



## NEWSBRIEFS

### Disabilities

With October being National Disability Employment Awareness Month and the average monthly Social Security disability benefit at only \$1,350, barely enough to keep an individual out of poverty, the personal-finance website WalletHub has released its report on 2023's Best & Worst Cities for People with Disabilities, as well as expert commentary. In order to ease the process of finding the best place to live while managing a disability, WalletHub compared more than 180 U.S. cities across 33 key indicators of disability-friendliness. The data set ranges from wheelchair-accessible facilities per capita to the rate of workers with disabilities to the quality of the public hospital system. El Paso was rated 124th in the report. Best vs. Worst:

- Lewiston, ME has the highest share of people with disabilities living in the area, 21.00 percent, which is 3.8 times higher than in Irvine, CA, the city with the lowest at 5.60 percent.
- Overland Park, KS has the lowest share of people with disabilities living in poverty, 8.15 percent, which is 5.2 times lower than in Rochester, NY, the city with the highest at 42.44 percent.
- Brownsville, TX has the lowest median annual cost of in-home services, \$34,320. That's 2.7 times lower than in Bismarck, ND, the city with the highest at \$93,877.
- Fremont, CA has the highest median annual earnings for people with disabilities, \$48,653. That's 6.6 times higher than in Burlington, VT, the city with the lowest at \$7,398.

Visit <https://wallethub.com/edu/best-worst-cities-for-people-with-disabilities/7164> for the full report.

— Diana Polk

### The cheeseburger

Burger King has cheered up vegetarians with its newest fast-food offering: a meatless hamburger sandwich. So far it's available in its stores in Thailand, only, and it is being called the "real cheeseburger" because the bun is filled with at least 20 slices of American cheese, but no burger, and it has gone viral throughout the country. But not all customers think it is a tasty treat. One patron told CNN it's a bit too much cheese. "I could only finish half of it," she said.

— John Grimaldi

*Lying about people really annoys them, but sometimes telling the truth annoys them even more.*

— Quips & Quotes



— Photo courtesy El Paso County Parks and Recreation Department

**COMMUNITY CAUSE** — El Paso County's Ascarate Park was completed in 1940 by more than 200 Civilian Conservation Corps (CCC) workers after county residents voted for a special tax to fund the construction of the park in 1937. CCC crews built the baseball fields, tennis courts, and removed more than 1 million cubic yards of sand to create the lake, above.

## American Climate Corps marks a new era of youth-powered climate action

By Alfredo Vasquez  
*Special to the Courier*

EL PASO COUNTY — Like the Civilian Conservation Corps (CCC) work relief program of the 1930s which gave millions of young men employment on environmental projects during the Great Depression, a new version, named American Climate Corps (ACC), is about to be launched in the coming months.

Established through an executive order by President Franklin D. Roosevelt, the CCC planted more than three billion trees and constructed trails and shelters in more than 800 parks nationwide during its nine years of existence. Essentially, the CCC helped shape the modern national and state park systems that Americans enjoy today.

Now, President Joe Biden, again through the use of an executive order, recently announced the creation of the ACC. And he plans to use AmeriCorps, the federal agency for national service, to serve as the hub for the reinvented initiative.

ACC will be an interagency partnership between AmeriCorps,

National Oceanic and Atmospheric Administration, and the Departments of Labor, Interior, Agriculture, and Energy, stated federal government officials.

"President Biden's American Climate Corps is a bold and necessary response to the concerns of young people across America. From record heat and extreme flooding to devastating wildfires, climate change is an existential threat to life as we know it. AmeriCorps members have been combatting these threats since our founding and we're prepared to accelerate and strengthen our response," Michael D. Smith, CEO, AmeriCorps stated in a recent news release.

"We recognize that these times also present an opportunity to address climate change and build a workforce pipeline that will deliver good-paying union jobs and strengthen the clean energy economy. AmeriCorps and our partner agencies are ready to lead the American Climate Corps," Smith contended. "We're always looking to meet the needs of the future, and with President Biden's American Climate Corps, we're doing just that," he added.

The idea is to use ACC to help

improve the lives of individuals and communities throughout the nation, while helping the United States face intersecting challenges including the catastrophic and disproportionate impacts of climate change and unequal access to training, higher education, and high-quality jobs.

Through partnerships with national service grantees, labor organizations, apprenticeship readiness programs and registered apprenticeships, educational institutions, and other organizations, ACC will build a base of talented, skilled, certified, and apprentice-able workers for jobs in public service or the private sector, according to government officials.

One of the first major partnerships under the ACC will be between AmeriCorps and the US Forest Service, which will establish the new AmeriCorps NCCC Forest Corps. This program will be a five-year, \$15 million interagency agreement, with the first group of 80 members to begin service in the summer of 2024.

The AmeriCorps NCCC Forest Corps is expected to deploy across America to conserve national forests



**See LOWRY, Page 7**

Visit [www.whitehouse.gov/climatecorps](http://www.whitehouse.gov/climatecorps) for more information about the American Climate Corps. Visit <https://americorps.gov/serve/americorps/americorps-nccc#programs> to learn more about the AmeriCorps NCCC Forest Corps.

