



NEWSBRIEFS

Free holiday movies

The El Paso Community Foundation Plaza Classic Film Festival's Free Holiday Movies at the Plaza Theatre are almost here! Get a jump on the holidays – and WinterFest – with Tim Burton's darkly imaginative *The Nightmare Before Christmas* at 7 p.m. Thursday, November 17. It's free. No tickets are required. Seating is first-come, first-served. A modern holiday classic, Burton's 1993 stop-motion animated musical follows Jack Skellington, the King of Halloween Town, as he tries to take over Christmas. It features songs, such as *This Is Halloween* and *Sally's Song*, by Oingo Boingo's Danny Elfman and a voice cast that includes Chris Sarandon and Catherine O'Hara (Kevin's mom in *Home Alone*). GECU is sponsoring the five-week, nine-film series, which will run Sundays November 27 through December 18. The movies will be presented "Plaza Classic style," with an introduction and a 30-minute performance by Richard Garven and Ken Fedorick on the Wyler Mighty Wurlitzer Pipe Organ before each movie. The schedule:

November 17
The Nightmare Before Christmas (1993)
7 p.m. (PG)

November 27
A Christmas Story (1983)
1 p.m. (PG)

Home Alone (1990)
3:30 p.m. (PG)

December 4
Disney's A Christmas Carol (2009)
1 p.m. (PG)

How the Grinch Stole Christmas (2000)
3:30 p.m. (PG)

December 11
Elf (2003)
1 p.m. (PG)

The Polar Express (2004)
3:30 p.m. (G)

See BRIEFS, Page 3

A "slight tax increase" costs you about \$300. A "substantial tax cut" lowers your taxes by about \$30.
– Quips & Quotes

Keeping up the site



– Photo by Dora Tellez

DONATION – The VICTORY (Veterans In Clint Thinking & Remembering You) Committee was presented a \$1,000 check from Judge Ruben Lujan to help maintain the Clint Veterans Park. Above are committee members, from left, Pon Fierro, Julian Tellez, Lujan (handing off the check), Robert Cereceres, Ray Alvarado, and Frank Cereceres. Lujan was recently re-elected Justice of the Peace, for Precinct 1 which includes the Town of Clint. The Clint veterans have been maintaining the community park since 2006. They hold fund raising events throughout the year to support the park enhancement projects. This year the group has raised nearly \$6,000 to go towards the purchase of a sprinkler system; tables and benches; and possibly a sound system according Tellez.

EPCC is recognized for 'FYE' work

By Jim Heiney
Special to the Courier

EL PASO COUNTY – El Paso Community College (EPCC) has been selected one of 30 finalists by The Bellwether College Consortium for the highly coveted Bellwether Awards. Bellwether finalists represent leading community colleges whose outstanding and innovative programs and practices were selected among competitive submissions as exemplary. The finalists will undergo a rigorous second and final round of review at the 2023 Community College Futures Assembly in February 2023.

EPCC's First-Year Experience (FYE) has been recognized with this honor. FYE specializes in academic coaching and advising for First-Time in College (FTIC) students. "Our data clearly shows that students participating in our First-Year Experience centers and the associated support systems are more successful. EPCC continues to expand these efforts to provide the same supports to all of our students," Steven Smith, EPCC Vice



– Photo courtesy El Paso Community College

See EPCC, Page 3 Tania Moreno, right, helps student Alexandra Calderon.

Don’t count Trump out yet

Donald Trump is in his weakest political state since 2015 or early 2016.

During his presidency, when he was at the center of countless intense controversies, he didn’t blink once. He never showed fear or desperation. Both are clearly at work now in his gratuitous attacks on Govs. Ron DeSantis of Florida and Glenn Youngkin of Virginia, neither of whom has done anything to him, besides presenting a viable alternative to his continued dominance of the GOP.

Any Trump political obituaries are premature, though, until a verdict has been reached by the force that has buoyed him and lent him his overwhelming power in the GOP politics – Republican voters.

The idea that the “party decides” – that a party’s elites guide voters to their preferred presidential candidate – got blown to smithereens in 2016. Trump had almost no institutional support and won anyway.

Since then, the party has neutered itself and, in many states, been affirmatively taken over by pro-Trump forces.

After the experience of the Access Hollywood tape and January 6, Republican officials have internalized the lesson that getting too far out in front of voters in expressing anti-Trump sentiment – indeed getting an inch in front of them – is potentially fatal.

Politics is always a realm of artifice and whispered conversations, but the Trump era has taken it to another level in the GOP. Many of the elected officials who are Trump’s biggest public boosters have a dim view of him in private. People serving at the highest levels of his administration – not deep state operatives, but his own political appointees – would make clear their discomfort with him in private. Even the most pro-Trump voices in the media often don’t share their true feelings about him.

If the window has opened a crack to Trump criticism among Republican officialdom, it’s still quite muted. Everyone considers it much safer to train their public fire on presumptive speaker Kevin McCarthy or Majority Leader Mitch McConnell.

It’s important to remember, by the way, that some of

the worst candidate choices in the midterms were freely made by GOP primary electorates under the influence of the former president. There’s

been a lot of criticism of Democrats spending on weak MAGA candidates in the primaries. But these candidates never would have gotten nominated in the first place if Republican voters hadn’t happily supported them, despite their flaws and despite Democrats desperately wanting to run against them.

