



NEWSBRIEFS

Luncheon

The University of Texas at El Paso Woman's Auxiliary is having its Installation Luncheon on Saturday May 20, 2023 at 11:30 a.m. at the El Paso Country Club. Reservation deadline is May 13, 2023. Send check payable to UTEP Woman's Auxiliary to Installation Chair, PMB 9, 500 W. University Ave. 79968. The luncheon is open seating and the cost is \$35. For information email bkcarter104@gmail.com.

— Ceci Carpio

A fixer upper

When the U.S. Government put the Hooper Island Lighthouse in Chesapeake Bay up for auction the opening bid was set at a mere \$15,000. After all, said the Associated Press, it was in pretty bad shape. The AP wrote that, "The rusting lighthouse known locally as the 'sparkplug' has an outer ladder but no nearby dock for a boat to moor. A 2019 inspection also found lead-based paint, asbestos, benzene and other dangerous substances inside, where there is no water, electricity or other utilities." Nonetheless, in less than two months five bidders drove the selling price up to \$192,000. The new owners will also have to spend quite a sum of cash on renovations and upkeep. However, "there are people out there that love lighthouses," said General Services Administration spokesman Will Powell.

— John Grimaldi

Around the world

Phileas Fogg went Around the World in 80 Days in the classic 1956 movie. But Fogg was a fictional character and so he didn't make it into the Guinness Book of World Records. But, recently, Laura Massey-Pugh and Stevie Massey circumnavigated the world in 180 days on a tandem bicycle and won Guinness' official recognition for their 18,000 mile triumph. It was the first time that the record keepers awarded recognition for the event to a male-female tandem team. A women's team holds the record for their event, having biked the world in 263 days, 8 hours and 7 minutes; a men's team did it in 281 days, 22 hours and 20 minutes.

— John Grimaldi

A boy loves a dog because it's the only thing around the house that doesn't find fault with him.

— Quips & Quotes



— Photo by Alfredo Vasquez

EARLY POLLS ARE OPEN – El Paso County has 489,418 registered voters, according to the El Paso County Elections Department. County officials remind voters that they can skip the long lines on Election Day, May 6, by casting their ballots during the Early Voting period at any early voting site in the county (like the one shown in the photo above). The Early Voting period started April 24th and will continue through Tuesday, May 2nd.

El Paso County's May election has candidates vying for school board and town council seats

By Alfredo Vasquez
Special to the Courier

EL PASO COUNTY – El Paso County voters – in the school districts of Anthony and Socorro and in the townships of Anthony, Horizon, and San Elizario – are being asked to decide who should represent them on these important trustee boards and town councils by casting their ballots for their favorite candidates in the special election that is slated from 7 a.m. to 7 p.m., Saturday, May 6.

Consequently, early voting in-person is already underway (it started Monday, April 24th) and will continue through Tuesday, May 2nd. Voters may cast their ballots at any early voting location. For a list of early voting locations and to view sample ballots for all of the May 6 races, visit the county's website.

In order to vote at the polling places, individuals will need to show one of seven acceptable forms of photo ID, which include a Texas driver's license, U.S. passport book or card, or Texas personal ID card.

To vote by mail, Texas residents must be registered voters 65 years of age or older; have a disability; be expected to give birth within three weeks before or after Election Day; be out of the county on Election Day; or be in jail. However, the deadline to apply to vote early by mail in the upcoming May election has already passed; the deadline was April 25th.

Anthony ISD

Voters in the Anthony Independent School District (AISD) will be tasked with selecting several trustees to serve in the District At Large posts. Anthony voters will select four candidates running for the at-large positions. The top three voter-getters will serve four-year terms, and the fourth place vote-getter will complete an unfinished term that expires in May 2025.

The Anthony school board race pits AISD board incumbents Luz Elena Rodriguez, Chrissy Singh, and Cynthia Ramirez against challengers Valerie M. Armendariz, the town clerk for the Town of Anthony, and Sylvia Chavez, the office clerk for the Town of Anthony Police Department.

Socorro ISD

Voters in the Socorro Independent School District (SISD) will vote to fill three board seats – a District 1 trustee and two District at Large trustees. The winners will serve four year terms.

Socorro's District 1 race features three candidates including current board trustee Eduardo Mena, and challengers El Paso Community College professor Tony Ayub and retired educator Alice J. Gardea.

In SISD's two District at Large races, voters can select no more than two candidates. The top two vote-getters will ultimately be added to SISD's Board of Trustees. Seven candidates are vying for those two at-large seats.

The Socorro school board candidates include David Morales and Michael Najera, current SISD trustees; Marivel

Macias, an educator; Miguel Rico, an adjunct professor of criminal justice at the University of Texas at El Paso (UTEP); Joshua Carter Guerra, a notary public and law firm employee; David Ayala, director of facilities and operations for Fabens Independent School District; and Jose Alonzo.

Town of Anthony

In the Town of Anthony race for mayor, two candidates are challenging the incumbent.

Eluterio "Louie" Alfaro and Anthony David Turner are going up against current mayor Benjamin C. Romero Jr.

In the Town of Anthony's Alderman Place No. 1 contest, Alicia Leyva Stevens is running against Jose "Joe" Garcia. And in the town's Alderman Place No. 2 race, Stephanie Alexis Ramirez is running against Shawn Weeks.

Town of Horizon City

The Town of Horizon City mayoral race attracted six candidates. Seeking the mayor's office are

Samantha S. Corral, Adrian Rivera, Johnny "Doc" Duran, Juan (Jerry) Garcia, Zito, and Andres "Andy" Renteria.

Four alderman seats in the Town of Horizon City are also up for election, but only one person filed for each position. Filing for Alderman Place No. 3 is Rosie (Rocio) Ortega; for Alderman Place No. 4 is Pat Randleel; for Alderman Place No. 5 is Laura

Don't valorize January 6

The philosopher Eric Hoffer famously wrote, "Every great cause begins as a movement, becomes a business, and eventually degenerates into a racket."

What he evidently didn't count on was great outrages becoming causes.

From the perspective of the immediate aftermath of Jan. 6, it was hard enough to believe that Donald Trump would survive the event, let alone make it a plank in a powerful comeback bid just a few years later.

But there was Trump in Waco, Texas, opening his inaugural rally of the 2024 campaign with a recording of the song "Justice for All" that he performed with the J6 Prison Choir, with some scenes of Jan. 6 playing on the jumbotrons.

Among those favorably inclined toward it, the riot at the Capitol has progressed from something to be minimized closer to something to be celebrated, almost, if not quite, "Stop the Steal's" Bastille Day.

For Trump, a master at appropriating the catch lines and attacks of the other side, reversing the meaning of Jan. 6 would be his most audacious move yet. How long is it before that day becomes "the perfect protest?"

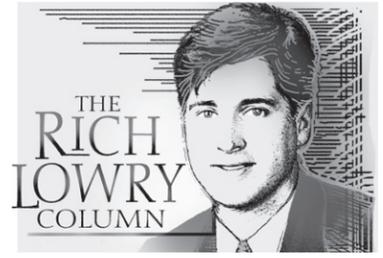
Trump still hews to the two premises of the Jan. 6 riot – that, as a general proposition, the 2020 election was stolen and, more particularly, that Vice President Mike Pence could have stopped the counting of the electoral votes if he weren't so weak.

