

Voters to decide fate of UMC's bond issue and county's propositions

By Alfredo Vasquez Special to the Courier

EL PASO COUNTY - Two major bond issues are up for voters' consideration in the upcoming election, as El Paso County commissioners authorized this summer the election for a University Medical Center (UMC) bond and for the county's five quality of life propositions.

According to county reports, the UMC bond total would be about \$396 million and would fund the expansion of facilities for more hospital beds, enhancement of operating room capacity, and an addition of a burn unit, among other critical improvements.

About \$30 million from the UMC bond would go toward equipment for the planned \$97 million, comprehensive cancer center, a joint project between UMC and Texas Tech Health El Paso, reported UMC CEO Jacob Cintron. He stated recently that the state approved \$65 million last session toward the planning and construction of the 90,000-square-foot building at the Medical Center of the Americas campus with the agreement that Texas Tech Health El Paso would secure the rest of the cancer center's funding.

UMC representatives stated that without funding

See VOTERS, Page 3



DECISION TIME - El Paso County voters will decide in the upcoming election whether to approve a bond referendum for multiple projects proposed by El Paso County Commissioners Court. From left are Iliana Holguin, Precinct 3; Carlos Leon, Precinct 1; County Judge Ricardo Samaniego, David Stout, Precinct 2; and Sergio Coronado, Precinct 4.

Father and son both earn EPCC **Information Technology degrees**

One professor helps both get jobs – a decade apart

By Beau Bagley Special to the Courier

EL PASO COUNTY - The bond between a father and a son is truly special, and in 2024, the heartwarming feeling doesn't stop with the Perez

Mike Perez earned two degrees at EPCC, an Associate of Applied Science Degree in Information Assurance and Security in 2012, then another Applied Science Degree in IT Systems Networking in 2014. In 2012, while at EPCC, Mike was hired in a work/study STEM program at Western family. It includes Professor Delfina Refining, a position referred to him by Najera and El Paso Community Najera. Mike currently works in IT at College (EPCC) as well. Father Mike AT&T under contract with the U.S. Perez and son Adam Perez have Department of Homeland Security. "The goals of a faculty member in the ITS/CS Discipline are to not just teach a course but to train our students to be job ready, well rounded, and successful in their field. It has been my pleasure to have played a significant former EPCC Information Technology role in our students' future," Najera, Information EPCC Technology Professor, said. Mike spoke about the most rewarding experience going to EPCC. "Returning back to school to pursue my passion in IT," said Mike. "Having met with great instructors who cared about their students and being part of an excellent IT program. I was so motivated by the experience that I wanted to go back and complete a

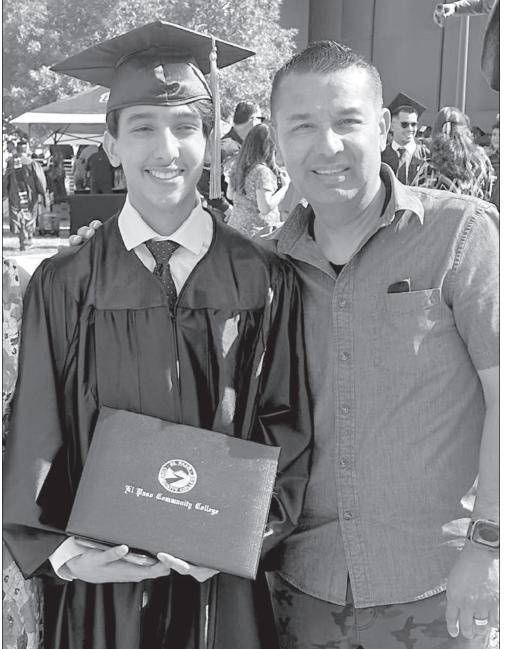


Photo courtesv El Paso Community College

- Adam Perez with his father, Mike after the May EPCC graduation ceremony.

followed an eerily similar path and have an Delfina to thank.

After graduating from EPCC in May 2024 with an Associate of Applied Science Degree in Cybersecurity, Adam Perez sent an email to his (IT) professor, Delfina Najera, to thank her for informing him of an opening at Desert Imaging in El Paso. "I truly appreciate all your guidance and everything I've learned from your classes; it really prepared me for this opportunity and I'm looking forward to continuing to grow in my career," Adam said.

What he then said shocked everyone. Najera also helped Adam's father, Mike, get his first job in the IT industry ten years ago.

See DEGREES, Page 4

When a conference of diplomats announce they have "agreed in principle," it means nothing has been done.

– Quips & Quotes

The Secret Service is a national embarrassment

Donald Trump coming within an inch of losing his life. If Trump hadn't turned his head at the right moment, Butler would have become one of the most notorious locations in American history and we'd be living in a different world.

unfathomable, and none of the revelations since – set out in a report by the Senate Homeland Security Committee – make it any better. Barney Fife was better organized and more accountable.

avoiding a calamity that would traumatize the Trump was speaking and get off eight shots.

