



## NEWSBRIEFS

### Socorro ISD opens Pre-K registration

The Socorro Independent School District will provide a free full-day Pre-Kindergarten program for all 4-year-olds and a half-day program for qualifying 3-year-old students that live within school district boundaries. Online registration will open April 10, 2023, on [www.sisd.net](http://www.sisd.net). SISD's early childhood programs provide engaging, hands-on learning to build a solid foundation for students to succeed in their academic journey. The curriculum includes social and emotional development, language development, technology, social studies, math, science, and physical development. In addition, new Pre-K students may apply for the Dual Language Academy. Parents or legal guardians are asked to submit basic information via a secure online form, which will be available April 10, 2023, on [www.sisd.net](http://www.sisd.net). Registration documents for the 3-year-old program will be accepted on a first come, first served basis, dependent on the time/day parents/guardians submit their online form. Students must meet qualifying conditions for the 3-year-old program. The following documents will be required during registration: student birth certificate, immunization record, social security card (optional), a current utility bill, and an identification for the parent or legal guardian registering the child. For more information on registration, visit [www.sisd.net/registration](http://www.sisd.net/registration). For more information on Pre-K for 3 or 4 year olds, visit [www.sisd.net/prek](http://www.sisd.net/prek) or contact your elementary home school.

— Christy Flores-Jones

### There's no biting in golf

Who knows what they were arguing about — it had something to do with a golf game. Fifty-one year old Mark Curtis Wells of Biloxi, MS got into an argument with an unnamed fellow golfer and wound up biting the guy's nose off. Biloxi's SunHerald news reports that Wells, his victim and other golfers had been arguing about a game played earlier that day. They took the quarrel into the parking lot

See BRIEFS, Page 4

*If Congress can pay farmers not to raise crops, why can't we pay Congress not to raise taxes?*

— Quips & Quotes



— Photo courtesy Anthony ISD

**DON'T FIRE** — Anthony Texas Police undergo active shooter training at Anthony High School during the district's spring break.

## Anthony Texas Police undergo active shooter training at Anthony High School

By **Adriana Candelaria**  
*Special to the Courier*

ANTHONY, TX — The Anthony Texas Police Department received an active shooter training at Anthony High School during spring break.

The training consisted of 10 ATPD officers who practiced locating and quickly eliminating a threat.

"It is extremely important for our officers to be familiar with the layout

of the Anthony ISD schools," said Eddie Orozco, AISD School Resource Officer (SRO) and ATPD sergeant.

"Our officers are trained respond to any type of threat that arises in our district. We will not be waiting for backup," Orozco said.

The training was provided by El Paso County Constable Precinct 1. Officers also learned various methods of entering the building during a crisis, how to identify possible hiding places and provide first aid.

"Our students' safety is of utmost importance. We have the community to also protect. If a threat comes to us, we want to ensure that we protect our students and staff," Orozco said.

Anthony ISD collaborates with ATPD during lockdown drills to have officers visit the schools and become acquainted with the buildings and operations. ATPD headquarters are located across the street from Anthony ISD, and officers continuously support the district with various community events.

## Ten ways to save money on your water bill

By **Denise Parra**  
*Special to the Courier*

Want to offset the impact of higher water bills?

Beginning March 1, investments to boost our system reliability and future water supply will result in an increase of \$9.03 per month on the typical residential water bill. However, customers who reduce consumption to less than about 3,000 gallons per month will also see a \$14 waiver of the water supply replacement charge, putting even more money back in your wallet.

With mindful changes at home to cut your water use, you will be rewarded



— Photo courtesy EPWater

See WATER, Page 5 **SIMPLE STEP** — Installing an aerator on your faucet will reduce water use.



# In defense of Ronald Reagan

Presumably, Donald Trump will never produce the dark secrets promised about Ron DeSantis’ past. But his team thinks it already has one – the Florida governor once was a Reagan Republican.

“There’s a pre-Trump Ron and there’s a post-Trump Ron,” someone in the Trump camp told Axios. “He used to be a Reagan Republican. That’s where he comes from. He’s now awkwardly trying to square his views up with the populist nationalist feeling of that party.”

In his CPAC speech doubling down on “MAGA,” Trump said, “We are never going back to the party

of Paul Ryan, Karl Rove and Jeb Bush.” He didn’t mention Reagan, but the inclusion of the Gipper in the hall of shame was heavily implied.

This way of thinking in a Republican primary is something new. Once, pretty much every Republican wanted to be a Reagan Republican. If the Trump camp gets its way, Reaganism will have gone from passé in 2016 to an affirmative vulnerability in 2024.

There are layers to this intra-Republican debate. It is certainly true that conservatives became overly obsessed with identifying themselves with Ronald Reagan and when something becomes an “ism,”

it is likely to be simplified and ossified.

Then, there’s the sheer passage of time. Reagan left office 34 years ago. As of 2020, more than half of Americans were under age 40, meaning they have no real memory of Reagan.

Neither the pro- nor anti-Reagan side tends to do justice to the real, historical political figure.

Reagan was a free marketeer but wasn’t



See LOWRY, Page 7

## View from here By John Dwyer

# Mr. President, do the right thing

The Biden Administration has a big problem on its hands.

It’s sending mixed signals on new Food and Drug Administration (FDA) approved Alzheimer’s drugs, and patients are suffering.

The Centers for Medicare and Medicaid Services (CMS) is continuing an unprecedented, discriminatory policy that prevents 1.2 million Medicare beneficiaries from accessing a whole class of new Alzheimer’s treatments.

In one unthinkable move – first implemented in 2022 with Biogen’s Aduhelm, and continued with a decision to deny access to another new treatment, Leqembi – CMS has made it all but impossible for seniors on fixed incomes to go to a doctor and get a prescription for an FDA-approved drug to treat Alzheimer’s disease.

This month, the Veterans Health Administration (VHA) confirmed that FDA approval

of a drug means something and that it WOULD pay for Leqembi, providing treatment options for the nearly 168,000 veterans with Alzheimer’s disease.