Trump has talked about pardoning the rioters, who are "great patriots," and floated the idea of the government apologizing to many of them.

Now, it is true that the Justice Department has gone out of its way to run up the number of prosecutions to make a political point about the seriousness of the event, and defendants have been denied bail in a highly unusual manner.

That said, making excuses for or valorizing Jan. 6 is deeply wrong.

First, there's the matter of principle. Riots are bad and never justified. They hurt people and



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View from here By Jane M. Orient, M.D.

Are Americans safe from 'the law'?

The triumphant anti-Trump crowd loves to say, "No one is above the law."

Most Americans have, however, felt safe from the dreaded knock on the door from the Gestapo or the KGB, from the "show me the man, and I'll find you the crime" principle of Lavrentiy Beria¹, Stalin's secret police chief.

Law-abiding Americans assume that since they have not assaulted or robbed anyone or deliberately disobeyed a regulation they will never come in contact with the criminal justice system. After all, a mens rea—criminal intent—is required, they are presumed innocent until proved guilty beyond a reasonable doubt, and they have a right to a prompt trial before an unbiased judge and jury.

But those are constitutional rights, and our "archaic" Constitution is being rewritten.

Ordinary Americans, especially doctors who prescribe pain relief², have experienced the reality of politicized prosecutions for many years. But the Russian proverb has applied: "You'll know it's true when it happens to you."

Now that a former President has been criminally charged, the sordid process is at the top of the news.

President Trump has been subjected to intensive investigation since he was elected and even before. At last, Alvin Bragg³, a New York district attorney who campaigned on a promise to "get Trump," has indicted him on felony charges carrying a maximum prison sentence of 136 years.

The "34 counts" consist of three misdemeanors, for which the statute of limitations has already expired. Each is then

cut and pasted 11 times to match the monthly reimbursement checks to attorney Michael Cohen for payments he made to women based on alleged events two decades earlier, David Stockman explains⁴. These three repetitive "books and records" violations include Cohen's invoice for reimbursement, its entry into the Trump Organization's general ledger, and the latter's receipt of a check from Trump to cover the payments.

These minutiae are transformed into felonies by the allegation of an intent to hide another crime, which the indictment does not specify. We're supposed to find it out by the time of the trial. It probably has to do with an alleged dalliance with a "porn star," who signed a non-disclosure agreement, which she violated.

Neither the alleged behavior nor the payment is a crime but might be turned into one if the expenditure is thought to have aided Trump's political campaign. Progressives

deplore the stigmatization of "sex work," and approve of some materials in public school libraries that are described as "pornographic" by "bigoted" parents. So, progressives shouldn't mind (and evidently don't) if their candidate is connected to such things, but Trump's base might turn against him for it.

Although Bragg's case is extremely weak, attorney Alan Dershowitz predicts that Trump will be convicted⁵ unless there is a change of venue, because of the intense hostility to Trump in the jury pool. A New York City judge would not dismiss this case "because that New York City judge's life would be over," Dershowitz states, although he thinks that a conviction would be overturned on appeal.

Trump was not subjected to a 5:00 a.m. arrest in his pajamas in front of cameras by a heavily armed SWAT team. Nor did the media show him doing a perp walk in handcuffs. Nor will he be held in solitary

confinement in a filthy jail for two years awaiting trial. Such honors are reserved for his supporters. What a great way to drive principled people out of politics and keep them from supporting a candidate who will strongly oppose the uniparty and the deep state!

Trump's poll numbers got a big boost after the indictment. It might assure his nomination at the Republican Convention.

So why have Democrats, the media, and establishment Republicans not cried foul over this charade? Stockman writes that the deep state fears that Trump may have learned enough to actually threaten their rule should he pull a Grover Cleveland. "So there is literally nothing they will not do to keep him out of the White House."

Perhaps the Left wants Trump to win the primary, keeping out a younger person without the baggage, especially from the COVID debacle. Other indictments may come down, lawfare and other attacks will

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Letters must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.

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Friday 4 p.m. for the next Thursday.

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Election

From Page 1

Urrutia; and for Alderman Place No. 7 is Ruben Mendoza.

City of San Elizario

The City of San Elizario is asking voters to choose their favorite candidates in three alderman races. Alderman Place No. 1 race has Maria Covernali pitted against Clara Sanchez. In San Eli's Alderman Place No. 2 contest, incumbent David S. Cantu is being challenged by Octavio Hernandez Jr. And in the Alderman Place No. 3 race, Lorenzo Leyva is the lone candidate.

Other Elections

The City of El Paso, El Paso Independent School District (EPISD), and Ysleta Independent School District

(YISD) are also holding elections in May. The city has on the ballot the controversial climate change propositions that voters are asked to decide on. El Paso school district has two board positions up for election. And Ysleta school district has two board trustee positions up for grabs.

EPISD's District 2 candidates are Will Veliz, Enrique Herrera, and Alejandro "Alex" Cuellar. In District 6, the candidates are David Adams, Valerie Ganelon Beals, Jacqueline Martinez, and Josie Castro Garcia.

Ysleta school district also has two trustee positions on the ballot. YISD's District 4 candidates are Mike Dwyer and Mike Rosales. Ysleta's District 6 candidates include Sotero G. Ramirez III, Debbie Torres, and Chris Hernandez.

For the May election, both

El Paso Community College (EPCC) and San Elizario Independent School District (SEISD) filed orders of cancellation because they had only one candidate file for each position up for election.

At EPCC, John Uxer filed for the District 1 office, and Bonnie Soria Najera filed for the District 2 office. Neither attracted an opponent.

In SEISD, four positions are up for election, and only one candidate filed for each seat. Lorenzo Luevano filed for the Place 1 position. Sandra Licon filed for the Place 4 office. Eduardo Chavez filed for Place 5. Monica Chavez filed for Place 6, and Myrna Hernandez filed for the Place 7 seat.

Visit El Paso County's Election Department website, at epcountyvotes.com, for more information about the May 6 election.

Food for thought By Dr. Glenn Mollette

Will your Walmart close?

If your outgo exceeds your income, then your upkeep will be your downfall. This principle applies to us all, even Walmart.

Walmart has been the largest company in the world by revenue since 2014, but they are closing 20 stores this year. Is your town on this list? Most likely, you hope not as most Americans shop Walmart at least occasionally. For many it's their go to destination weekly for groceries, electronics and much more.

Here are the latest store closings provided by Yahoo.com.

Walmart plans to close half of its stores in Chicago. This is a reversal of the retail giant's high-profile commitment in 2020 to expand in the city as part of its corporate racial justice initiative.

Walmart recently announced that it will close four poor-performing stores out of the eight it operates in Chicago. Three of the locations are located in Chicago's South and

West Side neighborhoods, which are predominantly minority and have long struggled with grocery and retail access. One of the stores is in Chicago's North Side, which is predominantly White and more affluent.

The announcement comes after Walmart highlighted its efforts in Chicago as a "critical part" of its broader \$100 million pledge to advancing racial equity in 2020. (CNN)

Walmart said the closings are due

to a lack of profits, theft and security issues. (CHICAGO WLS)

Walmart is not the United States government. They can't keep pumping money into a store or city that is losing millions of dollars every year. Walmart is a business that has become the largest company in the world by making a profit. Communities who steal more from their Walmart or any store, than they pay for at the register can most likely expect to see their store closed.

