

VOL. 50, No. 19

SERVING ANTHONY, VINTON, CANUTILLO, EAST MONTANA, HORIZON, SOCORRO, CLINT, FABENS, SAN ELIZARIO AND TORNILLO

MAY 11, 2023

NEWSBRIEFS

Working moms

With Mother's Day just ahead and 73% of women with children under age 18 having been in the labor force during 2022, the personal-finance website WalletHub has released its report on 2023's Best & Worst States for Working Moms, as well as expert commentary. In order to help ease the burden on mothers in the workforce, WalletHub compared the attractiveness of each of the 50 states and the District of Columbia for a working mother based on 17 key metrics. The data set ranges from the median women's salary to the female unemployment rate to day-care quality. Texas was rated 31st in the report, ranking (1-Best, 25 Avg.):

• 3rd – Day-Care Quality;

• 45th – Child-Care Costs (Adjusted for Median Women's Salary);

22nd – Pediatricians per Capita;

• 14th–Gender Pay Gap (Women's Earnings as % of Men's);

• 47th – Ratio of Female Executives to Male Executives;

 12th – Median Women's Salary (Adjusted for Cost of Living);

 32nd – Female Unemployment Rate;

• 27th – Parental-Leave Policy Score;

• 50th – Avg. Length of Woman's Work Week (in Hours); and

• 37th – % of Single-Mom Families in Poverty.

https://wallethub.com/ Visit edu/best-states-for-workingmoms/3565 for the full report. – Diana Polk

Drug problems

With National Prevention Week in full swing and the number of annual drug overdose deaths in the U.S. reaching more than 103,500, the personal-finance website WalletHub has released its report on the States with the Biggest Drug Problems, as well as expert commentary, to highlight the areas that stand to be most affected. This study compares the 50 states and the District in terms of 20 key metrics, ranging from arrest and overdose rates to opioid prescriptions and employee drug testing laws. You can find some highlights below. Texas was



Photo by Alfredo Vasque

BUILD IT AND VETS WILL COME – Construction of a new 492,995 square-foot, multi-floor medical center for the El Paso Veterans Affairs Health Care System is planned to be built on land next to the recently opened William Beaumont Army Medical Center (background) in East El Paso County. VA officials estimate that construction of the new VA center, which will be overseen by the U.S. Army Corps of Engineers, will take about four years to complete.

El Paso County veterans to get new VA medical center

By Alfredo Vasquez Special to the Courier

EL PASO COUNTY – Construction plans are in the works for a new VA Medical Center to serve El Paso/Las Cruces area veterans and their families. According to El Paso Veterans Affairs Health Care System officials, the new facility would be completed by early 2030.

After years of local VA officials care. lobbying for federal funding, the US Congress finally heard them as healthcare system, it recently allocated \$759.2 million which

on Fort Bliss land. Garza commented that it would be good to again have the main clinic next to William Beaumont, where VA patients are sent for hospital

The El Paso VA includes military It had - Photo courtesy of Veterans Affairs **RESPONSIBILITIES – Frov Garza**. director of the El Paso VA Health Care System, currently oversees the main clinic in North Central El the main clinic, Paso that is located next to the old, reported. now closed. Beaumont hospital building on Fort Bliss land, and five other smaller clinics in various parts of the city, as well as one in Las Cruces.

construction of the new VA center, which will be overseen by the U.S. Army Corps of Engineers, will take about four years to complete.

Incidentally, VA officials acknowledged that it took more than The 344,147-square-foot main six years to complete the problemsclinic, which is located on North plagued construction of the William Piedras Street, is next to the now- Beaumont medical complex's six closed Beaumont hospital building buildings, including the 135-bed

hospital. And it took an additional 18 months after construction was completed to resolve several issues, fixing including hundreds of fire and safety deficiencies, before the hospital finally opened in July 2021.

Meanwhile, the

See BRIEFS, Page 2

The real measure of a man's wealth is how much he would be worth if he lost all of his money. - Quips & Quotes

for construction of the new medical five other smaller complex. The facility is slated for clinics in various construction on 36 acres on the parts of the city and campus of the recently opened William one in Las Cruces, Beaumont Army Medical Center on serves more than 42,000 Fort Bliss land in East El Paso.

Froy Garza, who became director of veterans. the El Paso VA Health Care System 367,953 outpatient last June, recently announced that a visits in fiscal year design and construction contract is 2022, with 253,854 projected to be awarded by early 2024 of those visits, and that construction is scheduled to or 69 percent, at begin by the fall of 2025.

Garza noted that the El Paso VA Garza system's patient load is projected to Also, more than 80 increase by ten percent over the next percent of the El five to 10 years. So, he asserted that it Paso VA system's is important to work on the expansion 1,400 employees now. He said that the current El Paso work at the main clinic, he said. VA Medical Center in North Central El Paso is over 28 years old and 492,995 square feet on multiple floors, community clinics are expected to be overcrowded.

according to Garza. He estimates that finalized by October, he added.

El Paso VA system is in the process of expanding two of its satellite clinics, Garza said. The East Side clinic, at 2400 Trawood Dr., is expanding from one to two floors, including adding its first urgent care center.

In Las Cruces, the current clinic is located at 3401 Del Rey Blvd. Plans are to build a second square-foot 10,000 clinic, but the location

has not yet been determined, Garza The new facility is planned to have stated. Expansion plans for both VA

Republicans can't run and hide on abortion

them power, fame, idealism, greed – and fear.

The last of these is not to be underestimated. It is a powerful, gut-level force that can strike the you'd expect after a longstanding national legal most loquacious politicians dumb and make the regime on abortion is lifted and the states are given most attention-hungry suddenly shy. It can cause the freedom to decide their own policies. There has officeholders or candidates to reverse field on a long-held position almost instantaneously and abase themselves however seems necessary to get different poles of the spectrum, and purple states to safety.

Republicans at the national level, right now, are scared. You can hear it in their silence on the issue of abortion after a district judge in Texas struck down the Food amd Drug Administration approval of the abortion pill mifepristone. That decision also came smaller than expected. immediately after Republicans lost a key race for a

Politicians are motivated by many things, among Supreme Court seat in Wisconsin to a progressive have jurist who ran, to a large extent, on abortion.

> Much of what has happened since Dobbs is what been a sorting out toward a new political and policy equilibrium, with red and blue states occupying up for grabs.