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# Strange BUT TRUE

By Lucie Winborne


- The small dots on strawberries are known as “drupelets” and are not seeds, as often thought, but do contain seeds.
- A dog named Chickie seemed like anything but man’s best friend when she chewed up her owner’s passport just days before his wedding in Italy. Fortunately, with a little help from local lawmakers as well as the community, a new one was issued in time for the nuptials to take place. As for Chickie, she was later given a mock “pupster passport”!
- Culinary icon Ina Garten, aka the “Barefoot Contessa,” was a nuclear policy analyst for the White House before embarking on a career in cookery.
- Despite their widely different climates, Alaska and Hawaii share a highest recorded temperature of 100 F.
- Popular video game character Super Mario’s original name was Jumpman. He was rechristened in honor of Mario Segale, Nintendo of America’s landlord.
- A 2016 study by Yale University found that people over the age of 50

who read books for more than three and a half hours per week had a 20% lower mortality risk over a 12-year period than nonbook readers.

- Lachanophobia refers to the irrational fear of vegetables.
- All the nearly 6,000 residents of Suloszowa village in Poland live along one 9-kilometer street.
- Altocalciphilia is the medical term for a shoe addiction.
- While it’s difficult to imagine anyone but Bruce Willis in the role of “Die Hard” hero John McClane, the part was originally offered to crooner Frank Sinatra, due to the film’s technically being a sequel to “The Detective,” in which Sinatra had played the lead.
- A roll-on deodorant ball was the inspiration for Apple’s first mouse prototype.
- Basketball backboards were invented to keep overly enthusiastic fans from interfering with a game after some spectators, early in the sport’s history, leaned over railings in an effort to deflect or catch the ball.
- To own a rabbit in Queensland, Australia, you must first prove you’ll display it for an acceptable purpose.

Thought for the Day: “Don’t go through life, grow through life.”  
— Eric Butterworth

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## Moments in time

THE HISTORY CHANNEL

- On Oct. 9, 2004, Afghan voters went to the polls for the first time in their nation’s history to vote for a president and elected Hamid Karzai, who had served as their interim president after the collapse of the Taliban regime three years earlier.
- On Oct. 10, 1845, George Bancroft – historian, educator and secretary of the Navy – founded the U.S. Naval Academy in Annapolis, Maryland, to improve the then-unsatisfactory methods of instructing the service’s midshipmen.
- On Oct. 11, 2000, at a ceremony in London, the International Women of the Year Association awarded the title “Greatest Woman Achiever of the Century” to Russian engineer and cosmonaut Valentina V. Tereshkova, who became the first woman in space when she flew a solo mission on the Vostok 6 on June 16, 1963.
- On Oct. 12, 1810, the first Oktoberfest was celebrated in Munich, Germany, in honor of the marriage of Ludwig, the crown prince of Bavaria (who later became King Louis I), to Princess Therese von Sachsen-

Hildburghausen. The festivities lasted nearly a week and ended in a horse race. Today, the festival is the largest in the world, with more than 6 million participants around the globe.

- On Oct. 13, 1950, the movie “All About Eve,” starring Bette Davis and Anne Baxter, premiered in both Paris and New York City. Known for its acid wit, it won six Academy Awards, including Best Picture, but was roundly criticized for depicting a character smoking in bed by an Indiana man who was part of his local fire prevention committee.
- On Oct. 14, 1926, English humorist, poet and playwright A.A. Milne published “Winnie-the-Pooh,” a children’s book set in the fictional Hundred Acre Wood featuring the adventures of the eponymous honey-loving bear and his good friends, including Eeyore, Christopher Robin and Piglet.
- On Oct. 15, 1966, Huey P. Newton and Bobby Seale founded the Black Panther Party, with a mission of protecting African Americans from police brutality. The organization developed into a Marxist revolutionary group, calling for, among other things, the arming of all African Americans and the release of African Americans from jail.

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Archives: [www.wtxcc.com](http://www.wtxcc.com)



Mr. President, over half of the senators are over 65 years old! Don't you think they should retire at age 65?

Of course not! That's a silly question! I'm 80 years old and I'm running again for President!



So you heard it again! The President made another gaffe!

MEDIA

MIKE MITH DIST. BY KING FEATURES SYNDICATE/LAS VEGAS 10/12/2023



WITH SO MANY PEOPLE BEING SHOT WHILE DOING EVERYDAY THINGS, I'D THINK TWICE BEFORE MAKING A U-TURN.

DUELING T-SHIRTS



LOCK HIM UP

MARTYR

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KIRK



WHY WOULD THE BIDEN ADMINISTRATION...

FAVOR THESE NEW WASHING MACHINES...

THAT ARE LESS EFFICIENT...

AND COST MORE?

CONSUMERS MAYBE THEY'RE GOOD FOR MONEY LAUNDERING!