Scheduled Walmart closures

Arkansas:
3701 SE Dodson Road, Bentonville
(Pick-up only concept)

DC:
99 H Street NW, Washington

Georgia:
1801 Howell Mill Rd NW, Atlanta
835 M.L.K. Jr Dr NW, Atlanta

Florida:
6900 US Highway 19 North, Pinellas Park
(Neighborhood Market concept)

Hawaii:
1032 Fort Street Mall, Honolulu

Illinois:
17550 South Halsted St, Homewood
12690 S. Route 59, Plainfield
840 N. McCormick Blvd, Lincolnwood
(Pick-up only concept)
1511 Camp Jackson Road, Cahokia
8431 S. Stewart Ave, Chicago
4720 S. Cottage Grove Ave, Chicago

2844 N. Broadway, Chicago
2551 W. Cermak Road, Chicago

Indiana:
3701 Portage Road, South Bend

Minnesota:
1200 Shingle Creek Pkwy, Brooklyn Center

New Mexico:
301 San Mateo Blvd. SE, Albuquerque

Oregon:
4200 82nd Ave. SE, Portland
1123 N Hayden Meadows Dr., Portland

Texas:
24919 Westheimer Pkwy, Katy
(Neighborhood Market concept)

Washington:
11400 Hwy. 99, Everett

Wisconsin:
10330 W. Silver Spring Dr, Milwaukee

Source: Yahoo.com

San Elizario Independent School District Public Notice

NOTICE OF VACANCY ON THE BOARD OF TRUSTEES

Notice is hereby given that Trustee Place No. 3, an unexpired term, is vacant. All registered voters who are residents of the School District and who are interested in becoming a member of the Board of Trustees should pick up a packet of information in the Superintendent's Office at 1050 Chicken Ranch Road, San Elizario, Texas 79849-0920.

The packet must be submitted to the Superintendent's office by: Friday, May 5, 2023 at 5:00 p.m. The School District reserves the right to waive any formalities or extend the deadline for this information.

The Board of Trustees will consider all applicants and reserves the right to conduct interviews of some or all of the applicants before making a decision. The person appointed by the Board to the vacant position shall serve to fill the unexpired term until the election held in May 2025.

For additional information please contact the Superintendent's office at (915) 872-3900 Ext. 3515.

WTCC: 04-27-23



4	-	1	x	5	15
x		+		x	
8	-	4	x	6	24
-		x		-	
9	x	3	-	2	25
23		15		28	

CryptoQuip Answer

If two animated characters are drawn on the same cartoon frame, I'd call them cel mates.

Smile Luv
Richard Bandley, D.M.D.

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3	2	1	7	6	5	9	4	8
6	9	4	8	3	2	7	1	5
7	5	8	1	4	9	3	6	2
8	1	5	4	7	3	6	2	9
9	4	7	2	1	6	5	8	3
2	3	6	5	9	8	4	7	1
4	7	3	9	2	1	8	5	6
1	8	9	6	5	7	2	3	4
5	6	2	3	8	4	1	9	7

Law

From Page 2

continue, and electoral fraud has not been fixed, so Trump could well lose. Bragg’s actions might stem from pure hatred, without strategic considerations. In any event, the theatrics are drowning out concerns such as deteriorating foreign policy and the destruction of the dollar.

Whether you love Trump or hate him, the weaponization and politicization of the criminal justice system and the shredding of the Constitution affects you too.

The links in the digital copy of this issue, at www.wtxcc.com, are clickable.

1 – https://www.azquotes.com/author/63981-Lavrentiy_Beria

2 – <https://www.jpands.org/vol13no4/jackson.pdf>
 3 – <https://www.washingtonexaminer.com/opinion/for-prosecutor-bragg-trump-indictment-is-campaign-promise-kept>
 4 – https://www.davidstockmanscontracorner.com/nothing-to-bragg-about/?mc_cid=5eac68b560&mc_eid=2946779cce
 5 – <https://nypost.com/2023/04/06/alan-dershowitz-predicts-donald-trump-will-be-convicted/>

Jane M. Orient obtained her M.D. from Columbia University College of Physicians and Surgeons in 1974. She has been in solo private practice since 1981 and has served as Executive Director of the Association of American Physicians and Surgeons (AAPS) since 1989. She is currently president of Doctors for Disaster Preparedness. More than 100 of her papers have been published in the scientific and popular literature on a variety of subjects including risk assessment, natural and technological hazards and nonhazards, and medical economics and ethics. She is the editor of AAPS News, the Doctors for Disaster Preparedness Newsletter, and Civil Defense Perspectives, and is the managing editor of the Journal of American Physicians and Surgeons.

Send Your Newsbrief To: wtxcc@wtxcc.com

Notice of Election – Town of Anthony, TX

To the Registered Voters of Town of Anthony, Texas:

A los votantes registrados de ciudad Anthony, Texas:

Notice is hereby given that the polling place listed below will be open from 7:00 a.m. to 7:00 p.m. on Saturday, May 6, 2023 for voting in a General Election, to elect a Mayor and two (2) Aldermen to the Town of Anthony, TX Council: Mayor and Places 1, and 2 (all places are two (2) year terms).

Notifíquese, por las presente, que la casilla electoral citada abajo se abrirá desde las 7 de la mañana hasta las 7 de la tarde, el sábado, 6 de mayo de 2023 para votar en la Elección General para elegir un Alcalde y dos (2) Miembros del Concilio del Ciudad de Anthony, TX: Alcalde y Lugares 1 y 2 (todos lugares son por un periodo de dos (2) años).

**Election Day
May 6, 2023**

**7:00 a.m. – 7:00 p.m.
On Election Day any El Paso County registered voter is eligible to vote at any El Paso County Vote Center in EXHIBIT 1. Visit <https://epcountytvotes.com/> for all locations or changes.
SUBJECT TO CHANGE**

**DIA de ELECCION
6 de mayo el 2023
7:00 a.m. a 7:00 p.m.
El día de las elecciones, cualquier votante registrado en el condado de El Paso es elegible para votar en cualquier Centro de Votación del Condado de El Paso en ANEXO 1. Visite <https://epcountytvotes.com/> para todas las ubicaciones o cambios.
SUJETO A CAMBIO**

EARLY VOTING
Early voting by personal appearance will be conducted at all locations within El Paso County at which Early Voting is conducted by the County Elections Department (EXHIBIT 2) beginning on

Monday, April 24, 2023 and ending on Tuesday, May 2, 2023. **For early voting, a voter may vote at any of the locations listed in EXHIBIT 2.**

VOTACION ANTICIPADA
Para votar anticipadamente puede acudir en persona de lunes 24 de abril 2023 al viernes, 2 de mayo 2023, a cualquier centro de votaciones inclusive las casillas móviles del Condado de El Paso donde el Departamento de Elecciones del Condado (ANEXO 2) realice votaciones anticipadas. Para Votación Adelantada, los votantes podrán votar en cualquiera de las ubicaciones nombradas en el Anexo 2.

Applications for ballot by mail should be mailed to:

Las solicitudes para boletas que se votarán en ausencia por correo deberán enviarse a:

**Lisa Wise
El Paso County
Elections Department
500 E. San Antonio, #314
El Paso, Texas 79901**

Applications for ballots by mail must be received no later than the close of business on April 25, 2023.