> The good news for Republicans is that there are more restrictions on abortion in place than at any time in the last 50 years, and they still took a majority in the House in last year's midterms, if

In Indiana and in much of the South, Republicans

passed sweeping abortion bans and paid no discerniblepolitical price for it.

But especially in Michigan and Wisconsin, the issue has been a debacle for the party, and it has suffered notable losses elsewhere.

THE

COLUMN

One lesson should be that Republicans can't just run and hide on an issue that has been of defining importance to their base and that Democrats are going to hammer them on regardless of how they try to minimize it.

Another is that outside of the Deep South,

See LOWRY, Page 7

Food for thought By Dr. Glenn Mollette

Love cares enough to try

Honesty is not always the person angry but chances are most loving path.

one or friend who is diabetic being honest. You don't have recommendations to someone but they eat crazy stuff every day from pizza to cookies to soda pop without regard for personal health. Is it best for you to treat them to treats You shouldn't get preachy containing white flour and because this runs most people continue on their negative their behavior seem remote hesitate to speak with them sugar every chance you can away. Simply preface your or to have a talk with them? Of course, you run the risk of friend. I care about you and hurting feelings or making the



easiest path but it's usually the they are going to die sooner than they should. It's best to Let's say you have a loved try to save the person's life by to cut the person's head off with a verbal assault or face slapping rhetoric.

Love doesn't attack people. remarks by saying, "I'm your your life. I want you to live a long time. However, if you don't stop eating what you eat all the time you are probably going to shorten your life." This could pertain to any negative activity or addiction.

Having serious conversations with people is not easy. We are all busy. We aren't close enough to most people to be this direct. Plus, we really have to care a lot

honest. We run the risk of the or evenly totally severed. The are very vulnerable to cancer, bottom line is do you care enough to be honest? Plus, unless you truly love the person and are willing to help the individual work through the issues.

path to self destruction. Fast or even impossible. Thus they food and unhealthy food items are unfortunately much more affordable. It's not cheap to eat healthy. It's not cheap to be sick either. Medical bills can pile up quickly. Trips to the doctor are expensive. Diabetic medications are expensive. Kidney issues result in dealth

about someone to be lovingly member is life changing.

Disease happens to us all friendship becoming strained in some way. These bodies diabetes and so on.

Chances are you may have don't ever start making life tried. Most likely you have have to really care a lot about talkedyourheadofftosomeone you love but they continue in their negative behavior. It seems many people under 50 can't fathom sickness or continue on their way.

in the mirror. We all wrestle be deadly, wouldn't you try? with our private and public Unfortunately, addictions and demons. Most of us know we mental illnesses are issues that aren't perfect and if we take a people seem to be afraid to serious inventory of our lives address. If someone you love and habits we realize we all was inside a burning building, come away short of perfection, for many Americans every year. this is especially true of me. I Funerals are expensive. Giving have lots of personal work to up a good friend or family do and it's all I can do to try feelings to save a life?

to do my own daily diagnosis and repair work. This is why we don't take the time to try to help others; we have enough problems of our own.

Therefore, this is why you someone to take the time to try to help the person.

If you had the gift of premonition and could keep someone from being killed It's easier to let people death. The consequences of in an accident you wouldn't about it. So, why, if you can help someone address personal Of course we all have to look issues/addictions that might most of us would risk our own lives to rush in and save them.

Why is it so hard to risk hurt

EXAS OUNT

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AD DEADLINE:

Friday 4 p.m. for the next Thursday.

CLASSIFIED RATES

\$15 for 25 words, \$20 for 40 words. Ad must be in writing and pre-paid. The West Texas County Courier reserves advertising it

Briefs From Page 1

- rated 40th in the report, ranking (1-Biggest Problem, 25 Avg.):
- 51st Share of Teenagers Who Used Illicit Drugs in the Past Month;
- 51st Share of Adults Who Used Illicit Drugs in the Past Month;
- 36th Opioid Pain Reliever Prescriptions
- per 100 People;
- 48th Drug Overdose Deaths per Capita;
- 31st Drug Arrests per Capita;

from monthly average starting salary for nurses to health-care facilities per capita to nursing-job openings per capita. Texas was rated 9th in the report, ranking (1=Best; 25=Avg.):

- 1st Monthly Avg. Starting Salary for Nurses (Adjusted for Cost of Living);
- 13th Nurses per Capita;
- 10th Average Annual Salary for Nurses (Adjusted for Cost of Living);
- 11th Projected Competition by 2030; and
- 16th Avg. Number of Work Hours.
- Visit https://wallethub.com/edu/best-states-

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LETTERS TO THE EDITOR:

Letters must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.

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15344 Werling Ct. Horizon City, TX 79928



• 50th – Share of Adults Who Couldn't Get Treatment for Illicit Drug Use in the Past Year: and

• 5th – Substance Abuse Treatment Facilities per 100,000 People (Age 12+) Using Illicit Drugs.

Visit https://wallethub.com/edu/drug-useby-state/35150 for the full report.

– Diana Polk

Nurses

National Nurses Week began May 6. With nurses having a mean annual wage of more than \$89,000, the personal-finance website WalletHub has released its report on 2023's Best & Worst States for Nurses, as well as expert commentary. In order to help new nursing graduates find the best markets for their profession, WalletHub compared the relative attractiveness of the 50 states across 20 key metrics. The data set ranges for-nurses/4041 for the full report – Diana Polk

In the doghouse

The question is what compelled the VIP Products company to make a dog toy resembling the iconic bottle of Jack Daniel's Tennessee sour mash. Whatever the connection is between a pooch and a bottle of booze, it riled the folks at Jack Daniels who took their case to the highest court in the land where U.S. Supreme Court Justice Samuel Alito posed the question, "Could any reasonable person think that Jack Daniel's had approved this use of the mark?" On the other hand, Justice Elena Kagan seemed to be leaning in favor of the plaintiff and against the toy maker when she commented, "Maybe I just have no sense of humor."

– John Grimaldi

EPCC students to conduct research in Texas, Honduras

By Jim Heiney Special to the Courier

EL PASO COUNTY - El Paso Community College (EPCC) students will be involved in hands on training programs this summer.

Luis Compean-Gallegos will be conducting scientific research at UT-Austin. Armando Baca. Jose Alberto Barraza, Genesis Ramirez, and Destiny Winters will be conducting research at UTEP. And maybe in the most adventurous program, Kimberly Dugdale and Mia Navarrete will be traveling to Roatan, Honduras. They will assist in research with the LSAMP Scuba Diving Program.

