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JULY 13, 2023

NEWSBRIEFS

Energy costs

With one quarter of U.S. households having high energy burdens (spending more than 6% of their income on utility bills), the personal-finance website WalletHub today released its report on 2023's Most & Least Energy-Expensive States, as well as expert commentary. For a better understanding of Americans' energy costs relative to their location and consumption habits, WalletHub compared the average monthly energy bills in each of the 50 states and the District of Columbia using a special formula that accounts for the following residential energy types: electricity, natural gas, motor fuel and home heating oil. Texas was rated 49th in energy consumption and costs in the report, ranking (1-Highest; 25-Average):

- Avg. Monthly Energy Bill: \$378;
- 32nd Price of Electricity;
- 11th Electricity Consumption per Consumer;
- 18th Price of Natural Gas;
- 47th—Natural-Gas Consumption per Consumer;
- 49th Price of Motor Fuel; and
- 15th Motor-Fuel Consumption per Driver.

Visit: https://wallethub.com/edu/ energy-costs-by-state/4833 for the full report.

– Diana Polk

Wanderlust

Renowned author Robert Louis Stevenson put it this way in his book, Travels with a Donkey: "For my part I travel not to go anywhere, but to... travel for travel's sake." For Randy Williams, a San Diego DJ known as Ramblin' Randy, wanderlust motivated his goal of visiting every country on planet Earth and then some. It took him ten years but he finally achieved his ambition to visit all of the 193 nations recognized by the United Nations plus Vatican City. Palestine and the disputed lands of Kosovo, Western Sahara and Taiwan. Randy completed his bucket list just recently when he finally got to plant his feet on the ground of his final destination. Turkmenistan.

– John Grimaldi

We need science to come up with a painkiller for medical and hospital bills.

– Quips & Quotes



NUMERO UNO - The Ysleta Mission is considered the first and oldest mission established in Texas and the second oldest continually active parish in the United States. The Mission sits in the heart of the Tigua Indian community. The Tigua tribe built the adobe mission, and the Bishop from Tucson, Arizona came and dedicated the sacred building in October 1682. The original building was washed away in the disastrous flood of 1740, and a new structure was erected by 1744. A few years later, the holy structure was damaged again by flooding. The current church was reconstructed on higher ground in 1851.

State award recognizes El Paso's mission trail

The three missions have been on the National Register of Historic Places since 1972

By Alfredo Vasquez *Special to the Courier*

EL PASO COUNTY – Three of the oldest churches, or missions, in the continental United States have been serving their vibrant communities for nearly 400 years. And to this day, the Best Historical Site by the 2023 Texas iconic Catholic houses of worship, of highway (known as the Historic celebrates top travel destinations and Mission Trail) in El Paso County's attractions across the state. lower valley, are still relatively

to change that.

effort to expose El Paso County's hidden treasures to the rest of the state took a big step forward recently as its El Paso County's Historic Mission Trail promotional campaign was named the Travel Awards program. The highly which are located on a nine-mile stretch regarded competition recognizes and

The special awards program is unknown outside this region. So, the sponsored by the publishers of

called Destination El Paso, is working Magazine, and Texas Music. The purpose of the recognition is to Subsequently, Destination El Paso's highlight the places, businesses, and things to do that lure travelers to hit the open road and explore this great state, according to Destination El Paso officials.

El Paso's Historic Mission Trail was chosen the best historical site not only because the nine-mile trail connects the three historic Spanish missions - Ysleta Mission, Socorro Mission, and San Elizario Chapel - but also because it provides a path suitable for walking and cycling with restaurants, City of El Paso's tourism agency, the Austin Monthly, San Antonio art galleries, gift shops and more along the route, as well as the scenic Franklin Mountains and Rio Grande as a backdrop, contended Destination El Paso officials.

> The award announcement will be featured in the July publication of the Texas Travels Awards magazine and will be shared across their social media.

> "Attractions like the Mission Trail make El Paso an extremely unique city. Travelers with all interests will experience history, culture, and fun across the nine-mile trail. Earning this special award is encouraging for the city as we receive attention and recognition from people across Texas," said President and CEO of Destination El Paso Jose Garcia.

> "El Paso County and Destination El Paso are going to be doing everything



The Socorro Mission was completed in 1691 and is the second oldest mission in Texas. It was the town's first permanent adobe church but the same natural disasters that damaged the Ysleta Mission also destroyed the Socorro mission. The present mission was rebuilt in 1843.

See TRAIL, Page 2

Justice Jackson's abysmal affirmative action dissent

Justice Ketanji Brown Jackson's dissent in the Supreme Court's affirmative action case achieved instant legendary status in certain quarters.

Vice President Kamala Harris called it "probably one of the most brilliant dissents that any justice of the United States Supreme Court has ever written."

Yes, Jackson is apparently right up there with the likes Justice John Marshall Harlan, the lone dissenter in the infamous Plessy v. Ferguson decision upholding separate but equal.

Ketanji Jackson took great umbrage at the Court striking down race-based college admissions in the case involving the policies of Harvard and the University of North Carolina (she recused herself from the Harvard part of the ruling).

qualifies as a legal opinion. It reads like a guest essay by "anti-racist" guru Ibram X. Kendi in *The* New York Times.

"With let-them-eat-cake obliviousness, today, the the majority pulls the ripcord and announces, or 'colorblindness for all' by legal fiat," she pronounces to in what is supposed to be a thunderous line.

There are several notable things about this. One, the writing doesn't work. If you are oblivious, you usually aren't undertaking acts that require focused effort, such as pulling a ripcord. The inapt metaphor aside, the sneer quotes around "colorblindness for all" are quite something coming from a Supreme Court justice in the United States of America.