If this is what the Secret Service has become, nation and derange its politics for years, perhaps it's a wonder that something worse than Butler, decades, to come. Its competence is a matter of the how it happened Pennsylvania, hasn't already happened. That event utmost national consequence. Yet, the agency was is was terrible enough, with one rally-goer killed and bumbling and slow-reacting, a disaster waiting to finger-pointing and happen. Surely, this sort of ineptitude wouldn't be tolerated by Taylor Swift's security detail.

The Secret Service, which we expect to be run with a vigor and precision befitting its mission, instead operates as though it's a typical bureaucratic At the time, the Secret Service's failure seemed outfit housed within, say, the Health Resources and Services Administration. The Senate report relates "multiple foreseeable and preventable planning and operational failures," as an armed man was permitted to climb atop the roof of the American The Secret Service is given responsibility for Glass Research building within 200 yards of where

The story of muddled by confusion over who

was in charge. Secret Service advance agents didn't know who was responsible for final decisions and didn't know who determined the security perimeter for the event. State and local law enforcement were responsible for the AGR building because it was outside the perimeter. But advance agents didn't share planning documents with them, and didn't ask for the operational plans of state and local law enforcement. Someone from Butler Emergency

See LOWRY, Page 7

Food for thought By Dr. Glenn Mollette Living in a diverse America

In my neighborhood we have a and going and that's about it. variety of people. We have Democrats Republicans, and Libertarians, and others. People attend nonstop. There are ongoing words, different churches or don't attend tensions, hatred, and many killings. church at all. We have Catholics. Baptists, Pentecostals, Jews, and had an extraordinary time. I saw so more. On a new street over from me many beautiful and interesting sights. I've noticed several families who I can't imagine ever going back. Only appear to be from India. Mexico. the Middle East, plus several new America families. I live in a diverse to hate Israel and the hatred will neighborhood.

I haven't seen anyone out arguing or fighting. I haven't noticed anyone north in Lebanon and also the Houthis hiding. For the most part, our in Yemen. I don't see how Israel can neighborhood is quiet and people mind fight them all especially with them their own business. We have 26 houses receiving support from Iran. As for the on our street. I'm clueless about the United States we already have a strong day-by-day activities of most all of the Navy fleet of ships and submarines in can't get along. There are places neighbors. We see each other coming the region. You can count on us to be

Some places are not as fortunate. Independents, For example, Israel and Hamas – fight I've been to Israel once in my life and God knows how many children are growing up in Gaza that are learning probably never go away.

Sadly, Israel has Hezbollah to the

involved. Wherever there is any kind don't get along. of fight going on in the world, it seems that the United States will get involved on some level.

It is tragic that Israel has so many enemies who are their neighbors. That were treated so very badly. Women part of the world is certainly going to become worse.

of different religious, political backgrounds can't get along and work together.

My mother was a Democrat and my dad was Republican. I don't remember hearing them argue about politics. We grew up in an area where people attended different churches. People disagreed about how they interpreted the Bible but I don't recall anyone fighting about it. Of course, Glenn Mollette is a graduate of numerous the Hatfield's and McCoy's feuded at schools including Georgetown College, one time not that far from us.

Sadly, there are places in the world where Protestants and Catholics where the Palestinians and the Jews

Overall, America has been a great place for diversity. We've had our issues. We've had some very dark eras in our nation when black people were not treated well for far too long. Unfortunately, we still have attitudes It's unfortunate when people that exist that are far from fair and respectful of all people.

Millions of people are risking their lives to come to America. They must come legally or the sheer numbers of those coming will bring about our downfall. In the meantime, we should treat each other as we would like to be treated.

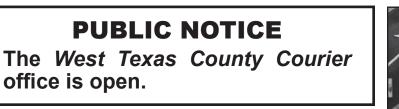
Southern and Lexington Seminaries in Kentucky. He is the author of "Uncommon Sense" and 12 other books. His column is published weekly in over 600 publications in all 50 states. Learn more at www.glennmollette. com or www.facebook.com/glennmollette.

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Veteran Car Donations

Voters

From Page 1

for the bond projects, patients will have to wait longer to be admitted for emergency care, surgeries

Prop 1

Prop 2

million.

Prop 3

Prop 4

Prop 5

for about \$63 million.

for about \$105 million.

shelter for about \$33 million.

transparent as possible, and people understand 2026, according to county documents.

sent out of town for care, and UMC will have to seek alternative funding for the cancer center's equipment.

The county's nearly \$324 million quality of life bond is broken down into five propositions: (1) parks and recreation improvements, (2) a new medical examiner office, (3) upgrades to the courthouse and its annexes, (4) renovation of the county coliseum, and (5) a new animal shelter.

County reports indicate that for El Paso county residents with a taxable home value of around \$200,000, the UMC bond would add about \$70 a year to their property tax bill, and the multi-million dollar quality of life bond would raise the tax rate by three cents and cost that same homeowner just over \$60 a year.

exactly what they're voting on," Precinct 2 two bond issues were presented as one package, it would be more difficult to understand.

