



NEWSBRIEFS

Nominated

The Canutillo Independent School District is a nominee for the Secretary of Defense Employee Support Freedom Award recognizing employers who have gone above and beyond in its support of military guard and the reservists. Representatives with the Employer Support of the Guard and Reserve (ESGR) on Friday visited Canutillo to personally deliver the news of the nomination to Superintendent Dr. Pedro Galaviz. ESGR is the lead U.S. Defense Department program promoting cooperation and understanding between civilian employers and their National Guard and Reserve employees. "It's an honor to be recognized for the efforts we promote in support of the men and women of Canutillo ISD who have made a commitment to not just the children of our community, but also the armed forces of the United States," Galaviz said. "This award comes to us for what we know is the human and right thing to do: to take care of our own."

— Gustavo Reveles

Trendy astronauts

American astronauts will soon get a newer, more chic look in their new spacesuits in time for NASA's much anticipated Artemis 3 moon mission in 2025. More important, the suits will be more comfortable and will allow astronauts to dress themselves. "This is going to be much more flexible suit. The range of motion is really going to improve the astronauts' ability to do all the tasks they're going to do when out exploring on the lunar surface," Peggy Whitson, a former NASA astronaut who is part of the Axiom Space, Inc. team. Prototypes of the spacesuits — the first new suits in more than 50 years — were recently displayed bearing black, blue and orange "to conceal the suit's proprietary design." The actual suits will be all white to reflect heat and keep modern day moonwalkers cool.

— John Grimaldi

A very big pizza pie

In 2012 Italian pizza chefs set the record for the largest pizza known to man — a very hungry man,

See BRIEFS, Page 4

Will our brains start shrinking now that machines do all of our thinking?

— Quips & Quotes

Burges HS grad is chief federal law enforcement officer for West Texas

By Alfredo Vasquez
Special to the Courier

WEST TEXAS — Jaime Esparza, who was born and raised in El Paso and a 1975 graduate of Burges High School, is now the United States Attorney for the Western District of Texas. That makes him the chief federal law enforcement officer for West Texas.

As an U.S. Attorney, Esparza will be one of the nation's principal litigators under the direction of the Attorney General of the United States. U.S. attorneys are appointed by the president with the advice and consent of the senate. Presently, there are ninety-three attorneys serving throughout the U.S. and its territories. Each attorney is responsible for a specific judicial district. The Western District of Texas, which is one of four federal judicial districts in Texas, is among the largest in the country.

Esparza is now responsible for coordinating multi-agency investigations which involve federal, state and local law enforcement agencies, as well as for a wide variety of prosecutions consistent with the priorities set by the U.S. Attorney General's office. Also, Esparza will have wide discretion in the use of resources to meet the needs of the communities in the Western district. However, he will never act as an attorney for individuals in their private legal affairs or lawsuits.

Esparza was nominated by President Joe Biden in October 2022 and by that December the U.S. Senate had

confirmed him. Esparza comes into the job after recently ending a 28-year tenure as El Paso County District Attorney. He served as the district attorney for the 34th Judicial District of Texas, which includes El Paso, Hudspeth and Culberson counties, from 1993 to 2020.

Esparza, 66, began his legal career as a state prosecutor in the Harris County District Attorney's Office in Houston in 1983. He came back home to El Paso in 1987 to work as the trial team chief for the El Paso County District Attorney's Office. The next year, Esparza became El Paso's first assistant public defender, a position he held until 1991. He then moved into private practice to handle civil and criminal cases.

In 1993, Esparza challenged longtime El Paso County District Attorney Steve Simmons for the seat. He beat Simmons, who had held the position for more than 20 years, in a landslide victory in the Democratic Party primary. Esparza won the primary with 70 percent of the votes. There was no Republican challenger that year.

Esparza was formally sworn-in to his new attorney for West Texas position in April. The investiture ceremony was conducted at the Albert Armendariz Sr. U.S. Courthouse in Downtown El Paso. Esparza was sworn-in by Chief U.S. Judge for the Western District of Texas Alia Moses.

Texas Republican Senator John Cornyn and El Paso's Congresswoman Rep. Veronica Escobar spoke at the ceremony. Other dignitaries in attendance included El Paso Catholic



— Photo courtesy U.S. Department of Justice

ACHIEVER — Jaime Esparza, above, is the new United States Attorney for the Western District of Texas. He was born in El Paso and graduated in 1975 from Burges High School. In 1979, he received a Bachelor of Business Administration degree from the University of Texas at Austin; and by 1983, he had earned his law degree from the University of Houston Law Center.

Diocese's Monsignor Arturo J. Bañuelas and local poet and writer Benjamin Alire Sáenz.

After the senate confirmation, Escobar stated, "I am proud... that El Pasoan Jaime Esparza has been officially confirmed as the U.S.

See ESPARZA, Page 4

Canutillo teachers get 5 percent salary increase

By Gustavo Reveles
Special to the Courier

CANUTILLO — The Canutillo Independent School District Board of Trustees on Tuesday night approved a compensation package for the 2023-24 school year that includes a 5 percent salary increase for teachers and a 3 percent pay hike for all other employees.

Under the approved plan, which goes into effect in July, starting salary for teachers with zero years of experience increases to \$60,000 — a \$4,000 increase from the current pay structure.

"We are happy to be able to provide this compensation package despite some of the financial uncertainties that Canutillo and other districts in Texas are currently facing," said Superintendent Dr. Pedro Galaviz. "Our school board understands that in order to remain competitive in this market and retain and attract the best employees, we must do whatever we

can to provide salaries that make an impact."

Canutillo ISD has offered salary increases for its employees for several consecutive years.

Trustees on Tuesday also approved higher minimum salaries for school bus drivers, who will now earn \$22 an hour. The District is currently experiencing a shortage of bus drivers and must compete with neighboring districts to attract candidates.

Also included in the compensation package are:

- An increase of the minimum hourly wage to \$15;
- A \$500 increase to the bilingual education certification stipend to \$2,500;
- Stipend increases for varsity coaches in baseball, softball, volleyball and track; and
- An alignment of salary midpoints to the El Paso market.

The total cost of the compensation package to the District is \$3.6 million.

Visit the CISD Jobline at www.canutillo-isd.org to view all job listings in the District and apply for employment.