Las solicitudes para votar por correo deberán recibirse antes del término de horas hábiles el día 25 de abril de 2023.

Issued this 13th day of February of 2023.

Emitda esta 13 día de febrero de 2023.

*Valerie Armendariz
Presiding Officer
Oficial que Preside*

EXHIBIT 1 / ANEXO 1

Zip Code: 79821

**Anthony City Hall
401 Wildcat Dr.**

**El Paso County
Northwest Annex
435 E. Vinton Rd.**

Zip Code: 79901

**Enrique Moreno
County Courthouse
500 E. San Antonio Ave.**

**South El Paso Senior
Citizen Center
600 S. Ochoa St.**

Zip Code: 79902

**El Paso Community
College - Rio Grande
Campus
906 El Paso St.**

**El Paso Tennis Club
2510 N. St. Vrain St.**

**Fire Station #3
721 E. Rio Grande Ave.**

**Lamar Elementary
School
1440 E. Cliff Dr.**

**Mesita Elementary
School
3307 N. Stanton St.**

**El Paso Tennis Club
2510 N. St. Vrain St.**

**UTEP - Union
Building East
351 W. University Ave.
(79968)**

Zip Code: 79903

**Fire Station #7
3200 Pershing Dr.**

**Safety and Health
Outreach Center
5415 Trowbridge Dr.**

Zip Code: 79904

**Fire Station #16
3828 Hercules Ave.**

**Logan Elementary
School
3200 Ellerthorpe Ave.**

**Magoffin Middle School
4931 Hercules Ave.**

**Nations Tobin
Sports Center
8831 Railroad Dr.**

**Park Elementary School
3601 Edgar Park Ave.**

Zip Code: 79905

**Dr. Josefina Villamil
Tinajero PK-8 School
301 Lisbon St. 79905**

**El Paso County
Ascarate Annex
301 Manny Martinez Dr.**

**El Paso County
Coliseum
4100 E. Paisano Dr.**

**Hawkins Elementary
School
5816 Stephenson Ave.**

**Clardy Elementary
School
5508 Delta Dr.**

Zip Code: 79907

**Alicia R. Chacon
International School
920 Burgundy Dr.**

**Lancaster Elementary
School
9230 Elgin Dr.**

**Loma Terrace
Elementary School
8200 Ryland Dr.**

**Ysleta Community
Learning Center
121 Padres Dr.**

**YWCA - Lower Valley
115 Davis Dr.**

Zip Code: 79911

**Congressman Silvestre
& Carolina Reyes School
7440 Northern Pass Dr.**

Zip Code: 79912

**Brown Middle School
7820 Helen of Troy Dr.**

**Carlos Rivera
Elementary School
6445 Escondido Dr.**

**Dr. Green Elementary
School
5430 Buckley Dr.**

**Fire Station #27
6767 Ojo De Agua Dr.**

**Medano Heights
7801 Medano Dr.**

**Polk Elementary School
940 Belvidere St.**

**Putnam Elementary
School
6508 Fiesta Dr.**

**Rosa Guerrero
Elementary School
7530 Lakehurst Rd.**

**Tippin Elementary School
6541 Bear Ridge Dr.**

**Western Hills U.M.C
- Stewart Family Life
Center A
524 Thunderbird Dr.**

**YWCA - West
313 Bartlett Dr.**

Zip Code: 79915

**Bel Air Middle School
7909 Ranchland Dr.**

**Del Norte Heights
Elementary School
1800 Winslow Rd.**

**El Paso Community
College - Valle Verde
919 Hunter Dr.**

**Officer David Ortiz
Recreation Center
563 N. Carolina Dr.**

**Ramona Elementary
School
351 Nichols Rd.**

**Riverside High School
301 Midway Dr.**

**Transition To Life
Career Center
7988 Alameda Ave.**

**Ysleta Pre-K Center
7940 Craddock Ave.**

Zip Code: 79922

**Fire Station #15
115 Shorty Ln.**

**Zach White
Elementary School
4256 Roxbury Dr.**

Zip Code: 79924

**Arlington Park Shelter
10350 Pasadena Cir.**

Bowling Family YMCA

5509 Will Ruth Ave.

**Coach Archie Duran
Elementary School
5249 Bastille Ave.**

**Desertaire Elementary
School
6301 Tiger Eye Dr.**

**Dr. Joseph E. Torres
Elementary School
10700 Rushing Rd.**

**H.E. Charles Middle
School
4909 Trojan Dr.**

**Newman Elementary
School
10275 Alcan St.**

**Parkland High School
5932 Quail Ave.**

**Whitaker Elementary
School
4700 Rutherford Dr.**

Zip Code: 79925

**Bassett Place
6101 Gateway West**

**Cielo Vista
Elementary School
9000 Basil Ct.**

**Eastwood Heights
Elementary School
10530 Janway Dr.**

**Eastwood High School
2430 McRae Blvd.**

**Edgemere Elementary
School
10300 Edgemere Blvd.**

**Fire Station #20
8301 Edgemere Blvd.**

**Gary Del Palacio
Recreation Center
3001 Parkwood St.**

**Ross Middle School
6101 Hughey Cir.**

**YISD Central Office
9600 Sims Dr.**

Zip Code: 79927

**Campestre Elementary
School
11399 Socorro Rd.**



Moments in time
THE HISTORY CHANNEL

- On April 24, 1895, merchant captain Joshua Slocum, the first person to solo circumnavigate the globe, began his groundbreaking voyage out of Boston on the sloop Spray. His return to the States three years later went almost unnoticed, due to the earlier outbreak of the Spanish-American War, but the trip was immortalized in his 1900 book "Sailing Alone Around the World."
- On April 25, 1792, French

highwayman Nicholas Jacques Pelletier became the first person to be executed by guillotine after stealing a man's wallet and killing him. The anticipated large crowd that witnessed his death was dissatisfied with the process, feeling it was too swift, even calling out, "Bring back our wood gallows!"

- On April 26, 2010, "Boobquake," a rally inspired by blogger Jennifer McCreight that aimed to protest news reports of controversial beliefs blaming "immodestly dressed" women for causing earthquakes, took place with an estimated 200,000 people participating worldwide.
- On April 27, 1992, Baroness Betty

Boothroyd became the first woman to be elected Speaker of the British House of Commons in its 700-year history. At the time, there were just 60 women in the 651-member House. A former professional dancer, she earned a reputation for fairness and impartiality over the course of her career, even issuing reprimands "with good humor and charm."

- On April 28, 1789, the HMS Bounty was taken over in a mutiny led by master's mate Fletcher Christian. Captain William Bligh and 18 of his faithful supporters were set adrift in a small boat but managed to navigate a journey of 4,000 miles over 42

days to safety without a single loss of life.

- On April 29, 1945, the U.S. Seventh Army's 45th Infantry Division liberated the Dachau concentration camp. Some of the soldiers were so horrified by conditions there that they gunned down at least two groups of captured German guards.

- On April 30, 1927, Hollywood couple Douglas Fairbanks and Mary Pickford were the first celebrities to officially leave their handprints and footprints in concrete at Grauman's Chinese Theater in Hollywood.

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Aviso de Elección – Ciudad de Anthony, TX

Ciudad de Anthon, TX Election Notice continued.

Zip Code: 79927 (Continued) (continuado)

Chayo Apodaca Community Center
341 N. Moon Rd.