INVESTIGATION OF BIDENS WIDENS

HITG# 12



Notice of Election – Village of Vinton, TX

**TO THE REGISTERED VOTERS OF VINTON, TEXAS**

**A LOS VOTANTES REGISTRADOS DE VINTON, TEXAS**

Notice is hereby given that the polling places listed below will be open from 7 a.m. to 7 p.m. on November 7, 2023 for voting in a Municipal Election, to elect Aldermen for Place 3, Place 4 and Place 5 for full (3) year terms.

*Notifíquese, por presente, que las Casillas electorales citadas abajo se abrirán desde las 7 de la mañana hasta las 7 de la tarde el martes 7 de noviembre de 2023 para votar en la elección para elegir Miembros del Consejo, posición 3, posición 4 y posición 5, cada puesto es por un periodo de (3) años.*

On Election Day, voters must vote in their precinct where registered to vote.

*El Día de Elección, los votantes deberán votar en su precinto donde están inscritos para votar.*

**November 7, 2023  
7:00 a.m. – 7:00 p.m.  
On Election Day any El Paso County registered voter is eligible to vote at any El Paso County Vote Center in EXHIBIT 1. Visit <https://epcoun-tyvotes.com/> for all loca-tions or changes. SUBJECT TO CHANGE**

***DIA de ELECCION  
7 de noviembre el 2023  
7:00 a.m. a 7:00 p.m.  
El día de las elecciones, cualquier votante registrado en el condado de El Paso es elegible para votar en cualquier Centro de Votación del Condado de El Paso en ANEXO 1. Visite <https://epcountyvotes.com/> para todas las ubicaciones o cambios. SUJETO A CAMBIO***

**EARLY VOTING**

Early voting by personal appearance will be conducted at all locations within El Paso County at which Early Voting is conducted by the County Elections Department (EXHIBIT 2) beginning on Monday, October 23, 2023 and ending on Friday, November 3, 2023. For early voting, a voter may vote at any

of the locations listed in EXHIBIT 2.

**VOTACION ANTICIPADA**  
*Paravotaranticipadamente puedeacudirenpersona de lunes 23 de octubre 2023 al viernes, 3 de noviembre 2023, a cualquier centro de votaciones inclusive las casillas moviles del Condado de El Paso donde el Departamento de Elecciones del Condado (ANEXO 2) realice votaciones anticipadas. Para*  
**Votación Adelantada, los votantes podrán votar en cualquiera de las ubicaciones nombradas en el Anexo 2.**

Applications for ballot by mail should be mailed to:

*Las solicitudes para boletas que se votarán en ausencia por correo deberán enviarse a:*

**Lisa Wise  
El Paso County  
Elections Department  
500 E. San Antonio, #314  
El Paso, Texas 79901**

Applications for ballots by mail must be received no later than the close of business on October 27, 2023.

*Las solicitudes para votar por correo deberán recibirse antes del término de horas hábiles el día 27 de octubre de 2023.*

Issued this 1st day of August of 2023.