What the hell? CMS has waged this war against 1.2 million Americans – and counting – under the guise of suddenly requiring drug manufacturers to prove that any new Alzheimer’s anti-amyloid treatments that are approved by the FDA are also “reasonable and necessary.”

To be sure, this new hurdle isn’t the norm.

The policy is so beyond the pale that dozens and dozens of congressional lawmakers on both sides of the aisle have called for CMS and the Biden Administration to fix this inequitable policy.

Most recently, a group of bipartisan senators questioned U.S. Health and Human Services Secretary Xavier Becerra about the government’s failure to provide

Medicare beneficiaries access to approved Alzheimer’s treatments that could improve their lives and slow their memory loss.

Millions of Americans with Alzheimer’s could agree with Sen. Susan Collins, who reminded Becerra: “It is not CMS’s job to second-guess the drug approvals of the FDA.”

The fact that CMS has blocked access to an entire class of Alzheimer’s treatments leads some to speculate that rationing Medicare benefits for Alzheimer’s patients is just the beginning.

There’s no question: The VA’s coverage decision is a rebuke to CMS. The Veterans Health Administration is saying we care about our veterans. CMS is saying the sick and aging don’t matter.

Now the hard questions must be asked and answered.

Earlier this month, President Biden requested \$2.8 billion from Congress for his cancer moonshot. That’s the same moonshot mission the President announced last

year. And in the same breath that he committed to making progress on cancer, he called out Alzheimer’s disease as necessitating swift and committed action.

As his Administration announced, the goal of this moonshot is to “improve the U.S. government’s capabilities to speed research that can improve human health – to improve our ability to prevent, detect, and treat a range of diseases including cancer, infectious diseases, Alzheimer’s disease, and many others.”

If that’s so, the estimated 6.5 million Alzheimer’s patients deserve an answer to the question: How can the President improve on treating diseases like Alzheimer’s when his own Administration puts forth policies that deny access to care?

In denying coverage of Leqembi, CMS said it needed more data to evaluate how the treatment works in the “real world.” The FDA doesn’t require that. The VHA didn’t either. And yet, the Alzheimer’s community has already marked its calendar for July 6, when

the FDA is expected to give Leqembi traditional approval. Everyone’s guess is that even traditional approval may not change the mind of CMS.

Without doubt, the announcement from the VHA is great news for 168,000 veterans. But that still leaves more than one million Americans with Alzheimer’s without a therapy, or hope.

CMS still has a chance to do the right thing. And if President Biden means what he says about prioritizing an Alzheimer’s moonshot, he can make a life-changing difference for millions of Americans.

Mr. President. Tell CMS to do the right thing now.

John Dwyer is President and Founding Board Member of the Global Alzheimer’s Platform Foundation. Online at [globalalzplatform.org](http://globalalzplatform.org). The Global Alzheimer’s Platform Foundation (GAP) is a patient-centric, non-profit organization dedicated to speeding the delivery of innovative therapies to those living with Alzheimer’s by reducing the time and cost of Alzheimer’s disease (AD) clinical trials.

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Food for thought By John Grimaldi

Reliable, mature and professional  
Aging workers are in demand

It's a given that the state of the U.S. economy over the past several years has caused many elders in our population to go back to work or, for those who are already in the workplace, to keep their jobs as long as they can. The inflationary cycle triggered by the policies of the Biden administration didn't make it easy for older workers to make ends meet. The cost of living has increased considerably over the past two years. But, according to a survey conducted by the Transamerica Center for Retirement Studies, "almost half of Baby Boomer workers (49 percent) expect to or already are working past age 70 or do not plan to retire. Their reasons for doing so are almost as likely to be healthy aging-related (78 percent) as financial-related (82 percent)."

The first boomers, those of us born between 1946 and 1964, celebrated our 65th birthdays in 2011 but many of them opted to keep working. The online employment agency, Indeed, says these aging workers are in demand. For one thing, "Baby boomers often aim to work as long as it takes to reach their goals and try to differentiate themselves by attaining the promotion, raise or acknowledgment they want... This generation has experienced the benefits of hard work and dedication, which is something they expect from their employer."

What makes senior citizens particularly valued members of the American workforce? Reliability, maturity and professionalism. The senior services organization, Vantage Aging, says that this results "in a strong work ethic. With an older worker, you often find yourself with someone who works hard to get the job done right."

It is estimated that the aging of the U.S. will

continue for another four decades during which the numbers of the 65-year-old population will increase by more than 37 million, increasing from 46 million today to more than 98 million in 2060. The American Psychological Association reports that, going forward, "older adults will live longer than ever before: One out of every four 65-year-olds today will live past age 90. This demographic shift has moved the focus of researchers, health care providers and policymakers from how to extend the lifespan to ways to improve the quality of our later years. Staying healthy, active and productive are admirable goals for our nation's older adults. However, society's view of 'old age' has not always kept up with the reality of being old in America. Many current beliefs about aging were based on information that is no longer valid given recent scientific advances."

The aging process is not kind to the elderly. Many of us will have memory issues, we might find some complex chores are harder than they used to be and we might have difficulty staying focused. But the National Institute