El Paso Community College - Mission Del Paso
10700 Gateway Blvd E.

Escontrias Elementary School
205 Buford Rd.

H.D. Hilley Elementary School
693 N. Rio. Vista Rd.

Robert R. Rojas Elementary School
500 Bauman Rd.

Western Technical College
9624 Plaza Cir.

Zip Code: 79928

Carroll T. Welch Elementary School
14510 Mc Mahon Ave.

Desert Hills Elementary School
300 N. Kenazo Dr.

Desert Wind K-8 School
1100 Colina De Paz Dr.

Dr. Sue A. Shook Elementary School
13777 Paseo Del Este Blvd.

Eastlake High School
13000 Emerald Pass Ave.

Horizon Heights Elementary School
13601 Ryderwood Ave.

KEYS Academy
12380 Pine Springs Dr.

Zip Code: 79930

Austin High School
3500 Memphis Ave.

Center for Career and Technology Education
1170 N. Walnut St.

Memorial Park Senior Citizen Center
1800 Byron St.

Paul C. Moreno Elementary School
2300 San Diego Ave.

Travis Elementary School
5000 N. Stevens St.

Zip Code: 79932

Fire Station #2
111 E. Borderland Rd.

Community Connections Center
5300 Warriors Dr.

Zip Code: 79934

Dr. Nixon Elementary School
11141 Loma Roja Dr.

Zip Code: 79935

Fred & Maria Loya Family YMCA
2044 Trawood Dr.

Zip Code: 79936

Benito Martinez Elementary School
2640 Robert Wynn St.

Bill Sybert K-8 School
11530 Edgemere Blvd.

ESC Region 19 Head Start Multipurpose Center
11670 Chito Samaniego Dr.

El Paso County Eastside Annex
2350 George Dieter Dr.

Hanks High School
2001 Lee Trevino Dr.

Hanks Middle School
11201 Pebble Hills Blvd.

Helen Ball Elementary School
1950 Firehouse Dr.

Jane Hambric K-8 School
3535 Nolan Richardson Dr.

Marty Robbins Recreation Center
11620 Vista Del Sol Dr.

O'Shea Keleher

Elementary School
1800 Leroy Bonse Dr.

Pebble Hills Elementary School
11145 Edgemere Blvd.

Sierra Vista Elementary School
1501 Bob Hope Dr.

Tierra Del Sol Elementary School
1832 Tommy Aaron Dr.

Zip Code: 79938

Esperanza Acosta Moreno Library
12480 Pebble Hills Blvd.

Hurshel Antwine Elementary School
3830 Rich Beem Blvd.

Lujan-Chavez Elementary School
2200 Sun Country Dr.

Pebble Hills High School
14400 Pebble Hills Blvd.

EXHIBIT 2 LOCATION, DATES AND HOURS OF OPERATION OF POLLING PLACES FOR EARLY VOTING:

ANEXO 2 DIRECCION, DIAS Y HORAS HABILES DE LAS CASILLAS ELECTORALES PARA VOTACION ANTICIPADA:

April 24 to 28, 2023 (Mon. - Fri.) Hours Listed

April 29 and 30, 2023 (Sat. and Sun.) 12 (noon) - 5 p.m.

May 1 to May 2, 2022 (Mon. and Tues.) Hours Listed Zip Code: 79821

El Paso County Northwest Annex
435 E. Vinton Rd. Community Room 8:00 a.m. - 5:00 p.m.

Zip Code: 79836

Clint ISD Early College Academy
13100 Alameda Ave.

Library
8:00 a.m. - 5:00 p.m.

Zip Code: 79849

San Elizario Fire Rescue
1415 San Antonio St. Meeting Room 9:00 a.m. - 5:00 p.m.

Zip Code: 79853

W.E. Neill Community Center
19210 Cobb Ave. Library 8:00 a.m. - 5:00 p.m.

Zip Code: 79901

Enrique Moreno Court House
500 E. San Antonio Ave. Third Floor, Back Lobby 8:00 a.m. - 5:00 p.m.

South El Paso Senior Citizens Center
600 S. Ochoa St. Classroom 9:00 a.m. - 6:00 p.m.

Zip Code: 79904

Mountain View-Rae Gilmore Recreation Center
8501 Diana Dr. Classroom 10:00 a.m. - 7:00 p.m.

Nations Tobin Sports Center
8831 Railroad Dr. Classroom 9:00 a.m. - 6:00 p.m.

Wellington Chew Senior Center
4430 Maxwell Ave. Classroom 8:00 a.m. - 5:00 p.m.

Zip Code: 79905

El Paso County Coliseum
4100 E. Paisano Dr. VIP Room 9:00 a.m. - 6:00 p.m.

Zip Code: 79907

Ysleta Community Learning Center
121 Padres Dr. Annex 9:00 a.m. - 6:00 p.m.

Zip Code: 79912

Medano Heights
7801 Medano Dr. 79912 Community Center 10:00 a.m. - 7:00 p.m.

Sunland Park Mall
750 Sunland Park Dr. 9:00 a.m. - 6:00 p.m.

YWCA-West
313 Bartlett Dr. Program Offices Room 8:00 a.m. - 5:00 p.m.

Zip Code: 79915

Officer David Ortiz Recreation Center
563 N. Carolina Dr. Classroom 9:00 a.m. - 6:00 p.m.

Zip Code: 79924

Arlington Park Shelter
10350 Pasadena Cir. Main Room 9:00 a.m. - 6:00 p.m.

Bowling Family YMCA
5509 Will Ruth Ave. VIP Room 9:00 a.m. - 6:00 p.m.

Zip Code: 79925

Bassett Place
6101 Gateway West 10:00 a.m. - 7:00 p.m.

EPCC Administrative Services Center
9050 Viscount Blvd. Foyer 8:00 a.m. - 5:00 p.m.

Gary Del Palacio Recreation Center
3001 Parkwood St. Multipurpose Room 9:00 a.m. - 6:00 p.m.

Zip Code: 79927

Chayo Apodaca Community Center
341 N. Moon Rd. Community Center 9:00 a.m. - 6:00 p.m.

Zip Code: 79928

Eastlake High School
13000 Emerald Pass Ave. Theatre Lobby 8:00 a.m. - 5:00 p.m.

Oz Glaze Senior Center
13969 Veny Webb Drive

Main Room
10:00 a.m. - 7:00 p.m.

Zip Code: 79932

Canutillo ISD Administration Facility
7965 Artcraft Rd. 8:00 a.m. - 5:00 p.m.

Zip Code: 79936

Commissioner's Corner
10700 Montana Ave. Community Hall 9:00 a.m. - 6:00 p.m.

El Paso County Eastside Annex
2350 George Dieter Dr. Community Room 8:00 a.m. - 5:00 p.m.

Marty Robbins Recreation Center
11600 Vista Del Sol Drive Lobby 9:00 a.m. - 6:00 p.m.

Zip Code: 79938

Esperanza Acosta Moreno Library
12480 Pebble Hills Blvd. Meeting Room 10:00 a.m. - 7:00 p.m.

Gonzalez Place
4101 Rich Beem Blvd. Club House 8:00 a.m. - 5:00 p.m.

Pebble Hills High School
14400 Pebble Hills Blvd. Auditorium Foyer 8:00 a.m. - 5:00 p.m.