— Photo courtesy Canutillo ISD

Dr. Pedro Galaviz

The absurd 14th Amendment option on the debt

The position of the White House on the debt limit may be shifting from, “President Joe Biden doesn’t want to compromise,” to “President Joe Biden doesn’t have to compromise under the U.S. Constitution.”

The heretofore fringe idea that Section 4 of the 14th Amendment empowers the president to keep borrowing and spending as usual even if the debt limit isn’t extended is getting a respectful hearing.

Back in January, the U.S. reached the current debt limit of \$31.4 trillion, which – surprise, surprise – wasn’t nearly enough. The Treasury Department has been using “extraordinary measures” to this point to avoid hitting the wall but will exhaust its running room around the beginning of June.

The looming deadline has concentrated the minds of the White House and its allies – not on how to

cut a deal, but how to find a fig leaf of legitimacy for Biden engaging in his most flagrant abuse of his authority to date. He’d simply ignore the debt limit as a supposedly unconstitutional infringement on his obligation to honor our debts.

“Is the Debt Limit Constitutional?” read a New York Times headline last week. “Biden Aides Are Debating It.”

A sign of the shifting ground is that left-wing legal scholar Laurence Tribe wrote an op-ed in The Times during the last big debt-limit showdown in 2011 saying that the 14th Amendment couldn’t be used to ignore the debt limit (“A Ceiling We Can’t Wish Away”) and now has written another op-ed in The Times saying he’s changed his mind.

Desperate times call for desperately motivated

reasoning.

In an interview on “This Week with George Stephanopoulos,” Treasury Secretary Janet Yellen repeatedly refused to say the 14th Amendment is off the table; at the same time, she said invoking it would cause a “constitutional crisis.”

She’s right about that, at least.

It’s a dead giveaway that the 14th Amendment option is a ridiculous contrivance that pretty much everyone in authority dismissed the idea until now.

Although the 14th Amendment as escape hatch was



See LOWRY, Page 7

View from here By Dr. Glenn Mollette

Reevaluate your church mission spending

For fifty years of my life, I’ve been associated with churches that have given over four million dollars collectively to outside denominational endeavors.

The typical mainline denominational church/parish will collect weekly offerings from their members. A percentage of this money each month is given to a state office. The state office will in turn keep a large percentage of the money for state denominational purposes. The rest of it will be sent to the national office. Some denominations have an international mission office and an American denominational office.

Local churches are always encouraged to give more of their weekly offerings to the state and national causes. The state and national entities

employ people who do denominational work. They have full time salaries, medical insurance, retirement plans and usually newer model cars to drive. They need more money like most everyone else. Many churches will give ten and often as high as 25 percent of their general offering to these outside entities.

The denomination rewards the church by praising them. Patting them on the back. They will usually list the top 100 giving churches on their denominational website or state publication piece. They will work hard to enlist the pastor of the church to serve on state committees. This is done to make the pastor feel important and to keep their hand in the local church through the church’s pastor. Executives from the denomination will come a

couple of times a year to visit the church and praise them for their generosity. This usually is about the summation of what the local church gets back from their sacrificial 10 to 25% percent giving.

In far too many cases the local church deprives itself of needed money to fund their own local needs. The local minister often has to scrape to get by while the church is mailing a big check to the denominational hierarchy.

I’ve been a strong advocate of International and state missions most of my life. However, I’m tired of seeing so many small churches do without while the state and national entities regardless of the denomination, do and

have more.

If your church has been mailing 15 percent of its money down to the state office every month then why not keep eight percent of that to do local mission work in your neighborhood? Will the state or national office come to your town and help the homeless? Are they in your town helping unwed mothers and ministering to pregnant teenagers? Are they supporting the local halfway house for drug addicts and safe house for abuse victims? Are they going door to door in your neighborhood telling people about God’s love? Too many churches rationalize, “We are doing mission work by sending our money to the

state office.”

Churches should use more of their mission money at home. Your local area has needs. Jesus gave The Great Commission to go into the world but too often we miss what is right in our face. I’m for supporting mission work around the world but your greatest mission work is in your neighborhood.

Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminaries in Kentucky. He is the author of “Uncommon Sense” and 12 other books. His column is published weekly in over 600 publications in all 50 states. Learn more at www.glennmollette.com or www.facebook.com/glennmollette.

1973

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Years

2023

WEST TEXAS COUNTY

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– Photo courtesy Canutillo ISD

CALIFORNIA DREAMIN’ – Band Director Christian Rodriguez (far right, middle row) and the Canutillo Middle School Honor Band and Percussion Ensemble celebrated a gold medal win with a visit to Disneyland and other Southern California attractions.

Canutillo students strike gold in California

By Gustavo Reveles
Special to the Courier

CANUTILLO – The Canutillo Middle School Honor Band and Percussion Ensemble earned first-place gold at the WorldStrides Anaheim Heritage Festival, prompting the champions to exclaim: “We are going to Disneyland!”

Thankfully for them, the

competition was in Anaheim, Calif., and the world-famous resort was nearby.

“I am extremely proud of our Honor Band and Percussion Ensemble,” said CMS Band Director Christian Rodriguez. “For months they have been working very hard by practicing daily and attending early morning rehearsals to bring their best effort to Anaheim. Their hard work paid off with them

coming up on top at this competition.”

The Canutillo Middle bands played a trio of songs for the judges at the Sunny Hills Performing Arts Center in Anaheim. In the end, both groups earned top honors in the junior categories. The team was supported by a team of staff members and parents who traveled to California to

See BAND, Page 4

Project to provide more water to growing East Side

By Denise Para
Special to the Courier

EL PASO COUNTY – It is no secret that the population on El Paso’s far-east side is booming. Growth can be a positive sign, but it also can signal increased demand for essential services like water. The Montana East 36-inch water line project will help El Paso Water ensure reliable water services to the growing east side.

“The ultimate goal of this project is to provide additional water storage and conveyance capacity to the growing East Montana service area,” EPWater’s Chief Technical Officer Irazema Rojas said.

The project, which began in late April, includes the installation of two large waterlines to carry water from the future Ranchos Real Pump Station on John Hayes Street to an existing waterline along Pebble Hills Drive that feeds into the Vista Del Este Reservoir. From there, it is distributed to homes and businesses.

Large projects like this one often result in traffic impacts. EPWater works closely with the City of El Paso to create a traffic control plan that keeps major intersections and streets open during construction. Although there are no major street closures, some lanes along John Hayes and Pebble Hills will be closed.