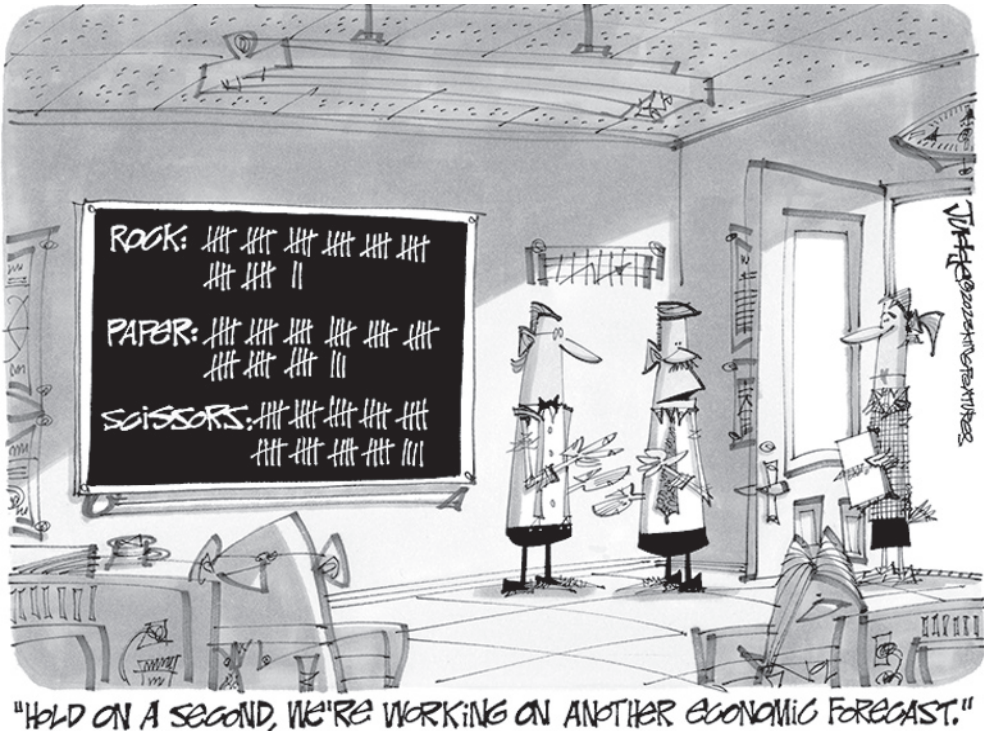
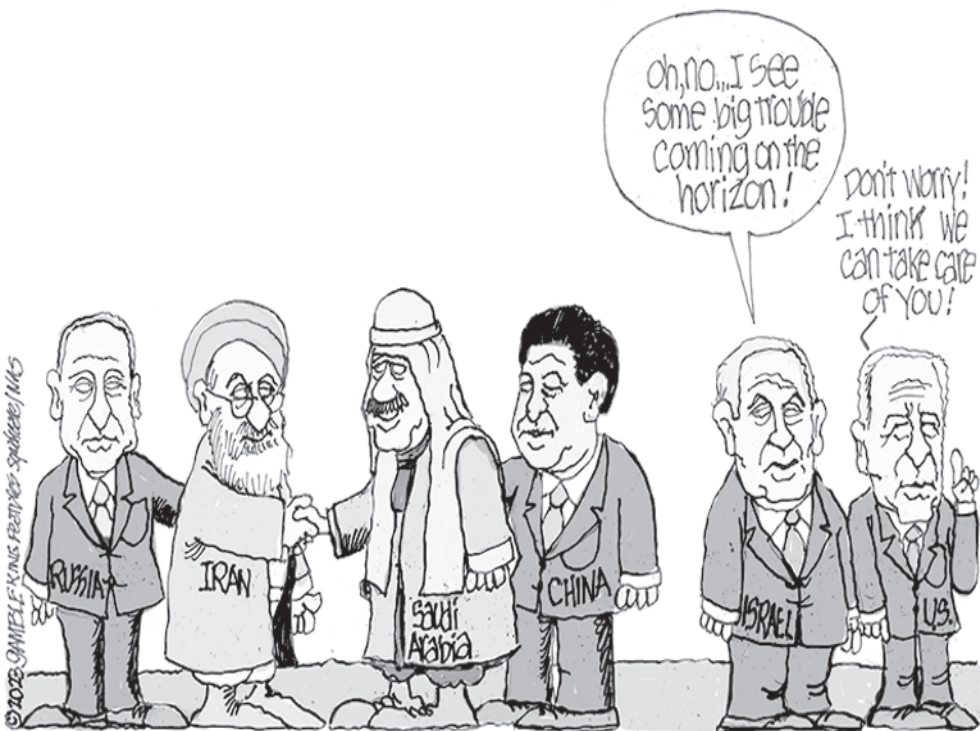
on Aging (NIA) tells us that "aging may also bring positive cognitive changes. For example, many studies have shown that older adults have more extensive vocabularies and greater knowledge of the depth of meaning of words than younger adults." However, the NIA also points out that "despite the changes in cognition that may come with age, older adults can still do many of the things they have enjoyed their whole lives. Research shows that older adults can still: learn new skills, form new memories and Improve vocabulary and language skills."

The Association of Mature American Citizens (<http://www.amac.us>) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today.

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To Our Readers

From time to time we carry ads from large, well known product and service providers. If you are considering using these products or services, please call them using the phone numbers in the *Courier*. The numbers are associated with an account for the *West Texas County Courier*. Thanks for picking up the *Courier*.





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## Briefs

From Page 1

where the cops found the victim with a “disfiguring facial injury.” The cops arrested Wells on a charge of felony mayhem. It cost him \$5,000 to bail himself out but he will soon be facing charges that could land him up to seven years in prison.

— John Grimald

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## CryptoQuip Answer

Even though both beasts of burden are covered in dense fur, that one is the hairier carrier.

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## Strange BUT TRUE

By Lucie Winborne

- Did you dislike Brussels sprouts in your youth? Turns out they don't taste the same nowadays, thanks to Dutch scientist Hans van Doorn, who figured out which compounds in the sprouts made them bitter, then helped begin the work of selecting seeds that would produce more palatable results.
- The first gun was made in 1,000 AD in China.
- While ostriches can't fly, no bird on Earth can match their speed on land, since they can not only sprint at up to 43 mph, but cover more than 10 feet in a single stride.
- Since snowflakes fall at about the rate of 1.5 mph, every one you see has traveled from 45-60 minutes to reach the ground.
- A 50 by 50 foot area of healthy lawn generates enough oxygen to supply a family of four.
- Every year, 1.2 million students drop out of school. That's 7,000 dropouts every day, or one every 26 seconds.
- Notorious gangster and bank robber Charles "Pretty Boy" Floyd endeared himself to the American public by destroying mortgage papers at the banks he held up, freeing a lot of folks from their debts.
- The First Gulf War in 1991 technically never ended. There was just a cease-fire. The U.K. used that legal loophole to justify entering the Second Gulf War in 2003.
- In 2000, Sony invented a movie critic named David Manning and used his fictional quotes to promote the company's movies. The ruse backfired when Sony ended up paying over \$1.5 million to moviegoers in a class action lawsuit and over \$300,000 to the state of Connecticut, where "David Manning" supposedly worked at a small weekly paper.
- The throne of Denmark is made of narwhal tusks, which were claimed to be unicorn horns, and is flanked by three life-size silver lions, inspired by the legend of King Solomon's throne.