Zip Code: 79968

UTEP – Union Building East
351 W. University Ave. Desert Canyon Room 102D 8:00 a.m. - 5:00 p.m.

Visit <https://epcoun-tyvotes.com/> for all locations or changes.

Visite <https://epcoun-tyvotes.com/> para todas las ubicaciones o cambios.

May the UTEP basketball transfer portal games begin

By Steve Escajeda
Special to the Courier

It's been about a month since the end of the college basketball season and the annual merry-go-round of students jumping on and off the transfer portal has begun.

And everyone around here knows that UTEP will be affected in one way or another.

In fact, the comings and goings at UTEP have already started.

The Miners, who have been decimated by the portal in recent years, have already lost two players... so far.

But to be honest, neither one is a devastating loss.

Jamari Sibley, who was everybody's choice to lead the Miners this past season, has decided to leave the team for a fresh start anywhere else.

There's little doubt that Sibley turned out to be the biggest disappointment on the team this year. From the very beginning he looked timid, unsure of himself and extremely lackadaisical.

It was a mystery, Sibley was expected to average 10-15 points and maybe 5-6 rebounds a game. He finished the season putting in 3.7 points and pulling down 2.1 rebounds per contest.

The other player who has tossed his hat into the transfer ring is big man Ze'Rik Onemya.

The 6-8, 230-pound Onyema looks like a superstar athlete on the court. He has the body of an NBA forward and he's already received interest from teams like Texas, Vanderbilt, Missouri, Texas Tech, Penn State and UCLA, among others.

And because Rodney Terry recruited Onyema to UTEP, it makes sense that the Longhorns might be the frontrunners for his services.

What worries me is that if Onyema makes the jump to big-boy conferences

like the Big-12, Big 10 or the SEC, his level of competition is going to skyrocket. That isn't good news for a guy who often couldn't compete successfully against the big men from Conference USA.

I'm afraid Onyema is going to end up a second- or third-string backup, getting only a few minutes a game, when he could be starting every game at UTEP and really showing off his improvement.

And let's be honest, he needs a lot of improvement. As big and strong as he is, Onyema averaged only seven points and four rebounds a game in his third season with the Miners. He averaged one block every two games.

Unless he was around the basket for an uncontested thunderous dunk, he didn't really have any offensive skills to speak of. To put it in perspective, Onyema made 92 baskets last season and committed 45 turnovers. In other

words, for every other basket he made, he gave the ball to the other team.

In this year's transfer portal, the Miners need two major additions, a big man with some real skill and a true pass-first point guard. A big guy who can protect the basket at one end and a little guy who can find the open man at the other.

Right now the Miners have neither. But they have enticed two guards to transfer to El Paso – Corey Camper Jr. and Baylor Hebb.

Camper, a 6-5 shooting guard, is a junior college who average 20 points a game and hit nearly 80-percent of his free throws. That will really help a team who was one of the worst free throw shooting teams in the country.

Hebb is more of a question, in three years he only averaged 2.4 points a game at Loyola of Chicago and Colorado State. But the 3-star recruit had great stats coming out of

high school and he was recruited to Abilene Christian by a certain coach Joe Golding. So he sees something he can probably bring out in the kid.

The Miners have guys like Tae Hardy, Calvin Solomon, Otis Frazier, Kevin Kalu and Jon Dos Anjos returning. That's a good thing. But the player I'm most excited about is Derick Hamilton.

Hamilton was a 6-10, 285-pound sophomore who led the Miners in one category last season – weight.

He was an overweight, out-of-shape, big man who only averaged four minutes a game. But in those four minutes anyone could see that he had the potential of a star player.

If Golding and his staff can work another 40 pounds off the guy, UTEP may already have its talented big guy.

All we need is that Nate Archibald-Tim Hardaway-Bobby Joe Hill-Fili Rivera-type little man.

Senior moment By Matilda Charles

Living long lives in the Blue Zones

In several parts of the world there are large populations that regularly live into their 90s and even pass 100 years. They're called Blue Zones, those parts of the world where seniors live longer, healthier lives. It started as a National Geographic project to look for the secrets to longevity. They were able to identify five locations: Loma Linda, California; Nicoya, Costa Rica; Sardinia, Italy; Ikaria, Greece; and Okinawa, Japan.

Fascinated scientists began to study these over-100 people and concluded that they had nine commonalities. They are:

- The Blue Zoners move and exercise naturally, working in gardens and going about their lives with frequent walks, not engaging in heavy-lifting gym visits.
- They have a purpose to each day.
- They do what they must to avoid stress. Some pray, some have happy hour, some take naps, but they intentionally do something.
- They follow Confucius' rule to stop eating when they're 80% full, and don't eat late at night.
- Their diets are semi-vegetarian and they stick mostly

with beans and lentils, fruits and vegetables, olive oil and whole grains.

- They drink modest amounts of wine, perhaps 1 to 2 cups per day, if at all.
- They belong to a faith-based community of some kind.
- They put loved ones first and often live with or near family members.
- The people around them are engaged in similar healthy behaviors.

To read the study about the Blue Zones, go online to www.ncbi.nlm.nih.gov, select PubMed from the dropdown menu and put "Blue Zones" in the search box. Look for the authors Buettner D, Skemp S. The heading includes "Lessons from the World's Longest Lived."

There is hope for all of us to extend our lives if we incorporate some of what those in the Blue Zones have to teach us.

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Super Crossword

RECORD PLAYING ACROSS

- "Same Old Love" singer Gomez
- Taken-back autos, e.g.
- Most adultlike
- Sanctuary
- Novelist Jong
- Undeveloped expanse
- Carole King album hanging as a decoration?
- Surpass
- Drags to court
- Endures
- Big primate
- San _ (Texas city, informally)
- Nixon veep Spiro
- Taylor Swift album signed for a Catholic dignitary?
- Title ship in a 1997 Spielberg epic
- Hullabaloo
- Hoodwink
- John Lennon album sitting there all by itself?
- Shoe parts
- "Attack, dog!"
- Portions out
- In the style of
- Closest buds, in brief
- Savoir-__
- Get as profit
- Historic start?

- Write preliminary lyrics to a Patti Smith album?
- Healing sign
- Cello's ancestor
- Pop's Grande
- Michael Jackson album that plays mind games?
- Pope before Stephen IV
- Having no depth, in brief
- Spellbound
- Bob Marley album that's very popular in big cities?
- Granola bit
- Dearth
- Works by painter Joan
- Small bouquet
- Polymer used in piping, for short
- U.S. Navy builder
- Major Calif. airport code
- General _ chicken
- Looking to buy a Beatles album?
- Only OK
- Frequently
- Least distant
- Badly damaged Fleetwood Mac album?
- Assessed
- Mad magazine's Alfred E. _
- Dryly funny