In making their case against racial preferences, the justices in majority invoke the 14th Amendment and Title VI of the Civil Rights Act of 1964. If Jackson were being consistent, her sneering would Her much-praised handiwork, though, hardly extend to the Civil Rights Act, for it, too, favors color-blindness for all: "No person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied

benefits of, be subjected discrimination under any program or activity receiving

Federal financial assistance."

Jackson spends a lot of time recounting the country's racial sins and then declares them inescapable today. Even if this simplistic account were true, she fails to establish why racially biased college admissions are legal or warranted.

She writes of the "universal benefits of considering race in this context." But college admission is zero sum – only so many applicants get accepted, and if some are being disadvantaged, they are obviously suffering a harm.

In classic two-wrongs-make-a-right reasoning,

See LOWRY, Page 7



Trail

From Page 1

that they can to promote the missions to make sure that people know what a wonderful opportunity right here in El

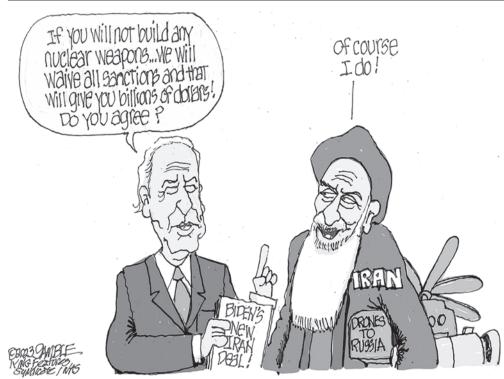
Paso to learn more about our history," stated El Paso County Commissioner Precinct 3 Illiana Holguin.

Brooke Underwood, executive director of Visit El Paso (the marketing component of the local tourism agency) stated that with people cooped up in their homes during the pandemic, it's increased a larger number of visitors to the rural areas.

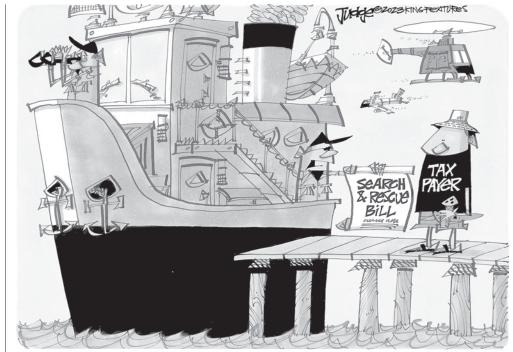
"We want that meeting and activity out here and it's

See TRAIL, Page 3

The San Elizario Chapel was established in 1789 as part of the Spanish military garrison's presidio, which consisted of an officers quarters, barracks, and other buildings, all encircled by a thick adobe wall. In 1829, a flood destroyed the chapel and a new building was erected in the 1840's. The present day church was enhanced around 1887 to accommodate the growing population.







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Food for thought By John Grimaldi

A chat with the Navy Seal who shot Osama bin Laden

with Rebecca Weber, CEO American Citizens, throughout the world. He I said, 'I don't know'." upped the ante on September 11, 2001 when his henchmen Seal from 1996 to 2012 on launched a series of four SEAL Team two, SEAL Team airline bombings in the U.S., Four and SEAL Team Six. taking the lives of nearly During his career, he led more 3,000 victims.

skinnier than I thought. He had awarded two Silver Stars, four

buddy jumped on the people he shoulder, sort of almost thought were wearing suicide pushing her toward me. And vests. He went left, I went he was a matter of three feet right. And that's when I saw away from me. I assumed he Osama bin Laden standing up was a suicide bomber because taller than I thought." That's he was a high threat. And so I how former U.S. Navy SEAL treated him as such." O'Neill Team 6 member, senior chief continued, noting that he petty officer Robert O'Neill had no other choice but to recalled the moments before eliminate the threat. "So, I he put a bullet in bin Laden's shot him twice in the head and head. In a recent interview once more on the ground. And then I moved his wife out of of the Association of Mature the way. I knew other Navy on SEALs would be coming in AMAC's Better For America and we, being the good guys, podcast, he went on to describe I didn't want her to get hurt his encounter with the founder and I didn't want his young of the diabolical terrorist son that was there to get hurt. organization, al Qaeda, who Some other guys were in there was directly responsible for and I kind of froze. And one the deaths of hundreds upon of my guys looked at me and hundreds of innocent civilians said, 'Hey, are you okay?' And

Rob served as a U.S. Navy than 400 combat missions all O'Neill continued: "He was over the world. He has been

"We went up the stairs. My his hands on his wife, Amal's Bronze Stars with Valor, a Joint combat action ribbons Service Commendation Medal

with Valor, Navy and Marine with his SEAL Team secret for it through the very difficult Corps Commendation Medals coping with adversity, noting with Valor, three presidential that: "Navy SEAL training is unit commendations and three the hardest military training in

the world. Eighty-five percent He concluded the interview [of volunteers] don't make trials starting with a thousand

See SEAL, Page 5

Notification of Nondiscrimination in Career and Technical Education Programs at Clint Independent School District for 2023-2024 School Year

- 1) Clint Independent School District offers career and technical education programs in Agriculture, Food, and Natural Resources; Architecture and Construction; Arts, A/V Technology and Communications; Business, Marketing, and Finance; Health Science; Hospitality and Tourism; Human Services; Law and Public Service; Manufacturing; Science, Technology, Engineering, and Math; Transportation, Distribution, and Logistics. Admission to these programs is based on current enrollment in the Clint ISD and completion of any necessary prerequisites.
- 2) It is the policy of Clint ISD not to discriminate on the basis of race, color, religion, sex, gender, national origin, disability, age, or any other basis in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.
- 3) It is the policy of Clint ISD not to discriminate on the basis of race, color, religion, sex, gender, national origin, disability, age, or any other basis in its employment practices as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of Education amendments of 1972; the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended.
- 4) Clint ISD will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs.
- 5) For information about your rights or grievance procedures, contact the Title IX Coordinator, Rene Chavez at 14521 Horizon Boulevard, El Paso, Texas, 79928, 915-926-4061 and/or Section 504 Coordinator, Rodrigo Hernandez, Assistant Director Special Education, at 14521 Horizon Boulevard, El Paso, Texas, 79928, 915-926-4031.