Thought for the Day: "Go out on a limb – that's where the fruit is."

— Will Rogers

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# Moments in time

THE HISTORY CHANNEL

• On April 3, 1973, Motorola employee Martin Cooper made the first public mobile telephone call, on a Manhattan sidewalk, to Joel Engel of Bell Labs. Cooper later told the BBC that his first words were, “Joel, I’m calling you from a ‘real’ cellular telephone. A portable handheld telephone.”

• On April 4, 2013, American film critic Roger Ebert died of cancer just two days after announcing he would write fewer reviews due to the disease’s recurrence. His thumbs up/thumbs down rating system with fellow critic Gene Siskel turned the pair into household names and became a popular part of American culture.

• On April 5, 1955, Winston Churchill, who was instrumental in initiating the alliance between the U.K., the U.S. and the Soviet Union against Nazi Germany, resigned as prime minister of the U.K. His political career spanned half a century.

• On April 6, 1896, the first modern Olympic Games opened in Athens more than 1,500 years after the last Games, which originated in Olympia in southwestern Greece. Two hundred and forty-one athletes from 14 countries took part.

• On April 7, 2003, the U.S. Supreme Court voted 6-3 to uphold a 50-year-old Virginia law making it a crime to burn a cross as an act of intimidation. The practice is widely associated with the Ku Klux Klan and is still protected by the First Amendment at Klan rallies.

• On April 8, 1974, Hank Aaron, aka “Hammerin’ Hank,” of the Atlanta Braves struck his 715th career home run, smashing Babe Ruth’s legendary record of 714 homers. Over the preceding winter, Aaron had endured death threats and hate mail from people who didn’t want to see that record broken by a Black man.

• On April 9, 2009, the U.S. stopped running its global network of secret prisons used to detain and interrogate terrorism suspects, sometimes with “torturous” methods. CIA Director Leon Panetta added that any remaining sites would be decommissioned. President Barack Obama had promised to shut the facilities down shortly after taking office.

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# Water

From Page 1

with a lower water bill. Not only does water conservation save you money, but you will also be doing your part to ensure a sustainable water supply for El Paso’s future.

- Follow the landscape watering schedule. Our city’s Conservation Ordinance of 1991 limited watering and established irrigation times from April 1-Sept. 30. As the mercury starts to rise, we encourage our customers to water smarter and stick to our time-of-day wateringschedule. Gardeners may water their landscapes up to three times a week before 10 a.m. or after 6 p.m. No residential watering is allowed on Mondays.
- Switch to smart watering with an irrigation smart controller. Weather-based irrigation controllers use local weather data and landscape conditions to customize the amount, frequency and timing. The result is more precise and water-efficient irrigation for your landscape, further benefiting your water bill.
- Take short showers of 5 minutes or less. A long, hot shower may sound enticing, but it will cost you. A 10-minute shower uses up to 25 gallons of water, while a

bath can use up to 70 gallons of water. Also, while you’re waiting for the water to heat up for your shower, capture it in a bucket and use it to water your plants.

- Fix your leaks. Did you know 10 drips per minute equals more than 1,000 gallons per year of water that is lost? Use your water meter to check your home for leaks. Also, make it a routine to check for leaky taps, toilets and hose connections. Visit our webpage on finding leaks for more tips and information.
- Shop for products displaying the WaterSense label. Is it time to replace a toilet, faucet or fixture in your home? WaterSense-labeled products meet the EPA’s strict specifications for water efficiency and performance, saving you money.
- Cover your swimming pool when not in use. An average pool can lose up to 100 gallons per day if not covered. During warmer months, evaporation results in significant water waste. Use a pool cover to reduce the amount of water needed to maintain the pool water level.
- Leave the car wash to professionals. Let the car wash do the dirty work and save about 100 gallons of water at home per wash. Commercial car washes use 60% less water


than you use just to rinse your car, according to the EPA. Also, washing harmful grime off your car at home could eventually end up and pollute our local waterways.

- Run dishwasher and laundry machine only when full. Your appliances save water, especially when run with a full load. Furthermore, to save money on energy bills, set your washing machine to use cold water only. Also, scrape the plates before placing them in the dishwasher, and do not rinse. Take it from the experts who say today’s dishwashers don’t need your help. Rinsing your dishes can use up to 20 gallons of water.
- Businesses may apply for EPWater’s WaterWise Rebate Program. Rebates are applied to the cost of new water-saving equipment and processes that conserve

water. Customers must meet criteria and demonstrate water savings potential. Click for more information and to fill out an application.

- Add a water-saving aerator to your kitchen and bath fixtures. The devices reduce the amount of water coming out of your faucet and help control the stream of water. Aerators can save up to 25 gallons per day. Pick up a free standard-size bathroom faucet aerator – two per household – and a kitchen faucet aerator – one per household – at EPWater’s Tech2O Learning Center. Call 915-621-2000 for center hours and information.

For more tips and tricks to reduce your water use, please visit our Conservation webpage. Do your part to save our water resources for future generations, and you will see the savings on your water bill accumulate.



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## Lower Valley Water District Public Notice

The LOWER VALLEY WATER DISTRICT is proposing a rate increase to the Residential Customer Wastewater Volumetric Rate and the Commercial Customer Wastewater Base Rate and Volumetric Rate.

The LOWER VALLEY WATER DISTRICT will hold a public hearing on the proposed monthly Residential Wastewater Customer Volumetric Rate and the Commercial Wastewater Customer Base Rate and Volumetric Rate on Thursday, April 27, 2023, at 6:00 p.m. at 1557 FM 1110, Clint, Texas 79836.

This rate increase is attributable to a 35% increase, in the wholesale cost of wastewater treatment, that the LOWER VALLEY WATER DISTRICT has experienced.