*Emitda esta 1 dia de agosto de 2023.*

*Andrea M. Carrillo  
Presiding Officer  
Oficial que Preside*

**EXHIBIT 1 / ANEXO 1**

**Zip Code: 79821**

**Anthony City Hall**  
401 Wildcat Dr.  
Court Room

**El Paso County Northwest Annex**  
435 E. Vinton Rd.  
Community Room

**Zip Code: 79835**

**Canutillo Middle School**  
7311 Bosque Rd.  
Entry Foyer

**Canutillo Elementary School**  
651 Canutillo Ave.  
Entry Foyer

**Zip Code: 79836**

**Clint ISD Early**

**College Academy**  
13100 Alameda Ave.  
Library

**Zip Code: 79838**

**Rio Valle Woman’s Club**  
521 Mike Maros St.  
Front Conference Area

**Fabens Community Center**  
201 NE Camp St.  
Pool Room

**Zip Code: 79849**

**City of San Elizario Municipal Court**  
12004 Socorro Rd., Ste. B  
Council Chambers

**Zip Code: 79853**

**W.E. Neill Community Center**  
19210 Cobb Ave.  
Library

**Zip Code: 79901**

**Enrique Moreno County Courthouse**  
500 E. San Antonio Ave.  
Third Floor, Back Lobby

**South El Paso Senior Citizen Center**  
600 S. Ochoa St.  
Multipurpose Room

**Zip Code: 79902**

**El Paso Community College - Rio Grande Campus**  
906 El Paso St.  
The Little Temple

**Fire Station #3**  
721 E. Rio Grande Ave.  
Apparatus Bay

**Lamar Elementary School**  
1440 E. Cliff Dr.  
Cafeteria Lobby

**Mesita Elementary School**  
3307 N. Stanton St.  
Library

**El Paso Tennis Club**  
2510 N. St. Vrain St.  
Club House

**UTEP - Union Building East**  
351 W. University Ave.  
Acacia Room 102A (79968)

**Zip Code: 79903**

**Fire Station #7**  
3200 Pershing Dr.  
Apparatus Bay

**Cross of Grace Church**  
4700 Leeds Ave.  
Connect Room

**Safety and Health Outreach Center**  
5415 Trowbridge Dr.  
Apparatus Bay

**Zip Code: 79904**

**Magoffin Middle School**  
4931 Hercules Ave.  
Gym Lobby

**Nations Tobin Sports Center**  
8831 Railroad Dr.  
Meeting Room

**Logan Elementary School**  
3200 Ellerthorpe Ave.  
Room 105

**Park Elementary School**  
3601 Edgar Park Ave.  
Foyer

**Fire Station #16**  
3828 Hercules Ave.  
Apparatus Bay

**Zip Code: 79905**

**Bowie High School**  
801 S. San Marcial St.  
Fine Arts Lobby

**El Paso County Coliseum**  
4100 E. Paisano Dr.  
VIP Room

**Hawkins Elementary School**  
5816 Stephenson Ave.  
Multipurpose Room

**Dr. Josefina Villamil Tinajero Pk-8 School**  
301 Lisbon St.  
Old Gym

**El Paso County Ascarate Annex**  
301 Manny Martinez Dr.  
Training Room

**Zip Code: 79907**

**Loma Terrace Elementary School**  
8200 Ryland Dr.  
Lion’s Den

**YWCA - Lower Valley**  
115 Davis Dr.  
Program Offices Room

**Ysleta Community Learning Center**  
121 Padres Dr.  
Annex

**Lancaster Elementary School**  
9230 Elgin Dr.  
Cafeteria

**Alicia R. Chacon International School**  
920 Burgundy Dr.  
Library

**Zip Code: 79911**

**Congressman Silvestre & Carolina Reyes School**  
7440 Northern Pass Dr.  
Lower Level, East Corridor

**Zip Code: 79912**

**The Shoppes at Solana**  
750 Sunland Park Dr.

Lower Level, Across from Starr Western Wear

**Brown Middle School**  
7820 Helen of Troy Dr.  
Parent Center 135/139

**Medano Heights**  
7801 Medano Dr.  
Community Center

**Tippin Elementary School**  
6541 Bear Ridge Dr.  
Community Room

**Fire Station #27**  
6767 Ojo De Agua Dr.  
Apparatus Bay

**Rosa Guerrero Elementary School**  
7530 Lakehurst Rd.  
Community Room

**YWCA - West**  
313 Bartlett Dr.  
Program Offices Room

**Carlos Rivera Elementary School**  
6445 Escondido Dr.  
Multipurpose Building

**Western Hills U.M.C - Stewart Family Life Center A**  
524 Thunderbird Dr.  
SFLC Foyer

**Dr. Green Elementary School**  
5430 Buckley Dr.  
Multipurpose Room

**Putnam Elementary School**  
6508 Fiesta Dr.  
Foyer

**Polk Elementary School**  
940 Belvidere St.  
Counselor’s Room

**Zip Code: 79915**

**El Paso Community College - Valle Verde**  
919 Hunter Dr.  
Cafeteria Annex

**Riverside High School**  
301 Midway Dr.  
Theatre Lobby

**Ysleta Pre-K Center**  
7940 Craddock Ave.  
Multipurpose Room

**Bel Air Middle School**  
7909 Ranchland Dr.  
Library

**Officer David Ortiz Recreation Center**  
563 N. Carolina Dr.  
Classroom B

**Transition To Life Career Center**  
7988 Alameda Ave.  
Library

**Zip Code: 79922**

**Fire Station #15**  
115 Shorty Ln.  
Apparatus Bay

**Zach White Elementary School**  
4256 Roxbury Dr.  
Multipurpose Room

**Zip Code: 79924**

**Desertaire Elementary School**  
6301 Tiger Eye Dr.  
Gymnasium

**Bowling Family YMCA**  
5509 Will Ruth Ave.  
Vita Room

**Dr. Joseph E. Torres Elementary School**  
10700 Rushing Rd.  
Multipurpose Room

**H.E. Charles Middle School**  
4909 Trojan Dr.  
Portable #1

**Arlington Park Shelter**  
10350 Pasadena Cir.  
Main Room

**Newman Elementary School**  
10275 Alcan St.  
Gymnasium

**Parkland High School**  
5932 Quail Ave.  
Events Center

**H.R. Moye Elementary School**  
4825 Alps Dr.  
Gymnasium

**Coach Archie Duran Elementary School**  
5249 Bastille Ave.  
Multipurpose Room

**Zip Code: 79925**

**Fire Station #20**  
8301 Edgemere Blvd.  
Apparatus Bay

**Cielo Vista Elementary School**  
9000 Basil Ct.  
Community Room

**Edgemere Elementary School**  
10300 Edgemere Blvd.  
Alaska Room

**Eastwood High School**  
2430 McRae Blvd.  
Theatre Lobby

**YISD Central Office**  
9600 Sims Dr.  
Tigua Room

**Eastwood Heights Elementary School**  
10530 Janway Dr.  
Gymnasium

Village of Vinton, TX  
Election Notice  
continued Page 5.