Dugdale and Navarrete will have the opportunity to collect data while scuba diving above coral reefs to explore marine environments and research coral health, coral disease, measurements.

the University of Texas at El for Minority Participation they are eligible to apply the to participate in different and critical thinking skills."



Phovo courtesv El Paso Community College

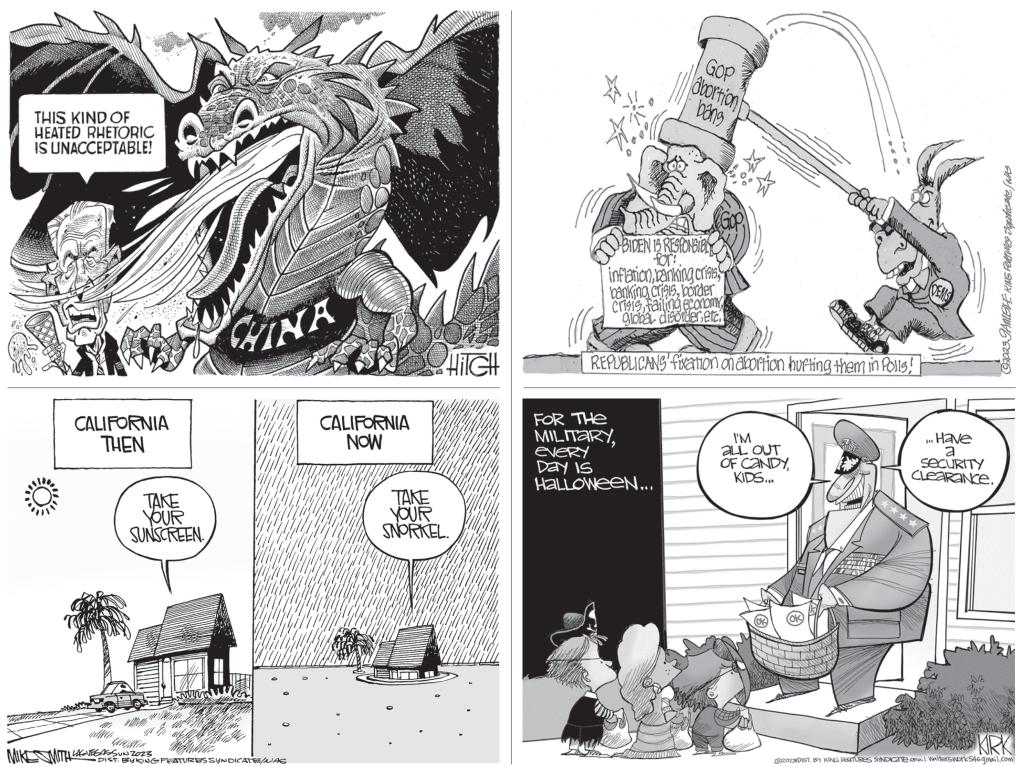
SUMMER PLANS - In the back row, from left, are Luis Compean-Gallegos, Armando Baca and Jose Alberto Barraza. In the front row, from left, are Destiny Winters, Mia Navarrete and Kimberly Dugdale. The students will participate in different research programs this summer.

concentrations in the water, to students to participate in allows students to perform internationally. and the development of undergraduate research every research and then present their EPCC's Dr. Karina Castillo the opportunity to network new sensors to make these summer at any University results during the LSAMP has been the EPCC Director with other scientists, to of Texas institution through Conference. Once the students since 2014. "Every summer perform hands-on research EPCC, in collaboration with the Louis Stokes Alliance participate in the program, EPCC students are selected and to develop oral, leadership

water quality, and nutrient Paso(UTEP), provides funding (LSAMP) Program. LSAMP following year to do research undergraduate

research projects. This program offers

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School districts name outstanding teachers, employee **Socorro ISD Canutillo ISD**



Arleen Parada

By Christie Flores-Jones Special to the Courier

Phillip Chase EL PASO COUNTY - The Socorro Independent School District proudly named its top two educators at its 2023

Teacher of the Year Gala on May 5 at the El Paso Convention Center.

Arleen Parada, a kindergarten teacher at Lujan-Chavez Middle School, was named the 2023 SISD Elementary Teacher of the year, and Phillip Chase, an eighth-grade science teacher at SSG Manuel R. Puentes Middle School, was named the 2023 SISD Secondary Teacher of the Year.

More than 1,200 SISD teachers, family members and special guests attended the Cinco de Mayo-themed celebration, which recognized the top two district winners along with all 49 campus teachers of the year, including the Elite 8 finalists.

Parada and Chase were selected as Teachers of the Year for their outstanding work inspiring their students to seize the many opportunities SISD offers for lifelong success.

Parada has taught at Lujan-Chavez for six years and is a UTEP Teacher Residency mentor. She dedicated her award to her 22 kinder stars. She said she was also honored to share the spotlight with the other Elite 8 nominees and all the other campus Teachers of the Year.

"I'm honored and humbled," Parada said. "Team SISD is amazing, and I can't wait to showcase the wonderful things that we do."

For more than 20 years, Chase has encouraged his students to make good decisions in life. During the awards ceremony, he said he ran into a former student who is now a teacher at Eastlake High School. He also recalled how his fellow Elite 8 nominee Eric J. Williams Jr. was also one of his students.

"The best thing about teaching is definitely the relationship



that I get with my students,' Chase said. "Being able to see them succeed and seeing their lives change so much in one year is the biggest reward that I can ever get as a teacher."

Outside the classroom, Chase coaches softball, track and baseball and helps with AVID and NHS.





Myla Dayrit

By Gustavo Reveles Special to the Courier

CANUTILLO Two teachers and a custodian were named the top employees of the Canutillo Independent School District last Friday during a first-of-its-kind ceremony at Canutillo High School that brought together 250 people to celebrate the work of teachers and auxiliary employees.

The District named Gerardo Amaya, assistant lead custodian at Davenport Elementary School, as the 2023-24 CISD Auxiliary Employee of the Year; Myla

Dayrit, fourth-grade teacher at Damian Elementary School, as 2023-24 CISD Elementary Teacher of the Year; and Bruce Hoang, French teacher at Canutillo High School, as the 2023-24 CISD Secondary Teacher of the Year.

"Mr. Amaya, Ms. Dayrit and Mr. Hoang represent the best of the best among our nearly 1,000 employees here in Canutillo ISD," said Superintendent Dr. Pedro Galaviz. "They represent the holistic commitment to education each and every employee of the District has made. From our classroom teachers to our hourly employees, we all play a key role in educating the children of our community."