One hopes that the lesson has finally been learned that Trump – no matter how much Republicans admire his combativeness, appreciate his entertainment value, and detest his enemies – is not a sound electoral guide, to put it mildly.

Trump didn’t win a majority in either of his presidential elections, even the one he won; he was never anywhere close to 50% in the RealClearPolitics polling averages



See LOWRY, Page 7

Food for thought By Dr. Glenn Mollette

Have Thanksgiving every day

Thanksgiving always comes and goes too fast. We often think, “We need more time to focus on the Thanksgiving holiday.” For many, it seems that Thanksgiving gets sandwiched between Halloween and Christmas.

By late September, many of the stores and television commercials are focusing on Christmas.

The only way we can fix the “fast Thanksgiving” holiday is to make Thanksgiving celebration every day. We shouldn’t wait until Thanksgiving to give

thanks but give thanks every day. A thankful heart is a healthier heart. Living in an attitude of Thanksgiving celebrates the gift of life and every opportunity to live life.

Many of us have dreaded the shorter days. Dark by 6 o’clock and soon by 5 or even 4:30 in some areas. I used to always dread that but my attitude has changed. I’m just happy to be alive to experience the changing seasons. Take advantage of these cooler, shorter days to get some rest. Longer days will be back soon and you can mow grass, work or walk until 9:00 or later every evening. Go with the flow and enjoy the differences.

I miss the Thanksgivings when my mom and dad were alive and mother cooked. If everyone got together, we could have 20 people in the house. This was a tiring time for my mother. Be sure to always praise the person carrying the cooking load.

Time passes quickly. Every day we should embrace the day. When you see someone, talk to someone, share a meal with someone then by all means embrace and savor the moment. Give thanks for all occasions that you have to spend time with others whether family or friends.

Thanksgiving is not the same for many of us because there are empty seats at the table. We miss moms and dads who have left us for a better place. We miss wives, husbands, children, and siblings who have left this life too early. This makes us sad and dampens our spirits. Yet, look around and see the people who may not be here next year. There are no guarantees. Be kind, be loving. Say good words to them. Lift them up. It will make you feel better to give thanks for people and to anoint them.

Jesus was anointed by Mary the sister of Martha before his arrest and crucifixion. Some criticized her for doing it but Jesus said she has prepared me for the burial. Let her alone he said she has done a good work. After Mary finished anointing

Jesus’ feet the house was filled with the smell of the ointment. When you love and are kind to people it always brings a better fragrance and atmosphere into the house. A part of this is showing Thanksgiving for them and toward them. Mary ended up with that ointment on her hands and in her hair. When you do good stuff for people to honor them a lot of that good stuff comes back to you.

Have Thanksgiving every day. Give thanks, express thanks and live in a spirit of being thankful. Your attitude will make your day better and encourage others around you.

Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminaries in Kentucky. He is the author of “Uncommon Sense” and 12 other books. His column is published weekly in over 600 publications in all 50 states. Learn more at www.glennmollette.com or www.facebook.com/glennmollette.

1973

49

Years

2022

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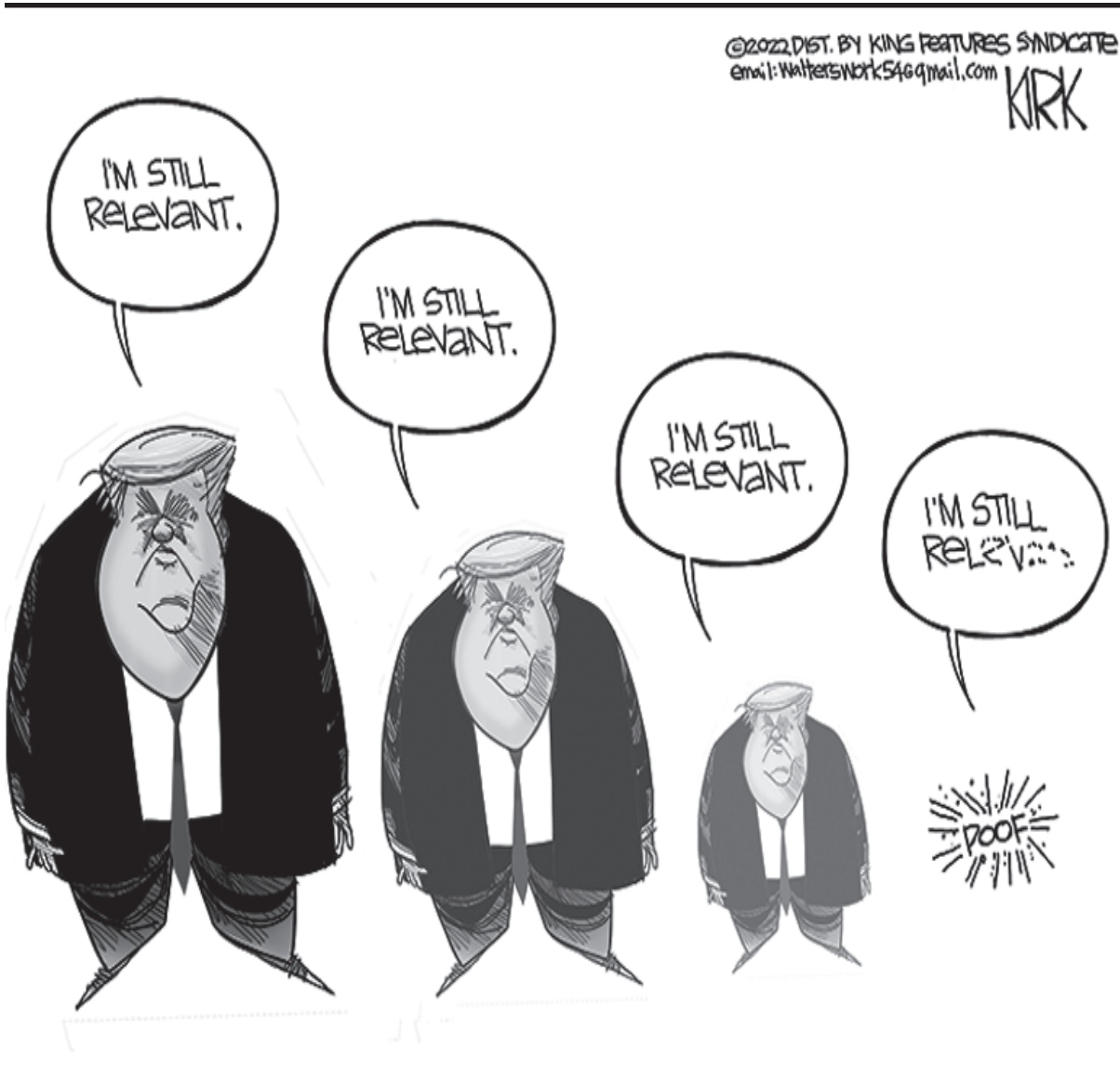
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Homesteader