Meter Size	Commercial Wastewater Minimum Monthly Charge 0.00 – 5.00 CCFs
¾” .....	\$31.65
1” .....	\$49.75
1½ “ .....	\$70.00
2” .....	\$90.00
3” .....	\$106.50
4” .....	\$123.00
6” .....	\$150.50

**VOLUME CHARGE IN EXCESS OF 5.00 CCFS: \$3.00 per CCF**

\*The commodity charge for non-residential/commercial will be calculated based on 100% of the monthly water volumetric usage.

**Residential Wastewater Minimum Monthly Charge 0.00 – 5.00 CCFs ..... \$28.75**

**VOLUME CHARGE IN EXCESS OF 5.00 CCFS: \$3.00 per CCF**

\*The commodity charge for residential shall be calculated based on 100% of AWC\* in excess of the volume allowance included in the minimum charge. The minimum and commodity charge will be set through the following February billing cycle.

The current Average Winter Consumption (AWC) is based on the water consumption for the 4 months; November, December, January, and February and drop the lowest month.

WTCC: 04-06-23

# Some NCAA coaches have it tougher than others

By Steve Escajeda  
*Special to the Courier*

We’ve just concluded the college basketball season, but college basketball stuff is still going on. Players will be entering and exiting the dreaded transfer portal, Junior college and high school athletes will be deciding where they want to play, and oh yeah, coaches will be hired and fired.

A couple coaches with former, and new, ties to the area were hired last week. And though the two can celebrate their new challenges, they are taking over their new teams with two very different goals in mind.

Rodney Terry signed a new five-year contract with the Texas Longhorns while Jason Hooten was named the new head coach of the New Mexico State Aggies.

It’s funny how quickly things can change in a season. At the start of the 2022-23 campaign, Chris Beard was coaching the Longhorns and Greg Heiar was leading the Aggies.

As it turned out, neither one was around long enough to see how the season would end.

Beard was fired from the Texas program for an alleged domestic violence incident, while Heiar was fired for a number of things concerning the complete breakdown of the program which was so bad it led to the cancellation of half the season.

After serving as interim coach in Austin for 30 games, Terry was rewarded for his efforts by being hired as the head coach.

After coaching at Sam Houston State

Send Your  
Newsbrief To:  
wtxcc@wtxcc.com

over the last 13 years, Hooten left for Las Cruces.

But as we said earlier, Terry and Hooten have very different jobs to do.

Terry’s main goal at Texas is keep things moving in the same direction. In other words, don’t mess it up.

The former UTEP head coach didn’t do very good in El Paso. In his three years here, Terry’s teams won 37 games and lost 48.

But his fortunes turned around after being hired at Texas, joining an esteemed program with tons of money and tons of talent.

Terry led the Longhorns to the Elite Eight of the NCAA Tournament and should have made it to the Final Four, but his team lost a big lead in the second half and fell to Miami.

The Longhorns are good. The Longhorns are always good and as long as Terry can keep them in the hunt every season, he’ll be the Texas coach for a long time.

Compared to Terry and the

Longhorns, Hooten’s job at NMSU involves way more than just winning basketball games.

He has to rebuild a broken ship that crashed and sank to the bottom of the ocean.

In case you haven’t heard, NMSU had an incident this season where one of its basketball players shot and killed a University of New Mexico student, three other NMSU teammates raced to the scene in a car that night and removed the gun and the cell phone from the shooter before the cops got there. They raced back to the team’s hotel and gave all the stuff to one of the assistant coaches.

Oh, and then there was a separate incident where some other NMSU basketball players were abusing a teammate both physically and sexually.

All this happened under Greg Heiar’s watch so it’s no surprise he was fired and no shocker that NMSU just cancelled the rest of the season.

There were some real heavy duty

problems at NMSU.

So Hooten has been saddled with the responsibility of winning games and completely changing the culture of the basketball program.

And I’ll say this about Hooten, the man must love a challenge because he already had things good at Sam Houston State and still decided to fix NMSU.

And here’s something else, both NMSU and Sam Houston State will enter Conference USA next year. I’ll bet those games will be fun.

You’ve got to be happy for both Terry and Hooten.

After stints at Fresno State and UTEP, Rodney Terry has finally made the big time at Texas.

And after his successful time at Sam Houston State, if there’s any way that Hooten can turn things around at NMSU, who knows where he’ll end up.

But before they start thinking about the future, they each have some work to do right now.

## Senior moment By Matilda Charles

# Scam messages on cellphones

Somehow my cellphone number ended up on somebody’s list. Now I’m receiving daily text messages saying that my Amazon Prime account is about to be canceled for nonpayment – unless I immediately click the link and give them my credit card number. Some of the messages say the account has already been canceled but I can get it back by – you guessed it – giving them my credit card number within an hour.

I don’t think so.

I’m on a phone list for Netflix as well. I called Netflix and no, my account is not about to be suspended. Said the representative: “You’re on automatic pay. If somehow a payment isn’t made, it’s our fault for not processing it.”

I have a few accounts on auto pay, and I think I’ll change some others. Another reason to switch to the auto pay is the horrid mail service lately. The Post Office can’t keep people, and the ones they have are spread so thin that we’re lucky to get mail delivery three times per week.

Which means that bills are late to arrive and mail waiting in the box is late getting picked up, which also means that sometimes a late fee is tacked on to the next month’s payment.

If you’re getting those “you’re late” messages on your cellphone, beware. Don’t accidentally touch the link in the message. It will take you to a website that looks real but is not, and just connecting to it can download a virus on your phone. Back out carefully and delete the text message. Take your time.

Don’t try to contact the scammers to ask to be taken off their list. It only verifies that yours is a good number and it will be sold to others.

Visit [reportfraud.ftc.gov](https://reportfraud.ftc.gov) if you would like to report these scams.