Notificacion de no Discriminar en los Programas Educativos de Carrera y Tecnica Clint ISD por el año escolar del 2023-2024

- 1) El distrito escolar independiente de Clint ofrece programas de educación técnica y carreras en las áreas de Agricultura, Comida y Recursos Naturales; Architectura y Construcción; Artes; Tecnología Audio/Visual y Comunicaciones; Negocio, Mercadotecnia y Finanzas; Ciencias de Salubridad; Hospitalidad y Turismo; Servicios Humanos; Leyes y Servicio Público; Manufactura; Ciencia, Tecnología, Ingeniería y Matemáticas; Transportación, Distribución y Logística. El ingreso a estos programas será basado en el número de estudiantes matriculados en el distrito escolar de Clint y se deberá cumplir con los requisitos necesarios de ingreso a estos programas.
- 2) El Distrito Escolar de Clint no discrimina por razones de raza, religión, color, origen nacional, sexo, género, edad o discapacidad al proveer servicios de educación, actividades, y programas, incluyendo programas vocacionales, de acuerdo con el Título VI del Acta de Derechos Civiles de 1964, y enmienda; Título IX de las Enmiendas Educativas de 1972; Sección 504 del Acta de Rehabilitación de 1973, enmienda.
- 3) El Distrito Escolar de Clint no discrimina por razones de raza, religión, color, origen nacional, sexo, género, edad, discapacidad, o cualquier otra baseen sus practicas de empleo, de acuerdo con el Título VI del Acta de Derechos Civiles de 1964, y enmienda; Título IX de las Enmiendas Educativas de 1972; la Acta de discriminacion por edad de 1975, enmienda; y la Sección 504 del Acta de Rehabilitación de 1973, enmienda.
- 4) El Distrito Escolar Independiente de Clint tomara pasos para asegurar que la falta de ingles no sea un obstaculo para la admision y partipacion en todos los programas vocacionales, y educativos.
- 5) Para mas informacion de sus derechos y procedimiento de agravios, puede ponerse en contacto con el coordinador de Titulo IX, Rene Chavez, en 14521 Horizon Boulevard, El Paso, Texas, 79928, 915-926-4061 y/o el Coordinador de la Sección 504, Rodrigo Hernandez, Subdirector/a de Educación Especial, en 14521 Horizon Boulevard, El Paso, Texas, 79928, 915-926-4031.

Trail

From Page 2

enforcement and get that great educational think it's fantastic."

content," Underwood said.

About the three still active missions, Underwood said, "You can still visit and attend only fair. We're constantly a mass there, or you can walk traveling out there for code across the path and step on conventions bridal rice from a wedding that or Texas state teacher's just took place there. These are conventions. It's about time not just museums, these are they come out here on a working, functional churches regular basis and allow more and the fact that those are still of our individuals to attend right here in our community; I



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Letters must not be more than 250 words in length. They should be dated, must be signed and have an address and daytime phone number. Only the name and city will be printed with the letter. The West Texas County Courier reserves the right to edit or reject letters to the editor or other submitted material it considers inappropriate.

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> **Publisher** Rick Shrum Contributors Alfredo Vasquez

Steve Escajeda



Homesteader Est. 1973 News, Inc.

WTCC: 07-13-23

San Elizario Independent School District SPECIAL EDUCATION/CHILD FIND

The San Elizario Independent School District provides services for children who are eligible for special education. Eligible special education students will be afforded a free, appropriate public education beginning on their third birthday and continuing through their 21st year. Children who are identified as auditorially impaired, visually impaired or deaf-blind may be served from birth through 21 years of age. The San Elizario Independent School District provides special education and related services to students residing within the District boundaries. A student with a disability must meet eligibility guidelines in one or more areas including physical disability, intellectual disability, emotional disturbance, learning disability, autism, speech impairment, traumatic brain injury, visual or auditory impairment. This impairment must significantly affect the student's ability to progress adequately without support services.

If a child is experiencing learning difficulties, the parent may contact the person listed below to learn about the district's overall general education referral or screening system for support services. This system links students to a variety of support options including referral for special education evaluation. Students having difficulty in the regular classroom should be considered for tutorial, compensatory, and other support services that are available to all students. At any time, a parent is entitled to request an evaluation for special education services. Within a reasonable amount of time, the district must decide if the evaluation is needed. If the evaluation is needed, the parent will be notified and asked to provide consent for the evaluation. The district must complete the evaluation and the report within 45 school days of the date the district received the written consent. The district must give a copy of the report to the parent. If the District determines that the evaluation is not needed, the district will provide the parent with a written notice that explains why the child will not be evaluated. This written notice will include a statement that informs the parent of their rights if they disagree with the district. Additionally, the notice must inform the parent how to obtain a copy of the Notice of Procedural Safeguards-Rights of Parents of Students with Disabilities.

For more information, contact the Director of Special Education, April Marioni, (915) 872-3926 at 13680 Socorro Rd., San Elizario, TX 79849. Mailing address: PO Box 920, San Elizario, TX 79849.