# It took a century, but baseball finally got it right

By Steve Escajeda  
*Special to the Courier*

The 2023 Major League Baseball regular season is over and we’re right in the middle of the playoffs.

But 2023 wasn’t just your average every year regular season. It came with a multitude of rules changes and different looks that everyone knew would affect the game.

The only real question was whether those changes would be good or not so good.

Let’s take a look.

The most controversial change was the pitch clock. It used to be that pitchers could take their sweet time and deliver a pitch whenever they decided they were ready.

This really added a ton of minutes and overall boredom to the game. It got to the point that the average baseball game was lasting three hours and nine minutes.

I can mow the lawn, trim the bushes, do two loads of laundry, cook dinner, eat dinner and write this article in three hours and nine minutes.

Baseball also eliminated the shift, where a team could move all their infield guys to the right or left side of the field depending on where the other team’s batter usually hits the ball.

Whenever there was a fast runner on first base, threatening to steal second, a pitcher could throw the ball over to first to keep that runner close. The only problem was that sometimes a pitcher would throw the ball to first over and

over again, slowing the game down to a crawl.

So now a pitcher can throw to first base only two times, on the third attempt he better pick off the runner, if not the runner is awarded second base.

In a very unusual change, baseball made the actual bases a little bigger. Every base used to be 15 square inches wide, but now they are at 18 square inches. The idea was that if the bases are a little bigger, players have a little more area to play with and thus reduce the number of potential collision injuries.

There were a few other changes but these were the main decisions MLB made to help speed up the game. How did they turn out?

First of all, the pitch clock has been the best thing to happen to baseball since Babe Ruth.

The new rules include a 30-second timer to speed up time between batters. Pitchers have 15 seconds between pitches when the bases are empty, and

20 seconds when there are runners on the bases.

If a pitcher violates the timer, he will be charged an automatic ball. But it works both ways, if a batter violates the limit, he will be charged an automatic strike.

In the first month of the season pitchers and batters were complaining about the rule and how it was a horrible idea, but as the season wore on and everybody started getting used to it – the complaining stopped and the games got shorter.

When I was growing up watching baseball, guys like Lou Brock and Vince Coleman and Ozzie Smith and Ricky Henderson made the game more exciting by trying to steal second base. That battle between pitcher and catcher and runner turned into a do-or-die drama.

Over the last decade, the stolen base has been pretty much eliminated from the game.

But because of the “throwing to first” rule and the larger bases (I

guess), stolen bases are a part of the game again.

On September 16, the Phillies’ Bryson Stott stole second base. That was the 3,000th steal by an MLB player this season. This is the first time 3,000 bases have been stolen since 2012.

The main result of all these changes have reduced the time of the average MLB game from 3 hours, 9 minutes to 2 hours and 38 minutes. It’s the fastest average since 1984.

And because of this, attendance at games has increased 8 percent and TV ratings are up by about 7 percent.

The next big change to come is the robo-ump that automatically calls balls and strikes.

When will it come? It’s anybody’s guess.

But it’s good to see that MLB has finally decided to embrace the 21st century and make the changes necessary to save its game.

Now, if only they could make those beer prices go down...

## Senior moment By Matilda Charles

# The scams just keep on coming

In the world of scams, just when you think scammers can’t possibly come up with new ideas, they do.

One of the worst now is the fake fraud alert for protection services. You’ll get an emergency message or call saying that someone is trying to access your account. The “helper” from your “bank” asks if you want to temporarily transfer your money to a safe, protected account while officials work it out, and you say yes. And... there goes your money, never to be seen again. If you ever get a call such as this, hang up and call your bank to ask if they called you.

And then, of course, there are all the old standard scams. There is the grandparent scam where a thief calls and pretends to be a grandchild who is in jail and desperate to be bailed out. There is the romance scam where a supposed suitor pretends to get close to you over time and then asks for money or wants to do a joint financial investment. And the driveway repaving/home repair scam where they

promise to do a fine job on the work, but you’ll need to pay a bit upfront for materials and supplies. And lest we forget, there are the computer repairs wherein they need remote access to your computer, the work from home scams, fake Amazon text alerts, etc.

Beware any calls or text messages that push you to act now, that insert urgency or fear into the situation. Don’t fall for it. Hang up and don’t click links. Make a call yourself to see if the situation was legitimate and carefully delete the text message.

To learn about even more current scams, check AARP at [www.aarp.org/money/scams-fraud/info-2023/top-scammer-tactics-2023.html](http://www.aarp.org/money/scams-fraud/info-2023/top-scammer-tactics-2023.html).

With the holidays coming, the scams are just going to get worse. Stay alert!