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## Super Crossword

### STUDY OF GENESIS

**ACROSS**

1 Downhiller's headwear

8 Mexican beach resort

14 Island home of Odysseus

20 University of Wyoming's city

21 Moon-landing program

22 Had to have

23 They appear before a film's first scene

25 Viewed to be

26 Cakes of cornbread

27 Indy units

28 Bichon \_ (white dog)

30 Stitch's cartoon friend

31 Bleating females

32 Speedy plane

33 It turns a computer on

35 Always, to bards

36 Vintage auto

38 Active Sicilian volcano

39 Holders of emergency supplies

43 Women with babies on the way

47 Puccini work

51 Gala after a presidential oath

54 Cutting noise

55 Quadrillionth: Prefix

56 \_ epic scale

57 Musical insensitivity

59 Sets for viewing

60 Perfume by Dana Lured

63 "You Gotta Be" singer of 1994

65 Graduation address deliverer

71 Keyless, musically

72 Many a Netflix show

73 " \_ Dinka Doo" (Jimmy Durante tune)

75 Candy in collectible dispensers

76 "Mice" or "lice," but not "rice"

81 Blowout, e.g.

82 Look for prey, as a lion

83 Cyber-addresses

85 Membership ceremony

88 Phony: Prefix

90 Camera item for a long or short view

91 Down Under dweller

92 "Me? Never!"

94 \_ Cruces

95 Says "yes" to

96 Celebratory event for a rollout

102 Swung tool

103 Green gem

107 Prefix with directional

108 Cosmetician

**DOWN**

1 Inclined land

2 "Bam!"

3 Singer Cara

4 Lion features

5 French buds

6 Moral failure

7 Bowler, informally

8 Koi, e.g.

9 Clumsy sorts

10 Signal "yes"

11 Actor Montgomery

12 Radical sort

13 GI's "Uh-uh!"

14 Owing money

15 PGA peg

16 Shoe lifts

17 Grant entry to

18 Singer/rapper Green

19 Attach

24 Purring pet

29 "Remington \_"

32 Bach's " \_ , Joy of Man's Desiring"

33 Mediocre

34 108-card game

35 Frozen waffle

36 Move in circles

37 "Lose Yourself" rapper

39 Natural ability

40 Many short plays

41 Hoodwink

42 One of the four seasons

43 Wildly excited

44 Blast stuff

45 Sapporo sash

46 Prohibit

48 Just between us

49 Stream in the title of 1957's Best Picture

50 Church area

52 Horse color pattern

53 Fills with freight

58 Irish actor Stephen

61 Lawyer Melvin called "The King of Torts"

62 \_ Moines

64 Minis, midis and maxis

66 GPS display

67 Tetley competitor

68 Bridal gown features

69 Grain towers

70 Hammer's striking end

71 Since Hector was \_

74 Everybody, in Essen

77 Starts to remove a jacket, say

78 \_ de Janeiro

79 \_Z (total)

80 Fashion designer Phillip \_

82 Name shared by 12 popes

84 Least cloudy

86 Join forces

87 Fall lawn tool

89 Rx writer

93 A flirtatious look

95 Element #8

96 Safe securers

97 Love, in Italy

98 Not stricken

99 \_ or two (on occasion)

100 Kidney-related

101 "Neon" fish

102 Schooner fill

103 One of the Bush twins

104 Around a line of symmetry

105 AI \_ (a bit firm)

106 Knife features

109 Birds sitting on clutches

110 Conical-bore woodwind

111 Hosiery flaw

113 GPS display: Abbr.

115 Trendy

116 "It seems to me," online

Answer Page 4

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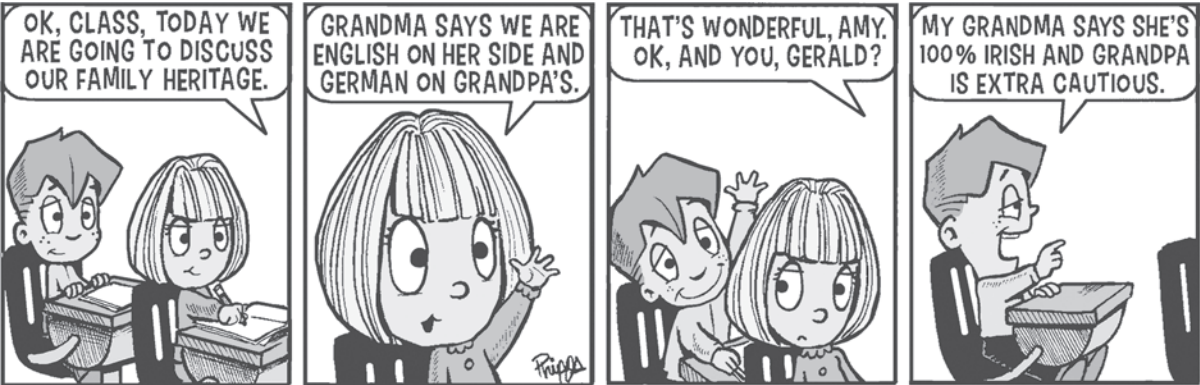


Comix

OUT ON A LIMB By Gary Kopervas



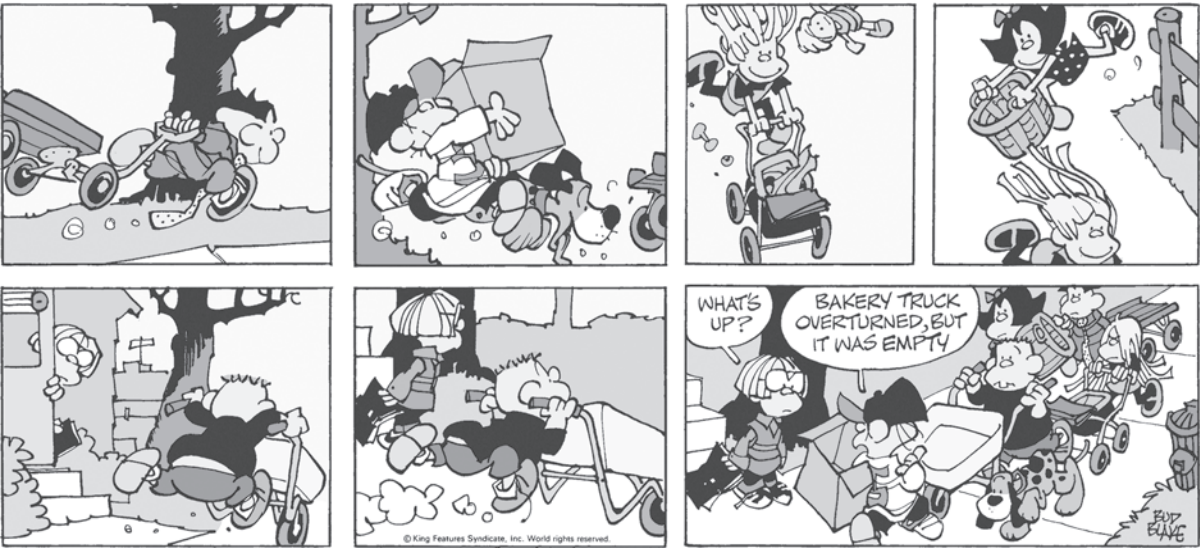
AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