Educación Especial / Programa De Identificación De Niños (Child Find)

El Distrito Escolar Independiente de San Elizario provee servicios a los niños que califican para recibir educación especial. Los estudiantes que califiquen recibirán una educación pública gratuita y adecuada comenzando con su tercer cumpleaños hasta el fin de su vigésimo-primer año (21). Los niños que son identificados con problemas auditivos, visuales, sordos o ciegos pueden ser atendidos desde su nacimiento hasta los veintiún años de edad. El Distrito Escolar Independiente de San Elizario provee servicios de educación especial y otros servicios relacionados a los estudiantes que vivan dentro de los límites del distrito. Un estudiante con una discapacidad debe cumplir con las guías que reúnen los requisitos en una o más áreas incluyendo: discapacidades físicas, discapacidad intelectual, alteraciones emocionales, discapacidad de aprendizaje, autismo, discapacidad del habla, daño cerebral por trauma, o discapacidad visual o auditiva. Esta discapacidad debe afectar significativamente la habilidad del estudiante para progresar adecuadamente sin asistencia.

Si un alumno está teniendo dificultades en su aprendizaje, los padres pueden contactar a la persona encargada (ver información al final) para que les informe acerca del programa general de derivación (referral) del distrito o sistema de detección para servicios de asistencia. Este sistema enlaza a los estudiantes con una gran variedad de opciones de apoyo que incluyen la derivación para que se le practique una evaluación de educación especial. Los estudiantes que estén teniendo dificultades en un aula regular deber ser considerados para recibir tutoría, planes de compensación educativa y otros servicios de apoyo que estén disponibles para todos los estudiantes. Los padres tienen derecho, en cualquier momento, de pedir una evaluación para recibir servicios de educación especial. El distrito debe decidir, dentro de un plazo razonable, si dicha evaluación es necesaria. En caso afirmativo, el padre será notificado y se le pedirá permiso para realizar la evaluación. El distrito debe llevar a cabo la evaluación y el reporte sobre los resultados dentro de 45 días escuela a partir de la fecha en que el distrito recibió el permiso del padre por escrito. El distrito debe proporcionar una copia del reporte al padre. Si el distrito determina que la evaluación no es necesaria, debe proporcionar por escrito una notificación que explique el por qué. Esta notificación por escrito debe incluir una declaración que informe al padre sobre sus derechos si es que no está de acuerdo con la decisión del distrito. Además, la notificación debe informar al padre cómo obtener una copia del Aviso sobre Garantías Procesales-Derechos de los Padres de Alumnos con Discapacidades.

Para mayores informes, favor de contactar el departamento de Educación Especial, April Marioni, (915) 872-3926 at 13680 Socorro Rd., San Elizario, TX 79849. Mailing address: PO Box 920, San Elizario, TX 79849.

WTCC: 07-13-23





CryptoQuip Answer

As homework, I'm supposed to read this book by writer Dahl in one day.
Time to hit the Roald!

5	+	3	×	2	16
×		×		·ŀ·	
6	+	7	×	1	13
÷				×	
3	×	4	+	8	20
10		17		16	



By Lucie Winborne

- The largest volcano in the solar system is Olympus Mons, on Mars, standing at an impressive 13.6 miles high with a diameter of approximately 370 miles. That's nearly three times the height of Mt. Everest.
- During World War II, a U.S. naval destroyer won a battle against a Japanese submarine by throwing wait for it potatoes at them. The Japanese thought they were grenades.
- Lettuce is a member of the sunflower family.
- Gennaro Pelliccia, a taster for Costa Coffee, had his tongue insured for \$22 million.
- To leave a party without telling anyone is called, in English, a "French exit." And in French? Appropriately enough, it's known as a "partir a l'anglaise," or, to leave like the English.
- The rotund Buddha so commonly depicted in statues and pictures isn't at all an accurate representation. Instead, his real-life counterpart was actually quite thin, due to self-deprivation.
- GPS may be free to use, but it still costs \$2 million per day to operate. The funds are supplied by American tax revenue.
- No, the color red doesn't make bulls angry – they're colorblind.
- One of the World Trade Center towers was purposely built to a height of 1,776 feet to reference the year the Declaration of Independence was signed.
- Want to generate electricity from mud? Crazy as the concept may sound, it is indeed possible, thanks to geobacter sulfurreducens, which belongs to a group of organisms known as electrogenic bacteria that are able to transfer electrons from organic matter to metals or other conductive materials.
- According to a study done by French researchers, if you listen to loud music, you are more likely to drink more in less time.

Thought for the Day: "Faith is the bird that feels the light and sings when the dawn is still dark."

Rabindranath Tagore

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Moments THE HISTORY CHANNEL

- On July 10, 2011, the British newspaper News of the World published its final edition after 168 years in print, when owner Rupert Murdoch received a high amount of criticism following accusations against his staff that complained of phone hacking and bribing police to obtain the paper's stories.
- On July 11, 1977, Dr. Martin Luther King Jr. was posthumously awarded the Presidential Medal of Freedom, the nation's highest civilian honor, by Jimmy Carter, who called King "the conscience of a generation" who "made our nation stronger because he made it better."
- On July 12, 1957, Dwight D. Eisenhower became the first sitting American president to opt for flying in a helicopter over using a motorcade to get to his destination (in this case, Camp David, the presidential retreat in Maryland).
- On July 13, 1930, France defeated Mexico 4-1 and the United States defeated Belgium 3-0 in the first-ever World Cup football matches, played simultaneously in host city Montevideo, Uruguay. The World Cup has since become the world's most watched sporting event.
- OnJuly 14, 1882, gunfighter John Ringo was found dead in Turkey Creek Canyon, Arizona. Romanticized as a supposedly Shakespearequoting fellow of honor and courage whose wit was as quick as his gun, Ringo was not formally educated and came from a struggling, working-class Indiana family, but cultivated the image of a refined gentleman.
- On July 15, 1986, Columbia Records dropped Johnny Cash from its roster after a 26-year partnership, due to changing tastes in country music and declining album sales. At the time, Cash hadn't made it into the Top 10 with a single since releasing "The Baron" in 1981.
- On July 16, 2007, an earthquake with a magnitude of 6.8 struck central Japan, killing nine people and damaging hundreds of homes, as well as one of the world's largest nuclear power plants, which had a small electrical fire and leaked of radioactive air and water into the environment. The incident prompted increased safety in power plants over concern of a repeated scare.