To prepare the community for these

traffic impacts, EPWater held a public meeting at Pebble Hills High School before construction began. Rojas presented the traffic control plan and discussed the need for the project.

Residents expressed concern about construction affecting traffic in the area, which is already prone to congestion.

“We are in close coordination with the high school principal and the district transportation director to minimize traffic impacts as much as possible,” Rojas said.

Pedestrian access to the school was also considered, and walking routes have been added to enable pedestrians to safely navigate around the construction site.

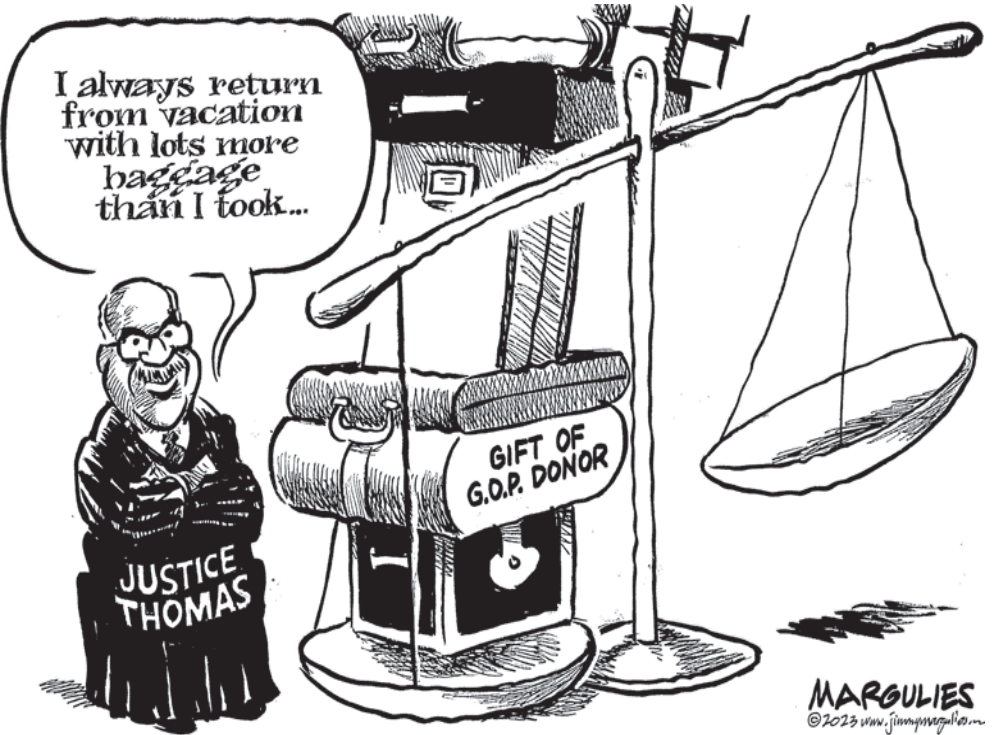
The Montana East 36-inch project is just one way EPWater is preparing for more growth on the eastside in the coming years. The newly completed Ranchos Real Tank and the upcoming Ranchos Real Pump Station will also contribute to the water infrastructure needed to provide



BIG PIPE – Crews install the 36-inch line along John Hayes.

– Photo courtesy EPWater

reliable water services for the area. The Montana East 36-inch water line project is estimated to be completed in the fall of 2023.



Moments
in time

THE HISTORY CHANNEL

- On May 31, 1911, the “unsinkable” RMS Titanic was launched from Belfast, Northern Ireland, where it had been built. Its tragic fate the following April remains the deadliest peacetime sinking of an ocean liner or cruise ship.
- On May 30, 1964, the Beatles’ official debut single, “Love Me Do,” made it to No. 1 on the U.S. music charts. The tune was co-written by John Lennon and Paul McCartney, though Lennon later would say it was “Paul’s song... I do know he had the song around, in Hamburg, even, way, way before we were songwriters.”
- On May 29, 2018, Russian journalist Arkady Babchenko faked his own death with the intention of exposing Russian agents. While the media at first reported that he’d been assassinated on his way home to his Kyiv apartment, Babchenko appeared very much alive the next day at a press conference broadcast on Ukrainian television.
- On June 1, 1843, antislavery activist Isabella Baumfree became a Methodist and adopted the memorable moniker “Sojourner Truth.” Born into slavery herself circa 1797, she chose the name after claiming that God had called her to leave the city for the countryside and testify “to the hope that was within her.”
- On June 2, 1908, the song “Take Me Out to the Ballgame” was copyrighted. Now the unofficial anthem of North American baseball, it wasn’t inspired by personal experience, as the tune’s writers, Jack Norworth and Albert Von Tilzer, had never actually attended a game when they penned it.
- On June 3, 1989, following student unrest that was spreading to the rest of the country’s population, China began using troops armed with assault rifles and accompanied by tanks to subdue protesters in Tiananmen Square, Beijing. Estimates of the death toll ranged from several hundred to several thousand people, with thousands more wounded.
- On June 4, 1411, France’s King Charles VI granted a monopoly for the ripening of Roquefort cheese to the village of Roquefort-sur-Soulzon. The cheese’s origin more than three centuries earlier was humble indeed, after a shepherd left his noon meal in a cave by accident

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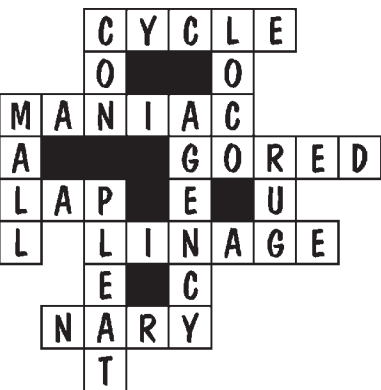
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Esparza

From Page 1

Attorney for the Western District of Texas. Having lived and worked in El Paso for most of his life, Mr. Esparza will no doubt bring a valuable local and regional perspective to this prestigious role.”

Escobar related that, throughout her tenure in Congress, she has advocated for outstanding El Pasoans to serve in important government positions and that Esparza is no exception. “I have full confidence in his ability and have no doubt he will be deeply committed to this new position in his long public service career,” she asserted.

Escobar was instrumental in Esparza’s nomination and eventual confirmation. She began in January of 2021 by writing a recommendation

letter to President Joe Biden and by gathering support from national and Texas-based organizations, including the League of United Latin American Citizens (LULAC).