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Briefs

From Page 1

December 18
Four Christmases (2008)
1 p.m. (PG-13)
National Lampoon's Christmas Vacation (1989)
3:30 p.m. (PG-13)

Outstanding

Edna Alarcon Reyes, was selected as Clint High School's Outstanding Ex for 2022. She graduated from CHS in 1979. She has served the Clint ISD for over 28 years. She is currently serving as Clint Junior High's Curriculum Coach. She was also selected as Clint Junior High School's Teacher of the Year in 2008 and 2011. Edna was recognized for her continued dedication to the Clint Community where she resides and began her career as a 7th grade Language Arts Teacher and is presently CJHS Campus Curriculum Coach. She has also received National Teacher Recognition for the "Do the Write Thing Challenge Program for four years. She is an

awesome inspiration to her husband Hector, her son Josh and daughter Lauren, as well as her students and faculty whom she continues to inspire every day. She feels her greatest achievement is seeing her students becoming successful men and women and coming back to Clint ISD to be teachers.
- Clint ISD PIO

Better late than never

DublinerShaneGaffneywasvisiting New York City. It was about 4:00 AM and he hailed a taxi cab. John McDonagh, an Irish American, was at the wheel. Gaffney didn't have enough money for his fare and so he gave McDonagh an IOU, promising two pints of Guinness at his parents' pub if and when the taxi driver might visit Ireland. It all happened in 2013. But nine years later McDonagh showed up at the pub to claim his brews. Gaffney and his mom and dad were waiting for him as were reporters and regulars. And behind the bar was a "massive banner welcoming me," said McDonagh.

- John Grimaldi

EPCC

From Page 1

President of Instruction and Workforce Education said. "We are thrilled that Bellwether has recognized this important work by naming EPCC's First Year Experience efforts as a finalist."
"Our program advances student success through holistic case management advising and personalized support for academic, career, financial and other individual needs," Sandra Lujan, FYE Project Director said. "Our program staff works very hard every day to transform students' educational experiences and elevate their futures." Students beginning college receive support to build a solid foundation for their college experience. Early Alert academic advisors, peer academic coaches and support services focus on providing them with the assistance needed to achieve academic success.

FYE identifies potential issues that may prevent students from successfully completing courses, such as periodic absences/tardiness and low grades. Students receive alerts from faculty and academic advisors when potential problems are observed. The faculty works with academic advisors and peer academic coaches to address obstacles in students' academic success.