In total, the UMC bond and all five propositions and catheterizations. Burn patients will have to be add up to over \$720 million, which would mean

El Paso County's Five

Quality of Life Propositions

on the November 5th Ballot

Seeks to fund parks and recreation - involving 19

projects - including improvements for Ascarate

Park, neighborhood parks, regional trails and

Seeks to allow the county to construct a new

medical examiner office at the cost of about \$27

Seeks to allow the county to make improvements

to the El Paso County Courthouse, sub

courthouses and related annexes including

Corbin Sambrano, Ysleta and Far East Montana,

Seeks to allow the county to fund a County

Coliseum Master Plan including the renovation

of the County Coliseum and adjacent facilities

Seeks to allow the county to build a new animal

related facilities for about \$96 million.

over \$130 in additional property taxes homeowner with property valued around \$200,000.

Commissioners voted unanimously to approve the quality of life project list in August. "The amount of the issuance that we're making... isn't going to everything... those are things that we're going to have to continue to by," said Precinct 3 County Commissioner Illiana Holguin, who had suggested that commissioners request \$175 million in bond funds to avoid an impact to the county's tax rate.

considering issuing about \$174 million certificates in of obligation, which are infrastructure largely projects such as facility improvements, "We want to make sure that we're being as stormwater and wastewater projects, in 2025 and

Precinct 4 County Commissioner Sergio Commissioner David Stout stated during a recent Coronado said that the projects on the certificates of commissioners' court session. He added that if the obligation list includes improvements that are tied to state mandated services, they need to be done and the commissioners court should make that decision. Certificates of obligation issuances do not need voter approval.

> "The jail, the juvenile justice system, the annex, per the courthouse, all those issues, if they vote them down, guess what? We don't have the choice," Coronado said during a recent commissioners court meeting. "We still have to pay for them, absolutely we have to pay for them, and I'd rather it cost us less now than more later," he stated.

> About the November propositions, Precinct 2 County Commissioner David Stout said that the projects on the ballot are not wasteful and will go a long way toward improving the quality of life for fix county residents. "Our public deserves to vote on it, and they'll tell us whether or not they'd like to see those expenditures," Stout said.

El Paso County Judge Ricardo Samaniego said work on as time goes that waiting on projects will cost more in the long run and that he feels comfortable with the commissioners court decision to move forward with the two separate bond election ballots.

If the propositions are approved by voters, officials stated that the county would issue \$125 million in voter-approved bonds in 2025 and the remaining \$200 million in 2027.

Early voting ends Friday, November 1st; Election The county is also Day is Tuesday, November 5th. For a list of polling locations, visit El Paso County's Election Department website.

Send Your News To: wtxcc@wtxcc.com





Degrees

From Page 1

Perez family passion.

my passion for technology, but I also owe credit to my been very strong students and dad," Adam added. "Seeing him in the IT field inspired me to pursue a similar career with the government, path. Growing up around technology further fueled is hoping to further his my interest in an IT career."

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NOTICE OF **PUBLIC MEETING**

To Discuss Socorro Independent School District's State Financial Accountability Rating

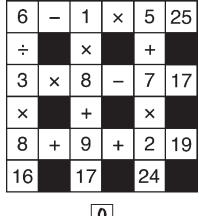
Socorro Independent School District will hold a public meeting at:

6:00 PM November 20, 2024 in the Board Room **District Service** Center 12440 Rojas Drive El Paso, TX 79928 purpose The of this meeting is to Socorro discuss Independent School District's rating on the state's financial accountability system.

"Having a father and son follow in the same footsteps to reach their dream job has been rewarding and second major." Clearly, it's a shows the impact of El Paso erez family passion. Community College in our "I chose IT because of community," Najera added. "Both father and son have deserve kudos.'

As Mike continues his Adam, just like his father, education. "I'm looking to return to school in the fall to pursue a degree in networking, and then transfer to U.T. San Antonio for a degree in computer science with a focus on cybersecurity. I am particularly interested in Digital Forensics. I believe that using my skills to serve a greater good and hold criminals accountable would make my career deeply fulfilling.'

8	7	1	9	5	4	3	6	2
4	5	9	2	3	6	1	8	7
2	6	3	7	1	8	4	9	5
7	1	5	4	8	2	6	3	9
3	8	2	6	9	1	5	7	4
9	4	6	5	7	3	8	2	1
6	2	8	1	4	9	7	5	3
5	3	4	8	2	7	9	1	6
1	9	7	3	6	5	2	4	8







GENERATIONS - From left are Mike Perez, Professor Delfina Najera, and Adam Perez. Najera helped both father and son find a job in their field.

Senior moment By Matilda Charles

Keeping your balance

balance ability is apparently a good indicator use something for support until you get the of how we're aging... or so say several hang of it. You'll strengthen the muscles of researchers.

Some researchers pay attention to this up stairs. standing business because they think it indicates longevity. Others think a lack of that ability can point to a cognitive decline.

If you want to check your balance, stand up and keep your eyes open, don't hold onto anything, and stand on one leg without any support, lifting one leg off the ground and bent at the knee. If you're between 50 and 59, that standing time should be 37 seconds. From 60-69, aim for 30 seconds. Between 70 and 79, shoot for 19 seconds, and over 80, aim for a bit over 5 seconds.

seconds. In 60s, try for 20 seconds. In your home will help keep us in shape. 70s, the goal would be around 10 seconds.