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Seal

From Page 3

pushups a day, a thousand situps a day, a thousand flutter exercise]. It's a mile to the working out. So, you run six miles a day just to eat on top of an additional 12 miles a day. It's very, very hard training. But I had an instructor who explained that it's [all about] mindset. You need to get your mind into it, because if your mind quits, your body is going to follow. If your mind stays in it, you can make your body do anything. But that instructor gave me advice for getting through the training, and it turned out to be great advice for getting through life. He said the course is not impossible and I'm living proof of it. It will make you do something hard, followed by something very hard, followed by something harder, day after day after day. It sounds hard but don't think about it that way. Do it like this. Wake up in the morning. Make your bed the right way and then brush your teeth. You start the they face today.

day with three wins. That's not bad. It gets you to your 4 a.m. workout on time. And as you're feeling the pain, don't think about it; concentrate on your next goal in life, which kicks [a lower abdominal is making it to breakfast. After breakfast, your next goal in chow hall from where you're life is making it to lunch. And after lunch, your next goal in life is making it to dinner. After dinner, do everything you need to do to get back into that perfectly made bed. And because you took the time for yourself in the morning to make your bed the right way, regardless of how bad today was, and it was probably bad, tomorrow is a clean slate. Tomorrow is a fresh start. So, when you feel like quitting, which you will, do not quit right now, that's your emotion. Quit tomorrow. And if you can keep quitting tomorrow, you can do anything in life. That's how you get through."

> The Association of Mature American Citizens (http://www.amac.us) is a senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems

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Public Notice Clint Independent School District 504 Child Find

Pursuant to Section 504 of the Rehabilitation Act of 1973, the District has a duty to identify, refer, evaluate and if eligible, provide a free, appropriate public education to disabled students. For additional information about the rights of parents of eligible children, or for answers to any questions you might have about identification, evaluation and placement into Section 504, please contact the Clint District's Section 504 Coordinator, Rodrigo Hernandez, Assistant Director Special Education, at 926-4031, or mail at 14521 Horizon Blvd., Horizon City, Texas 79928.

Aviso de Identificación de Estudiantes Incapacitados bajo la Sección 504

Bajo la Sección del Decreto de Rehabilitación de 1973, el Distrito Escolar esta obligado a identificar, referir, evaluar, y propocionar servicios educativos apropiados y gratuitos a los estudiantes incapacitados que califican bajo esta ley. Si usted desea mas información sobre los derechos de padres de niños incapacitados, o si tiene preguntas sobre la identificación, evaluación, y colocación de niños en el programa de Sección 504, favor de ponerse en contacto con la Coordinadora de 504 del Distrito Escolar Independiente de Clint, Rodrigo Hernandez, Subdirector/a de Educación Especial, al numero 926-4031, o por correo a la siguiente dirección: 14521 Horizon Blvd., Horizon City, Texas 79928.

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Clint Independent School District Public Notification of Nondiscrimination

It is the policy of Clint ISD not to discriminate on the basis of race, color, religion, sex, gender, national origin, disability, age, or any other basis prohibited by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.

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WTCC: 07-13-23

NBA brings some good and bad changes for 2024

By Steve Escajeda Special to the Courier

The NBA just concluded its season with the Denver Nuggets winning their first championship in franchise history.

The NBA playoffs were a little different without the Milwaukee Bucks or the Boston Celtics or the Philadelphia 76ers making it to the Finals but you've is one I've been hoping to see for in regular-season schedule – for a receive an additional \$500,000. got to give the Miami Heat a lot of credit for getting there.

And though the season just ended, there's already talks going on about Soccer players? the 2024 season.

Two of the changes their thinking about make a lot of sense to me, but the third may be the dumbest things I've ever heard the NBA try.

There are two possible rules changes that the league is considering and they will be looked at during the current summer league season.

Fans tend to love it when the NFL coach reaches into his back pocket and throws that red challenge flag across the field because he disagrees with the referees call.

The NBA coach can do that too. Well, there's no flag involved but he gets a chance to challenge a call. But NBA coaches only have one challenge. During the summer league they're going to give the coaches two challenges.

3	4	9	2	5	8	1	6	7
7	6	5	3	4	1	9	2	8
1	2	8	6	7	9	4	3	5
8	1	4	7	3	6	5	9	2
9	5	7	1	8	2	3	4	6
2	3	6	5	9	4	8	7	1
4	7	1	8	6	3	2	5	9
5	9	2	4	1	7	6	8	3
6	8	3	9	2	5	7	1	4

To be honest, I don't know why we have to "test this" rule change during the summer league. Just give the coach two challenges. What's the problem?

We get it, instead of just one challenge that he can make, now he'll have two. That's almost like double the challenges. Hold on – let me make sure – carry the one – yes, that's double the challenges!

The second potential rule change years, actually punishing a player for completely unnecessary NBA inflopping to the ground.

Who do these guys think they are?

the number of guys who try to fake out the ref by hitting the ground after almost every single 3-point try. Or on guys who are bumped as softly as my 6-year-old granddaughter can backwards as if Aaron Donald mistook them for a quarterback.

I'm not sure if I'm more infuriated by the floppers or by the referees that held in November and all 30 teams will actually fall for the antics.

"the flopper" will be given a technical foul and the other team will get a free The technical foul will not count as a final four will be played in Las Vegas. regular foul.

regular foul, it's still a step in the right so needless? direction.

The one change we are definitely season tournament.

Yes, I'm shaking my head too.

For some reason, the NBA has The league is going to cut down on decided to have the entire league participate in a World Cup-style tournament in the middle of the season because... well ... I have no clue.