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OH NO! ACROSS		27-Acrosses, for short	taleteller who lived in a farm building?	JPEGs	77 Perplex
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6 Commercial spots	68 Chemistry class cost	70 Like the letter O	126 Rhythmic way to march	another tour of duty	81 Paris palace
9 16th-century pope	70 Like the letter O	in this puzzle's entire solution	127 Strike hard, biblical-style	33 Hawk cousins	82 Bi- plus one
14 Olympic length unit	73 Applies drippings to	75 Brain flash	128 Very inclined	35 Toddler's cry	83 Make lighter
19 Had a dull, steady pain	76 Hajj city	77 "Palooka" actor	129 Dutch cheeses	36 " _ got a feeling..."	84 Video surveillance syst.
20 Chart topper, often	79 Design of a three-masted ship?	86 "The Addams Family" cousin	130 Stitch clothes	37 Geraint's title	85 PC key abbr.
22 Cockeyed	88 Ribald	89 Org. against pet abuse	131 Consequently	38 Theoretical physicist Paul	90 Submits, as a test paper
23 Hidden stockpiles of certain infield bags?	93 "Will you let me?"	94 Reiner or Sagan wearing a Santa suit?	DOWN	41 Way yonder	91 Moetley _
25 Low-pH liquids	98 Hawaiian porches	101 Diminish	1 Butter square	42 Did karaoke	92 High peaks
26 Certain Southern sib	102 Malevolent	103 Eat dinner	2 Frau's "Alas!"	46 Joanne of "Red River"	93 Jungle knife
27 Tax doc. whiz	104 British apartment doubling as a malt shop?	107 Ticks by	3 Small, agile	47 Bellybutton type	94 Half _ (java option)
28 Lead-in to Pen	110 Sister of Meg, Jo and Amy	111 Diminish	4 Irwin of "Crikey!"	48 Driveway goo	95 "Good" cholesterol, for short
30 Ranch unit	112 Comedic actress	Issa	5 "Puff" snake	49 Adorable	96 Lulu Hogg player
31 Grassy tract	115 Fit for the job	116 Lauder of makeup	6 "I have it!"	52 Eldest son of Mitt Romney	97 Peggy
34 Instructions for securing a bottle with a screw cap?	116 Lauder of makeup	118 Famous German	7 Part of DVD	53 Be the author of	98 Imam's God
39 Gods, in Italy			8 Stride	54 Cockeyed	98 Vilifies in print
40 Some thin batteries			9 Actress Zadora	55 Duck cousins	99 Scores 100 on the test
43 Owner of Zipcar			10 Business mag	57 Rapping "Dr."	100 Stinging plant
44 Promotional links			11 "I hate it!"	58 Very, in music scores	101 Certain radio frequency range
45 Dad providing the finances?			12 Precipitates cold pellets	59 Hwy. crime	105 Yippie Hoffman
49 Cottage cheese piece			13 Italian motor scooter brand	60 Banquet liquid holder	106 Not false
50 Reject, as a lover			14 Hamm of soccer	61 Rival of DHL and FedEx	108 Discomfit
51 Turner of "Betrayed"			15 Boxed up	62 Perp's story	109 Large feather
52 Sashimi fish			16 Slow-paced martial art	63 Having no knack for	113 Raggedy _ (some dolls)
53 Jestng type			17 Footballer's sweep	64 Roger of "At the Movies"	114 Livy's "Lo!"
56 Bane of not knowing which college major to choose?			18 "Start over" buttons	69 E-help page	117 Seer's "gift"
62 Vigoda of old TV and film			21 "Begone!"	70 No more than	119 Sanyo rival
65 Hirer of many			24 Queen guitarist	71 Former U.S. RR regulator	120 '60s war site
			May	72 Educ. facility	121 ENTs, e.g.
			29 Not off-key	73 A/C meas.	122 Hack down
			31 Alternatives to	74 Subtle glows	123 & so forth
				76 Kihei's island	124 Once called