Anaya is a 14-year veteran of the District and plays a critical role in keeping Davenport clean and ready for instruction. His peers selected him as the top employee of the year because of his willingness to help beyond his outlined job duties.

Dayrit is a native of the Philippines who has 33 years of experience as a teacher both in her home country and here in Texas. She finds effective lesson creation in the form of rigorous, purposeful and innovative engagement with students. Hoang is a native of Vietnam who has taught for 18 years. As a foreign language teacher, he understands the importance of opening up lines of communication and better understanding of cultures to young students. The winners were announced at a ceremony that honored 10 other hourly employees as finalists for the Auxiliary Employee of the Year. Additionally, nine other teachers were named finalists for their corresponding Teacher of the Year category. Winners were selected by a panel of judges based on one-onone interviews and letters of recommendation. As the newly crowned district teachers of the year, Dayrit and Hoang will represent Canutillo ISD at the Region 19 Teacher of the Year contest for a chance to represent El Paso at the Texas State Teacher of the Year contest.



May 11, 2023

By Lucie Winborne

Pixar required its entire staff to take a graduate-level ichthyology (the branch of zoology that studies fish) class to help improve the authenticity of "Finding Nemo."

 Television inventor Philo Farnsworth got the idea for how the medium would work when he was just 14 -- and while plowing potatoes. He built the first working prototype seven years later, but died at 64 in relative obscurity due to a series of legal battles.

 A 20-year-old gallon of McDonald's McJordan BBQ Sauce sold for \$10,000 simply because it had Michael Jordan's name on it.

 A lobster's brain is located in its throat, its nervous system in its abdomen, its teeth in its stomach, and its kidneys in its head! It also hears using its legs, tastes with its feet, and tends to favor one front limb, meaning it can be right-clawed or leftclawed.

· After the Comstock Laws banned birth control in 1873, the makers of Trojan condoms found a way around that restriction by selling the prophylactics as a protection against STDs.

· Queen is the only band in which each member individually wrote more than one No. 1 hit.

 In North Korea, anyone who cuts down trees or starts a forest fire in protected areas could face the death penalty.

· When Joseph Stalin's first wife died, he said: "This creature softened my heart of stone. She died, and with her died my last warm feelings for humanity." He would go on to execute her brother, her sister and her cousin.



Bruce Hoang

EL PASO COUNTY HOUSING AUTHORITY

Public Notice Section 8 Wait List

The El Paso County Housing Authority will be applications accepting for the Housing Choice Voucher Program (Section 8) Rental Assistance Wait List on Tuesday, May 30, 2023 ONLY from 8:00 a.m. to 11:30 a.m. All applicants must apply in person at 650 NE G. Ave., Fabens, TX 79838. NO EXCEPTIONS.

FOR INFORMATION ONLY,

call the office at

(915) 764-3559.



WTCC: 05-11-23

Both winners received a glass sculpture in the shape of a flame, which represents the energy and fire of curiosity that every student possesses. This beautifulawardcommemorates SISD's teachers' unwavering commitment as keepers of the flame.

The Teacher of the Year award is among the highest honors that an educator can receive. Winners proceed to the regional level, and they have the opportunity to advance to state. Parada and Chase will represent Team SISD at the Region 19 Teacher of the Year program in the summer.

To Advertise Call 852-3235 Archives: www.wtxcc.com

· No one actually "won" the war of 1812.

• A snake's heart can move around its body to protect it from harm when the snake has eaten a large prey.

· Chicago was raised over 4 feet with screw jacks in the 19th century in order to install the U.S.'s first sewer system.

Thought for the Day: "It is better to fail in originality than to succeed in imitation." -- Herman Melville

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• On May 8, 1912, Adolph Zukor founded the Famous Players Film Company, now known as Paramount Pictures. With partners Daniel and Charles Frohman, he planned to offer feature-length films that would appeal to the middle class. The company's first film was "Les Amours de la Reine Elisabeth," and starred Sarah Bernhardt.

 OnMay9, 1926, Commander Richard E. Byrd announced that he and his copilot, Floyd Bennett, had made the first flight over the North Pole in Byrd's Fokker tri-motor airplane, the Josephine Ford. While Byrd's navigational records were verified by the U.S. Navy and a committee of the National Geographic Society, some skepticism still remains about the claim.

• On May 10, 1994, serial killer Jeffrey Dahmer was baptized by Roy Ratcliff while in prison at Columbia Correctional Institution in Wisconsin, in a whirlpool type of tub normally used for inmates with back issues. Ratcliff continued to meet weekly with Dahmer until the latter's death at the hands of another prisoner.

On May 11, 1978, Margaret

to

to

all

These

preparation

preliminary

Town of Anthony,

A. Brewer became the first female general in the U.S. Marine Corps. Because the Marines did not allow women to achieve such a rank at the time, President Jimmy Carter made a special nomination on her behalf to the grade of brigadier general, which was approved by both houses of Congress.

 On May 12, 1921, National Hospital Day was first observed on what would have been Florence Nightingale's 101st birthday. Originally a one-day holiday, it turned into a week-long event to educate the public about medical care.

• On May 13, 1983, right fielder Reggie Jackson became the first major league baseball player to strike out 2,000 times. He would eventually retire with a total of 2,597 strikeouts and was inducted into the National Baseball Hall of Fame in 1993.

• On May 14, 1796, Edward Jenner, an English country doctor, gave the first vaccination against smallpox to 8-year-old James Phipps. While he did not discover vaccination, he was the first person to confer scientific status on the procedure and to pursue its scientific investigation. His work is widely considered the foundation of immunology.

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Public Notice / Aviso al Público **Canutillo Independent School District**

Summer Meal Program 2023/ Programa de Servicio de Alimentos para el Verano 2023

Canutillo Independent School District is participating in the Seamless Summer Option. Meals will be provided to all children 18 and under without charge and are the same for all children regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the bellow school sites, dates and times as follows:

Distrito escolar Independiente de Canutillo está participando en el Programa de Servicios Alimentos de Verano. Las comidas se proporcionará a todos los niños de menos 18 años sin cargo y por igual a todos los niños sin importar raza, color, origen nacional, sexo, edad o discapacidad, y no habrá ningún tipo de discriminación en el servicio de comida. Las comidas se proporcionará en los sitios y horarios siguientes:

<u>Campus/Facility</u> <u>Campus/Instalaciones</u>	<u>Address</u> <u>Dirección</u>	<u>Dates (weekdays only)</u> Fechas (Sólo los días laborables)
Canutillo High School	6675 South Desert Blvd.	June 5 – June 30 / M-F
Northwest Early College HS	6701 South Desert Blvd.	May 30 – June 9 / M-Th
Aldrete Middle School	801 Talbot Rd.	June 5 – June 15 / M-Th
Canutillo Elementary School	651 Canutillo Ave.	June 5 – June 15 / M-Th
Garcia Elementary School	6550 Westside Dr.	June 5 – June 15 / M-Th

Contact your school for serving times. / Contactar su escuela para horas de servicio. Dates and times may be extended by the District. / Fechas y tiempos puede ser extendido por el distrito.