Esparza’s ascent to the U.S. Attorney’s Office is evidence of his strong legacy in El Paso, according to El Paso County Democratic Party Chair Michael Apodaca. “As El Paso Democrats, we are proud to see our former (District Attorney) Esparza confirmed as our next federal attorney for the Western District of Texas,” Apodaca stated.

“Mr. Esparza already had a legacy with providing fair and equitable justice in the 34th District for decades, and President Biden recognized this by his nomination. We congratulate him on this next step of continued service to El Paso and West Texas,” Apodaca added.

Band

From Page 2

hear them play.

The Eagles celebrated their victory by spending the day

making memories at the Magic Kingdom. They also took part in other California tourist attractions like whale watching, sight seeing and enjoying sand and sun at the beach.

Briefs

From Page 1

of course. It measured 13,580.28 square feet. Not to be outdone, America’s Pizza Hut chain outdid the Italians by baking a 14,100 square foot pizza pie on the floor of the Los Angeles Convention Center. They layed out the dough, topped it with cheese and sauce and then used heat lamps to bake the (tasty?) treat. Why did they do it? The chain wanted to break the Guinness Record and tell us that they were bringing back its Big New Yorker pizza – a somewhat bigger version of their standard pizza pie – that they discontinued 25 years ago.

– John Grimaldi

instead, they wound up watching a venomous cape cobra swallowing another snake. They returned from their vacation with quite a story. However, it’s not as uncommon as one might think. The Smithsonian Institution reports that the King Cobra, which can grow to a length of 12 feet, is also known for devouring weaker snakes when they get hungry, swallowing them whole after dosing them with neurotoxic venom via its fangs.

– John Grimaldi

A ‘fog of bees’

Golf is a sport that comes with a variety of “hazards” such as lakes, trees and thick vegetation. But golfers at the PGA Tour’s Mexico Open in Vallarta, Mexico recently encountered an unexpected hazard that one observer tagged as a “fog of bees.” Players wasted no time ducking and hugging the ground as the buzzing got closer and louder.

– John Grimaldi

Eat or be eaten

The Vollmer family was on the lookout for elephants when they visited the Addo Elephant National Park in South Africa recently. But,

Archives: www.wtxcc.com

CryptoQuip Answer

It appears as though this staged satire has already commenced. I guess I’m late to the parody.

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Strange
BUT TRUE

- By Lucie Winborne
- According to Cunningham’s Law, the best way to get the right answer on the internet is not to ask a question, but to pose the wrong answer.
 - Jazz trumpeter Louis Armstrong once asked President Richard Nixon to carry his bags through customs for him because Armstrong was “an old man.” We feel pretty sure Nixon wasn’t aware the bags contained marijuana.
 - In 2015, the 1,000-year-old corpse of a Buddhist monk was discovered inside an ancient statue of Buddha.
 - The first item sold on eBay, for \$14.83, was a broken laser pointer, to someone who kept a collection of broken laser pointers.
 - Costa Rica has the world’s only sloth orphanage.
 - Bumblebees can fly higher than Mt. Everest.
 - During the Apollo 12 mission, a 2 1/2-ton piece of the lunar module was experimentally crashed onto the surface of the moon, with a quite unexpected result: The moon “rang like a bell” for nearly an hour.
 - Jellyfish are considered biologically immortal. They don’t age and will never die unless they are killed.
 - In 1907, Parisian waiters went on strike for the right to grow a moustache.
 - Dockers recently increased the size of their coin pockets to accommodate the growing size of smartphones.
 - Champagne was originally a holy wine.
 - In 1999, 15-year-old Jonathan Lebed was making up to \$74,000 a day in the stock market by using internet message boards to manipulate prices. The government eventually caught up with him, but he was still able to keep half a million dollars of his gains.
 - Vending machines kill more people per year than sharks.
 - Pork was once used in Spain during the Inquisition to show that one wasn’t Jewish or Muslim.
- Thought for the Day: “Love doesn’t make the world go round. Love is what makes the ride worthwhile.”
- Franklin P. Jones
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CLINT ISD WILL SERVE UP GOOD NUTRITION FOR LOCAL CHILDREN THIS SUMMER

CLINT ISD PROVEERA UNA BUENA NUTRICIÓN PARA NIÑOS LOCALES ESTE VERANO

Bringing healthy summer meals to the Clint, Horizon, and Montana Vista areas ensures kids have a healthy summer break and return to school ready to learn.

Llevar comidas de verano saludables a las áreas de Clint, Horizon y Montana Vista asegura que los niños tengan unas vacaciones de verano saludables y regresen a la escuela listos para aprender.

This summer, the Clint Independent School District will connect children 18 and younger and enrolled students with disabilities up to 21 years old with healthy, no-cost summer meals. The Summer Food Service Program (SFSP) is a U.S. Department of Agriculture nutrition program administered in the Lone Star State by the Texas Department of Agriculture (TDA). For the children who rely on school meals during the academic year, these meals offer a source of good nutrition when school is out during the summer months.

Este verano, el Distrito Escolar Independiente de Clint conectará a los niños de 18 años o menos y a los estudiantes matriculados con discapacidades hasta los 21 años con comidas de verano saludables y sin costo. El Programa de Servicio de Alimentos de Verano (SFSP) es un programa de nutrición del Departamento de Agricultura de los EE. UU. Administrado en el estado de Lone Star por el Departamento de Agricultura de Texas (TDA). Para los niños que dependen de las comidas escolares durante el año académico, estas comidas ofrecen una fuente de buena nutrición cuando no hay clases durante los meses de verano.

The Clint, Horizon, and Montana Vista area children need good nutrition year-round, so they can learn, grow and succeed in life,” said Carlos Villalobos, CNP Director. “With nearly 2 million food-insecure children living in Texas, these healthy meals are vital to nourishing young Texans during the summer vacation.”

Los niños del área de Clint, Horizon y Montana Vista necesitan una buena nutrición durante todo el año, para que puedan aprender, crecer y tener éxito en la vida ”, dijo Carlos Villalobos, Director de CNP. “Con casi 2 millones de niños con inseguridad alimentaria viviendo en Texas, estas comidas saludables son vitales para nutrir a los jóvenes tejanos durante las vacaciones de verano”.