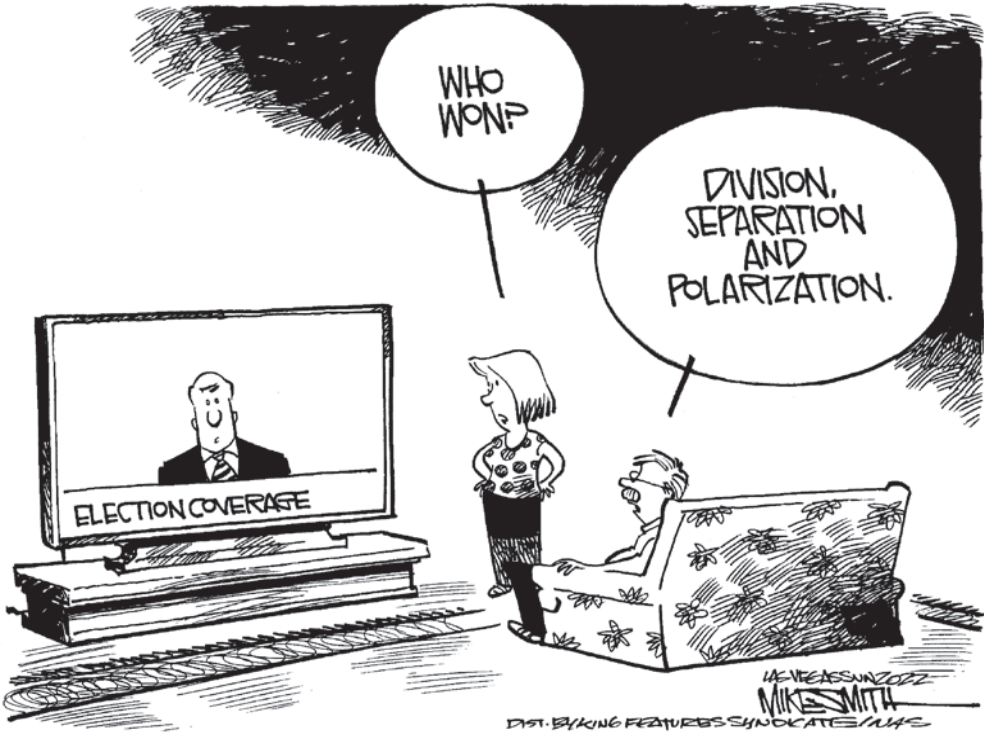
The Community College Futures




- Photo courtesy El Paso Community College
EPCC President William Serrata.

Assembly convenes annually as an independent national forum for innovators to work as a think tank. It identifies successful responses to critical issues facing the future of community colleges and hosts its national award competition annually. Visit www.bellwethercollegeconsortium.com for more information.

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Moments
in time
THE HISTORY CHANNEL

- On Nov. 21, 1941, Tweety Bird debuted in the Warner Bros. cartoon “A Tale of Two Kitties.” Originally a wild, naked chick with rather malicious tendencies, the character evolved over the decades into a wide-eyed canary with a far more genial demeanor that increased (and retained) his audience popularity.
- On Nov. 22, 2005, Angela Merkel became a prime example of “smashing the glass ceiling” and an inspiration to a rising generation of young girls when she was elected the first female chancellor of Germany.
- On Nov. 23, 1910, Johan Alfred Ander was convicted of murdering Victoria Hellsten during a robbery that he conducted in an effort to solve his ongoing financial problems. He was the last person to be executed in Sweden and the only one in Swedish history to be executed by guillotine.
- On Nov. 24, 1877, Anna Sewell’s novel about a horse named Black Beauty was published. Alternately

scribbled on scraps of paper and dictated to the author’s mother, the book would go on to become not just a beloved classic and adapted for cinema, but play an important part in the animal rights movement.

- On Nov. 25, 1950, the “Appalachian Storm” dropped nearly 60 inches of snow in that area, carrying with it unseasonal temperatures and causing widespread property damage. About 150 people were believed to have died as a result of the storm.
- On Nov. 26, 2018, the robotic probe InSight, designed to study the deep interior of Mars, landed on Elysium Planitia on the red planet. Data collected from it could bring a new understanding of how Mars, as well as other terrestrial planets, formed and evolved.
- On Nov. 27, 1968, Penny Ann Early became the first woman to play major professional basketball for the Kentucky Colonels in an ABA game against the Los Angeles Stars. At just 5 feet, 3 inches tall and 112 pounds, she was also the smallest pro basketball player ever to compete.

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Strange
BUT TRUE

By Lucie Winborne

- In 2015, Colin Furze invented a creative alarm that would literally throw its user out of bed.
- A study in which researchers scanned actors’ brains while they answered questions revealed that their brain activity differed depending on whether they spoke as themselves or as the character they were portraying.
- Female ferrets will die if they go as long as a year without mating, due to elevated estrogen levels.
- Prior to 2011, any drink in Russia with less than 10% alcohol content was legally classified as a soft drink.
- On Aug. 20, 2013, a group of students from Delaware built the tallest Lego tower in the world, standing at 112 feet tall and consisting of more than 500,000 pieces.
- Not that we think you’re likely to drop an ant from the Empire State Building, but if you do, you should know ahead of time that it will walk away unharmed. Due to its proportions and tough exoskeleton, its terminal velocity won’t be enough to kill or hurt it on impact.
- Pretty much everyone finds TV ads annoying, but at least they don’t normally last too long – with the exception of a commercial for Old Spice that aired in Brazil in 2018 and ran a staggering 14 hours, earning it a Guinness World Record for the longest TV ad ever.
- In the early 1900s, tug of war, pigeon shooting and pistol dueling were Olympic sports.
- Studies suggest that “Huh?” is the closest thing humans have to a universal word. This expression is understood and used in almost every language.

Thought for the Day:
“Success is not final, failure is not fatal: It is the courage to continue that counts.”
– Winston Churchill

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CryptoQuip
Answer

When the flea market offered free low-quality aquariums, a huge sign said “Tanks for nothing!”