To file a complaint of discrimination, write or call immediately to: Para presentar una queja sobre discriminación, escriba o llame inmediatamente a:

> USDA, Director, Office of Adjudication 1400 Independence Avenue S.W. Washington, D.C. 20250-9410

Or call toll free (800) 795-3272 or (202) 720-6382 (TTY) USDA is an equal opportunity provider and employer.

O llamar gratis al (800) 795-3272 o (202) 720-6382 (TTY) USDA es un proveedor de igualdad de oportunidades y el empleador. WTCC: 05-11-23

LEGALS

Town of Anthony, TX **Public Notice**

United States Department of Agriculture (USDA) **Request For** Qualifications

The Anthony, Police Texas Department has \$1.925 secured million in the Community Project construction of a Police Department

Texas is seeking contract a thumb drive OR with a qualified submit 1 copies Engineering/ of your SOQ of Architectural/ services to the Surveying Firm(s) following address: (individual/firm) Attn: Valerie M. Armendariz. prepare all and Wildcat final design plans Anthony, and specifications, 79821. SOQs must be received by the and to conduct Town of Anthony. necessarv interim and final Texas no later inspections. than 12:00 PM on services Friday, May 22, 2023. are being solicited to assist the Town of Anthony, Texas Monday, May 22, Funding for the in its application 2023 Regular Town

your SOQ to the Town of Anthony, address below on Texas will select the most highly qualified provider of those services on the basis of demonstrated competence and 401 qualifications then Drive attempttonegotiate Texas with that provider a contract at a fair and reasonable price. The Town Anthony is Affirmative Action/ Equal Opportunity Employer

Council meeting at 5.30pm the town

Classified Ads

Number #2022-0890 Adults and Youth United Development Association (AYUDA) Inc. is a recipient of El Paso County/(CSLFRF)/ Colonias Resiliency Program. AYUDA will accept proposals of from an an Evaluator that should conduct a comprehensive needs assessment survey and should Valerie M. also

Contract

AYUDA Inc. 1325 Beverly Ann, San Elizario, TX 79849. Submitted Packets proposals have El County #2022-0890 left-hand side of the envelope. A public opening of the packets will take place on May 10 2023 at 3.00 p.m. at the office of AYUDA phone identify (915) 851-0272. strenaths

or proposals can years of experience be picked up from conducting and delivered to evaluations and data collection methods. Strong analytical skills and ability to synthesize Bid complex data. or AYUDA has a must conflict of interest in

Paso Contract procedure accordance with on 92356. 24CFR AYUDA has a Bidders Protest Rights Procedure. AYUDA reserves the right to reject any bids or to waive any informality in the bidding.

NOTICE AYUDA, Inc. Invitation to Bid Contract Number #2022-0890

Bid

79849.

Packets

County

Adults and Youth United Development Association (AYUDA) Inc. is a recipient of El Paso County/(CSLFRF)/ left hand side of Colonias the envelope. A Resiliency public opening of the packets will Program. AYUDA will accept take place on May

a.m. to 1:00 p.m. national origin, age, packets or sexual orientation, disability. proposals can or bepicked The Software up fromand delivered Developer must be to AYUDA Inc. certified and have 1325 Beverly Ann, at least 5 years San Elizario, TX experience of developing evaluating and Submitted Bid surverys. or proposals must AYUDA has a have FI conflict of interest Paso procedure Contract #2022-0890 accordance on written on the lower 24CFR 92356.

AYUDA

Bidders

Rights Procedure.

AYUDA reserves

the right to reject

in

with

has a

Protest

Police Department,	and project	5:30pm, the town	Armendariz	any strengths,			proposals from	10, 2023 at 3:00	any bids or to waive
Municipal Court	implementation of	will be making	Town Clerk	weaknesses,	The Evaluator	Adults and	Qualified Software	p.m. at the office	any informality in
and Emergency	a USDA contract, if	the selection. The		opportunities and	must ensure that	Youth United	Developer to	of AYUDA phone	the bidding.
Shelter Facility in	awarded,tosupport	negotiation of	WTCC: 05-11-23	threats that exist	employees and	Development	create a survey and	(915) 851-0272.	
Anthony, Texas.	eligible activities	the contract will		within the program	applicants are	Association Inc.	collect information		Adults and
The Anthony,	in Anthony,	be approved and		and the services	not discriminated	is an Affirmative	as evaluate the	The Software	Youth United
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CryptoQuip
Answer

Bovine leather that has been somewhat mixed with metal to give it more strength: iron oxhide.

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Draft, trades, make for a great 2023 NFL season

By Steve Escajeda Special to the Courier

One of the most important things anyone can do in this world is plan for the future. Some do it well and are don't prepare very well and their future is a constant struggle.

The National Football League's Lamar Jackson. version of planning for the future is the NFL Draft, which was held last quarterbacks chosen with the first two week.

And as is always the case, some teams did an outstanding job and some have years of struggling ahead Texans) are good enough to make of them.

This is not going to make Dallas Cowboys fans very happy, but it appears that the team that did the best planning was the Philadelphia Eagles.

league that help themselves the most the Indianapolis Colts used the fourth through the draft, not a team that just pick in the draft to select Richardson. played in the Super Bowl.

But the Eagles picked up who may be the best defensive player in the draft, DT Jalen Carter.

Carter comes with a lot of baggage. He was arrested and booked back in March for reckless driving for a car crash in January stemming from racing. In that incident, a fellow Georgia football player and a staffer were killed in another vehicle. Carter pleaded no contest to the charges and was placed on probation.

The Eagles also picked up highly regarded Georgia linebacker Nolan Smith. They traded for talented Detroit Lions running back D'Andre Swift. They resigned both their quarterbacks - Jalen Hurts and Marcus Mariota.