CLINT AREA

ÁREA DE CLINT

Clint High School
13890 Alameda Ave., Clint, TX 79836

June 5 to July 14, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Julio 14, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Clint Early College Academy
13100 Alameda Ave., Clint, TX 79836

May 30 to June 2, 2023 – Tuesday to Friday
June 5 to June 29, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Mayo 30 a Junio 2, 2023 – Martes a Viernes
Junio 5 a Junio 29, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Clint Junior High School
12625 Alameda Ave., Clint, TX 79836

June 5 to June 15, 2023 – Monday to Thursday

Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

William Surratt Elementary School
12675 Alameda Ave., Clint, TX 79836

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

HORIZON AREA

ÁREA DE HORIZON

Horizon High School
14651 Horizon Blvd., El Paso TX 79928

June 5 to July 14, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Julio 14, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Horizon Middle School
400 North Kenazo Drive, El Paso, TX 79928

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Ricardo Estrada Middle School
851 South Darrington Rd., El Paso, TX 79928

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Desert Hills Elementary School
300 N. Kenazo Drive, El Paso, TX 79928

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Frank Macias Elementary
14400 Golden Eagle Dr., El Paso, TX 79928

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Carroll T. Welch Elementary School
14510 McMahon Ave., El Paso, TX 79928

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Mountain View High School
14964 Greg Dr., El Paso, TX 79938

June 5 to July 14, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Julio 14, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

East Montana Middle School
3490 Ascension Rd., El Paso, TX 799384250

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Red Sands Elementary School
4250 O’Shea Rd., El Paso, TX 79938

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Montana Vista Elementary School
3550 Mark Jason Dr., El Paso, TX 79938

June 5 to June 15, 2023 – Monday to Thursday
Breakfast: 8:00 a.m. - 8:45 a.m.
Lunch: 11:00 .a.m - 1:00 p.m.

Junio 5 a Junio 15, 2023 – Lunes a Jueves
Almuerzo: 8:00 a.m. - 8:45 a.m.
Comida: 11:00 .a.m - 1:00 p.m.

Note: All Clint ISD campuses and offices will be closed July 3-7, 2023. Meals will be available at surrounding Clint Campuses.

***Nota:** Las comidas estarán disponibles en las escuelas cercanas. Todos las escuelas y oficinas de Clint ISD estarán cerrados del 3 al 7 de Julio de 2023.*

For more information about Clint ISD summer meals, please call (915) 926-4980.

Para obtener más información sobre las comidas de verano de Clint ISD, llame al (915) 926-4980.

Clint Independent School District is one of the nonprofit organizations partnering with TDA to serve meals across Texas. Families are encouraged to use these three tools to find a meal site anywhere in the state:

- Call 2-1-1 to speak to a live operator
- Visit www.SummerFood.org for an interactive site locator map
- Text FOODTX or COMIDA to 877-877

Clint ISD” es una de las organizaciones sin fines de lucro que se asocia con TDA para servir comidas en todo Texas. Se anima a las familias a utilizar estas tres herramientas para encontrar un sitio para comer en cualquier parte del estado:

- *Llame al 2-1-1 para hablar con un operador en vivo*
- *Visite www.SummerFood.org para obtener un mapa de localización de sitios interactivo*
- *Envíe un mensaje de texto con FOODTX o COMIDA al 877-877*

USDA is an equal opportunity provider and employer.

USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

MONTANA VISTA AREA

ÁREA DE MONTANA

Ruth vs. Ohtani: Comparing MLB’s only two-way players

By Steve Escajeda
Special to the Courier

I know we just had the NFL draft and we’re in the middle of the NBA and NHL playoffs, but we can’t forget that Major League Baseball is already a quarter of the way into its season. I know, most of us don’t really get into baseball until an NBA champion has been crowned, but there is a question that I was considering the other day. And though the question concerns the game of baseball, it concerns two eras separated by 100 years. Who is the better player, Babe Ruth or Shohei Ohtani? In case you don’t know, in baseball there are two sets of players, pitchers and everyone else. Either you pitch, and that’s all you do, or you play any other position. And since the establishment of the game, pitchers have been the worse hitters on a team because they never spend time practicing the art of batting. Their sole job is to get the other guy out. And because every team has four of five starting pitchers, they only appear in every fifth or sixth game. The lack of hitting was so bad that both leagues have the “designated hitter” rule which allows someone else to hit for the pitcher. But 100 years ago, the great Babe

4	2	6	1	5	3	7	9	8
3	9	1	8	2	7	4	6	5
7	8	5	4	9	6	3	1	2
5	4	7	6	8	1	9	2	3
6	1	9	5	3	2	8	4	7
8	3	2	7	4	9	6	5	1
2	7	8	9	1	4	5	3	6
9	5	3	2	6	8	1	7	4
1	6	4	3	7	5	2	8	9

Ruth did both. He actually pitched and batted – in the same game. And we all know that Ruth went on to hit 714 homeruns and held that record for 39 years until Hank Aaron broke it in 1974. In the 100 years since Ruth, no other player had ever done both; pitch every five days and then hit a baseball on the days in between pitching starts. That is, until Shohei Ohtani joined the Los Angeles Angels in 2018. Ohtani isn’t just one of the best hitters in the league, he’s one of the best pitchers too. How can that be? It’s one thing to do something no other players are doing, but to be among the best at both is unheard-of. The only other player I’ve seen do anything like this was Bo Jackson, who played in the NFL with the Oakland Raiders and in MLB with the Kansas City Royals at the same time – and he was an all-star for both teams. So, the natural question has to be asked, who was better, Ruth or

Ohtani? It’s very hard to compare the two because, first of all, they’re separated by a century. The game is different, the fields, the baseballs, the bats, the stadiums, the teams. Back when Ruth was playing, there were fewer teams than there are now. Fewer teams meant fewer players, meant fewer stars to face, meant fewer guys to try and figure out. And one more thing, no black players were allowed in MLB at that time. So Ruth didn’t have to face as many superstars. When it comes to stadiums, they are much smaller today than they were back then. Ohtani has a definite advantage in that respect. I mean how strong was Ruth that he was able to crank the ball over walls that were 450-500 feet away? Another advantage for Ohtani is the number of games played today compared to 100 years ago. Back then teams played 154 games to today’s 162. That may not sound

like a lot but over a 10-year period that’s 80 more games, about 360 more at bats and a lot more chances for more homeruns. Back in Ruth’s time, guys weren’t nearly as big as they are today and opposing pitchers weren’t throwing the ball 100 mph the way they do now. Let’s be honest, though it’s kind of fun, it’s way too early to compare the two properly. Ruth played 22 years and the 28-year-old Ohtani is just in his sixth season. Will Ohtani hit 700 home runs and drive in another 2,200 like Ruth did? Probably not. But just the fact that there’s a phenom playing right now and we get to follow his career is a treat. Is he the next Jordan or Gretzky or Brady or Ruth? Only time will tell. But Shohei Ohtani is quickly becoming one of the biggest names in professional sports. Who is better... let’s talk again in 10 years.