Well, the truth is that the league feels that in November, because of bump them... and then they go flying the popularity of the NFL, they need a little something extra to keep fans interested.

> The plan is for the tournament to be be involved. Five teams will compete than five years.

What the league is proposing is that in six divisions with eight teams advancing to the "knock-out" round.

Every game in the tournament will throw and the ball out of bounds. count as a regular season game and the

So why would the NBA Players Although I'd rather see it as a Association even agree to something

Oh yeah, I almost forgot – money!

It has been reported that coaches going to see next season is a stop and members of the winning team will

> I guess everyone else will just have to get by with their measly milliondollar paychecks.

The NBA is trying a gimmick to get fans to watch - a sign of desperation. There will be very little interest in this tournament as long as it's going up against college and NFL football.

I like adding another coach's challenge. I love doing whatever they can to eliminate all the flopping.

This "in-season tournament" means absolutely nothing to the players or the fans.

My guess is it will be gone in less

Senior moment By Matilda Charles

Memory aids we can use

There may come a time when you can no longer of important dates with items such as inspection and new used to be easily recalled. I suspect it comes to us all. batch of prescriptions at the pharmacy. When it does, it's time to start making lists.

all those numbers. But the problem comes when the phone him a notebook of instructions. In a three-ring binder I is on its charger and can't be accessed. Written lists are a put pages with one instruction per page, with titles like lifesaver then.

kitchen, the one right above the phone on the wall.

I now have a similar list taped to the inside of my piece of paper on the side of my computer monitor. Of the two, that's the most handy because I'm often at the computer.

76 Secret stash

78 Foretellers

80 Botch it up

81 Bond creator

Flemina

77 Love, to Celine

I've also made a list for the other side of the monitor

immediately remember the 25 telephone numbers that tags for the car and the next date to pick up a three-month

One thing that was helpful for my father years ago when Having a cellphone is probably the easiest way to save he was very senior and using his first computer: I made "How to Send Email," and I'd start each instruction with I made such a list for my father many years ago, not "Turn on the computer," because that's where his skill suspecting then that I would need the same type of list level was. Periodically, as his computer skills grew, he'd someday. I'd taped his list inside the cabinet door in his request additional instruction pages. It was a lot easier than trying to teach him by telephone.

Nowadays, if he were still living, I'm sure I'd be own cabinet door, but in one other place as well: a slim creating a "How to Use the Cellphone" notebook for him. I'd be happy to.

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INTER-PLANETARY

- **ACROSS** 1 Flip out 6 City in Florida 11 Nerve-racking 20 Rock guitarists, slangily
- 21 After-bath aarments 22 What a dipstick is
- dipped into 23 Rip open eagerly
- 25 Budapest native 26 Put up with 27 Actor Erwin
- 28 Chocolate syrup brand 29 Bone-dry 30 Je ne _ quoi (elusive quality)
- 32 Tools facilitating weapon-launching 35 Asset of Hercules and Samson
- 39 Road coating 40 Young miss
- 41 Aerobic exercise promotes it 44 Greek region 49 Work unit, in physics 50 Morales of "La
- Bamba" 51 Infant 53 Drain cleaner 54 Hiker's printed
- guide 58 Result of a lucid

- 63 Like scalawags 65 Prefix with commuting 66 Making haste 67 Aid in diagnosing
- an injured meniscus 71 In dreamland 74 Dragon killer, say bases 79 "Hamilton" duet
- sung by Burr and Hamilton to their children
- 83 Literary alias 84 Big cat's lair 85 Beet or turnip
- 86 "I don't give _!" 88 Olympic runner Sebastian 89 Ghosts
- 93 Paul Lynde's role on "Bewitched" 97 What a dipstick is dipped into
- 98 Faux 100 Diner patrons choosing dishes 101 Danger of atomic weapons 108 Drink mixer
- 109 Just slightly 110 Trembled 111 Victory sign
- 113 "Au _" ("So long for now") 117 Wedding party 119 Tolkien's imaginary world (that hints at this
- DOWN 1 Jetway locale 2 Plow pullers 3 "Diary of _ Housewife" 4 Careful reader 5 Race joiner 6 Bruin Bobby 7 Pigeon calls 8 Sits next to 9 Helpful boost

puzzle's theme)

121 Rear-end or

122 Hit of the past

123 Prefix with fiche

124 Quality of a dirty

125 Howled wolfishly

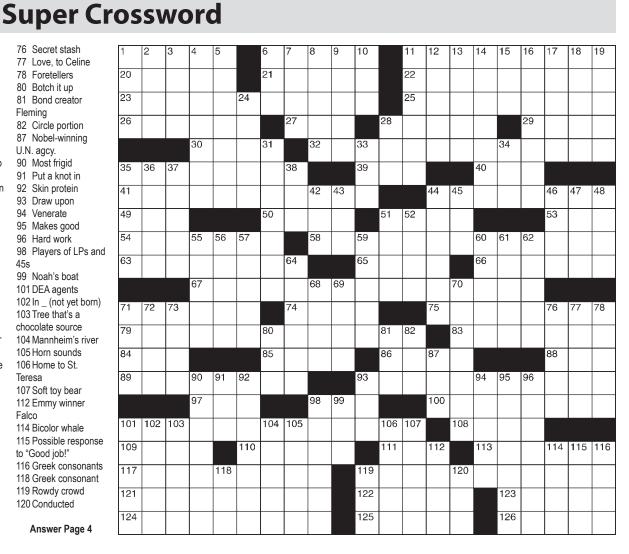
sideswipe

chimney

- 10 Oar wood 11 NPR journalist Daniel 12 Depend on 13 Cattle home
- 14 Congest with fluid 15 Kin of reggae 16 Prints messily 17 Savoir-_ 18 Onetime TWA rival
- 19 Gives temporarily 24 "_-Ho" ("Snow White" song) 28 Sheep call
- 31 Church tower 33 Archaic verb