While the Cowboys didn't have

Send Your Newsbrief To: wtxcc@wtxcc.com

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56 Like many tiny

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Fuerstenberg

headphones

59 Oomph

baseballer?

63 Gold lumps

65 Money owed

by a Washington

coerce)

an outstanding day. But the two picked until the second round by the interesting picks they did have were 6-foot-3, 337-pound defensive tackle Mazi Smith, and 5-foot-6, 175-pound regret that pick and that the Titans got there will be some old faces wearing running back Deuce Vaughn. Both are a steal. expected to make an impact.

Two teams finally better off for years to come. Others quarterback situations in order. The New York Jets signed Aaron Rodgers and the Baltimore Ravens resigned

> And then there are the two picks of the draft. It's still a mystery whether Bryce Young (Carolina Panthers) and C.J. Stroud (Houston immediate impacts.

Two other quarterback picks – Anthony Richardson (Texas A&M) and Will Levis (Kentucky) – raised some eyebrows. Levis was expected Usually, it's the worst teams in the to be chosen before Richardson. But

For some reason Levis wasn't Jared Goff in a couple years.

Tennessee Titans.

I have a feeling that the Colts will

Aside from the Eagles, the Seattle got their Seahawks had a great draft. They selected Illinois defensive back Devon Witherspoon, Ohio State wide receiver Jaxon Smith-Njigba and UCLA running back Zach Charbonnet.

> One interesting note is that three of the first four picks in the draft were quarterbacks. Other than Levis being selected second in the second round, no other quarterbacks were taken in the first two rounds. That means only four of the first 64 players drafted were quarterbacks.

> The next QB to hear his name called was third-round selection Hendon Hooker out of Tennessee. And I think might end up being the best of all of

After all the draft choices and all the trades during the offseason, it's still the quarterbacks who rule the NFL. And new helmets this coming season.

How much will Aaron Rodgers do for the New York Jets? Remember, this team had everything last season – except a good quarterback. The Jets are now an instant contender for a Super Bowl appearance just like Tampa Bay was when Tom Brady went there.

Fans will see Jimmy Garoppolo with the Las Vegas Raiders, Jordan Love taking over for Rodgers in Green Bay and Derek Carr, now leading the New Orleans Saints.

Those first three drafted quarterbacks - Young, Stroud and Richardson - are all expected to start at the beginning of the season. They are all expected to struggle – which is natural.

But their respective teams, the them. The Detroit Lions may have Panthers, Texans and Colts aren't stolen a gem that may take over for worried about right now - they're planning for the future.

Senior moment By Matilda Charles

Why are seniors targeted for scams?

scammers, and it's gotten worse every year. The 60-69 to send money right away. We're upset, and we do. But age group was bad enough, but the dollar losses rose even the emotional pleas for money don't end there. Romance more after age 70, and much more after age 80.

Why are we targeted?

The thieves believe two things about us: We're all rich and have great credit, having worked our whole lives, and, such as the IRS, who frighten us into paying money, raise worst of all, that we won't tell anyone if we lose money to our emotions as well. them. Those two things alone make us constant targets.

All scammers have to do to turn us into victims, according to a study by Stanford and AARP, is raise our cost prescriptions, charities, tech repair, cemetery debts, emotions. Whether happiness or anger, it doesn't matter, romance, reverse mortgage, help signing up for Medicare, because either will push us to hand over our information auto warranties... or our money.

For example, scammers will say we've won a big prize, like the lottery, but to claim that prize we need to send them processing fees in advance. We think about that prize and our good sense goes out the window.

In one year alone, seniors lost over \$3 billion to pretending to be a grandchild in trouble. We're asked scams are huge, and too many lonely seniors send cash to their new love without questioning it.

Scammers who pretend to be from the government,

The list of scams directed at the elderly is nearly endless: investments, lottery wins, IRS tax bills, low-

Beware. If you allow yourself to be scammed once, they will be back, because you'll be on a list of people who can be fooled.

Emotions come into play when a scammer calls

72 Clumsy_ox

73 Skipjack, e.g.

75 Grain in ale

airline

76 South Korean

77 Confidential

84 Old TV part

81 Koch and Asner

83 Always, in odes

85 Letters after Sen.

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Super Crossword



22 Ant-Man's partner in a 2018 superhero film 23 Oakland baseballer's footwear? clothing brand) 25 Boarded, as a train 26 Langston Hughes poem 75 Enormous 27 Stuff hitting an umbrella 28 Fa-la linkup 80 Taunt 29 Coop female 30 Calamari prepared by a San Francisco briefly baseballer? 85 Cincinnati 34 Atlanta baseballer's collection candy? of Kia cars? 38 Son of Isaac 39 Watch slyly confesses? 41 _ Park (home of Edison) Ringo 42 Attys.' gp. 45 "Scorpio" co-star brand Delon 48 Chicago baseballer moonlighting as a Roddick journalist? 98 Pixar's lost 51 Detroit swimmer baseballer's Easter flowers? 54 Vaping item topper?

TWELVE OF

DIAMONDS

ACROSS

1 "_ Sharkey" ('70s

4 Winter bug

7 Corn. to Brits

12 SoCal daily paper

19 Mammal with a

black mask

21 Cook's wear

sitcom)

68 Tether adam reel activity? 69 Actor Quinn 121 Web page for 70 OshKosh (kids aficionados 122 Figure skating 71 What a Minnesota leaps baseballer sleeps on? 123 Sideways 124 Felt hats 78 Latin "to be" 125 Dog strap 79 Litigious sorts 126 Single bill 127 "Nuts" actor 82 Article in Ulm Wallach 84 Pioneer Boone, DOWN 1 Jenny with a diet baseballer's chewy plan 2 Singer LaBelle 3 Women's golf star 87 Something a St. Louis baseballer Lorena 4 Enemy 93 "Oh My My" singer 5 Filming locale 6 Bi- minus one 94 Ending with cash 7 Member of a 95 Kitchen range Kenyan tribe 8 Plant pests 96 Warhol and 9 "Fe" element 10 Saldana of "Guess Who" 11 Type widths 100 Kansas City 12 No. 2 in a baseballer's toast statehouse 13 Burn _ in one's

103 Pennant won by a

Pittsburgh baseballer?