Senior moment By Matilda Charles

Recent food safety recalls

The website for the Food Safety and Inspection Service (FSIS) arm of the U.S. Department of Agriculture is a good place to watch for recalls and alerts. Right now they have notices about potato soup, clam chowder, frozen turkey sausage patties, beef strips – all for a variety of reasons such as undeclared allergens, temperature mismanagement, packaging in unsanitary conditions, etc. But the concerns aren’t just with food we select at the store; sometimes it’s food that’s delivered to us. New on the FSIS recall page is an alert for ready-to-cook meatloaf because it has an undeclared allergen in it, specifically milk. The fine print says they didn’t ask for a recall because the products aren’t available for purchase. Hmmm... what about people who might have those items in their freezer? This particular meatloaf was sent to groups that deliver at-home meals to seniors and the food therefore does not have an ingredient label on it. For more information on these recalls or to sign up for

email notices, go to www.fsis.usda.gov/recalls. And if you ever have questions about food safety, you can call the USDA Meat and Poultry Hotline at 888-MPHotline (888-674-6854). Food Manufacturing is another good site to watch for up-to-the-minute recall and alert information (www.foodmanufacturing.com/recalls-alerts). While they’re not part of the government, they do cover all types of food information. Scroll to the bottom to sign up for email alerts from them. The Food and Drug Administration (fda.gov) is another site worth watching. Scroll down their page for recalls and alerts on a variety of items, such as food, medical devices, vaccines, drugs and cosmetics. Today their list includes salmonella in flour, sesame in premade sandwiches, eggs in yogurt and listeria in salad kits. Makes you hesitant to eat anything we buy in a store, doesn’t it? Signing up for email alerts might be a good idea.

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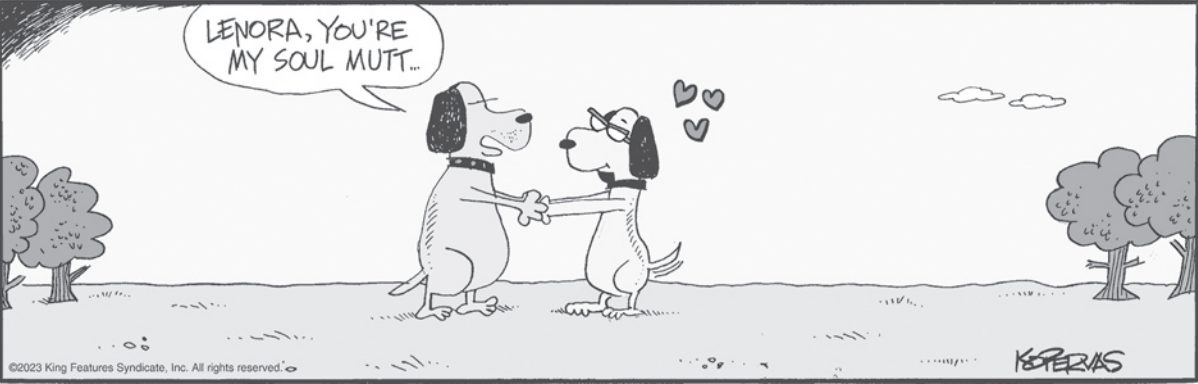
Super Crossword

1	2	3		4	5	6	7		8	9	10	11	12		13	14	15	16	17	18
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107																				110
111									112						113					
114									115						116				117	

EPICUREAN SPECIALTY ACROSS	before "geist"	116 Admin. aide	sometimes dealt	73 _ contendere (court plea)
1 Salary limit	61 Donkey Kong and others	117 Low grade	34 Gasoline rating	74 "Take _ from me..."
4 Reputation, on the street	62 Riddle, part 4	DOWN	35 Exalting verse	75 Take an ax to
8 Two-team wrestling competitions	65 Lacerate	1 Baby bear	36 Lower leg part	76 2010-19 Royals skipper Ned
13 Gave high praise to	69 Dove shelter	2 In _ (lined up)	37 Feudal toiler	77 Waist wear
19 Pesticide compound	70 Use all of	3 Phnom _	38 Source of some bran	78 Pokes a hole in
21 The "A" of James A. Garfield	71 Afro-Brazilian dance	Cambodia	39 Goose sound	81 Chew the _
22 Aorta, for one	72 Riddle, part 5	4 Skydived, for short	40 1980s Dodge	83 Helicopter rescue, say
23 Study hard	77 Scrupulous insistence on	5 Second-most populous place in South Dakota	41 Supermodel from Somalia	84 Three 19th-century literary sisters
24 Proportional relation	78 Disturbs	6 Slaughter of the Cardinals	42 Hong Kong's Hang _ Index	85 Arctic chunk
25 Supervise	80 Source of some bran	7 Chewing gum brand	48 Catering coffeepots	86 Subgenre of rap music
26 Start of a riddle	81 Havana natives, to Havana natives	8 Lack the courage to	49 Vigoda of "Fish"	89 Friends of Snow White
29 Thing a doc prescribes	82 Novelist George	9 700-mile-long African river	50 Tries to hit, as an insect	90 Mart start
30 Yin and _	83 Braying beast	10 Intro studio course	51 Cat variety	91 Like flashy jewelry, informally
31 Suffix with hotel or cash	84 Shooter of small balls	11 Secular	52 Sluggers' stats	92 Least frequent
32 Riddle, part 2	87 Bard's "before"	12 Range of the Appalachians	54 DJ Casey	93 Not fulfilled
43 Apple on a desk	88 End of the riddle	13 Actress Hedy	55 Fall chill	97 _ and that
44 Latin "that is"	94 Huge battle	14 Composer Khachaturian	56 Bear, in Baja	98 Possesses, in Shakespeare
45 " _ So Fine"	95 Bereft, poetically	15 _ Reader (magazine)	57 Gas in an atmospheric layer	99 Bride of Lohengrin
46 French for "man"	96 Khaki color	16 Turn a _ ear	59 Hayworth and Moreno	100 Crockpot dish
47 Set into motion	97 Riddle's answer	17 Hence	62 Certain garden worker	101 Beehive unit
50 Charles Chaplin's title	107 Back-baring blouse	18 Hair colorer	63 "The Simpsons" storekeeper	102 Scent
51 Eileen of "Clue"	108 "_ think so!"	20 "I love you," to Juanita	64 Sleuth, in old slang	103 Sweat outlet
53 In the vicinity	109 Certain airport worker	27 _ Christian Andersen	65 Lipinski on ice	104 Singer Phil
54 Riddle, part 3	111 "History repeats _"	28 Opposite of old, in Germany	66 Rapper aka "Slim Shady"	105 Blyton of kids' books
58 Old-time actress Irene	112 Make a phony copy of	32 Plummer of "Pulp Fiction"	67 Sop up	106 Prefix with marketing
59 She was Mrs. Gorbachev	113 Moniker for Wilt Chamberlain	33 How cards are	68 19th-dynasty pharaoh	110 Blvd., e.g.
60 German word	114 Shoulder garments		69 Greek island	
	115 Deuce-beating cards		71 Deli hero	
			72 "Oh, ri-i-ght"	