Answer Page 2



Comix

OUT ON A LIMB By Gary Kopervas



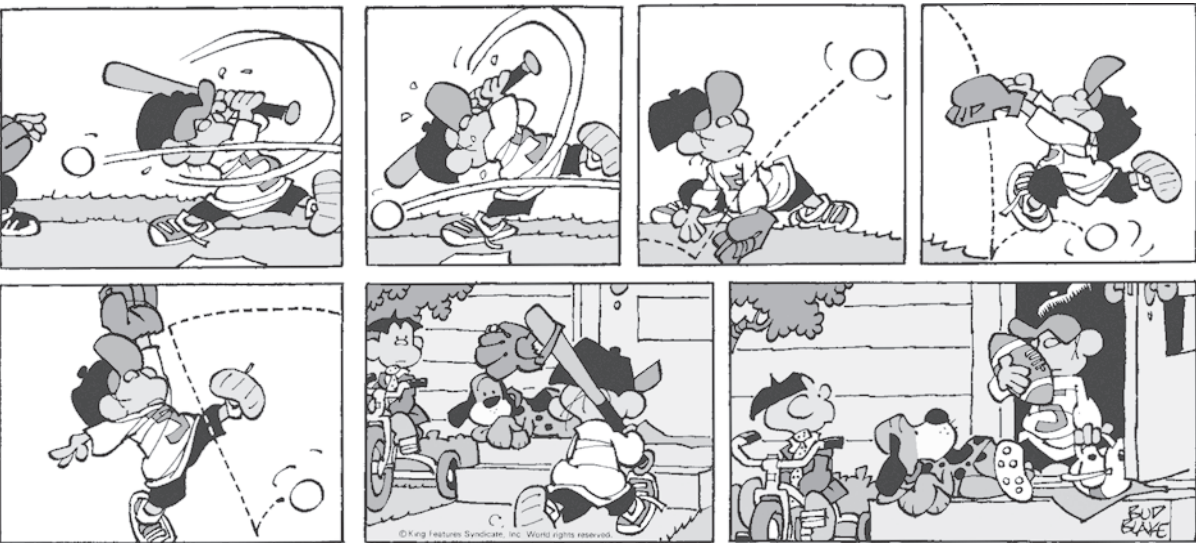
AMBER WAVES By Dave T. Phipps



THE SPATS By Jeff Pickering



TIGER By Bud Blake



Lowry

From Page 2

outfit. After various twists and turns, by the mid-20th century in the United States, the modern suit had arrived. As an article in The Atlantic notes, “It appeared on everyone from cab drivers to business executives, and made all appear polished and professional.”

The unraveling began several decades ago with the advent of Causal Friday, which eventually spread into Casual Everyday.

The Senate giving way to this ethos after a couple of centuries of a higher standard is a sign of the times.

We no longer reliably produce people willing to conform themselves to the norms and expectations of their institutions; personal brands are considered more important. And the leaders of institutions tend to lack the courage to insist on rules that may no longer fashionable, even if they still serve an important function.

It’s not that John Fetterman is going to be a better or worse senator depending on how he dresses – he’ll be a party-line vote regardless.

But his dress speaks to how he regards his position.

This would be obvious in other contexts. If someone shows up at a funeral or a wedding in jeans and a T-shirt, it is taken, understandably, as a sign of disrespect, as an unwillingness to make the basic effort to acknowledge the solemnity of the occasion.

A session of the Senate isn’t as fraught and meaningful as a wedding or a funeral, but it should be considered an event of some consequence. The history of the body stretches back to the beginning of the republic, and it is invested with considerable power. Dressing appropriately acknowledges this; dressing as if it’s a bowling alley disregards it.

Would we take a judge as seriously without his or her robes? Or an officer of the law without his or her uniform?

Fetterman has won this battle, but at the price of beclowning himself and his institution – not that he cares.

Rich Lowry is editor of the National Review. (c) 2023 by King Features Synd., Inc.

How to best utilize compression stockings

DEAR DR. ROACH: Would you please address how to use compression socks? I sit most of the day, so wearing the socks helps my legs to feel less heavy and tired by the end of the day. Are there people who should not wear them? And what about wearing them during exercise? – C.S.



Compression stockings are most commonly used in people with chronic venous insufficiency, a common condition in middle-aged to older people. The major symptom is swelling in the feet and lower legs. The swelling is usually minimal or gone in the morning and gets worse during the day, especially with prolonged standing and even sitting.

The underlying problem is that the veins, which carry blood from the legs back to the heart, get leaky over decades, and the fluid accumulates in the legs under the force of gravity. Your doctor can prescribe the right size, length and strength of stocking based on your personal condition.

The fact that you feel better with compression stockings suggests that you might have venous insufficiency, but it’s still a good idea to ask your doctor about them. Compression stockings are pretty safe, but should not be worn by people with serious reduction in arterial blood flow to the legs.

Arterial disease is completely different from venous insufficiency. It’s caused by blockages in the arteries that carry blood from the heart to the legs. An expert, such as a vascular surgeon, is an appropriate consultant for a person with arterial insufficiency before they consider using compression stockings.

Unless you have moderate to severe arterial disease (in which case you should check with your doctor if you aren’t sure), there is no harm from wearing compression stockings during exercise. There may even be some benefit.

Compression stockings should not be worn by those with an acute clot in a major leg vein (a deep venous thrombosis). Once the clot is stabilized for a few days with medication, compression stockings can help treat and even prevent swelling in the affected leg.

People with moderate to severe heart failure should exercise care before using compression stockings, which put the leaked-out fluid back into the circulation and can worsen heart failure. Again, this is an issue to discuss with your regular doctor or cardiologist prior to using compression stockings on your own.

Finally, severe venous insufficiency can cause breakdown in the skin. A person with ulcers or open wounds, or with any kind of acute infection, should be evaluated and treated prior to using compression stockings. A wound care nurse is an ideal consultant in this case.

DEAR DR. ROACH: I have a friend who is 75 years old and has large blue veins directly under the skin on her hands, arms, feet and calves. What causes them, and can they be treated? They are noticeable, and I think she is unhappy because of this issue. – P.G.

In fair-skinned people, it is common to see blue veins under the skin. This is not a problem. (The blood isn’t really blue. The color is due to light scattering.)

People with enlarged veins, such as varicose veins, may have more noticeable veins, but they do not need to be treated unless they are symptomatic, or if it is cosmetically important to the patient. There are many different types of treatments available, and an expert, such as a vascular surgeon, can discuss these options with the patient.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu). (c) 2023 North America Synd., Inc. All Rights Reserved.