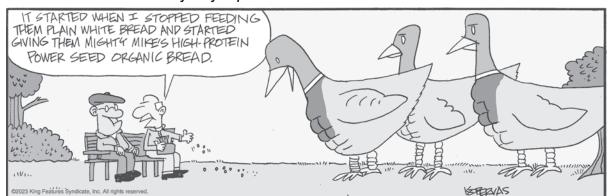
- 34 Alliance of the W Hemisphere 35 Clip, as wool 36 On _ firma 37 Is furious 38 Possesses 42 Fond du _, WI
- 43 Up to, in ads involving a forearm jab 45 Sneaky laugh 46 Et _ (and others, in footnotes) 47 "Fist City" singer Loretta 48 Safecracker,
- slangily 51 Boxer Max 52 Guthrie of folk 55 "Angel" actress Amy 56 French artist
- Edouard 57 First Hebrew letter 59 Set of values 60 "Would that it were true!' 61 _ the bud
- (forestall) 62 Single out as especially important 64 Boorish types 68 Make over 69 Race pace
- rivals, informally 71 Appends 72 Flow slowly 73 Race space
- 82 Circle portion 87 Nobel-winning J.N. agcy 90 Most frigid 91 Put a knot in 92 Skin protein 93 Draw upon 94 Venerate 95 Makes good 96 Hard work 99 Noah's boat 101 DEA agents 103 Tree that's a chocolate source 105 Horn sounds 106 Home to St. Teresa 107 Soft toy bear 112 Emmy winner 114 Bicolor whale to "Good job!" 70 Ones outdoing all 119 Rowdy crowd 120 Conducted
 - 98 Players of LPs and 102 In _ (not yet born) 104 Mannheim's river 115 Possible response 116 Greek consonants 118 Greek consonant

Answer Page 4



Comix

OUT ON A LIMB By Gary Kopervas



AMBER WAVES By Dave T. Phipps









THE SPATS By Jeff Pickering







TIGER By Bud Blake

















Lowry From Page 2

current discrimination harming people who diversity. had nothing to do with the prior injustices.

The admissions process, Jackson says, "allows consideration of all factors material to the education of other students? merit," adding in a parenthetical, "including considers especially meritorious, although the policies she defends are meant to suppress Asian Americans acceptances.

Asian Americans are, to use the woke term, "invisible" to her, an expendable chit is fairness. 2+2=5. in a grand morality play of black and white. There's no modulation in her views on race – no awareness that many Black people are from immigrant families untouched by American slavery, or that Asian Americans also have a history of discrimination, or that some white people have had a tougher upbringing than some Black, or that people are individuals, not *Rich Lowry is editor of the National Review*. racial archetypes.

Even if putting students from different backgrounds together "improves cognitive abilities and critical thinking skills, reduces prejudice, and better prepares students for she says that UNC's admission process is post-graduate life," as Jackson maintains, fairer than it used to be when it excluded Black there's no reason to conclude that race people – as if past discrimination justifies is the only or most important element of

> What has the child of Vietnamese immigrants done to be considered harmful to diversity and

In head-spinning logic, Jackson asserts that race." She doesn't spell out which races she ending discrimination in admissions "will delay the day that every American has an equal opportunity to thrive, regardless of race," and "ignoring race makes it matter more."

Discrimination is anti-discrimination. Bias

Justice Harlan's dissent in Plessy is unmistakable: "Our Constitution is color-blind and neither knows nor tolerates classes among citizens."

Justice Jackson takes a different view.

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More medication may reduce high blood pressure

DEAR DR. ROACH: I am a 68-year-old female who was diagnosed with high blood pressure at 32. I am 5 feet, 5

inches tall and weigh 130 pounds. I've been taking 240 mg of verapamil for all of these years. A few years back, my medication started coming in 120mg dosages, so I started taking one in the morning and one at night. My blood pressure both at home and at the doctor's office is often higher than I think it



should be, averaging 138/88. Recently, I used a 24-hour blood pressure monitor, which showed that more than 50% of my daytime readings were above 140/90, while my nighttime readings averaged 118/82. I am still waiting to hear back from my doctor regarding the results of this test, but I wanted to get your thoughts. Should I be on some other type of medication? Should I alter the timing to get better daytime readings? -E.T.

In my opinion, these readings are not ideal. Twenty-fourhour, ambulatory blood pressure readings are usually 5 to 10 points lower than office blood pressure readings, so your average daytime readings are correspondingly higher.

There is strong evidence that in people at high risk for heart attack (such as those who are already known to have blockages), controlling blood pressure to an average of less than 120 systolic (the first or top number) and less than 70 diastolic (the second or bottom number) reduces risk. It's not as clear for people who are at a lower risk, such as people who have high blood pressure without any additional risks.

In my own practice, however, I will usually try to get my patients close to those optimal numbers, as long as the medication does not cause side effects. In a situation like yours, I would consider additional daytime medicine. More verapamil might be reasonable, but many doctors might use a different medication, such as a diuretic, in the morning to try to get the optimal blood pressure with less risk of side

Very often, the choice of blood pressure medication depends on any other medical issues a person may have. Only your doctor knows enough about your medical condition to make a personalized recommendation.