Comix

OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



TIGER By Bud Blake



Lowry

From Page 2

bandied about during the debt limit confrontation in 2011, the Obama administration ultimately dismissed it. “Like every previous secretary of the Treasury who has confronted the question,” the Treasury Department general counsel wrote of his boss, Timothy Geithner, at the time. “Secretary Geithner has always viewed the debt limit as a binding legal constraint that can only be raised by Congress.”

Indeed, the debt limit is not some innovation dreamed up by the House Freedom Caucus. It was first passed in 1917 as part of the Second Liberty Bond Act. This was hardly a congressional power grab. Before the advent of the debt limit, as Georgetown law professor Anita S. Krishnakumar points out, Congress authorized each bond issue, generally to fight wars and bolster the economy during recessions. The debt limit is the logical extension of Congress’ power to tax and spend.

The 14th Amendment does say that “the validity of the public debt of the United States, authorized by law, including debts incurred for

payment of pensions and bounties for services in suppressing insurrection or rebellion, shall not be questioned.”

It’s absurd to pretend that this provision somehow authorizes the president to arrogate to himself the fiscal powers of Congress if the debt limit isn’t raised or – more to the point – isn’t raised in a manner to his liking.

The House isn’t saying that the debt ceiling shouldn’t be extended, only that it should happen with accompanying spending reductions that make it more likely that our debts will be honored in the future.

Even if the debt limit is breached, it doesn’t mean our debts will be written off. Under a 2011 Treasury contingency plan, other payments would have been delayed. This makes the 14th Amendment argument even more attenuated.

The Biden administration could save itself the trouble of trying to twist the Constitution to suit its narrow political purposes if it simply sat down with Congress and negotiated in good faith.

Rich Lowry is editor of the National Review. (c) 2023 by King Features Synd., Inc.

Meds cost \$500 for a one month supply

DEAR DR. ROACH: What can you tell me about a prescription of 145 mcg of Linzess, and why a doctor would prescribe a pill over \$500? What are the advantages to taking this? Surely, there must be something less expensive that will provide the same results. – J.P.



Linaclotide (Linzess or Constella) is a medicine used for constipation, either in people with irritable bowel syndrome or in people with constipation for no particular reason. It works by activating a protein to allow chloride and bicarbonate (along with fluid) into the intestine.

Since it is not absorbed into the body, it has few side effects. The major side effect is that it can work too well and cause diarrhea. This is enough of a concern that the medicine is not used in children under the age of 2. There are three different strengths: 72, 145 and 290 mcg.

If you are asking me to defend pharmaceutical pricing, I can’t do that. I very seldom use this medicine because there are so many other options for constipation – starting with a different diet without using any medicine at all. But in people with occasional constipation despite having a good diet, I usually start with fiber supplements.

If those don’t work, I recommend a surfactant such as docusate (Colace), which allows more water to enter the stool. Yet another option would be nonabsorbable substances like polyethylene glycol (MiraLAX and others), lactulose, sorbitol and magnesium. All of these are much less expensive.

However, there are still people who don’t do well with any of these less-expensive (and also tried-and-true) alternatives. Linzess has made a real difference in the lives of several of my patients. It is usually prescribed by an expert (a gastroenterologist) at least in the case of my patients.

Finally, Linzess is roughly \$20 a pill or about \$500 for a month’s supply in the U.S. without insurance. Some people only need it occasionally and are very willing to pay, even if insurance doesn’t cover it.

DEAR DR. ROACH: The other day, when we were changing our bedsheets, my husband asked me if I knew why the sheets and pillowcases on his side of the bed were stained yellow and the ones on my side weren’t. My only thought was that he has a very strong body odor. My high school biology classes came back to me, and I remembered that our sense of smell is a lock-and-key mechanism, where odor comes from a tiny particle that locks into the sensors within our olfactory system. So, I thought that the particles might be staining the bedding. Could this be so? – J.M.

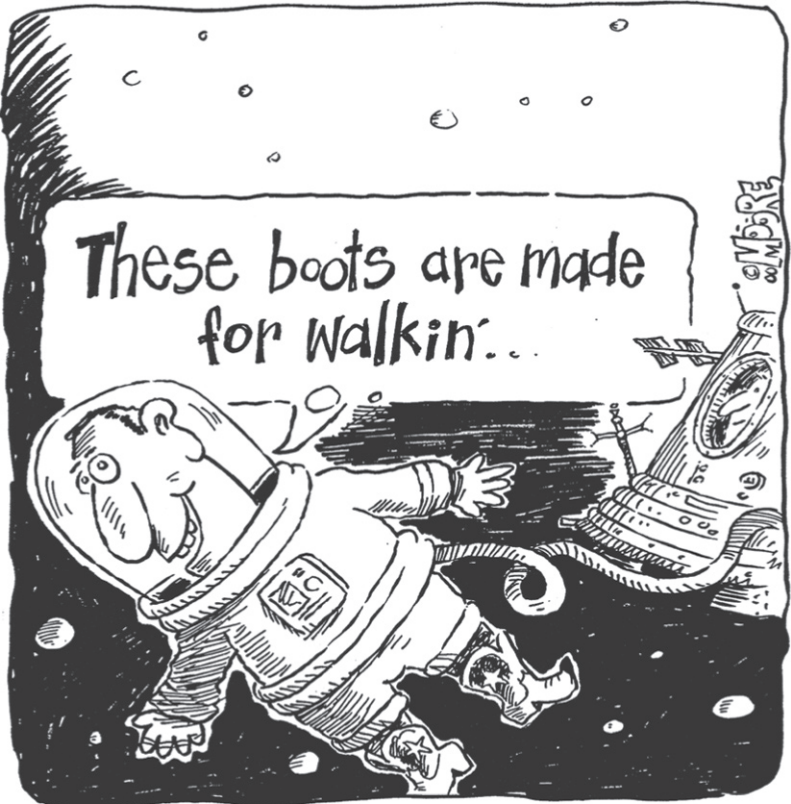
Chromhidrosis is the name for colored sweat, and it isn’t uncommon. Both men and women can have chromhidrosis. There are several possible causes. One is that the sweat glands themselves can excrete a colored substance, such as lipofuscin, which often causes a yellow discoloration.