110 Right-angled pipe

109 President pro_

111 Sleek, in brief

112 1993 Nobelist

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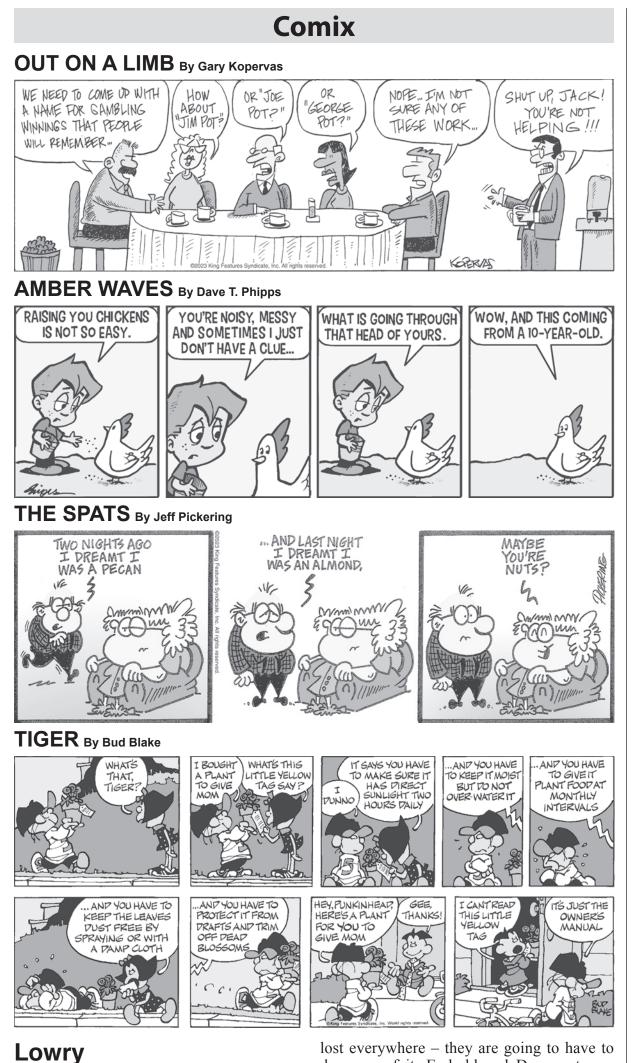
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28 Riviera reson 31 Old autocrat 32 _ Mae (loan offerer) 33 Charmingly oldfashioned 34 Sch. in Provo 35 Pilfer from 36 Smelly city air 37 Atop, in odes 40 Old IBM products 42 Noshed on 43 The top story 44 Rabbitlike rodents 46 Lands in eau 47 Actress Vardalos 49 MBA subj. 50 colada 52 Motor 53 Some Muppet dolls 57 Just one little bite 58 Tin Tin 59 More antsy 60 10th-century pope 61 Lack 62 Final degree 64 Sparkly rock 66 Spots on TV 67 16-oz. units 68 Numbered rd. 69 Pt. of ETA

Javits' name 86 "It's either you _!" 87 Haul away 88 One-celled organisms 89 Actor Burr 90 Genetic stuff 91 Skit show since '75 92 Mount _ (Charley Weaver's home) 97 Hexes 99 "King _ Hill" 101 Volkswagen model 102 Somebody _ problem 104 From Erin 105 Actor Ely 106 French river 107 Record of a single year 108 2003 Ben Affleck flop 111 Field of study 114 Propyl lead-in 115 Tristan's title 116 Bad, to Luc 117 Hatchet, e.g. 118 "Alice" spinoff 119 Holm of film 120 Holy Mlle. Answer Page 5

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From Page 2

complete bans can't be defended politically,

do more of it. Emboldened Democrats are getting referenda on the ballot in a number of red states over the next two years. A signature battle will be a vote to write abortion rights

Does breast cancer risk demand yearly MRI?

DEAR DR. ROACH: Due to a slight genetic risk of breast cancer (my Tyrer-Cuzick Model score was 20.6%), my doctor

wants me to get breast MRIs with contrast annually. I am concerned about long-term exposure to the gadolinium-based contrast dye. I've learned that this heavy metal is considered safe, but traces of it can be stored in the brain and other body tissues. I am 49 and in very good health. I also get mammograms annually. I



consulted my doctor about spacing out my MRIs every two to three years, but he said I should have an MRI every year. So I could be getting these MRIs for the next 35 or so years. Do the benefits of contrast dye outweigh the harm in a person with my health profile? -S.A.

I'm afraid I don't have a good answer for you. It is true that most authorities recommend an intensive breast cancer surveillance program for women at a high risk of breast cancer, in the range of a 20% to 25% lifetime risk. (The average risk for developing breast cancer for a woman born today is estimated to be about 13%.)

The Tyrer-Cuzick model of estimating breast cancer risk tends to give higher estimates than the other commonly used models, such as the BRCAPRO. Other models may not put you over the threshold for intensive screening with MRIs, which is usually combined with mammograms.

The question about gadolinium (the chemical element used in the contrast dye for MRIs) is important because some people do store gadolinium in various tissues, including the brain, but the clinical significance of this is unknown. (People with kidney disease can develop a skin disease due to gadolinium, so they aren't recommended to have MRIs with gadolinium.)

Although gadolinium can stay in the body for months or years, there has been no evidence of harm from gadolinium in brain tissue, despite these agents having been used for many years. Some agents have less retention than others. The U.S. FDA has mandated patient guides for these contrast agents, which relay the information above.

Given that there is a probable benefit to intensive screening for breast cancer in your case due to your high genetic risk, and no more than a theoretical risk from gadolinium, I believe that the benefits outweigh the risks, but I can't say that with complete certainty.

DEAR DR. ROACH: A friend gave me a hemp product to try on the quite painful arthritis in my fingers, which affects my ability to enjoy golf. I was reluctant to try it, but for the last two weeks, I've used it topically on my fingers and have been pleasantly surprised by a significant reduction in pain and an improvement in flexibility. One of your recent columns mentions Voltaren, which I have also used, but without as much relief. Can you comment on CBD as an alternative treatment for arthritis? – P.H.A.

and the traditional exceptions for rape, incest into the state constitution in Ohio later this and life of the mother are essential.

The Michigan and Wisconsin disasters will be on the strength of arguments that the stemmed from sweeping prohibitions that no one would have written in the post-Dobbs environment. Michigan had a 1931 law still on abortion regime. the books, and Wisconsin's dated from 1849.

restrictions that go as far as a state's voters are willing to accept, and no further. This will require keen political judgment and shrewd tactics, both of which are hard to muster in the Dobbs context when the politics were easier, midst of a panic.