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The NFL gets tough on player conduct... sort of

By Steve Escajeda
Special to the Courier

I’m not exactly the kind of guy you’ll see crisscrossing the world from airport to airport on a regular basis, though like almost everyone, I have flown on occasion.

Although I’ve never flown out of the country, I have taken flights to places like Chicago, Los Angles, Phoenix, Orlando, Boston, Washington D.C., Denver, Houston and Dallas.

And every time I squeezed myself into my way-too-tiny seat, a pretty airline attendant pushing her cart of goodies, asked me if I wanted to partake in any adult beverages.

You know, maybe a beer, or some wine to go with my teeny tiny bag of peanuts.

There have been occasions in which I looked my attendant in the eye and said, “a glass of wine please.” Hey, I

had a very hectic day before my flight and I needed a drink.

Sorry if I sound a little defensive, but why can’t I have a drink on the plane. I’m an adult after all.

Well, the National Football League feels very differently about the idea of adults drinking on an airplane.

I guess I can understand when all NFL players were ordered to take their Covid shots to be allowed on the field. Even though there’s still a debate over whether the shots were really that effective, everybody panicked and the shots were required.

But I just recently found out that the NFL does not allow it’s players or personnel to have a drink during travel.

The NFL also bans any kind of alcohol consumption, including beer, in the locker rooms, practice or office facilities, or while traveling on team buses or planes at any time during the preseason, regular season, or

postseason. This applies to all players, coaches, club personnel, and guests traveling with your team.

I can remember many times when I’ve spent the evening covering a sporting event and while us reporters were busy writing our stories, a member of the athletic staff would supply the writers with a can of ice cold beer. And I have to be honest, I can’t remember a beer ever tasting as good as it did while trying to make my deadline deep into the night.

But that was it – one beer. Not a case of Budweiser or Michelob that would impact my odds of driving home safely.

It’s a little hard for me to understand why grown men – grown millionaires – can’t have a beer or a glass of wine on a plane.

The NFL rule came to light this week when it was announced that Washington Commanders head coach Ron Rivera disciplined some of his

players for drinking alcohol on the team plane after their victory over the Philadelphia Eagles.

A video was released of quarterback Taylor Heinicke and other players entertaining a few drinks in celebration.

And let me remind you that this was on the team plane, not along side other passengers on an American Airlines flight, this was the Washington Commanders only – team plane.

Don’t get me wrong, I’m not much of a drinker myself, but I do care about individual freedoms and the right to do certain things as long as they don’t infringe on the rights of others.

A statement put out by the league said, “Making alcohol available at club facilities or while traveling creates significant and unnecessary risks to the League, its players, coaches and others. Violations of this important policy will be taken seriously and will result in significant discipline.”

All that is fine and dandy, but this is from a league that allows players who have been convicted or charged with rape, theft, gun possession, assault, domestic abuse, drug possession, money laundering, resisting arrest, excessive speeding, sexual misconduct, animal abuse and tax evasion play in it.

I’ve had a beer on a plane, and I’ve never been charged with any of those things because of it.

I think the NFL wants everyone to think they’re tough on players if they institute a non-beer drinking policy so that they can cover up all the real bad things they let players get away with.

Heinicke gets into trouble for having a drink. Deshaun Watson, with his 24-counts of sexual assault, returns this week.

You tell me.

Senior moment

By Matilda Charles

Workouts at the rec center

Two months ago the senior center commandeered a large space in the town’s rec center because we had vetoed the idea of exercise classes in a too-small space at the senior center.

It was a two-month test, warned the senior center, to see if we’d actually show up. They even brought in a too-young male coach to put us through our paces. Although we were suspicious about his age, by the third week we agreed he knew his stuff.

And he himself brought in an even younger female assistant who stayed at the front of the room demonstrating the exercises while the young male coach paced around the room, expression serious, studying us, stopping us in mid-move to instruct and praising where warranted.

Two weeks ago he brought in yet another assistant and broke us into two groups across the rec center floor. He labeled us “Easy” and “Not Easy,” saying that some of us needed to take things more slowly while others needed to put more effort into

the workout. Try as I might to get transferred to the Easy group, he was having none of it.

He worked hard on our behalf, badgering the rec center to open up the weight room so he could give out some hand weights. He coaxed the local sporting goods store into donating some stretchy bands and yoga mats. Last week he brought in a diet handout, foods to eat to build muscle.

We discovered just this week, however, that we’ve all been guinea pigs, that our too-young male coach was using us as his senior fitness specialist project for college. Color us shocked! We weren’t sure how we felt about that until we learned that he’d earned an “A” on the project.

The other good news is that they’ve hired our too-young male coach and his two assistants on a permanent basis. And we get to stay at the rec center.

