medication treatment in people with problem drinking.

Hand sanitizers are made from either ethyl alcohol, which is the alcohol in alcoholic beverages, or from isopropyl or rubbing alcohol. There have been case reports of people developing a reaction to the alcohol from practicing hand hygiene, from aftershave, and even from inhaling fumes after practicing hand hygiene. According to a study during the pandemic, of 42 people on Antabuse who routinely used hand sanitizers, 20% had a reaction to the ethyl-alcohol-based sanitizer, and 10% had a reaction to the isopropyl-based sanitizer. Seven percent of people had severe reactions, but the rest were mild and self-limited.

There clearly is a risk for developing symptoms after even the smallest amount of alcohol that can be absorbed through the skin or inhaled through fumes. People on Antabuse with a reaction to skin sanitizers should wash their hands rather than use sanitizers.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2022 North America Synd., Inc. All Rights Reserved.



to you — or when a special person has a birthday, quits smoking, or has some other occasion to celebrate memorial gifts or tribute gifts made for them to your local American Lung Association help prevent lung disease and improve the care of those who suffer from it.

When you lose someone dear

www.texaslung.org

1-800-LUNG-US*A* 



#### Moore Texas by Roger Moore

A ranch near Benjamin once let "paying prospectors" dig for Spanish gold and other treasures for \$1 a day... AND they got to keep 1/2 of their find.

## **CryptoQuip**

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Y equals T

KQZY HB FBT IZJJ Z IVJVMUZYVH AEIYEBRZJ PXF KQB'P XUBHTIERL YBRP BA BTYXTY? Z QELQ-FEVJH MBRH.

Answer Page 4

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## Weekly **SUDOKU**

#### by Linda Thistle

	8				9		1	
4			8			9		
		6		7				3
1			4	3				2
	7				6	5		
		8	2				7	
		5		1		6		
6			7					1
	3				2		4	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### **DIFFICULTY THIS WEEK:** ♦ ♦ ♦



Answer Page 4



◆ Moderate ◆◆ Challenging

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## VA to tackle care for long Covid

by Freddy Groves

The Department of Veterans recommendations Affairs has just published "Whole Health System Approach to Long Covid," treatment of veterans suffering with long Covid. It's estimated that 2% of the U.S. population com/bdfm8ha2. will develop long Covid, which veterans.

The VA was the first to realize that recovering from Covid a long version was emerging, bringing with it extended Covid programs and dug into discovered. research where they looked at those who still had vascular to an actual definition, the Food and heart disease a year after and Drug Administration, the original Covid.

wherein medical staff can assess and manage the symptoms and direct treatment as the patient

In the guidebook there are infection." guides for each facet, from signs and symptoms to treatment (tinyurl. com/3r8xvthf). There is also an assessment with 31 questions.

To read more about the VA's a holistic guidebook for the approach, check their Covid page at tinyurl.com/4kyrhv6y. A factsheet can be found at tinyurl.

In addition, the government equates to 24,000 to 42,000 has the National Research Action Plan on Long COVID (www.covid.gov/longcovid). Scroll through the 85-page didn't mean it was gone, that document to see what the government is doing and click on the study links to see what illnesses. They opened 20 long researchers are doing and have

You'll see that when it comes National Institutes of Health, Theprogramisamultipronged Centers for Disease Control whole-health approach, with and Prevention, World Health an individual plan at the heart Organization and the VA of each patient's treatment have differing opinions about

just what constitutes long Covid. To make matters more complicated, not everyone calls it by the same name. Mostly it's patients, some researchers and Wikipedia that call it "long Covid." NIH, for example, calls it "Post-acute Sequelae of SARS CoV-2

Remember: It's not over yet. Keep up the hand-washing. Ignore the 20-second rule and scrub for a full minute or

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- A Tip From JoAnn: I like bottled water, but it's expensive and creates a lot of waste. I have plenty of reusable bottles, but bottled water always seemed more convenient and, frankly, better. I found that what I really like is to take a bottle of very cold water out of the fridge and drink it, so instead of storing those reusable bottles in the cabinet, I fill them straight from the dishwasher and put them in the fridge. Now I have the convenience of bottled water without spending the money, and I happily am not creating waste.
- Here's a trick for removing hard-water stains on windows or glass doors: Apply fullstrength fabric softener to surface. Let dry, then use a wet cloth to remove, rinsing the cloth frequently.
- "Hang a bag of clothespins near the laundry basket. Then if something has a stain that needs to be addressed, put a clip on it before adding it to the basket. This way, you'll know what to pretreat on wash day." - D.W. in Washington
- "To keep pants on a hanger from creasing, I slit a paper towel cardboard roll and slip it over the hanger. I tape it together and then put the pants over it. This has worked for me for many years." – I.R. in Nebraska
- · Got a grease stain on your shirt? Cover it with baking soda right away. The baking soda will absorb oil. Repeat several times and launder as quickly as you can.

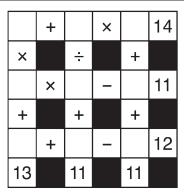
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2022 King Features Synd., Inc.

#### GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

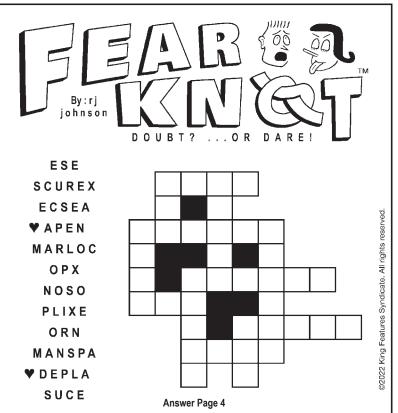
#### **DIFFICULTY:** ★★★

★ Moderate ★★ Difficult \*\*\* GO FIGURE! Answer Page 4



3 4 5 5 2 6 8 9

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Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE ). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART ). Fit each string's word either across or down to knot all twelve strings together.