DOWN

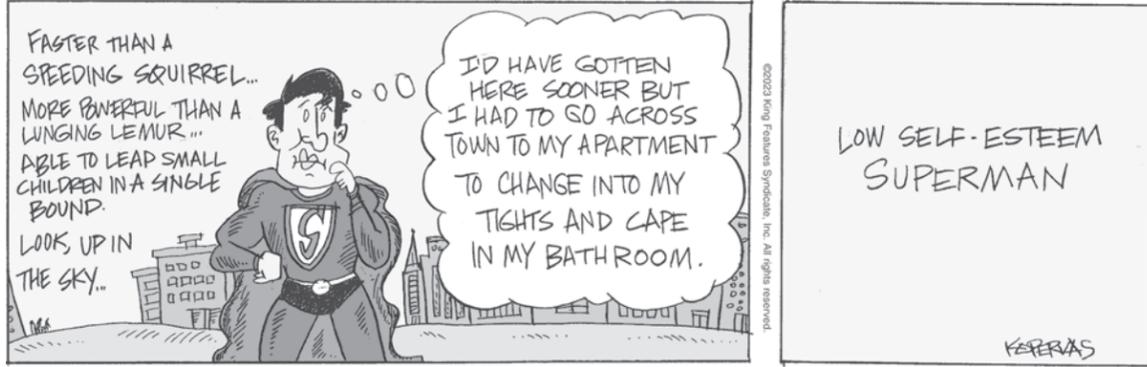
- Toothed tools
- Jacob's twin
- Actor Waggoner
- Edifice extensions
- Granola bit
- Mixtures
- Della of song
- Of times past
- Fruit stones
- Scanner of bar codes, for short
- Doc's throat-checking request
- Copied a cow
- Clerk on "The Simpsons"
- The "T" of the DPT vaccine
- Detach, as a jacket fastener
- Toy in a crib
- Mistake
- Peeling knife
- Smartphone extras
- Mark up with comments
- Joni Mitchell album upon being hit by lightning?
- Billy Joel hit
- Stones
- Celestial dust cloud
- Parts of car wheels
- Cheeky
- Old Faithful is a famous one
- River by the Louvre
- Affixed, as gift wrap
- Bamboo-eating bear
- Comical tumble in slapstick
- Very busy
- Sebastian of England
- That is, to Tiberius
- Not closed all the way
- Stubborn sort
- Land in el agua
- Go no further
- Go _ diet
- Greta of the silver screen
- Part of OTB
- Cordage fiber
- Dunne of the silver screen
- Labor leader Chavez
- Extensive
- Supporting the idea
- Seed casing
- Compadre
- Chopped into small cubes
- Lyre relative
- Tibias' places
- Spiral shape
- Title cousin in a 1992 film
- Purple fruits
- Letter flourish
- "Hey, dude!"
- Turin "Ta-ta!"
- Turns rancid
- Part of OTB
- Chapeau
- _ salts
- Slimy stuff
- Bakers get their mitts on them
- Oz lion player Bert
- Busy as _
- Cartoon pics
- Retained
- _wee Herman
- Smiling evilly
- "Yikes!"
- Huge wave
- Rds.
- Bury
- Actress Raven- _
- Speechifier
- Fast-food cooks
- Not inclined
- Spirits in lamps
- Of the moon
- "Hee Haw" co-host Buck
- Bohemian
- Delts' neighbors
- "Dear" advice columnist
- In addition to
- Cry feebly
- Blacken, as a steak
- Scot's cap
- Mauna _
- Mediocre grade

Answer Page 3

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
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114										115						116				

Comix

OUT ON A LIMB By Gary Kopervas



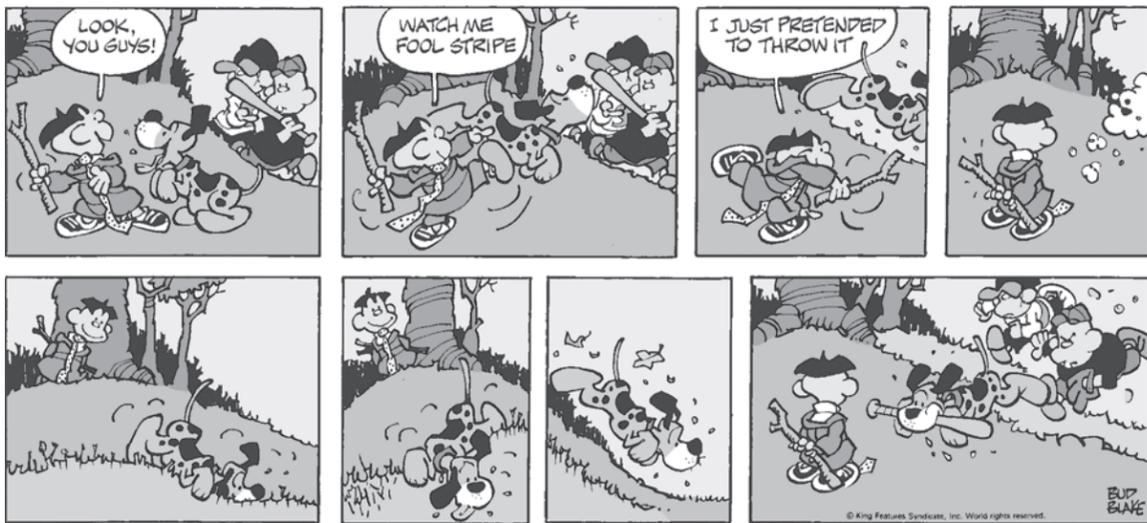
AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



TIGER By Bud Blake



Lowry

From Page 2

destroy property, while achieving nothing or setting back the cause they were supposed to advance. Disorder at the heart of the U.S. government, disrupting a longstanding ritual connected to the peaceful transfer of power, is particularly egregious.

Second, justifying or excusing political violence has a deranging influence on the republic. The more reasons both sides have to physically fear each other, the easier it is to justify extreme measures in response.

Third, it's simply terrible politics. If the other side is desperate to portray you as in bed with fanatics and rioters, it's best not to go out of your way to prove them right. It's perverse that just as the Jan. 6 Committee is no longer in a position to constantly remind the public of Jan. 6, here comes Donald Trump to remind people.

It'd be a little like Richard Nixon running for the 1976 Republican presidential nomination, and campaigning with a barbershop quartet made up of Watergate burglars.

Or Ulysses S. Grant running for a third term while extolling the unappreciated virtues of the organizers of the Whiskey Ring scandal.

What Trump is doing flies in the face of the lessons of the midterms. Jan. 6 lent emotional power to the Democratic argument that democracy was under threat, and Stop the Steal candidates proved radioactive. Trump wants, in effect, to repeat November 2022's failed political experiment on a larger scale in 2024.

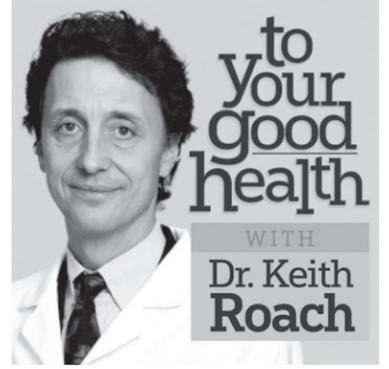
On top of his natural inclinations, Trump may be making a calculation that in a primary race with Ron DeSantis to be the most "MAGA" Republican candidate, he can't lose by staking out a pro-Jan. 6 position. That's not a crazy bet, but if Trump is going to be beaten it will probably be, in part, on grounds that he carries too much baggage and is an electability risk. By embracing rather than skirting one of his major vulnerabilities, he gives his adversaries more ammunition on both counts.

Jan. 6 is an outrage that shouldn't become a cause.

Rich Lowry is editor of the National Review. (c) 2023 by King Features Synd., Inc.