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Super Crossword

SIGN LANGUAGE			64 Worker finishing furniture	117 Mongol invaders	32 Lousy review	73 Pakistani language
ACROSS				118 Brazilian rain forest region	33 Vendors	76 Walking stick
1	Work force	68 Savage sort			34 Finale	77 '80s sitcom
6	Swallowed up	70 Deeply felt		119 Make _ for oneself	35 Final, e.g.	78 "Que _?"
14	Beautiful	71 Popularity boost		120 Lace-receiving hole	36 Savings acct. protector	79 Brick-baking oven
20	Popular type	after appearing on		121 Crescentlike objects	37 Tart pie fruit	80 Totally understand, informally
option		satirist Stephen's old show		122 Plays spiritedly	38 Track shape	81 Plants seeds
21	Wedlock	73 Iris' layer			39 Road semis	83 Absorbed
22	Idolize	74 Is in debt			40 Fail to catch	85 OPEC liquid
23	Organ knob	75 Fallback strategy	DOWN		41 Passing mark	86 Big hack attack
imparting a striking sound		76 Singer Mariah	1 Defensive tackle		43 "Wilson" actress	88 Sty dweller
25	Napoli's country	78 UPS deliveries: Abbr.	Warren		44	89 Mystery writer
26	Quarterback	82 Did a 180	2 Willow or oak		Basketballer Ming	Deighton
Manning		84 Willy Wonka	3 Ethereal		46 Shipping box	90 Sudden forward thrust
27	Boundless	86 Capital of Egypt	4 Almanac item		47 Hitter Hank	
28	Suffix with 12-Down	87 Kagan of the Supreme Court	5 Drinking water		48 Negative	92 In the thick of
30	Jungle lairs	88 At a snail's pace	additive		49 Sleep sound	93 Cardinal, e.g.
31	Age, as cheese	91 Quark or pion	6 Long dashes		52 "Backdraft"	94 Clan-related
33	Hidden way out in a haunted house	95 "The Newlywed Game" host Bob	7 Innocent		director Howard	96 Sticky stuff
36	Orlando locale	96 PC program tool for automating batches of invitations, say	8 Reaction to an awful pun		53 Salad green	97 Reimburse
40	Singer Reba	100 Actress Irene	9 Big vases		54 Biggest city in Australia	98 Hopping mad
42	Ratio of a stock share's return to its price	102 Streamlined, in brief	10 Enumerate		56 Nudniks	99 Like ultra-lite food
45	Shell games	103 Africa's Amin	11 Chubby		57 Turtle in a Dr. Seuss title	100 Failed to
50	Persona	104 "Canvas" for a tattoo	12 Inflated sense of self		59 Belfry dweller	101 Remove, as a
51	Studio stand	106 Artificial cave	13 Portray		61 Small bill	105-Down
52	Hold in check	111 Zoned (out)	14 First coat of paint		62 Hiatus	104 Medium, e.g.
55	Animation frames	113 Like people	15 Like many a sr. citizen		63 Homer's H	105 Shoelace problem
56	Neophytes	heeding seven key words in this puzzle	16 Sidestep		64 Win a point	107 "How awful!"
58	Blackish wood		17 Old-style messenger		65 Sauna wrap	108 Cardinals, e.g.
60	Pisa's river		18 Pop singer Lopez		66 Tylenol rival	109 Office fill-in
61	Actor Wilson		19 Brewer's fungus		67 "Peer Gynt"	110 Corrida calls
62	Illinois town west of Chicago		24 Snarky		68 Sloppy Joe holder	112 Sooner than
			29 Lanka lead-in		69 Hug	114 Big bush bird
					72 Defective	115 Flying Solo
						116 _-been
						Answer Page 4