TIGER By Bud Blake



Lowry

From Page 2

doctrinaire. He accepted the fact of the New Deal. He was a free trader, yet acted to protect American automakers and Harley-Davidson from Japanese imports. If he was hawkish on foreign policy, he was always prudent. He was cautious about deploying U.S. troops overseas and contemplated eliminating nuclear weapons at a summit with Mikhail Gorbachev in Reykjavik. Although Reagan eventually came to define conventional Republicanism, he took on his party's liberal establishment and brought a populist voice to issues like the Panama Canal and crime. At the end of the day, Reagan's achievements are

momentous and should be acknowledged as such by all Republican factions. He set the predicate for winning the Cold War. He slayed inflation. He ended the energy crisis. He forced a turn to the center by the Democratic Party under Bill Clinton. He changed the mood of the country. The thoughtless version of Reaganism doesn't take sufficient account of how circumstances in the country have changed in the last 30 years. Take taxes. The burden of federal income taxes isn't nearly as heavy on middle-class families as it was in the 1970s and 1980s, when inflation pushed them into ever-higher tax brackets. And Republicans have cut taxes so many times, any positive economic effect of further reductions is limited. Nonetheless, for the longest

time, the standard Republican approach to domestic policy, with some differences in emphasis, was to cut taxes and reduce the debt, with everything else fading to the background. As it happens, Trump also ran on these two priorities in 2016, but also plowed new ground – as other Republicans should – on a host of issues. The example of Reagan, like that of all accomplished statesmen, offers broad lessons that can be continually drawn on – about how to balance prudence and principle, how to affect a large-scale political vision, how to deplore what ails the country without giving in to despair, and how to build coalitions. The last may be most useful to DeSantis once he enters the nomination battle. To win, he is going to need to get a

MCT is not shown to prevent dementia

DEAR DR. ROACH: I would like to hear your views on the use of medium chain triglycerides (MCT) to slow down memory loss and dementia. Several articles I have read extol the biological process of MCTs, which – when ingested by an individual – are quickly converted into ketones that provide energy to brain cells. It seems logical to provide such neurobiological support to brain cells, to help keep the brain working longer. – K.J.W.



There is some evidence that MCTs slow progression of dementia in people with Alzheimer's disease, although the degree of benefit seen was small. There is no evidence that ingesting MCTs will prevent a person from getting dementia in the first place. Not every treatment that is used to treat a condition will be effective at preventing it. My opinion, based on what is known about what causes Alzheimer's and other forms of dementia, is that MCTs are not likely to prevent them, but they may be useful at slowing progression of the disease in people with existing dementia. I want to emphasize that the benefit appears to be small. Of course, there aren't any treatments right now (not even the prescription medications for Alzheimer's disease) that dramatically improve Alzheimer's, so MCTs may be worth trying. They are generally well-tolerated and can be taken as a powder or an oil, but may cause nausea or diarrhea in a few people who take them.

DEAR DR. ROACH: I have Factor V Leiden, but I have been wanting to do testosterone replacement therapy. I have heard that testosterone causes blood clots. Obviously, with FVL, that would be a huge deal for me. Is this true? Does it cause clots, or is it safe for me to do? – R.C.

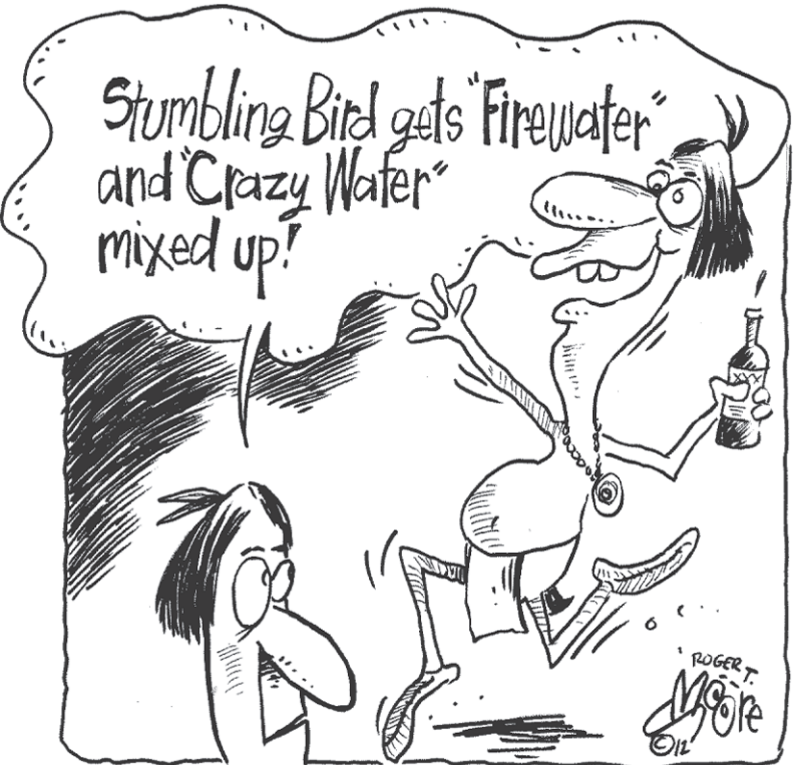
Factor V Leiden is a common genetic variant that increases a person's risk for developing a blood clot. However, a person who has never had a blood clot, but who is identified as heterozygous (meaning they only have one copy of the gene) for factor V Leiden, is still not likely to have a blood clot during their lifetime and is not recommended for treatment to prevent a blood clot. Testosterone replacement therapy in men with FVL does increase the risk of blood clots in some studies, but not in others. In the studies that have shown an increase in risk, the risk has been estimated as approximately one person per thousand treated with testosterone each year. However, the risk occurs mostly during the first three months, and after two years on treatment, there is no additional risk. Thus, roughly one man per 500 who has FVL and gets treated with testosterone will get a clot, according to the studies that show an increase in risk. This is a small risk, but a blood clot is a significant potential problem. So, the risk of getting a clot should certainly go into the discussion about whether to give testosterone replacement to a man with FVL and symptomatic low testosterone levels. Most of the men I have seen with this issue have elected to take the replacement.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). (c) 2023 North America Synd., Inc. All Rights Reserved.