If you struggle with standing for those lengths of time, there are ways to improve

How long can you stand on one leg? This your balance. You can practice standing but your legs that way. Or try dancing and walking

> Take a look at the Mayo Clinic website for suggestions on how to improve your balance in general. At mayoclinic.org, do a search for "balance exercises," where you'll find dozens of articles. Pay attention to the ones about strengthening your core muscles – your lower back, hips, stomach and pelvis. A stronger core means better overall balance. The good news about core exercises is that you can do them at home and don't need to go to the gym.

For added ideas, check out YouTube videos (youtube.com) for senior exercises. With Another source says in your 50s, aim for 40 winter about to arrive, exercises we can do at

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many more. Select up to take some short peer-to-peer three statements that describe training (a 34-minute video) what you're going through and then pledge to reach out (examples are "I don't care to 10 veterans. Although there about the things I used to is an official Buddy Check care about" and "I don't have Week, there is no reason you anyone I can ask for help"), can't reach out at other times then click the "All Done" button at the bottom. What you get is a page of that time of the year. Whether resources tailor-made for Served, a.k.a. the Buddy Finder you. Start working your way (www.togetherweserved. through all of them. The com), to hunt for veterans you bottom line is that if you need support, the help is there. all just a bit much. But we're You're not alone. Sometimes the VA does things perfectly, The Department of Veterans and this website of resources

of the year – especially now with the holidays coming up. Check out Together We served with, and reconnect with them. At this writing, the site has over 2 million veterans who'veregistered their profiles to make contact with other veterans. Together We Served also has a Facebook page, as well as an app on Google Play and the App Store.

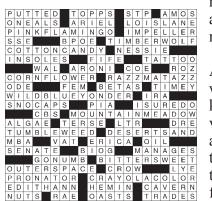
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WTCC: 10/31/24

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CryptoQuip Answer

When shaggy Tibetan beasts get together and talk nonstop, I would say they're yakking it up.



by Freddy Groves

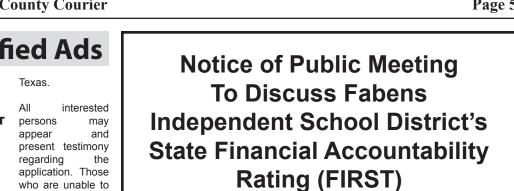
The holidays will be here soon, and not all of us will do well with getting through it's the pressures of the social aspects of the season or financial worries or we're just not feelin' it, sometimes it's not alone.

Affairs has a website loaded is one of those. with resources to help with all

kinds of concerns. Go to www. coin, perhaps you're doing va.gov/REACH/challenges extremely well and want to and scroll down to view connect with fellow veterans the categories, such as life who might need a bit of help. transitions, health challenges, feelings of depression and that connects veterans. You'll

On the flip side of the Buddy Check is a program

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The Fabens Independent School District will hold a public hearing at 6:30 p.m., Wednesday, November 13, 2024 in the boardroom of the Fabens ISD Administration Building, 821 NE "G" Avenue, Fabens, Texas.

The purpose of this hearing is to discuss Fabens Independent School District's rating on the state's financial accountability system.

WTCC: 10-31-24



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Moments in time THE HISTORY CHANNEL

• On Oct. 28. 1965. construction is completed on the Gateway Arch, a 630-foot-high spectacular parabola of stainless steel on the waterfront of St. Louis, Missouri. An internal tram system takes visitors to the top of the arch.

 On Oct. 29, 1956, Israeli armed forces push into Egypt toward the Suez Canal, initiating the Suez Crisis. They would soon be joined by French and British forces. The catalyst for the attack was the nationalization of the Suez Canal by Egyptian leader Gamal Abdel Nasser.

• On Oct. 30, 1938, Orson Welles causes a nationwide panic with his broadcast of "War of the Worlds" - a realistic radio dramatization of a Martian invasion of Earth. Welles had little idea of the havoc it would cause among radio listeners.

• On Oct. 31, 1776, in his first speech before British Parliament since the Americans signed the Declaration of Independence, King George III acknowledges that all is not going well for Britain in the war. The British would formally surrender five years later.

• On Nov. 1, 1512, the ceiling of the Sistine Chapel in Rome, one of Italian artist Michelangelo's finest works, is exhibited to the public for the first time. After demonstrating his mastery of sculpture, Michelangelo was called to Rome in 1508.

• On Nov. 2, 1982, a fuel truck in a military convoy explodes in the 1.7-mile long Salang Tunnel in Afghanistan, killing an estimated 3,000 people, mostly Soviet soldiers traveling to Kabul. Believing it to be an attack, troops closed both ends of the tunnel, trapping people inside.

• On Nov. 3, 1948, the Tribune Chicago jumps the gun and mistakenly declares New York Gov. Thomas Dewey the winner of his presidential race with incumbent Harry Truman in a front-page headline: "Dewey Defeats Truman." Truman would win by 114 electoral votes.