Comix

OUT ON A LIMB

By Gary Kopervas



AMBER WAVES

By Dave T. Phipps



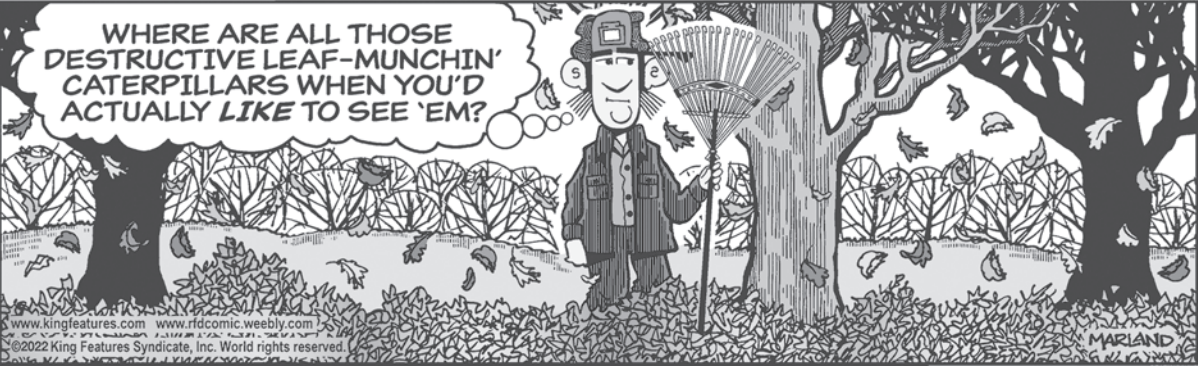
THE SPATS

By Jeff Pickering



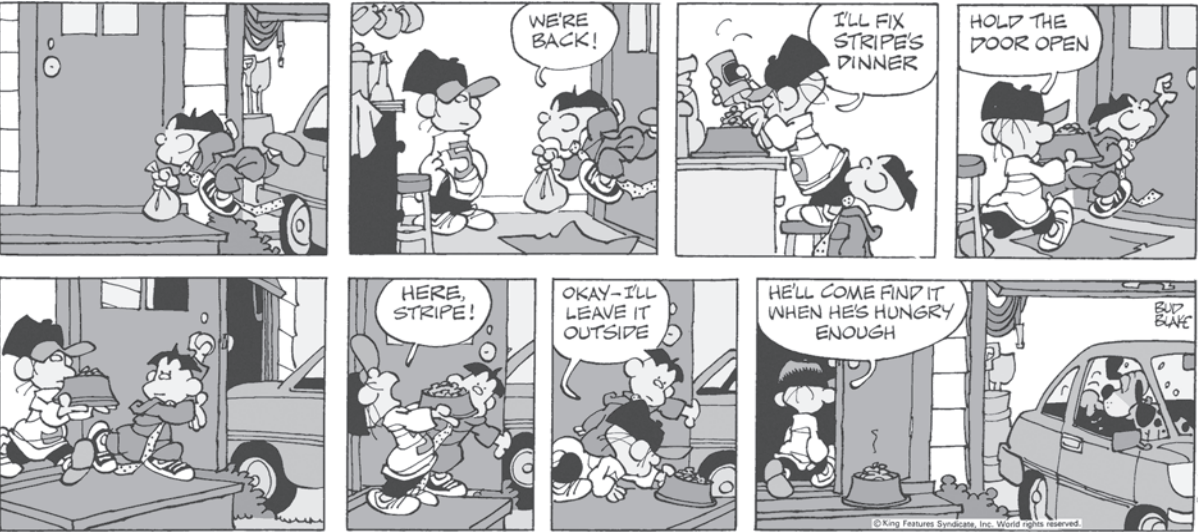
R.F.D.

By Mike Marland



TIGER

By Bud Blake



Lowry

From Page 2

in either of his races; and his average job approval rating during his presidency never approached 50%, either. Trump won in 2016 courtesy of Hillary Clinton, the Electoral College, and a dollop of luck. At the end of the day, he's a plurality, not a majority, candidate. And

he's drawn to other plurality candidates, who, lacking the advantage of running in races with an electoral college or against Hillary Clinton, tend to lose. Winning 46.1% worked for Trump in 2016, but it's a formula for failure for everyone else. There are early signs that voters have taken on board the contrast between Trump, who was embarrassed on election night and has been attacking

other Republicans in crude terms, and Ron DeSantis, who won a crushing reelection victory and hasn't felt it necessary to throw out wild charges or insult other party leaders to try to deflect blame from himself. The polls are very early but telling. A YouGov poll had DeSantis up over Trump nationally in a hypothetical 2024 matchup, 42-35. A new 2024 poll in Texas has DeSantis up by a similar 43-32. And a WPA

Taking a tetanus vaccine with an allergy requires monitoring

DEAR DR. ROACH: My doctor told me that I need a tetanus booster shot, but when I was 17, I cut my foot and needed stitches. I was told then that I was allergic to the tetanus shot, so they gave me penicillin instead. Of course, that was a long time ago, since I'm now 81 years old. How could they have determined I was allergic to the shot, and is that even reliable? Can I be tested now? Or do I even need to be tested? – M.N.



Reactions to vaccines are common, but they were much more common 64 years ago, when the purity of vaccines was far less than what it is now. One reaction that was common in the 1950s is called an Arthus reaction, which causes painful swelling at the injection site within a few hours – the worst swelling usually occurring around 24 hours later, and then slowly decreasing. You are unlikely to get that type of allergic reaction because of better vaccines, and because it has been so many years since you've taken the vaccine. Very few people get anaphylactic reactions. Anaphylaxis is a life-threatening condition, which often starts with skin symptoms such as hives or swelling; respiratory symptoms such as nasal congestion, discharge or the sensation of the throat closing; gastrointestinal symptoms such as nausea, vomiting or abdominal pain; and cardiovascular symptoms such as dizziness and fainting. Any history of anaphylaxis prevents you from getting the same trigger (vaccine or medication) again, if it can be helped. Only a careful history of your symptoms at the time of the allergic reaction you had can provide an answer on which type of reaction it was. Blood testing for allergic reactions is not 100% reliable. If you haven't had a tetanus vaccine in over 60 years, the decision to get one now really is a judgment call based on your likelihood of exposures. If you do a lot of gardening or hiking, it may be worthwhile to give you a vaccine with careful monitoring. If you were to develop a tetanus-prone wound, such as a deep wound that comes into contact with soil or manure, you would be recommended tetanus immunoglobulin as well as a tetanus vaccine. Penicillin alone is not effective in preventing tetanus: Meticulous wound cleaning is critical, in addition to the shots.

DEAR DR. ROACH: How do I know if I've been vaccinated for polio? – S.A.

The first U.S.-transmitted case of polio in a decade was reported in Rockland County, New York, in July 2022. The person who contracted polio was unvaccinated: They probably contracted the case from a person who was vaccinated outside the U.S., since it was a vaccine-derived polio case. Occasionally, the weakened strain used for the oral polio vaccine can mutate and cause disease. The oral polio vaccine has not been used in the U.S. since 2000, but it is still used in other parts of the world. The vast majority of American and Canadian adults are vaccinated for polio, as it is required for school. So, most adults do not need vaccination, but it is routine for those traveling to endemic areas to receive a booster. Unfortunately, many children have not gotten their boosters on time due to the pandemic, and parents in the area of the case are recommended to get their kids' vaccines up-to-date as soon as possible. Anyone exposed to a known case should get guidance from their physician, who will probably be in contact with the health department.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2022 North America Synd., Inc. All Rights Reserved.