segment of Trump populists at disqualifying. Instead, played the same time he locks down correctly, it can be a strength. Republican voters who like Reagan more than Trump. The Trump forces are going to try to make DeSantis' roots in the party of Reagan

Rich Lowry is editor of the National Review. (c) 2023 by King Features Synd., Inc.





**Moore Texas** by **Roger Moore**  
The spring water in Mineral Wells was once thought to cure insanity – hence the name – **CRAZY WATER**.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: C equals B

RZRS GWPMIW CPGW CRYTGT  
PJ CMFQRS YFR UPZRFRQ  
LS QRSTR JMF, GWYG PSR  
LT GWR WYLFLRF UYFFLRF.

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

9					7		2	
		8		3		6		
	2		6				1	5
2			4					6
		3		2		4		
	4				5		9	
1				8		2		
	3		9					4
		7			1		3	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging

Answer Page 4

♦♦♦ HOO BOY!

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Stand Downs for 2023



by Freddy Groves

Stand Downs for 2023 are gearing up across the country, with more to take place as the weather warms up.

Stand Downs are one-, two- or three-day events for homeless veterans with varying services offered, depending on the length of the event. A location might have services ranging from medical screenings and dental care, benefits counseling (this can be for Department of Veterans Affairs, Social Security and food stamps) and legal advice, to housing assistance, clean clothing and showers, job search help, haircuts, substance abuse referrals/recovery and much more.

A wide variety of government agencies, individual groups and veterans service organizations are on hand at each event to provide help to homeless veterans who attend. Some

of those groups and agencies include Department of Labor, community service providers, VA medical centers and more.

To see the schedule for this year, go to [www.va.gov/homeless/events.asp](http://www.va.gov/homeless/events.asp) and either filter by date or state. More will be added as time goes on, so check back if there's nothing in your area right now. You can also check the site for the National Coalition for Homeless Veterans ([nchv.org/current-stand-downs](http://nchv.org/current-stand-downs)) for a list of 2023 Stand Downs.

If you find an event and know you want to participate, contact the people listed for that event. If you'll likely need transportation, be sure to tell them and then keep in touch.

And if you can volunteer, sign up soon so event organizers will know how much help they'll have. Can you cook? Can you drive to pick up participants for the event? Are you a barber? Any of those services and more will be welcome.

If you're part of an organization and want to provide services, contact the

nearest VA medical center and ask for the VA Stand Down point of contact. Depending on the services you propose to provide, your group might be eligible for a grant to help with costs.

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• The way some items are packaged these days, you need to be Houdini to get into them. When you're dealing with blister packs – items sealed inside a hard plastic wrapper that looks to be heat crimped on the outsides – try your can opener. You can run it around the edge of stubborn plastic packages, enough to get the item out. It's more secure than a carpet knife or razor.

• Want to be able to tell at a glance which key belongs to the front door, the shed, your grandma's house, etc.? Raid your (or your wife's or daughter's) stash of nail polish to paint the tops of keys to color code them.

• "Styrofoam trays that come with meat or in the produce area are very handy helpers for lots of little jobs. If yours are clean and unmarred, wash with hot, soapy water, rinse and dry for later. They are perfect for sending a friend home with leftovers, as you can cover the meal with plastic wrap. There is then no need to return a plate." – D. in Indiana

• For a deck of playing cards that has gotten sticky, put it in a bag (paper or plastic) and add a bit of baby powder. Shake vigorously. Take the cards out and shuffle to get off the extra powder. They are likely good as new.

• "Tidy loosely folded electric cords by storing them in cardboard tubes. The tubes can be cut to fit from a paper towel roll, or you can use a smaller, toilet-paper roll. Even long cords can be stored together in a gift-wrap core. Do not overfill a tube, nor wind any electrical cord too tightly." – O.R. in Nevada

• Use club soda to remove juice spills on clothing while the stain is fresh.

Send your tips to *Now Here's a Tip*, 628 Virginia Drive, Orlando, FL 32803. (c) 2023 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 4

	×		-		11
+		×		÷	
	-		×		5
÷		-		+	
	×		-		10
6		16		13	

1 2 3 4 6 6 7 8 9

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ISK

♥ MACESH

♥ TESBA

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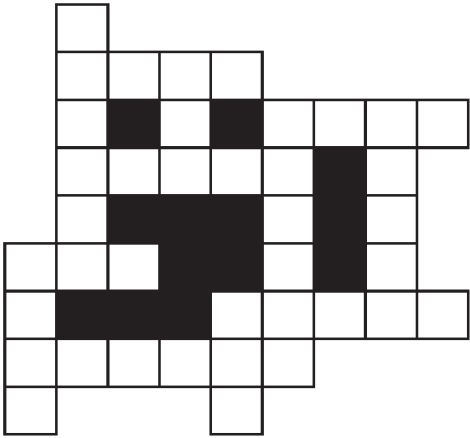
♥ TECID

OBX

♥ EMSANT

♥ ARETX

OOHB



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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