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By Lucie Winborne

· If you're planning to wrap a mummy in the proper Egyptian manner, you'll need about 500 feet of linen to finish the job.

 There are more people in Monaco's orchestra than in its army.

• While tanning remains popular despite the documented health risks, the CDC has estimated that if folks under the age of 18 stopped using tanning beds, over 60,000 melanomas and melanoma-related deaths could be prevented.

originally called Froffles upon their creation in 1953 a portmanteau of "frozen" and "waffles." Customers started calling them Eggos due to their egg flavor, and the company renamed the product two years later.

· Cambodian bamboo trains are made of an electric generator and a makeshift bamboo platform for seating and run at speeds of up to 40 km per hour. While unmaintained tracks do indeed make for some bumpy rides, at least the fares are low.

· Humans and the galaxy share 97% of the same kind of atoms.

· Maggots and leeches are the first living creatures to be approved by the FDA as **Classified Ads**

LEGAL

NOTICE OF

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Million investment Iffurtherinformation decarbonize is needed, please steel production and is contact Chief evaluating a 63 Financial Officer acre parcel of land, Kevin Beesaw. more or less out

be made.

Cristina Pulley Executive Director of Financial Services WTCC: 10-31-24

· In 1987, a man convinced 2.8 million people to send him a penny each for his college education.

· Female cicadas have been known to confuse the roar of power tools for mating calls, sometimes swarming people using lawn mowers.

 People who play videogames are less likely to have nightmares.

· Switzerland is the only country in the world that could fit more than its entire population into bunkers in case of an emergency.

waffles Eggo were medical devices.

 A 1924 Arizona law made it illegal for donkeys to sleep in bathtubs.

· Crakow shoes, a pointy footwear popular in the 14th century, could get so long that the toe of the shoe had to be attached to the leg with a string so that it wouldn't drag.

Thought for the Day: "Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed."

- Booker T. Washington

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Join us as San Elizario Veterans will be honored during the Ceremony as well as special guests

> PARADE ROUTE: -Staging begins at 7:30 am at 900 Thomspon Rd -Parade begins at 9:00 am at 900 Thomspon Rd - East on Socorro Rd to the Veterans Memorial Plaza on Main St in the San Elizario Historic Plaza -Ceremony will follow in the Plaza







For parade information: Ray Borrego 915-383-8529 or Norma Reyes 915-422-3653 Eduardo Pedregon Veterans Memorial Museum & Memorial Walk 1501 Main Street San Elizario Historic District San Elizario, Texas 79849

Sports and Halloween do have a bit of a history

By Steve Escajeda Special to the Courier

In America, sports are so big that we even associate them with certain holidays.

hangovers by sitting and watching college football bowl games all day. On Thanksgiving, we load up on turkey, pumpkin pie, and NFL football games. Really, even Christmas day is now spent opening gifts and turning between the Sacramento Kings and the our TVs to the four or five featured NBA games.

But when you really think about it, there's no real sports associated with Halloween.

I guess they figure no one is home, so why put anything big on TV.

So, I decided to try to find some interesting, or scary, sports events that have occurred on Oct. 31, and surprisingly, I was able to find quite a few.

Do you know that in 2010, a game between the New Orleans Saints and Pittsburgh Steelers broke a Guinness World Record, but not for anything that happened on the field. 17,777 fans showed up to the game dressed in their costumes, officially setting the record for the world's largest Halloween gathering. Most fans dressed up in Saints themed costumes, including The Joker and morphsuits with the Saints logo.

The famous Curse of the Billy Goat took place on Halloween. This happened in 1945, when Billy Sianis, the owner of the Billy Goat Tavern, was ejected from a Wrigley Field game, he put his own personal curse on the team, vowing that the Chicago Cubs would never win another World Series. And they didn't, at least for another 71 years when they broke the curse in 2016.

On Halloween in 2001, the New York Yankees and the Arizona Diamondbacks matched up in game four of the World Series. The game

innings. In the bottom of the tenth inning, Yankee legend Derek Jeter stepped up to the plate on Halloween night and walked out on Nov. 1. You see, the clock struck midnight in New York during his at-bat, which ended On New Years Day, we get over our in a walk-off homerun that would win game for the Yankees. Jeter was the first person to hit a homerun in the month of November, earning the nickname, Mr. November.

During 2009's Halloween matchup San Antonio Spurs, a bat flew onto the court with 1:41 remaining in the first quarter. The bat flew around for a few minutes, causing a delay in the game with players too afraid to get near it. The mascot, wearing a Batman outfit, attempted to use a net to catch the bat out of the air but ultimately failed. Just Kings and Pittsburgh Penguins, it Booo about.

to the floor as it flew past him, he then picked it up with his bare hands and disposed of it. Saving the game. No word yet on if it was a vampire bat.

On Halloween night in 2004, the New England Patriots took their NFLrecord 21-game winning streak (which started in 2003) into Pittsburgh to face rookie quarterback Ben Roethlisberger young QB, but instead, they turned the the NBA's single-game Halloween game into a nightmare for the Patriots, scoring record. He also contributed ending the streak with a 34-20 win.