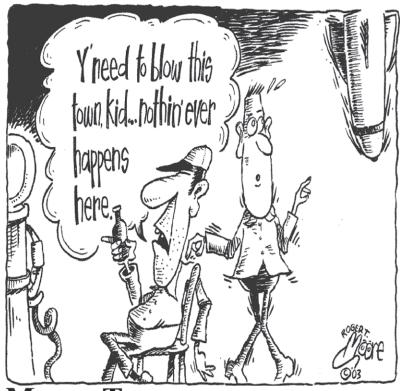
DEAR DR. ROACH: Can you eat eggs if you have a severe allergy to them? I ask this because my grandson vomited after eating scrambled eggs for the first time, so my daughter-inlaw took him to four doctors until she found one who agreed with her that he had a severe allergic reaction. (The first three said he did not.) Since then, he has eaten baked foods with eggs in them without getting a reaction. -G.A.

Egg allergies are among the most common childhood food allergies, second only to cow's milk. Symptoms of a severe egg allergy can start within minutes of eating an egg product, with skin changes (flushing, itching or swelling) and problems with the airway (swelling of the throat or a change in voice). Not all people – whether they're adults or children - get skin changes, and gastrointestinal symptoms are also common. Although vomiting may occur, other symptoms (looking pale, lethargy or diarrhea) commonly occur.

A single episode of vomiting is not strong evidence of a food allergy. Blood and skin testing are sometimes used to evaluate whether an allergy is truly present.

More importantly, repeated exposure without symptoms is evidence against the diagnosis of a food allergy (although it is possible there was not enough egg in what your grandson ate to trigger a reaction). I strongly recommend a consultation with an allergist.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2023 North America Synd., Inc. All Rights Reserved.



Moore Texas by Roger Moore

July 13, 1944: Bombers from Biggs Field in El Paso accidentally dumped their dummy bombs on Sierra Blanca.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals R

RY SIUGLIQO, N'U YJXXIYGT HI QGRT HSNY MIIO ME LQNHGQ TRSZ NA IAG TRE. HNUG HI SNH HSG QIRZT!

> Answer Page 4 ©2023 King Features Synd., Inc.

Weekly **SUDOKU**

by Linda Thistle

3			2					7
	6			4		9		
		8			9		3	
		4		3				2
9					2		4	
	3		5			8		
		1		6		2		
5					7			3
	8		9				1	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

Answer Page 6

♦ Moderate ♦ ♦ Challenging

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Stolen valor, still

by Freddy Groves

Stop Stolen Valor for Service-Disabled Veteran-Owned Small Business Contractors. Its purpose is to businesses applying for repay \$284,000. contracts. Ideally, this bill, service-disabled contract program.

theirs.

In a recent case, a woman was sentenced to federal prison for, among other agencies – in addition to the things, forging military U.S. attorney - including discharge papers claiming to have received Border Patrol and the U.S. military medals after being Air Force. hit by IEDs. In this case, the woman actually worked claimed to be a former

information was required. She ended up grabbing \$250,000 from veterans charities, served as a VFW post commander and gave Look at the P.O.W. Network Right now in the U.S. speeches wearing a uniform (www.pownetwork.org), Congress is bill S.1469: and medals she purchased the Congressional Medal of online. She managed to keep Honor Society (www.cmohs. up the fraud for five years. org) and Home of Heroes She'll be heading off to prison for six years (not nearly long require certification of small enough) and will need to

Then there's the guy (a if passed, would put more Canadian) who's been charged teeth into any punishment with violating the Stolen handed out for abusing the Valor Act by falsifying his Department of Veterans discharge papers to indicate Affairs small business and that he earned many medals veterans and ribbons, including the Purple Heart. The guy did Despite the laws about serve in the U.S. military, stolen valor, crooks still try but he was bounced with to claim what isn't rightfully a bad-conduct discharge and never earned a Purple Heart. He's incurred the wrath of several government and Homeland Security, DMV,

And there's the guy who at the VA and saw firsthand prisoner of war and a Navy

SEAL to help him steal health care benefits and jump up a few priority groups what kind of paperwork and ahead of real veterans. The thief never served.

> If you suspect someone isn't who they say they are, check online databases. (www.homeofheroes.com) with an alphabetical index of 120,000 actual recipients.

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- Keep a small wastepaper basket or shredder near your entrance if possible. You can get rid of paper items you don't need (think, junk mail) before it even makes it into the house. This is especially important if you tend to let things pile up. like I do! -R.F. in Louisiana
- Save the rubber bands from broccoli. You can put them around the body of a drinking glass so that it will be less slippery as it condensates.
- "I save the wrappers from my unsalted butter sticks in a baggie in my refrigerator. I use them to grease a pan when baking." - M.M. in Wisconsin
- · Corn is best cooked within a day or two of being picked. so farm-stand corn is the best. Add a little bit of milk to the cooking water, and it will bring out the natural sweetness.
- · Cherries are in season! Much like strawberries, they need to be kept refrigerated but taste best at room temperature. Before eating your cherries, let them sit out for about a half-hour.
- Mmmmm. Dried lentils don't need to be soaked prior to cooking like other dried beans. And they're packed with protein.
- "If you lose a contact lens and can't find it right off, try turning out the lights and shine a flashlight across the ground. The lens might reflect the light and cause a flash. That will make it easier to find." - T.L. in Texas

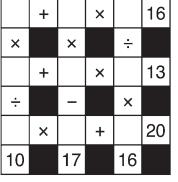
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2023 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

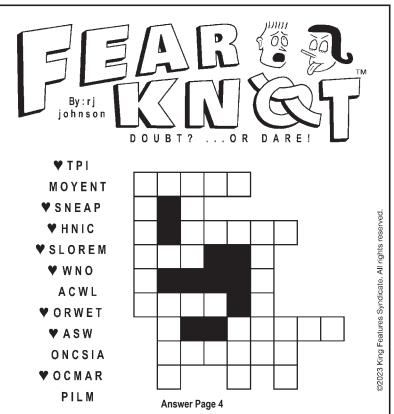
DIFFICULTY: ★

★ Moderate ★★ Difficult * * * GO FIGURE! **Answer Page 4**



3 3 4 5 6 7 8 2

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Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.