**Moore Texas** by Roger MOORE  
October 11, 1915: The first Texas Women’s Fair opened in Houston with events like baby weighing and sanitary baking.

## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **O** equals **M**

IFJM KDW BEDTJ KDWT  
ODMJK PTDO IDTU CMB CRJ  
V PDDEJR YVBJ, C TJXUDM  
KDW’R FVYJ WTMJR CMXDOJ.

Answer Page 2

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## Weekly SUDOKU

by Linda Thistle

	8	6	1					2
		4		3		1		
9					7		3	8
	5				2	3		
8				9			4	
		7	5					9
7	3		2				5	
	6				5	9	1	
		8		6				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ♦**

♦ Moderate ♦♦ Challenging

Answer Page 2

♦♦♦ HOO BOY!

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## Wait times for community care



by Freddy Groves

Despite the amount of attention paid to it over the years, the Department of Veterans Affairs still struggles with wait times for medical appointments. Wait time eligibility becomes crucial when a veteran seeks medical care through Community Care. With the wrong wait time, the veteran can be denied treatment out in the community. The calculation of wait times has to be exact, either 20 or 28 days depending on the type of care.

If you are a VA staffer in charge of making Community Care medical appointments for a veteran patient, which of the following options do you choose in setting the appointment for a patient and starting the wait time clock? The date the provider wants the patient to be seen... the date the patient wants to be seen... the date the care

provider or the veteran makes a request for an appointment?

Only one of those is correct. The correct answer is that the starting date for calculating wait time is that moment when a care provider or veteran asks for an appointment.

Unfortunately, in one location, staff was using a combination of methods for calculating wait times using their own unauthorized wait time calculator they created from an online app. It threw off the numbers by 12 days, making it look like veterans were not eligible for Community Care.

The ongoing mistake only came to light when a trainer used that same calculator in another facility. At the same time, a veteran had been denied Community Care because the inaccurate calculations indicated that he was not wait-time eligible and he was given a VA facility appointment instead. As a result, there was a congressional inquiry.

The Office of Inspector General for the VA stepped in and discovered a great big mess of confusion

and inconsistency at both facilities due to staffers using a calculator that a member of staff had made.

If you want Community Care, you need VA approval first. To see if you qualify, read the fine print at [www.va.gov/CommunityCare](http://www.va.gov/CommunityCare).

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• Cellphones get dirty, especially touch-screen phones. Be sure to wipe the surface of your phone daily during cold and flu season. Use an approved antiseptic wipe for electronics.

• I used to hate planning our family’s weekly meals. Now we decide together at dinner on Friday night. We agree on meals for the week, and I can get a shopping list together in time for weekend shopping. It’s made for less groans at mealtime, and the kids have been surprisingly creative and flexible about trying new things now that they are part of the choosing process. – T.L. in Minnesota

• To keep things running smoothly in the morning, all four of my children must be dressed, with shoes, and seated for breakfast before any television can come on. There’s suddenly a lot of peer pressure to get up and dressed, and much more helpfulness in my morning routine. – A.M. via email

• I have found myself with an abundance of peppers from my garden, so I cleaned and chopped them, then froze them. I am able to take out what I need, and they won’t spoil. – C.E. in Florida

• Creative uses for kids’ artwork: Tape to cardstock for a homemade greeting card for any occasion. Hang from the bathroom mirror. Laminate and use as placemats. Large pieces can be used as wrapping paper. Frame and donate to local senior centers.

• To keep windshield wipers clean between replacement periods, dampen a soft cloth with rubbing alcohol and wipe the length of the blade.

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803. (c) 2023 King Features Synd., Inc.

## GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

**DIFFICULTY: ★★★**

★ Moderate ★★ Difficult

★★★ GO FIGURE!

Answer Page 2

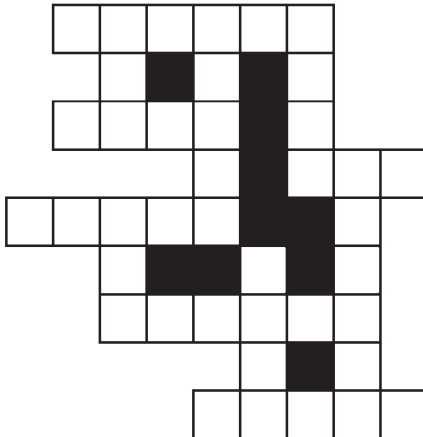
	÷		-		1
-		+		+	
	+		÷		6
×		-		+	
	+		÷		3
7		3		8	

1 2 2 3 4 5 7 8 9

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♥ UGT  
GULCON  
♥ LERUC  
♥ IRLA  
CADLIP  
♥ RCA  
RGDA  
♥ EGSAT  
♥ ILE  
CELORI  
HICRA  
♥ OLTO



Answer Page 2

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string’s word either across or down to knot all twelve strings together.

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