Medical jargon stifles good communication

DEAR DR. ROACH: After many bouts of pain in my left leg, I was referred for an MRI. They diagnosed me with left lumbar radiculitis, spondylolisthesis and lumbar spondylosis. There are many people in my independent living facility who have gotten similar diagnoses. As an RN with a master's in nursing education, I have a question: When the diagnoses are made, do doctors not explain the problem in layman's terms? I only found out what my list of diagnoses were from a physical therapist, to whom I was referred. – N.F.P.



Doctors certainly should explain their diagnoses in language appropriate for their patients. We can forget that the language we use is sometimes incomprehensible, but that's not an excuse. A patient should always feel comfortable in saying they don't understand a diagnosis, or any other word or phrase their doctor uses, and ask for more explanation. Many of the most effective communicators I have seen not only ask the patient whether they understood, but have made sure their patient can explain it back to them.

In your case, these specific diagnoses are generally not well-known by nonexperts, and I am disappointed that they did not give you an explanation. Lumbar radiculitis is essentially sciatica – it's an inflammation of the large bundle of nerve roots, which usually causes pain down the leg into particular locations, based on which nerves are being affected. It is not a specific diagnosis, as it doesn't say what is causing the damage to the nerves.

Spondylolisthesis is a condition where one vertebra overlaps another one below it (front to back, not side to side). Very mild spondylolisthesis will not cause any symptoms, but more severe cases can cause damage to the nerve roots. Spondylosis of the lumbar vertebrae is a nonspecific term signifying degeneration of the spine, usually due to osteoarthritis and often including degeneration of the disks in between the vertebrae.

So, these diagnoses together suggest that you have osteoarthritis of the spine, along with a displacement of one vertebra over another, causing damage to the nerve roots of the spine. These conditions would be likely to cause the back and leg pain you have on your left side.

DEAR DR. ROACH: What are the risks for long-term usage of metformin for prediabetes? – T.G.

Metformin is a commonly used treatment for Type 2 diabetes, but has also been proven to prevent, or at least delay, the onset of diabetes in people who are at risk. This includes those who already have abnormal blood sugar but don't yet meet the diagnostic criteria for diabetes – called "prediabetes" or "impaired glucose tolerance."

Metformin works mostly by preventing the liver from making sugar. This allows the insulin a person makes to work on dietary sugar instead and, in turn, lowers insulin levels, thus promoting weight loss.

Metformin is a very safe drug with few long-term side effects. The most common side effects are gastrointestinal – nausea and diarrhea are the most common. These usually go away after some time and can be minimized by using the long-acting form of the drug. Vitamin B12 deficiency happens in about 20% of people over a span of five years. The most severe side effect is called lactic acidosis, but this is extremely rare when metformin is only given to people with normal kidney function. Kidney function and blood sugar levels should be periodically checked when on metformin, whether for diabetes or prevention.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2023 North America Synd., Inc. All Rights Reserved.



Moore Texas by Roger Moore

April 22, 1540: Spanish explorer Coronado began his search for Cibolo, the cities of gold. He gave up in 1542 – but he did discover Palo Duro canyon.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: K equals F

RK SDF CMRVCSWP QGCHCQSWHL
 CHW PHCDM FM SGW LCVW
 QCHSFFM KHCWV, R'P QCUU
 SGWV QWU VCSWL.

Answer Page 3

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Weekly SUDOKU

by Linda Thistle

3				6				8
		4			2	7		
	5		1		9			6
8					3			9
	4			1				8
		6	5			4		
	7			2				5
		9			7			4
5			3			1		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging

Answer Page 4

◆◆◆ HOO BOY!

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When the scammer is a doctor



by Freddy Groves

Mostly you think of scammers who steal as lowlifes, but it's not always the case. Sometimes they're well educated professionals who have a lot to lose when they're caught.

Take the case of the doctor who took money that was meant to go to those who'd suffered severe traumatic injuries.

This doctor, a decorated Navy commander, conspired with others to lie their way to a \$2 million profit in an insurance program that helps service members who were traumatically injured while on active duty. The co-conspirators would coax others to create fake or exaggerated claims for injuries in exchange for a portion of the proceeds.

Enter the doctor who, in exchange for a kickback, would verify that the injuries and disabilities existed and sign off on the application

for the claim, sometimes saying he'd actually seen the person making the claim. Or he would provide the medical records of others to those who were submitting fake claims.

The other nine co-conspirators included a nurse (who helped to falsify medical records) and a former Navy mechanic (who actively recruited others into the scheme, where he netted nearly \$400,000). They kept the scam going for at least three years. The various charges included fraud, wire fraud and making a false and fraudulent claim.

Of all the co-conspirators, it's the Navy doctor who disappointed me the most. This wasn't a short-term scam; it went on long enough that one wonders whether in all that time the doctor thought about how he got to that point.

This is the same man who, serving in Iraq, climbed onto a roof in 2007 to help a tiny infant who wasn't breathing properly, evacuated the baby via helicopter under sniper fire, and got him into surgery in a hospital. The

baby was saved and back home in a week.

It's hard to reconcile the image of that doctor with his participation in a theft scam that only netted him \$180,000 over three years. And now he's potentially facing 20 years in prison.

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- Rub hands with lemon slices to get rid of onion or fish smells. Afterward, you can put the lemon slices down your garbage disposal unit with a few ice cubes to get rid of smells there, too.

- Here's a great way to get a longer life out of a bar of soap: Press the plastic top of a pop bottle into the side of a wet bar of soap. When you set the bar down in your soap dish, put it plastic side down. This way, the bar doesn't sit in any residual water and turn into a goopy mush. The plastic top comes out easily if you need to remove it. – Y.P. in Illinois

- Nylon stocking strips are great and work really well in the garden. If you have a pair that has a run, chop them up into pieces. You can use them to tie up staked plants, as they are strong but gentle enough to not cause any harm. – E.S. in Wisconsin

- Reduce your energy costs of drying clothes by hanging heavy items (think towels, throw blankets, jeans, sweats) for a few hours to air dry before popping them in the dryer. You can cut the drying time by as much as two-thirds, and still get that tumble-dried softness. – M.N. in Missouri

- Renew your paintbrushes with this trick: Heat vinegar to boiling. Pour into a tall, narrow container that won't melt. Add hardened brushes, bristle side down. Stick a pencil through the hole in the paintbrush handle and balance it across the top of the container. It keeps the bristles from bending in the bottom of the container. Let brushes soak until vinegar is cooled. Use a wire brush to clean.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2023 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 3

	-		x			15
x		+		x		
	-		x			24
-		x		-		
	x		-			25
23		15		28		

1 2 3 4 4 5 6 8 9

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EGM

CRONAG

♥ CERPA

♥ CEAM

SNEMIA

NIN

♥ AGEP

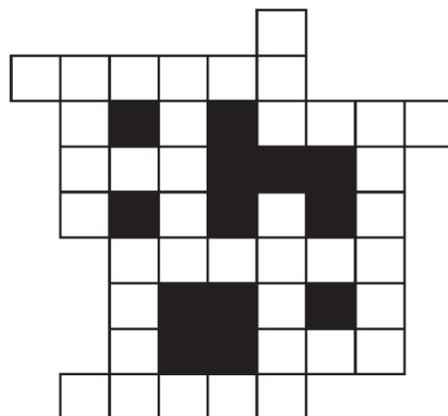
GENIS

PMO

♥ SPERIA

GREEM

♥ ALIN



Answer Page 3

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

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