The great Wayne Gretzky and Kevin Stevens made Halloween hat trick history of their own in 1989. With three goals from each player in

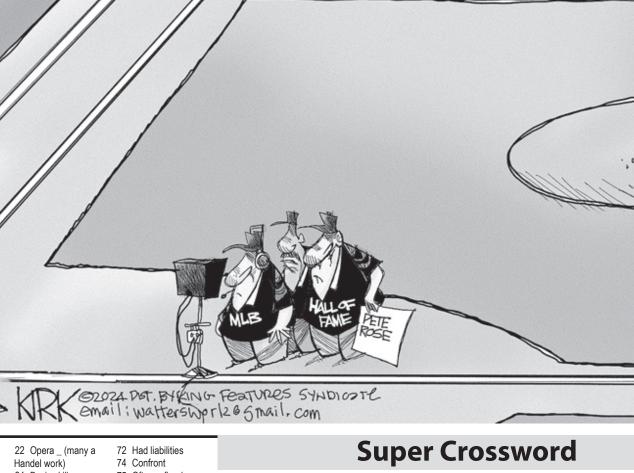
finished in a tie and it had to go to extra as nothing seemed to work, Spurs' was the first time two players netted guard Manu Ginobli smacked the bat hat tricks in the same game on that holiday. Gretzky added three assists and propelled his Kings to an 8-4 thrashing of Stevens' Pens.

> Coming off his first NBA MVP and first NBA title, Steph Curry took his game to an even higher level to start the 2015-16 season. In just the Golden State Warriors' third game of an eventual 73-9 campaign, Curry and the Steelers. Of course, this was a scorched the New Orleans Pelicans scary situation for the Steelers and the with a 53-point eruption that set nine assists in a 134-120 win.

> > This is just a taste of some cool sports things that happened on the scariest of holidays.

Let's see if anything happens this a matchup between the Los Angeles Halloween that we can either cheer, or

UNDER REVIEW.



WAX SHADES 113 See 54-Down 57 Verse tribute 58 Counterpart of 114 Caustic alkali 75 Often-refined 1 Played golf on the masc. 115 Muscle rotating 24 Basic skills the forearm to a palm-29 Suffix with hero 59 Test versions resource 60 Old-_ (quaint) 31 Smallish city 76 Sir Guinness down position 19 77 "_ boy!" 61 Sky, to the U.S. Air 116 What each of 32 Royal Norse name Force (2003) this puzzle's featured 33 Little _ (Dickens 78 S&L devices 23 79 Garage job 66 Tax-deferred svgs answers is (with the girl) 19 Ryan and Tatum vear it was introduced) 34 Yang go-with 80 Certain Fed plan 26 38 Tried to hit, as a 121 Lily Tomlin's little 20 Little Mermaid's 67 Nestle movie 81 Pan Am rival theater treats 85 Planet seen at girl persona clay target 30



21	Superman's love
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23	Kitschy lawn
ado	rnment (1997)
25	Rotating part in a
	er pump
26	Chicago-to-Atlanta
dir.	
27	Fraternal org. with
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28	Canine with gray
	dled fur (1993)
	Carnival treat on a
	k (1998)
	Loch monster,
	rmally
	Shoe parts
	Piccolo's kin
	Skin art
	Retail store's
	inning?
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	Woman on
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	Plant also called
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	Glitzy display
(199	93)

ACROSS

7 Baseball card

12 Indy sponsor

15 Andy's pal

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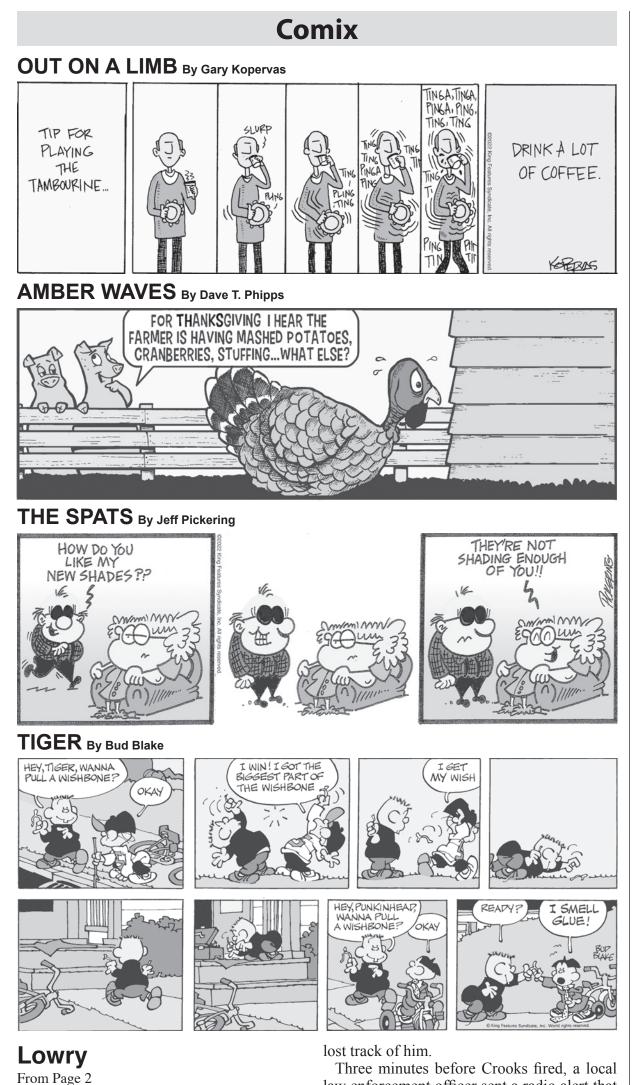
name