Intelligence poll has DeSantis crouch. The party won't decide beating Trump in Iowa, New Hampshire, Florida and voters give it clear, unmistakable permission. Georgia. There will have to be much more of that to signal that a fundamental, enduring shift has taken place and coax party leaders out of their long defensive

Rich Lowry is editor of the National Review. (c) 2022 by King Features Synd., Inc.



Moore Texas by Roger Moore
A secretary named Bette Nesmith from Dallas changed the office world when she created Liquid Paper in 1956.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals L

JGOE LGO XHOQ RQUBOL
CXXOUOW XUOO HCJ-ZTQHSLI
QZTQUSTRK, Q GTDO KSDE
KQSW "LQEBK XCU ECLGSED!"

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

	4			6	2			8
9					1		3	
		5	3				7	
3				5		4		
		7			6		9	
	9		8			2		1
2		1			4		5	
	5			9				6
6			7			8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

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Expanded help for veteran caregivers



by Freddy Groves

The Department of Veterans Affairs is giving a helping hand to veteran caregivers of all eras. The Program of Comprehensive Assistance for Family Caregivers (PCAFC) has been expanded to include eligible veterans who served after May 7, 1975, and before Sept. 11, 2001.

At-homecaregivers have been the glue that held together any number of veteran programs, and now more of them will get the assistance they need. The program assists caregivers with health insurance and access to healthcare through CHAMPVA, peer support, respite care (30 days per year), education and training, financial assistance and monthly stipend, certain travel expenses, resources and more. The program includes both primary and secondary (backup) caregivers, although

there are different services for secondary.

At the same time, the VA is extending the length of time that Legacy participants, veterans and their caregivers can stay eligible for the program. This date now runs through Sept. 30, 2025. "Legacy" means that a veteran was designed as eligible before Oct. 1, 2020.

Eligible veterans include those who had a serious injury or a serious illness during active duty during any service era. The veteran must have a disability rating of 70% or higher, have been discharged or have a medical discharge and need at least six months of personal care services for assistance such as feeding, supervision, safety and bathing.

To learn more about the Caregiver Support Program, call them at (855) 260-3274 on Monday through Friday from 8 a.m. to 10 p.m. EST, and on Saturday, 8 a.m. to 5 p.m. EST.

For an online application and specific eligibility criteria, go to www.va.gov/family-member-benefits/

comprehensive assistance for family caregivers. Look for the link to VA Form 10-10CG. In addition, the veteran needs to be enrolled in VA health care. Apply for that on VA Form 10-10EZ on that same webpage. Don't send any medical records with your applications. The VA will ask for those later.

For even more information on PCAFC, go to www.caregiver.va.gov/support/support_benefits.asp and click on "Fact Sheets."

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• L.H. in Illinois writes: "Never use a printed paper napkin to wipe off a spill. I once dabbed at a spot on a white tile, which left a stain from the ink."

• Use clothespins to reseal bread bags instead of twist ties. I buy colorful plastic ones at the store or have the kids paint wooden ones. Keep them handy in a pretty bowl on the counter! – J.B. in Rhode Island

• "Fold little dessert paper napkins into triangles and insert into fork tines for place settings. Lemons and limes in a pretty bowl make a simple centerpiece. Fill a small kids pool with ice to keep drinks cold at parties. – M.F. in Washington

• Before planting anything new in your yard, get in touch with your county agriculture agent to find out about any restrictions. You can also get advice on when and where to plant. – L.H. in Illinois

• When sending cards, attach a return address label to the back so they don't have to search for the address if they wish to respond. – D.L. in Minnesota

• A great way to keep tennis shoes and other shoes together: When you take them off, tie the shoes together by the shoestrings (loosely) or connect the two shoes with Velcro straps if they close that way. In doing this, it is much faster and easier to find BOTH shoes when ready to go. Keep smiling! – J.B. in Virginia

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2022 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 4

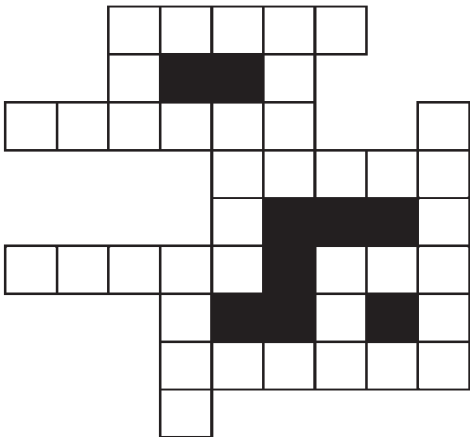
	-		x		18
x		x		-	
	x		-		17
-		+		x	
	÷		+		15
13		19		16	

1 3 4 5 6 7 7 8 9

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UGY
TRANUS
♥ LATLO
GAAS
♥ DRAGEN
♥ TDO
ETLN
♥ TRSIG
♥ AGD
♥ REASLY
♥ TADLE
♥ NATR



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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