I admire your using high school biology, but I don’t think you are right in this case. The odor in sweat comes from bacteria that lives in and around the sweat glands. The bacteria themselves rarely cause discoloration, but yellow isn’t typical for bacteria.

Occasionally, medicines can cause sweat to turn a different color. The laxative bisacodyl (Dulcolax and others) can cause people to have yellow sweat, and some antiperspirants will cause sweat to have a yellow color.

Since it’s both the sheets and pillowcases, I suspect that it’s the lipofuscin in this case. Treatment may not be necessary, but capsaicin cream (0.025%) has proven effective, although the mechanism behind how it works is unknown.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2023 North America Synd., Inc. All Rights Reserved.



Moore Texas by Roger Moore
June 3, 1965: Texan Ed White takes first American spacewalk.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals T

YH LFFPLXD LD HCATBC HCYD
DHLBPZ DLHYXP CLD LMXPLZR
GAUUPIGPZ. Y BTPDD Y’U
MLHP HA HCP FLXAZR.

Answer Page 4

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Weekly SUDOKU

by Linda Thistle

	2				3		9	
		1		2				5
7			4			3		
		7		8			2	
6			5					7
	3				9	6		
		8		1			3	
9			2					4
	6				5	2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging

Answer Page 6

♦♦♦ HOO BOY!

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PACT Act benefits



by Freddy Groves

A half-million claims have been filed under the PACT Act for exposure to toxins. So far, over \$1 billion has been paid in benefits. And that’s just since last August, when the act was signed.

Three million veterans have had their new screenings since then, and nearly half of them had exposures. Since last August, 215,000 veterans have signed up for Department of Veterans Affairs health care, a big increase over the previous year. And this fiscal year alone (starting last October), the VA has paid out over \$65 billion on compensation benefits.

With the PACT Act, any subsequent illnesses are presumptive, meaning that it’s assumed that your health condition is caused by exposure to toxins if you were in certain locations at certain times. The act adds over 20 new presumptives

to the list.

The list of illnesses from exposure to toxins are serious: cancers of the brain, head, kidney, neck, pancreas and many more. Less serious are allergic rhinitis, bronchial asthma, chronic bronchitis and others. Of the five conditions most frequently claimed via the PACT Act, hypertensive vascular disease tops the list, with 80% of claims granted.

To read more about the PACT Act, go to the dashboard at www.accesstocare.va.gov/healthcare/pactact. Info is updated there every other Friday. A recent issue of the dashboard says that wrapping up PACT claims is taking an average of 156 days. At that time, 45.6% of claims were at over 125 days of being completed, and the approval rate was 80%. Be sure to scroll down the page, as there is a lot of info.

Additionally, you can check va.gov/pact or call them at 800-MYVA411.

Note: The VA wants us to sign up for PACT benefits. If we do this before Aug.

10, 2023, the benefits will likely be backdated a year, to Aug. 10, 2022. Mark that date on your calendar and don’t let it slip by if you intend to file for PACT benefits. In fact, why don’t you get started now?

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- “Store kitchen matches wrapped in tin foil to keep them dry when on camping or fishing trips. You can also store them in an empty pill bottle if they are the short kind. If you fill paper egg carton cups with dryer lint and drizzle it with wax, you can cut the cups apart and you’ll have small firestarters for your campfires. My family does a lot of camping in the summer, and we use these every time.” -- K.R. in Missouri

- To get scorched pan bottoms clean, scrub with sudsy ammonia and rinse well.

- “Baby food jars make wonderful organizer containers; most people know that. But you can make a great first cup from a baby food jar. Screw on the lid tightly and poke holes along one side. Baby can tip and sip, but not much will come out. They are just the right size for small hands.” -- M.W. in Alabama

- Baby oil can loosen soap scum from shower doors. Apply and buff lightly with a soft washcloth. Follow with a shampoo cleaning or just leave as is. It will repel water and smells nice, too.

- To keep shirt collars from absorbing oil and grime, sprinkle with talcum powder while ironing.

- Keep your steering wheel in touchable condition on very hot days with a paper grocery bag. Cut out a strip down one side of the bag, allowing it to slip over the steering column. The bag can be refolded and stored next to your seat. When you get out of the car, just slip the bag over the steering wheel. No more burning hands when you get back in the car.

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2023 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 4

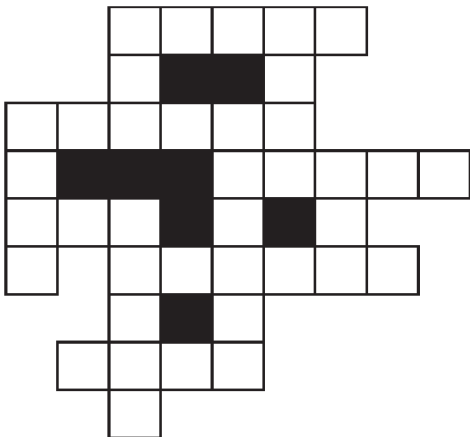
	-		x		20
+		+		x	
	x		+		17
x		+		÷	
	x		-		23
21		20		10	

1 2 3 4 5 6 8 9 9

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GRU
NYECAG
♥ LAPET
LMLA
♥ ALGINE
OCN
♥ RYNA
CLYEC
♥ APL
AMICAN
DROGE
♥ OLOC



Answer Page 4

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string’s word either across or down to knot all twelve strings together.

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