68 Zadora of "Butterfly 69 "That's a big yes from me!" 73 "Criminal Minds" airer 74 Grassland on the slope of a peak (1998) 78 Pond growth 81 Curt 82 P.O. arrival short 83 Hip-hop "Dr." 84 Plant rolled about by the wind (1993) 86 Makeup of many dunes (1998) 90 Deg. for a future exec inits. 91 Large tank 92 Novelist Jong 94 Often-refined resource 95 Capitol group 98 Life story: Abbr. 99 Gets by 103 Lose all feeling 106 Both pleasant and sad (1958) 109 "The final frontier (1998) 18 Feudal slave

122 Confine 40 British trolley 123 Spelunking 41 Leak slowly 42 Rocker Osbourne chamber 124 Pecans, e.g. 44 125 "Norma _ 45 126 Hops-drying ovens 46 Energy mogul 127 Sports deals 47 Pound divs. 49 Dairy animals DOWN 50 Norse god 1 "Nova" genre, for 51 Move, in Realtor lingo 52 "Just the Two" 2 Togetherness 3 Doctrines (1981 hit) 4 "... we'll _ a cup o' 54 With 113-Across kindness.. had some humble pie 5 Pixieish sort 55 Based on story 6 WWW access 56 Fancy crown 59 Square in the first 7 Florida port bingo-card column 8 Sky hunter 62 Mr. T movie 63 Biblical tower 9 Missed badly 10 Wooden pin setting 11 Vegas fixture 64 Old hi-fi buys 12 Gloppy stuff 65 "The Da Vinci Code" group 13 Burial places 14 Calumet part 66 Suffix with hero 15 100% wrong 69 Apropos of 16 St. _ (French resort) 70 Old Icelandic saga 17 Like Nash's "lama" 71 Michael who played Worf

sunset, old-style 86 Canon or Sony products, for short _ bit (just slightly) 87 Wave sound _ Martin (cognac) 88 Baking pans 89 Deli dish 93 Steal from 96 Go-betweens 97 Yeshiva text 98 Telly network 99 Cry feebly 100 Solidified 101 Pal of Pooh 102 Ships' backs 104 "Once _ midnight dreary ... " 105 Seine feeder 107 "Taste this" 108 Cel figures 109 Not closed 110 Language of Pakistan 111 "Snap _!" 112 Canyon effect 117 Actor Stephen 118 Be a thespian 119 Road vehicle 120 Eggs

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Lymphocyte count is not a cause for concern

DEAR DR. ROACH: I am a female and almost 75 years old. My vital signs are always normal, and I am active,

but slightly overweight. I get quarterly blood draws, and every reading is in the normal range except for the lymphocytes. That count is higher, just outside the normalrange(thelab'srange is 850 to 3,900 cells/uL, and my absolute lymphocytes are 4,377 cells/uL). This has occurred in the blood draws from the last two or three



years, with the exception of one that was back in the normal range. About 12 years ago, after several abnormal results, I saw a hematologist, who reported nothing wrong after doing more extensive blood work. No reason could be given for it. I am concerned, but not obsessing over it. Is there any reason *you can give for the slightly high lymphocyte count? – S.M.*

Lymphocytes are one of the two major types of white blood cells found in the blood (the other are the granulocytes, the most common of which are the neutrophils). High levels of lymphocytes raise suspicion for serious blood disorders such as some leukemias, lymphomas and related blood diseases, but there are other causes. Acute stress can do it, but you have been living with this for many years. Not having a spleen causes high levels of lymphocytes, whether you are born without one or have it surgically removed. Chronic infection is another reason.

I suspect your hematologist did a more sophisticated set of tests looking for blood disorders, and the fact that your level is the same after 12 years also supports my suspicion that this level is normal for you. Normal levels are generally defined as what is found in people without evidence of disease 95% of the time. So, by definition, 5% of normal people will have their result on any given lab fall outside of the normal range. Since yours is just outside of the normal range and, as I said, unchanged for years, I think you can relax your level of anxiety. Periodic blood tests do seem prudent, however, and further testing would be recommended in the event that the count starts getting higher or you develop any new symptoms.

DEAR DR. ROACH: I am a 67-year-old male in relatively good health. I exercise regularly (four times a week). I have been taking medication for hypertension, which is getting much better since I started a plant-based diet three months ago. About every three months or so for the last five years, there are two half-dollar-sized blood stains on my pillow coming from my right ear. I have no headaches, and my hearing is what it is for my age. My wife is concerned, but I am not. What do you think? -J.G.