The other obvious imperative for the GOP is restrictions in place. to try to focus attention on the extremism of the Democratic maximalist position on abortion, which is out of step with public opinion (Gallup finds that only 35% of people say considered action. abortion should be legal with no restrictions).

While the Republican record fighting ballot measures to guarantee access to abortion is Rich Lowry is editor of the National Review. dreadful in the post-Dobbs era – they've (c) 2023 by King Features Synd., Inc.

year. If opponents defeat the measure, it amendment will make parental consent laws impossible and go further than the pre-Dobbs

Make no mistake: In many places, Republicans should be pushing for Republicans are simply seeking to neutralize the Democratic political advantage on the issue and fight to a draw. If this is unsatisfying and discomfiting, it's still better than the prebut it was impossible to get any meaningful

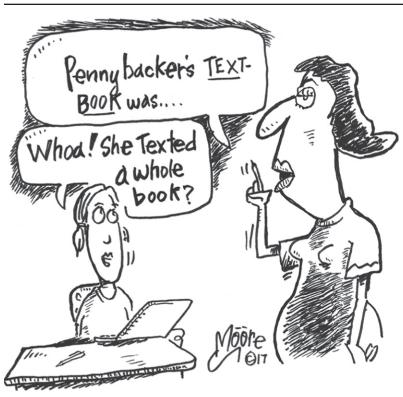
> If there's one thing that should be clear, it's that fear – no matter how natural or visceral - is no substitute for careful thought and

There are animal studies suggesting benefit from oral cannabidiol, a component of cannabis (hemp) that has no psychoactive component (it's the THC in cannabis that gets people "high"). I found some small studies showing pain relief from topical CBD in people with neuropathy, but not for arthritis. Several people, like you, have written to me with reports of pain relief.

Topical CBD is probably very safe. Even oral CBD should be safe, but studies have found that many products labeled CBD have trace, or more than trace, amounts of THC, enough to make a urine test positive for cannabis.

Until there is some evidence of effectiveness, I can't recommend it, but people can try it based on safety and anecdotal reports.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2023 North America Synd., Inc. All Rights Reserved.



Moore Texas by Roger MOORE May 7, 1861: Anna Pennybacker is born. She would write the textbook used for decades - The New History of Texas.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: K equals L

PIJZMB KBSDRBL DRSD RSW

PBBM WIXBERSD XZABO EZDR

XBDSK DI FZJB ZD XILB

WDLBMFDR: ZLIM IARZOB.

Answer Page 5

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Weekly SUDOKU



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Native American veterans



by Freddy Groves

The Department American weeks ago it was reduced Exemption. mortgage interest rates for per the Indian Health Care degree care.

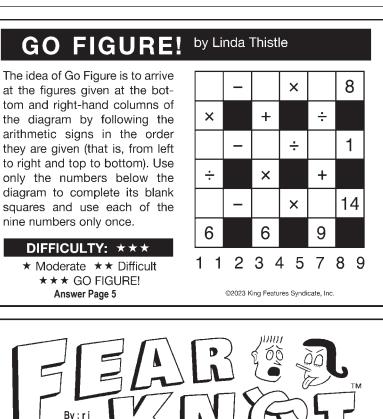
it's retroactive: Starting last unmet health needs. year, on Jan. 5, 2022, any and be reimbursed.

exemption you need to be an American Indian or Alaska Native Veteran, provide a copy of an official tribal document at 800-698-2411, the MyVA showing that you meet the number that's answered eligibility of of the Indian Health Care dozen different topics, from Veterans Affairs is moving Improvement Act and submit benefits to cemeteries to a forward toward its goal a Tribal Documentation Form of ensuring that Native (VAForm10-334). That form is veterans also known as Documentation receive the benefits they of Indian or Urban Indian should be getting. Two Status for Veteran Copayment

Pay special attention to Native Americans, native the government's definition Hawaiians, Alaska Natives of "Indian." It involves and Pacific Islanders. Now, being a first- or seconddescendant of Improvement Act, it's a certain groups, and you waiver on having to pay a must live in an urban copay for VA health care center, which includes the services and urgent medical department of Health and Human Services' definition Besides taking affect now, of an Indian population with

If you're not yet signed up eligible American Indian for VA health care, this might and Alaska Native Veteran be the time to do it and have who's received care and that, plus the question of paid a copay can go back your copays, out of the way. In a medical emergency, you There are details, of don't want to have to think

course. To be eligible for about what you're going to



do or where you're going to go. And if you've paid out several copays since Jan. 5 of last year, you stand to be reimbursed if you're eligible for the American Indian exemption.

Confused yet? There's help requirements 24/7 with assistance on a crisis line.

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· Make children's pills easier to swallow by crushing them and putting them in a bit of jelly or applesauce. Make sure, especially if it's a prescription medicine. that it can be crushed. - U.L. in Minnesota

· To keep kids from running into a closed sliding-glass door, cut out a small picture of something that's brightly colored, "laminate" it by taping it across both sides, then tape it to the door at children's eye level. - E.R. in New York

· Painting season is in full swing at my house, and here are my two favorite painting tips: One is to lightly soap the windows (glass only) and let it dry. Any paint splatters will land on the soap, which can be easily wiped away when the paint is all dry. The other is to give locks, hinges and doorknobs a light coat of petroleum jelly. It works the same way, and when polished away, it leaves a nice shine to hardware.

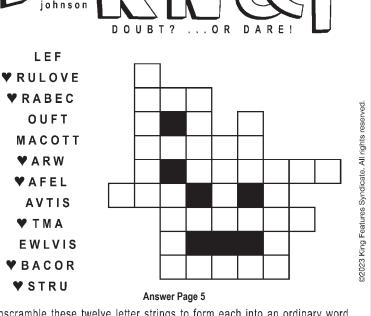
 Here's a great spring facial: Split an avocado, mash half of it and use it as a mask. Let sit for up to five minutes, then rinse away with warm water.

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK:

♦ Moderate ♦ ♦ Challenging ♦ ♦ HOO BOY! Answer Page 5





Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (V) letter string as each unscrambles into more than one word (ex. **VRATHE** becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

• Cleaning windows? Use a nylon net scrubbie from the kitchen to get rid of bugs from screens. It also works really well to scrub bugs off the car grille or car window.

• Here's a great tip you can use when parallel parking in front of a storefront. Check the reflection to see if it looks like there's room when backing in or pulling forward. – O.W. in California

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2023 King Features Synd., Inc.