I think your wife is wise to be concerned. This is not something I commonly encounter, and the answer is very likely to be found inside your ear through a clinical exam. I do sometimes see small infections in the ear that may bleed, and there are benign tumors of the ear canal and eardrum that may sometimes bleed as well. I have read about a very rare condition of an aneurysm bleeding from the ear. This has been going on a long time, so it's definitely worth an evaluation.

Services warned during a walkthrough Service security room getting word a minute

that local law enforcement didn't have the after that. manpower to lock down the building.

Advance agents did suggest putting large local police running with their guns drawn trucks or other heavy equipment between the toward the AGR building, it didn't occur to stage and buildings to block lines of sight, but him to tell Trump's detail to get him off the nothing came of the idea. The local officers stage. He said the police running meant only and Secret Service agents operated on separate an "elevated" threat level. radio channels, and the only communications connection between the Secret Service and officer - "I can't put out fires that I don't know police communication centers was via cell phone. Some agents' radios had technical have been worse, but that's not the standard. problems or didn't work, while the counter unmanned aerial system was inoperative at the not shocking that the Secret Service allowed time the shooter Thomas Matthew Crooks flew a drone over the rally site in the afternoon.

Crooks fired his shots at 6:11 p.m. At 5:44 p.m., the Secret Service security room got quality of its work can always be taken for word that local police had spotted a suspicious granted is instead a national embarrassment. person with a rangefinder near the AGR building. This should have been a five-alarm event, yet key Secret Service personnel weren't Rich Lowry is editor of the National Review. told that local police had observed Crooks and ©2024 by King Features Synd., Inc.

When a Secret Service counter-sniper saw

law enforcement officer sent a radio alert that

someone was on the AGR roof, with the Secret

The explanation of one top Secret Service exist" - should never be acceptable. It could Given the contents of the Senate report, it's another would-be assassin to get close to Trump just two months later. An agency that should fade into the background because the

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. ©2024 North America Synd., Inc. All Rights Reserved.



9



Moore Texas by Roger MOORE

Waylon Jennings played with Buddy Holly's band, The Crickets, in 1958 and 1959.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals S

TQJP ZQHSSL RBMJRHP MJHZRZ SJR RCSJRQJE HPF RHDG

PCPZRCV, B TCWDF ZHL

RQJL'EJ LHGGBPS BR WV.

Answer Page 4

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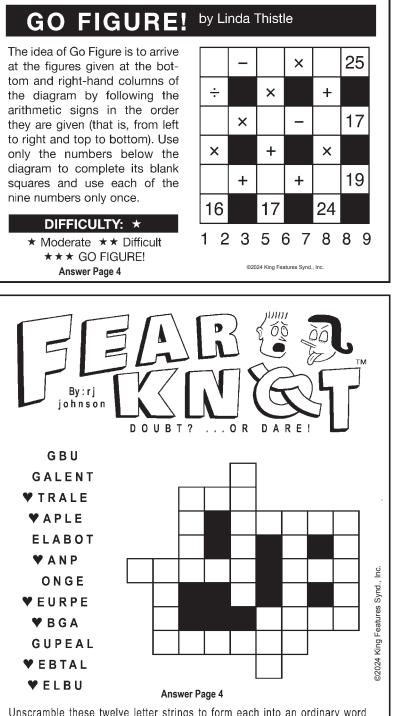
Weekly SUDOKU

by Linda Thistle

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	3		8					6
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• Ounce marks come standard on most baby bottles, but they can be hard to see. You can use a permanent marker to make the lines bigger, especially the one you are most likely to want to see in the middle of the night! - R.G. in Indiana

· Before you set your new can of shaving cream on the sink edge, take this man tip from me: Borrow a bottle of clear nail polish and paint the bottom rim, extending up a quarter inch. It won't leave rust rings. Been doing this for years. - M.W. in New York

· When you need an extra garbage bag, like during a party or while doing lawn chores, try this cool trick: Use a large pop-up laundry bin, and line it with a lawn and leaf garbage bag. Use chip clips to secure it at the top if you need to.

· Cut the top off of a soda two liter to use as a funnel. They are very easy to cut and you have a funnel whenever you need one!

· Save and clean your prescription bottles; they make a really great container for bobbins. I take a spare piece of thread, ball it up a bit and tape it to the top of the container, too. Then I sit them all in a shoe box. I can see just from the tops which color I need to use. - L.K. in Alabama

 If you use condiment bottles with a squeeze top, start saving them for snow season! Clean and fill with water, then add a few drops of food coloring. Make several of different colors. You can teach the children how to make different shades by mixing the drops. The kids can take them all out in the snow to "paint." Be sure to take photos of your temporary art.

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: •

♦ ♦ HOO BOY! Answer Page 4

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Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (V) letter string as each unscrambles into more than one word (ex. **VRATHE** becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

· Use a piece of plastic mesh as a sink liner. Dishes set in the sink won't slide, but the water can still drip away down the drain.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. ©2024 King Features Synd., Inc.

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